# Application for a §1915(c) Home and Community-Based Services Waiver

### PURPOSE OF THE HCBS WAIVER PROGRAM

The Medicaid Home and Community-Based Services (HCBS) waiver program is authorized in §1915(c) of the Social Security Act. The program permits a state to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization. The State has broad discretion to design its waiver program to address the needs of the waivers target population. Waiver services complement and/or supplement the services that are available to participants through the Medicaid State plan and other federal, state and local public programs as well as the supports that families and communities provide.

The Centers for Medicare & Medicaid Services (CMS) recognizes that the design and operational features of a waiver program will vary depending on the specific needs of the target population, the resources available to the state, service delivery system structure, state goals and objectives, and other factors. A State has the latitude to design a waiver program that is cost-effective and employs a variety of service delivery approaches, including participant direction of services.

# Request for a Renewal to a §1915(c) Home and Community-Based Services Waiver

## 1. Major Changes

Describe any significant changes to the approved waiver that are being made in this renewal application:

## 1. Request Information (1 of 3)

- **A.** The **State** of **Maryland** requests approval for a Medicaid home and community-based services (HCBS) waiver under the authority of §1915(c) of the Social Security Act (the Act).
- **B. Program Title** (optional this title will be used to locate this waiver in the finder):

Waiver for Children with Autism Spectrum Disorder - Amendment

C. Type of Request: renewal

**Requested Approval Period:** (For new waivers requesting five year approval periods, the waiver must serve individuals who are dually eligible for Medicaid and Medicare.)

O<sub>3 years</sub> • <sub>5 years</sub>

Original Base Waiver Number: MD.0339 Waiver Number: MD.0339.R04.00 Draft ID: MD.014.04.00

D. Type of Waiver (select only one):

Regular Waiver Amendment

E. Proposed Effective Date: (mm/dd/yy)

07/01/2022

### This waiver amendment includes:

- 1. An increase to the approved total unduplicated number of participant slots for FY22 FY24.
- 2. A change of service unit increments for respite care, adult life planning, family consultation, intensive individual support services, therapeutic integration, and intensive therapeutic integration to reflect a 15-minute unit increment.
- 3. A change to the daily minimum for therapeutic integration (regular and intensive) to a half hour unit instead of an hour.
- 4. A change to the educational requirement for Service Coordinators.
- 5. The addition of virtual supports as a service delivery option for individual intensive support services, therapeutic integration (regular and intensive), family consultation and adult life planning.
- 6. The lowering of the age requirement and removal of the lifetime limitation for adult life planning.
- 7. A change to allow adult life planning services while receiving residential habilitation.
- 8. A change to qualified assessor for level of care to include licensed psychologist, licensed clinical social worker, licensed clinical professional counselor, certified school psychologist, or an approved service coordinator employed or contracted by the local lead agency, the local education agency, the State, or the State's designee.
- 9. The qualified assessor will also make determinations for Environmental Accessibility Adaptations.
- 10. A modification to the degree requirement for Adult Life Planners and Supervisors from a master's degree to a bachelor's degree
- 11. A removal of the high school diploma requirement and the addition of a minimum age requirement of 16 for direct care workers for residential habilitation (regular and intensive), intensive individual support services, respite care and therapeutic integration (regular and intensive)
- 12. An update to the provider enrollment process due to the implementation of the electronic provider revalidation and enrollment portal(ePREP)
- 13. A change to the participants of multidisciplinary team.

Application for a §1915(c) Home and Community-Based Services Waiver

### **PRA Disclosure Statement**

The purpose of this application is for states to request a Medicaid Section 1915(c) home and community-based services (HCBS) waiver. Section 1915(c) of the Social Security Act authorizes the Secretary of Health and Human Services to waive certain specific Medicaid statutory requirements so that a state may voluntarily offer HCBS to state-specified target group(s) of Medicaid beneficiaries who need a level of institutional care that is provided under the Medicaid state plan. Under the Privacy Act of 1974 any personally identifying information obtained will be kept private to the extent of the law.

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0449 (Expires: December 31, 2023). The time required to complete this information collection is estimated to average 160 hours per response for a new waiver application and 75 hours per response for a renewal application, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

## 1. Request Information (2 of 3)

who, but	<b>of Care</b> . This waiver is requested in order to provide home and community-based waiver services to individuals for the provision of such services, would require the following level(s) of care, the costs of which would be ed under the approved Medicaid state plan ( <i>check each that applies</i> ):
$\square$ Hos	spital
Sele	ect applicable level of care
0	Hospital as defined in 42 CFR §440.10
	If applicable, specify whether the state additionally limits the waiver to subcategories of the hospital level of care:
	Inpatient psychiatric facility for individuals age 21 and under as provided in 42 CFR § 440.160 rsing Facility ect applicable level of care  Nursing Facility as defined in 42 CFR ??440.40 and 42 CFR ??440.155
Ī	If applicable, specify whether the state additionally limits the waiver to subcategories of the nursing facility level of care:
0	Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR §440.140
× Inte	ermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) (as defined in 42 CFR
	0.150)
If a	oplicable, specify whether the state additionally limits the waiver to subcategories of the ICF/IID level of care:

## 1. Request Information (3 of 3)

	applicable
	plicable seek the applicable authority or authorities:
Cne	•
F	Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I
L	Waiver(s) authorized under §1915(b) of the Act.  Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted previously approved:
	Specify the §1915(b) authorities under which this program operates (check each that applies):
	☐ §1915(b)(1) (mandated enrollment to managed care)
	\$1915(b)(2) (central broker)
	☐ §1915(b)(3) (employ cost savings to furnish additional services)
	\$1915(b)(4) (selective contracting/limit number of providers)
	A program operated under §1932(a) of the Act.
	Specify the nature of the state plan benefit and indicate whether the state plan amendment has been submitted previously approved:
	A program authorized under §1915(i) of the Act.
	A program authorized under §1915(i) of the Act.  A program authorized under §1915(j) of the Act.
	A program authorized under §1915(j) of the Act.  A program authorized under §1115 of the Act.

2. Brief Waiver Description

**Brief Waiver Description.** *In one page or less*, briefly describe the purpose of the waiver, including its goals, objectives, organizational structure (e.g., the roles of state, local and other entities), and service delivery methods.

The purpose of the Home and Community-Based Services Waiver for Children with Autism Spectrum Disorder is to provide services and supports to children with autism and enable them to remain safely in their home and community. The goals are:

- 1) Keeping children with autism safe at home and in the community;
- 2) Improving the quality of life for families of children with autism;
- 3) Providing quality services to maximize a child's capacity for independence;
- 4) Providing quality services to support and develop functional and adaptive skills; and
- 5) Providing quality services to reduce maladaptive behaviors in children with autism spectrum disorder.

The objectives of the Home and Community-Based Services Waiver for Children with Autism Spectrum Disorder include:

- 1) Identifying and approving quality Autism Waiver providers;
- 2) Training service coordinators to provide quality support to families;
- 3) Training providers in the home and community-based services waiver;
- 4) Monitoring providers for compliance with federal and State requirements; and
- 5) Coordinating the transition of waiver children to long term services and supports programs serving adults.

### Organizational Structure

The Maryland Department of Health (MDH) is the single State Medicaid Agency (SMA) charged with the administration of Maryland's Medicaid Program. The Office of Long Term Services and Supports (OLTSS), Division of Community Long Term Care (DCLTC), is responsible for oversight of the Home and Community-Based Services Waiver for Children with Autism Spectrum Disorder otherwise known as the Autism Waiver. The Maryland State Department of Education (MSDE) serves as the Operating State Agency (OSA) for the Autism Waiver. The SMA and OSA have a Memorandum of Understanding that identifies the roles and responsibilities of each agency to assure compliance with federal and state requirements.

The Autism Waiver is implemented by MSDE's Division of Special Education/Early Intervention Services, Interagency Collaboration Branch. Daily implementation and supervision is performed by the staff of the Autism Waiver and Health-Related Resources Section. Administrative decisions, interagency coordination, and staff supervision is led by the section chief of the Autism Waiver and Health Related Services Section. The Section includes four full-time educational specialists, a grants specialist, an office processing clerk, a part-time Medicaid specialist and four part-time consultants.

The DCLTC provides administrative oversight to the waiver. Staff include an Autism Waiver Coordinator under the direction of a DCLTC supervisor. Additional support within the MDH is provided by the Eligibility Determination Division(EDD), the MDH Attorney General's Office, the Office of Medicaid Systems and Operations, and the Office of Finance.

Service coordination for the Autism Waiver is a Medicaid State Plan service provided through the local school systems. Some of the local school systems utilize local units of government, such as a local health department, or contract with service coordination agencies. Other local school systems provide the service coordination directly. Service coordinators are assigned to a family by the Autism Waiver contact in the local school system immediately upon notification by the SMA that the child's family may apply for waiver services.

The Autism Waiver Plan of Care (POC) is developed by a multidisciplinary team and based on federal, and State Medicaid regulatory criteria identified in State regulations COMAR 10.09.56 and COMAR 10.09.52. The multidisciplinary team is required to prepare the POC which identifies the waiver services needed by the child. The multidisciplinary team consists of the child's parent, service coordinator, <u>chair</u>, <u>and members of the IEP or IFSP team</u>, <u>as appropriate</u>.

and other professionals. The team reviews the level of care and other assessments to identify needed waiver services, the amount of service, the provider of each service, and the service begin and end dates. MSDE conducts a final review of the POC. A

of service, the provider of each service, and the service begin and end dates. MSDE conducts a final review of the POC. A treatment plan is created by the provider of service. As part of the process of renewal and approval, the service coordinator will review the treatment plan from the providers of services. The treatment plan is required to be provided to the service coordinator within 30 days of the start of service and annually thereafter.

The OSA maintains a central file for each child who applies to the Autism Waiver that includes their Autism Waiver certification and annual recertification requirements which include: 1) level of care, 2) plan of care, 3) freedom of choice, 4) technical eligibility form, 5) plan of care addendums, and 6) rights and responsibilities.

Service Delivery Methods

- 1) Intensive individual support services
- 2) Therapeutic integration regular and intensive levels
- 3) Family consultation
- 4) Adult life planning
- 5) Residential habilitation regular and intensive levels
- 6) Environmental accessibility adaptations
- 7) Respite

Any qualified provider may apply to become a provider under the Autism Waiver. Families are free to choose from any Autism Waiver provider that is approved by the OSA and SMA and is enrolled as a Medicaid provider. Families are assisted by the service coordinator in locating providers as needed. The OSA provides an updated list of approved providers to the service coordinator at least once every three months. The service coordinator monitors the delivery of services to ensure services are being delivered in accordance with the POC. Service coordinators do not provide direct waiver services to prevent a potential conflict of interest.

## 3. Components of the Waiver Request

The waiver application consists of the following components. Note: Item 3-E must be completed.

- **A. Waiver Administration and Operation. Appendix A** specifies the administrative and operational structure of this waiver.
- **B. Participant Access and Eligibility. Appendix B** specifies the target group(s) of individuals who are served in this waiver, the number of participants that the state expects to serve during each year that the waiver is in effect, applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.
- **C. Participant Services. Appendix C** specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.
- **D. Participant-Centered Service Planning and Delivery. Appendix D** specifies the procedures and methods that the state uses to develop, implement and monitor the participant-centered service plan (of care).
- **E. Participant-Direction of Services.** When the state provides for participant direction of services, **Appendix E** specifies the participant direction opportunities that are offered in the waiver and the supports that are available to participants who direct their services. (*Select one*):
  - O Yes. This waiver provides participant direction opportunities. *Appendix E is required.*
  - No. This waiver does not provide participant direction opportunities. Appendix E is not required.
- **F. Participant Rights. Appendix F** specifies how the state informs participants of their Medicaid Fair Hearing rights and other procedures to address participant grievances and complaints.
- **G. Participant Safeguards. Appendix G** describes the safeguards that the state has established to assure the health and welfare of waiver participants in specified areas.
- H. Quality Improvement Strategy. Appendix H contains the Quality Improvement Strategy for this waiver.
- **I. Financial Accountability. Appendix I** describes the methods by which the state makes payments for waiver services, ensures the integrity of these payments, and complies with applicable federal requirements concerning payments and federal financial participation.
- J. Cost-Neutrality Demonstration. Appendix J contains the state's demonstration that the waiver is cost-neutral.

### 4. Waiver(s) Requested

**A.** Comparability. The state requests a waiver of the requirements contained in §1902(a)(10)(B) of the Act in order to provide the services specified in **Appendix C** that are not otherwise available under the approved Medicaid state plan to individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the target group criteria specified in

### Appendix B.

<b>B. Income and Resources for the Medically Needy.</b> Indicate whether the state requests a waiver of §1902(a)(10)(C)(i)(III)
of the Act in order to use institutional income and resource rules for the medically needy (select one):
● Not Applicable
$\circ_{N_0}$
$\circ_{\mathrm{Yes}}$
C. Statewideness. Indicate whether the state requests a waiver of the statewideness requirements in §1902(a)(1) of the Act
(select one):
<b>●</b> No
${\sf O}_{ m Yes}$
If yes, specify the waiver of statewideness that is requested (check each that applies):
Geographic Limitation. A waiver of statewideness is requested in order to furnish services under this waiver only to individuals who reside in the following geographic areas or political subdivisions of the state. Specify the areas to which this waiver applies and, as applicable, the phase-in schedule of the waiver by geographic area:
Limited Implementation of Participant-Direction. A waiver of statewideness is requested in order to make participant-direction of services as specified in Appendix E available only to individuals who reside in the following geographic areas or political subdivisions of the state. Participants who reside in these areas may elect to direct their services as provided by the state or receive comparable services through the service delivery
methods that are in effect elsewhere in the state.  Specify the areas of the state affected by this waiver and, as applicable, the phase-in schedule of the waiver by geographic area:

### 5. Assurances

In accordance with 42 CFR §441.302, the state provides the following assurances to CMS:

- **A. Health & Welfare:** The state assures that necessary safeguards have been taken to protect the health and welfare of persons receiving services under this waiver. These safeguards include:
  - 1. As specified in **Appendix** C, adequate standards for all types of providers that provide services under this waiver;
  - 2. Assurance that the standards of any state licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The state assures that these requirements are met on the date that the services are furnished; and,
  - **3.** Assurance that all facilities subject to §1616(e) of the Act where home and community-based waiver services are provided comply with the applicable state standards for board and care facilities as specified in **Appendix C**.
- **B. Financial Accountability.** The state assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.
- **C. Evaluation of Need:** The state assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community-based services under this waiver. The procedures for evaluation and reevaluation of level of care are specified in **Appendix B**.

- **D.** Choice of Alternatives: The state assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in **Appendix B**, the individual (or, legal representative, if applicable) is:
  - 1. Informed of any feasible alternatives under the waiver; and,
  - **2.** Given the choice of either institutional or home and community-based waiver services. **Appendix B** specifies the procedures that the state employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.
- **E.** Average Per Capita Expenditures: The state assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid state plan for the level(s) of care specified for this waiver had the waiver not been granted. Costneutrality is demonstrated in **Appendix J**.
- **F. Actual Total Expenditures:** The state assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred in the absence of the waiver by the state's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.
- **G. Institutionalization Absent Waiver:** The state assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.
- **H. Reporting:** The state assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid state plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.
- **I. Habilitation Services.** The state assures that prevocational, educational, or supported employment services, or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973; and (2) furnished as part of expanded habilitation services.
- **J. Services for Individuals with Chronic Mental Illness.** The state assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and older and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.140; or (3) age 21 and under and the state has not included the optional Medicaid benefit cited in 42 CFR § 440.160.

### 6. Additional Requirements

Note: Item 6-I must be completed.

- **A. Service Plan**. In accordance with 42 CFR §441.301(b)(1)(i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in **Appendix D**. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected frequency and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including state plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.
- **B. Inpatients**. In accordance with 42 CFR §441.301(b)(1)(ii), waiver services are not furnished to individuals who are inpatients of a hospital, nursing facility or ICF/IID.
- **C. Room and Board**. In accordance with 42 CFR §441.310(a)(2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the state that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.

- **D.** Access to Services. The state does not limit or restrict participant access to waiver services except as provided in Appendix C.
- **E. Free Choice of Provider**. In accordance with 42 CFR §431.151, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the state has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.
- **F. FFP Limitation**. In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer does not pay for the service(s), the provider may not generate further bills for that insurer for that annual period.
- **G. Fair Hearing:** The state provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals: (a) who are not given the choice of home and community-based waiver services as an alternative to institutional level of care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. **Appendix F** specifies the state's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.
- **H. Quality Improvement**. The state operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the state assures the health and welfare of participants by monitoring: (a) level of care determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The state further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the state will implement the Quality Improvement Strategy specified in **Appendix H**.
- **I. Public Input.** Describe how the state secures public input into the development of the waiver:

The Autism Waiver Advisory Committee, which consists of parents, providers, service coordinators and other interested stakeholders, meets three times a year.

The projected changes were approved by the Autism Waiver Advisory Committee via a poll on November 17, 2022.

The Department published notification of its intent to post the waiver application for public comment on <u>December</u> 30, 2022.

The public comment period was held from February 1, 2019, through March 2, 2019 December 30, 2022 through January 29, 2023.

A continuation of the summary of public comments and responses can be found in the Main Module Section B entitled, Additional Needed Information (Optional) section.

- **J. Notice to Tribal Governments**. The state assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60 days before the anticipated submission date is provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.
- K. Limited English Proficient Persons. The state assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 August 8, 2003). Appendix B describes how the state assures meaningful access to waiver services by Limited English

Proficient persons.

## 7. Contact Person(s)

A. The Medicaid age	ency representative with whom CMS should communicate regarding the waiver is:
Last Name:	
	Hutchinson
First Name:	
	Marlana R.
Title:	Denote Director Office of Long Toma Comition and Comments
	Deputy Director, Office of Long Term Services and Supports
Agency:	Maryland Department of Health
Address:	Many land Department of Tearth
Address:	201 West Preston Street
Address 2:	- 0.1 IV 63011636011 5.11000
Audi CSS 2.	Room 123
City:	
- 10	Baltimore
State:	Maryland
Zip:	·
-	21201
Phone:	
	(410) 767-1443 Ext: TTY
Fax:	
rax.	(410) 333-5213
E-mail:	
	marlana.hutchinson@maryland.gov
<b>B.</b> If applicable, the s	state operating agency representative with whom CMS should communicate regarding the waiver is:
Last Name:	
	Wagoner
First Name:	
	Tiffany
Title:	
	Section Chief, Autism Waiver and Health Related Services
Agency:	
	Maryland State Department of Education
Address:	200 W. D. I.'
	200 W. Baltimore Street
Address 2:	Osh Floor
	9th floor

City:	
	Baltimore
State:	Maryland
Zip:	21201
Phone:	(410) 767-0258 Ext: TTY
Fax:	(410) 333-0298
E-mail:	tiffany.wagoner@maryland.gov
8. Authorizing S	ignature
Security Act. The state certification requirement if applicable, from the Medicaid agency to Cl Upon approval by CM services to the specifie	er with Appendices A through J, constitutes the state's request for a waiver under §1915(c) of the Social e assures that all materials referenced in this waiver application (including standards, licensure and ents) are <i>readily</i> available in print or electronic form upon request to CMS through the Medicaid agency or, operating agency specified in Appendix A. Any proposed changes to the waiver will be submitted by the MS in the form of waiver amendments.  S, the waiver application serves as the state's authority to provide home and community-based waiver and target groups. The state attests that it will abide by all provisions of the approved waiver and will the waiver in accordance with the assurances specified in Section 5 and the additional requirements specified uest.
Signature:	
Submission Date:	State Medicaid Director or Designee
Lord November	Note: The Signature and Submission Date fields will be automatically completed when the State Medicaid Director submits the application.
Last Name:	Schrader
First Name:	Dennis
Title:	Chief Operating Officer and Medicaid Director
Agency:	Maryland Department of Health
Address:	201 West Preston Street
Address 2:	5th floor
City:	Baltimore

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Zip:	21201	
Phone:	(410) 767-5807 Ext: TTY	
Fax:	(410) 333-7687	
E-mail: Attachments	dennis.schrader@maryland.gov	
Replacing an ap Combining waiv Splitting one wa Eliminating a se Adding or decre Adding or decre Reducing the ur Adding new, or Making any cha	ervice.  Peasing an individual cost limit pertaining to eligibility.  Peasing limits to a service or a set of services, as specified in Appendix C.  Induplicated count of participants (Factor C).  Induced count of participants on the number of participants served at any point in the largest hat could result in some participants losing eligibility or being transfer another Medicaid authority.  Peasing an individual cost limit pertaining to eligibility.	n time.
Not Applicable	•	
Specify the state's prorequirements at 42 CF Consult with CMS for time of submission. Remilestones.  To the extent that the reference that statewis complies with federal and that this submission waiver. Quote or sum. Note that Appendix Consetting requirements of Update this field and increase ary for the state HCB settings transition.	ne and Community-Based Settings Waiver Transition Plan cess to bring this waiver into compliance with federal home and community-base R 441.301(c)(4)-(5), and associated CMS guidance. Instructions before completing this item. This field describes the status of a transfelevant information in the planning phase will differ from information required to state has submitted a statewide HCB settings transition plan to CMS, the descript de plan. The narrative in this field must include enough information to demonstra HCB settings requirements, including the compliance and transition requirement on is consistent with the portions of the statewide HCB settings transition plan as require -5 HCB Settings describes settings that do not require transition; the settings liste as of the date of submission. Do not duplicate that information here. Appendix C-5 when submitting a renewal or amendment to this waiver for other te to amend the waiver solely for the purpose of updating this field and Appendix C on process for this waiver, when all waiver settings meet federal HCB setting reque eld, and include in Section C-5 the information on all HCB settings in the waiver	sition process at the point in o describe attainment of tion in this field may atte that this waiver ts at 42 CFR 441.301(c)(6), at are germane to this ed. ed there meet federal HCB purposes. It is not C-5. At the end of the state's uirements, enter
most recent and/or ap	this waiver amendment or renewal will be subject to any provisions or requirement opproved home and community-based settings Statewide Transition Plan. The state ges by the end of the transition period as outlined in the home and community-based settings.	e will implement any

Transition Plan.

01/21/2022

## **Additional Needed Information (Optional)**

Provide additional needed information for the waiver (optional):

The 30-day public comment period for the <u>amendment</u> application for the Autism Waiver, was open from <u>December 30, 2022</u> through January 29, 2023 The Maryland State Department of Education (MSDE) received [#] with public comments during this time period.

One public comment expressed concern about the removal of augmentative alternative communication devices (AACDs) from the Autism Waiver. The State responded by stating AACDs are covered under the State Plan durable medical equipment (DME) program and therefore considered an unallowable duplicative service under the Autism Waiver. In addition, the benefit had not been used by any Autism Waiver participant and therefore the change in the renewal was not expected to have an impact on the participants/families supported by the Autism Waiver. The same commenter requested the State consider a longer public comment period and the use of redlines, which are trackable edits to an original document. In addition to public stakeholder forums to discuss the renewal, the State met the requirement for a 30 day public comment period and agrees to consider the use of redlines in the future.

Three of the comments were concerns about the high turnover rates for direct support staff, the struggle to find and hire staff, and the need for improved recruitment and retention strategies. One of those individuals suggested self-directed funding and mileage reimbursement as options to assist with staff retention. Four of the comments mentioned concerns about the pay rate for direct support technicians, suggesting a minimum living wage or hourly rate while considering the provider reimbursement rate. Two comments spoke to increasing the supervision and training provided to direct support staff. One person requested the treatment plan goals be academic in nature. Two people suggested that staff be paid for fifteen minutes while waiting to get the participant off of the school bus. There was a request to increase the number of respite camp providers and another request to increase therapeutic integration programs. One person reported the Autism Waiver was a blessing and they were happy with the communication and follow up they received.

The MSDE responded to all emails. The Maryland Department of Health was able to explain the removal of AACDs and accepted the request to use redlines in the future. Commenters were advised that the Autism Waiver Advisory Board is currently considering all comments and suggestions related to provider and staff recruitment, training, and retention, including a possible rate study to address wage related ideas.

Maryland's Tribal Government, the Urban Indian Organization (UIO), was consulted and provided notice via email on December 30, 2022. The UIO responded via email on [//], stating [\_].

## **Appendix A: Waiver Administration and Operation**

1. State Line of Authority for	Waiver Operation.	Specify the state	line of authority	for the operation	of the waiver (.	select
one):						

0	The waiver is operated by the state Medicaid a	agency.
---	--	---------

Specify the Medicaid agency division/unit that has line authority for the operation of the waiver program (select one):

O	The Medical Assistance Unit.
	Specify the unit name:

(Do not complete item A-2)

O Another division/unit within the state Medicaid agency that is separate from the Medical Assistance Unit.

Specify the division/unit name. This includes administrations/divisions under the umbrella agency that has been identified as the Single State Medicaid Agency.

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	(Complete item A-2-a).
•	The waiver is operated by a separate agency of the state that is not a division/unit of the Medicaid agency.
	Specify the division/unit name:
	Maryland State Department of Education - Division of Special Education/Early Intervention Services - Interagency Collaboration Branch
	In accordance with 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. The interagency agreement or memorandum of understanding that sets forth the authority and arrangements for this policy is available through the Medicaid agency to CMS upon request. ( <i>Complete item A-2-b</i> ).
Append	ix A: Waiver Administration and Operation
2. Ov	ersight of Performance.
	a. Medicaid Director Oversight of Performance When the Waiver is Operated by another Division/Unit within the State Medicaid Agency. When the waiver is operated by another division/administration within the umbrella agency designated as the Single State Medicaid Agency. Specify (a) the functions performed by that division/administration (i.e., the Developmental Disabilities Administration within the Single State Medicaid Agency), (b) the document utilized to outline the roles and responsibilities related to waiver operation, and (c) the methods that are employed by the designated State Medicaid Director (in some instances, the head of umbrella agency) in the oversight of these activities:
	As indicated in section 1 of this appendix, the waiver is not operated by another division/unit within the State Medicaid agency. Thus this section does not need to be completed.
	b. Medicaid Agency Oversight of Operating Agency Performance. When the waiver is not operated by the Medicaid agency, specify the functions that are expressly delegated through a memorandum of understanding (MOU) or other written document, and indicate the frequency of review and update for that document. Specify the methods that the Medicaid agency uses to ensure that the operating agency performs its assigned waiver

operational and administrative functions in accordance with waiver requirements. Also specify the frequency of Medicaid agency assessment of operating agency performance:

The Maryland Department of Health (MDH) is the Single State Medicaid Agency (SMA) authorized to administer Maryland's Medical Assistance Program. MDH's Office of Long Term Services and Supports (OLTSS) is the Medicaid unit within the SMA that oversees the Autism Waiver. In this capacity, OLTSS oversees the performance of the Maryland State Department of Education (MSDE), Operating State Agency (OSA) for the waiver. The OLTSS serves as the point of contact with the Centers for Medicare and Medicaid Services (CMS) with programmatic expertise and support from MSDE.

The MSDE is responsible for the day-to-day operations of administering this waiver, including but not limited to evaluating applicants for enrollment into the waiver, reviewing applications for potential providers, monitoring claims, and assuring participants receive quality care and services based on the assurances' requirements set forth in this waiver. The MSDE is responsible for collecting, trending, prioritizing, and determining the need for system improvements.

OLTSS will conduct quarterly meetings with MSDE to discuss waiver performance and quality enhancement opportunities. The MSDE will provide evidence reports during quarterly performance measure meetings. In addition, OLTSS will review all waiver-related policies issued. OLTSS will continually monitor MSDE's performance and oversight of all delegated functions. If any issues are identified, OLTSS will work collaboratively with MSDE to remediate such issues and to develop successful and sustainable system improvements. OLTSS will provide guidance to MSDE regarding recommended changes in policies, procedures, and systems.

A detailed Memorandum of Understanding (MOU) outlines the roles and responsibilities related to waiver operation and those functions of the division within OLTSS with operational and oversight responsibilities.

## **Appendix A: Waiver Administration and Operation**

- **3. Use of Contracted Entities.** Specify whether contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable) (*select one*):
  - Yes. Contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or operating agency (if applicable).

Specify the types of contracted entities and briefly describe the functions that they perform. *Complete Items A-5 and A-6.*:

The Maryland State Department of Education (MSDE) serves as the Operating State Agency (OSA) for the Autism Waiver, and contracts with an IT professional consulting services and solutions company for maintenance and upkeep of two software applications used to support the Autism Waiver. The applications requiring support are: the Autism Waiver Level of Care (AWLOC) and the Autism Waiver Plan of Care (AWPOC). Maintenance services are required to extend the life cycle of the software applications, make improvements and updates to the databases as needed, and maintain functionality and communication of information in and across software applications. The goal is to ensure the continual operation of the two applications for MSDE and off-site end users.

The AWLOC software application, developed during FY13, converted the paper LOC instrument to an electronic data collection form that allowed direct submission of the assessment over the internet using a secured server in the AWLOC software application. The AWLOC software application has approximately 75 users at the local school systems, five MSDE administrative users and one MSDE primary software application administrator. The AWLOC software application facilitates statewide data collection of over 150 identified data elements.

The AWPOC software application documents the authorization of waiver services. The service coordinator identified through the local school system, along with the parent and the multidisciplinary team identifies the waiver services that a participant needs to remain safely at home and in the community. The plan of care (POC) identifies the specific provider, the start and stop dates for each waiver service and the approved frequency and units of service to be delivered. Along with the POC, the service coordinator reviews with the family the technical eligibility criteria for the Autism Waiver, the parents' rights and responsibilities, the families' appeal rights, and freedom of choice. These documents are included in the AWPOC software application and must be maintained by MSDE.

Both the AWLOC and the AWPOC software applications are linked, and the reports generated by the systems are needed for the performance indicators as required by Centers for Medicare and Medicaid Services (CMS). The work and deliverables for the IT contractor are as followed:

- Maintain, repair, and ensure AWLOC and AWPOC software applications are accessible for use by MSDE, local school system, and MDH.
- Maintain and ensure the LOC and POC data entry can be completed offsite, securely signed, and submitted to upload into the AWLOC and AWPOC software applications format for all users.
- Maintain the notification process to automatically launch reports within specified timelines.
- Maintain, repair and ensure the automatic late reporting notification capacity for the AWLOC and AWPOC software applications.
- Maintain, repair, and ensure the web-based systems provide daily, monthly and yearly information in a data view or through Microsoft's .NET Framework.
- Maintain and ensure the web-based report modules function as required for the AWLOC and the AWPOC software applications. Changes and or additional report modules may be required.
- Review and revise both the video and written operational manuals annually.
- The contractor shall provide written source code documentation and any required additional "operational" details to be added to the source code documentation as required for the AWLOC and the AWPOC software applications.
- Provide basic usage and maintenance reports on a monthly basis.
- Provide a breach response plan for notification and remediation of privacy breach.
- O No. Contracted entities do not perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable).

### **Appendix A: Waiver Administration and Operation**

4.

<b>Role of Local/Regional Non-State Entities.</b> Indicate whether local or regional non-state entities perform waiver operational and administrative functions and, if so, specify the type of entity ( <i>Select One</i> ):	
Not applicable	
O <b>Applicable</b> - Local/regional non-state agencies perform waiver operational and administrative functions.	
Check each that applies:	
Local/Regional non-state public agencies perform waiver operational and administrative functions at the loc or regional level. There is an interagency agreement or memorandum of understanding between the State and these agencies that sets forth responsibilities and performance requirements for these agencies that is available through the Medicaid agency.	

1	<b>Local/Regional non-governmental non-state entities</b> conduct waiver operational and administrative functio at the local or regional level. There is a contract between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state entity that sets forth the responsibilities and performance requirements of the local/regional entity. The <b>contract(s)</b> under which prival entities conduct waiver operational functions are available to CMS upon request through the Medicaid agency the operating agency (if applicable).
	Specify the nature of these entities and complete items A-5 and A-6:

## **Appendix A: Waiver Administration and Operation**

**5.** Responsibility for Assessment of Performance of Contracted and/or Local/Regional Non-State Entities. Specify the state agency or agencies responsible for assessing the performance of contracted and/or local/regional non-state entities in conducting waiver operational and administrative functions:

The OSA measures performance of the contracted IT professional consulting services and solutions company. Deliverables and services developed by the vendor are reviewed with the SMA as appropriate. Changes to software are identified as a result of joint reviews and the OSA monitors the development and refinement process for each change order.

### **Appendix A: Waiver Administration and Operation**

**6. Assessment Methods and Frequency.** Describe the methods that are used to assess the performance of contracted and/or local/regional non-state entities to ensure that they perform assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify how frequently the performance of contracted and/or local/regional non-state entities is assessed:

The OSA's oversight and evaluation for the contracted IT company is ongoing and specific to stated deliverables, technical guidance, and requested document or software changes, including the design phase through implementation and completion of the work order. The OSA's oversight method encompasses the work performed to create reporting features for the AWLOC and AWPOC software applications. In addition, the OSA consults with the IT provider to create efficient solutions for information management and tracking of services for waiver participants and providers. Staff members of the IT company maintain consistent communication with the OSA to troubleshoot issues with software as they arise. The OSA provides quarterly updates to the SMA on the work performed by the vendor and seeks guidance as appropriate.

## **Appendix A: Waiver Administration and Operation**

**7. Distribution of Waiver Operational and Administrative Functions.** In the following table, specify the entity or entities that have responsibility for conducting each of the waiver operational and administrative functions listed (*check each that applies*):

In accordance with 42 CFR §431.10, when the Medicaid agency does not directly conduct a function, it supervises the performance of the function and establishes and/or approves policies that affect the function. All functions not performed directly by the Medicaid agency must be delegated in writing and monitored by the Medicaid Agency. *Note: More than one box may be checked per item. Ensure that Medicaid is checked when the Single State Medicaid Agency (1) conducts the function directly; (2) supervises the delegated function; and/or (3) establishes and/or approves policies related to the function.* 

Function	Medicaid Agency	Other State Operating Agency	Contracted Entity
Participant waiver enrollment	X	X	
Waiver enrollment managed against approved limits	X	X	
Waiver expenditures managed against approved levels	×		
Level of care evaluation	×	X	×
Review of Participant service plans	X	X	×
Prior authorization of waiver services	×	X	
Utilization management	×	X	
Qualified provider enrollment	X	X	
Execution of Medicaid provider agreements	×		
Establishment of a statewide rate methodology	X		
Rules, policies, procedures and information development governing the waiver program	×	X	
Quality assurance and quality improvement activities	X	X	×

## **Appendix A: Waiver Administration and Operation**

# **Quality Improvement: Administrative Authority of the Single State Medicaid Agency**

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

### a. Methods for Discovery: Administrative Authority

The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

#### i. Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Performance measures for administrative authority should not duplicate measures found in other appendices of the waiver application. As necessary and applicable, performance measures should focus on:

- Uniformity of development/execution of provider agreements throughout all geographic areas covered by the waiver
- Equitable distribution of waiver openings in all geographic areas covered by the waiver
- Compliance with HCB settings requirements and other new regulatory components (for waiver actions submitted on or after March 17, 2014)

### Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

1. Number and percentage of quarterly interagency planning meetings held over a fiscal year to specifically monitor progress of performance measures, identify barriers and develop new performance measures as needed. N=# of quarterly planning meetings held

during year that focused on monitoring of performance measures and identifying barriers D = # of quarterly meetings scheduled during the year.

Data Source (Select one):	
Meeting minutes	
If 'Other' is selected, specify:	
Responsible Party for data	Freque

☐ Sub-State Entity

Responsible Party for data collection/generation(check each that applies):	Frequency of collection/geneach that apple	eration(check	Sampling Approach(check each that applies):	
State Medicaid Agency	□ Weekly		X 100% Review	
<b>☒</b> Operating Agency	☐ Monthly		Less than 100% Review	
☐ Sub-State Entity	⊠ Quarterl	y	Representative Sample Confidence Interval =	
Other Specify:	☐ Annually	7	Stratified Describe Group:	
	Continuo Ongoing	ously and	Other Specify:	
	Other Specify:			
Data Aggregation and Analysis:				
Responsible Party for data aggregation Frequ			data aggregation and k each that applies):	
<b>X</b> State Medicaid Agency		□ Weekly		
<b>◯</b> Operating Agency		☐ Monthly		

☐ Quarterly

Responsible Party for data aggregation and analysis (check each that applies):			data aggregation and each that applies):			
Other Specify:		➤ Annually				
		☐ Continuously and Ongoing				
		Other Specify:				
	$\mathbf{N} = \# \mathbf{of} \mathbf{wai}$	ver policies/pro	eveloped that were approved by cedures approved by SMA prior cedures implemented.			
Responsible Party for data Frequency of		neration(check	Sampling Approach(check each that applies):			
State Medicaid Agency	□ Weekly		× 100% Review			
<b>◯</b> Operating Agency	☐ Monthly		Less than 100% Review			
☐ Sub-State Entity	⊠ Quarter	ly	Representative Sample Confidence Interval =			
Other Specify:	☐ Annually	y	Stratified Describe Group:			
	☐ Continue Ongoing	ously and	Other Specify:			

	Other pecify:
Data Aggregation and Analysis: Responsible Party for data aggreg	tion Frequency of data aggregation and
and analysis (check each that appli	
Operating Agency	Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	Annually
	☐ Continuously and Ongoing
	Other Specify:
	vide any necessary additional information on the strategies employed but also within the waiver program, including frequency and parties responsi

## **b.** Methods for Remediation/Fixing Individual Problems

**i.** Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The OLTSS is responsible for ensuring that the OSA performs its assigned waiver operational and administrative functions in accordance with the waiver requirements. To this end, OLTSS has developed communication and reporting mechanisms to track performance measures as detailed herein.

The OLTSS and OSA meet quarterly to discuss waiver performance measures including discovery findings, remediation strategies, challenges, and system improvements associated with each waiver assurance. Additionally, the OLTSS provides guidance regarding changes in policies, procedures, or other system changes dependent upon problems or barriers identified. Ongoing communication occurs between the OSA and SMA for addressing participant, provider, service coordination, and other matters as needed.

The MOU between the OLTSS and OSA is reviewed annually. If problems are identified regarding delegated functions, OLTSS and OSA develop solutions guided by waiver assurances and the needs of waiver participants with OLTSS exercising ultimate authority to approve such solutions.

Quarterly meetings are one forum in which the SMA can identify a problem with a duty delegated to the OSA and plan for remediation. Issues needing remediation will be identified and discussed at quarterly meetings, and a plan for remediation and person(s) responsible will be developed for each item identified as needing improvement. Remediation strategies and progress towards correction will be reviewed and documented at the next meeting. Both the OSA and SMA will ensure that the entire process has been appropriately documented including all follow-up activities. Involved agencies will sign a copy to acknowledge their involvement in the strategies and their knowledge and acceptance of the solutions implemented. Additionally, communication with the OSA addresses participant, provider and/or service coordinator matters as needed.

### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>X</b> State Medicaid Agency	□ Weekly
<b>◯</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	<b>⊠</b> Quarterly
Other Specify:	☐ Annually
	<b>☒</b> Continuously and Ongoing
	Other Specify:

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Administrative Authority that are currently non-operational.

● No

O<sub>Yes</sub>

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

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## Appendix B: Participant Access and Eligibility

## **B-1:** Specification of the Waiver Target Group(s)

a. Target Group(s). Under the waiver of Section 1902(a)(10)(B) of the Act, the state limits waiver services to one or more groups or subgroups of individuals. Please see the instruction manual for specifics regarding age limits. In accordance with 42 CFR §441.301(b)(6), select one or more waiver target groups, check each of the subgroups in the selected target group(s) that may receive services under the waiver, and specify the minimum and maximum (if any) age of individuals served in each subgroup:

							N	Iaxim	num Age
Target Group	Included	Target SubGroup	Minimum Age		- 0		Age	No Maximum Age	
							Limit		Limit
☐ Aged or Disab	oled, or Both 🚤 Ge	neral							
		Aged							
		Disabled (Physical)							
		Disabled (Other)							
Aged or Disab	oled, or Both - Spec	cific Recognized Subgroups							
		Brain Injury							
		HIV/AIDS							Ц
		Medically Fragile							
		Technology Dependent							
Intellectual D	isability or Develop	pmental Disability, or Both							
	×	Autism		1			21		
		Developmental Disability							Ш
		Intellectual Disability							Ш
Mental Illness	S								
		Mental Illness							
		Serious Emotional Disturbance							

**b. Additional Criteria.** The state further specifies its target group(s) as follows:

Autism Waiver participants must meet the following targeting criteria:

- 1) Age: 1 year old through the end of the school year that the individual turns 21 years old;
- 2) Diagnosis: Autism Spectrum Disorder (DSM IV 299.00 and 299.80 or DSM V 299.0);
- 3) Has an Individualized Family Service Plan (IFSP) or Individualized Education Program (IEP);
- 4) If the child has an IEP, the child receives 15 hours or more per week of special education and related services or is participating in an approved Home and Hospital Program;
- 5) Identified through outreach, public education or early intervention system as being potentially qualified for and needing autism waiver services;
- 6) Individual can be safely maintained in the community with the assistance of autism waiver services;
- 7) Not enrolled in another Medicaid 1915(c) home and community-based services (HCBS) waiver (COMAR 10.09.56);
- 8) Chooses autism waiver services as an alternative to services in an intermediate care facility for individuals with intellectual disabilities (ICF/IID) or persons with related conditions services; and
- 9) The child receives at least one waiver service each calendar month.
- **c. Transition of Individuals Affected by Maximum Age Limitation.** When there is a maximum age limit that applies to individuals who may be served in the waiver, describe the transition planning procedures that are undertaken on behalf of participants affected by the age limit (*select one*):
  - O Not applicable. There is no maximum age limit
  - The following transition planning procedures are employed for participants who will reach the waiver's maximum age limit.

Specify:

Adult life planning provides children technical assistance and support for transitioning to adult services as early as age 16. Please see service description for adult life planning services in Appendix C. Beginning at age 16, in preparation for aging out of the Autism Waiver (the school year the child turns 21), Maryland's Developmental Disabilities Administration (DDA) will provide outreach and information to families and participants. The purpose is to prepare them to make informed choices about services and supports for which they may be entitled that meet their needs, including supported employment and day habilitation services.

In support of planning individuals' transition, the DDA maintains reserved capacity for children aging-out of the Autism Waiver, the MSDE Residential Age Out category. Before a child ages out of the Autism Waiver, the DDA will facilitate eligibility procedures for DDA services within applicable regulations. Children supported by the Autism Waiver's residential services may be placed either in or out of the State of Maryland for residential support based on assessed service need. The purpose of this reserved capacity is to transition these individuals from the Autism Waiver residential supports while they continue to receive State educational services until age 21 as per State regulation.

The DDA also maintains reserved capacity for transitioning youth. Individuals transitioning from educational services including public school system and nonpublic school placements. The purpose is to transition the most vulnerable youth from the education system into the adult developmental disabilities system to prevent loss of skills and abilities and to support employment and community integration before skills become dormant.

## **Appendix B: Participant Access and Eligibility**

community-based services or entrance to the waiver to an otherwise eligible individual ( <i>select one</i> ). Please note that a state may have only ONE individual cost limit for the purposes of determining eligibility for the waiver:
• No Cost Limit. The state does not apply an individual cost limit. <i>Do not complete Item B-2-b or item B-2-c</i> .
Cost Limit in Excess of Institutional Costs. The state refuses entrance to the waiver to any otherwise eligible individual when the state reasonably expects that the cost of the home and community-based services furnished to that individual would exceed the cost of a level of care specified for the waiver up to an amount specified by the state. Complete Items B-2-b and B-2-c.
The limit specified by the state is (select one)
○ A level higher than 100% of the institutional average.
Specify the percentage:
Other
Specify:
Institutional Cost Limit. Pursuant to 42 CFR 441.301(a)(3), the state refuses entrance to the waiver to any otherwise eligible individual when the state reasonably expects that the cost of the home and community-based services furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver. <i>Complete Items B-2-b and B-2-c</i> .
Cost Limit Lower Than Institutional Costs. The state refuses entrance to the waiver to any otherwise qualified individual when the state reasonably expects that the cost of home and community-based services furnished to that individual would exceed the following amount specified by the state that is less than the cost of a level of care specified for the waiver.
Specify the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of waiver participants. Complete Items B-2-b and B-2-c.
The cost limit specified by the state is (select one):
O The following dollar amount:
Specify dollar amount:
The dollar amount (select one)
O Is adjusted each year that the waiver is in effect by applying the following formula:
Specify the formula:
May be adjusted during the period the waiver is in effect. The state will submit a waiver

a. Individual Cost Limit. The following individual cost limit applies when determining whether to deny home and

	amendment to CMS to adjust the dollar amount.
0	The following percentage that is less than 100% of the institutional average:
	Specify percent:
0	Other:
	Specify:
	2: Participant Access and Eligibility
В	-2: Individual Cost Limit (2 of 2)
answers provi	ded in Appendix B-2-a indicate that you do not need to complete this section.
specify t	of Implementation of the Individual Cost Limit. When an individual cost limit is specified in Item B-2-a, he procedures that are followed to determine in advance of waiver entrance that the individual's health and welfare sourced within the cost limit:
participa that exce	ant Safeguards. When the state specifies an individual cost limit in Item B-2-a and there is a change in the ant's condition or circumstances post-entrance to the waiver that requires the provision of services in an amount seeds the cost limit in order to assure the participant's health and welfare, the state has established the following ds to avoid an adverse impact on the participant (check each that applies):
The	e participant is referred to another waiver that can accommodate the individual's needs.
$\square_{\mathbf{Ad}}$	ditional services in excess of the individual cost limit may be authorized.
Spe	ecify the procedures for authorizing additional services, including the amount that may be authorized:
Oth	ner safeguard(s)
Spe	ecify:

# **Appendix B: Participant Access and Eligibility**

B-3: Number of Individuals Served (1 of 4)

**a.** Unduplicated Number of Participants. The following table specifies the maximum number of unduplicated participants who are served in each year that the waiver is in effect. The state will submit a waiver amendment to CMS to modify the number of participants specified for any year(s), including when a modification is necessary due to legislative appropriation or another reason. The number of unduplicated participants specified in this table is basis for the costneutrality calculations in Appendix J:

Table: B-3-a

Waiver Year	Unduplicated Number of Participants
Year 1	1200
Year 2	1300
Year 3	<del>1300</del> 1504
Year 4	<del>1400</del> <u>1600</u>
Year 5	<del>1400</del> <u>1600</u>

- **b. Limitation on the Number of Participants Served at Any Point in Time.** Consistent with the unduplicated number of participants specified in Item B-3-a, the state may limit to a lesser number the number of participants who will be served at any point in time during a waiver year. Indicate whether the state limits the number of participants in this way: (*select one*).
  - O The state does not limit the number of participants that it serves at any point in time during a waiver year.
  - The state limits the number of participants that it serves at any point in time during a waiver year.

The limit that applies to each year of the waiver period is specified in the following table:

Table: B-3-b

Waiver Year	Maximum Number of Participants Served At Any Point During the Year
Year 1	1200
Year 2	1300
Year 3	1300 <u>150</u> <u>91504</u>
Year 4	1400 <u>160</u> <u>0</u>
Year 5	1400 <u>160</u> <u>0</u>

## **Appendix B: Participant Access and Eligibility**

## B-3: Number of Individuals Served (2 of 4)

- **c. Reserved Waiver Capacity.** The state may reserve a portion of the participant capacity of the waiver for specified purposes (e.g., provide for the community transition of institutionalized persons or furnish waiver services to individuals experiencing a crisis) subject to CMS review and approval. The State (*select one*):
  - Not applicable. The state does not reserve capacity.
  - O The state reserves capacity for the following purpose(s).

## **Appendix B: Participant Access and Eligibility**

### B-3: Number of Individuals Served (3 of 4)

**d. Scheduled Phase-In or Phase-Out.** Within a waiver year, the state may make the number of participants who are served subject to a phase-in or phase-out schedule (*select one*):

- O The waiver is subject to a phase-in or phase-out schedule that is included in Attachment #1 to Appendix B-3. This schedule constitutes an intra-year limitation on the number of participants who are served in the waiver.
- e. Allocation of Waiver Capacity.

Select one:

- Waiver capacity is allocated/managed on a statewide basis.
- O Waiver capacity is allocated to local/regional non-state entities.

Specify: (a) the entities to which waiver capacity is allocated; (b) the methodology that is used to allocate capacity and how often the methodology is reevaluated; and, (c) policies for the reallocation of unused capacity among local/regional non-state entities:

**f. Selection of Entrants to the Waiver.** Specify the policies that apply to the selection of individuals for entrance to the waiver:

Individuals selected for participation in the Autism Waiver must meet the qualifying level of care, technical eligibility, and financial eligibility. Individuals are evaluated when a waiver opening occurs, on a first-come, first-served basis.

The statewide Autism Waiver registry identifies the date and time individuals indicate interest in applying to the Autism Waiver. Individuals that indicate an interest in the Autism Waiver are evaluated for medical, technical, and financial eligibility when their names come to the top of the registry. Registrants must reply timely when contacted in order to be considered. Applicants are offered waiver slots if eligible and their health and safety needs can be met through waiver services. Individuals that do not meet eligibility requirements are offered appeal rights.

In summary, specific eligibility requirements include:

- 1. Meeting Medicaid financial eligibility criteria as determined by the MDH's Eligibility Determination Division.
- 2. Meeting Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID) and persons with related conditions level of care criteria verified by the approval process by a standardized level of care instrument.
- 3. Having an Individual Family Service Plan (IFSP)or Individual Education Program (IEP) and is receiving 15 hours or more of special education and related services under the IEP or receives approved Home and Hospital Program.

## **Appendix B: Participant Access and Eligibility**

B-3: Number of Individuals Served - Attachment #1 (4 of 4)

## Answers provided in Appendix B-3-d indicate that you do not need to complete this section.

### **Appendix B: Participant Access and Eligibility**

**B-4: Eligibility Groups Served in the Waiver** 

- **a. 1. State Classification.** The state is a (*select one*):
  - \$1634 State
  - O SSI Criteria State
  - O 209(b) State
  - 2. Miller Trust State.

Indicate whether the state is a Miller Trust State (select one):
$leftondown_{No}$ $\odot_{\mathrm{Yes}}$
<ul> <li>b. Medicaid Eligibility Groups Served in the Waiver. Individuals who receive services under this waiver are eligible under the following eligibility groups contained in the state plan. The state applies all applicable federal financial participation limits under the plan. <i>Check all that apply</i>:</li> </ul>
Eligibility Groups Served in the Waiver (excluding the special home and community-based waiver group under 42 CFR §435.217)
Low income families with children as provided in §1931 of the Act  SSI recipients
Aged, blind or disabled in 209(b) states who are eligible under 42 CFR §435.121
Optional state supplement recipients
☐ Optional categorically needy aged and/or disabled individuals who have income at:
Select one:
O 100% of the Federal poverty level (FPL)
○ % of FPL, which is lower than 100% of FPL.
Specify percentage:
Working individuals with disabilities who buy into Medicaid (BBA working disabled group as provided in \$1902(a)(10)(A)(ii)(XIII)) of the Act)
Working individuals with disabilities who buy into Medicaid (TWWIIA Basic Coverage Group as provided in \$1902(a)(10)(A)(ii)(XV) of the Act)
☐ Working individuals with disabilities who buy into Medicaid (TWWIIA Medical Improvement Coverage Group as provided in §1902(a)(10)(A)(ii)(XVI) of the Act)
Disabled individuals age 18 or younger who would require an institutional level of care (TEFRA 134 eligibility group as provided in §1902(e)(3) of the Act)
☐ Medically needy in 209(b) States (42 CFR §435.330)
Medically needy in 1634 States and SSI Criteria States (42 CFR §435.320, §435.322 and §435.324)
Other specified groups (include only statutory/regulatory reference to reflect the additional groups in the state plan that may receive services under this waiver)
Specify:

All other mandatory and optional groups under the plan are included except individuals eligible under medically needy groups. The Affordable Care Act removed groups historically covered as low-income families with children as provided in section 1931 of the Act. Groups that Maryland is covering that would have been included in this group are Medicaid recipients who would have been in the F05 coverage group for low-income families under section 1931 of the act in the post-ACA inception. They will now be found in the following eligibility coverage groups:

- poverty-level related children under 1 (1902(a)(10)(A)(i)(IV), Maryland code P06
- poverty-level related children at least 1 but under 6 (1902(a)(10)(A)(i)(V) Maryland code P07
- poverty-level related children at least 6 but under 19 (1902(a)(10)(A)(i)(VI), Maryland code P07 (formerly known as P08)
- (optional) children over 19 but under 21 (1902(a)(10)(A)(ii)(I), defined at 1905(a)(1)), Maryland code F98
- poverty-level related pregnant women (1902(a)(10)(A)(i)(IV), Maryland code P02
- the F05 low-income parents

Special home and community-based waiver group under 42 CFR §435.217) Note: When the special home and community-based waiver group under 42 CFR §435.217 is included, Appendix B-5 must be completed O No. The state does not furnish waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217. Appendix B-5 is not submitted. • Yes. The state furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217. Select one and complete Appendix B-5. O All individuals in the special home and community-based waiver group under 42 CFR §435.217 Only the following groups of individuals in the special home and community-based waiver group under 42 CFR §435.217 Check each that applies:  $\times$  A special income level equal to: Select one: • 300% of the SSI Federal Benefit Rate (FBR) O A percentage of FBR, which is lower than 300% (42 CFR §435.236)

Specify percentage: O A dollar amount which is lower than 300%. Specify dollar amount: ☐ Aged, blind and disabled individuals who meet requirements that are more restrictive than the SSI program (42 CFR §435.121)

Medically needy without spend down in states which also provide Medicaid to recipients of SSI (42 CFR §435.320, §435.322 and §435.324)

Medically needy without spend down in 209(b) States (42 CFR §435.330)

Aged and disabled individuals who have income at:

Select one:

O 100% of FPL

○ % of FPL, which is lower than 100%.

Specify percentage amount:

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Other specified groups (include only statutory/regulatory reference to reflect the a the state plan that may receive services under this waiver)	additional groups in
Specify:	
Appendix B: Participant Access and Eligibility	
B-5: Post-Eligibility Treatment of Income (1 of 7)	
In accordance with 42 CFR §441.303(e), Appendix B-5 must be completed when the state furnishes waiver se in the special home and community-based waiver group under 42 CFR §435.217, as indicated in Appendix Bapplies only to the 42 CFR §435.217 group.	
<b>a.</b> Use of Spousal Impoverishment Rules. Indicate whether spousal impoverishment rules are used to d for the special home and community-based waiver group under 42 CFR §435.217:	etermine eligibility
Note: For the period beginning January 1, 2014 and extending through September 30, 2019 (or other law), the following instructions are mandatory. The following box should be checked for all waivers the services to the 42 CFR §435.217 group effective at any point during this time period.	
Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of community spouse for the special home and community-based waiver group. In the case of community spouse, the state uses spousal post-eligibility rules under §1924 of the Act.  Complete Items B-5-e (if the selection for B-4-a-i is SSI State or §1634) or B-5-f (if the selection state) and Item B-5-g unless the state indicates that it also uses spousal post-eligibility rules for a before January 1, 2014 or after September 30, 2019 (or other date as required by law).  Note: The following selections apply for the time periods before January 1, 2014 or after September 3 date as required by law) (select one).	a participant with a for B-4-a-i is 209b the time periods
Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of community spouse for the special home and community-based waiver group.	f individuals with a
In the case of a participant with a community spouse, the state elects to (select one):	
• Use spousal post-eligibility rules under §1924 of the Act.  (Complete Item B-5-b (SSI State) and Item B-5-d)	
O Use regular post-eligibility rules under 42 CFR §435.726 (SSI State) or under §435.735 (Complete Item B-5-b (SSI State). Do not complete Item B-5-d)	(209b State)
O Spousal impoverishment rules under §1924 of the Act are not used to determine eligibility o community spouse for the special home and community-based waiver group. The state uses	

eligibility rules for individuals with a community spouse.

(Complete Item B-5-b (SSI State). Do not complete Item B-5-d)

## **Appendix B: Participant Access and Eligibility**

## **B-5: Post-Eligibility Treatment of Income** (2 of 7)

Note: The following selections apply for the time periods before January 1, 2014 or after December 31, 2018.

b. Regular Post-Eligibility Treatment of Income: SSI State.

The state uses the post-eligibility rules at 42 CFR 435.726 for individuals who do not have a spouse or have a spouse who is not a community spouse as specified in §1924 of the Act. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following allowances and expenses from the waiver participant's

income:

i. Allowance for the needs of the waiver participant (select one):
• The following standard included under the state plan
Select one:
O SSI standard
Optional state supplement standard
O Medically needy income standard
• The special income level for institutionalized persons
(select one):
300% of the SSI Federal Benefit Rate (FBR)
O A percentage of the FBR, which is less than 300%
Specify the percentage:
O A dollar amount which is less than 300%.
Specify dollar amount:
○ A percentage of the Federal poverty level
Specify percentage:
Other standard included under the state Plan
Specify:
Specify.
O The following dollar amount
Specify dollar amount: If this amount changes, this item will be revised.
O The following formula is used to determine the needs allowance:
Specify:
O Other
Specify:
i. Allowance for the spouse only (select one):
Not Applicable

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§1924 of the Act. Describe the circumstances under which this allowance is provided:

	Specify the amount of the allowance (select one):
	O SSI standard
	Optional state supplement standard
	O Medically needy income standard
	O The following dollar amount:
	Specify dollar amount: If this amount changes, this item will be revised.
	O The amount is determined using the following formula:
	Specify:
Allo	owance for the family (select one):
•	Not Applicable (see instructions)
	AFDC need standard
0	Medically needy income standard
0	The following dollar amount:
	Specify dollar amount: The amount specified cannot exceed the higher of the need standard for family of the same size used to determine eligibility under the state's approved AFDC plan or the medically needy income standard established under 42 CFR §435.811 for a family of the same size. If this amount changes, this item will be revised.
0	The amount is determined using the following formula:
	Specify:
0	Other
	Specify:
	Specify:

in 42 §CFR 435.726:

a. Health insurance premiums, deductibles and co-insurance charges

iv. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified

b. Necessary medical or remedial care expenses recognized under state law but not covered under the state's Medicaid plan, subject to reasonable limits that the state may establish on the amounts of these expenses.

Select one:

•	<b>Not Applicable (see instructions)</b> <i>Note: If the state protects the maximum amount for the waiver participant, not applicable must be selected.</i>
0	The state does not establish reasonable limits.
	The state establishes the following reasonable limits
	Specify:
	Participant Access and Eligibility
B-5	Post-Eligibility Treatment of Income (3 of 7)
Note: The following	g selections apply for the time periods before January 1, 2014 or after December 31, 2018.
c. Regular Po	ost-Eligibility Treatment of Income: 209(B) State.
Answers p	rovided in Appendix B-4 indicate that you do not need to complete this section and therefore this section le.
Appendix B:	Participant Access and Eligibility
B-5	Post-Eligibility Treatment of Income (4 of 7)
Note: The following	g selections apply for the time periods before January 1, 2014 or after December 31, 2018.
d. Post-Eligib	ility Treatment of Income Using Spousal Impoverishment Rules
contribution the individu needs allow	ties the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the n of a participant with a community spouse toward the cost of home and community-based care if it determines tal's eligibility under §1924 of the Act. There is deducted from the participant's monthly income a personal rance (as specified below), a community spouse's allowance and a family allowance as specified in the state lan. The state must also protect amounts for incurred expenses for medical or remedial care (as specified
i. Allo	owance for the personal needs of the waiver participant
(sel	ect one):
	SSI standard
0	Optional state supplement standard
	Medically needy income standard
	The special income level for institutionalized persons
	A percentage of the Federal poverty level
	Specify percentage:
0	The following dollar amount:
Ũ	The following dollar amount:
	Specify dollar amount: If this amount changes, this item will be revised
0	The following formula is used to determine the needs allowance:
	Specify formula:

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0	Other	
	Specify:	
the	the allowance for the personal needs of a waiver participant with a community spouse a amount used for the individual's maintenance allowance under 42 CFR §435.726 or 4 plain why this amount is reasonable to meet the individual's maintenance needs in the	2 CFR §435.735,
-	lect one:	•
0	Allowance is the same Allowance is different.	
	Explanation of difference:	
	nounts for incurred medical or remedial care expenses not subject to payment by a third 42 CFR §435.726:	rd party, specified
	<ul><li>a. Health insurance premiums, deductibles and co-insurance charges</li><li>b. Necessary medical or remedial care expenses recognized under state law but not covere Medicaid plan, subject to reasonable limits that the state may establish on the amounts</li></ul>	
Sel	lect one:	
•	Not Applicable (see instructions) Note: If the state protects the maximum amount for the not applicable must be selected.	waiver participant,
0	The state does not establish reasonable limits.	
0	The state uses the same reasonable limits as are used for regular (non-spousal) post-	eligibility.
<b>Appendix B:</b>	Participant Access and Eligibility	
B-5	5: Post-Eligibility Treatment of Income (5 of 7)	
Note: The following	ng selections apply for the five-year period beginning January 1, 2014.	
e. Regular P	Post-Eligibility Treatment of Income: §1634 State - 2014 through 2018.	
Answers	provided in Appendix B-5-a indicate the selections in B-5-b also apply to B-5-e.	
<del></del>		
	Participant Access and Eligibility 5: Post-Eligibility Treatment of Income (6 of 7)	
Note: The following	ng selections apply for the five-year period beginning January 1, 2014.	
f. Regular P	Post-Eligibility Treatment of Income: 209(B) State - 2014 through 2018.	
Answers p	provided in Appendix B-4 indicate that you do not need to complete this section and th	erefore this section

•			
18	not	visi	hle.

## **Appendix B: Participant Access and Eligibility**

## **B-5: Post-Eligibility Treatment of Income** (7 of 7)

Note: The following selections apply for the five-year period beginning January 1, 2014.

g. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules - 2014 through 2018.

The state uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the state Medicaid Plan. The state must also protect amounts for incurred expenses for medical or remedial care (as specified below).

Answers provided in Appendix B-5-a indicate the selections in B-5-d also apply to B-5-g.

## **Appendix B: Participant Access and Eligibility**

#### **B-6:** Evaluation/Reevaluation of Level of Care

As specified in 42 CFR §441.302(c), the state provides for an evaluation (and periodic reevaluations) of the need for the level(s) of care specified for this waiver, when there is a reasonable indication that an individual may need such services in the near future (one month or less), but for the availability of home and community-based waiver services.

- **a. Reasonable Indication of Need for Services.** In order for an individual to be determined to need waiver services, an individual must require: (a) the provision of at least one waiver service, as documented in the service plan, <u>and</u> (b) the provision of waiver services at least monthly or, if the need for services is less than monthly, the participant requires regular monthly monitoring which must be documented in the service plan. Specify the state's policies concerning the reasonable indication of the need for services:
  - i. Minimum number of services.

The m	inimum number of waiver services (one or more) that an individual must require in order to be determined to
need w	vaiver services is: 1
ii. Frequ	ency of services. The state requires (select one):
<b>●</b> T	he provision of waiver services at least monthly
$O_{M}$	Ionthly monitoring of the individual when services are furnished on a less than monthly basis
	the state also requires a minimum frequency for the provision of waiver services other than monthly (e.g., uarterly), specify the frequency:

- **b. Responsibility for Performing Evaluations and Reevaluations.** Level of care evaluations and reevaluations are performed (*select one*):
  - O Directly by the Medicaid agency

Specify the entity:

- O By the operating agency specified in Appendix A
- O By a government agency under contract with the Medicaid agency.

Specify:

Licensed psychologist, licensed clinical social worker, licensed clinical professional counselor, certified school psychologist, or an approved service coordinator employed or contracted by the local lead agency, the local education agency, the State, or the State's designee under the guidance of the operating state agency (OSA) and oversight of the State Medicaid Agency (SMA).

**c.** Qualifications of Individuals Performing Initial Evaluation: Per 42 CFR §441.303(c)(1), specify the educational/professional qualifications of individuals who perform the initial evaluation of level of care for waiver applicants:

Maryland licensed psychologist or certified school psychologist who is employed by the local school system, local Infants and Toddlers Program or contracted by SMA or OSA. Licensed psychologist, licensed clinical social worker, licensed clinical professional counselor, certified school psychologist, or an approved service coordinator employed or contracted by the local lead agency, the local education agency, the State, or the State's designee. Service Coordinators must have:

- 1) One year of relevant training or experience;
- 2) A bachelor's degree and
- 3) At least five hours of initial training on the Autism Waiver offered by the SMA and OSA before rendering Autism Waiver service coordination.
- d. Level of Care Criteria. Fully specify the level of care criteria that are used to evaluate and reevaluate whether an individual needs services through the waiver and that serve as the basis of the state's level of care instrument/tool. Specify the level of care instrument/tool that is employed. State laws, regulations, and policies concerning level of care criteria and the level of care instrument/tool are available to CMS upon request through the Medicaid agency or the operating agency (if applicable), including the instrument/tool utilized.

Individuals selected for participation in the Autism Waiver must meet the qualifying level of care, technical eligibility, and financial eligibility. Individuals are evaluated when a waiver slot becomes available occurs on a first-come, first-served basis.

Autism Waiver service coordinators are responsible for coordinating the medical eligibility determination during the child's initial and annual redetermination waiver application. In order to meet the eligibility requirement an intermediate care facility for individuals with intellectual disabilities (ICF/IID) LOC is required. The level of care evaluation instrument is used for determining LOC. The level of care instrument has three domains that are designed to measure the child's need for support and intervention. The level of care instrument is used by a licensed psychologist, licensed clinical social worker, licensed clinical professional counselor, certified school psychologist, or approved service coordinator employed or contracted by the local lead agency, the local education agency, the State, or the State's designeea licensed psychologist or certified school psychologist employed by the local school system, the OSA, or the SMA. The three domains are activities of daily living, functional activities of daily living, and maladaptive behaviors measured based on the following:

- a) The Basic Activities of Daily Living component scores the child's need for support in personal care, such as bathing, toileting, and eating.
- b) The Functional Activities of Daily Living component scores the child's need for support in their environment, such as understanding danger, ability to communicate, willingness to accept change, and gross motor skills.
- c) The Maladaptive Behavior component identifies the child's need for intervention with behaviors, such as fecal smearing, property destruction, elopement, and sleep problems.
- **e. Level of Care Instrument(s).** Per 42 CFR §441.303(c)(2), indicate whether the instrument/tool used to evaluate level of care for the waiver differs from the instrument/tool used to evaluate institutional level of care (*select one*):
  - The same instrument is used in determining the level of care for the waiver and for institutional care under the state Plan.
  - O A different instrument is used to determine the level of care for the waiver than for institutional care under the

how the outcome of the determination is reliable, valid, and fully comparable.		

**f. Process for Level of Care Evaluation/Reevaluation:** Per 42 CFR §441.303(c)(1), describe the process for evaluating waiver applicants for their need for the level of care under the waiver. If the reevaluation process differs from the evaluation process, describe the differences:

The local school system is responsible for completing evaluations for level of care determinations. Both initial and annual evaluations are completed by a qualified assessor to include: licensed psychologist or certified school psychologist employed by the local school, or theOSA and SMAlicensed psychologist, licensed clinical social worker, licensed clinical professional counselor, certified school psychologist, or an approved service coordinator employed or contracted by the local lead agency, the local education agency, the State, or the State's designee when needed. The psychologist qualified assessor must use the Autism Waiver Level of Care software (AWLOC) to capture the medical eligibility determination. The software represents a legal document completed and signed by the psychologist qualified assessor and the chair of the multidisciplinary team in the local school system. The AWLOC software collects information used for the LOC. This information obtained by the psychologist qualified assessor, multidisciplinary team, parents, and others provide the medical eligibility determination record for the child. Each LOC determination is electronically submitted to the OSA. The process includes numerous edits to ensure compliance. LOC documents submitted to the AWLOC must be fully completed and electronically signed or they will be rejected. For example, the AWLOC user receives immediate feedback if documentation is omitted or if there is a lack of documentation. The instrument will automatically add scores thus eliminating math errors. The OSA has immediate access to all LOCs submitted into the AWLOC tool and will be alerted if a LOC is not submitted by the due date.

<b>g. Reevaluation Schedule.</b> Per 42 CFR §441.303(c)(4), reevaluations of the level of care required by a participant are conducted no less frequently than annually according to the following schedule ( <i>select one</i> ):
Every three months
Every six months
• Every twelve months
Other schedule
Specify the other schedule:
h. Qualifications of Individuals Who Perform Reevaluations. Specify the qualifications of individuals who perform reevaluations (select one):
The qualifications of individuals who perform reevaluations are the same as individuals who perform initial evaluations.
O The qualifications are different.
Specify the qualifications:
i. Procedures to Ensure Timely Reevaluations. Per 42 CFR §441.303(c)(4), specify the procedures that the state employs to ensure timely require the force (specific):

The Maryland State Department of Education (MSDE), the operating state agency (OSA) for the Autism Waiver program, maintains a software application that captures the initial and annual recertification date for each Autism Waiver participant. Data generated from the software application is reviewed by the OSA staff on a monthly basis to ensure that level of care documents have been received and that participants are reevaluated at least annually. The OSA notifies the local school system of upcoming due dates based on a report which identifies each waiver participant by jurisdiction, as well as the most recent LOC determination date. The OSA subsequently notifies, in writing, the Autism Waiver contact within the local school system and the appropriate service coordinator regarding emerging due dates and past due level of care determinations for the month. The OSA also generates late notices to services coordinators, as required. In an effort to increase compliance, staff from the OSA and the SMA provide ongoing technical assistance to the local school system and the provider community.

In addition, each local school system tracks and monitors annual LOC reevaluations due dates through the LOC software tracking system on a monthly basis to ensure timely receipt.

**j. Maintenance of Evaluation/Reevaluation Records.** Per 42 CFR §441.303(c)(3), the state assures that written and/or electronically retrievable documentation of all evaluations and reevaluations are maintained for a minimum period of 3

Application for 1915(c) HCBS Waiver: MD.0339.R04.00 - Jul 01, 2019 Page 43 of 200 years as required in 45 CFR §92.42. Specify the location(s) where records of evaluations and reevaluations of level of care are maintained:

The LOC records are maintained with the service coordinator in the local school system and the OSA through the AWLOC database. The database is backed up by the OSA. All applicable written and electronic records and documentation is maintained for a minimum of six years. This applies to both the initial level of care and the annual reevaluation of the level of care.

## Appendix B: Evaluation/Reevaluation of Level of Care

## **Quality Improvement: Level of Care**

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

#### a. Methods for Discovery: Level of Care Assurance/Sub-assurances

The state demonstrates that it implements the processes and instrument(s) specified in its approved waiver for evaluating/reevaluating an applicant's/waiver participant's level of care consistent with level of care provided in a hospital, NF or ICF/IID.

#### i. Sub-Assurances:

a. Sub-assurance: An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percentage of new applicants that receive a LOC determination. N = # of new applicants that receive a LOC determination D = # of new applicants per year.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	X 100% Review
<b>☒</b> Operating Agency	<b>⋈</b> Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =

Other Specify:	☐ Annual	ly	Stratified Describe Group:
	Continu Ongoin	ously and	Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a			data aggregation and k each that applies):
that applies):  State Medicaid Agency		□ Weekly	к ейсн тип арриез).
Operating Agency	<del>,</del>	× Monthly	,
☐ Sub-State Entity		Quarter	ly
Other Specify:		☐ Annually	y
		Continu	ously and Ongoing
		Other Specify:	

**b.** Sub-assurance: The levels of care of enrolled participants are reevaluated at least annually or as specified in the approved waiver.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Per 2014 CMS guidance, states no longer have to report on this sub-assurance.

**Data Source** (Select one): **Other** 

If 'Other' is selected, specify:

Per 2014 CMS guidance, states no longer have to report on this sub-assurance

rei 2014 Cirio guidance, states no longer nave to report on tins sub-assurance.			
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly	☐ 100% Review	
Operating Agency	☐ Monthly	Less than 100% Review	
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =	
Other Specify:  Per 2014 CMS guidance, states no longer have to report on this sub- assurance.	☐ Annually	Stratified Describe Group:	
	☐ Continuously and Ongoing	Specify:  Per 2014 CMS guidance, states no longer have to report on this sub-assurance.	

Other Specify:
Per 2014 CMS guidance, states no longer have to report on this sub-assurance.

Data Source (Select one):

Other

If 'Other' is selected, specify:

Per 2014 CMS guidance, states no longer have to report on this sub-assurance.

Per 2014 CMS guidance, states no longer nave to report on this sub-assurance.				
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):		
State Medicaid Agency	□ Weekly	☐ 100% Review		
Operating Agency	☐ Monthly	Less than 100% Review		
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =		
Other Specify:  Per 2014 CMS guidance, states no longer have to report on this sub- assurance.	☐ Annually	Stratified Describe Group:		
	☐ Continuously and Ongoing	Specify:  Per 2014 CMS guidance, states no longer have to report on this sub-assurance.		
	⊠ Other			

Specify:	
Per 2014 CMS guidance, states no longer have to report on this sub- assurance.	

#### **Data Aggregation and Analysis:**

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	□ Quarterly
Other Specify:  Per 2014 CMS guidance, states no longer have to report on this subassurance.	☐ Annually
	☐ Continuously and Ongoing
	Other Specify:  Per 2014 CMS guidance, states no longer have to report on this subassurance.

c. Sub-assurance: The processes and instruments described in the approved waiver are applied appropriately and according to the approved description to determine participant level of care.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

Number and percentage of redetermination of LOCs completed accurately and submitted through the electronic software system. N = # of redetermination of LOCs

completed accurately and submitted through the electronic software system /  $\mathbf{D}$  = # of redetermination LOCs submitted to the OSA.

Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly	⊠ 100% Review	
Operating Agency	☐ Monthly	Less than 100% Review	
☐ Sub-State Entity	<b>⊠</b> Quarterly	Representative Sample Confidence Interval =	
Other Specify:	☐ Annually	Stratified Describe Group:	
	Continuously and Ongoing	Other Specify:	
	Other Specify:		
Data Aggregation and Ana	lveie.		

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
<b>X</b> State Medicaid Agency	□ Weekly
<b>◯</b> Operating Agency	☐ Monthly

Responsible Party for data

<b>aggregation and analysis</b> ( <i>that applies</i> ):	check each	analysis(chec	ek each that applies):
☐ Sub-State Entity		× Quarter	ly
Other Specify:		☐ Annuall	y
		□ Continu	ously and Ongoing
		Other Specify:	
(licensed or certified psycholicensed clinical professional service coordinator employed agency, the State, or the State by qualified evaluators / D Data Source (Select one):  Record reviews, on-site	elogist licensed licounselor, ce di or contracted e's designee). I total numbe	l psychologist, ertified school   by the local le N = # of initial	and agency, the local education LOC determinations made
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge	neration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		☑ 100% Review
Operating Agency	X   Monthl	y	Less than 100% Review
Sub-State Entity	Quarte	rly	Representative Sample Confidence Interval =
Other Specify:	Annual	ly	Stratified Describe Group:

Frequency of data aggregation and

	Continuously and		Other	
	Ongoin	g	Specify:	
	Other			
	Specify:			
ata Aggregation and Analy	veie•			
Responsible Party for data	313.	Frequency of	data aggregation and	
ggregation and analysis (c	heck each		k each that applies):	
hat applies):			11 /	
<b>X</b> State Medicaid Agency	7	□ Weekly		
Operating Agency		☐ Monthly	,	
Sub-State Entity		× Quarter		
		Quarter	<u> </u>	
☐ Other				
Specify:				
		☐ Annuall	y	
		☐ Continu	ously and Ongoing	
		☐ Other		
		Specify:		
		Specify.		
				_
erformance Measure:		:f I OC	de h eel:6: ed ee	1
umber and percentage of r icensed or certified psychol			· -	
censed clinical professional				
ervice coordinator employed				
gency, the State, or the State		-		
ualified evaluators / D = tot				
Pata Source (Select one):				
Record reviews, on-site				
f 'Other' is selected, specify:				

01/21/2022

- <u>/</u>					
Responsible Party for	Frequency of data	Sampling Approach			
data	collection/generation	(check each that applies):			
collection/generation	(check each that applies):				
(check each that applies):					

State Medicaid Agency	□ Weekly		⊠ 100% Review
<b>☒</b> Operating Agency	☐ Monthly		Less than 100% Review
☐ Sub-State Entity	<b>⊠</b> Quarterly		Representative Sample Confidence Interval =
Other Specify:	☐ Annually		Stratified Describe Group:
	Continu Ongoin	ously and	Other Specify:
	Other Specify:		
Data Aggregation and Anal	ysis:		
Responsible Party for data aggregation and analysis (check each that applies):		Frequency of data aggregation and analysis(check each that applies):	
X State Medicaid Agenc	y	□ Weekly	
Operating Agency		☐ Monthly	
☐ Sub-State Entity		⊠ Quarterly	
Other Specify:		☐ Annually	y
		☐ Continu	ously and Ongoing

Responsible Party for data aggregation and analysis (check each that applies):		Frequency of data aggregation and analysis(check each that applies):		
		Other Specify:		
Performance Measure: Number and percentage of electronically. N = # of initi- electronically/ D = # of initi	al LOCs com	pleted accurat	tely and submitted	ed
<b>Data Source</b> (Select one): <b>Record reviews, on-site</b> If 'Other' is selected, specify:				
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):  Weekly		Sampling Approach (check each that app	
State Medicaid Agency			⊠ 100% Review	
<b>☒</b> Operating Agency	☐ Monthl	y	Less than 100%	⁄o
☐ Sub-State Entity	⊠ Quarte	rly	Representative Sample Confidenc Interval =	
Other Specify:	☐ Annual	ly	Stratified Describe C	Group:
	☐ Continu Ongoin	ously and g	Other Specify:	
	Other Specify:	:		

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
<b>X</b> State Medicaid Agency	□ Weekly
Operating Agency	□ Monthly
☐ Sub-State Entity	⊠ Quarterly
Other Specify:	Annually
	☐ Continuously and Ongoing
	Other Specify:

## **b.** Methods for Remediation/Fixing Individual Problems

i. Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The OSA will work with the local school system and service coordinators to ensure the timeliness and accuracy of initial and re-determination of level of care (LOC) decisions. The LOC instrument consists of the assessment tools in conjunction with the software used to collect the data (AWLOC) and the clinical professionals trained on the instruments. The OSA will perform a review of the timeliness and appropriateness of initial and redetermination of LOC decisions with review emphasis on the full return of LOC determinations, accuracy of LOC determinations, and completion of redeterminations within the 365 days of initial determination. Service coordination agencies that have not provided LOC determinations for participants within the 12-month timeline are notified in writing. Intensive oversight and technical assistance is provided until compliance is reached. If review results indicate systemic problems in LOC decision-making, the SMA and OSA will pursue a series of corrective actions. Actions may include convening clinical staff to review cases in dispute and identifying areas where additional training of local school system psychologists licensed psychologist, licensed clinical social worker, licensed clinical professional counselor, certified school psychologist, or the approved service coordinator employed or contracted by the local lead agency, the local education agency, the State, or the State's designee may be required. The OSA and SMA staff will conduct training for the local school systems' psychologists qualified assessors. If training fails to improve the local school systems' performance, the OSA and SMA will increase the level of Departmental involvement in the decision-making process before issuing notices to waiver applicants and participants. If these efforts fail to improve performance, the State will pursue additional sanctions against the local school system and intervene as necessary.

As part of the initial and annual recertification process, some children are found to no longer meet the medical eligibility criteria as determined by the LOC instrument. Autism Waiver children and their families are provided written notice of the ineligibility determination and information regarding appeal rights is included. If indicated, the LOC process is re-administered with additional input from the family and other professionals. Unless a timely appeal is filed, the waiver participant is disenrolled from the program by the SMA. The OSA collects aggregate data on waiver disenrollment due to loss of eligibility.

On a system level, the SMA and OSA uses data gathered to improve policies, procedures, and instruments for determining LOC and other waiver eligibility criteria. As part of the strategic planning process, the OSA, SMA, and a workgroup of psychologists and service coordinators reviewed the LOC instrument. Revisions were made, and psychologists and service coordinators were tested/trained on those revisions. A revised LOC instrument was launched in January 2013, which included an electronic submission to the OSA using the AWLOC software. A manual has been developed and distributed along with a one-page fact sheet on the electronic LOC instrument. Additionally, a video training module is available to support the training of school psychologists qualified assessors on the use of the LOC instrument. The LOC instrument includes edits that address prior compliance issues. Ongoing training and technical assistance is available.

### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
State Medicaid Agency	□ Weekly
Operating Agency	⊠ Monthly
Sub-State Entity	Quarterly
Other Specify:	Annually
	Continuously and Ongoing

Application fo <u>r 1915(c) HCBS Waiver</u>	n for 1915(c) HCBS Waiver: MD.0339.R04.00 - Jul 01, 2019		
	Other		
	Specify:		

#### c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to de	esigr
methods for discovery and remediation related to the assurance of Level of Care that are currently non-operation	nal.

Оъ	Zes
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Please provide a detailed strategy for assuring Level of Care, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

# **Appendix B: Participant Access and Eligibility**

#### **B-7:** Freedom of Choice

**Freedom of Choice.** As provided in 42 CFR §441.302(d), when an individual is determined to be likely to require a level of care for this waiver, the individual or his or her legal representative is:

- i. informed of any feasible alternatives under the waiver; and
- ii. given the choice of either institutional or home and community-based services.
- a. Procedures. Specify the state's procedures for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services. Identify the form(s) that are employed to document freedom of choice. The form or forms are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Applicants and families are provided notification of the opportunity to apply for enrollment in the waiver along with an explanation of the procedures. They are informed of any feasible alternatives under the waiver and given the choice of either institutional or home and community-based services.

Initially, children who apply to the Autism Waiver are assigned a service coordinator. The service coordinator provides the family with information on all waiver services, waiver providers, documents that are needed for evaluation and enrollment, and parents' rights and responsibilities regarding the waiver. The freedom of choice between community services and the institution as well as providers and services is explained to the family. A standard form developed by the OSA and SMA is provided to the family by the service coordinator for documenting the freedom of choice between the ICF/IID and community services. The form is submitted to the OSA annually by service coordinators.

Choice is also documented in the POC signed by the parent. Additionally, parents are provided with information regarding their rights and responsibilities. The family and applicants are also offered this choice as part of the annual waiver recertification process. The following describes the OSA's process for informing eligible individuals of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services:

- a. Notice to the individual shall contain an explanation of the waiver and waiver services; a statement that participation in the waiver is voluntary and an explanation of the procedures for enrollment. The Freedom of Choice form will be explained, and the signature of the family representative will be obtained on the Freedom of Choice form, which will be completed prior to admission into the waiver program.
- b. Waiver participants are afforded the freedom to choose among service providers. Updated lists of approved waiver service providers are distributed to service coordinators at least every three months. For convenience, the provider lists are organized both alphabetically and geographically. Service coordinators review the provider lists with families during the multidisciplinary team process and more often if needed. Service coordinators are responsible for coordinating the services between the family/guardian and the provider and must be available on an ongoing basis, for contact from parents. Waiver participants' parents may choose to change providers at any time by requesting that the service coordinator submit a plan of care addendum. Service coordinators are also required to make monthly contact with families of waiver participants to review topics such as satisfaction/dissatisfaction with service providers.

**b. Maintenance of Forms.** Per 45 CFR §92.42, written copies or electronically retrievable facsimiles of Freedom of Choice forms are maintained for a minimum of three years. Specify the locations where copies of these forms are maintained.

Forms are maintained at the OSA's office location for the entire time that a participant is enrolled in the Autism Waiver. Upon disenrollment, forms are maintained for six years. Freedom of Choice forms are included in the AWPOC software application, are electronically captured annually and maintained by the OSA. Copies of freedom of choice documentation are maintained by the OSA and with the local service coordinators. Local service coordinators are based in 24 local jurisdictions.

## **Appendix B: Participant Access and Eligibility**

### **B-8:** Access to Services by Limited English Proficiency Persons

Access to Services by Limited English Proficient Persons. Specify the methods that the state uses to provide meaningful access to the waiver by Limited English Proficient persons in accordance with the Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003):

In accordance with Section 1557 of the Affordable Care Act, the State provides meaningful access to individuals with limited English proficiency who are applying for or receiving Medicaid services. The MDH website contains useful information on Medicaid waivers and other programs and resources. The website will translate information into a number of languages that are predominant in the community. The OSA translated the Autism Waiver brochure into Spanish. All outreach meetings for interested individuals are advertised in both English and Spanish. One side of the notice is in English and the other side in Spanish. Interpreter service is provided, as needed, at outreach events. Service coordination agencies provide service coordination in languages other than English, as needed for children and families. The OSA conducted a survey of providers to determine the availability of services in a number of different languages. The results were distributed to service coordinators.

The State also provides translation services at fair hearings if necessary. If an appellant attends a fair hearing without first requesting services of an interpreter, the administrative law judge will not proceed unless there is an assurance from the individual that they are able to sufficiently understand the proceedings. If not, the hearing will be postponed until an interpreter has been secured.

# **Appendix C: Participant Services**

# C-1: Summary of Services Covered (1 of 2)

**a. Waiver Services Summary.** List the services that are furnished under the waiver in the following table. If case management is not a service under the waiver, complete items C-1-b and C-1-c:

Service Type	Service	
Statutory Service	Residential Habilitation	
Statutory Service	Respite	П
Other Service	Adult Life Planning	П
Other Service	<b>Environmental Accessibility Adaptations</b>	
Other Service	Family Consultation	П
Other Service	Intensive Individual Support Services	
Other Service	Therapeutic Integration	

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Statutory Service  Service:  Residential Habilitation  Alternate Service Title (if any):  HCBS Taxonomy:  Category 1:  O2 Round-the-Clock Services  O2011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Sub-Category 3:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is not included in the approved waiver.	Service Type:	
Residential Habilitation Alternate Service Title (if any):  HCBS Taxonomy:  Category 1:  02 Round-the-Clock Services  02011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Category 3:  Sub-Category 3:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	Statutory Service	
Alternate Service Title (if any):  HCBS Taxonomy:  Category 1:  O2 Round-the-Clock Services  O2011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Category 3:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	Service:	
HCBS Taxonomy:  Category 1:  02 Round-the-Clock Services  02011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Sub-Category 3:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	Residential Habilitation	
Category 1:  O2 Round-the-Clock Services  O2011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Category 3:  Sub-Category 4:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	Alternate Service Title (if any):	
Category 1:  O2 Round-the-Clock Services  O2011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Category 3:  Sub-Category 3:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.		
Category 1:  O2 Round-the-Clock Services  O2011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Category 3:  Sub-Category 4:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.		
Category 1:  O2 Round-the-Clock Services  O2011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Category 3:  Sub-Category 4:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.		
O2 Round-the-Clock Services  O2011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Sub-Category 3:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	HCBS Taxonomy:	
O2 Round-the-Clock Services  O2011 group living, residential habilitation  Category 2:  Sub-Category 2:  Category 3:  Sub-Category 3:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.		
Category 2:  Category 3:  Sub-Category 3:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	Category 1:	Sub-Category 1:
Category 3:  Sub-Category 3:  Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	02 Round-the-Clock Services	02011 group living, residential habilitation
Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	Category 2:	Sub-Category 2:
Category 4:  Sub-Category 4:  Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.		
Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.	Category 3:	Sub-Category 3:
Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:  Service is included in approved waiver. There is no change in service specifications.  Service is included in approved waiver. The service specifications have been modified.		
<ul> <li>Service is included in approved waiver. There is no change in service specifications.</li> <li>Service is included in approved waiver. The service specifications have been modified.</li> </ul>	Category 4:	Sub-Category 4:
<ul> <li>Service is included in approved waiver. There is no change in service specifications.</li> <li>Service is included in approved waiver. The service specifications have been modified.</li> </ul>		П
O Service is included in approved waiver. The service specifications have been modified.	Complete this part for a renewal application or a new waiven	$\sqcup$ r that replaces an existing waiver. Select one :
O Service is included in approved waiver. The service specifications have been modified.	Service is included in approved waiver. There is	s no change in service specifications.
Service is not included in the approved waiver.		*
	Service is not included in the approved waiver.	

**Service Definition** (Scope):

Residential habilitation services are community-based residential placements for those children who cannot live at home at the present time because they require highly supervised and supportive environments. A child must receive prior approval for this out-of-home placement by the waiver multidisciplinary team and the OSA. The multidisciplinary team and the OSA must review the placement at least annually. Residential habilitation services are received in facilities located in Maryland that are Developmental Disabilities Administration (DDA) licensed group homes, licensed alternative living units, or residential facilities approved for special education. A therapeutic living program of treatment, intervention, training, supportive care, and oversight is provided. Services are designed to assist children in acquiring, retaining, and improving the self-help, socialization, and adaptive skills necessary to reside successfully in home and community-based settings. These services are offered at a regular or intensive level and reimbursed at one of two rates. The intensive level of service for the child involves awake overnight and a minimum of four hours of one-on-one staffing documented in the treatment plan.

A residential habilitation program must be designed to provide a home-like, therapeutic, and safe environment which allows, as appropriate, for the child's eventual return to the family (natural, adoptive, or surrogate) or for the individual to acquire the skills and resources for group or independent living. All residential habilitation programs must provide a 24-hour therapeutic environment and coordinate with the child's providers of clinical treatment services, educational services, and health and medical services. The residential habilitation provider must assure that the child's needs are met for shelter, food, clothing, and furnishings, although these are not included in the Medical Assistance reimbursement rate. The following services are provided: habilitation, behavior shaping and management, daily living skills, functional living skills training, socialization, mobility, community mobility, transportation, crisis intervention and planning, and medication management/monitoring/training.

Retainer payments may be made to providers while the participant is hospitalized or absent from the residence for a period of no more than 15 days a year.

The services under the waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

	s a limit of 15 days of payment to a provider for a child's absence during a calendar year. Medicaid funds maused for room and board expenses. Medicaid is the payer of last resort for residential habilitation services.
Resid	ntial habilitation services may not be provided at the same time with any other waiver service-,
with	e exception of Adult Life Planning.
EPSI	does cover services targeted to individuals with autism and autism spectrum.
Servi	<b>Delivery Method</b> (check each that applies):
	Participant-directed as specified in Appendix E
	Provider managed
Speci	whether the service may be provided by (check each that applies):
	Legally Responsible Person
	Relative
	Legal Guardian
Provi	er Specifications:
	ovider Category Provider Type Title
	gency Residential Habilitation

**Appendix C: Participant Services** 

**Service Type: Statutory Service** 

### **Service Name: Residential Habilitation**

**Provider Category:** 

Agency

**Provider Type:** 

Residential Habilitation

### **Provider Qualifications**

**License** (specify):

Residential Child Care licensed under the Developmental Disabilities Administration as per COMAR 10.22.02 and 10.22.08 or the Governor's Office for Children as per COMAR 14.31.06

**Certificate** (specify):

Provider agencies must employ a full-time program director who has either a valid Maryland certificate as a special education supervisor, principal, or special educator and at least three years of successful teaching experience as verified by former employers in regular or special education, or both as appropriate, for the director's assignment; or at least three years of relevant experience with counseling or supervision as appropriate for the director's assignment

Other Standard (specify):

Standards are consistent with COMAR 10.09.56 that include:

(1) Round-the-clock staffing which:

Includes at all times at least one direct-care staff person on site for every three children, with more staffing as necessary based on participant's needs; and

May be less than seven days a week, such as without weekend services;

Have on call 24-hours a day a designated supervisor for the direct-care workers, who:

Has at least a bachelor's degree in a Human Services field plus 3 years of experience in the area of autism spectrum disorder or other developmental disabilities, or an associate degree in Human Services field plus 5 years of experience with persons with autism or other developmental disabilities; or Meets the professional guidelines for a qualified intellectual disabilities professional or qualified developmental disability professional;

(2) Demonstrate the necessary staff capacity to provide intensive residential habilitation services when needed by participants;

Employ or contract with certain professionals who meet provider qualifications in accordance with Regulation 10.09.56.04G (1) and (2) of this chapter for consultation;

- (4) Have at least one professional on call 24-hours a day, 7 days a week for crisis intervention who meets provider qualifications in accordance with COMAR 10.09.56.04G(1)and(2);
- (5) Demonstrate the capability and capacity of providing Autism Waiver residential habilitation services by submitting documentation of experience and a written implementation plan which includes, at a minimum, policies and procedures regarding:
- (a) Abuse, neglect, and exploitation;
- (b) Positive behavior interventions and restraints;
- (c) Implementation of treatment plans;
- (d) Emergency backup plans;
- (e) Transportation of participants;
- (f) Maintenance of required documentation;
- (g) Training and supervision of staff;
- (h) Quality assurance; and
- (i) HIPAA
- (6) Assure the provision of services in the least restrictive environment in the community that is appropriate to participants' needs;
- (7) Document arrangements for the provision of medical services needed by participants, including helping them to get to medical appointments and to obtain services in an emergency;
- (8) For initial approval and as a condition of occupancy of any facility used by the program, submit written documentation from responsible approval or licensing authorities verifying that the facility is in compliance with applicable health, fire safety, and zoning regulations;
- (9) For continued approval, maintain written documentation of compliance with applicable health, fire safety, and zoning regulations as a condition of occupancy of any facility used by the program;
- (10) Maintain daily contact logs completed on the same day the service is provided and reflective of the individual's plan of goals and activities; and
- (11) Maintain and make available for review by the State, documentation of the 6-month review and update of each participant's status relative to each goal in the residential habilitation individual plan.

The direct care worker must be at least 18 years old and receive adequate and appropriate training within sixty days of employment and annually thereafter. The training must focus on the care for children with autism spectrum disorder including abuse, neglect, exploitation, positive behavioral interventions, restraints, reportable events and HIPAA. This worker must have a minimum of 100 hours of volunteer or employment experience working with children with autism spectrum disorder or other developmental disabilities as a service provider or as a family member.

A residential facility serving the Autism Waiver must have eight or fewer beds, unless approved by the OSA to have up to 16 beds due to special needs of children and has no more than two individuals in a bedroom. The facility must provide opportunities for participants to have personal items in their bedroom that reflect the participant's personal tastes. In addition, the facility must provide for participation and input by the participant in regard to eating times, menus, and meal preparation, as appropriate for specific health conditions and in accordance with treatment standards. To be approved, a facility must provide opportunities for participants to participate in community activities. Facilities must be located and integrated into a residential community.

Every residential habilitation provider is required to attend an initial provider training session provided by the OSA and SMA prior to approval and at least one ongoing provider training session annually thereafter.

Any waiver service provider who is responsible for transporting a child shall ensure they have a valid driver's license and automobile liability insurance.

**Service Definition** (Scope):

The OSA is overseen by the SMA	
Frequency of Verification:	
Initially and at least every three years	
pendix C: Participant Services	
C-1/C-3: Service Specificati	on
	e specification are readily available to CMS upon reques
Medicaid agency or the operating agency (if app	olicable).
ice Type: tutory Service	
rice:	
spite	
rnate Service Title (if any):	
·	Sub-Category 1:
Category 1:	Sub-Category 1:  09011 respite, out-of-home
	Sub-Category 1:  09011 respite, out-of-home
Category 1:  09 Caregiver Support	09011 respite, out-of-home
Category 1:  09 Caregiver Support  Category 2:	09011 respite, out-of-home  Sub-Category 2:
Category 1:  09 Caregiver Support  Category 2:  09 Caregiver Support	09011 respite, out-of-home  Sub-Category 2:  09012 respite, in-home
Category 1:  09 Caregiver Support  Category 2:  09 Caregiver Support	09011 respite, out-of-home  Sub-Category 2:  09012 respite, in-home
Category 1:  09 Caregiver Support  Category 2:  09 Caregiver Support  Category 3:	09011 respite, out-of-home  Sub-Category 2:  09012 respite, in-home  Sub-Category 3:
Category 1:  09 Caregiver Support  Category 2:  09 Caregiver Support  Category 3:  Category 4:	09011 respite, out-of-home  Sub-Category 2:  09012 respite, in-home  Sub-Category 3:  Sub-Category 4:
Category 1:  09 Caregiver Support  Category 2:  09 Caregiver Support  Category 3:  Category 4:  plete this part for a renewal application or a new support are supported to the support and supplication or a new support are supported to the supporte	O9011 respite, out-of-home  Sub-Category 2:  O9012 respite, in-home  Sub-Category 3:  Sub-Category 4:
Category 1:  09 Caregiver Support  Category 2:  09 Caregiver Support  Category 3:  Category 4:  plete this part for a renewal application or a new support are supported to the support and supplication or a new support are supported to the supporte	09011 respite, out-of-home  Sub-Category 2:  09012 respite, in-home  Sub-Category 3:  Sub-Category 4:
Category 1:  09 Caregiver Support  Category 2:  09 Caregiver Support  Category 3:  Category 4:  Category 4:  Service is included in approved waiver.	O9011 respite, out-of-home  Sub-Category 2:  O9012 respite, in-home  Sub-Category 3:  Sub-Category 4:

01/21/2022

Respite care offers appropriate care and supervision to protect the child's safety in the absence of family members. Respite care services include assistance with activities of daily living that are provided to children unable to care for themselves. In addition, respite offers relief to family members from the constantly demanding responsibility of providing care and attending to basic self-help needs and other activities that would ordinarily be performed by the family member.

This service is furnished on a short-term basis due to the absence or need for relief of those persons normally providing the care. Respite care can be provided in the child's home or place of residence, a community setting, or a youth camp certified by the Maryland Department of Health under COMAR 10.16.06, or a site licensed by the Developmental Disabilities Administration to accommodate individuals for respite care.

The respite provider may accompany the participant on outings for exercise, recreation, shopping or other purposes while providing respite care. Transportation time with the participant is part of respite care when taking the participant out of the home. Respite care may be provided 2 hours a day to enable the family to leave the home as needed.

Respite services are obtained from any approved Autism Waiver provider with experience serving children with autism. A family is afforded 336 hours of respite care each year to be used to meet the family's and child's needs. The service is identified on the child's POC which is reviewed annually.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Respite care services are limited to 336 hours for a waiver year beginning July 1st. through June 30th. Federal financial participation is not to be claimed for the cost of room and board except when provided as part of respite care furnished in a facility approved by the State that is not a private residence. Respite services may not be provided at the same time as residential habilitation service, intensive individual support services, therapeutic integration, or adult life planning services. The service does not reimburse for transportation costs such as gasoline, maintenance, or other vehicle operating expenses. The service does not include overnight unless in the participant's primary residence, or a site license by DDA to accommodate individuals for respite care or, a youth camp certified by MDH.

Other respite restrictions include prohibition of a provider to render respite to the provider's own child or render supervision to the respite care worker of the provider's own child. Although, direct respite providers may include family members.

The services under the waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

**Service Delivery Method** (check each that applies):

Participant-directed as specified in Appendix E
X Provider managed

Specify whether the service may be provided by (check each that applies):

☐ Legally Respon	sible Person
Legal Guardian	n

**Provider Specifications:** 

<b>Provider Category</b>	Provider Type Title
Individual	Individual Respite Care Provider
Agency	Respite Care Agency

**Appendix C: Participant Services** 

C-1/C-3: Provider Specifications for Service

Service Type: Statutory Service Service Name: Respite

**Provider Category:** 

Individual

**Provider Type:** 

Individual Respite Care Provider

#### **Provider Qualifications**

License (specify):

The individual must be any of the following:

psychologist;

social worker;

nurse;

professional counselor; or occupational therapist.

**Certificate** (specify):

The individual must be one of the following:

school psychologist;

special educator; or

board certified behavior analyst.

Other Standard (specify):

A respite care worker must have a license or certification as described above or a master's or doctorate degree in a health related field and 2 years of experience with children with autism spectrum disorder or a related disability or meet the qualifications of a developmental disabilities professional in accordance with COMAR 10.09.26.01B(28).

The respite care worker must be at least 16 years of age and receive adequate and appropriate training within sixty days of employmentand annually thereafter. The training must focus on the care for children with autism spectrum disorder including abuse, neglect, and exploitation, positive behavioral interventions, restraints, reportable events, and HIPAA. This worker must have a minimum of 100 hours of volunteer or employment experience working with children with autism spectrum disorder or other developmental disabilities as a service provider or as a family member. Family members must be at least 16 years of age to be considered as a respite care worker.

Before working with a child, the individual must undergo a childcare criminal history record check with the Criminal Justice Information System Central Repository, Department of Public Safety and Correctional Services, in accordance with Family Law Article §5-561, Annotated Code of Maryland. The individual must request the Department of Public Safety and Correctional Services to send the childæcriminal history report to the SMA and not have been convicted of, received probation before judgment for, or entered a plea of nolo contendere to, a felony or crime involving moral turpitude or theft, or have other criminal history that indicated behavior that is potentially harmful to participants. In addition, the individual must carry adequate liability insurance.

Any waiver service provider who is responsible for transporting a child shall ensure they have a valid

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

The OSA is overseen by the SMA

**Frequency of Verification:** 

Initially and every three years

## **Appendix C: Participant Services**

# C-1/C-3: Provider Specifications for Service

**Service Type: Statutory Service** 

Service Name: Respite

**Provider Category:** 

Agency

**Provider Type:** 

Respite Care Agency

## **Provider Qualifications**

**License** (specify):

The individual must be any of the following:

psychologist;

social worker;

nurse;

professional counselor; or

occupational therapist.

Certificate (specify):

The individual must be one of the following:

school psychologist;

special educator; or

board certified behavior analyst.

Other Standard (specify):

A respite care agency must employ a professional with a license or certification as described above or an individual with a master's or doctorate degree in Special Education or a related field and two years of experience with children with autism spectrum disorder or a related disability or meet the qualifications of a developmental disabilities professional in accordance with COMAR 10.09.26.01B(28).

The respite care provider shall have adequate liability insurance and be appropriately bonded.

- 1) The respite care agency shall assure that the direct care workers who render respite eare meet the requirements for a direct care worker in COMAR 10.09.56.04 and work under the supervision of a professional as described above.
- 2) The respite care provider shall have adequate liability insurance and be appropriately bonded.
- 3) A respite care provider shall demonstrate the capability and capacity of providing respite care services by submitting documentation of experience and a written implementation plan which includes at a minimum policies and procedures regarding:
- a) Abuse, neglect, and exploitation;
- b) Positive behavior interventions and restraints;
- c) Emergency backup plans;
- d) Transportation of participants;
- e) Maintenance of required documentation;
- f) Training and supervision of staff;
- g) Quality assurance; and
- h) HIPAA

The respite care worker must receive adequate and appropriate training within sixty days of employment and annually thereafter. The training must focus on the care for children with autism spectrum disorder including abuse, neglect, exploitation, positive behavioral interventions, restraints, reportable events and HIPAA. This worker must have a minimum of 100 hours of volunteer or employment experience working with children with autism spectrum disorder or other developmental disabilities as a service provider or as a family member.

Before working with a child, the individual must undergo a child care criminal history record check with the Criminal Justice Information System Central Repository, Maryland Department of Public Safety and Correctional Services which includes a federal FBI check, in accordance with Family Law Article §5-561, Annotated Code of Maryland. The individual must request the Department of Public Safety and Correctional Services to send the child care criminal history report to the SMA and not have been convicted of, received probation before judgment for, or entered a plea of nolo contendere to, a felony or crime involving moral turpitude or theft, or have other criminal history that indicated behavior that is potentially harmful to participants.

Any waiver service provider who is responsible for transporting a child shall ensure they have a valid driver's license and automobile liability insurance.

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

The OSA is overseen by the SMA

**Frequency of Verification:** 

Initially and every three years

**Appendix C: Participant Services** 

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specific the Medicaid agency or the operating agency (if applicable). <b>Service Type:</b>	ation are readily available to CMS upon request through	
Other Service		
As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service respecified in statute.  Service Title:		
Adult Life Planning		
HCBS Taxonomy:		
Category 1:	Sub-Category 1:	
16 Community Transition Services	16010 community transition services	
Category 2:	Sub-Category 2:	
Category 3:	Sub-Category 3:	
Category 5:	Sub-Category 3:	
Category 4:	Sub-Category 4:	
Complete this part for a renewal application or a new waiver  O Service is included in approved waiver. There is		

**©** Service is included in approved waiver. The service specifications have been modified.

**Service Definition** (Scope):

 $\circ$  Service is not included in the approved waiver.

Adult life planning (ALP) for Autism Waiver children and families, supports the shift from a child-centered developmental model to an adult-oriented; self-determination system of services and supports for the family. Transition services in special education are child-centered and focused on developing and implementing a transition plan with the child. ALP under the Autism Waiver is family-centered and focused on educating and supporting the family in accessing adult community services on behalf of the participant. This service will emphasize the development of a plan for decision-making in the adult autism/developmental disabilities system. The plan will incorporate self-determination, independence, choice, community integration, and provide better coordination with the Maryland adult system of employment first.

In addition, ALP will provide information to children and their families on the eligibility criteria for State and other generic community services available through social services, parks and recreation, adult autism/developmental disabilities providers and others. The adult system emphasizes the development of a plan for a circle of support to include natural supports, self-direction, and self-advocacy. The ALP practitioner provides the technical assistance and support for children and families to develop a plan for self-determination, person-centered planning, and circles of support.

ALP practitioners consider each Autism Waiver participant's home environment to identify skills related to independence, community integration, self-advocacy, self-direction, natural supports, and the adult service systems employment options. ALP practitioners will work with families to develop a treatment plan incorporating the principles of self-determination, person-centered planning and circles of support in decision- making and planning for adulthood. The treatment plan is developed to incorporate federal, and State supports with generic and natural supports, including parents, siblings, and others for increased independence, choice, and the participants need for services and supports once they exit the Autism Waiver.

ALP treatment programs will include Autism Waiver participants, their families, Autism Waiver service coordinators, and others as needed to:

- Increase the use of generic services and natural supports;
- Prepare for transition out of the waiver;
- 3) Include principles of self-determination, person-centered planning and circles of support;
- Direct and support the waiver participant with planning and decision-making;
- Include specific, measurable, goals and objectives for the participant, parent, and ALP practitioner within 5) identified time frames;
- Provide the assistance and support needed by the participant and family to complete their responsibilities in specific measurable goals, objective, support needed and activities; and
- incorporates individual and family responsibility to complete the treatment plan as a primary responsibility.

The service and supervision of this service may also be provided via virtual supports using the following guidelines:

- 1. Virtual supports is an electronic method of service delivery used to maintain or improve a participant's functional abilities. enhance interactions, support meaningful relationships, promote the ability to live independently and meaningfully participate in their community, and creates an opportunity for services to be provided to participants and their families in areas with limited resources.
- 2. Virtual supports ensure the participant's rights of privacy, dignity and respect, and freedom from coercion and restraint.
- 3. Direct support can be provided via virtual supports provided that the virtual supports meet all of the following requirements: a. The virtual supports do not isolate the participant from integration in the community or interacting with people without disabilities.
- b. The use of virtual supports to provide direct support is based on the participant/family's preferences, has been agreed to by the participant/family and their team and is outlined in the participant/family treatment plan:
- c. Virtual supports will not be used for the provider's convenience. The virtual supports must be used to support a participant to reach identified outcomes in the participant's treatment plan:
- d. The use of virtual supports must be documented per State requirements, policies, guidance, and regulations for daily contact notes. The service delivery method (e.g., Skype, Zoom, Facetime, telephonic, or in person direct support) must also be identified. e. Text messaging and emailing do not constitute virtual supports.
- f. The virtual supports must comply with the requirements of the Health Insurance Portability and Accountability Act of 1996 (HIPAA), as amended by the Health Information Technology for Economic and Clinical Health (HITECH) Act, and their applicable regulations to protect the privacy and security of the participant's protected health information.
- g. This Waiver program service may not be provided entirely via virtual supports. Virtual supports may supplement in-person direct supports.
- h. The provider must develop, maintain, and enforce written policies, approved by MSDE, which address:
- i. How the provider will ensure the participant's rights of privacy, dignity and respect, and freedom from coercion and restraint:
- ii. How the provider will ensure the virtual supports used meets applicable information security standards; and 01/21/2022

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iii. How the provider will ensure its provision of virtual supports complies with applicable laws governing individuals' right to

privacy.

i. The provider must train staff on those policies, and advise participants and their families regarding the policies that address participant's needs, including health and safety, can be addressed safely via virtual supports;

<u>i. The virtual supports meet all federal and State requirements, policies, guidance, and regulations.</u>

k. The provider is responsible for ensuring that using virtual supports is accessible to the participant and that they can use audio visual platforms to access virtual support services prior to initiation of virtual services. The provider will provide in person training to the participant and their family to help the participant learn to use the required technology until they are able to access the platform independently.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

ALP begins at age 1614, has a lifetime maximum of 60 hours, with an annual maximum up to 20 hours
ALP services may not be rendered to a child residing in a non-waiver approved residential facility. In addition, ALP
services maynot be rendered simultaneously with residential services. Residential services include transition planning
to adult services.
The services under the waiver are limited to additional services not otherwise covered under the state plan, including
EPSDT, but consistent with waiver objectives of avoiding institutionalization.
Service Delivery Method (check each that applies):
Participant-directed as specified in Appendix E
⊠ Provider managed
Specify whether the service may be provided by (check each that applies):
Legally Responsible Person
Relative
Legal Guardian
Provider Specifications:

<b>Provider Category</b>	Provider Type Title
Individual	Adult Life Planning Practitioner
Agency	Adult Life Planning Agency

## C-1/C-3: Provider Specifications for Service

	-		
Service Type: O Service Name: A	other Service Adult Life Planning		
Provider Category: Individual Provider Type:			
Adult Life Planning I	Practitioner		
Provider Qualification	ons		
License (specify,			
N/A			
Certificate (spec	eify):		
N/A			

#### **Other Standard** (specify):

Qualifications for Adult Life Planning (ALP) require an individual with a master'sbachelor's degree in Human Services and three years of experience serving adults with autism or other developmental disabilities adults. In addition, the individual must be knowledgeable about adult community-based services. The provider is required toattend an initial provider training session provided by the OSA and SMA prior to approval to provide services and at least one ongoing provider training session annually thereafter. The provider shall submitthe treatment plan to the participant's service coordinator within 30 calendar days of initiation of service delivery and at least annually thereafter, or more frequently if the plan changes.

At the completion of each year of adult life planning services, the provider shall provide a report of documented evidence of progress towards self-determination, community integration, and coordination with adult services. In addition, the provider shall maintain ALP contact logs completed on the same day the service is provided and reflective of the ALP treatment plan goals and activities.

The individual must maintain a copy of the **master's** degree or transcript stating the required degree was obtained. An individual must obtain and pay for the criminal background check and request that the Department of Public Safety and Correction send the childcare criminal history report to the SMA. Three written references are required to be submitted to the OSA. The agency must verify the

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

The OSA is overseen by the SMA

**Frequency of Verification:** 

Initially and at least every three years

## C-1/C-3: Provider Specifications for Service

	Service Type: Other Service
	Service Name: Adult Life Planning
Prov	vider Category:
Age	ency
Pro	vider Type:
Adı	ult Life Planning Agency
Pro	vider Qualifications
	License (specify):
	N/A
	Certificate (specify):
	N/A

#### Other Standard (specify):

Qualifications for Adult Life Planning (ALP) for an agency require the agency to have staff with a master'sbachelor's degree in Human Services and three years of experience serving adults with autismfor other developmental disabilities adults. In addition, the individual on staff must be knowledgeable about adult community-based services. The provider is required to attend an initial provider training session provided by the OSA and SMA prior to approval to provide services and at least one ongoing provider training sessionannually thereafter.

The provider shall submit the treatment plan to the participant's service coordinator within 30 calendar days of initiation of service delivery, and at least annually thereafter; or more frequently if the plan changes.

At the completion of each year of ALP services, the provider shall provide a report of documented evidence of progress towards self-determination, community integration, and coordination with adult services. In addition, the provider shall maintain ALP contact logs completed on the same day the service is provided and reflective of the ALP treatment plan goals and activities.

The agency shall maintain current, written, and signed contracts with all contractors providing ALP on behalf of the provider that includes: (1) the scope of services to be performed, (2) the requirement to comply with all applicable Medicaid regulations, (3) written documentation of service delivery expectations, (4) a clause that no monies shall be sought from the waiver participant or the participant's family if the contract is breached by either the provider or contractor. Additionally, the agency must maintain a copy of the <a href="master'sbachelor's">master'sbachelor's</a> degree or transcript stating that the required degree was obtained for each person providing ALP. An agency must pay for the criminal background check of employees. The agency must verify the references of all individuals that provideALP and maintain at least three written references. The agency must verify the experience of the staffthat is employed for ALP. An agency shall have adequate liability insurance.

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

The OSA is overseen by the SMA

**Frequency of Verification:** 

Initially and at least every three years	
Appendix C: Participant Services	
C-1/C-3: Service Specification	
State laws, regulations and policies referenced in the specific the Medicaid agency or the operating agency (if applicable). Service Type:	eation are readily available to CMS upon request through
Other Service	
As provided in 42 CFR §440.180(b)(9), the State requests the	e authority to provide the following additional service not
specified in statute. Service Title:	
Engineering Annual Annual Liter Adopted	
Environmental Accessibility Adaptations	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
14 Equipment, Technology, and Modifications	14020 home and/or vehicle accessibility adaptations
Category 2:	Sub-Category 2:
14 Equipment, Technology, and Modifications	14031 equipment and technology
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new waive	r that replaces an existing waiver. Select one:
$^{ extsf{O}}$ Service is included in approved waiver. There i	•
Service is included in approved waiver. The ser	vice specifications have been modified.
O Service is not included in the approved waiver.	

 $\textbf{Service Definition} \ (Scope):$ 

Those physical adaptations to the home, required by the child's plan of care, which are necessary to ensure the health, welfare, and safety of the individual or which enable the child to function with greater independence in the home, and without which the child would require institutionalization. Such adaptations may include alarms or locks on windows, doors, and fences, protective padding on walls or floors, Plexiglas on windows, outside gates and fences, brackets for appliances, raised electrical switches and sockets, and safety screen doors which are necessary for the welfare of the child. Window locks may only be used if there is no other way to prevent a child's rapid movement into a potentially dangerous situation. With the added safety precautions, it must be assured that the househas enough exits so there are not fire or safety concerns. Several rooms may be secured, not the whole house. As appropriate, the adaptations must be approved by the fire department as meeting the fire safety code. Excluded are those adaptations or improvements to the home which are of general utility, and are not of direct medical or remedialbenefit to the child, such as decks, roof repair, central air conditioning, etc. Adaptations which add to the total squarefootage of the home are excluded from this benefit. All services shall be provided in accordance with applicable State or local building codes.

Children who have a documented history of eloping, escaping, wandering, running away, or who have a sleep disturbance identified by a licensed psychologist or certified school psychologist that is an employee of the local school system or contracted by SMA or OSA licensed psychologist, licensed clinical social worker, licensed clinical professional counselor, certified school psychologist, or approved service coordinator employed or contracted by the local lead agency, the local education agency, the State, or the State's designee may be eligible for a personal tracking device and the costs of monitoring.

Prior to accessing waiver funding all other available and appropriate funding sources, including but not limited to those offered by Maryland Medicaid State Plan, Durable Medical Equipment, Early and Periodic Screening, Diagnostic and Treatment (EPSDT), State Department of Education, and Department of Human Services, must be explored and exhausted to the extent applicable. These efforts must be documented.

#### Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Preauthorization by the Maryland State Department of Education (MSDE) is required. Expenditures are capped at \$2,000 per person over 36 months.

Physical Environmental Accessibility Adaptations may only be provided in a child's private residence, with Medicaid as the payer of last resort.

The services under the waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

**Service Delivery Method** (check each that applies):

Ш	Participant-directed as specified in Appendix E
	Provider managed

**Specify whether the service may be provided by** (check each that applies):

Legally Responsible Person	
Relative	
Legal Guardian	

#### **Provider Specifications:**

<b>Provider Category</b>	Provider Type Title
Agency	Environmental Accessibility Adaptations
Individual	Environmental Accessibility Adaptations

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

#### Service Name: Environmental Accessibility Adaptations

**Provider Category:** 

Agency

**Provider Type:** 

Environmental Accessibility Adaptations

#### **Provider Qualifications**

**License** (specify):

If construction is involved, provider must have the appropriate State license and be appropriately and adequately bonded as a contractor or builder as defined in COMAR 10.09.56.09D.

To provide this service the provider shall:

- 1) Be the store, vendor, contractor, or builder from which the adaptation is purchased;
- 2) Be able to install the adaptation, if necessary;
- 3) Be able to service or maintain the adaptation, as necessary; and
- 4) If construction is involved:
- a) Have the appropriate State license as a contractor or builder; and
- b) Be appropriately and adequately bonded.

Certificate (specify):

N/A

## Other Standard (specify):

COMAR 10.09.56, Maryland's Autism Waiver regulations

Provider is required to attend an orientation session provided by the OSA prior to approval to provide services.

The environmental accessibility adaptations shall be preauthorized in the participant's plan of care and by the OSA.

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

The OSA is overseen by the SMA

**Frequency of Verification:** 

Initially and at least every three years

## **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Environmental Accessibility Adaptations

**Provider Category:** 

Individual

**Provider Type:** 

**Environmental Accessibility Adaptations** 

## **Provider Qualifications**

**License** (specify):

If construction is involved, provider must have the appropriate State license and be appropriately and adequately bonded as a contractor or builder as defined in COMAR 10.09.56.09D.

To provide this service the provider shall:

- 1) Be the store, vendor, contractor, or builder from which the adaptation is purchased;
- 2) Be able to install the adaptation, if necessary;
- 3) Be able to service or maintain the adaptation, as necessary; and
- 4) If construction is involved:
- a) Have the appropriate State license as a contractor or builder; and
- b) Be appropriately and adequately bonded.

## Certificate (specify):

N/A

#### Other Standard (specify):

COMAR 10.09.56, Maryland's Autism Waiver regulations

Provider is required to attend an orientation session provided by the OSA prior to approval to provide services.

The environmental accessibility adaptations shall be preauthorized in the participant's plan of care and by the OSA.

#### **Verification of Provider Qualifications**

## **Entity Responsible for Verification:**

The OSA is overseen by the SMA

#### **Frequency of Verification:**

Initially and at least every three years

## **Appendix C: Participant Services**

## C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

#### **Service Type:**

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### **Service Title:**

Family Consultation

## **HCBS Taxonomy:**

Category 1:

**Sub-Category 1:** 

09 Caregiver Support	09020 caregiver counseling and/or training
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
plete this part for a renewal application or	a new waiver that replaces an existing waiver. Select one:
• Service is included in approved wa	iver. There is no change in service specifications.
O Service is included in approved wa	iver. The service specifications have been modified.
O Service is not included in the appro	oved waiver.

**Service Definition** (Scope):

Family consultation shall be provided as identified within the waiver participant's person-centered service plan, also known as the plan of care. Individualized family consultation services shall be provided as specified in the family consultation treatment plan, and:

- (1) Shall be based on family-oriented goals to benefit the participant;
- (2) Shall be provided to one family at a time;
- (3) May not include advocacy regarding a participant's IEP; and
- (4) May not include training and supervision of direct care workers.

A participant's family shall be trained by a qualified licensed or certified professional to provide intensive one- on- one interventions with the participant and may be instructed in the treatment regimens, behavior intervention and modeling, skills training, and use of equipment including communication devices specified in the participant's Autism Waiver treatment plan. The family shall be provided with updates as necessary to maintain the participant safely at home and shall be present to receive family consultation services.

A participant's family shall receive in-person, individualized, hands-on training, as necessary for the participant, in providing the habilitation. The participant's family shall receive consultation to assist the participant to acquire, retain, or improve skills in a wide variety of areas, including communication skills that directly affect the participant's development and ability to reside as independently as possible.

The participant's family shall receive support to assist the participant in identifying and responding to dangerous or threatening situations, making decisions and choices affecting the participant's life, and initiating changes in living arrangements or life activities, as appropriate.

The participant's family shall receive support to assist the participant with appropriate expression of emotions and desires, compliance, assertiveness, acquisition of socially appropriate behaviors, and the reduction of inappropriate behaviors.

The participant's family shall receive instruction to assist the participant, as appropriate, in:

- (a) Dressing;
- (b) Eating;
- (c) Personal hygiene;
- (d) Functional communication
- (e) Self-administration of medications;
- (f) Proper use of appliances and adaptive or assistive devices;
- (g) Home safety;
- (h) First aid; and
- (i) Emergency procedures.

The participant's family shall receive consultation, facilitating the participant's involvement in family and community activities and establishing relationships with siblings and peers, which may include:

- (a) Assisting the participant to identify activities of interest;
- (b) Arranging for participation in those activities; and
- (c) Identifying specific activities necessary to assist the participant's involvement in those activities on an ongoing basis.

The participant's family shall receive consultation to assist the participant with:

- (a) Enhancing movement within the participant's living arrangement;
- (b) Mastering the use of adaptive aids and equipment; and
- (c) Accessing and using public transportation, independent travel, or other movement within the community.

The participant's family shall receive consultation to assist the participant with:

- (a) Handling personal finances;
- (b) Making purchases; and

(c) Meeting personal financial obligations.

The service and supervision of this service may also be provided via virtual supports using the following guidelines:

1. Virtual supports is an electronic method of service delivery used to maintain or improve a participant's functional abilities, enhance interactions, support meaningful relationships, promote the ability to live independently and meaningfully participate in their community, and creates an opportunity for services to be provided to participants and their families in areas with limited resources.

- 2. Virtual supports ensure the participant's rights of privacy, dignity and respect, and freedom from coercion and restraint.
- 3. Direct support can be provided via virtual supports provided that the virtual supports meet all of the following requirements:
  - a. The virtual supports do not isolate the participant from integration in the community or interacting with people without disabilities.
  - b. The use of virtual supports to provide direct support is based on the participant/family's preferences, has been agreed to by the participant/family and their team and is outlined in the family treatment plan;
  - c. Virtual supports will not be used for the provider's convenience. The virtual supports must be used to support a participant to reach identified outcomes in the participant's treatment plan;
  - d. The use of virtual supports must be documented per State requirements, policies, guidance, and regulations for daily contact notes. The service delivery method (e.g., Skype, Zoom, Facetime, telephonic, or in person direct support) must also be identified.
  - e. Text messaging and emailing do not constitute virtual supports.
  - f. The virtual supports must comply with the requirements of the Health Insurance Portability and Accountability Act of 1996 (HIPAA), as amended by the Health Information Technology for Economic and Clinical Health (HITECH) Act, and their applicable regulations to protect the privacy and security of the participant's protected health information.
  - g. This Waiver program service may not be provided entirely via virtual supports. Virtual supports may supplement in-person direct supports.
  - h. The provider must develop, maintain, and enforce written policies, approved by MSDE, which address:
  - i. How the provider will ensure the participant's rights of privacy, dignity and respect, and freedom from coercion and restraint;
- ii. How the provider will ensure the virtual supports used meets applicable information security standards; and iii. How the provider will ensure its provision of virtual supports complies with applicable laws governing individuals' right to privacy.
- i. The provider must train staff on those policies, and advise participants and their families regarding the policies that address participant's needs, including health and safety, can be addressed safely via virtual supports;
- j. The virtual supports meet all federal and State requirements, policies, guidance, and regulations.
- k. The provider is responsible for ensuring that using virtual supports is accessible to the participant and that they can use audio visual platforms to access virtual support services prior to initiation of virtual -services. The provider will provide in person training to the participant and their family to help the participant learn to use the required technology until they are able to access the platform independently.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Family consultation is limited to 40 hours in a calendar year. In addition, family consultation	on may not be used in
support of or advocacy for Individuals with Disabilities Education Act services.	

The services under the waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.

<b>Service Delivery Method</b> (check each that applies):	
Participant-directed as specified in Appendix E	
⊠ Provider managed	
Specify whether the service may be provided by (check each that app	olies):
Legally Responsible Person	
Relative	
Legal Guardian	
<b>Provider Specifications:</b>	

<b>Provider Category</b>	Provider Type Title
Individual	Family Consultant
Agency	<b>Family Consultation Agency</b>

# C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Family Consultation

**Provider Category:** 

Individual

**Provider Type:** 

Family Consultant

# **Provider Qualifications**

**License** (specify):

Family Consultant must hold any of the following licenses:

psychologist;

social worker;

nurse psychotherapist; speech therapist; professional counselor; occupational therapist; or marriage and family therapist.

Certificate (specify):

Family Consultants must have the following certifications:

school psychologist;

special educator;

board certified behavior analyst.

Other Standard (specify):

An individual with a master's or doctorate degree from an accredited university in Special Education or a related field and have at least 5 years' experience providing training or consulting in the area of autism spectrum disorder; and the provider shall have training and at least 2 years of experience, which:

- (1) Is relevant to the family's needs;
- (2) Is related to behavior intervention or how to keep the child safe in the home environment; and
- (3) Was involved with providing services to children with autism spectrum disorder as a service provider or as a family member.

Per State Medicaid Regulations, COMAR 10.09.56, the provider is required to attend an initial provider training session provided by the OSA and SMA prior to approval to provide services and at least one ongoing provider training session annually thereafter.

The individual must maintain a copy of his/her qualifications or transcript documenting that the required degree was obtained for providing family consultation.

An individual must pay for the criminal background check. The individual must verify the references to OSA. The individual must submit a resume with their experience providing family consultation to OSA.

The individual shall develop a plan with goals and interventions and submit the plan to the participant's service coordinator within 30 calendar days of initiation of service delivery, at least annually thereafter, or more frequently if the consultation plan changes. The individual shall demonstrate the capability and capacity of providing family consultation services by submitting documentation of experience and a written implementation plan.

In addition, the individual shall maintain family consultation contact logs completed on the same day the service is provided that are reflective of the family consultation plan goals and activities. The individual shall maintain and make available for review by the State, documentation of the 6-month review and update the status relative to each goal in the family consultation plan.

#### **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

The OSA is overseen by the SMA

**Frequency of Verification:** 

Initially and at least every three years

# **Appendix C: Participant Services**

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Family Consultation

**Provider Category:** 

Agency

**Provider Type:** 

Family Consultation Agency

**Provider Qualifications** 

**License** (specify):

Family consultation agencies shall employ individuals with one of the following licenses:

psychologist;

social worker;

nurse psychotherapist;

speech therapist;

professional counselor;

occupational therapist; or

marriage and family therapist.

#### Certificate (specify):

Family consultation agencies shall employ individuals with one of the following certifications:

school psychologist;

special educator; or

board certified behavior analyst.

#### Other Standard (specify):

An individual with a master's or doctorate degree from an accredited university in Special Education or a related field and have at least five years of experience providing training or consulting in the area of autism spectrum disorder; and the provider shall have training and at least two years of experience, which:

- (1) Is relevant to the family's needs;
- (2) Is related to behavior intervention or how to keep the child safe in the home environment; and
- (3) Was involved with providing services to children with autism spectrum disorder as a service provider or as a family member.

The provider is required to attend an initial provider training session provided by the OSA and SMA prior to approval to provide services and at least one ongoing provider training session annually thereafter. The agency shall maintain current, written and signed contracts with all contractors providing family consultation on behalf of the provider that include: (1) the scope of services to be performed; (2) the requirement to comply with all applicable Medicaid regulations; (3) written documentation of service delivery expectations; (4) a clause that no monies shall be sought from the waiver participant or the participant's family if the contract is breached by either the provider or contractor. Additionally, the agency must maintain a copy of the individual's qualifications or transcript stating that the required degree was obtained for each person providing family consultation.

An agency must pay for the criminal background check of employees. The agency must verify the references of all individuals that provide family consultation and maintain at least three written references. The agency must verify the experience of the staff that is employed for family consultation.

The provider shall develop a plan with goals and interventions and submit the plan to the participant's service coordinator within 30 calendar days of initiation of service delivery, at least annually thereafter, or more frequently if the consultation plan changes. The provider shall demonstrate the capability and capacity of providing family consultation services by submitting documentation of experience and a written implementation plan.

In addition, the provider shall maintain family consultation contact logs, completed on the same day the service is provided, that are reflective of the family consultation plan goals and activities. The provider shall maintain, and make available for review by the State, documentation of the 6-month review and update the status relative to each goal in the family consultation plan.

#### **Verification of Provider Qualifications**

#### **Entity Responsible for Verification:**

The OSA is overseen by the SMA

#### **Frequency of Verification:**

Initially and at least	every three years
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# C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

## **Service Type:**

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

#### **Service Title:**

Intensive Individual Support Services

#### **HCBS Taxonomy:**

Category 1:	Sub-Category 1:
08 Home-Based Services	08010 home-based habilitation
Category 2:	Sub-Category 2:
10 Other Mental Health and Behavioral Services	10040 behavior support
Category 3:	Sub-Category 3:
10 Other Mental Health and Behavioral Services	10030 crisis intervention
Category 4:	Sub-Category 4:
10 Other Mental Health and Behavioral Services	10090 other mental health and behavioral services

**O** Service is included in approved waiver. There is no change in service specifications.

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:

- O Service is included in approved waiver. The service specifications have been modified.
- O Service is not included in the approved waiver.

**Service Definition** (Scope):

Intensive individual support services (IISS) provide intensive, one-on-one assistance based on the child's need for interventions and support. IISS is goal and task-oriented and intended to prevent or defuse crisis; promote developmental and social skills growth; provide the child with behavior management skills; give a sense of security and safety to the child; assist the child with maintaining self-sufficiency and impulse control; improve the child's positive self-expression and interpersonal communication; improve the child's ability to function and cooperate in the home and community; reverse negative behaviors and attitudes; and foster stabilization. These services use the home and community environment as a learning experience and as an opportunity to illustrate and model alternativeways of behaving for the child.

The child is supported in achieving successful home and community living through structured support, reinforcement, modeling, and behavior management. The specific services include one-on-one support, assistance, oversight, and intervention; time-structuring activities; immediate behavioral reinforcements; timeout strategies; crisis intervention techniques; and additional services as prescribed in the child's Individualized Treatment Plan. The child is supported in achieving successful home and community living through structured support, reinforcement, modeling, and behavior management. The services may include providing transportation and accompanying the child to community activities, as necessary and consistent with the waiver treatment plan. IISS providers are required to collaborate with the child's family, providers of other waiver services, and other appropriate professionals working with the child in the home or other community/non-institutional settings.

IISS may be long term and must be authorized by the team who develops the waiver plan of care, which must be approved by the OSA. An individualized treatment plan that identifies goals, tasks, and interventions to be implemented by the technician is required. The child's IISS program is developed based on the needs of the child. These services use the home and community environment as a learning experience and as an opportunity to illustrate and model alternative ways of behaving for the child.

The service and supervision of this service may also be provided via virtual supports using the following guidelines:

1. Virtual supports is an electronic method of service delivery used to maintain or improve a participant's functional abilities, enhance interactions, support meaningful relationships, promote the ability to live independently and meaningfully participate in their community, and creates an opportunity for services to be provided to participants and their families in areas with limited resources.

- 2. Virtual supports ensure the participant's rights of privacy, dignity and respect, and freedom from coercion and restraint.
- 3. Direct support can be provided via virtual supports provided that the virtual supports meet all of the following requirements:
- a. The virtual supports do not isolate the participant from integration in the community or interacting with people without disabilities.
- b. The use of virtual supports to provide direct support is based on the participant/family's preferences, has been agreed to by the participant/family and their team and is outlined in the participant's treatment plan;
- c. Virtual supports will not be used for the provider's convenience. The virtual supports must be used to support a participant to reach identified outcomes in the participant's treatment plan;
- d. The use of virtual supports must be documented per State requirements, policies, guidance, and regulations for daily contact notes. The service delivery method (e.g., Skype, Zoom, Facetime or in person direct support) must also be identified.
- e. Text messaging, telephonic communication, and emailing do not constitute virtual supports.
- f. The virtual supports must comply with the requirements of the Health Insurance Portability and Accountability Act of 1996 (HIPAA), as amended by the Health Information Technology for Economic and Clinical Health (HITECH) Act, and their applicable regulations to protect the privacy and security of the participant's protected health information.
- g. This Waiver program service may not be provided entirely via virtual supports. Virtual supports may supplement in-person direct supports.
- h. The provider must develop, maintain, and enforce written policies, approved by MSDE, which address:
- i. How the provider will ensure the participant's rights of privacy, dignity and respect, and freedom from coercion and restraint;
- ii. How the provider will ensure the virtual supports used meets applicable information security standards; and iii. How the provider will ensure its provision of virtual supports complies with applicable laws governing individuals' right to privacy.
- i. The provider must train staff on those policies, and advise participants and their families regarding the policies that address participant's needs, including health and safety, can be addressed safely via virtual supports;
- j. The virtual supports meet all federal and State requirements, policies, guidance, and regulations.
- k. The provider is responsible for ensuring that using virtual supports is accessible to the participant and that they can use audio visual platforms to access virtual support services prior to initiation of virtual -services. The provider/2 1/2022 will provide in person training to the participant and their family to help the participant learn to use the required technology until they are able to access the platform independently.

**Provider Type Title** 

Intensive Individual Support Service

**Provider Category** 

Agency

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IISS is limited to 25 hours per week, with a maximum of eight hours per day. IISS may not be provided at the same time as other waiver services except family consultation. Waiver services cannot be provided while the participant is in a setting that provides inpatient treatment; on the grounds of, or immediately adjacent to, a public institution; these settings can include, but are not limited to:
1) Hospitals:
<ol> <li>Hospitals;</li> <li>Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID);</li> </ol>
3) Institution for Mental Disease (IMD);
4) Nursing Facilities; and
5) Urgent Care Facilities.
The services under the waiver are limited to additional services not otherwise covered under the state plan, including EPSDT, but consistent with waiver objectives of avoiding institutionalization.
Service Delivery Method (check each that applies):
Participant-directed as specified in Appendix E
X  Provider managed
Specify whether the service may be provided by (check each that applies):
Legally Responsible Person
Relative
Legal Guardian
Provider Specifications:

# C-1/C-3: Provider Specifications for Service

**Service Type: Other Service** 

Service Name: Intensive Individual Support Services

#### **Provider Category:**

Agency

**Provider Type:** 

Intensive Individual Support Service

## **Provider Qualifications**

**License** (specify):

Agencies must employ individuals with one of the following licenses:

licensed psychologist;

licensed certified social worker; or

licensed professional counselor.

Certificate (specify):

Agencies must employ individuals with one of the following certifications:

certified school psychologist;

certified special educator; or

board certified behavioral analyst.

Other Standard (specify):

Agencies must employ individuals with a master's or doctorate degree in Special Education or a related field and five years' experience in providing training or consultation in autism spectrum disorder or other developmental disabilities. In addition, there must be at least one professional on-call at all times for crisis intervention who meet the professional requirements of COMAR 10.09.56. Provider is required to attend an initial provider training session provided by the OSA and SMA prior to approval to provide services and at least one ongoing provider training session annually thereafter.

The agency shall maintain current, written and signed contracts with all contractors providing Intensive Individual Support Services on behalf of the provider that include: (1) the scope of services to be performed; (2) the requirement to comply with all applicable Medicaid regulations; (3) Written documentation of service delivery expectations; (4) a clause that no monies shall be sought from the waiver participant or the participant's family if the contract is breached by either the provider or contractor.

Additionally, the agency must maintain a copy of the required credentials for each person providing IISS. The IISS worker must be at least 18 years of age and receive adequate and appropriate training within sixty days of employment and annually thereafter. The training must focus on the care for children with autism spectrum disorder including abuse, neglect, exploitation, positive behavioral interventions, restraints, reportable events and HIPAA. This worker must have a minimum of 100 hours of volunteer or employment experience working with children with autism spectrum disorder or other developmental disabilities as a service provider or as a family member. An agency must pay for the criminal background check of employees. The agency must verify the references of all individuals that provide IISS and maintain at least three written references. The agency must verify the experience of the staff that is employed for IISS. An agency must assure the supervision of direct care workers by an appropriately qualified individual and maintain at least one on-call qualified professional at all times for crisis intervention. An agency shall have adequate liability insurance.

State Medicaid regulations, COMAR 10.09.56 also require that providers demonstrate the capability and capacity of delivering IISS by submitting documentation of experience and a written implementation plan which includes at a minimum policies and procedures regarding:

- (1) Abuse, neglect, and exploitation;
- (2) Positive behavior interventions and restraints;
- (3) Implementation of treatment plans:
- (4) Emergency backup plans;
- (5) Transportation of participants;
- (6) Maintenance of required documentation;
- (7) Training and supervision of staff;
- (8) Quality assurance; and
- (9) HIPAA

Providers will assure the provision of services in the least restrictive environment in the community that is appropriate to a participant's needs. Providers will document arrangements to obtain medical services for participants in an emergency. In addition, providers are required to deliver the treatment plan to the participant's service coordinator within 30 calendar days of initiation of service, at least annually thereafter, or more frequently if the treatment plan changes. Additional requirements include:

- Maintaining daily contact logs completed on the same day the service is provided and reflective of treatment plan goals and activities; and
- Maintaining and making available for review by the State, documentation of the six-month review and update of each participant's status relative to each goal in the intensive individual support services treatment plan.

Any waiver service provider who is responsible for transporting a child shall ensure they have a valid driver's license and automobile liability insurance.

Verification of Provider Qualifications Entity Responsible for Verification:

The OSA is overseen by the SMA		
Frequency of Verification:		
Initially and at least every three years		

# C-1/C-3: Service Specification

1	ification are readily available to CMS upon request through
the Medicaid agency or the operating agency (if applicable	e).
Service Type:	
Other Service	
	the authority to provide the following additional service not
specified in statute.	
Service Title:	
Therapeutic Integration	
HCBS Taxonomy:	
Category 1:	Sub-Category 1:
11 Other Health and Therapeutic Services	11130 other therapies
Category 2:	Sub-Category 2:
Category 3:	Sub-Category 3:
Category 4:	Sub-Category 4:
Complete this part for a renewal application or a new wai	iver that replaces an existing waiver. Select one:
O Service is included in approved waiver. Ther	e is no change in service specifications.
Service is included in approved waiver. The	service specifications have been modified.
O Service is not included in the approved waive	

**Service Definition** (Scope):

Therapeutic integration (TI) services are available as a structured program of therapeutic activities based on the child's need for intervention and support. TI focuses heavily on goal driven expressive therapies and therapeutic recreational activities for development of the child's communication and social skills, enhancement of self-esteem, improved peer interaction, and behavior management as important components. TI services are appropriate for children and adolescents who are identified to have challenges with socialization, isolation, hyperactivity, impulse control, and behavior. The child's TI program shall include socialization groups and one or more of the following expressive therapies as appropriate: art therapy, music therapy, dance therapy, and activity therapy as part of the TI reimbursable service. Individual or group counseling as well as activities for building self-esteem may also be included. A daily session is a minimum of one hour and a maximum of six hours for those children who are identified to need a therapeutic program in their waiver plan of care.

TI services are not education but are therapeutic and habilitative. TI is not supervised recreation and must be guided by each child's individual treatment plan. They must be culturally competent and congruent with the specific cultural norms of the child or adolescent. Transportation services to and from the TI location may be provided with the time of the transportation included as part of the allowable one to six hours daily. Additional reimbursement is not available for transporting the child. TI providers must be able to provide therapeutic intervention and therapeutic recreation services, behavioral management, and planning for crises with the child during a session. Coordination must be assured with the child's other waiver providers, service coordinator for the Autism Waiver, and other professionals working with the child.

Two services levels are available depending on the needs of the child, intensive or regular. Up to 20 hours can be billed for regular TI and up to 15 hours for intensive TI in a seven-day period.

The higher level is intensive TI services, or one-to-one, and is available as a structured program of therapeutic activities based on the child's need for a more focused and individualized approach to intervention and support. The intensive level is appropriate for children and adolescents who have challenges with socialization, isolation, hyperactivity, impulse control, behavior, and are not ready to engage in activities with peers. Intensive TI focuses heavily on expressive therapies and therapeutic recreational activities with fewer competing distractions then regular TI services. This service involves highly structured integration techniques that are administered on a one-to-one basis by a trained technician. The treatment plan for intensive TI identifies specific therapeutic activities for transition to regular TI based on the child's needs.

Regular TI focuses on expressive therapies and therapeutic recreational activities. At this level, the intent is development of the child's communication and social skills, enhancement of self-esteem, improved peer interaction, and behavior management. Important components of regular TI are reducing self- stimulatory and aggressive behaviors, teaching imitation responses needed for TI, and promoting appropriate interaction or play.

All TI services require an on-site supervisor for the direct care workers who is:

- (1) A licensed psychologist;
- (2) A certified school psychologist;
- (3) A certified special educator;
- (4) A licensed certified social worker;
- (5) A licensed professional counselor;
- (6) A board-certified behavioral analyst;
- (7) A licensed or certified as a music, art, drama, dance, or recreation therapist; or
- (8) An individual with a master's or doctorate degree in Special Education or a related field and at least 3 years' experience in providing training or consultation in the area of autism spectrum disorder or other developmental disabilities.

The provider shall employ or contract with certain professionals for consultation and have at least one professional on call at all times for crisis intervention in accordance with COMAR 10.09.56.04G(1) and (2).

The service and supervision of this service may also be provided via virtual supports using the following guidelines:

1. Virtual supports is an electronic method of service delivery used to maintain or improve a participant's functional abilities, enhance interactions, support meaningful relationships, promote the ability to live independently and meaningfully participate in their community, and creates an opportunity for services to be

provided to participants and their families in areas with limited resources.

- 2. Virtual supports ensure the participant's rights of privacy, dignity and respect, and freedom from coercion and restraint.
- 3. Direct support can be provided via virtual supports provided that the virtual supports meet all of the following requirements:
- a. The virtual supports do not isolate the participant from integration in the community or interacting with people without disabilities.
- b. The use of virtual supports to provide direct support is based on the participant/family's preferences, has been agreed to by the participant/family and their team and is outlined in the participant's treatment plan;
- c. Virtual supports will not be used for the provider's convenience. The virtual supports must be used to support a participant to reach identified outcomes in the participant's treatment plan;
- d. The use of virtual supports must be documented per State requirements, policies, guidance, and regulations for daily contact notes. The service delivery method (e.g., Skype, Zoom, Facetime, or in person direct support) must also be identified.
- e. Text messaging, telephonic communication, and emailing do not constitute virtual supports.
- f. The virtual supports must comply with the requirements of the Health Insurance Portability and Accountability Act of 1996 (HIPAA), as amended by the Health Information Technology for Economic and Clinical Health (HITECH) Act, and their applicable regulations to protect the privacy and security of the participant's protected health information.
- g. This Waiver program service may not be provided entirely via virtual supports. Virtual supports may supplement in-person direct supports.
- h. The provider must develop, maintain, and enforce written policies, approved by MSDE, which address:
  - i. How the provider will ensure the participant's rights of privacy, dignity and respect, and freedom from coercion and restraint;
  - ii. How the provider will ensure the virtual supports used meets applicable information security standards; and
  - iii. How the provider will ensure its provision of virtual supports complies with applicable laws governing individuals' right to privacy.
- i. The provider must train staff on those policies, and advise participants and their families regarding the policies that address participant's needs, including health and safety, can be addressed safely via virtual supports;
- j. The virtual supports meet all federal and State requirements, policies, guidance, and regulations.
- k. The provider is responsible for ensuring that using virtual supports is accessible to the participant and that they can use audio visual platforms to access virtual support services prior to initiation of virtual services. The provider will provide in person training to the participant and their family to help the participant learn to use the required technology until they are able to access the platform independently.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

A child may receive a minimum of one—half hour and a maximum of six hours on any day of TI or ITI ser RegularTI may not exceed 20 hours in a seven-day period. Intensive TI may not exceed 15 hours in a seven-day period.					
Intensive TI and regular TI service may not be rendered at the same time to a child. A child may receive e regular or intensive TI but not both inin the same seven-day period. Each TI service will have a separate procedurecode and rate.					
The services under the waiver are limited to additional services not otherwise covered under the state including EPSDT, but consistent with waiver objectives of avoiding institutionalization.					
Service Delivery Method (check each that applies):					
Participant-directed as specified in Appendix E					
▼ Provider managed					
Specify whether the service may be provided by (check each that applies):					
Legally Responsible Person					
Relative					
☐ Legal Guardian  Provider Specifications:					
Frovider Specifications:					
Provider Category Provider Type Title					
Agency Therapeutic Integration					
Appendix C: Participant Services					
C-1/C-3: Provider Specifications for Service	-				
Service Type: Other Service					
Service Name: Therapeutic Integration	-				
Provider Category:					
Agency					
Provider Type:					
Therapeutic Integration	7				
Provider Qualifications	_				
License (specify):					
Agencies must employ any of the following individuals:	1				
licensed psychologist;					
licensed certified social worker;					
licensed professional counselor; or					
licensed music, art, drama, dance, or recreational therapist.					
Certificate (specify):					
Agencies must employ any of the following individuals:	1				
Holds a Maryland certificate as a special education supervisor, principal, or special educator;					
certified school psychologist;					
Board certified behavior analyst; or					
Certified music, art, drama, dance, or recreation therapist.					
Other Standard (specify):					

As per State Medicaid regulations, COMAR 10.09.56, the agency must employ individuals with a master's or doctorate degree in Special Education or related field and at least three years' experience in providing training or consultation in the area of autism spectrum disorder or other developmental disabilities. Provider is required to attend an initial provider training session provided by the OSA prior to approval to provide services and at least one ongoing provider training session and annually thereafter.

The agency shall maintain current, written and signed contracts with all contractors providing TI on behalf of the provider that include: (1) the scope of services to be performed; (2) the requirement to comply with all applicable Medicaid regulations; (3) written documentation of service delivery expectations; (4) a clause that no monies shall be sought from the waiver participant or the participant's family if the contract is breached by either the provider or contractor. Additionally, the agency must maintain a copy of the required credentials for each person providing TI services. The TI worker must be at least 18 years of age and receive adequate and appropriate training within sixty days of employment and annually thereafter. The training must focus on the care for children with autism spectrum disorder including abuse, neglect, exploitation, positive behavioral interventions, restraints, reportable events and HIPAA. This worker must have a minimum of 100 hours of volunteer or employment experience working with children with autism spectrum disorder or other developmental disabilities as a service provider or as a family member. An agency must pay for the criminal background check of employees. The agency must verify the references of all individuals that provide TI services and maintain at least three written references. The agency must verify the experience of the staff that is employed for TI service. An agency must assure the supervision of direct care workers by an appropriately qualified individual and maintain at least one on-call qualified professional at all times for crisis intervention. An agency shall have adequate liability insurance.

The agency shall demonstrate the capability and capacity of providing TI services by submitting documentation of experience and a written implementation plan which includes at a minimum policies and procedures regarding:

- (1) Abuse, neglect, and exploitation;
- (2) Positive behavior interventions and restraints;
- (3) Implementation of treatment plans;
- (4) Emergency backup plans;
- (5) Transportation of participants;
- (6) Maintenance of required documentation;
- (7) Training and supervision of staff;
- (8) Quality assurance; and
- (9) HIPAA

The agency shall document arrangements to obtain medical services for participants in an emergency. For initial approval and as a condition of occupancy of any facility used by the program, the agency shall submit written documentation from responsible approval or licensing authorities verifying that the facility is following applicable health, fire safety, and zoning regulations. In addition, the agency will maintain approval, written documentation of compliance with applicable health, fire safety, and zoning regulations as a condition of occupancy of any facility used by the program. The provider shall develop and deliver the treatment plan to the participant's service coordinator within 30 calendar days of initiation of service and at least annually or more frequently if the treatment plan changes. Providers are responsible for maintaining daily contact logs completed on the same day the service is provided and reflective of individual plan goals and activities. They shall maintain and make available for review by the State, documentation of the six-month review and update of each participant's status relative to each goal in the therapeutic integration treatment plan.

## **Verification of Provider Qualifications**

**Entity Responsible for Verification:** 

The OSA is overseen by the SMA

**Frequency of Verification:** 

Initially and at least every three years.

# C-1: Summary of Services Covered (2 of 2)

b. Prov	vision of Case Management Services to Waiver Participants. Indicate how case management is furnished to waiver
	cipants (select one):
0	Not applicable - Case management is not furnished as a distinct activity to waiver participants.
	Applicable - Case management is furnished as a distinct activity to waiver participants.  Check each that applies:
	As a waiver service defined in Appendix C-3. Do not complete item C-1-c.
	As a Medicaid state plan service under §1915(i) of the Act (HCBS as a State Plan Option). Complete item C-1-c.
	As a Medicaid state plan service under §1915(g)(1) of the Act (Targeted Case Management). Complete item C-1-c.
	As an administrative activity. Complete item C-1-c.
	As a primary care case management system service under a concurrent managed care authority. Complete item C-1-c.
	very of Case Management Services. Specify the entity or entities that conduct case management functions on behalf aiver participants:
	e management services are provided by service coordination employees of the local school system, or the local school em will contract with a private provider of service coordination.
have waiv deve	individuals in the Home and Community-Based Services Waiver for Children with Autism Spectrum Disorder will a service coordinator. Responsibilities of the service coordinator include explaining the following to the family: the ver services, parent(s) right and responsibilities, the freedom of choice, appeal rights, risk assessment and the elopment of the plan of care, and the level of care. The service coordinator ensures that services are initiated within tired time frames; and contributes to the ongoing monitoring of the implementation of the plan of care.
Auti	ism Waiver service coordination is intended to:
(1) waiv	Assist a waiver participant in gaining access to the Autism Waiver services approved in the waiver participant's ver plan of care;
(2)	Assure coordination of the waiver participant's Autism Waiver services with other services received by the waiver
(3) (a) (b)	Assure that the waiver participant's full range of needs are adequately met, so as to assure the individual's:  Appropriate placement in the community;  Health and safety;
(c) (d)	Quality of care; and Access to authorized, necessary services.
Qua	lifications to provide case management under the Autism Waiver include:
1) 2) 3) Wai	One year of relevant training or experience; A bachelor's degree; or higher in Social Work or a related human services field such as Special Education; and At least five hours of initial training on the Autism Waiver offered by the SMA and OSA before rendering Autism ver service coordination.
direc	itionally, annual training is required on the Autism Waiver to include: reportable events, abuse and neglect; policy ctives, quality assurance, compliance, initial and annual certification process, and risk assessment. Additional nical assistance is provided on specific topics by the OSA as required.

- **a. Criminal History and/or Background Investigations.** Specify the state's policies concerning the conduct of criminal history and/or background investigations of individuals who provide waiver services (select one):
  - O No. Criminal history and/or background investigations are not required.
  - Yes. Criminal history and/or background investigations are required.

Specify: (a) the types of positions (e.g., personal assistants, attendants) for which such investigations must be conducted; (b) the scope of such investigations (e.g., state, national); and, (c) the process for ensuring that mandatory investigations have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid or the operating agency (if applicable):

State regulations require that all providers are cleared through a criminal history and background check. All applicants to provide Medicaid services through the Autism Waiver must receive a state and federal criminal history investigation before approval to provide services is considered. Every provider agency must request a criminal background check on every employee who will work directly with children or families.

- (a) Types of positions: The requirement applies to all technicians for all available services; direct care, volunteers, family consultants and all professional positions including supervisors of direct care technicians, program directors, on-site residential supervisors, on-call nurses, 24-hour on-call professionals for crisis intervention, and professional consultants contracted by provider agencies.
- (b) Scope of investigations: The scope of the investigations is both statewide and national. The federal FBI component of the criminal background check includes a national review for child abuse/neglect offenses.
- (c) Process for ensuring completion of investigations: Only background investigations conducted by the Maryland Department of Public Safety and Correctional Services Criminal Justice Information System (CJIS) are accepted. Background checks include a full criminal investigation of charges filed, arrests, and convictions. The SMA and OSA staff members ensure compliance at three points:
- 1) When reviewing provider applications prior to approval as a Medicaid provider.
- 2) When conducting audits of the provider agencies.
- 3) Through monthly CJIS update reports reflecting all-new employees, all terminated employees, and any change in criminal history status for active employees.

Qualified provider monitoring is conducted by the OSA and the SMA. The monitored provider's personnel files are reviewed to ensure mandatory background checks have been conducted on staff that will have direct contact or direct responsibility for a waiver participant.

- **b. Abuse Registry Screening.** Specify whether the state requires the screening of individuals who provide waiver services through a state-maintained abuse registry (select one):
  - No. The state does not conduct abuse registry screening.
  - O Yes. The state maintains an abuse registry and requires the screening of individuals through this registry.

Specify: (a) the entity (entities) responsible for maintaining the abuse registry; (b) the types of positions for which abuse registry screenings must be conducted; and, (c) the process for ensuring that mandatory screenings have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

## C-2: General Service Specifications (2 of 3)

c. Services in Facilities Subject to §1616(e) of the Social Security Act. Select one:

- O No. Home and community-based services under this waiver are not provided in facilities subject to \$1616(e) of the Act.
- Yes. Home and community-based services are provided in facilities subject to §1616(e) of the Act. The standards that apply to each type of facility where waiver services are provided are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
  - **i. Types of Facilities Subject to §1616(e).** Complete the following table for each type of facility subject to §1616(e) of the Act:

Facility Type	
Required information is contained in response to C-5	

**ii.** Larger Facilities: In the case of residential facilities subject to §1616(e) that serve four or more individuals unrelated to the proprietor, describe how a home and community character is maintained in these settings.

Required information is contained in response to C-5

## **Appendix C: Participant Services**

# **C-2: Facility Specifications**

## **Facility Type:**

Required information is contained in response to C-5

#### Waiver Service(s) Provided in Facility:

Waiver Service	<b>Provided in Facility</b>
Residential Habilitation	×
Respite	
Intensive Individual Support Services	
Therapeutic Integration	
<b>Environmental Accessibility Adaptations</b>	
Family Consultation	
Adult Life Planning	

#### **Facility Capacity Limit:**

Required information is contained in response to C-5

**Scope of Facility Sandards.** For this facility type, please specify whether the state's standards address the following topics (*check each that applies*):

Standard	Topic Addressed
Admission policies	
Physical environment	
Sanitation	
Safety	
Staff: resident ratios	
Staff training and qualifications	
Staff supervision	
Resident rights	
Medication administration	
Use of restrictive interventions	
Incident reporting	
Provision of or arrangement for necessary health services	

C-2: General Service Specifications (3 of 3)

- **d. Provision of Personal Care or Similar Services by Legally Responsible Individuals.** A legally responsible individual is any person who has a duty under state law to care for another person and typically includes: (a) the parent (biological or adoptive) of a minor child or the guardian of a minor child who must provide care to the child or (b) a spouse of a waiver participant. Except at the option of the State and under extraordinary circumstances specified by the state, payment may not be made to a legally responsible individual for the provision of personal care or similar services that the legally responsible individual would ordinarily perform or be responsible to perform on behalf of a waiver participant. *Select one*:
  - No. The state does not make payment to legally responsible individuals for furnishing personal care or similar services.
  - O Yes. The state makes payment to legally responsible individuals for furnishing personal care or similar services when they are qualified to provide the services.

Specify: (a) the legally responsible individuals who may be paid to furnish such services and the services they may provide; (b) state policies that specify the circumstances when payment may be authorized for the provision of *extraordinary care* by a legally responsible individual and how the state ensures that the provision of services by a legally responsible individual is in the best interest of the participant; and, (c) the controls that are employed to ensure that payments are made only for services rendered. *Also, specify in Appendix C-1/C-3 the personal care or similar services for which payment may be made to legally responsible individuals under the state policies specified here.* 

☐ Self-directed

☐ Agency-operated
e. Other State Policies Concerning Payment for Waiver Services Furnished by Relatives/Legal Guardians. Specify state policies concerning making payment to relatives/legal guardians for the provision of waiver services over and above the policies addressed in Item C-2-d. <i>Select one</i> :
• The state does not make payment to relatives/legal guardians for furnishing waiver services.
O The state makes payment to relatives/legal guardians under specific circumstances and only when the relative/guardian is qualified to furnish services.
Specify the specific circumstances under which payment is made, the types of relatives/legal guardians to whom payment may be made, and the services for which payment may be made. Specify the controls that are employed to ensure that payments are made only for services rendered. Also, specify in Appendix C-1/C-3 each waiver service for which payment may be made to relatives/legal guardians.
O Relatives/legal guardians may be paid for providing waiver services whenever the relative/legal guardian is qualified to provide services as specified in Appendix C-1/C-3.
Specify the controls that are employed to ensure that payments are made only for services rendered.
Other policy.
Specify:
-

**f. Open Enrollment of Providers.** Specify the processes that are employed to assure that all willing and qualified providers have the opportunity to enroll as waiver service providers as provided in 42 CFR §431.51:

The public is informed of prospective provider informational workshops through a number of venues:

- Prospective provider fairs;
- Communication with service coordinators, current providers, and Autism Waiver families;
- Announcements at Statewide workshops;
- Sharing this information when interested persons call or email; and
- Publicizing informational workshops on MSDE website and via social media.

The sensitive nature of children with autism requires highly qualified well prepared service providers with substantial experience. The application process does not serve to prepare individuals or agencies to provide services under the Autism Waiver. All applicants must independently demonstrate acceptable capacity and qualifications to provide Autism Waiver services.

Provider enrollment for the Autism Waiver is an open and continuous process. Any qualified provider who undertakes providing home and community-based service and meets specified requirements may be enrolled to provide services. Applicants must attend an informational workshop prior to applying to become an Autism Waiver provider. At this workshop, a provider application and information package is explained and applicable COMAR is reviewed and discussed. The OSA offers additional technical assistance to interested applicants. After attending the workshop, and receiving technical assistance theworkshop, the applicant prospective provider will submit an application packet to the OSA for review of credentials and policies and procedures. The OSA will offer technical assistance as needed and complete a rated interview prior to making a recommendation regarding enrollment. A policy has been developed and implemented establishing timelines for the review by the OSA. If recommended for enrollment, the applicant must submit an application online using Maryland Medicaid's newelectronic provider revalidation and enrollment portal (ePREP). The SMA will review the application for accuracy and forward to the Division of Provider Survey and Training for a site visit and final approval. The SMA will assign the application to the OSA for further review of the provider's application, credentials, and policies and procedures for review. The OSA will complete the review and make a recommendation for SMA to enroll. A policy has been developed and implemented establishing timelines for the review by the OSA. The OSA reviews and recommends providers on a continuous basis.

Potential providers have ready access to information regarding the Autism Waiver. They are issued copies of all regulations and procedures including information concerning conditions for participation, requirements and procedures for application, both general and specific to each service area; and checklists specific to each service present all regulatory and procedural requirements for the application process. Medicaid program transmittals are listed on the MDH website.

In addition to provider qualifications, the following general requirements apply to all providers of waiver services. Any waiver service provider who is responsible for transporting a participant shall ensure the driver has a valid driver's license and automobile liability insurance. The driver must have a copy of the transportation policies and procedures, where applicable, prior to becoming a provider. Each provider must have a process in place for assuring that each staff member with direct contact with children undergoes a criminal background check performed in accordance with the following process.

#### The provider must:

- (1) Submit an application for a state-wide and national criminal history record check to the Criminal Justice Information System Central Repository, Department of Public Safety and Correctional Services, in accordance with Family Law Article, §5-561, Annotated Code of Maryland;
- (2) Request the Department of Public Safety and Correctional Services to send the criminal history report to the agency of employment or to the Department if necessary; and
- (3) Not have been convicted of, received probation before judgment for, or entered a plea of nolo contendere to, a felony or crime involving moral turpitude or have other criminal history that indicated behavior that is potentially harmful to participants.

- (1) Pay for the criminal background check;
- (2) Maintain the original criminal history report for all agency and contracted employees as well as any updated criminal history reports from the Department of Public Safety and Correctional Services in the employee's personnel record; and

(3) Submit monthly Criminal Justice Information System's update reports to the OSA; unless the reports are sent directly to the SMA, in which case, the SMA will maintain the reports.

If an applicant is self-employed, they must:

- (1) Submit an application for a criminal history record check to the Criminal Justice Information System Central Repository, Department of Public Safety and Correctional Services;
- (2) Request the Department of Public Safety and Correctional Services to send the criminal history report to the SMA; which will receive and maintain the updated reports;
- (3) Pay for the criminal background check; and
- (4) Not have been convicted of, received probation before judgment for, or entered a plea of nolo contendere to, a felony or crime involving moral turpitude or have other criminal history that indicated behavior that is potentially harmful to participants.

The applicant shall have the option to request the SMA waive certain provisions of this requirement if the applicant demonstrates that:

- (1) The conviction, probation before judgment, or plea of nolo contendere for a felony or any crime involving moral turpitude was entered more than 10 years before the date of the provider application; and
- (2) The criminal history does not indicate behavior that is potentially harmful to participants.

The provider is not eligible if the provider or its principals within the past 24 months have:

- (1) Had a license or certificate suspended or revoked as a health care provider, health care facility, or provider of direct care services;
- (2) Been suspended or removed from participating as a Medicaid provider;
- (3) Undergone the imposition of sanctions under COMAR 10.09.36.08;
- (4) Been subject to disciplinary action including actions by providers or any of its principal's licensing board;
- (5) Been cited by a State agency for deficiencies which affect a participant's health and safety; or
- (6) Experienced a termination of a reimbursement agreement with or been barred from work or participation by a public or private agency due to:
- (a) Failure to meet contractual obligations; or
- (b) Fraudulent billing practices.

Required application materials and applicant documentation must be submitted to the designated staff member at the OSA. All required application materials must be sent together. Upon receipt of all required application materials the OSA will:

- 1) Issue written notice of receipt to the applicant;
- 2) Review the application and provide notice of the status of the application as acceptable or unacceptable;
- 3) Acceptable applicants will complete the structured interview component of the application process;
- 4) Unacceptable applicants will receive notice of unacceptable components and have 90 days from date of notice to correct, complete, and return the application;
- 5) Review returned materials within 90 days of their receipt; and
- 6) Unacceptable resubmitted applications will be rejected, and the applicant must attend a second Autism Waiver initial provider training before submitting revised documents for a final review.

Applicants must have adequate liability insurance.

As part of the pre-approval review process conducted by the OSA each applicant will be subject to a structured face-to-face interview conducted by a team from the OSA. This interview process is standardized and addresses provider qualifications and capacity to maintain compliance. Individuals or agencies whose application materials and documentation are acceptable and who achieve an acceptable score on the interview will be recommended to the SMA for approval as an Autism Waiver service provider. After review and acceptance of the recommendation, the SMA will refer the provider to the Affordable Care Act team to complete a screening and unannounced site visit. Upon a successful

screening and site visit, the SMA will issue a notice of approval and Medical Assistance provider number to the new service provider.

Individuals or agencies whose applications are rejected for unacceptable application documents or failure to successfully complete the interview phase of the application process will be recommended to the SMA for denial of the application to provide Autism Waiver services. Upon its review and acceptance of the recommendation, the SMA will issue a notice of denial of the application. Individuals or agencies whose applications are rejected after either the final review or the structured interview may reapply to provide Autism Waiver services.

Reapplications submitted by previously denied applicants are considered as first-time applications, and the applicants must attend an information workshop. All application materials and documentation must be re-submitted to OSA and will be reviewed against current requirements. Materials and documentation on file from previous rejected applications will not be reviewed, considered, or accepted as part of the reapplication of any individual or agency.

All providers must comply with Maryland Medicaid approved policies, procedures, and rules for waiver service providers including quality monitoring requirements.

## **Appendix C: Participant Services**

## **Quality Improvement: Qualified Providers**

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

#### a. Methods for Discovery: Qualified Providers

The state demonstrates that it has designed and implemented an adequate system for assuring that all waiver services are provided by qualified providers.

#### i. Sub-Assurances:

a. Sub-Assurance: The State verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percentage of new residential habilitation providers that meet licensing standards prior to providing waiver services. N=# of new residential habilitation providers that meet licensing standards prior to providing waiver services/ D=# of new residential habilitative providers.

Data Source (Select one):

Other

If 'Other' is selected, specify:

Office of Health Care Quality Data Report

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
<b>☒</b> Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	□ Quarter	rly	Representative Sample Confidence Interval =
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Operating Agency		Monthly	,
Sub-State Entity		⊠ Quarter	ly
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Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:				
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**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

**Responsible Party for** 

Frequency of data

Data Aggregation and Analysis:  Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
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**Sampling Approach** 

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Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	Other Specify:

c. Sub-Assurance: The State implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver.

For each performance measure the State will use to assess compliance with the statutory assurance, complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percentage of monitored direct care staff delivering services to waiver participants who have completed Positive Behavior Interventions and Restraints training annually. N=# of monitored direct care staff who have completed required training D= total number of monitored direct care staff

Data Source (Select one): Record reviews, on-site

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
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Powformongo Magguros		Other Specify:	

Performance Measure:

Number and percentage of service coordinators that attend at least one statewide Autism Waiver Training Workshop per year. N=# of service coordinators that attend at least one statewide Autism Waiver Training Workshop per year/D=# of all service coordinators.

**Data Source** (Select one): **Training verification records** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge (check each t	neration	Sampling Approach (check each that applies):
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		Continu	ously and Ongoing
		Other Specify:	
	pleted abuse, e staff who ha	neglect and ex	delivering services to waiver aploitation training annually. No required training D = total
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:			
Responsible Party for data collection/generation (check each that applies):	Frequency o collection/ge	eneration	Sampling Approach (check each that applies):
☐ State Medicaid	□ <sub>Weekly</sub>		ĭ 100% Review

Agency			
<b>◯</b> Operating Agency	☐ Monthl	y	Less than 100% Review
□ Sub-State Entity	Quarter	rly	Representative Sample Confidence Interval =
Other Specify:	⊠ Annual	ly	Stratified Describe Group:
	☐ Continu Ongoin	ously and g	Other Specify:
	Other Specify:		
Data Aggregation and Anal	lysis:		
Responsible Party for data aggregation and analysis (a that applies):	1		data aggregation and k each that applies):
State Medicaid Agenc	·y	□ <sub>Weekly</sub>	
<b>☒</b> Operating Agency		☐ Monthly	,
Sub-State Entity		Quarter	ly
Other Specify:		☐ Annuall	y
		× Continu	ously and Ongoing
		Other	

aggregation and analysis (check each that applies):	lysis(check each that applies):
	Specify:

State to discover/identify problems/issues within the waiver program, including frequency and parties res	ponsible.

#### b. Methods for Remediation/Fixing Individual Problems

i. Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

Several methods are employed for remediation or addressing individual problems. Issues with provider qualifications may be identified through the reportable event reporting process detailed later in this application, through the monitoring of provider records, through licensing surveys, and through the monthly provider CJIS update reports listing renewals of licensures and certifications.

If any of these sources identifies a provider as lacking current licensure/certification as required by regulations, the OSA's Autism Waiver provider liaison immediately contacts the provider to verify the status of the provider staff member(s) in question. If required qualifications are not present, a referral is made immediately to the SMA with recommendation for the suspension of Medicaid payments to the provider and for the recovery of any past payments made while qualified providers were not present. The suspension of payments remains in effect until such time as verification of required licensure/certification is received by the OSA. Funds lost during the suspension period cannot be recovered by the provider for any time period during which qualified providers were not in place. Failure to submit documentation of current licensure/certification in a timely manner will result in the recommendation for the disenrollment of the agency as an Autism Waiver service provider.

### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
State Medicaid Agency	□ Weekly
<b>☒</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	□ Quarterly
Other Specify:	☐ Annually
	<b>⊠</b> Continuously and Ongoing
	Other

Furnish the information specified above.

	Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
		Specify:	
	he State does not have all elements of the Quality I	mprovement Strategy in place, provide timelines to rance of Qualified Providers that are currently non-c	
● No			
		ied Providers, the specific timeline for implementing.	g identified
Appendix	C: Participant Services		
(	C-3: Waiver Services Specifications		
Section C-3 'Se	ervice Specifications' is incorporated into Section C	2-1 'Waiver Services.'	
Appendix	C: Participant Services		
	C-4: Additional Limits on Amount of	Waiver Services	
	onal Limits on Amount of Waiver Services. Indices on the amount of waiver services (select one).	cate whether the waiver employs any of the following	ng additional
<b>●</b> No C-		the amount of waiver services except as provided in	n Appendix
$\circ_{Ap}$	oplicable - The state imposes additional limits on the	ne amount of waiver services.	
ind that be on wl	cluding its basis in historical expenditure/utilization at are used to determine the amount of the limit to variable adjusted over the course of the waiver period; (d) paraparticipant health and welfare needs or other factors.	vices to which the limit applies; (b) the basis of the patterns and, as applicable, the processes and methodical participant's services are subject; (c) how the provisions for adjusting or making exceptions to the provision of the provisi	hodologies ne limit will e limit based in effect
	Limit(s) on Set(s) of Services. There is a limit of authorized for one or more sets of services offered Furnish the information specified above.	on the maximum dollar amount of waiver services the dunder the waiver.	hat is
Г	Prospective Individual Budget Amount. There authorized for each specific participant.	e is a limit on the maximum dollar amount of waive	er services

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Budget Limits by Level of Support. Based on an assessment process and/or other factor assigned to funding levels that are limits on the maximum dollar amount of waiver service Furnish the information specified above.	
Other Type of Limit. The state employs another type of limit.  Describe the limit and furnish the information specified above.	
Appendix C: Participant Services	
C-5: Home and Community-Based Settings	
Explain how residential and non-residential settings in this waiver comply with federal HCB Settings required 441.301(c)(4)-(5) and associated CMS guidance. Include:	rements at 42 CFR
<ol> <li>Description of the settings and how they meet federal HCB Settings requirements, at the time of subfuture.</li> </ol>	omission and in the
<b>2.</b> Description of the means by which the state Medicaid agency ascertains that all waiver settings means requirements, at the time of this submission and ongoing.	et federal HCB Setting
Note instructions at Module 1, Attachment #2, <u>HCB Settings Waiver Transition Plan</u> for description of sett requirements at the time of submission. Do not duplicate that information here.	ings that do not meet
The Maryland STP is in progress and/or please see section attachment #2.	
Appendix D: Participant-Centered Planning and Service Delivery	
D-1: Service Plan Development (1 of 8)	
State Participant-Centered Service Plan Title:	
Waiver Plan of Care (POC)	
<b>a. Responsibility for Service Plan Development.</b> Per 42 CFR §441.301(b)(2), specify who is respondevelopment of the service plan and the qualifications of these individuals ( <i>select each that applies</i>	
Registered nurse, licensed to practice in the state  Licensed practical or vocational nurse, acting within the scope of practice under state law	
Licensed physician (M.D. or D.O)	V
Case Manager (qualifications specified in Appendix C-1/C-3)	
Case Manager (qualifications not specified in Appendix C-1/C-3).  Specify qualifications:	

	at least five hours of training on the Autism Waiver, offered by the operating state agency (OSA) and the State Medicaid agency (SMA), before rendering Autism Waiver services as a case manager. Each individual is required to attend one statewide Autism Waiver case management training annually.
	Social Worker Specify qualifications:
	Other Specify the individuals and their qualifications:
Appendi	x D: Participant-Centered Planning and Service Delivery
	D-1: Service Plan Development (2 of 8)
b. Serv	vice Plan Development Safeguards. Select one:
	Entities and/or individuals that have responsibility for service plan development may not provide other direct waiver services to the participant.
	O Entities and/or individuals that have responsibility for service plan development may provide other direct waiver services to the participant.
	The state has established the following safeguards to ensure that service plan development is conducted in the best interests of the participant. <i>Specify:</i>
Appendi	x D: Participant-Centered Planning and Service Delivery
	D-1: Service Plan Development (3 of 8)
avai	<b>porting the Participant in Service Plan Development.</b> Specify: (a) the supports and information that are made lable to the participant (and/or family or legal representative, as appropriate) to direct and be actively engaged in the ice plan development process and (b) the participant's authority to determine who is included in the process.
dire	Autism Waiver plan of care (POC) is developed by a multidisciplinary team with the family actively engaged in and acting the process. The team consists of the service coordinator, the child's parent, a chairman who is the official resentative of the local school system or local lead agency, parent, service coordinator, chair, members of the IEP or

Appendix D: Participant-Centered Planning and Service Delivery

IFSP team, and the child, if appropriate. Parent advocates and private professionals may attend the meeting at the request

The team is coordinated by the child's service coordinator. This service coordinator must attend at least one state-wide

D-1: Service Plan Development (4 of 8)

of the parent or participant.

Autism Waiver training per year.

Application for 1915(c) HCBS Waiver: MD.0339.R04.00 - Jul 01, 2019 Page 129 of **d. Service Plan Development Process.** In four pages or less, describe the process that is used to develop the participant-

centered service plan, including: (a) who develops the plan, who participates in the process, and the timing of the plan; (b) the types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status; (c) how the participant is informed of the services that are available under the waiver; (d) how the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences; (e) how waiver and other services are coordinated; (f) how the plan development process provides for the assignment of responsibilities to implement and monitor the plan; and, (g) how and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

- a) The plan of care (POC) is developed by a multidisciplinary team, which is coordinated by the participant's service coordinator. The team consists of a service coordinator, the child's guardian/family, a representative of the local school system (LSS) or Infant and Toddler Program other licensed or certified professionals or any other individuals requested by the family and the child, as appropriate the parent, service coordinator, chair, members of the IEP or IFSP team, and the child, if appropriate. The multidisciplinary team is required to review and approve the waiver POC. The POC identifies the providers, authorizes the services, and frequency of service.
- b) The provider treatment plans identify the individualized goals and interventions to be implemented and include the strategies to be used to ensure the participant's health and safety. The multidisciplinary team reviews the POC and other relevant assessments to identify needed services, frequency of service, types of providers needed for each service, and time frames the service is needed to assure the child's health and safety. As part of the process to determine the amount of services needed, the service coordinator will review tracking logs that identify service utilization by provider.

The Autism Waiver risk assessment describes an overview of the child's need for community, medical, and waiver services to maintain the child in the home and community. Using the risk assessment instrument, services are chosen by the family based on the participant's needs. The service coordinator meets with the family and participant to identify strengths, capacities, needs, preferences, desired outcomes, health status, and risk factors the risk assessment may be shared with a provider upon approval of the family.

Risk assessment areas include Home and Community Safety, Health/Medical, Behaviors, Personal Care/Daily Living, Mental Health, and Family Support. Components of each risk assessment area are the need for 1:1 or awake overnight supervision, sleep disturbance, medications, dental care, accessing medical specialists, elopement, noncompliance, bathing, toileting, and family/community supports.

Information is gathered from relevant formal and informal assessments to identify needed services, frequency of service, types of providers needed for each service. Assessment data reviewed by the team vary and may address: functional skills, behavioral issues, language/communication, vision, hearing, fine motor and gross motor skills, general health, social/family life, medications, and community safety. As part of the planning process, input is gathered through interview of the participant and family and plan development continues through review of the medical eligibility/level of care(LOC) instrument and the risk assessment process. The medical eligibility/level of care (LOC) requires an assessment of the child's basic and functional activities of daily living, maladaptive behaviors as well as the social and medical history.

- c) The POC is developed as part of the initial enrollment process and submitted to the OSA. The Autism Waiver does not utilize interim POC. POC meetings are scheduled at times and locations convenient to the family or guardian. As the key members of the multidisciplinary team, the child and family/guardian are empowered to identify desired outcomes and preferences from the waiver. As appropriate, the child is encouraged to engage in building a POC that capitalizes on their strengths and interests. Service coordinators initially provide and review Autism Waiver service description so that the child and family are informed of services available under the waiver. Service coordinators are required to have monthly contact with either the child or the family during which they monitor and oversee the implementation of the POC. The POC is to be submitted to the OSA at least annually or more frequently if a participant's needs change. A POC that fails to address all the required elements are rejected by the Autism Waiver Plan of Care (AWPOC) software and are not submitted until completed by the service coordinator. Service coordinators may submit an addendum to a POC to change service providers or to increase or decrease the frequency of a waiver service already identified on a child's POC. The child's guardian/family must verbally approve of the change(s) noted on the POC addendum. Addendums are faxed or mailed to the guardian/family, providers, and OSA. Service coordinators are required to reconvene the multidisciplinary team prior to adding or deleting a waiver service from a child's POC. Maryland's State regulations governing the Autism Waiver, COMAR 10.09.56, and State Plan regulations governing service coordination, COMAR 10.09.52, are available on request.
- d) Treatment plans are developed by providers listed on the POC and are initially due 30 days after the start of service. Treatment plans identify the individualized goals and interventions being implemented by the child's providers and include the child-specific strategies being used to ensure health and safety. Treatment plans may include a behavior management plan. As part of the participant's annual recertification process the service coordinator receives and reviews treatment plans from the child's service providers and obtains input from the family or guardian and child as appropriate for development of the POC. The team reviews the treatment plans and other relevant assessments to identify needed services, frequency of service needed, provider type for each service and time frames that the service is needed to assure the child's health and safety.

e) The Autism Waiver service coordinator is responsible for reviewing waiver services with the family and child during the initial application and annual recertification process. Consultation regarding waiver services can occur at any point in time that there is a need or request.

Back-up plans for waiver services are incorporated into the POC. Additional providers may be authorized to deliver services in an emergency. A back-up plan is the responsibility of the providers of waiver services. More than one technician is trained in the child's care and is available to provide back-up care for participants. Supervisors are also familiar with the needs of the child and can provide backup as needed. In addition, providers are required to have a qualified 24-hour on-call professional for crisis intervention. In an emergency, the State also has the capacity to assure that health and safety are met through Child Protective Services and Adult Protective Services. Each provider is required to have policies and procedures for back-up to each service. Back-up plans are reviewed by the Provider Interagency Medicaid Monitoring Team during site visits.

A participant's significant medical diagnoses are currently identified on the level of care instrument. During the POC meeting, the Autism Waiver service coordinator will include the need for emergency intervention beyond a call to emergency services on the participant's POC. Based on the diagnosis identified on a participant's POC, the provider will develop an individualized emergency protocol. Any interventions listed on the emergency protocol beyond a call to emergency services will require a physician's order.

Service coordinators can refer a child to other waiver providers in an emergency with parental approval. A change in waiver providers or dates of service is within the service coordinator's authority.

- f) A service coordinator will assist in meeting the needs of a participant through coordinating access to benefits other than waiver services. As an example, a number of children on the Autism Waiver utilize disposable medical supplies. Specifically, many children receiving waiver services are not toilet trained and require large size diapers covered as a State Plan service. Additionally, service coordinators receive information on accessing State Plan services at the annual statewide workshops from the SMA and OSA. Subsequently, service coordinators are able to provide this information to participants and their families.
- g) A key aspect of the POC development process is documenting which providers the family has selected to provide waiver services. When there are changes in providers, the plan is updated to reflect the current provider. Providers must report to the service coordinator regularly about the specific services they are providing so that the service coordinator will have up-to-date knowledge about whether the child is receiving the services approved in the POC. The POC monitoring process is also enabled by the requirement of the provider to submit treatment plans for all waiver services except respite care and environmental accessibility adaptations. The service coordinator is required to report to the OSA when treatment plans have not been received or when they are not satisfactory and need to be revised.

The POC can be quickly revised should a waiver provider not meet the family's or participant's needs via a POC addendum. This is done as a secondary step to the initial or recertification POC. With a POC addendum, service hours can be increased or decreased, while providers can be added or deleted. If a waiver service needs to be adjusted, the multidisciplinary team is required to meet to discuss and approve the change of a service.

Parents/guardian(s) may request a change in providers or an increase in the amount of waiver services whenever they choose. A plan may require an addendum due to the participant's behavioral or developmental changing needs. Family dynamics may precipitate the plan being changed. Additional reasons for a POC addendum are provider staffing or scheduling problems, as well as building and enhancing the child's waiver services with more specialized treatment programs.

h) The OSA maintains a master file for each child who applies to the Autism Waiver program. These electronic files contain initial and annual re-certification documentation including the level of care instruments, plan of care, freedom of choice designation forms, technical eligibility forms, and POC addendums. Information gathered from these documents is entered into the Autism Waiver Plan of Care (AWPOC) software which includes annual recertification dates. Reports from the database are utilized to determine if service coordinators are following federal and State waiver re- certification requirements. The AWPOC application generates reports utilized for data collection for performance measures.

i) The OSA and SMA conduct two ongoing service coordination training annually. Autism Waiver service coordinators must attend at least one training annually in order to continue to bill Medical Assistance for the service they provide. The training provides information on waiver requirements and guidance for local school systems and service coordination agencies. Other agenda items include quality improvement initiatives such training on the Autism Waiver level of care and plan of care software (AWPOC and AWLOC), other state plan Medicaid programs, and the transitioning youth program for those who are aging out of the Autism Waiver and entering the adult long-term services and supports system. Service coordinators also participate in the Autism Waiver advisory committee, waiver renewal forums, and share best practices among agencies.

### Appendix D: Participant-Centered Planning and Service Delivery

## **D-1: Service Plan Development (5 of 8)**

**e. Risk Assessment and Mitigation.** Specify how potential risks to the participant are assessed during the service plan development process and how strategies to mitigate risk are incorporated into the service plan, subject to participant needs and preferences. In addition, describe how the service plan development process addresses backup plans and the arrangements that are used for backup.

A risk assessment tool is used as part of the process for developing the child's POC. A person-centered approach is employed to identify risk factors and develop proactive strategies to address those factors. The tool identifies potential situational, environmental, behavioral, medical, and other risks. A risk assessment is completed by the waiver service coordinator during the POC development process that identifies the child's need for supervision and assistance, medications, police, and protective service involvement in addition to family structure. The risk assessment information is shared with the multidisciplinary team in preparation for the POC development. The multidisciplinary team, with guardian/parental participation, reviewsteam reviews the risk assessment information along with the child's needs and preferences to determine which waiver services should be incorporated into the POC. Needs and preferences identified as a result of theadministration of the risk assessment tool will be addressed by providers through their treatment plan.

Back-up plans for waiver services are identified in the POC. An individualized back-up plan for each participant is the responsibility of the provider(s) of waiver services. In addition, providers are required to have a qualified professional on-call 24-hours a day for crisis intervention. Additional providers may be authorized to deliver services in an emergency. More than one technician is trained in a child's care and is available to provide back-up care for the participant. Supervisors are also familiar with the needs of the child and can provide back-up as needed. Each provider is required to have policies and procedures for back-up to each service. Back-up plans are reviewed by the Provider Interagency Medicaid Monitoring Team (PIMMT) during site visits. In an emergency, the State has the capacity to assure that health and safety are met through Child Protective Services and Adult Protective Services.

Participant's significant medical diagnoses are currently identified on the level of care document. During the POC development meeting the service coordinator will include the need for emergency intervention beyond a call to emergency services on the participant's POC. Based on the diagnosis identified on a participant's POC the provider will develop an individualized emergency protocol. Any interventions listed on the emergency protocol beyond a call to emergency services will require a physician's order.

A change in waiver providers is within the service coordinator's authority. Service coordinators can refer a child to other waiver providers in an emergency with guardian/parental approval. The POC can be quickly revised should a waiver provider not meet the family's or participant's needs via a POC addendum. With a POC addendum, service hours can be increased or decreased, while providers can be added or deleted. If a waiver service needs to be adjusted, the multidisciplinary team is required to meet to discuss and approve the change of a service beyond a change in provider. This is done as a secondary step to the initial or recertification POC. Guardians may request a change in providers or an increase in the amount of waiver services whenever they choose. A plan may require an addendum due to the participant's behavioral or developmental changing needs. Family dynamics may precipitate the plan being changed. Additional reasons for a POC addendum are provider staffing or scheduling problems, as well as building and enhancing the child's waiver services with more specialized treatment programs.

### **Appendix D: Participant-Centered Planning and Service Delivery**

**f. Informed Choice of Providers.** Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan.

Waiver participants and families are afforded the freedom to choose among service providers. Updated lists of approved Autism Waiver service providers are distributed to service coordinators at least every three months. For convenience, the provider lists are organized both alphabetically and geographically. The provider lists are reviewed periodically to ensure correct information is included. Providers are required to notify the OSA of any change of contact information within 15 days of occurrence. Service coordinators review the provider lists with families as part of the plan of care development process and more often if needed. Service coordinators are responsible for coordinating the services between the family and the provider and must be available on an ongoing basis if contacted by parents/guardians regarding a change in providers. Waiver participant's parents/guardians may choose to change providers at any time by requesting that the service coordinator submit a plan of care addendum. Service coordinators are also required to make monthly contact with families of waiver participants to review topics such as satisfaction with service providers.

# Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (7 of 8)

g. Process for Making Service Plan Subject to the Approval of the Medicaid Agency. Describe the process by which the service plan is made subject to the approval of the Medicaid agency in accordance with 42 CFR §441.301(b)(1)(i):

Monitoring of the plan of care is conducted by the SMA's and OSA's partnership Interagency Medicaid Monitoring Team (IMMT) and Provider Interagency Medicaid Monitoring Team (PIMMT). These teams are made up of staff from the SMA and OSA to monitor provision of Autism Waiver services, coordinator records, and provider participant records including, but not limited to, treatment plans, plan of care, and tracking logs in every jurisdiction, annually. A report of findings is provided to the SMA. Findings may result in corrective actions and sanctions being issued by the SMA for violations involving plans of care and treatment plans.

The OSA prepares reports that are submitted to the SMA regarding any findings including service plan development and implementation. The SMA, in collaboration with the OSA, will recoup funds, invoke sanctions, and require a corrective action plan. A retrospective representative sample of participant record will be reviewed on a quarterly basis to ensure that plans have been developed in accordance with applicable policies and procedures and plans ensure the health and welfare of waiver participants. The sample size will be based on a 95% confidence +/-5%.

# Appendix D: Participant-Centered Planning and Service Delivery

• Every six months or more frequently when necessary

• Every twelve months or more frequently when necessary

### **D-1: Service Plan Development (8 of 8)**

П.	. Service Fian Review and Opdate. The service plan is subject to at least annual periodic review and update to assess the
	appropriateness and adequacy of the services as participant needs change. Specify the minimum schedule for the review
	and update of the service plan:
	O Every three months or more frequently when necessary

O Other schedule

Specify the other schedule:

i. Maintenance of Service Plan Forms. Written copies or electronic facsimiles of service plans are maintained for a

minimum period of 3 years as required by 45 CFR §92.42. Service plans are maintained by the following (check each that
applies):
☐ Medicaid agency
○ Operating agency
⊠ Case manager
Other
Specify:

# Appendix D: Participant-Centered Planning and Service Delivery

# D-2: Service Plan Implementation and Monitoring

**a. Service Plan Implementation and Monitoring.** Specify: (a) the entity (entities) responsible for monitoring the implementation of the service plan and participant health and welfare; (b) the monitoring and follow-up method(s) that are used; and, (c) the frequency with which monitoring is performed.

The Interagency Medicaid Monitoring Team (IMMT) and Provider Interagency Medicaid Monitoring Team (PIMMT) uses a shared, electronic monitoring tool to document findings in each area of the service plan. The spreadsheet compiles the data and provides a percentage of compliance in each area and overall compliance. The IMMT records notes regarding findings and makes copies of documents that require revision. After the review, the OSA and SMA reconcile findings by agreeing on areas of non-compliance.

An official monitoring report is generated by the OSA and sent to the SMA and school personnel, including the Autism Waiver contact, within 90 days of the visit. The report identifies areas of compliance and non-compliance with COMAR and provides a description of the Corrective Action Plan (CAP) process for prompt follow-up and remediation of identified problems. The SMA, in collaboration with the OSA, may also recoup funds and/or invoke sanctions.

Local school systems address findings by submitting a CAP that must include a plan for amelioration and prevention of similar findings in the future and must be approved by the OSA. In addition, LSS are required to conduct an annual self-monitoring of Autism Waiver records and send it to the IMMT; a summary of this self-monitoring is also included in the official report and any findings requiring a CAP should be addressed by the LSS in future self-monitoring reports. The IMMT provides technical assistance, additional training, and continued support as needed and upon request.

- (a) The OSA, SMA, and service coordinators are responsible for monitoring the implementation of the service plan and participant health and welfare.
- (b) A random selection of POCs, by provider, are reviewed by the Interagency Medicaid Monitoring Team (IMMT) and the Provider Interagency Medicaid Monitoring Team (PIMMT), to assure compliance with timeliness, staff qualifications, annual training requirements, service implementation, provider treatment plans, and reportable events. Additionally, monitoring is conducted by the OSA and SMA through the complaint process. Documentation is reviewed to assess how participant strengths, capacities, needs, health status, and risk factors were considered in development of the POC. The OSA prepares a monitoring report that identifies findings. This report, containing the monitoring results, is provided to the SMA and discussed during the interagency Autism Waiver meetings as needed.

Service coordinators monitor POCs by conducting face-to-face visits with participant and family at the child's home, school, or service location. During these face-to-face visits the service coordinator discuss and document the participant's and family's access to waiver services, the effectiveness of back-up plans, and satisfaction with non-waiver services.

(c) Annual monitoring of service coordination and service plan implementation is performed by the PIMMT and IMMT. Quarterly service coordinators conduct visits at the child's home, school, or service location and at least annually the service coordinator will visit the child's residence.

Service coordinators are responsible for provider referrals for each waiver service. The OSA maintains a list of all approved waiver providers that are available to service coordinators, families, and participants.

The Interagency Medicaid Monitoring Team reviews the POC, treatment plans, and tracking logs to determine access to services. The provider tracking logs are submitted to service coordinators on a monthly basis. Those tracking logs identify the hours of each waiver service provided to each child. This is compared to services within the POC.

Non-waiver services are addressed in several ways. Service coordinators and families are provided with information regarding appropriate special needs coordinators in the State's managed care organizations (MCO). The MCO special needs service coordinators, who are employees of the MCO, are trained to work with individuals with special needs to assist families with accessing non-waiver services. Service coordinators are also provided with annual training and ongoing technical assistance by the OSA regarding access to non-waiver services. This includes mandates for social services, medical and dental, as well as services through other state and local agencies. Residential providers are required to assure access to non-waiver services such as medical appointments, medication management, dental services and psychological and psychiatric services.

### b. Monitoring Safeguards. Select one:

- Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may not provide other direct waiver services to the participant.
- O Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may provide other direct waiver services to the participant.

The state has established the following safeguards to ensure that monitoring is conducted in the best interests of the participant. *Specify:* 

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Appendix D: Participant-Centered P	lanning and Service <b>D</b>	Delivery	
Quality Improvement: Serv	vice Plan		
As a distinct component of the States quality impromethods for discovery and remediation.	vement strategy, provide infor	rmation in the following fields	s to detail the States
a. Methods for Discovery: Service Plan Asso	urance/Sub-assurances		
The state demonstrates it has designed and for waiver participants.	implemented an effective sys	stem for reviewing the adequ	acy of service plans
i. Sub-Assurances:			
a. Sub-assurance: Service plan factors) and personal goals,		_	
Performance Measures			
	ure the State will use to assess following. Where possible, in	_	
analyze and assess progress	ure, provide information on th toward the performance mea: e of data is analyzed statistice	sure. In this section provide in	nformation on the
•	wn, and how recommendation		
	f risk assessments that are co plicants. N = # of risk assess icants		ng
Data Source (Select one): Other If 'Other' is selected, specify Record review of risk asse			
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):	
State Medicaid Agency	☐ Weekly	⊠ 100% Review	

☐ Monthly

☐ Quarterly

**☒** Operating Agency

☐ Sub-State Entity

☐ Less than 100%

Representative Sample

Confidence Interval =

Review

Other Specify:	☐ Annual	ly	Stratified Describe Group:
	⊠ Continu Ongoin	ously and g	Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	ı		f data aggregation and k each that applies):
State Medicaid Agenc	y	☐ Weekly	
<ul><li>✓ Operating Agency</li><li>☐ Sub-State Entity</li></ul>		☐ Monthly  ☐ Quarterly	
Other Specify:		⊠ Annuall	
		□ Continu	ously and Ongoing
		Other Specify:	

**Performance Measure:** 

Number and percent of service plans that address a participant's needs and personal goals. N = number of service plans that address a participant's needs and personal

### goals. D = number of service plans reviewed.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):  Frequency of collection/generation (check each that applies):		eneration	Sampling Approach (check each that applies):			
State Medicaid Agency	□ Weekly		⊠ 100% Review			
Operating Agency	□ Monthl	y	Less than 100% Review			
☐ Sub-State Entity	<b>⊠</b> Quarterly		Representative Sample Confidence Interval =			
Other Specify:	☐ Annually		Stratified Describe Group:			
	☐ Continuously and Ongoing		Other Specify:			
	Other Specify:					
Data Aggregation and Analysis:						
Responsible Party for data aggregation and analysis (check each that applies):			f data aggregation and k each that applies):			
X State Medicaid Agenc	y	□ Weekly				
<b>⊠</b> Operating Agency		☐ Monthly				

	Responsible Party for data aggregation and analysis (check each that applies):		Frequency of data aggregation and analysis(check each that applies):			
	☐ Sub-State Entity		X Quarter			
Other Specify:			× Annuall	у		
		[	Continu	ously and Ongoing	-	
		[	Other Specify:			
# 1	Sub-assurance: The State moreocedures.  Performance Measures  For each performance measures  For each performance measures  The sub-assurance of the sub-ass	re the State will to following. Where the provide infort oward the perfort of data is analys.	use to assess e possible, in mation on th mance meas ed statistico	compliance with the statuto nclude numerator/denominal ne aggregated data that will sure. In this section provide ally/deductively or inductive	ory assurance (or tor. enable the State to information on the ly, how themes are	
	Performance Measure: Number and percentage of Plans of Care that are completed according to State requirements. $N = number$ of Plans of Care that include the amount of services, appropriate signatures, dates, and qualified providers / $D = total$ number of Plans of Care					
	Data Source (Select one): Other If 'Other' is selected, specify: Documentation submitted to Gare.		tatewide Se	rvice Coordinators on the	Plan	
	Responsible Party for data collection/generation (check each that applies):	Frequency of d collection/gene (check each tha	ration	Sampling Approach (check each that applies):		

 $\square$  Weekly

State Medicaid
Agency

**⋈** 100% Review

<b>☒</b> Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =
Other Specify:	☐ Annual	ly	Stratified Describe Group:
	○ Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (	1		data aggregation and k each that applies):
that applies):  X State Medicaid Agence	у	□ Weekly	
Operating Agency		Monthly	
Sub-State Entity		Quarter	ly
Other Specify:		☐ Annually	y
		× Continu	ously and Ongoing
		Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):

c. Sub-assurance: Service plans are updated/revised at least annually or when warranted by changes in the waiver participants needs.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percentage of individuals whose Plans of Care were updated or revised within 365 days. N = # of individuals whose Plans of Care were updated within 365 days D = # of individuals who have been participants for over 1 year.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
<b>☒</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:

	⊠ Continu Ongoin		Othe	Specify:
	Other Specify:			
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	<u> </u>	Frequency of analysis(chec		
State Medicaid Agence	y	□ Weekly		
<b>◯</b> Operating Agency		☐ Monthly	7	
☐ Sub-State Entity		□ Quarterly		
Other Specify:		☐ Annuall	y	
		× Continu	ously and	Ongoing
		Other Specify:		
Performance Measure: Number and percentage of the participant's needs chan ashion when the participar	nge. N = # of l	Plans of Care	updated or	revised in a timel
Data Source (Select one): Record reviews, on-site				
If 'Other' is selected, specify:				

data collection/generation (check each that applies):	collection/generation (check each that applies):		(check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
<b>☒</b> Operating Agency	☐ Monthl	y	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =
Other Specify:	☐ Annually		Stratified Describe Group:
	○ Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	1		f <b>data aggregation and</b> k each that applies):
☐ State Medicaid Agency		□ Weekly	
Operating Agency		☐ Monthly	7
Sub-State Entity		Quarter	ly
Other Specify:		☐ Annuall	y

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	<b>☒</b> Continuously and Ongoing
	Other Specify:

d. Sub-assurance: Services are delivered in accordance with the service plan, including the type, scope, amount, duration and frequency specified in the service plan.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percentage of monitored participants with services delivered in accordance with the type, scope, amount, duration and frequency of the service specified in the plan of care N=# of monitored plan of care services delivered in accordance with the type, scope, amount, duration and frequency specified in the plan/D = # of monitored plans of care reviewed by the OSA

<b>Data Source</b>	(Select one):
Other	

If 'Other' is selected, specify:

Provider Interagency Medicaid Monitoring Team - Record Review. Maintained by OSA

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	☐ 100% Review
<b>⋈</b> Operating Agency	☐ Monthly	⊠ Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	<b>⋈</b> Representative

Other Specify:	⊠ Annual	ly	Sample Confidence Interval =  95% confidence level +/-5  Stratified Describe Group:
	⊠ Continu Ongoin	ously and g	Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a that applies):	ı		data aggregation and k each that applies):
X State Medicaid Agenc	y	□ Weekly	
<b>◯</b> Operating Agency		□ Monthly	,
☐ Sub-State Entity		Quarter	ly
Other Specify:		☐ Annuall	y
		× Continu	ously and Ongoing
		Other Specify:	

e. Sub-assurance: Participants are afforded choice: Between/among waiver services and providers.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percentage of records that contain signed Parents Rights and Responsibilities form indicating individual or family a choice of waiver services and providers. N = # of records containing a signed Parents Rights and Responsibilities form/D = # of waiver participant records.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

If Other is selected, specify		_
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
<b>☒</b> Operating Agency	☐ Monthly	Less than 100% Review
□ Sub-State Entity □ Other Specify:	☐ Quarterly ☐ Annually	Representative Sample Confidence Interval =  Stratified Describe Group:
	⊠ Continuously and Ongoing	Other Specify:
	☐ Other	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
<b>X</b> State Medicaid Agency	□ Weekly
<b>⊠</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	Annually
	☐ Continuously and Ongoing
	Other Specify:

### b. Methods for Remediation/Fixing Individual Problems

**i.** Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

Several methods are employed for remediation and/or addressing individual problems with the POC when the POC does not adequately address the child's needs. The reportable event process detailed later in this application identifies service coordinator, provider, and parent concerns regarding services to children on the waiver, both generally, most commonly, and individually. Reportable events are filed with the OSA and result in an investigation of the issue or incident that begins with the service coordinator. Reportable events frequently result in a required corrective action plan (CAP) from the provider. Depending upon the nature of the incident, reportable events may also result in referrals to SMA for sanctions against the provider and/or referral to child protective services. The Provider Interagency Medicaid Monitoring Team visits to providers also result in CAPs from providers for individual findings from the records review.

Providers with several individual incidents, a series of continuing violations, or unsatisfactory CAPs are referred to SMA with recommendations for sanctions which may include suspension of Medicaid payments and disenrollment as an Autism Waiver service provider. In addition, these identified providers are provided technical assistance and training as a part of the quality improvement plan. As a preventative proactive intervention to increase general methods for problem correction all provider applicants are required to attend the initial provider training session before providing waiver services. Applicants are also required to submit an acceptable treatment plan for each service for which they apply. Also, Code of Maryland Regulations require all providers to attend at least one ongoing provider training session annually. A minimum of two training sessions are offered each year by the OSA.

#### ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

<b>Responsible Party</b> (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>X</b> State Medicaid Agency	□ Weekly
<b>区</b> Operating Agency	☐ Monthly
☐ Sub-State Entity	□ Quarterly
Other Specify:	☐ Annually
	<b>◯</b> Continuously and Ongoing
	Other Specify:
nes State does not have all elements of the Quality Is for discovery and remediation related to the assur	

Please provide a detailed strategy for assuring Service Plans, the specific timeline for implementing identified

strategies, and the parties responsible for its operation.

### **Appendix E: Participant Direction of Services**

**Applicability** (from Application Section 3, Components of the Waiver Request):

- O Yes. This waiver provides participant direction opportunities. Complete the remainder of the Appendix.
- No. This waiver does not provide participant direction opportunities. Do not complete the remainder of the Appendix.

CMS urges states to afford all waiver participants the opportunity to direct their services. Participant direction of services includes the participant exercising decision-making authority over workers who provide services, a participant-managed budget or both. CMS will confer the Independence Plus designation when the waiver evidences a strong commitment to participant direction.

**Indicate whether Independence Plus designation is requested** (select one):

- O Yes. The state requests that this waiver be considered for Independence Plus designation.
- O No. Independence Plus designation is not requested.

### **Appendix E: Participant Direction of Services**

**E-1: Overview** (1 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

### **Appendix E: Participant Direction of Services**

**E-1: Overview (2 of 13)** 

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

### **Appendix E: Participant Direction of Services**

**E-1:** Overview (3 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

### **Appendix E: Participant Direction of Services**

**E-1:** Overview (4 of 13)

### Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

### **Appendix E: Participant Direction of Services**

**E-1: Overview (5 of 13)** 

# Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

### **Appendix E: Participant Direction of Services**

**E-1: Overview (6 of 13)** 

#### Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

### **Appendix E: Participant Direction of Services**

**E-1: Overview** (7 of 13)

#### Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

<b>Appendix</b>	E: Par	ticipant	Direction	of Services
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**E-1: Overview (8 of 13)** 

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

**E-1: Overview (9 of 13)** 

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-1: Overview (10 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

**E-1: Overview** (11 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-1: Overview (12 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

**E-1:** Overview (13 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant Direction (1 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant-Direction (2 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant-Direction (3 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

**Appendix E: Participant Direction of Services** 

E-2: Opportunities for Participant-Direction (4 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

### **Appendix E: Participant Direction of Services**

E-2: Opportunities for Participant-Direction (5 of 6)

### Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

# **Appendix E: Participant Direction of Services**

E-2: Opportunities for Participant-Direction (6 of 6)

#### Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

### **Appendix F: Participant Rights**

# Appendix F-1: Opportunity to Request a Fair Hearing

The state provides an opportunity to request a Fair Hearing under 42 CFR Part 431, Subpart E to individuals: (a) who are not given the choice of home and community-based services as an alternative to the institutional care specified in Item 1-F of the request; (b) are denied the service(s) of their choice or the provider(s) of their choice; or, (c) whose services are denied, suspended, reduced or terminated. The state provides notice of action as required in 42 CFR §431.210.

**Procedures for Offering Opportunity to Request a Fair Hearing.** Describe how the individual (or his/her legal representative) is informed of the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E. Specify the notice(s) that are used to offer individuals the opportunity to request a Fair Hearing. State laws, regulations, policies and notices referenced in the description are available to CMS upon request through the operating or Medicaid agency.

Individuals are informed about the fair hearing process during entrance to the waiver by the service coordinator. The state Medicaid agency(SMA) notifies the family in writing of the fair hearing process on the waiver enrollment letter. The opportunity to request a fair hearing is provided to individuals who:

- (a) Are not given the choice between home and community-based services as an alternative to institutional care;
- (b) Are denied either a provider(s) or service(s) of their choice;
- (c) Have services denied, suspended, reduced, or terminated; or
- (d) Are denied waiver eligibility.

When an adverse decision has been made by the operating state agency (OSA), SMA or their agents, written notice is provided to the individual and his/her representative. The entity responsible for issuing the adverse action notice varies according to the type of adverse action. The SMA is responsible for all notices regarding waiver eligibility. The participant is informed that filing a grievance or making a complaint is not a pre-requisite or substitute for a Fair Hearing. The notice states what the decision was, reason for the decision, provides detailed information about steps for the individual/representative to follow, and states a request for fair hearing must be made within 10 days from the date of the adverse action notice or by the effective date of the termination of benefits, whichever is later, to ensure continuation of services until the fair hearing decision is made. A request for fair hearing must be made within 90 days from the date of the adverse notice. The request must be made in writing and forwarded to the SMA. The request for hearing will be forwarded to the Office of Administrative Hearings for scheduling. If the family is presently receiving benefits, a fair hearing must be requested.

If the adverse action involves the reduction, elimination or denial of service(s) the service coordinator issues a standardized form which includes the same fair hearing rights and instructions used by the SMA for eligibility notices.

The notice to applicants/participants is consistent with the requirements under 42 CFR Part 431, Subpart E. Both types of notices referenced above provide information to the family regarding procedures to follow to assure continuance of benefits while the appeal process is underway.

Notices of adverse actions are maintained by the SMA and by the OSA. When waiver service or waiver eligibility is involved, notices of adverse action are maintained by the service coordinator.

#### **Appendix F: Participant-Rights**

- **a. Availability of Additional Dispute Resolution Process.** Indicate whether the state operates another dispute resolution process that offers participants the opportunity to appeal decisions that adversely affect their services while preserving their right to a Fair Hearing. *Select one:* 
  - No. This Appendix does not apply
  - O Yes. The state operates an additional dispute resolution process
- b. Description of Additional Dispute Resolution Process. Describe the additional dispute resolution process, including: (a) the state agency that operates the process; (b) the nature of the process (i.e., procedures and timeframes), including the types of disputes addressed through the process; and, (c) how the right to a Medicaid Fair Hearing is preserved when a participant elects to make use of the process: State laws, regulations, and policies referenced in the description are available to CMS upon request through the operating or Medicaid agency.

# **Appendix F: Participant-Rights**

# **Appendix F-3: State Grievance/Complaint System**

- a. Operation of Grievance/Complaint System. Select one:
  - O No. This Appendix does not apply
  - Yes. The state operates a grievance/complaint system that affords participants the opportunity to register grievances or complaints concerning the provision of services under this waiver
- **b. Operational Responsibility.** Specify the state agency that is responsible for the operation of the grievance/complaint system:

The OSA is responsible for the operation of the reportable events policy and procedure for the Autism Waiver, which provides for grievances/complaints to be submitted directly to the OSA or by way of the service coordinator. This grievance complaint system is the same as the incident reporting system presented in greater detail in Appendix G.

A complaint may be made to the local school system waiver contact, service coordinator, the OSA and/or SMA. The service coordinator is responsible for making the OSA aware of all complaints even if it can be resolved at the service coordinator or local school system level. The filing of a grievance or making a complaint is not a substitute, nor a prerequisite for a fair hearing. This information is included in the freedom of choice form that all participants/representatives sign when enrolling. Families of participants are informed of their fair hearing rights at enrollment through the Eligibility Determination Division. Service coordinators will assist families with this process when interest in a fair hearing is expressed.

**c. Description of System.** Describe the grievance/complaint system, including: (a) the types of grievances/complaints that participants may register; (b) the process and timelines for addressing grievances/complaints; and, (c) the mechanisms that are used to resolve grievances/complaints. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

A complaint is defined in the SMA's reportable event policy as any communication, verbal or written, from a participant, participant's representative, provider, or other interested party to any employee of the SMA or OSA, service coordinator, or waiver providers, etc. expressing dissatisfaction with any aspect of the program's operations, activities, or behavior. Complaints are categorized as quality of care issues and service issues.

Quality of care issues include, but are not limited to, the following:

- 1) Providing care and services within an efficient and timely manner.
- 2) Receiving care and services in a safe setting, free from any form of harm, abuse, or harassment.
- 3) Participant-centered support and education to meet the participant's needs and preferences.
- 4) Equal access to health care and/or services regardless of personal characteristics, race, religion, gender, ethnicity, disabilities, language/communication barriers, clinical conditions/diagnosis or preferences for care.
- 5) Efficiency in utilizing resources to maximize benefits for clients.
- 6) Effectiveness in providing care and achieving participant-valued outcomes.
- 7) Coordination and proper information sharing across the SMA, the OSAs, case managers, and providers to guide decisions regarding care and quality improvement efforts.

Examples of service issues include, but not limited to, the following:

- 1) Failure to comply with policies and procedures.
- 2) Disregard for confidentiality and privacy.
- 3) Lack of available service providers.
- 4) Insufficient case management services.
- 5) Requested information not received by service coordinator or the OSA.
- 6) Incorrect information.
- 7) Inability to reach agencies or responsible parties via phone, email, etc.
- 8) Unresolved issues related to a service needed by the applicant/participant.

Timeframes for various aspects of the grievance complaint processes are as follow:

- 1. Grievances/complaints that involve immediate jeopardy (i.e., abuse, neglect and exploitation) requires that a telephone referral to Child Protective Services, Adult Protective Services, the appropriate licensing agency or the SMA be made by the provider, service coordinator or OSA receiving the complaint, within 24-hours. For complaints identified as immediate jeopardy, service coordinator or the OSA must initiate an onsite survey or investigation within two working days of the telephone referral. A reportable event form must be completed within seven calendar days of the complaint/event.
- 2. Grievances/complaints that do not involve immediate jeopardy reported to the provider or service coordinator must be logged and communicated to the OSA within seven calendar days of the grievance/complaint being made using the reportable event form and a call within 24-hours is not required. Intervention and/or follow up action for the complaint must be initiated by the OSA within seven calendar days of the grievance or complaint being logged and communicated using the reportable event form.
- 3. A status letter must be forwarded within seven calendar days of the OSA's review of the reportable event form documenting the grievance/complaint.
- 4. Grievances and complaints must be resolved within 45 days, unless a fair hearing or appeal has been requested due to an adverse action for the family or provider.

Parents/guardians and providers have the right to appeal any adverse decision resulting from a complaint. The filing of a grievance or making a complaint is not a substitute, nor a prerequisite for a fair hearing. The process and timeframes for each are as follows:

#### Parents/Guardians

In the case of participants and families, the participant is informed that filing a grievance or making a complaint is not a pre-requisite or substitute for a Fair Hearing. Requests for fair hearings must be made within 90 days from the date of the

adverse notice. The request must be made in writing and forwarded to the SMA. The request for hearing will be forwarded to the Office of Administrative Hearings for scheduling. If the family is presently receiving benefits, a fair hearing must be requested within 10 days from the date of the adverse action notice or by the effective date of the termination of benefits, whichever is later, to ensure continuation of services until the fair hearing decision is made.

The fair hearing will be scheduled at a time and place that is convenient for the family. The family will be expected to be present. The family may bring legal counsel and any witnesses or documents to help establish pertinent facts and to explain circumstances. Families may obtain free legal aid and help through various resources, such as the Legal Aid Bureau at 1-800-999-8904 or Disability Rights Maryland at 1-800-233-7201. Prior to the hearing, families or their legal counsel may review the documents and records that the SMA and/or OSA will use at the time of the hearing and can ask for the names of the State's witnesses. Families reserve the right, during the time before the hearing, to request a reconsideration of the decision by calling the SMA or OSA.

A fuller explanation of the fair hearing process can be found in the State regulations, COMAR 10.01.04.

#### Providers

In the case of providers, requests for a fair hearing must be made within 30 days from the date of the adverse notice. The request must be made in writing and forwarded to the SMA. The request will be forwarded to the Office of Administrative Hearings by the SMA for scheduling.

A fuller explanation of the appeal process can be found in the State regulations, COMAR 10.09.36 and 10.01.03.

# **Appendix G: Participant Safeguards**

# **Appendix G-1: Response to Critical Events or Incidents**

- **a. Critical Event or Incident Reporting and Management Process.** Indicate whether the state operates Critical Event or Incident Reporting and Management Process that enables the state to collect information on sentinel events occurring in the waiver program. *Select one*:
  - Yes. The state operates a Critical Event or Incident Reporting and Management Process (complete Items b through e)
  - No. This Appendix does not apply (do not complete Items b through e)

    If the state does not operate a Critical Event or Incident Reporting and Management Process, describe the process that the state uses to elicit information on the health and welfare of individuals served through the program.

**b. State Critical Event or Incident Reporting Requirements.** Specify the types of critical events or incidents (including alleged abuse, neglect and exploitation) that the state requires to be reported for review and follow-up action by an appropriate authority, the individuals and/or entities that are required to report such events and incidents and the timelines for reporting. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The State's critical event or incident reporting and management process is coordinated through its policy and procedures for reportable events. Critical events are submitted on the State sanctioned reportable events form through a secure server to the operating state agency (OSA) to ensure confidentiality. In cases of immediate jeopardy, or when there are significant concerns, critical events are reported to the OSA via email or phone prior to submission of the form to insure required actions occur. When necessary, a fax can be used according to required HIPAA standards to send confidential information.

A reportable event is defined as the allegation of or the actual occurrence of an incident that may pose an immediate and/or serious risk to the physical or mental health, safety, or well-being of a waiver participant. A reportable event may also be a complaint regarding an administrative service or quality of care issue. Types of incidents that must be reported are:

- · Abuse: physical, sexual, verbal or emotional
- · Neglect: nutritional, medical, self, environmental
- · Exploitation: financial, theft, destruction of property
- · Accidents or Injuries (requiring treatment beyond first aid): fall, fracture, burn, laceration/wound, other
- Death: anticipated or unanticipated, including suicide
- · Hospitalization: anticipated, unanticipated, in-patient psychiatric, emergency room, suicide attempt
- · Restraint: physical, chemical, seclusion
- Treatment Error: medication, delegated task, other
- Missing Person/Elopement
- Abandonment
- · Rights Violation
- Other

#### Complaints:

Quality of care and/or administrative service issues of: access, communication, delays, professionalism, or other reportable events may be reported by anyone to include parents/guardians, providers, service coordinators and/or state Medicaid agency (SMA) staff. All of these entities, except parents/guardians, are required to adhere to the policy which requires that a report be filed if the incident falls within policy guidelines. In nearly all instances, reportable events are initially filed with the service coordinator of the involved participant.

Parents/guardians may also file complaints informally through the SMA, the OSA, and the service coordinator. Such complaints, specifically those filed through the service coordinator, are resolved through interactions between the service coordinator, family, and provider, and, if necessary, the OSA and/or SMA. The OSA provides guidance to service coordinators as to whether the matters involved in the complaint require documentation and action as a formal reportable event.

Providers are required to self-report incidents through this process. Providers who are licensed by the Maryland Department of Health's (MDH) Office of Health Care Quality (OHCQ) are also required to self-report incidents to OHCQ within 24-hours of occurrence. Providers and service coordinators must report all instances of abuse neglect, and exploitation to local law enforcement and social services as required by Family Law Article, Title 5, Subtitle 7, § 5-704. They are informed of this legal requirement through written guidance during the application process, through periodic written guidance from the State agencies, and in initial and ongoing training sessions provided by the SMA and the OSA. Processes and timeframes are part of the waiver reportable event policy. Timeframes for reporting events are as follows:

- 24-hours emergency situations, abuse, neglect or exploitation
- 7 days non-emergency complaints impacting health and safety
- 45 days administrative complaints
- c. Participant Training and Education. Describe how training and/or information is provided to participants (and/or families or legal representatives, as appropriate) concerning protections from abuse, neglect, and exploitation, including how participants (and/or families or legal representatives, as appropriate) can notify appropriate authorities or entities when the participant may have experienced abuse, neglect or exploitation.

Service coordinators have the primary responsibility of providing information to participant's and their families on protecting the participant from abuse, neglect, and exploitation. Service coordinators meet with all families or legal representatives of newly enrolled participants prior to the provision of waiver services. The reporting of any abuse, neglect, or exploitation issues that may arise are explained. Service coordinators may review the incident reporting process during the required monthly contacts with the parents/guardians of all participants. This reporting process is reviewed with the families annually, at both individual waiver recertification conferences and at the annual parent/guardian's information meetings in local jurisdictions.

To facilitate the training provided to families on this topic service coordinators receive training on Maryland's waiver reportable events policies and procedures including requirements of the Family Law Article, Title 5, Subtitle 7 § 5-704, that details procedures concerning protections from abuse, neglect, and exploitation. This training is provided to service coordinators at their required initial service coordination training session as well as at the annual training session presented by the OSA and SMA.

Parental rights and responsibilities including information concerning critical events or incidents is reviewed and signed by the parent/guardian annually. Service coordinators may also provide participants and their families with technical assistance during monthly contacts if additional training is required.

**d.** Responsibility for Review of and Response to Critical Events or Incidents. Specify the entity (or entities) that receives reports of critical events or incidents specified in item G-1-a, the methods that are employed to evaluate such reports, and the processes and time-frames for responding to critical events or incidents, including conducting investigations.

Typically, cases involving critical events or incidents are referred to the appropriate agency by service coordinators. Critical events are defined as immediate jeopardy in the SMA's and OSA's policies regarding such events. On an ongoing basis, service coordinators are briefed on policies and procedures regarding critical events or incidents. Service coordinators are trained and instructed to refer critical events to the appropriate agency and OSA. Service coordinators do not conduct full investigations of critical events. Service coordinators are responsible for gathering information to make sure appropriate referrals are made. Additionally, information is gathered for submission to the proper authorities. Site visits are conducted as a result of abuse, neglect, or exploitation to ensure the health and safety of participants.

Requirements for service coordinators include one year of relevant training or experience and a bachelor's degree—or higher in Social Work or a related human services field. This educational requirement ensures that service coordinators are fully equipped to assist in a way that fully safeguards the health and safety of participants. Additionally, service coordinators are required to complete at least five hours of initial training when hired. The OSA offers service coordinators training twice a year regarding abuse and neglect, policy directives, quality assurance, compliance and risk assessments in an ongoing effort to ensure that service coordinators are properly informed. Service coordinators are required to attend at least one training annually.

By State law, if waiver participants are minors, reporting of incidents of alleged abuse, neglect, or exploitation require social services and law enforcement agency involvement immediately by the first responsible adult with awareness. The service coordinator conducts an initial investigation upon receipt of the reportable event form. Service coordinators must ensure that such referrals occurred in all cases, minors and otherwise, and must make the referrals if they have not occurred. Results and conclusions from the service coordinator's investigation are added to the original report form which is then forwarded to the OSA. The OSA conducts further investigation as necessary, including written and verbal communication from parents, service coordinators, and provider staff. Events/incidents involving violation of regulations may be reported immediately to the SMA with recommendations for sanctions. Incidents resulting in harm to a participant or an immediate threat to the health, safety or welfare of the child are immediately reported to Child Protective Services or Adult Protective Services and to the OSA and SMA. For residential habilitation participants, the OSA immediately contacts the MDH'S Office of Health Care Quality (OHCQ). For reportable events filed by parents/guardians and/or providers against service providers, the reportable events policies and procedures directs that the reportable event be filed directly with the OSA. The appropriate supervisor addresses the complaint. The service coordinator/supervisor, as appropriate, informs the family of the outcome within seven calendar days of the closure of the reportable event.

The OSA's review and response to a reportable event follows the following set chronology and substance:

- 1. The reportable event is received.
- 2. The event and all information are entered into the reportable event database and reviewed by staff.
- 3. Additional information is procured from involved parties as necessary.
- 4. A reportable event status letter is issued to the service coordinator and to the provider, if applicable.
- 5. Events requiring greater administrative intervention are reported immediately to the SMA.
- 6. As necessary, follow-up is required of the provider and/or service-coordinator. Service coordinator conducts continued monitoring/updating of developments to ensure health, welfare, and safety of the child. The provider is required to provide additional explanation in writing or to meet with OSA staff. Provider institutes corrective action plan and/or receives sanctions, which may include immediate suspension of payment and/or emergency disenrollment from Medicaid for egregious health and safety violations. The OSA and the SMA may conduct a monitoring visit to the provider. The nature of certain reportable events will be added to service coordination and/or provider training agendas to illustrate problematic issues.

Reportable events concerning the denial of requested services and appeal are decided by the independent Office of Administrative Hearings. Reportable events concerning quality of care issues may involve the OHCQ if the provider is licensed by that office. All reportable events should be substantially resolved within 45 days, however, follow-up for some cases involving corrective action may continue past 45 days.

Critical events are reported to Child Protective Service or Adult Protective Services within a 24-hour timeframe and on-site survey/investigation must occur within two working days of reporting to gather information. These agencies conduct full investigations. For all other events the service coordinator or OSA, investigations must occur within seven calendar days of reporting. The cases must be closed and/or resolved within 45 days.

e. Responsibility for Oversight of Critical Incidents and Events. Identify the state agency (or agencies) responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants, how this oversight is conducted, and how frequently.

The SMA and the OSA share the responsibility for oversight of reportable events. After filing by the parent/guardian or provider and documentation by the service coordinator, reportable events are reviewed immediately upon receipt by the OSA. Depending on the situation, discussion is held with service coordinators, providers, and/or parents/guardians of participants to resolve issues. Most reportable events are resolved, and status letters issued on the same day they are filed. The OSA involves other state agencies as necessary. The OSA includes the SMA on all written communications and contacts staff of the SMA within 24-hours of a serious incident. Triage for greater levels of severity involving residential habilitation participants is handled by the SMA's OHCQ, to whom the OSA immediately reports such incidents. More serious reportable events involving abuse, neglect, and exploitation are referred to Child Protective Services/Adult Protective Services for investigation.

Every reportable event is entered into a database for trend analysis. The OSA generates a quarterly narrative and data summary and an annual analysis of data. The SMA and the OSA meet monthly in an interagency forum of which reportable event data is shared. The SMA and the OSA also review the formal quarterly report, which is also presented to the Autism Waiver Advisory Committee, a multi-stakeholder group consisting of family members, service coordinators, providers, State representatives, and advocates representing rural and urban areas of the state. The advisory committee meets at least three times annually and makes recommendations to the OSA regarding waiver policies, procedures, and regulations which address the health and welfare of participants. Proposals regarding waiver operations, survey results, developments in the field of autism, and waiver data reports are shared with the advisory committee at every meeting. Reportable event trend data has led to quality improvement initiatives such as targeted training, formal written guidance, and procedural and regulatory change within the waiver.

# **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions** (1 of 3)

- **a. Use of Restraints.** (Select one): (For waiver actions submitted before March 2014, responses in Appendix G-2-a will display information for both restraints and seclusion. For most waiver actions submitted after March 2014, responses regarding seclusion appear in Appendix G-2-c.)
  - O The state does not permit or prohibits the use of restraints

Specify the state agency (or agencies) responsible for detecting the unauthorized use of restraints and how this oversight is conducted and its frequency:

•	The use of restraints is permitted during the course of the delivery of waiver services.	Complete Iter	ns G-2-a-i
	and G-2-a-ii		

i. Safeguards Concerning the Use of Restraints. Specify the safeguards that the state has established concerning the use of each type of restraint (i.e., personal restraints, drugs used as restraints, mechanical restraints). State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

As required by State policy, Autism Waiver providers are required to develop and implement policies and procedures that explain the use of restraints. The policies and procedures will be reviewed during the initial application process and subsequently during each on-site monitoring visit by the Provider Interagency Medicaid Monitoring Team. Additionally, the use of restraints must be self-reported by the provider utilizing the reportable events process.

The Autism Waiver provider must document the use of a restrictive technique in a treatment plan and ensure that the use represents the least restrictive, effective alternative, and is only implemented with approval from the family after other methods have been systematically tried and objectively determined to be ineffective. The direct care worker must collect and present objective data to the supervising professional to indicate whether the restrictive technique being used is effective in reducing the individual's challenging behavior.

The provider shall convene a meeting with the family, direct care worker, supervisor, and on-call professional after an emergency use of a restrictive technique in order to review the situation and actions taken, determine subsequent actions that include the development or modification of the treatment plan as necessary and document that the requirements have been met. The provider shall ensure that the staff do not use any method or technique prohibited by law, including aversion techniques; any method or technique which deprives an individual of any basic right; seclusion, a room from which egress is prevented; or a program that results in a nutritionally inadequate diet. Provider staff may not use a restrictive technique as a substitute for a treatment plan, as punishment or for convenience. Medication may not be used as a form of chemical restraint. Providers of IISS, respite, and TI, however, are not authorized to dispense medication unless they comply with State regulations regarding dispensing medication.

A provider's use of restraints on a participant must be reported to the OSA in accordance with the reportable events policy and procedures. Service coordinators and providers have the responsibility of reporting use of restraints, as well as abuse and neglect that may result from the use of restraints to Child Protective Services.

Adult Protective Services.

Each Autism Waiver provider that provides a service where a direct care worker may be alone with the child such as, IISS, TI, and respite service, must provide training to program personnel on the use of restraints and the appropriate implementation of policies and procedures approved by the OSA. Each provider shall identify program personnel authorized to serve as a resource to assist with training on de-escalation techniques and ensure proper administration of time out strategy and restraint. The program personnel shall receive appropriate training, in current, professionally-accepted practices and standards regarding: positive behavior interventions strategies and supports, functional behavior assessment and behavior treatment planning, time out, and restraint. The use of various positive behavior interventions must be identified on the treatment plan to avoid or eliminate the use of restraints.

The recommendation for use of a restraint can come from the family, direct care worker, the supervisor or the on-call professional. In no circumstance is restraint permitted on a child's treatment plan without the consent of the family. If a family disagrees with the concern that a more restrictive intervention is warranted, a meeting with the family and provider agency is necessary. During this meeting, all of the lesser-restrictive techniques that have been implemented with the child are identified for the family and the situation is discussed.

A small group of waiver participants reside in residential facilities. Residential habilitation service providers are licensed by the Office of Health Care Quality (OHCQ), Developmental Disabilities Administration (DDA) or the Department of Human Services (DHS). The DDA policy on reportable events provides definitions of chemical support and chemical intervention and specifies the requirements for documentation, review, reporting, and investigation. For waiver participants in a residential habilitation facility, program personnel may use time out to address a resident's behavior if the resident's behavior unreasonably interferes with the program activities; if the resident's behavior constitutes an emergency; if time out is necessary to protect a resident or other person from imminent, serious physical harm after other less intrusive interventions have failed or been determined inappropriate; when time out is requested by the resident; or when supported by the safety plan. The safeguards in COMAR 14.31.06 identify that a setting used for timeout shall; provide program personnel with the ability to see the resident at all times; provide adequate lighting, ventilation, and furnishings; and be unlocked and free of structural barriers that prevent egress.

Program personnel shall supervise a resident placed in timeout and provide a resident in timeout with: an explanation of the behavior that resulted in the removal; an explanation and instruction on the behavioral expectations when the resident returns to the milieu. Each period of timeout shall be appropriate to the developmental level of the resident and the degree of severity of the behavior and may not exceed 30 minutes. The parent or a legal guardian, the custodial agency, and program personnel may at any time request a meeting to address the use of timeout and to conduct a behavioral assessment and develop, review, or revise a resident's behavioral intervention plan.

Physical Restraints: The use of prone floor restraint is prohibited in residential child care facilities. The use of physical restraint is prohibited in residential child care facilities unless: there is an emergency and physical restraint is necessary to protect a resident or other individuals from imminent, serious physical harm after other less intrusive non-physical interventions have failed or been determined inappropriate; and the parents or legal guardian of a resident have been notified before admission that use of physical restraints may be necessary. Physical restraint may be applied only by program personnel who have successfully completed training in the appropriate use of physical restraint consistent with State requirements.

A physical restraint shall be removed as soon as the resident is calm and may not last longer than 30 minutes. Trained staff shall constantly monitor the use of restraint for the following: proper technique, level of consciousness, breathing, and other safety factors. Senior program personnel shall conduct a face-to-face assessment, as described in regulation, as soon as practicable but not more than one hour after the initiation of the restraint.

Mechanical Restraints: The use of mechanical restraint is prohibited in residential child care facilities except as permitted in COMAR 14.31.07.08. This does not prohibit program personnel from using a protective or stabilizing device prescribed by a health care professional. The use of seclusion is prohibited in residential child care facilities. If restraint is used for a resident, the treatment team shall meet within five business days of the incident to consider: a review of the safety plan, the need for a functional behavioral assessment, to review or develop appropriate behavioral interventions, and revise or implement a behavioral intervention plan. The treatment team includes the family, the direct care worker, the professional on-call, and the supervisor.

The resident's behavior treatment plan shall specify how often the treatment team shall meet to review or revise the plan. When a treatment team meets to review or revise a resident's behavior treatment plan, the treatment team shall consider: existing health, physical, psychological, and psychosocial information, information provided by the parent or legal guardian and the custodial agency; and observations by program personnel and related service providers.

The program shall provide written notice to the parent or legal guardian, the custodial agency, and the resident's attorney when a treatment team proposes use of restraint, refuses to initiate use of restraint, or change the resident's behavior treatment plan that includes the use of restraint. A parent or legal guardian may request an appeal through the program's grievance process if the parent disagrees with the treatment team's decision to propose, refuse to initiate, or change the resident's behavior treatment plan to use restraint.

The processes used by the OSA to detect unauthorized use of physical, chemical, and mechanical restraints are the same. Detection may occur through provider monitoring, monthly service coordinator contact with families, parental reporting, the service coordination process, reporting of incidents and/or audits. Agencies are required to implement policies and procedures regarding positive behavior interventions and the appropriate use of restraints. All direct care workers and supervisors are required to have annual training in positive behavior interventions to avoid the use of restraints. This training must also include the appropriate use of restraints. All agencies are also required to attend statewide annual trainings by OSA which includes the requirement to report the use of restraints. The alternative methods used to avoid all types of restraints include positive behavior interventions which encompass evidence based practices that promote behavioral changes to improve daily functioning and reduce maladaptive behaviors.

**ii. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for overseeing the use of restraints and ensuring that state safeguards concerning their use are followed and how such oversight is

conducted and its frequency:

A provider's use of restraints on a participant must be reported to the OSA in accordance with the reportable events policy and procedures. Service coordinators and providers have the responsibility of reporting use of restraints, as well as abuse and neglect that may result from the use of restraints to Child Protective Services / Adult Protective Services.

The program shall provide written notice to the parent or legal guardian, the custodial agency, and the resident's attorney when a treatment team proposes use of restraint, refuses to initiate use of restraint, or change the resident's behavior treatment plan that includes the use of restraint. A parent or legal guardian may request an appeal through the program's grievance process if the parent disagrees with the treatment team's decision to propose, refuse to initiate, or change the resident's behavior treatment plan to use restraint.

The processes used by the OSA to detect unauthorized use of physical, chemical, and mechanical restraints are the same. Oversight by the OSA and SMA occurs through provider monitoring, monthly service coordinator contact with families, parental reporting, the service coordination process, reporting of incidents and/or audits.

Agencies are required to implement policies and procedures regarding positive behavior interventions and the appropriate use of restraints. All direct care workers and supervisors are required to have annual training in positive behavior interventions to avoid the use of restraints. This training must also include the appropriate use of restraints. All agencies are also required to attend statewide annual trainings by OSA which includes the requirement to report the use of restraints. The alternative methods used to avoid all types of restraints include positive behavior interventions which encompass evidence-based practices that promote behavioral changes to improve daily functioning and reduce maladaptive behaviors.

# **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions** (2 of 3)

- **b.** Use of Restrictive Interventions. (Select one):
  - $\circ$  The state does not permit or prohibits the use of restrictive interventions

Specify the state agency (or agencies) responsible for detecting the unauthorized use of restrictive interventions and how this oversight is conducted and its frequency:

- The use of restrictive interventions is permitted during the course of the delivery of waiver services Complete Items G-2-b-i and G-2-b-ii.
  - i. Safeguards Concerning the Use of Restrictive Interventions. Specify the safeguards that the state has in effect concerning the use of interventions that restrict participant movement, participant access to other individuals, locations or activities, restrict participant rights or employ aversive methods (not including restraints or seclusion) to modify behavior. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency.

For each Autism Waiver provider that provides a service where a direct care worker may be alone with the child such as, intensive individual support services (IISS), therapeutic integration (TI), and respite, the agency must provide training to program personnel on the use of restraints and restrictive interventions and the appropriate implementation of policies and procedures approved by the OSA. The policies and procedures must include a continuum of positive behavioral interventions, strategies, and supports for use by program personnel before time-out or restraint is used for the prevention of self-injurious behaviors. Each provider shall identify program personnel authorized to serve as a program-wide resource in order to assist with training on de-escalation techniques and to ensure proper administration of time-out or restraint.

The program-wide resource shall be the 24-hour on-call professional or the supervisor of the direct care worker who has received approved statewide training. The program personnel shall receive training approved by the State in current, professionally accepted practices and standards regarding: positive behavior interventions strategies and supports; functional behavior assessment and behavior treatment planning, and the use of time-out and restraint. The use of various positive behavior interventions as well as any use of restrictive interventions must be identified on the treatment plan. Training shall be required before program personnel may work with residents independently and shall occur at least yearly.

The treatment team includes the family, the direct care worker, the supervisor, and can also include the on-call professional. The recommendation for use of a restraint can come from the family, direct care worker, the supervisor or the on-call professional. Under no circumstances, is restraint permitted on a child's treatment plan without the consent of the family. If a family disagrees with the concern that a more restrictive intervention is warranted, a meeting with the family and provider agency is necessary. During this meeting, all of the less restrictive techniques that are used with the child are identified for the family and the individual situation is discussed.

COMAR 14.31.06.15 requires that each residential child care facility develop policies and procedures to address a continuum of positive behavioral interventions, strategies, and supports for use by program personnel to prevent self-injurious behavior and/or before time-out or restraint is used. The policiesand procedures must address the methods for identifying and defusing potentially dangerous behavior and the use and documentation of time-out consistent with State requirements. COMAR 14.31.06.15 also requires that program personnel be encouraged to use an array of positive behavior interventions, strategies, and supports to increase adaptive behaviors or decrease targeted behaviors as specified in the behavior treatment plan. Program personnel may only use time-out or restraint after less restrictive or alternative approaches have been considered and have been attempted or have been determined to be inappropriate. Time-out or restraint can only be used in a humane, safe, and effective manner, without intent to harm or create undue discomfort and be consistent with the resident's behavior intervention plan and any known medical or psychological limitations. Safeguards that the State has in place include the use of behavioral plans, training and documentation of the use of the restrictive interventions and monitoring. Each residential child care facility will provide training to program personnel on the appropriate implementation of policies and procedures on behavioral interventions, strategies, and supports.

Each residential child care facility shall develop a quality assurance process to ensure that each resident's needs are addressed; monitor and address the incident management findings, frequency, and types of restraints utilized; implement measures to reduce the use of restraint; annually review policies/procedures and provide them to program personnel and parents or legal guardians.

Each residential child care facility shall develop policies and procedures on monitoring the use of time-out and restraint and receiving and investigating complaints regarding time-out and restraint practices. The residential child care facility shall report the use of restraint to the parent or legal guardian immediately following the incident unless otherwise specified by the parent or legal guardian; the placement agency within 24-hours of the incident; the licensing agency in writing, to include information described in State regulations within 24-hours of the incident; and Child Protective Services, if the use of restraint was inappropriate. The licensing agency may monitor and request any information regarding any matter related to time-out or restraint implemented by a residential child care facility. The licensing agency shall provide written notice of the requested information and specify the time and the manner in which the residential child care facility shall respond to the request.

The process used by the OSA to detect unauthorized use of physical, chemical, and mechanical restraints is the same. Through several oversight and monitoring processes, communication with service coordinators, the OSA, and SMA unauthorized use of restraints are identified. The acceptable restrictive interventions include token economies or other reward systems used in programming, time-out, and environmental restrictions. During provider monitoring treatment plans and daily contact notes are reviewed to ensure that appropriate treatment is provided to the child as specified in the child's treatment plan and COMAR. Programming and/or interventions that are not identified in the treatment plan, or reported through the reportable events system, are considered a negative finding. The provider is required to submit plans of corrective action, repayment of paid claims, and file a reportable

event. On a monthly basis, the service coordinator contacts each family and child to monitor services and ensure that the participant's needs are met. On a quarterly basis, the service coordinator visits with child at the home, place of service, or school. If the unauthorized use of restrictive interventions occurs, these incidents may be reported through the reportable events system by the service coordinator.

Within the provider agencies, several measures are taken to detect the unauthorized use of restrictive interventions. All agencies must have on file a policy and procedure on the use of positive behavior interventions and the appropriate use of restraints. All direct care workers and supervisors must be trained in positive behavior interventions and the appropriate use of restraints on an annual basis. Both direct and indirect supervision of all direct care workers is required to ensure that treatment plans, as well as the interventions and procedures outlined in the treatment plans, are implemented to fidelity. Supervisors are required to give oversight, guidance, and feedback on all programming. Daily documentation recording services rendered to the child, inclusive of restrictive interventions is required.

#### Permitted restrictive interventions

- 1. Token economies or other reward systems used as a part of programming. For example, temporarily limiting access to a preferred item, verbally reinforcing behaviors using desired objects.
- 2. Time-out
- 3. Environmental restrictions. For example, limiting the environment to ensure individuals with pica remain safe.

Restrictive interventions must be outlined and documented in the child's treatment plan and/or behavior plan. Supervision of intervention implementation for all direct care workers is required. The supervisor must provide guidance, oversight, and feedback to ensure that interventions are implemented as prescribed. Treatment plans must also provide intervention evaluation timelines, and data protocol to monitor the child's response and progress.

#### Prohibited use of restrictive interventions

- 1. Restrictive procedures may not be used as retribution, for the convenience of staff persons, as a substitute for programming, or in a way that interferes with the participant's developmental program.
- 2. Restrictive procedures may not be used unless less restrictive techniques and resources appropriate to the behavior have been tried but were unsuccessful.
- 3. Any use of aversive conditioning: defined as the application, contingent upon the exhibition of maladaptive behavior, of startling, painful, or noxious stimuli is prohibited.
- 4. Seclusion, defined as placing a participant in a locked room, is prohibited. A locked room includes a room with any type of door locking device, such as a key lock, spring lock, bolt lock, foot pressure lock, or physically holding the door shut.
- 5. A participant's personal funds or property may not be used as reward or punishment

Every attempt must be made to anticipate and de-escalate the behavior using positive behavior interventions, and any other interventions that are less intrusive than restrictive procedures and allow a child to be served in the least restrictive environment. Maryland regulations (COMAR), as well as the OSA's policies and procedures dictate that positive behavior interventions should be used to promote behavior management. Additionally, COMAR 10.09.56.05J requires that services must be delivered in the child's least restrictive environment in the community that is appropriate to a participant's needs.

All Autism Waiver Service providers, except for EAA providers, must ensure that all staff have\_been trained in the management of disruptive behavior, including:

- 1. The use of positive behavior interventions;
- 2. Functional behavior assessment; and
- 3. Methods for identifying and defusing potentially dangerous behavior.

Documentation of training must be maintained in the personnel file of all employees. State approved programs are recommended for the training of staff. Documentation in the form of the trainer's credentials and session agendas as well as training materials must be maintained by the provider and available for review.

Daily documentation recording services rendered to the child, inclusive of restrictive interventions, is required. Restrictive interventions are outlined and documented in the child's treatment plan and/or behavior plan. Additionally, treatment plans must provide intervention evaluation timelines and data protocol to monitor the child's response and progress. This documentation is reviewed during provider monitoring. Supervision of intervention implementation for all direct care workers is required. The supervisor must provide guidance, oversight, and feedback to ensure that interventions are implemented as prescribed. Documentation of such supervision is reviewed as a part of provider monitoring. Reportable event forms are also submitted in response to critical events where restrictive interventions have occurred.

**ii. State Oversight Responsibility.** Specify the state agency (or agencies) responsible for monitoring and overseeing the use of restrictive interventions and how this oversight is conducted and its frequency:

Every reportable event, including those regarding the use of restrictive interventions, is entered into a database for trend analysis. The MSDE generates a monthly reportable event data summary, a quarterly narrative and data summary, and an annual data analysis. The SMA and OSA meet monthly in an interagency forum and reportable event data is shared. The SMA and OSA also review the formal quarterly report, which is also presented to the Autism Waiver Advisory Committee. The committee is a multistakeholder group consisting of family members, service coordinators, providers, State representatives, and advocates representing rural and urban areas of the state. The advisory committee meets at least three times annually and makes recommendations to the SMA and OSA regarding waiver policies, procedures, and regulations which address the health and welfare of participants. Proposals regarding waiver operations, survey results, developments in the field of autism and waiver data reports are shared with the advisory committee at every meeting. The analysis of reportable event data leads to the development of the OSA's training priorities for providers and service coordinators, formal written guidance to providers and service coordinators as well as procedural and regulatory changes within the waiver.

The Governor's Office for Children has promulgated State regulations on Standards for Residential Child Care Programs, COMAR 14.31.06. Autism Waiver residential providers are licensed by either the Developmental Disabilities Administration or the Department of Human Resources. The OHCQ within the Maryland Department of Health, monitors residential providers to ensure compliance with all State regulations. The OHCQ is responsible for overseeing the use of restraints and seclusion in accordance with regulations governing behavioral supports. Survey and investigations results are communicated directly from OHCQ to the OSA. In addition, the OSA conducts annual visits to residential providers to assure compliance with state regulations including the use of restrictive techniques and training. The OSA reviews the treatment plan and the behavioral plan as well as reportable events submitted to the OSA regarding the residential providers.

The process used by the OSA to detect use of physical, chemical, and mechanical restraints is through several oversight and monitoring processes as well as through communication with service coordinators, the OSA, and SMA. The acceptable restrictive interventions include token economies or other reward systems used in programming, time-out, and environmental restrictions. During provider monitoring, treatment plans and daily contact notes are reviewed to ensure that appropriate treatment is provided to the child, as specified in the child's treatment plan and COMAR. Programming and/or interventions that are not identified in the treatment plan, or reported through the reportable events system, are considered a negative finding. The provider is required to submit plans of corrective action, repayment of paid claims, and file a reportable event.

On a monthly basis, the service coordinator contacts each family and child to monitor services and ensure the participant's needs are met. On a quarterly basis, the service coordinator visits with child at the home, place of service, or school. If the unauthorized use of restrictive interventions occurs, these incidents may be reported through the reportable events system by the service coordinator.

Within the provider agencies, several measures are taken to detect the unauthorized use of restrictive interventions. All agencies must have on file a policy and procedure on the use of positive behavior interventions and the appropriate use of restraints. All direct care workers and supervisors must be trained in positive behavior interventions and the appropriate use of restraints on an annual basis. Both direct and indirect supervision of all direct care workers is required to ensure that treatment plans, as well as the interventions and procedures outlined in the treatment plans, are implemented to fidelity. Supervisors are required to give oversight, guidance, and feedback on all programming. Daily documentation recording services rendered to the child, inclusive of restrictive interventions, is required.

# **Appendix G: Participant Safeguards**

**Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (3 of 3)** 

**c.** Use of Seclusion. (Select one): (This section will be blank for waivers submitted before Appendix G-2-c was added to WMS in March 2014, and responses for seclusion will display in Appendix G-2-a combined with information on restraints.)

# lacktriangledown The state does not permit or prohibits the use of seclusion

Specify the state agency (or agencies) responsible for detecting the unauthorized use of seclusion and how this oversight is conducted and its frequency:

The provider shall ensure that the staff do not use any method or technique prohibited by law, including aversion techniques; any method or technique which deprives an individual of any basic right; seclusion, a room from which egress is prevented; or a program that results in a nutritionally inadequate diet. Provider staff may not use a restrictive technique as a substitute for a treatment plan, as punishment or for convenience.

As required by State policy, Autism Waiver providers are required to develop and implement policies and procedures that explain the prohibition of seclusion. The policies and procedures will be reviewed during the initial application process and subsequently during each on-site monitoring visit by the Provider Interagency Medicaid Monitoring Team. Additionally, the use of seclusion must be self-reported by the provider utilizing the reportable events process.

The Autism Waiver provider must document the use of a restrictive technique in a treatment plan and ensure that the use represents the least restrictive, effective alternative, and is only implemented with approval from the family after other methods have been systematically tried and objectively determined to be ineffective. The direct care worker must collect and present objective data to the supervising professional to indicate whether the restrictive technique being used is effective in reducing the individual's challenging behavior.

The provider shall convene a meeting with the family, direct care worker, supervisor, and on-call professional after an emergency use of a restrictive technique in order to review the situation and actions taken, determine subsequent actions that include the development or modification of the treatment plan as necessary and document that the requirements have been met.

A provider's use of seclusion on a participant must be reported to the OSA in accordance with the reportable events policy and procedures. Service coordinators and providers have the responsibility of reporting use of seclusion, as well as abuse and neglect that may result from the use of seclusion to Child Protective Services / Adult Protective Services.

Each Autism Waiver provider that provides a service where a direct care worker may be alone with the child such as, IISS, TI, and respite service, must provide training to program personnel on the prohibition of seclusion and the appropriate implementation of policies and procedures approved by the OSA. Each provider shall identify program personnel authorized to serve as a resource to assist with training on de- escalation techniques and ensure proper administration of time-out strategy. The program personnel shall receive appropriate training, in current, professionally accepted practices and standards regarding: positive behavior interventions strategies and supports, functional behavior assessment and behavior treatment planning, time-out, and appropriate restraint. The use of various positive behavior interventions must be identified on the treatment plan to avoid use of seclusion.

In no circumstance is seclusion permitted on a child's treatment plan. If a family disagrees with the concern that a more restrictive intervention is warranted, a meeting with the family and provider agency is necessary. During this meeting, all of the lesser-restrictive techniques that have been implemented with the child are identified for the family and the situation is discussed.

A small group of waiver participants reside in residential facilities. Residential habilitation service providers are licensed by the Office of Health Care Quality (OHCQ), Developmental Disabilities Administration (DDA) or the Department of Human Services (DHS). The DDA policy on reportable events provides definitions of chemical support and chemical intervention and specifies the requirements for documentation, review, reporting, and investigation. For waiver participants in a residential habilitation facility, program personnel may use time out to address a resident's behavior if the resident's behavior unreasonably interferes with the program activities; if the resident's behavior constitutes an emergency; if time out is necessary to protect a resident or other person from imminent, serious physical harm after other less intrusive interventions have failed or been determined inappropriate; when time out is requested by the resident; or when supported by the safety plan. The safeguards in COMAR 14.31.06 identify that a setting used for time-out shall; provide program personnel with the ability to see the resident at all times; provide adequate lighting, ventilation, and furnishings; and be unlocked and free of structural barriers that prevent egress.

Program personnel shall supervise a resident placed in time-out and provide a resident in time-out with: an explanation of the behavior that resulted in the removal; an explanation and instruction on the behavioral expectations when the resident returns to the milieu. Each period of time-out shall be appropriate to the

01/21/2022

developmental level of the resident and the degree of severity of the behavior and may not exceed 30 minutes. The parent or a legal guardian, the custodial agency, and program personnel may at any time request a meeting to address the use of timeout and to conduct a behavioral assessment and develop, review, or revise a resident's behavioral intervention plan.

Physical Restraints: The use of prone floor restraint is prohibited in residential child care facilities. The use of physical restraint is prohibited in residential child care facilities unless: there is an emergency situation and physical restraint is necessary to protect a resident or other individuals from imminent, serious physical harm after other less intrusive non-physical interventions have failed or been determined inappropriate; and the parents or legal guardian of a resident have been notified before admission that use of physical restraints may be necessary. Physical restraint may be applied only by program personnel who have successfully completed training in the appropriate use of physical restraint consistent with State requirements.

A physical restraint shall be removed as soon as the resident is calm and may not last longer than 30 minutes. Trained staff shall constantly monitor the use of restraint for the following: proper technique, level of consciousness, breathing, and other safety factors. Senior program personnel shall conduct a face-to-face assessment, as described in regulation, as soon as practicable but not more than one hour after the initiation of the restraint.

Mechanical Restraints: The use of mechanical restraint is prohibited in residential child care facilities except as permitted in COMAR 14.31.07.08. This does not prohibit program personnel from using a protective or stabilizing device prescribed by a health care professional. The use of seclusion is prohibited in residential child care facilities. If restraint is used for a resident, the treatment team shall meet within five business days of the incident to consider: a review of the safety plan, the need for a functional behavioral assessment, to review or develop appropriate behavioral interventions, and revise or implement a behavioral intervention plan. The treatment team includes the family, the direct care worker, the professional on-call, and the supervisor.

The resident's behavior treatment plan shall specify how often the treatment team shall meet to review or revise the plan. When a treatment team meets to review or revise a resident's behavior treatment plan, the treatment team shall consider: existing health, physical, psychological, and psychosocial information, information provided by the parent or legal guardian and the custodial agency; and observations by program personnel and related service providers.

The program shall provide written notice to the parent or legal guardian, the custodial agency, and the resident's attorney when a treatment team proposes use of restraint, refuses to initiate use of restraint, or change the resident's behavior treatment plan that includes the use of restraint. A parent or legal guardian may request an appeal through the program's grievance process if the parent disagrees with the treatment team's decision to propose, refuse to initiate, or change the resident's behavior treatment plan to use restraint.

The processes used by the OSA to detect unauthorized use of physical, chemical, and mechanical restraints are the same. Detection may occur through provider monitoring, monthly service coordinator contact with families, parental reporting, the service coordination process, reporting of incidents and/or audits. Agencies are required to implement policies and procedures regarding positive behavior interventions and the appropriate use of restraints. All direct care workers and supervisors are required to have annual training in positive behavior interventions to avoid the use of restraints. This training must also include the appropriate use of restraints. All agencies are also required to attend statewide annual trainings by OSA which includes the requirement to report the use of restraints. The alternative methods used to avoid all types of restraints include positive behavior interventions which encompass evidence based practices that promote behavioral changes to improve daily functioning and reduce maladaptive behaviors.

O	The use of seclusion is permitted during the course of the delivery of waiver services.	Complete Ite	ems G-2-c-i
	and G-2-c-ii.		

i.	<b>. Safeguards Concerning the Use of Seclusion.</b> Specify the safeguards that the state has established
	concerning the use of each type of seclusion. State laws, regulations, and policies that are referenced are
	available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

ii. State Oversight Responsibility. Specify the state agency (or agencies) responsible for overseeing the use of

# **Appendix G: Participant Safeguards**

# **Appendix G-3: Medication Management and Administration** (1 of 2)

This Appendix must be completed when waiver services are furnished to participants who are served in licensed or unlicensed living arrangements where a provider has round-the-clock responsibility for the health and welfare of residents. The Appendix does not need to be completed when waiver participants are served exclusively in their own personal residences or in the home of a family member.

- a. Applicability. Select one:
  - O No. This Appendix is not applicable (do not complete the remaining items)
  - Yes. This Appendix applies (complete the remaining items)
- b. Medication Management and Follow-Up
  - i. **Responsibility.** Specify the entity (or entities) that have ongoing responsibility for monitoring participant medication regimens, the methods for conducting monitoring, and the frequency of monitoring.

Autism Waiver residential habilitation service providers and respite providers, where a participant attends youth camp overnight, are responsible for the administration of medications to their participants.

Medication may only be administered by a licensed physician, nurse practitioner, or certified medication technician. Certified medication technicians register with Maryland Board of Nursing for mandatory supervision and monitoring by a licensed nurse practitioner no less than quarterly. The Office of Health Care Quality (OHCQ) oversees the monitoring of the certified medication technician utilizing both proactive and reactive strategies, including direct supervision, monitoring of medication administration techniques, incident and complaint reporting, mortality investigations, and re-licensure surveys. These medication procedures apply to all residential/child care settings and facilities.

Residential habilitation waiver providers are licensed by the Maryland Developmental Disabilities Administration (DDA) governed by COMAR 10.22.10. The residential provider must demonstrate that protocols required for medication administration including the use, monitoring and documentation requirements, use of qualified staff for administering medication, appropriate use of behavior plans, and monitoring are in place.

Daily monitoring of medication administration is the responsibility of the youth camps and residential habilitation provider. Oversight of these provider's responsibilities is conducted by the OHCQ and the OSA. Monitoring of provider medication administration focuses on review of medication administration records, licensure of staff administering medications, accuracy of administration times and procedures, and accuracy of medication type and amount. Monitoring is conducted on-site through review of participant medical records and required on-site medication logs. OHCQ also conducts desk audits of provider documentation and monitors on an annual basis.

Second-line monitoring is done by the OSA for residential service providers at least biannually. Additionally, service coordinators monitor residential providers at least annually, including a medication administration compliance review. The OSA also tracks medication administration errors via the reportable events process.

The OSA's second line monitoring of providers includes a review of medication administration and medical appointments as well as site visits to a residential habilitation residence. Medication administration errors require submittal of a corrective action plan to the OSA and corrective actions must include retraining of staff. The OSA also makes immediate referrals to the SMA, OHCQ, and the Maryland Board of Nursing for appropriate review and intervention as necessary. The OSA makes recommendations to the SMA for provider sanctions including the immediate suspension of payment.

ii. Methods of State Oversight and Follow-Up. Describe: (a) the method(s) that the state uses to ensure that participant medications are managed appropriately, including: (a) the identification of potentially harmful practices (e.g., the concurrent use of contraindicated medications); (b) the method(s) for following up on potentially harmful practices; and, (c) the state agency (or agencies) that is responsible for follow-up and oversight.

All policies and procedures for Autism Waiver residential habilitation providers apply to all residential/childcare settings and facilities. Licensed nurse practitioners from the DDA regional offices supervise and monitor administration of medications by certified medication technicians including performance and re-licensure. Incident and complaint reporting are also utilized to insure appropriate management of participant medications.

Residential service providers must maintain on-site medication logs detailing all prescribed medications, their administration, and all medical/dental appointments and their results. The SMA and the OSA train service providers on medication requirements and monitor provider records and on-site medication logs to ensure that qualified professionals such as a certified medication technician administer medications and that the correct medications are administered as prescribed. Staff from these agencies, parents, and service coordinators may also utilize the reportable event process to file complaints regarding medication administration.

All providers must self-report medication errors within 24-hours to the OHCQ. Providers must also promptly report all medication errors to the OSA as a reportable event. Medication errors may also be reported to Child Protective Services as neglect. All medication errors must be recorded and reported, including the omission of a scheduled administration, the administration of an incorrect medication, the administration of an incorrect dosage, the improper administration of a medication, and/or the missing of a scheduled medical or dental appointment.

The OSA tracks and trends data regarding medical administration. Data is taken from provider monitoring findings and reportable events filed by service coordinators and families/guardians. OSA data on reportable events are communicated quarterly to the SMA.

# **Appendix G: Participant Safeguards**

# Appendix G-3: Medication Management and Administration (2 of 2)

- c. Medication Administration by Waiver Providers
  - i. Provider Administration of Medications. Select one:
    - O Not applicable. (do not complete the remaining items)
    - Waiver providers are responsible for the administration of medications to waiver participants who cannot self-administer and/or have responsibility to oversee participant self-administration of medications. (complete the remaining items)
  - ii. State Policy. Summarize the state policies that apply to the administration of medications by waiver providers or waiver provider responsibilities when participants self-administer medications, including (if applicable) policies concerning medication administration by non-medical waiver provider personnel. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Maryland regulations require that any provider administering or overseeing the administration of medications be certified to do so by the Maryland Board of Nursing and be supervised at least quarterly by a State licensed nurse practitioner. The only service settings in which medications are administered by providers in the Autism Waiver is residential habilitation and over-night respite at a youth camp.

Providers must maintain on-site medication logs detailing all medications of each participant and log all administrations of those medications. All medical appointments and prescriptions must be maintained in the medication logs. All policies and procedures for residential habilitation providers apply to all residential/childæsettings and facilities including the ones not utilized by waiver participants.

- iii. Medication Error Reporting. Select one of the following:
  - Providers that are responsible for medication administration are required to both record and report medication errors to a state agency (or agencies).
    Complete the following three items:

(a) Specify state agency (or agencies) to which errors are reported:

Providers must report medication errors within 24-hours to the OHCQ. Providers must also promptly report all medication errors to the OSA as a reportable event. Medication errors may also be reported to Child Protective Services as neglect if appropriate. The OSA coordinates the collection and trending of all data from monitoring findings, reportable events and reviews it with the SMA during quarterly data review and planning meetings. Quarterly summaries of reportable events are submitted to the SMA.

(b) Specify the types of medication errors that providers are required to record:

All medication errors must be recorded, including the omission of a scheduled administration, the administration of an incorrect medication, the administration of an incorrect dosage, the improper administration of a medication, and/or medication administration by an unqualified individual.

(c) Specify the types of medication errors that providers must *report* to the state:

All medication errors must be reported, including the omission of a scheduled administration, the administration of an incorrect medication, the administration of an incorrect dosage, the improper administration of a medication, the medication administration by an unqualified individual, and missing a scheduled medical appointment.

O Providers responsible for medication administration are required to record medication errors but make information about medication errors available only when requested by the state.

S	pecif	v the	types	of	medication	errors	that	providers	are rec	mired	to	record:
$\sim$	pccii.	y uic	ty pes	$\mathbf{o}_{\mathbf{I}}$	meareamon	CIIOIS	unu	providers	ure rec	Julica	w	record.

iv. State Oversight Responsibility. Specify the state agency (or agencies) responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants and how monitoring is performed and its frequency.

The OHCQ oversees provider medication errors. The OSA is responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants. Ongoing monitoring is conducted through the reportable events process and may involve site inspections, corrective action plans, or recommendations to the SMA for sanctions against providers.

Monitoring is also conducted through audits of provider medical logs and records. Monitoring of residential habilitation providers who are responsible for medication administration occurs at least once every two years, and more frequently if necessary due to quality performance indicators. Monitoring is also conducted, at least quarterly, by licensed nurse practitioners who supervise the providers responsible for medication administration. Maryland regulations require that any provider administering or overseeing the administration of medications be certified to do so by the Maryland Board of Nursing and be supervised at least quarterly by a State licensed nurse practitioner.

# **Appendix G: Participant Safeguards**

# Quality Improvement: Health and Welfare

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Health and Welfare

The state demonstrates it has designed and implemented an effective system for assuring waiver participant health and welfare. (For waiver actions submitted before June 1, 2014, this assurance read "The State, on an ongoing basis, identifies, addresses, and seeks to prevent the occurrence of abuse, neglect and exploitation.")

#### i. Sub-Assurances:

a. Sub-assurance: The state demonstrates on an ongoing basis that it identifies, addresses and seeks to prevent instances of abuse, neglect, exploitation and unexplained death. (Performance measures in this sub-assurance include all Appendix G performance measures for waiver actions submitted before June 1, 2014.)

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number and percentage of monitored agency staff that have completed a criminal background check. N = # of monitored agency staff that have a completed criminal background check/D = all monitored agency staff.

Data Source (Select one):

Other

If 'Other' is selected, specify:

Record review/OSA provider database

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
<b>☒</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:

	⊠ Continu Ongoin		Other Specify:		
	Other Specify	:			
Data Aggregation and Anal	ysis:				
Responsible Party for data aggregation and analysis (a that applies):			f data aggregation and k each that applies):		
X State Medicaid Agenc	y	□ Weekly			
<b>◯</b> Operating Agency		☐ Monthly			
☐ Sub-State Entity		☐ Quarterly			
Other Specify:		☐ Annually			
		<b>◯</b> Continuously and Ongoing			
		Other Specify:			
death. N = # of service coord addressing, and preventing of service coordinators.  Data Source (Select one):	preventing a dinators that abuse, neglec	nbuse, neglect, received annu	exploitation, and unexplained		
<b>Training verification record</b> If 'Other' is selected, specify:					
Responsible Party for data	Frequency of collection/ge		Sampling Approach (check each that applies):		

collection/generation (check each that applies):	(check each i	(check each that applies):			
State Medicaid Agency	□ Weekly	□ Weekly		<b>☒</b> 100% Review	
<b>☒</b> Operating Agency	y	□ <sub>Less</sub>	s than 100% iew		
☐ Sub-State Entity	□ Quarte	rly	□ Rep San	oresentative nple Confidence Interval =	
Other Specify:	X Annual	ly	□ Stra	ntified  Describe Group:	
	☐ Continuously and Ongoing		□ Oth	Specify:	
	Other Specify:				
Data Aggregation and Anal	lysis:				
Responsible Party for data aggregation and analysis (that applies):		Frequency of analysis(chec		_	
X State Medicaid Agence	X State Medicaid Agency ☐ Weekly				
Operating Agency		□ Monthly			
☐ Sub-State Entity		Quarter	ly		
Other Specify:		⊠ Annuall	y		

Responsible Party for data aggregation and analysis (that applies):		Frequency of data aggregation and analysis(check each that applies):				
		Continuously and Ongoing  Other Specify:				
Performance Measure:			,			
unexplained death that we reportable events on abuse within the required time poexploitation.  Data Source (Select one):	re followed uj , neglect, exp eriod/ D = all	p within the red loitation, and u	, neglect, exploitation, and quired time period. N = # of unexplained death followed u ents on abuse, neglect and			
If 'Other' is selected, specify <b>Reportable Events Databa</b>						
Responsible Party for data collection/generation (check each that applies):	Frequency collection/g		Sampling Approach (check each that applies):			
State Medicaid Agency	□ Weekly		⊠ 100% Review			
<b>☒</b> Operating Agency	× Month	ly	Less than 100% Review			
☐ Sub-State Entity	☐ Quarte	erly	Representative Sample Confidence Interval =			
Other Specify:	Annua	lly	Stratified Describe Group:			
	⊠ Contin	uously and	Other Specify:			

	Other Specify:		
Data Aggregation and Anal	ysis:		
Responsible Party for data aggregation and analysis (a that applies):			data aggregation and k each that applies):
<b>X</b> State Medicaid Agence	y	□ <sub>Weekly</sub>	
<b>◯</b> Operating Agency		☐ Monthly	7
☐ Sub-State Entity		<b>X</b> Quarter	ly
Other Specify:		⊠ Annuall	y
		Continu	ously and Ongoing
		Other Specify:	
Performance Measure: Number and percentage of deaths investigated. N: # of deaths investigated/ D: # of  Data Source (Select one): Other If 'Other' is selected, specify: Reportable Events Databas	reported ever reported une	nts involving u	mexplained or suspicious
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/get (check each t	eneration	Sampling Approach (check each that applies):
<b>☒</b> State Medicaid	□ Weekly		⊠ 100% Review

Agency				
<b>☒</b> Operating Agency	× Monthl	у	Less than 100% Review	
□ Sub-State Entity	Quarte	rly	Representative Sample Confidence Interval =	
Other Specify:	<b>⊠</b> Annually		Stratified Describe Group:	
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Data Aggregation and Anal	lysis:			
Responsible Party for data aggregation and analysis (a that applies):	1		data aggregation and k each that applies):	
<b>☒</b> State Medicaid Agenc	y	□ <sub>Weekly</sub>		
<b>◯</b> Operating Agency		☐ Monthly		
☐ Sub-State Entity		⊠ Quarterly		
Other Specify:		⊠ Annually		
		Continu	ously and Ongoing	
		☐ Other		

Responsible Party for data aggregation and analysis ( that applies):		Frequency of data aggregation and analysis(check each that applies):			
		Specify:			
Performance Measure: Number and percentage of unexplained death submitte events on abuse, neglect, expequired time period. D = # unexplained death.	ed within the rec eploitation, and	quired time unexplained	period. N death su	= # of reportabl bmitted within th	
Data Source (Select one): Other If 'Other' is selected, specify Reportable Events Database					
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):		
State Medicaid Agency	□ Weekly		× <sub>100</sub>	% Review	
<b>☒</b> Operating Agency	× Monthly		Less Rev	s than 100% riew	
☐ Sub-State Entity	☐ Quarterly	7	_	oresentative nple Confidence Interval =	
Other Specify:	☐ Annually	☐ Annually		ntified  Describe Group:	
	⊠ Continuo Ongoing	usly and	Oth	Specify:	
	Other				

Specify:

Data Aggregation and Ana	lysis:		
Responsible Party for data aggregation and analysis (check each that applies):		Frequency of data aggregation and analysis(check each that applies):	
<b>区</b> State Medicaid Agend	cy	□ Weekly	
<b>◯</b> Operating Agency		□ Monthly	7
☐ Sub-State Entity		⊠ Quarter	ly
Other Specify:		× Annuall	у
		☐ Continu	ously and Ongoing
		Other Specify:	
appropriate entity in requirements for which corrective actions	ch corrective a red timeframe s approved ar	nctions were a e. N=# of REs nd implemente	pproved and implemented by of ANE & unexplained death
Data Source (Select one): Other If 'Other' is selected, specify Reportable Events Database			
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge	eneration	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly		⊠ 100% Review
<b>☒</b> Operating Agency	× Monthl	y	Less than 100%

			Review
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =
Other Specify:	<b>⊠</b> Annually		Stratified Describe Group:
	○ Continuously and Ongoing		Other Specify:
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Data Aggregation and Anal	ysis:		
Responsible Party for data aggregation and analysis (a that applies):			data aggregation and k each that applies):
X State Medicaid Agenc	y	□ Weekly	
<b>◯</b> Operating Agency		☐ Monthly	
☐ Sub-State Entity		<b>X</b> Quarter	ly
Other Specify:		⊠ Annually	y
		☐ Continuously and Ongoing	
		Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):

### **Performance Measure:**

Number and percentage of provider agencies that receive annual training in identifying, addressing, and preventing abuse, neglect, exploitation, and unexplained death. N = # of provider agencies that received annual training in identifying, addressing, and preventing abuse and neglect, exploitation, and unexplained death/ D = Total # of provider agencies.

Data Source (Select one):

**Training verification records** 

If 'Other' is selected, specify:		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
<b>☒</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Frequency of data aggregation and analysis(check each that applies):
□ Weekly
☐ Monthly
Quarterly
⊠ Annually
☐ Continuously and Ongoing
Other Specify:

b. Sub-assurance: The state demonstrates that an incident management system is in place that effectively resolves those incidents and prevents further similar incidents to the extent possible.

### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### **Performance Measure:**

Number and percentage of Corrective Action Plans (CAP) submitted within 30 days, as a result of a reportable event. N = # and % of Corrective Action Plans submitted within 30 days, as a result of a reportable event/ D = # of Corrective Action Plans.

**Data Source** (Select one): **Record reviews, on-site** 

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):		
State Medicaid Agency	□ Weekly		⊠ 100% Review		
<b>☒</b> Operating Agency	× Monthl	y	Less than 100% Review		
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =		
Other Specify:	☐ Annually		Stratified Describe Group:		
	☐ Continuously and Ongoing		Other Specify:		
	Other Specify:				
Data Aggregation and Analysis:					
Responsible Party for data aggregation and analysis (check each that applies):			f data aggregation and when the cach that applies):		
State Medicaid Agency		□ Weekly			
<b>◯</b> Operating Agency		☐ Monthly	7		
☐ Sub-State Entity	Sub-State Entity		ly		
Other Specify:		☐ Annually			

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
	<b>☒</b> Continuously and Ongoing
	Other Specify:

c. Sub-assurance: The state policies and procedures for the use or prohibition of restrictive interventions (including restraints and seclusion) are followed.

#### **Performance Measures**

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

#### **Performance Measure:**

Number of monitored providers in compliance with restraint and seclusion policy requirements. N = # of monitored providers in compliance with restraint and seclusion policy requirements/ D = # of monitored providers.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	□ Weekly	⊠ 100% Review
<b>☒</b> Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	<b>⊠</b> Quarterly	Representative Sample Confidence Interval =

Other Specify:	☐ Annually		☐ Strat	tified Describe Group:
	Continu Ongoin	ously and	Othe	e <b>r</b> Specify:
	Other Specify:			
Data Aggregation and Anal	voje.			
Responsible Party for data aggregation and analysis (a that applies):	1	Frequency of analysis(chec		
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<b>☒</b> Operating Agency		☐ Monthly	r	
☐ Sub-State Entity		Quarter	ly	
Other Specify:		☐ Annuall	y	
		× Continu	ously and	Ongoing
		Other Specify:		

**Performance Measure:** 

Number and percentage of reported incidents of restraints and seclusion that are in compliance with policies and procedures. N=# of reported incidents of restraint and seclusion performed that follows policies and procedures/ D=# of reported incidents

### of restraint and seclusion.

**Data Source** (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):		Sampling Approach (check each that applies):	
State Medicaid Agency	□ Weekly		⊠ 100% Review	
Operating Agency	× Monthl	y	Less than 100% Review	
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =	
Other Specify:	☐ Annually		Stratified Describe Group:	
	Continuously and Ongoing		Other Specify:	
	Other Specify:			
Data Aggregation and Analysis:				
Responsible Party for data aggregation and analysis (check each that applies):			f data aggregation and k each that applies):	
State Medicaid Agency		□ Weekly		
Operating Agency		☐ Monthly	7	

d.

Agency

**⋈** Operating Agency

Responsible Party for data aggregation and analysis (a that applies):	- •	of data aggregation and eck each that applies):	
☐ Sub-State Entity	□ Quarte	erly	
Other Specify:	☐ Annua	lly	
	⊠ Contin	nuously and Ongoing	
	Other Specify	<i>y</i> :	
sub-assurance), complete the For each performance measur analyze and assess progress to method by which each source	following. Where possible, re, provide information on oward the performance me of data is analyzed statisti	ss compliance with the statuto include numerator/denominat the aggregated data that will easure. In this section provide is cally/deductively or inductively on are formulated, where app	enable the State to information on the y, how themes are
Performance Measure: Number of participants reconeeds are being addressed. Identified healthcare needs aparticipants.	N = # of residential habili		d
<b>Data Source</b> (Select one): <b>On-site observations, interv</b> If 'Other' is selected, specify:	riews, monitoring		_
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):	
☐ State Medicaid	□ Weekly	<b>⋈</b> 100% Review	

☐ Monthly

☐ Less than 100%

Review

☐ Sub-State Entity	<b>⊠</b> Quarterly		Representative Sample Confidence Interval =
Other Specify:	☐ Annually		Stratified Describe Group:
	☐ Continuously and Ongoing		Other Specify:
	Other Specify:		
Data Aggregation and Anal Responsible Party for data aggregation and analysis (a	l		data aggregation and keach that applies):
that applies):			
State Medicaid Agenc	y	☐ Weekly ☐ Monthly	
Operating Agency  Sub-State Entity		Quarterly	
Other Specify:		Annually	
		× Continu	ously and Ongoing
		Other Specify:	

i. If applicable, in the textbox below provide an State to discover/identify problems/issues with		
ods for Remediation/Fixing Individual Probi i. Describe the States method for addressing inc regarding responsible parties and GENERAL the methods used by the state to document the	lividual problems as they are discovered. Inc methods for problem correction. In addition	
Several methods are employed for addressing	g individual problems and/or remediation.	
that they will attend future trainings;	om the provider that includes how it plans to	
(4) If a corrective action plan is not subm sanction to SMA; and	itted/completed/approved, the OSA forwards	s a recommendation of
(5) Approval and completion of the correct	ctive action plan is documented.	
background check clears; and	agency stating its employee cannot work ale	
In the event the corrective action plans is not sanctions. If non-compliance persists, then p		
The reportable event process detailed in this resolved within 45 days are monitored by the reportable event database until resolution.		
In the event that a provider has repeated sign including technical assistance, corrective act include suspension of payment or initiation of	ion, systemic training, targeted monitoring, a	•
For provider applicants whose restraint policies providers whose restraint policies do not concorrective action is not acceptable, then sanc more often.	form to state policy, then corrective action is	s required. If the
Restraints that result in injury are reported in action, targeted monitoring and/or sanctions. to the SMA and payment may be suspended	If corrective action is not acceptable, recom	-
i. Remediation Data Aggregation Remediation-related Data Aggregation and	d Analysis (including trend identification)	
<b>Responsible Party</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):	
State Fredrenk Figurey	☐ Weekly	_
	☐ Monthly	_
☐ Sub-State Entity	☐ Quarterly	
☐ Other	☐ Annually	

<b>Responsible Party</b> (check each that applies):	Frequency of data aggregation and analysis(check each that applies):
Specify:	
	<b>☒</b> Continuously and Ongoing
	Other Specify:
c. Timelines	
	ality Improvement Strategy in place, provide timelines to design e assurance of Health and Welfare that are currently non-operational.
⊚ <sub>No</sub>	
$\circ_{\mathrm{Yes}}$	
Please provide a detailed strategy for assuring I strategies, and the parties responsible for its open	Health and Welfare, the specific timeline for implementing identified eration.

### **Appendix H: Quality Improvement Strategy (1 of 3)**

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the state has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability and other elements of waiver operations. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that the assurances have been met. By completing the HCBS waiver application, the state specifies how it has designed the waiver's critical processes, structures and operational features in order to meet these assurances.

- Quality Improvement is a critical operational feature that an organization employs to continually determine whether it operates in accordance with the approved design of its program, meets statutory and regulatory assurances and requirements, achieves desired outcomes, and identifies opportunities for improvement.

CMS recognizes that a state's waiver Quality Improvement Strategy may vary depending on the nature of the waiver target population, the services offered, and the waiver's relationship to other public programs, and will extend beyond regulatory requirements. However, for the purpose of this application, the state is expected to have, at the minimum, systems in place to measure and improve its own performance in meeting six specific waiver assurances and requirements.

It may be more efficient and effective for a Quality Improvement Strategy to span multiple waivers and other long-term care services. CMS recognizes the value of this approach and will ask the state to identify other waiver programs and long-term care services that are addressed in the Quality Improvement Strategy.

### **Quality Improvement Strategy: Minimum Components**

The Quality Improvement Strategy that will be in effect during the period of the approved waiver is described throughout the waiver in the appendices corresponding to the statutory assurances and sub-assurances. Other documents cited must be available to CMS upon request through the Medicaid agency or the operating agency (if appropriate).

In the QIS discovery and remediation sections throughout the application (located in Appendices A, B, C, D, G, and I), a state

spells out:

- The evidence based discovery activities that will be conducted for each of the six major waiver assurances; and
- The *remediation* activities followed to correct individual problems identified in the implementation of each of the assurances.

In Appendix H of the application, a state describes (1) the *system improvement* activities followed in response to aggregated, analyzed discovery and remediation information collected on each of the assurances; (2) the correspondent *roles/responsibilities* of those conducting assessing and prioritizing improving system corrections and improvements; and (3) the processes the state will follow to continuously *assess the effectiveness of the OIS* and revise it as necessary and appropriate.

If the state's Quality Improvement Strategy is not fully developed at the time the waiver application is submitted, the state may provide a work plan to fully develop its Quality Improvement Strategy, including the specific tasks the state plans to undertake during the period the waiver is in effect, the major milestones associated with these tasks, and the entity (or entities) responsible for the completion of these tasks.

When the Quality Improvement Strategy spans more than one waiver and/or other types of long-term care services under the Medicaid state plan, specify the control numbers for the other waiver programs and/or identify the other long-term services that are addressed in the Quality Improvement Strategy. In instances when the QIS spans more than one waiver, the state must be able to stratify information that is related to each approved waiver program. Unless the state has requested and received approval from CMS for the consolidation of multiple waivers for the purpose of reporting, then the state must stratify information that is related to each approved waiver program, i.e., employ a representative sample for each waiver.

## **Appendix H: Quality Improvement Strategy (2 of 3)**

### H-1: Systems Improvement

### a. System Improvements

**i.** Describe the process(es) for trending, prioritizing, and implementing system improvements (i.e., design changes) prompted as a result of an analysis of discovery and remediation information.

The analysis of discovery and remediation data is conducted on an ongoing basis due to the waiver's design featuring varied types of regular reporting and communications among waiver partners and stakeholders. Trending and analysis of data resulting in prioritizing and implementing system improvements is the joint responsibility of the OSA and SMA.

Prioritization of quality improvement initiatives is based on the potential impact of the improvements. Priority is given to initiatives which will positively impact the health and welfare of children served in the waiver.

The input of stakeholders is an important source of information to assist the OSA and SMA in prioritizing system improvements. The primary stakeholder group is the Autism Waiver Advisory Committee which is comprised of parents/guardians, providers, service coordinators, with representation of the SMA and others and is coordinated by the OSA. The Committee meets three times a year and receives regular reports put together by the OSA and SMA of data related to discovery and remediation in all areas of waiver operation.

Other stakeholder groups providing ongoing input and feedback are the focus groups for providers. Unlike the Autism Waiver Advisory Committee that reviews data on all aspects of the waiver, the focus groups are targeted to a specific audience with issues in common. The provider focus groups focus on the quality improvement strategy as it impacts the role of providers in ensuring health and safety of children served by the waiver. This group prioritizes among quality improvement projects involving the assurance of qualified providers and this information is shared with the advisory committee for consideration with all proposed design changes.

### ii. System Improvement Activities

<b>Responsible Party</b> (check each that applies):	Frequency of Monitoring and Analysis(check each that applies):
<b>☒</b> State Medicaid Agency	□ Weekly
<b>☒</b> Operating Agency	⊠ Monthly
☐ Sub-State Entity	
☐ Quality Improvement Committee	<b>☒</b> Annually
Other Specify:	Other Specify:  Semi-annually

### b. System Design Changes

i. Describe the process for monitoring and analyzing the effectiveness of system design changes. Include a description of the various roles and responsibilities involved in the processes for monitoring & assessing system design changes. If applicable, include the state's targeted standards for systems improvement.

The State utilizes multiple methods to monitor and analyze the effectiveness of system design changes. Monitoring the effectiveness of the system design changes is an ongoing process performed jointly by the OSA and SMA to ensure an effective, dynamic quality management system. The SMA, in its oversight role, provides technical assistance. Stakeholders provide feedback on the results of system change to the OSA. Analysis of reportable event data, service coordinator monitoring and provider monitoring are also vital to the evaluation and the effectiveness of system design changes. Information flows on a continual basis from the various committees and focus groups regarding the effectiveness of system design changes.

ii. Describe the process to periodically evaluate, as appropriate, the Quality Improvement Strategy.

The quality improvement strategy is evaluated on an ongoing basis. Performance measures are reviewed during quarterly planning meetings between the OSA and SMA. One level of analysis is to review each performance measure and data source to determine if the measures are revealing information that is useful for informing the system about the optimal design of the waiver.

The ongoing review of performance measure data will keep the OSA and SMA focused on whether the quality improvement strategy is working. In addition to the review of performance measures, information flows on a continual basis from the various committees and focus groups regarding the effectiveness of system design changes which relate directly to the quality improvement strategy.

If it becomes evident that an aspect of waiver operations is not functioning as effectively as needed or there are barriers to effective operations, modified or additional performance measures will be necessary to generate data to inform decisions about the quality improvement system. Additional or new data sources may also be needed.

### **Appendix H: Quality Improvement Strategy (3 of 3)**

## H-2: Use of a Patient Experience of Care/Quality of Life Survey

a. Specify whether the state has deployed a patient experience of care or quality of life survey for its HCBS population in the last 12 months (*Select one*):



## Appendix I: Financial Accountability

# I-1: Financial Integrity and Accountability

Financial Integrity. Describe the methods that are employed to ensure the integrity of payments that have been made for waiver services, including: (a) requirements concerning the independent audit of provider agencies; (b) the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits; and, (c) the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

- (a) There are no requirements for the independent audit of providers.
- (b) and (c) The State's audit strategies are performed by various State agencies:

Single State Audit

There is an annual independent audit of Maryland's Medical Assistance Program which includes Medicaid home and community-based waiver programs. The annual audit is conducted by an independent contractor in accordance with Circular A-133. A major focus of this audit is the integrity of providers' claims for payment for services. The contract for this audit is bid out every five years by Maryland's Comptroller's Office.

Office of Legislative Audits

The Maryland Department of Legislative Services conduct fiscal compliance audits every three years. The objectives of these audits is to examine financial transactions, records, and internal controls, and to evaluate the state agency's compliance with applicable State laws, rules and regulations.

The OSA with oversight and periodic assistance from the SMA conduct annual reviews of a sub-set of Autism Waiver providers. This review involves auditing a sample of plans of care against Medicaid paid claims data. Additionally, the review includes verifying the qualifications of staff providing waiver services and the adequacy of service documentation. The sample size is consistent with a 95% confidence level of waiver participants. Recovery of funds is pursued if services are not documented, not provided by qualified staff, or are not provided in accordance with the child's approved plan of care. If there appear to be substantial issues with the provider's Medicaid billing, the Division of Community Long Term Care refers the provider to the Office of Inspector General for a more detailed audit. Such actions have led to referrals to the State's Medicaid Fraud Control Unit.

## Appendix I: Financial Accountability

## Quality Improvement: Financial Accountability

As a distinct component of the States quality improvement strategy, provide information in the following fields to detail the States methods for discovery and remediation.

a. Methods for Discovery: Financial Accountability Assurance:

The State must demonstrate that it has designed and implemented an adequate system for ensuring financial accountability of the waiver program. (For waiver actions submitted before June 1, 2014, this assurance read "State financial oversight exists to assure that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver.")

### i. Sub-Assurances:

a. Sub-assurance: The State provides evidence that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver and only for services rendered.

(Performance measures in this sub-assurance include all Appendix I performance measures for waiver actions submitted before June 1, 2014.)

### Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### Performance Measure:

Number and percentage of services that were paid at the correct rate. N = # of claim edits for services paid above the rate/D = # of claims reviewed.

Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	□ Weekly	☐ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and     Ongoing	X Other Specify:

			33%
	Other Specify:		
Data Aggregation and Analy			
Responsible Party for data a and analysis (check each the			data aggregation and k each that applies):
State Medicaid Agency	,	□ Weekly	
Operating Agency		☐ Monthly	
☐ Sub-State Entity		× Quarterl	'y
Other Specify:		□ Annually	V
		☐ Continue	ously and Ongoing
		Other Specify:	
Performance Measure: Number and percentage of c (amount, duration, and scop and scope/D = # of claims re	e). $N = # of cl$	_	
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:			
Responsible Party for data collection/generation (check each that applies):	Frequency of collection/ge (check each t	neration	Sampling Approach(check each that applies):
State Medicaid Agency	□ Weekly		☐ 100% Review

<b>☒</b> Operating Agency	☐ Monthly		Less than 100% Review		
☐ Sub-State Entity	☐ Quarterly		Representative Sample Confidence Interval =		
Other Specify:	☐ Annuali	ly	Stratified Describe Group:		
	○ Continuously and     Ongoing		Specify:  33%		
	Other Specify:				
Data Aggregation and Analy Responsible Party for data o	Data Aggregation and Analysis:  Responsible Party for data aggregation Frequency of data aggregation and				
and analysis (check each the	at applies):	analysis(chec	k each that applies):		
X State Medicaid Agency	,	□ Weekly			
Operating Agency		☐ Monthly			
☐ Sub-State Entity		☐ Quarterl	y		
Other Specify:		☐ Annually	y		
		× Continue	ously and Ongoing		
		Other Specify:			

 Frequency of data aggregation and analysis (check each that applies):

b. Sub-assurance: The state provides evidence that rates remain consistent with the approved rate methodology throughout the five year waiver cycle.

### Performance Measures

For each performance measure the State will use to assess compliance with the statutory assurance (or sub-assurance), complete the following. Where possible, include numerator/denominator.

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

### Performance Measure:

Number and percentage of claims coded and paid for in accordance with the reimbursement methodology specified in the approved waiver. N = # of claims coded and paid for in accordance with the reimbursement methodology specified in the approved waiver/ D = # of claims reviewed.

Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):	
State Medicaid Agency	☐ Weekly	☐ 100% Review	
Operating Agency	☐ Monthly	Less than 100% Review	
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =  95% 5% margin of error	
Other Specify:	☐ Annually	Stratified Describe Group:	

	⊠ Continuously and Ongoing		Other Specify:
	Other Specify:		
ata Aggregation and Analys Responsible Party for data ag nd analysis (check each that	ggregation		data aggregation and k each that applies):
State Medicaid Agency		□ Weekly	
Operating Agency		☐ Monthly	
☐ Sub-State Entity		× Quarterl	y
Other Specify:		☐ Annually	·
		☐ Continue	ously and Ongoing
		Other Specify:	

*ii.* If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

The SMA routinely initiates a recovery of funds paid to a provider for services provided in excess or not in accordance with, the participant's approved POC. Providers are required to submit a corrective action plan and receive technical assistance from the OSA and/or SMA. Continued billing errors may result in referrals to the MDH's Office of Inspector General (OIG). If there is credible allegation of fraud, the OIG will suspend payment pending a full investigation. The OIG refers cases to the Medicaid Fraud Control Unit as appropriate.

The primary general method for problem correction in this area is provider group training by the OSA and SMA on Medicaid waiver billing. Additionally, the SMA distributes Billing Instruction Guidelines to all providers and updates them as necessary in order to reflect changes in the waiver impacting billing and/or to reflect annual rate changes.

### b. Methods for Remediation/Fixing Individual Problems

i. Describe the States method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the state to document these items.

The SMA routinely initiates a recovery of funds paid to a provider for services provided in excess or not in accordance with, the participant's approved POC. Providers are required to submit a corrective action plan and receive technical assistance from the OSA and SMA. Continued billing errors may result in referrals to the MDH Office of Inspector General (OIG). If there is credible allegation of fraud, the OIG will suspend payment pending a full investigation. The OIG refers cases to the Medicaid Fraud Control Unit as appropriate.

The primary general method for problem correction in this area is provider group training by the OSA and SMA on Medicaid waiver billing. Additionally, the SMA distributes Billing Instruction Guidelines to all providers and updates them as necessary in order to reflect changes in the waiver impacting billing and/or to reflect annual rate changes.

### ii. Remediation Data Aggregation

Responsible Party(check each that applies):	Frequency of data aggregation and analysis (check each that applies):
<b>X</b> State Medicaid Agency	□ Weekly
Operating Agency	☐ Monthly
Sub-State Entity	☐ Quarterly
Other Specify:	☐ Annually
	⊠ Continuously and Ongoing
	Other Specify:

### c. Timelin

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently nonoperational.

•	No
---	----

 $\circ_{Yes}$ 

Please provide a detailed strategy for assuring Financial Accountability, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

- 1		
- 1		
- 1		
- 1		
- 1		
- 1		
- 1		
- 1		
- 1		
- 1		

Appendix I: Financial Accountability

a. Rate Determination Methods. In two pages or less, describe the methods that are employed to establish provider payment rates for waiver services and the entity or entities that are responsible for rate determination. Indicate any opportunity for public comment in the process. If different methods are employed for various types of services, the description may group services for which the same method is employed. State laws, regulations, and policies referenced in the description are available upon request to CMS through the Medicaid agency or the operating agency (if applicable).

The rates for Autism Waiver services were initially established prior to July 1, 2001, by the State Medicaid Agency (SMA). The SMA established an interagency work group for the Autism Waiver that reviewed the current rates of the Developmental Disabilities Administration services and community providers. The rates were reviewed as well as the types of service and the provider qualifications to establish the initial rates and to ensure consistency across programs for similar services. COMAR provided for an annual cost of living increase of 2.5%. The Maryland State legislature determines indexing applied to the base rate established at the implementation of the waiver. The rates paid to these providers are increased with an inflationary factor built into the rate structure to allow routine increases (subject to the limitations of the State budget) to the rates. Proposed regulatory amendments pertaining to rate determinations are agreed upon by the OSA and SMA and published in the Maryland Register for public comment.

The fee schedule for these services is adjusted annually in accordance with the State's budget by adjusting the fee by the percentage of the annual increase in the March Consumer Price Index for all Urban Consumers, Medical Care Component, Washington-Baltimore, from the U.S. Department of labor, Bureaus of Labor Statistics. The MDH issues a transmittal to providers notifying them of changes in payment rates.

MDH rate transmittals are provided to service coordinators and providers on an annual basis. This provider rate transmittal is available on the MDH website. The OSA distributes the rates at least twice annually, once at the beginning of the fiscal year and at statewide provider and service coordinator trainings. The service coordinators advise families of the costs of waiver services. Additionally, the rates are published in COMAR and there is a state mandated public comment period for regulations.

At the directive of CMS, UMBC—Hilltop Institute conducted a study documenting the basis for the waiver rates and demonstrating that the rates are economically efficient. The study was approved on November 21, 2016, and published on the MDH website at

https://mmcp.health.maryland.gov/waiverprograms/Documents/Autism%20Waiver%20Rate%20Methodology%20Study%20Reportwise and the control of the

Changes in the state's rate methodology or a decrease or increase in rates could be triggered by changes to State law (i.e., minimum wage provisions), State budget, provider qualifications or a State-wide rate study.

**b. Flow of Billings.** Describe the flow of billings for waiver services, specifying whether provider billings flow directly from providers to the state's claims payment system or whether billings are routed through other intermediary entities. If billings flow through other intermediary entities, specify the entities:

*c*.

Providers of services to waiver participants forward bills directly to the State's MMIS claims payment system.
Invoices become a claim when a provider submits a claim on the appropriate paper invoice or via electronic submission to the Medicaid Management Information Subsystem (MMIS). Invoices must include the following information:
o Recipient Name
o Recipient MA#
o Provider Name
o Provider MA#
o Date of Service
o Pre-authorization Number
o Procedure Code (Service rendered) o # of Units*
o # of Units* o Total of Claim for date of service*
*Total claim amount for the date of service is determined by the approved/authorized Plan of Care (#hours/units authorized multiplied by the current rate for the service)
After the provider submits a claim that is processed through the MMIS system, the provider receives the full amount of reimbursement that is both the federal and State share.
ndix I: Financial Accountability
I-2: Rates, Billing and Claims (2 of 3)
(
Certifying Public Expenditures (select one):
No. state or local government agencies do not certify expenditures for waiver services.
Yes. state or local government agencies directly expend funds for part or all of the cost of waiver services and certify their state government expenditures (CPE) in lieu of billing that amount to Medicaid.
Select at least one:
Certified Public Expenditures (CPE) of State Public Agencies.
Specify: (a) the state government agency or agencies that certify public expenditures for waiver services; (b) how it is assured that the CPE is based on the total computable costs for waiver services; and, (c) how the state verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b).(Indicate source of revenue for CPEs in Item I-4-a.)
Certified Public Expenditures (CPE) of Local Government Agencies.
Specify: (a) the local government agencies that incur certified public expenditures for waiver services; (b) how it is assured that the CPE is based on total computable costs for waiver services; and, (c) how the state verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b). (Indicate source of revenue for CPEs in Item I-4-b.)

- d. Billing Validation Process. Describe the process for validating provider billings to produce the claim for federal financial participation, including the mechanism(s) to assure that all claims for payment are made only: (a) when the individual was eligible for Medicaid waiver payment on the date of service; (b) when the service was included in the participant's approved service plan; and, (c) the services were provided:
  - a) Payments for all waiver services are made through the approved Medicaid Management Information System (MMIS). The claims are subject to editing in MMIS to ensure the participant's waiver eligibility on the date of service and to ensure that duplicate payments aren't made. For some services, the Autism Waiver has caps on the units of service that may be used within specified time parameters. Edits for these caps are programmed into MMIS and claims will except if not submitted in accordance with these limitations.

Requests are made for federal financial participation based on claims processed through the MMIS.

(b) and (c) The OSA's staff with assistance from the SMA also verify that the service was included and rendered in accordance with the participant's approved POC when it performs provider audits which include a review of paid claims data. The OSA and SMA also thoroughly investigate complaints that are received that are alleging a provider has been over-billing, billing for services they were not authorized to provide, or not rendering services.

The State recoups payments for inappropriate billings via post-payment reviews. Recoveries for inappropriate claims are processed through MMIS where both the state and federal share are recognized. A recovery made in the aforementioned manner is netted against the weekly draw of federal match, in the same week recovered. The FFP for the inappropriate claim is returned in the weekly draw process as a netted transaction.

e. Billing and Claims Record Maintenance Requirement. Records documenting the audit trail of adjudicated claims (including supporting documentation) are maintained by the Medicaid agency, the operating agency (if applicable), and providers of waiver services for a minimum period of 3 years as required in 45 CFR §92.42.

## Appendix I: Financial Accountability

*I-3: Payment* (1 of 7)

- a. Method of payments -- MMIS (select one):
  - Payments for all waiver services are made through an approved Medicaid Management Information System (MMIS).
  - O Payments for some, but not all, waiver services are made through an approved MMIS.

Specify: (a) the waiver services that are not paid through an approved MMIS; (b) the process for making such payments and the entity that processes payments; (c) and how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

$\overline{}$	<b>\</b>			
L	Payments for waiver	corvices are	not made through an	annroyed MMIS

Specify: (a) the process by which payments are made and the entity that processes payments; (b) how and through which system(s) the payments are processed; (c) how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

0	Payments for waiver services are made by a managed care entity or entities. The managed care entity is paid a monthly capitated payment per eligible enrollee through an approved MMIS.
	Describe how payments are made to the managed care entity or entities:
pendi	x I: Financial Accountability
	I-3: Payment (2 of 7)
	ect payment. In addition to providing that the Medicaid agency makes payments directly to providers of waiver vices, payments for waiver services are made utilizing one or more of the following arrangements (select at least one):
X	The Medicaid agency makes payments directly and does not use a fiscal agent (comprehensive or limited) or a managed care entity or entities.
	The Medicaid agency pays providers through the same fiscal agent used for the rest of the Medicaid program.
	The Medicaid agency pays providers of some or all waiver services through the use of a limited fiscal agent.
	Specify the limited fiscal agent, the waiver services for which the limited fiscal agent makes payment, the functions that the limited fiscal agent performs in paying waiver claims, and the methods by which the Medicaid agency oversees the operations of the limited fiscal agent:
	Providers are paid by a managed care entity or entities for services that are included in the state's contract with the entity.
	Specify how providers are paid for the services (if any) not included in the state's contract with managed care entities.
pendi	x I: Financial Accountability
	I-3: Payment (3 of 7)
effic exp	plemental or Enhanced Payments. Section 1902(a)(30) requires that payments for services be consistent with ciency, economy, and quality of care. Section 1903(a)(1) provides for Federal financial participation to states for enditures for services under an approved state plan/waiver. Specify whether supplemental or enhanced payments are the Select one:
	No. The state does not make supplemental or enhanced payments for waiver services.
	Yes. The state makes supplemental or enhanced payments for waiver services.
	Describe: (a) the nature of the supplemental or enhanced payments that are made and the waiver services for which

these payments are made; (b) the types of providers to which such payments are made; (c) the source of the non-

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Federal share of the supplemental or enhanced payment; and, (d) whether providers eligible to receive the 01/21/2022

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	supplemental or enhanced payment retain 100% of the total computable expenditure claimed by the state to CMS. Upon request, the state will furnish CMS with detailed information about the total amount of supplemental or enhanced payments to each provider type in the waiver.
ppendi	x I: Financial Accountability
	I-3: Payment (4 of 7)
	ments to state or Local Government Providers. Specify whether state or local government providers receive paymen the provision of waiver services.
<ul><li>O</li></ul>	No. State or local government providers do not receive payment for waiver services. Do not complete Item I-3-e.  Yes. State or local government providers receive payment for waiver services. Complete Item I-3-e.
	Specify the types of state or local government providers that receive payment for waiver services and the services the state or local government providers furnish:
ppendi	x I: Financial Accountability
	I-3: Payment (5 of 7)
a Am	ount of Payment to State or Local Government Providers.
Spe pay	cify whether any state or local government provider receives payments (including regular and any supplemental ments) that in the aggregate exceed its reasonable costs of providing waiver services and, if so, whether and how the e recoups the excess and returns the Federal share of the excess to CMS on the quarterly expenditure report. Select
Ans	wers provided in Appendix I-3-d indicate that you do not need to complete this section.
	The amount paid to state or local government providers is the same as the amount paid to private providers of the same service.
	O The amount paid to state or local government providers differs from the amount paid to private providers of the same service. No public provider receives payments that in the aggregate exceed its reasonable costs of providing waiver services.
	O The amount paid to state or local government providers differs from the amount paid to private providers of the same service. When a state or local government provider receives payments (including regular and any supplemental payments) that in the aggregate exceed the cost of waiver services, the state recoups the excess and returns the federal share of the excess to CMS on the quarterly expenditure report.
	Describe the recoupment process:
pendi	x I: Financial Accountability

•	wider Retention of Payments. Section $1903(a)(1)$ provides that Federal matching funds are only available for enditures made by states for services under the approved waiver. Select one:
•	Providers receive and retain 100 percent of the amount claimed to CMS for waiver services.
0	Providers are paid by a managed care entity (or entities) that is paid a monthly capitated payment.
	Specify whether the monthly capitated payment to managed care entities is reduced or returned in part to the state.
Appendi.	x I: Financial Accountability
	I-3: Payment (7 of 7)
g. Add	itional Payment Arrangements
	i. Voluntary Reassignment of Payments to a Governmental Agency. Select one:
	No. The state does not provide that providers may voluntarily reassign their right to direct payments to a governmental agency.
	O Yes. Providers may voluntarily reassign their right to direct payments to a governmental agency as provided in 42 CFR §447.10(e).
	Specify the governmental agency (or agencies) to which reassignment may be made.
	ii. Organized Health Care Delivery System. Select one:
	No. The state does not employ Organized Health Care Delivery System (OHCDS) arrangements under the provisions of 42 CFR §447.10.
	O Yes. The waiver provides for the use of Organized Health Care Delivery System arrangements under the provisions of 42 CFR §447.10.
	Specify the following: (a) the entities that are designated as an OHCDS and how these entities qualify for designation as an OHCDS; (b) the procedures for direct provider enrollment when a provider does not voluntarily agree to contract with a designated OHCDS; (c) the method(s) for assuring that participants have free choice of qualified providers when an OHCDS arrangement is employed, including the selection of providers not affiliated with the OHCDS; (d) the method(s) for assuring that providers that furnish services under contract with an OHCDS meet applicable provider qualifications under the waiver; (e) how it is assured that OHCDS contracts with providers meet applicable requirements; and, (f) how financial accountability is assured when an OHCDS arrangement is used:

iii. Contracts with MCOs, PIHPs or PAHPs.

c:

•	The state does not contract with MCOs, PIHPs or PAHPs for the provision of waiver services.
0	The state contracts with a Managed Care Organization(s) (MCOs) and/or prepaid inpatient health plan(s) (PIHP) or prepaid ambulatory health plan(s) (PAHP) under the provisions of §1915(a)(1) of the Act for the delivery of waiver and other services. Participants may voluntarily elect to receive waiver and other services through such MCOs or prepaid health plans. Contracts with these health plans are on file at the state Medicaid agency.
	Describe: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d) how payments are made to the health plans.
0	
O	This waiver is a part of a concurrent §1915(b)/§1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The §1915(b) waiver specifies the types of health plans that are used and how payments to these plans are made.
0	This waiver is a part of a concurrent ?1115/?1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory health plan (PAHP). The ?1115 waiver specifies the types of health plans that are used and how payments to these plans are made.
0	If the state uses more than one of the above contract authorities for the delivery of waiver services, please select this option.
	In the textbox below, indicate the contract authorities. In addition, if the state contracts with MCOs, PIHPs, or PAHPs under the provisions of §1915(a)(1) of the Act to furnish waiver services: Participants may voluntarily elect to receive waiver and other services through such MCOs or prepaid health plans. Contracts with these health plans are on file at the state Medicaid agency. Describe: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d) how payments are made to the health plans.
Appendix I: F	inancial Accountability
I-4:	Non-Federal Matching Funds (1 of 3)
	Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the state source or sources of the share of computable waiver costs. Select at least one:
$\square_{Appro}$	priation of State Tax Revenues to the State Medicaid agency
$oxed{\times}_{Appro}$	priation of State Tax Revenues to a State Agency other than the Medicaid Agency.
entity Medic	source of the non-federal share is appropriations to another state agency (or agencies), specify: (a) the state or agency receiving appropriated funds and (b) the mechanism that is used to transfer the funds to the aid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching gement, and/or, indicate if the funds are directly expended by state agencies as CPEs, as indicated in Item I-2-

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appr for th waiv	non-federal share of waiver services is in the Maryland State Department of Education (MSDE) budget opriation. The funds are transferred quarterly to the SMA. A grant is established at the start of each fiscal year the dollar amount of the State appropriation. Funds are transferred quarterly based upon an electronic report of the services paid for that quarter and other charges. The transfer is an electronic transfer through the State's unting system.
Other	r State Level Source(s) of Funds.
that i. (IGT)	ify: (a) the source and nature of funds; (b) the entity or agency that receives the funds; and, (c) the mechanism is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer including any matching arrangement, and/or, indicate if funds are directly expended by state agencies as as indicated in Item I-2-c:
Appendix I: I	Financial Accountability
I-4	: Non-Federal Matching Funds (2 of 3)
sources of  Not A  Appli	pernment or Other Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the source or the non-federal share of computable waiver costs that are not from state sources. Select One:  pplicable. There are no local government level sources of funds utilized as the non-federal share.  cable k each that applies:
	Appropriation of Local Government Revenues.
2	Specify: (a) the local government entity or entities that have the authority to levy taxes or other revenues; (b) the source(s) of revenue; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement (indicate any intervening entities in the transfer process), and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item 1-2-c:
	Other Local Government Level Source(s) of Funds.
) 1	Specify: (a) the source of funds; (b) the local government entity or agency receiving funds; and, (c) the mechanism that is used to transfer the funds to the state Medicaid agency or fiscal agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item I-2-c:
nnendix I · I	Financial Accountability

I-4: Non-Federal Matching Funds (3 of 3)

c. Information Concerning Certain Sources of Funds. Indicate whether any of the funds listed in Items I-4-a or I-4-b that make up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes or fees; (b) provider-related donations; and/or, (c) federal funds. Select one:

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# Appendix I: Financial Accountability

# I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (1 of 5)

a. Co-Payment Requirements. Specify whether the state imposes a co-payment or similar charge upon waiver participan for waiver services. These charges are calculated per service and have the effect of reducing the total computable clai for federal financial participation. Select one:	
No. The state does not impose a co-payment or similar charge upon participants for waiver services.	
O Yes. The state imposes a co-payment or similar charge upon participants for one or more waiver services.	
i. Co-Pay Arrangement.	
Specify the types of co-pay arrangements that are imposed on waiver participants (check each that applies	):
Charges Associated with the Provision of Waiver Services (if any are checked, complete Items I-7-a-ii through I-7-a-iv):	
☐ Nominal deductible	
Coinsurance	
Co-Payment	
Other charge	
Specify:	
Appendix I: Financial Accountability	
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (2 of 5)	
a. Co-Payment Requirements.	
ii. Participants Subject to Co-pay Charges for Waiver Services.	
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.	
Appendix I: Financial Accountability	
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (3 of 5)	
a. Co-Payment Requirements.	
iii. Amount of Co-Pay Charges for Waiver Services.	
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.	
Appendix I: Financial Accountability	
I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (4 of 5)	_
a. Co-Payment Requirements.	
iv. Cumulative Maximum Charges.	
Answers provided in Appendix I-7-a indicate that you do not need to complete this section.	

## Appendix I: Financial Accountability

# I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (5 of 5)

- b. Other State Requirement for Cost Sharing. Specify whether the state imposes a premium, enrollment fee or similar cost sharing on waiver participants. Select one:
  - No. The state does not impose a premium, enrollment fee, or similar cost-sharing arrangement on waiver participants.
  - O Yes. The state imposes a premium, enrollment fee or similar cost-sharing arrangement.

Describe in detail the cost sharing arrangement, including: (a) the type of cost sharing (e.g., premium, enrollment fee); (b) the amount of charge and how the amount of the charge is related to total gross family income; (c) the groups of participants subject to cost-sharing and the groups who are excluded; and, (d) the mechanisms for the collection of cost-sharing and reporting the amount collected on the CMS 64:

## Appendix J: Cost Neutrality Demonstration

## J-1: Composite Overview and Demonstration of Cost-Neutrality Formula

Composite Overview. Complete the fields in Cols. 3, 5 and 6 in the following table for each waiver year. The fields in Cols. 4, 7 and 8 are auto-calculated based on entries in Cols 3, 5, and 6. The fields in Col. 2 are auto-calculated using the Factor D data from the J-2-d Estimate of Factor D tables. Col. 2 fields will be populated ONLY when the Estimate of Factor D tables in J-2-d have been completed.

#### Level(s) of Care: ICF/IID

Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	Col. 7	Col. 8
Year	Factor D	Factor D'	Total: D+D'	Factor G	Factor G'	Total: G+G'	Difference (Col 7 less Column4)
1	37149.39	14643.10	51792.49	204147.18	10062.32	214209.50	162417.01
2	38186.36	14816.45	53002.81	209312.10	10350.10	219662.20	166659.39
3	42,838 <u>39</u> 272.91	<u>14,653</u> 14991.85	54264.76 57,491	214607.70	10646.11	225253.81	<u>170989.051</u> <u>67,762.81</u>
4	48,63940 389.55	<u>14,804</u> 15169.33	63,443 <u>55</u> 558.88	<del>220037.27</del> <u>169,157</u>	<del>10950.59</del> <u>13,691</u>	230987.86 184,871	<u> 175428.981                                   </u>
5	49,49141 553.14	<u>14956</u> <del>15348.91</del>	64,448 <u>56</u> 902.05	<del>225604.22</del> <u>174,570</u>	<del>11263.78</del> 14,129	236868.00 190,723	179965.95 <u>1</u> 26,27 <u>5</u>

# Appendix J: Cost Neutrality Demonstration

## J-2: Derivation of Estimates (1 of 9)

a. Number Of Unduplicated Participants Served. Enter the total number of unduplicated participants from Item B-3-a who will be served each year that the waiver is in operation. When the waiver serves individuals under more than one level of care, specify the number of unduplicated participants for each level of care:

Table: J-2-a: Unduplicated Participants

Waiver Year	Total Unduplicated Number of Participants (from Item B-3-a)	Distribution of Unduplicated Participants by Level of Care (if applicable) Level of Care: ICF/IID
Year 1	1200	1200

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	Year 2	1300		1300	

Waiver Year	Total Unduplicated Number of Participants (from Item B-3-a)	Distribution of Unduplicated Participants by Level of Care (if applicable) Level of Care: ICF/IID
Year 3	<del>1300</del> <u>1504</u>	<del>1300</del> <u>1504</u>
Year 4	<del>1400</del> <u>1600</u>	<del>1400</del> 1600
Year 5	<del>1400</del> <u>1600</u>	<del>1400</del> 1600

## Appendix J: Cost Neutrality Demonstration

## J-2: Derivation of Estimates (2 of 9)

b. Average Length of Stay. Describe the basis of the estimate of the average length of stay on the waiver by participants in item J-2-a.

The average length of stay for all-waiver years one through 3 is 356 days. This is based on the average length of stay reported on the CMS 372 Lag reports for fiscal years 2016-2018. The average length of stay (ALOS) for WY4 and WY5 is 342 days. This was estimated using the actual FY17 – FY21 average annual autism waiver participant ALOS. Each ALOS was summed and averaged to obtain the overall ALOS. A trend factor was also calculated using the annual percent change in the ALOS from FY17 – FY21. The trend factor was applied to the overall ALOS to obtain the estimate.

## Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (3 of 9)

- c. Derivation of Estimates for Each Factor. Provide a narrative description for the derivation of the estimates of the following factors.
  - *i. Factor D Derivation.* The estimates of Factor D for each waiver year are located in Item J-2-d. The basis and methodology for these estimates is as follows:

Factor D estimates for WY1 – WY3 are based on an analysis of CMS 372 lag reports and other utilization data trends for number of users and utilization of services from FY15 – FY17. Assuming the trend is the same throughout the length of this waiver renewal (FY20 – FY24), uUtilization for each service for FY15 – FY17 is as follows: Intensive Retainer Payment – 2.05%; Intensive Individual Support Services – 92.44%; Adult Life Planning – 35.00%; Respite Care – 81.34%; Family Consultation – 76.30%; Regular Therapeutic Integration – 42.55%; Intensive Therapeutic Integration – 10.68%; Environmental Accessibility Adaptations – 4.65%; Regular Residential Habilitation – 0.00% and Intensive Residential Habilitation – 3.07%. Projections for the number of unduplicated participants are based on State funding.

For each waiver service, an average annual percentage of unduplicated participants for each service (number of unduplicated service users/total waiver participants) was calculated using actual FY13 – FY17 service utilization data. For each-WY1 – WY3, the average annual percentage of unduplicated participantsfor each service was applied to the estimated annual number of unduplicated WY participants to determine the unduplicated number of participants for each waiver service for that WY.

As the number of waiver slots/participants increase in WY2 and WY4, the number of unduplicated participants for each service will also increase in that WY.

The State used actual FY17 service cost and units data. The FY actual total cost for each service was divided by the total number of units for that service to obtain the average cost per unit per service. Actual service rates were available and used for FY18. The State used FY18 rates to obtain the average cost per unit for FY19 by increasing the FY18 rate by 3%. Based on a March to March, Consumer Price Index (CPI) for medical care in the Washington Baltimore region, an average yearly increase of 2.86% was forecasted for the cost of services for this waiver renewal. The State estimated WY1 average cost per unit of service by increasing the estimated FY19 average cost by 2.86%. The State repeated this process for WY2s 2-4.

The State estimates that the funding will change based on historical waiver funding trends and the current political environment. The State estimates that 1,200 waiver slots will be funded in WY1, 1,300 in WYs 2 and 3, and 1,400 in WYs 4 and 5.

ii. Factor D' Derivation. The estimates of Factor D' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Past utilization data for Factor D' includes State Plan and EPSDT costs. Estimates of Factor D' do not include the costs of prescribed medications that will be furnished to Medicare/Medicaid dual-eligible. To assist in determining Factor D' for this waiver renewal, actual costs form the CMS 372 lag reports for FY16 – FY18 wereanalyzed. D' was indexed annually by a combined Utilization Trend and Unit Cost Trend factor of 1.18%. Factor D' was estimated using the same method as Factor D. As above, using the 372 Report data, Hilltop calculated an annual unit cost trend factor and a utilization trend factor for the non-waiver services. The five-year average of the annual unit cost trend factor and the annual utilization trend factor are combined to obtain the overall trend factor for the non-waiver services. Hilltop blended the FY 2020 and FY 2021 non-waiver service utilization and cost data to calculate the base year Factor D'. Combining the two years addresses any potential variations in data use resulting from the implementation of the COVID-19 Public Health Emergency (PHE). We applied this overall trend factor to the blended FY 2020 and FY 2021 (base year) non-waiver services to estimate Factor D' for WYs 4 and 5. Estimates of Factor D' do not include the costs of prescribed medications that will be furnished to Medicare/Medicaid dual-eligible beneficiaries. To estimate individual service utilization, Hilltop calculated the percentage of unduplicated service users (number of unduplicated service users/total waiver participants) for each waiver service, per year using actual FY 2017 to FY 2021 service utilization data. We applied the blended FY 2020 and FY 2021 percentage of unduplicated users for each service to the estimated annual number of unduplicated WY participants to determine the unduplicated number of participants for each Autism Waiver service by waiver year. To estimate waiver costs and units of service, we used actual blended FY 2020 and FY 2021 user counts, total units, units per person, cost per unit, and total costs for each service. In WYs 4 and 5, units per person and cost per unit were estimated by multiplying the number of service users established above by the utilization trend and by the unit cost trend, respectively. We then multiplied the total number of units for that service by the cost per unit to obtain the WY cost for each service. Service totals were summed and divided by the estimated number of waiver participants to obtain D. This D should be the same or very similar to the D obtained above.

*iii.* Factor G Derivation. The estimates of Factor G for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Factor G is derived from the FY17 actual annual cost (expenditures divided by number of unduplicated participants) of Medicaid paid ICF/IID care for individuals served in an ICF/IID. The average annual cost was inflated by the 2.53% SNF Market Basket rate of ICF/IID inflation from FY16–18. Factor G and G' were estimated using Medicaid expenditures for persons with at least one ICF/IID claim in FY 2017 to FY 2021. For Factor G and Factor G' the annual increase factor remained the Medical Care Consumer Price Index (CPI) of 3.2%.

iv. Factor G' Derivation. The estimates of Factor G' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Factor G' is derived from using the FY17 actual annual Medicaid paid cost of all non-ICF/IID services for institutionalized individuals who are receiving non-institutional medical services. The average annual cost was inflated by 2.86%, based on the March 2016 - March 2017, Consumer Price Index (CPI) for medical care in the Washington-Baltimore region.

Factor G' was rebased using FY 2017 actual G' data from the MMIS2. This data reflects the actual non-ICF\_ID service expenditures for persons with an ICF-ID stay in FY 2017. While the number of participants have, for the most part decreased, since the last G' estimates were completed, the number of units of service used has increased, resulting in the higher G' estimates. Factor G and G' were estimated using Medicaid expenditures for persons with at least one ICF/IID claim in FY 2017 to FY 2021. For Factor G and Factor G' the annual increase factor remained the Medical Care Consumer Price Index (CPI) of 3.2%.

## Appendix J: Cost Neutrality Demonstration

### J-2: Derivation of Estimates (4 of 9)

Component management for waiver services. If the service(s) below includes two or more discrete services that are reimbursed separately, or is a bundled service, each component of the service must be listed. Select "manage components" to add these components.

Waiver Services	
Residential Habilitation	
Respite	
Adult Life Planning	
Environmental Accessibility Adaptations	
Family Consultation	
Intensive Individual Support Services	
Therapeutic Integration	

## Appendix J: Cost Neutrality Demonstration

## J-2: Derivation of Estimates (5 of 9)

## d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 1

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Residential Habilitation Total:						4866133.24
Regular Residential Habilitation	1 Day	0	0.00	222.32	0.00	
Regular Retainer Payment	1 Day	0	0.00	222.32	0.00	
Intensive Residential Habilitation	1 Day	37	289.00	444.68	4754963.24	
Intensive Retainer Payment	1 Day		10.00	444.68	111170.00	

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 GRAND TOTAL: 44579268.32

 Total Estimated Unduplicated Participants: 1200

 Factor D (Divide total by number of participants): 37149.39

 Average Length of Stay on the Waiver: 356

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
		25				
Respite Total:						4264261.12
Respite	1/2 hour	976	332.00	13.16	4264261.12	
Adult Life Planning Total:						301883.40
Adult Life Planning	1/2 hour	420	13.00	55.29	301883.40	
Environmental Accessibility Adaptations Total:						83559.28
Environmental Accessibility Adaptations	1 unit	56	1.00	1492.13	83559.28	
Family Consultation Total:						1468723.56
Family Consultation	1/2 hour	916	29.00	55.29	1468723.56	
Intensive Individual Support Services Total:						26834029.40
Intensive Individual Support Services	1/2 hour	1109	1436.00	16.85	26834029.40	
Therapeutic Integration Total:						6760678.32
Regular Therapeutic Integration	1/2 hour	511	834.00	13.48	5744825.52	
Intensive Therapeutic Integration	1/2 hour	128	471.00	16.85	1015852.80	
	Factor D (Divide	GRAND TOTAL uated Unduplicated Participants: total by number of participants): ge Length of Stay on the Waiver:				44579268.32 1200 37149.39

# Appendix J: Cost Neutrality Demonstration

# J-2: Derivation of Estimates (6 of 9)

## d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 2

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Residential Habilitation Total:						5410923.70
Regular Residential Habilitation	1 Day	0	0.00	228.67	0.00	
Regular Retainer Payment	1 Day	0	0.00	228.67	0.00	
Intensive Residential Habilitation	1 Day	40	289.00	457.39	5287428.40	
Intensive Retainer Payment	1 Day	27	10.00	457.39	123495.30	
Respite Total:						4748001.72
Respite	1/2 hour	1057	332.00	13.53	4748001.72	
Adult Life Planning Total:						336386.05
Adult Life Planning	1/2 hour	455	13.00	56.87	336386.05	
Environmental Accessibility Adaptations Total:						92088.00
Environmental Accessibility Adaptations	1 unit	60	1.00	1534.80	92088.00	
Family Consultation Total:						1636036.16
Family Consultation	1/2 hour	992	29.00	56.87	1636036.16	
Intensive Individual Support Services Total:						29891997.10
Intensive Individual Support Services	1/2 hour	1202	1435.00	17.33	29891997.10	
Therapeutic Integration Total:						7526837.49
Regular Therapeutic Integration	1/2 hour	553	834.00	13.86	6392259.72	
Intensive Therapeutic Integration	1/2 hour	139	471.00	17.33	1134577.77	
		GRAND TOTAL mated Unduplicated Participants: total by number of participants):				49642270.22 1300 38186.36
	Aver	age Length of Stay on the Waiver.	:			356

# Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (7 of 9)

### d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 3

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Residential Habilitation Total:						<del>5565660.10</del> 6 <u>,</u> 686,514.11
Regular Residential Habilitation	1 Day	0 <u>3</u>	<del>0.00</del> 1.02	<del>235.22</del> <u>253.30</u>	<del>0.00</del> 771.91	
Regular Retainer Payment	1 Day	0	0.00	<del>235.22</del> <u>253.30</u>	0.00	
Intensive Residential Habilitation	1 Day	<del>40</del> <u>42</u>	<del>289.00</del> 307.23	<del>470.47</del> <u>506.65</u>	5438633.20 6,537,627.1 1	
Intensive Retainer Payment	1 Day	<del>27</del> <u>23</u>	<del>10.00</del> 12.71	470.47 <u>506.65</u>	127026.90 148,115.0 9	
Respite Total:						4884862.08 <u>6,</u> 620,485.09
Respite	1/2 hour	<del>1057</del> <u>961</u>	<del>332.00</del> 459.28	<del>13.92</del> <u>15.00</u>	4884862.08 6,620,485.0 9	
Adult Life Planning Total:						346027.50 <u>19</u> 5,281.54
Adult Life Planning	1/2 hour	4 <u>55</u> 2 <u>12</u>	<del>13.00</del> 14.62	58.50 <u>62.99</u>	346027.50 195,281.5 4	
Environmental Accessibility Adaptations Total:						94 <del>722.00</del> 143, <u>972.47</u>
Environmental Accessibility Adaptations	1 unit	<del>60</del> <u>65</u>	<del>1.00</del> <u>1.05</u>	<del>1578.70</del> 2104	94722.00 143,972. 47	
Family Consultation Total:					_	1682928.00 <u>1,</u> 674,135.15
Family Consultation	1/2 hour	<del>992</del> 1007	<del>29.00</del> 26.39	<del>58.50</del> <u>62.99</u>	1682928.00 1,674,135.1 5	
Intensive Individual Support Services Total:						30737183.40 42,724,091.4 4
Intensive Individual Support Services	1/2 hour	<del>1202</del> 1286	<del>1435.00</del> 1731.24	<del>17.82</del> <u>19.19</u>	30737183.40 42,724,091.4 4	
Therapeutic Integration Total:						<del>7743398.10<u>6,</u> 384,076.41</del>
Regular Therapeutic Integration	1/2 hour	<del>553</del> 488	<del>834.00</del> 687.60	<del>14.26</del> .15.35	6576740.52 5,150,656.0 0	
Intensive Therapeutic Integration	1/2 hour	<del>139</del> <u>106</u>	<del>471.00</del> 606.36	<del>17.82</del> <u>19.19</u>	1166657.58 1,233,420.4 0	
		GRAND TOTAL nated Unduplicated Participants: total by number of participants):			<del>5105478</del>	1.1864,428,556.21 1300 <u>1504</u> 39272.9142,838
	Averag	ze Length of Stay on the Waiver:	·			356

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# Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (8 of 9)

## d. Estimate of Factor D.

*i. Non-Concurrent Waiver.* Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to

automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 4

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Residential Habilitation Total:						6154137.8 \$7,968,757.42
Regular Residential Habilitation	1 Day	θ <u>3</u>	<del>0.00</del> 1.03	<del>241.94</del> <u>283.69</u>	<del>0.00</del> 878.18	
Regular Retainer Payment	1 Day	$\theta$	0.00	<del>241.94</del> 283.69	<del>0.00</del>	
Intensive Residential Habilitation	1 Day	4344	<del>289.00</del> <u>312.08</u>	4 <del>83.93</del> <u>567.45</u>	6013798.11 7,792,042.1 6	
Intensive Retainer Payment	1 Day	<del>29</del> 24	<del>10.00</del> <u>12.91</u>	483.93 <u>567.45</u>	140339.70 175,837.0 8	
Respite Total:						5415079.36 <u>8,0</u> 10,203.53
Respite	1/2 hour 15 min	<del>1139</del> 1022	<del>332.00</del> 933.07	<u>14.328.40</u>	5415079.36 8,010,203.5 <u>3</u>	
Adult Life Planning Total:						383282.90 <u>23</u> 5,798.73
Adult Life Planning	1/2 hour 15 min	490225	<del>13.00</del> 29.71	<del>60.17</del> <u>35.28</u>	383282.90 235,798.7 3	
Environmental Accessibility Adaptations Total:						105550.25 <u>15</u> 5,247.07
Environmental Accessibility Adaptations	1 unit	<del>65</del> <u>69</u>	<del>1.00</del> <u>1.07</u>	<del>1623.85</del> 2104.00	105550.25 155,247.0 7	
Family Consultation Total:						1863585.24 <u>2,0</u> 25,742.01
Family Consultation	1/2 hour 15 min	<del>1068</del> <u>1071</u>	<del>29.00</del> 53.62	<del>60.17</del> <u>35.28</u>	1863585.24 2,025,742.0 1	
Intensive Individual Support Services Total:						34036793.70 <u>51,</u> 699,651.31
Intensive Individual Support Services	1/2 hour 15 min	<del>1294</del> <u>1368</u>	<del>1435.00</del> <u>3517.18</u>	<del>18.33</del> <u>10.75</u>	34036793.70 51,699,651.3 1	
Therapeutic Integration Total:						8586943.38 \$7,727,132.77
Regular Therapeutic Integration	1/2 hour 15 min	<del>596</del> 519	<del>834.00</del> 1396.92	<u>14.678.60</u>	7291928.88 6,231,402.2 5	
Intensive Therapeutic Integration	1/2 hour 15 min	150 <u>113</u>	4 <del>71.00</del> 1231.88	<del>18.33</del> <u>10.75</u>	1295014.50 1,495,730.5 2	

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GRAND TOTAL:	<del>56545372.64</del> 79,067,939,29	
Total Estimated Unduplicated Participants:	<del>1400</del> 1600	
Factor D (Divide total by number of participants):	40389.549,417.46 <u>5</u>	
Average Length of Stay on the Waiver:	<del>356</del> <u>342</u>	

# Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (9 of 9)

d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 5

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Residential Habilitation Total:						633 \$8,096,282 72 0141.09
Regular Residential Habilitation	1 Day	θ <u>3</u>	<del>0.00</del> <u>1.05</u>	<del>248.86</del> <u>283.75</u>	0.00892.23	
Regular Retainer Payment	1 Day	0	0.00	<del>248.86</del> 283.75	0.00	
Intensive Residential Habilitation	1 Day	43 <u>44</u>	<del>289.00</del> <u>317.01</u>	<del>497.77</del> <u>567.56</u>	6185787.79 7,916,739.4 6	
Intensive Retainer Payment	1 Day	<del>29</del> <u>24</u>	<del>10.00</del> <u>13.12</u>	<del>497.77</del> <u>567.56</u>	144353.30 178,651.0 3	
Respite Total:						5570120.04 8,138,392.1 0
Respite	1/2 hour 15 min	<del>1139</del> 1022	<del>332.00</del> 947.81	<del>14.73</del> <u>8.40</u>	5570120.04 8,138,392.1 <u>0</u>	
Adult Life Planning Total:						394303.0 239,572.2
Adult Life Planning	1/2 hour 15 min	490225	<del>13.00</del> <u>30.18</u>	<del>61.90</del> <u>35.28</u>	394303.00 239,572.2 6	
Environmental Accessibility Adaptations Total:						108568.85 157,731.5
Environmental Accessibility Adaptations	1 unit	<del>65</del> <u>69</u>	<del>1.00</del> <u>1.09</u>	<del>1670.29</del> 2104.00	108568.85 157,731.5 1	
Family Consultation Total:					_	1917166.80 2,058,160.2 <u>8</u>
Family Consultation	<del>1/2 hour</del> 15 min	<del>1068</del> <u>1071</u>	<del>29.00</del> 54.47	<del>61.90</del> 635.28	1917166.80 2,058,160.2 8	
Intensive Individual Support Services Total:						35020945.40 52,527,009.1
Intensive Individual Support Services	1/2 hour 15 min	<del>1294</del> <u>1368</u>	<del>1435.00</del> <u>3572.76</u>	<del>18.86</del> <u>10.75</u>	35020945.40 52,527,009.1 0	
Therapeutic Integration Total:						\$833154.7 \$7,850,79 31
Regular Therapeutic Integration	1/2 hour 15 min	<del>596</del> <u>519</u>	<del>834.00</del> <u>1418.99</u>	<u> 15.09</u> <u>8.60</u>	7500695.76 6,331,124.3 8	

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