



ParityManager™ Report

Maryland Department of Health

Medicaid - Merged Optum FFS Amerigroup 09182020

September 30, 2020

6

Parity Flags

Executive Summary

The table below displays a count of parity flags for each Standard.

	Parity Flag
Standard 4	0
Standard 5	0
Standard 6	0
Standard 7	0
Standard 8	6
Standard 9	0
Standard 10	0

The table below displays a count of Standards missing information and need additional input.

	Missing Information
Standard 4	Yes
Standard 5	-
Standard 6	Yes
Standard 7	Yes
Standard 8	-
Standard 9	-
Standard 10	-

The URAC ParityManager™ facilitates the processes that a modern parity compliance program needs to have but, as a document management and communications software solution, ParityManager™ does not in and of itself automatically result in parity compliant operations.

Standard 4

Any parity flags are reported in the table below.

	Parity Flag
Lifetime Dollar Limits	0
Annual Dollar Limits	0

If either section is considered incomplete, it is reported in the table below.

	Missing Information
Lifetime Dollar Limits	Y
Annual Dollar Limits	Y

Standard 5

Any parity flags are reported in the table below.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

:

Standard 5

Which of the following benefits does this plan cover?

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	Acute Care Services	Inpatient Detoxification--hospital	Does not apply
	Ancillary Services	Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)	Nursing Facility: Nursing services
	Anesthesia--Inpatient	Residential SUD Treatment--ASAM 3.1	Nursing Facility: Dietary services
	Electroconvulsive therapy (ECT)--inpatient	Residential SUD Treatment--ASAM 3.3	Nursing Facility: Physician services
	Patient Consultation	Residential SUD Treatment--ASAM 3.5	Nursing Facility: Specialized rehabilitation
	Psychological or neuropsychological testing and evaluation--inpatient	Residential SUD Treatment--ASAM 3.7	Nursing Facility: Social work
	Individual therapy--inpatient	Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)	Nursing Facility: Activities
	Group therapy--inpatient	Inpatient ASAM 4.0	Nursing Facility: Pharmaceutical services
	Family therapy--inpatient	Does not apply	Nursing Facility: Behavioral health services
	Special Psychiatric Hospital	Ancillary Services-SUD	Nursing Facility: Laboratory, radiology and other diagnostic testing
	Residential Treatment Centers	Discharge Day	Nursing Facility: Dental services
	Does not apply	Family therapy—SUD inpatient	Hospice: Short-term inpatient care
	Nursing Facility: MH Services	Group therapy—SUD inpatient	Acute Care Services (Births/Deliveries)
		Individual therapy—SUD inpatient	Acute Care Services (Medical/Surgical)
		Nursing Facility: SUD services	Amputations--inpatient
			Ancillary Services
			Anesthesia--Inpatient
			Bariatric Surgery
			Bypass surgery--inpatient
			Cardiac Procedures (non-emergent)--inpatient

Mental Health	Substance Use Disorder	Medical/Surgical
		Chemotherapy--inpatient
		Corrective Surgery--inpatient
		Cosmetic Procedures--Inpatient
		Diagnostic and X-ray services: CT--inpatient
		Diagnostic and X-ray services: MRI--inpatient
		Diagnostic and X-ray services: PET--inpatient
		Diagnostic and X-ray services: Radiography--inpatient
		Dialysis--Inpatient
		Erectile Dysfunction Procedures
		Eye Procedures--Inpatient
		Gender affirmation surgery
		Grafts/Implants
		Occupational Therapy--inpatient
		Physical Therapy--inpatient
		Speech Therapy--inpatient
		Hospice Care--Inpatient
		Hospital Care--inpatient
		Hysterectomy
		Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
		Investigational Surgeries/Clinical Trials--inpatient
		Neurostimulators
		Neurosurgical procedures--inpatient
		NICU/Sick baby/Detained baby
		Oncology Services--inpatient
		Plastic and Restorative Surgery--inpatient
		Post-Stabilization Services-inpatient
		Rehabilitation Services (Acute)
		Room and Board
		Spinal Cord Stimulator

	Mental Health	Substance Use Disorder	Medical/Surgical
			Surgery (nonurgent)--inpatient
			Surgery (urgent)--inpatient
			Transplants
			Transplants Pre and Post Transplant Services
			Transportation between hospitals
			Sterilization services--inpatient
Outpatient - Other	Laboratory Services	Drug Testing	Applied Behavior Analysis (autism services)--primarily in-home
	Mobile treatment-Assertive community treatment (ACT)	Laboratory Services	Does not apply
	Mobile treatment-non-ACT	Does not apply	HIV/AIDS laboratory services
	Targeted Case Management		Augmentive communication devices
	Respite Care (1915i)		Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
	Does not apply		Oxygen
			HH: registered Nurse
			HH: Home Health Aide
			HH: physical therapy
			HH: Occupational therapy
			HH: Speech therapy
			Hospice: nursing services
			Hospice: Medical social services
			Hospice: Medical appliances and supplies
			Hospice: home health and aide services
			PACE: Day health care
			PACE: In-home care
			PACE: Nursing care
			PACE: Personal care
			PACE: Meals
			PACE: Recreation
			PACE: Social work
			PACE: Transportation

Mental Health	Substance Use Disorder	Medical/Surgical
		CPAS and CFC: Nurse monitoring
		CPAS and CFC: Personal assistance services
		CFC: Personal emergency response system
		CFC: Transition services
		CFC: Consumer training
		CFC: home delivered meals
		CFC: assistive technology
		CFC: Accessibility adaptations
		CFC: environmental assessments
		ICS: case management
		ICS: Medical Day Care
		ICS: Nutritionist/Dietician
		ICS: Family training
		ICS: behavioral consultation
		ICS: Assisted living
		ICS: senior Center Plus
		1915c: case management
		1915c: certified Nursing Assistant/Home Health Aide
		1915c: nursing (private duty) (21+ years of age)
		1915c: medical Day Care
		Autism: Family leave (retainer day)
		Autism: Residential habilitation (regular and intensive)
		Autism: Intensive individual support services
		Autism: Therapeutic integration (regular and intensive)
		Autism: adult life planning
		Autism: Respite care
		Autism: family training
		Autism: Environmental accessibility adaption

Mental Health	Substance Use Disorder	Medical/Surgical
		Brain Injury: Residential habilitation
		Brain Injury: Day habilitation
		Brain injury: Supported employment
		Brain injury: Individual support services
		Brain injury: medical Day Care
		HCBS: case management
		HCBS: Medical Day Care
		HCBS: Nutritionist/Dietician
		HCBS: family training
		HCBS: Behavioral consultation
		HCBS: Assisted living
		HCBS: senior Center Plus
		Medical Day Care Waiver with associated services
		Community Pathways and Community Supports waivers: Assistive technology and services
		Community Pathways and Community Supports waivers: Behavioral support services
		Community Pathways and Community Supports waivers: Career exploration
		Community Pathways and Community Supports waivers: Community development
		Community Pathways and Community Supports waivers: Day habilitation
		Community Pathways and Community Supports waivers: Employment discovery and customization
		Community Pathways and Community Supports waivers: Employment services
		Community Pathways and Community Supports waivers: Environmental assessment
		Community Pathways and Community Supports waivers: Environmental modification
		Community Pathways and Community Supports waivers: Family and peer mentoring supports

Mental Health	Substance Use Disorder	Medical/Surgical
		Community Pathways and Community Supports waivers: Family caregiver training and empowerment
		Community Pathways and Community Supports waivers: Housing support services
		Community Pathways and Community Supports waivers: Individual and family directed goods and services
		Community Pathways and Community Supports waivers: Medical Day Care
		Community Pathways and Community Supports waivers: Nurse case management and delegation
		Community Pathways and Community Supports waivers: Nurse consultation
		Community Pathways and Community Supports waivers: Nurse health case management
		Community Pathways and Community Supports waivers: Participant education, training and advocacy
		Community Pathways and Community Supports waivers: Personal supports
		Community Pathways and Community Supports waivers: Respite care services
		Community Pathways and Community Supports waivers: Support broker services
		Community Pathways and Community Supports waivers: Supported employment
		Community Pathways and Community Supports waivers: Transportation
		Community Pathways and Community Supports waivers: Vehicle modification
		Community Pathways only: community living
		Community Pathways only: live-in caregiver supports
		Community Pathways only: Remote support services
		Community Pathways only: Shared living
		Community Pathways only: Support living
		Community Pathways only: transition services

Mental Health	Substance Use Disorder	Medical/Surgical
		Family Supports: Assistive technology and services
		Family Supports: Behavioral support services
		Family Supports: Environmental assessment
		Family Supports: Environmental modification
		Family Supports: Family and peer mentoring supports
		Family Supports: Family caregiver training and empowerment
		Family Supports: Housing support services
		Family Supports: Individual and family directed goods and services
		Family Supports: Nurse case management and delegation
		Family Supports: Nurse consultation
		Family Supports: Participant education, training and advocacy
		Family Supports: Personal supports
		Family Supports: Respite care services
		Family Supports: Support broker services
		Family Supports: Transportation
		Family Supports: Vehicle modification
		HH: Registered Nurse
		Health-related services and targeted case management services provided to children when the services are specified in the child's Individualized Education Plan or Individualized Family Service Plan
		EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
		Medical Day Care waiver with associated services(16+ years of age):
		(2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
		(4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
		(6) Restorative services (filings, crowns, etc) - OP OR/ASC;

Mental Health	Substance Use Disorder	Medical/Surgical
		(8) Endodontic services (root canals, etc.) - OP OR/ASC;
		(10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
		(12)Prosthodontics (dentures, etc.) - OP OR/ASC;
		(14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
		(17) Anesthesia - OP OR/ASC.
		Care Management
		Targeted Case Management
		Diabetic Education
		National Diabetes Prevention Program
		DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
		Genetic Testing
		Hepatitis C Virus Genotyping
		Home Health Services: medical supplies used for home heath visit
		Home Health Services: occupational therapy
		Home Health Services: physical therapy
		Home Health Services: skilled nursing services
		Home Health Services: speech pathology services
		Hospice Care--Outpatient
		Laboratory Services
		Molecular Pathology Labs
		Neuro-Psychological Testing/Developmental Delay Programs
		Personal Care Services
		Private Duty Nursing
		Remote Patient Monitoring
		Applied Behavior Analysis (autism services)--primarily in-home

	Mental Health	Substance Use Disorder	Medical/Surgical
Outpatient - Office Based	Activity Therapy	Alcohol and/or drug assessment	Does not apply
	Biofeedback	Ambulatory detoxification	HH: Physical therapy
	Electroconvulsive therapy (ECT)--outpatient	Group therapy--outpatient	HH: Occupational therapy
	Family Psycho-Educational Therapy	Individual therapy--outpatient	HH: Speech therapy
	Family Therapy--outpatient	Intensive Outpatient (IOP)--ASAM 2.1	Hospice: Physician services
	Group therapy--outpatient	MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)	Hospice: Counseling services (including dietary, spiritual and bereavement)
	Health Behavior Assessment	MAT Initial Intake (Evaluation and Management, Including Rx)	Hospice: Physical therapy
	Health Behavior Reassessment	MAT Ongoing (Evaluation and Management, including Rx)	Hospice: Occupational therapy
	Individual Psycho-Educational Therapy	Partial Hospitalization (PHP)--ASAM 2.5	Hospice: Speech therapy
	Individual therapy--outpatient	Opioid Treatment Program (OTP) services - including med management	PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
	Intensive outpatient (IOP)	Buprenorphine guest dosing	PACE: Rehabilitation
	Mental health assessment	Methadone guest dosing	ICS: Nutritionist/Dietician
	Mental health reassessment	Methadone Maintenance	ICS: Behavioral consultation
	Multiple family group therapy	Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified	1915c: Physician participation in plan of care meeting
	Partial hospitalization (PHP)	Does not apply	Home and Community Based Options waiver:
	Psychiatric Rehabilitation Services	SBIRT	HCBS: nutritionist/Dietician
	Psychological or neuropsychological testing and evaluation	primary SUD Services (assessment, clinical evaluation, referral to ASO)	HCBS: behavioral consultation
	Therapeutic Behavioral Services	health home services for SUD (opioid addiction) - opioid treatment program	HH: physical therapy
	Transcranial Magnetic Stimulation (TMS)		1915c: physician participation in plan of care meeting

Mental Health	Substance Use Disorder	Medical/Surgical
Traumatic Brain Injury (TBI) Day Habilitation		(1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
Evaluation and Management- Outpatient		(3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
Anesthesia - Outpatient		(5) Restorative services (fillings, crowns, etc) - Clinic;
Does not apply		(7) Endodontic services (root canals, etc.) - Clinic;
health home services for MH reasons (serious and persistent mental illness (SPMI) - services by mobile treatment services (MTS) or psychological rehabilitation programs		(9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
primary mental health services (assessment, clinical evaluation, referral to ASO)		(11) Prosthodontics (dentures, etc.) - Clinic;
		(13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
		(15) Orthodontic services - Clinic;
		(16) Anesthesia - Clinic; and
		(1) Preventive services (cleanings, fluoride, etc.) - Clinic;
		(2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
		(3) Restorative services (fillings, crowns, etc) - Clinic;
		(4) Endodontic services (root canals, etc.) - Clinic;
		(5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
		(6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
		(7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
		(8) Anesthesia - Clinic.
		Acne Services
		Acupuncture
		Amputations--outpatient
		Audiology Services (hearing loss assessment and treatment)
		Blood/Blood Products
		Bypass surgery--outpatient

Mental Health	Substance Use Disorder	Medical/Surgical
		Capsule Endoscopy
		Cardiac Procedures (non-emergent)--outpatient
		Cardiac Rehabilitation
		Chemotherapy--outpatient
		Chiropractic Services
		Circumcision
		Clinic Services--FQHC
		Clinic Services--Coumadin Clinic
		Clinic Services--SBHC
		Clinic Services--Other
		Clinic Services--Heart Failure Clinic
		Clinic Services--Wound Clinic
		Corrective Surgery--outpatient
		Cosmetic Procedures/Surgeries--outpatient
		Dermatology Procedures
		Diagnostic and X-ray services: CT--outpatient
		Diagnostic and X-ray services: MRI--outpatient
		Diagnostic and X-ray services: PET--outpatient
		Diagnostic and X-ray services: Radiography--outpatient
		Dialysis--outpatient
		Foster Care Evaluation/Check-up for children entering State custody
		Genetic Counseling
		Grafts/Implants--outpatient
		Hyperbaric Oxygen Therapy
		Infusion/Maintenance Drug Infusion
		Investigational Surgeries/Clinical Trials--outpatient
		National Diabetes Prevention Program Services
		Nerve Stimulator--outpatient

Mental Health	Substance Use Disorder	Medical/Surgical
		Neuro-Psychological Testing/Developmental Delay Programs
		Neurosurgical procedures--outpatient
		Newborn Office Services
		Nutritional Counseling
		OB Ultrasound
		Occupational Therapy
		Oncology Treatment
		Oral Surgery Adult
		Oral Surgery Child
		Outpatient hospital care (emergent)
		Outpatient hospital care (non-emergent)
		Outpatient Rehabilitative services
		Outpatient Surgery (Ambulatory Surgery Center)
		Pain Management Procedures
		Pain Management Visits
		Physical Therapy
		Plastic and Restorative Surgery--outpatient
		Podiatry Services
		Post-Stabilization Services
		Pregnancy-related Services (OB Care)
		Primary Care
		Proton Therapy Treatment
		Pulmonary Rehab
		Sleep Studies /Sleep Apnea Studies
		Somatic services related to gender dysphoria
		Specialty Care
		Speech Therapy--outpatient
		Sterlization Services--outpatient
		Transplants Pre and Post Transplant Services--outpatient

	Mental Health	Substance Use Disorder	Medical/Surgical
			Urgent Care
			Vision Services
			Wound Vacuum-assisted closure (VAC)
			Post-Stabilization Services-outpatient
Emergency Benefits	Emergency Room- All inclusive ancillary services	Emergency Room- All inclusive ancillary services	Emergency Services billed with CDT codes
	Emergency Room- Medications	Emergency Room- Medications	Emergency Transportation (Ambulance)
	Emergency Room--Beyond EMTALA Screening	Emergency Room--Beyond EMTALA Screening	Observation Stay up to 24 h
	Emergency Room--EMTALA Screening	Emergency Room--EMTALA Screening	Air Ambulance
	Emergency Room--Post Stabilization Services	Emergency Room--Post Stabilization Services	Emergency Transport--Basic Life Support
	Emergency Room--Stabilization Services	Emergency Room--Stabilization Services	Emergency Transport--Advanced Life Support (ALS)
	Emergency Room-Clinical Laboratory	Emergency Room-Clinical Laboratory	Emergency Room--EMTALA Screening
	Emergency Room-General Services	Emergency Room-General Services	Emergency Room--Beyond EMTALA Screening
	Observation Stay--24 h	Observation Stay--24 h	Emergency Room- All inclusive ancillary services
	Does not apply	Does not apply	Emergency Room-General Services
	emergency transportation ambulance	emergency transportation (ambulance)	Emergency Room-Clinical Laboratory
			Emergency Room- Medications
			Emergency Room-Radiology
			Emergency Room- Dental Services
			Emergency Room-Post-Stabilization Services
			Emergency Room--Stabilization Services
Prescription Drugs	Abilify Maintena	ZUBSOLV	cinryze
	Abilify MyCite	SUBOXONE	spinraza
	Adasuve	BUNAVAIL	zolgensma
	Adhansia XR	SUBUTEX	MCO administered prescription drug
	Adzenys XR ODT	SUBLOCADE	
	amphetamine ER suspension (Adzenys ER)	VIVITROL	

Mental Health	Substance Use Disorder	Medical/Surgical
amphetamine sulfate (Evekeo)	Not Applicable	
Aplenzin	acamprosate (Campral)	
Aptensio XR	buprenorphine	
Aptiom	buprenorphine/naloxone film	
aripiprazole (Abilify)	buprenorphine/naloxone tablets	
aripiprazole ODT (Abilify Discmelt)	Campral	
Aristada	Lucemyra	
Aristada Initio	naltrexone	
armodafinil (Nuvigil)	Nicotrol® nasal spray, inhaler	
atomoxetine (Strattera)	Sublocade	
Banzel	Vivitrol	
Belsomra	chantix	
Briviact (multiple formulations)	disulfiram (Antabuse)	
bupropion XL (Forfivo XL)	nicotine gum	
bupirone	nicotine lozenge	
carbamazepine suspension (Tegretol) (generic only)	nicotine patches	
carbamazepine XR (Tegretol XR)	suboxone film	
Celontin		
chloral hydrate		
chlordiazepoxide		
chlorpromazine (Thorazine)		
citalopram tablets, solution (Celexa)		
clobazam suspension (Onfi)		
clobazam tablets (Onfi)		
clomipramine		
clonazepam (Klonopin)		
clonazepam ODT (Klonopin ODT)		
clonidine ER tablets (Kapvay)		
clorazepate		
clozapine (Clorazil)		

Mental Health	Substance Use Disorder	Medical/Surgical
clozapine ODT (Fazacllo)		
Clozaril		
Contempla		
Cotempla XR ODT		
Daytrana		
desvenlafaxine ER (Khedeza, Pristiq)		
desvenlafaxine fumarate ER		
dexmethylphenidate tablets (Focalin)		
dexmethylphenidate XR (Focalin XR) (generic only)		
dextroamphetamine capsules (Dexedrine ER)		
dextroamphetamine solution (Procentra)		
dextroamphetamine tablets		
Diacomit capsules, powder pack		
diazepam		
diazepam rectal (Diastat, Acudial)		
divalproex (Depakote)		
divalproex ER (Depakote ER)		
divalproex sprinkles (Depakote sprinkles)		
doxepin (Silenor)		
droperidol		
duloxetine (Cymbalta)		
Dyanavel XR		
Edluar		
Emsam		
Epidiolex		
Equetro		
escitalopram solution (Lexapro)		
estazolam (ProSom)		
eszopiclone (Lunesta)		
ethosuximide (Zarontin)		

Mental Health	Substance Use Disorder	Medical/Surgical
Evekeo		
Evekeo ODT		
Fanapt		
felbamate (Felbatol)		
Fetzima		
fluoxetine capsules 60mg		
fluoxetine tablets (Sarafem)		
fluoxetine weekly (Prozac weekly)		
fluphenazine (Prolixin)		
fluphenazine decanoate inj (Prolixin inj)		
flurazepam (Dalmane)		
fluvoxamine ER (Luvox CR)		
Fycompa		
gabapentin solution (Neurontin)		
guanfacine ER (Intuniv)		
haloperidol (Haldol)		
haloperidol decanoate inj (Haldol IM)		
Hetlioz		
hydroxyzine (multiple formulations)		
Ingrezza		
Intuniv ER		
Invega Sustenna		
Invega Trinza		
Jornay PM		
Kapvay 0.1-0.2mg dose pack		
Kapvay ER 0.1mg		
Lamictal XR dose pack		
lamotrigine XR, ODT (Lamictal XR, Lamictal ODT)		
Latuda		
levetiracetam ER (Keppra XR)		
lithium (multiple formulations)		

Mental Health	Substance Use Disorder	Medical/Surgical
lorazepam (multiple formulations)		
loxapine capsules (Loxitane)		
Marplan		
meprobamate		
methamphetamine (Desoxyn)		
methylphenidate CD capsules (Metadate CD)		
methylphenidate chewable (Methylin chewable)		
methylphenidate CR tablets (except 72mg) (Concerta)		
methylphenidate CR tablets 72mg		
methylphenidate ER capsules (Ritalin LA)		
methylphenidate ER tablets (Ritalin SR)		
methylphenidate oral solution (Methylin)		
methylphenidate tablets (Ritalin)		
midazolam		
modafinil (Provigil)		
molindone		
Mydayis ER		
Nayzilam		
nefazodone (Serzone)		
Nuplazid		
olanzapine IM (Zyprexa IM)		
olanzapine ODT (Zyprexa Zydis)		
olanzapine tablets (Zyprexa)		
olanzapine/fluoxetine (Symbyax)		
oxazepam		
Oxtellar XR		
paliperidone (Invega)		
paroxetine 7.5mg capsules (Bridelle)		
paroxetine CR (Paxil CR)		

Mental Health	Substance Use Disorder	Medical/Surgical
Paxil suspension		
Peganone		
perphenazine (Trilafon)		
perphenazine/amitriptyline (Triavil)		
Perseris		
Pexeva		
phenelzine (Nardil)		
pimozide (Orap)		
pregabalin capsules		
pregabalin solution		
quetiapine (Seroquel)		
quetiapine ER (Seroquel XR)		
Quillichew ER		
Quillivant XR		
ramelteon (Rozerem)		
Rexulti		
Risperdal Consta		
risperidone, risperidone ODT (Risperdal)		
Rozerem		
Sabril powder pack, tablets (Brand only)		
Saphris		
Secuado		
sertraline tablets, concentrated solution (Zoloft)		
Silenor		
Spravato		
Spritam		
Strattera		
Sunosi		
Sympazan		
temazepam 15mg, 30mg (Restoril)		

Mental Health	Substance Use Disorder	Medical/Surgical
temazepam 7.5mg, 22.5mg		
thioridazine (Mellaril)		
thiothixene (Navane)		
tiagabine (Gabitril) (generic only)		
topiramate ER (Qudexy XR)		
trazodone (Desyrel)		
triazolam (Halcion)		
Trintellix		
Trokendi XR		
venlafexine ER tablets		
Versacloz		
vigabatrin (multiple formulations)		
Viibryd		
Vimpat		
Vraylar		
Wakix		
zaleplon (Sonata)		
Zenzedi		
ziprasidone (Geodon)		
ziprasidone IM (Geodon IM)		
zolpidem (Ambien)		
zolpidem ER (Ambien CR)		
zolpidem SL (Intermezzo)		
Zolpimist		
Zubsolv		
Zulresso		
Zyprexa Relprevv		
Aristada ER		
clonidine (Catapres)		
Depo-Provera (multiple formulations)		
Eligard (multiple formulations) (leuprolide acetate)		

Mental Health**Substance Use Disorder****Medical/Surgical**

guanfacine (Tenex)

leuprolide acetate

liothyronine (Triostat)

Lupron 3.75mg (leuprolide acetate)

Lupron Depot (multiple formulations)
(leuprolide acetate)

Standard 6

Any parity flags found in Standard 6 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag				
	Deductible	Copay	Coinsurance	Out-of-pocket maximum
Inpatient	-	-	-	-
Outpatient - Other	-	-	-	-
Outpatient - Office Based	-	-	-	-
Emergency Benefits	-	-	-	-
Prescription Drugs	-	-	-	-

Any classification/limit type combination considered incomplete is reported in the table below.

Missing Information				
	Deductible	Copay	Coinsurance	Out-of-pocket maximum
Inpatient	Y	Y	Y	Y
Outpatient - Other	Y	Y	Y	Y
Outpatient - Office Based	Y	Y	Y	Y
Emergency Benefits	Y	Y	Y	Y
Prescription Drugs	Y	Y	Y	Y

Standard 7

Any parity flags found in Standard 7 are reported below. The number of flags per classification and limit type combination is shown.

	Parity Flag		
	Day limits	Hour limits	Visit limits
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/limit type combination considered incomplete is reported in the table below.

	Missing Information		
	Day limits	Hour limits	Visit limits
Inpatient	Y	Y	Y
Outpatient - Other	Y	Y	Y
Outpatient - Office Based	Y	Y	Y
Emergency Benefits	Y	Y	Y
Prescription Drugs	Y	Y	Y

Standard 8

Any parity flags found in Standard 8 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	1	1	-
Outpatient - Other	1	1	-
Outpatient - Office Based	1	1	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 8

Which of the following NQTL types are currently in use?

Red NQTLs should be considered a parity flag.

	Mental Health	Substance Use Disorder	Medical/Surgical
Emergency Benefits	medical necessity	Outlier Management	Outlier Management
		medical necessity	medical necessity
Inpatient	Outlier Management	Outlier Management	Outlier Management
	concurrent review	Service Limitations	Service Limitations
	fail first requirements/step therapy	concurrent review	concurrent review
	medical necessity	fail first requirements/step therapy	fail first requirements/step therapy
	prior authorization/pre authorization	medical necessity	medical necessity
	data collection	prior authorization/pre authorization	prior authorization/pre authorization
		data collection	
Outpatient - Other	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	Service Limitations	Service Limitations
	concurrent review	concurrent review	concurrent review
	fail first requirements/step therapy	fail first requirements/step therapy	fail first requirements/step therapy
	medical necessity	medical necessity	medical necessity
	prior authorization/pre authorization	prior authorization/pre authorization	prior authorization/pre authorization
	data collection	data collection	
Outpatient - Office Based	Outlier Management	Outlier Management	Outlier Management
	Service Limitations	Service Limitations	Service Limitations
	concurrent review	concurrent review	concurrent review
	fail first requirements/step therapy	fail first requirements/step therapy	fail first requirements/step therapy
	medical necessity	medical necessity	medical necessity
	prior authorization/pre authorization	prior authorization/pre authorization	prior authorization/pre authorization
	data collection	data collection	
Prescription Drugs	fail first requirements/step therapy	fail first requirements/step therapy	fail first requirements/step therapy
	medical necessity	medical necessity	medical necessity
	prior authorization/pre authorization	prior authorization/pre authorization	prior authorization/pre authorization
	tiered drug formulary	tiered drug formulary	tiered drug formulary

Standard 8

Classification: Emergency Benefits

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Emergency Benefits

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Emergency Benefits

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Inpatient

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

concurrent review

- 1.Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

Standard 8

Classification: Inpatient

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Inpatient

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf
- 1.Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_9.10.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_9.10.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Other

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Other

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

**fail first
requirements/step therapy**

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_9.10.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Other
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Standard 8

Classification: Outpatient - Office Based

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Office Based

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Outlier Management

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Service Limitations

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

concurrent review

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland Medicaid_Parity Analysis
Definitions_7.16.20.pdf

data collection

- Maryland Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Standard 8

Classification: Prescription Drugs

Category: Medical/Surgical

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

tiered drug formulary

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

Standard 8

Classification: Prescription Drugs

Category: Mental Health

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

prior authorization/pre authorization

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

tiered drug formulary

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Standard 8

Classification: Prescription Drugs
Category: Substance Use Disorder

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

fail first requirements/step therapy

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

medical necessity

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

prior authorization/pre authorization

- Maryland
Medicaid_Parity Analysis
Definitions_7.16.20.pdf

tiered drug formulary

- Maryland
Medicaid_Parity Analysis
Definitions_9.10.20.pdf

Standard 8

NQTL Type: medical necessity

Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Emergency Room- All inclusive ancillary services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Post Stabilization Services
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Observation Stay--24 h
- emergency transportation ambulance

Substance Use Disorder

- Emergency Room- All inclusive ancillary services
- Emergency Room- Medications
- Emergency Room--Beyond EMTALA Screening
- Emergency Room--EMTALA Screening
- Emergency Room--Post Stabilization Services
- Emergency Room--Stabilization Services
- Emergency Room-Clinical Laboratory
- Emergency Room-General Services
- Observation Stay--24 h
- emergency transportation (ambulance)

Medical/Surgical

- Emergency Services billed with CDT codes
- Emergency Transportation (Ambulance)
- Observation Stay up to 24 h
- Air Ambulance
- Emergency Transport--Basic Life Support
- Emergency Transport--Advanced Life Support (ALS)
- Emergency Room--EMTALA Screening
- Emergency Room--Beyond EMTALA Screening
- Emergency Room- All inclusive ancillary services
- Emergency Room-General Services
- Emergency Room-Clinical Laboratory
- Emergency Room- Medications
- Emergency Room-Radiology
- Emergency Room- Dental Services
- Emergency Room-Post-Stabilization Services
- Emergency Room--Stabilization Services

Standard 8

NQTL Type: medical necessity

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Acute Care Services
- Ancillary Services
- Anesthesia--Inpatient
- Electroconvulsive therapy (ECT)--inpatient
- Patient Consultation
- Psychological or neuropsychological testing and evaluation--inpatient
- Individual therapy--inpatient
- Group therapy--inpatient
- Family therapy--inpatient
- Special Psychiatric Hospital
- Residential Treatment Centers
- Nursing Facility: MH Services

Substance Use Disorder

- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Ancillary Services-SUD
- Discharge Day
- Family therapy—SUD inpatient
- Group therapy—SUD inpatient
- Individual therapy—SUD inpatient
- Nursing Facility: SUD services

Medical/Surgical

- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Hospice: Short-term inpatient care
- Acute Care Services (Births/Deliveries)
- Acute Care Services (Medical/Surgical)
- Amputations--inpatient
- Ancillary Services
- Anesthesia--Inpatient
- Bariatric Surgery
- Bypass surgery--inpatient
- Cardiac Procedures (non-emergent)--inpatient
- Chemotherapy--inpatient
- Corrective Surgery--inpatient
- Cosmetic Procedures--Inpatient
- Diagnostic and X-ray services: CT--inpatient
- Diagnostic and X-ray services: MRI--inpatient
- Diagnostic and X-ray services: PET--inpatient
- Diagnostic and X-ray services: Radiography--inpatient
- Dialysis--Inpatient
- Erectile Dysfunction Procedures
- Eye Procedures--Inpatient
- Gender affirmation surgery
- Grafts/Implants
- Occupational Therapy--inpatient
- Physical Therapy--inpatient
- Speech Therapy--inpatient
- Hospice Care--Inpatient
- Hospital Care--inpatient
- Hysterectomy

- Institutional Long Term Care/Skilled Nursing Facility (first 90 days)
- Investigational Surgeries/Clinical Trials--inpatient
- Neurostimulators
- Neurosurgical procedures--inpatient
- NICU/Sick baby/Detained baby
- Oncology Services--inpatient
- Plastic and Restorative Surgery--inpatient
- Post-Stabilization Services-inpatient
- Rehabilitation Services (Acute)
- Room and Board
- Spinal Cord Stimulator
- Surgery (nonurgent)--inpatient
- Surgery (urgent)--inpatient
- Transplants
- Transplants Pre and Post Transplant Services
- Transportation between hospitals
- Sterilization services--inpatient

Standard 8

NQTL Type: medical necessity
Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Laboratory Services
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

Substance Use Disorder

- Does not apply

Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- HIV/AIDS laboratory services
- Augmentive communication devices
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: case management
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- 1915c: case management
- 1915c: certified Nursing Assistant/Home Health Aide

- 1915c: nursing (private duty) (21+ years of age)
- 1915c: medical Day Care
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- Medical Day Care Waiver with associated services
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation
- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers:

- Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services
- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers: Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services

- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services
- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- Health-related services and targeted case management services provided to children when the services are specified in the child's Individualized Education Plan or Individualized Family Service Plan
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):
 - (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
 - (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
 - (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
 - (8) Endodontic services (root canals, etc.) - OP OR/ASC;
 - (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
 - (12)Prosthodontics (dentures, etc.) - OP OR/ASC;
 - (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
 - (17) Anesthesia - OP OR/ASC.
- Care Management

- Targeted Case Management
- Diabetic Education
- National Diabetes Prevention Program
- DME/DMS Alternative Approach--Full category; need to identify any NQTLs that apply to any DME/DMS under the broad category. Description of NQTL factors should be more detailed.
- Genetic Testing
- Hepatitis C Virus Genotyping
- Home Health Services: medical supplies used for home health visit
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Hospice Care--Outpatient
- Laboratory Services
- Molecular Pathology Labs
- Neuro-Psychological Testing/Developmental Delay Programs
- Personal Care Services
- Private Duty Nursing
- Remote Patient Monitoring
- Applied Behavior Analysis (autism services)--primarily in-home

Standard 8

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Activity Therapy
- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual Psycho-Educational Therapy
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaluation and Management--Outpatient
- Anesthesia - Outpatient
- health home services for MH reasons (serious and persistent mental illness (SPMI) - services by mobile treatment services (MTS) or psychological rehabilitation programs
- primary mental health services (assessment, clinical evaluation, referral to ASO)

Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Buprenorphine guest dosing
- Methadone guest dosing
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified
- SBIRT
- primary SUD Services (assessment, clinical evaluation, referral to ASO)
- health home services for SUD (opioid addiction) - opioid treatment program

Medical/Surgical

- HH: Physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: Physician services
- Hospice: Counseling services (including dietary, spiritual and bereavement)
- Hospice: Physical therapy
- Hospice: Occupational therapy
- Hospice: Speech therapy
- PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
- PACE: Rehabilitation
- ICS: Nutritionist/Dietician
- ICS: Behavioral consultation
- 1915c: Physician participation in plan of care meeting
- Home and Community Based Options waiver:
- HCBS: nutritionist/Dietician
- HCBS: behavioral consultation
- HH: physical therapy
- 1915c: physician participation in plan of care meeting
- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (16) Anesthesia - Clinic; and
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;

- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.
- Acne Services
- Acupuncture
- Amputations--outpatient
- Audiology Services (hearing loss assessment and treatment)
- Blood/Blood Products
- Bypass surgery--outpatient
- Capsule Endoscopy
- Cardiac Procedures (non-emergent)--outpatient
- Cardiac Rehabilitation
- Chemotherapy--outpatient
- Chiropractic Services
- Circumcision
- Clinic Services--FQHC
- Clinic Services--Coumadin Clinic
- Clinic Services--SBHC
- Clinic Services--Other
- Clinic Services--Heart Failure Clinic
- Clinic Services--Wound Clinic
- Corrective Surgery--outpatient
- Cosmetic Procedures/Surgeries--outpatient
- Dermatology Procedures
- Diagnostic and X-ray services: CT--outpatient
- Diagnostic and X-ray services: MRI--outpatient
- Diagnostic and X-ray services: PET--outpatient
- Diagnostic and X-ray services: Radiography--outpatient
- Dialysis--outpatient
- Foster Care Evaluation/Check-up for children entering State custody
- Genetic Counseling
- Grafts/Implants--outpatient
- Hyperbaric Oxygen Therapy
- Infusion/Maintenance Drug Infusion
- Investigational Surgeries/Clinical Trials--outpatient
- National Diabetes Prevention Program Services
- Nerve Stimulator--outpatient
- Neuro-Psychological Testing/Developmental Delay Programs
- Neurosurgical procedures--outpatient
- Newborn Office Services
- Nutritional Counseling
- OB Ultrasound

- Occupational Therapy
- Oncology Treatment
- Oral Surgery Adult
- Oral Surgery Child
- Outpatient hospital care (emergent)
- Outpatient hospital care (non-emergent)
- Outpatient Rehabilitative services
- Outpatient Surgery (Ambulatory Surgery Center)
- Pain Management Procedures
- Pain Management Visits
- Physical Therapy
- Plastic and Restorative Surgery--outpatient
- Podiatry Services
- Post-Stabilization Services
- Pregnancy-related Services (OB Care)
- Primary Care
- Proton Therapy Treatment
- Pulmonary Rehab
- Sleep Studies /Sleep Apnea Studies
- Somatic services related to gender dysphoria
- Specialty Care
- Speech Therapy--outpatient
- Sterilization Services--outpatient
- Transplants Pre and Post Transplant Services--outpatient
- Urgent Care
- Vision Services
- Wound Vacuum-assisted closure (VAC)
- Post-Stabilization Services-outpatient

Standard 8

NQTL Type: medical necessity

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptiom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonopin)
- clonazepam ODT (Klonopin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexamethylphenidate tablets (Focalin)

Substance Use Disorder

- ZUBSOLV
- SUBOXONE
- BUNAVAIL
- SUBUTEX
- SUBLOCADE
- VIVITROL
- Not Applicable
- acamprosate (Campral)
- buprenorphine
- buprenorphine/naloxone film
- buprenorphine/naloxone tablets
- Campral
- Lucemyra
- naltrexone
- Nicotrol® nasal spray, inhaler
- Sublocade
- Vivitrol
- chantix
- disulfiram (Antabuse)
- nicotine gum
- nicotine lozenge
- nicotine patches
- suboxone film

Medical/Surgical

- cinryze
- spinraza
- zolgensma
- MCO administered prescription drug

- dexamethylphenidate XR (Focalin XR)
(generic only)
- dextroamphetamine capsules
(Dexedrine ER)
- dextroamphetamine solution
(Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote
sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin
inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol
IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR,
Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)

- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv
- Aristada ER
- clonidine (Catapres)
- Depo-Provera (multiple formulations)
- Eligard (multiple formulations) (leuprolide acetate)
- guanfacine (Tenex)
- leuprolide acetate
- liothyronine (Triostat)
- Lupron 3.75mg (leuprolide acetate)
- Lupron Depot (multiple formulations) (leuprolide acetate)

Standard 8

NQTL Type: Outlier Management
Classification: Emergency Benefits

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

- Does not apply

Medical/Surgical

- Emergency Services billed with CDT codes
- Emergency Transportation (Ambulance)
- Observation Stay up to 24 h
- Air Ambulance
- Emergency Transport--Basic Life Support
- Emergency Transport--Advanced Life Support (ALS)
- Emergency Room--EMTALA Screening
- Emergency Room--Beyond EMTALA Screening
- Emergency Room- All inclusive ancillary services
- Emergency Room-General Services
- Emergency Room-Clinical Laboratory
- Emergency Room- Medications
- Emergency Room-Radiology
- Emergency Room- Dental Services
- Emergency Room-Post-Stabilization Services
- Emergency Room--Stabilization Services

Standard 8

NQTL Type: Outlier Management

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- Nursing Facility: MH Services

Substance Use Disorder

- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services

Medical/Surgical

- Does not apply

Standard 8

NQTL Type: Outlier Management

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Laboratory Services
- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder

- Drug Testing
- Laboratory Services

Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- CPAS and CFC: Personal assistance services
- CFC: home delivered meals
- ICS: case management
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation

- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers: Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services
- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers:

- Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services
- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services
- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):
- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;

- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12) Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Home Health Services: skilled nursing services
- Home Health Services: speech pathology services
- Remote Patient Monitoring

Standard 8

NQTL Type: Outlier Management
Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual Psycho-Educational Therapy
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaluation and Management--Outpatient

Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management

Medical/Surgical

- HH: Physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- HH: physical therapy
- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (16) Anesthesia - Clinic; and
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.

Standard 8

NQTL Type: concurrent review

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- Nursing Facility: MH Services

Substance Use Disorder

- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services

Medical/Surgical

- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Hospice: Short-term inpatient care

Standard 8

NQTL Type: concurrent review

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

Substance Use Disorder

- Does not apply

Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: case management
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning

- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation
- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: case management
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- Community Pathways and Community Supports waivers: Assistive technology and services
- Community Pathways and Community Supports waivers: Behavioral support services
- Community Pathways and Community Supports waivers: Career exploration
- Community Pathways and Community Supports waivers: Community development
- Community Pathways and Community Supports waivers: Day habilitation
- Community Pathways and Community Supports waivers: Employment discovery and customization
- Community Pathways and Community Supports waivers: Employment services
- Community Pathways and Community Supports waivers: Environmental assessment
- Community Pathways and Community Supports waivers: Environmental modification
- Community Pathways and Community Supports waivers: Family and peer mentoring supports
- Community Pathways and Community Supports waivers: Family caregiver training and empowerment
- Community Pathways and Community Supports waivers: Housing support services
- Community Pathways and Community Supports waivers: Individual and family directed goods and services

- Community Pathways and Community Supports waivers: Medical Day Care
- Community Pathways and Community Supports waivers: Nurse case management and delegation
- Community Pathways and Community Supports waivers: Nurse consultation
- Community Pathways and Community Supports waivers: Nurse health case management
- Community Pathways and Community Supports waivers: Participant education, training and advocacy
- Community Pathways and Community Supports waivers: Personal supports
- Community Pathways and Community Supports waivers: Respite care services
- Community Pathways and Community Supports waivers: Support broker services
- Community Pathways and Community Supports waivers: Supported employment
- Community Pathways and Community Supports waivers: Transportation
- Community Pathways and Community Supports waivers: Vehicle modification
- Community Pathways only: community living
- Community Pathways only: live-in caregiver supports
- Community Pathways only: Remote support services
- Community Pathways only: Shared living
- Community Pathways only: Support living
- Community Pathways only: transition services
- Family Supports: Assistive technology and services
- Family Supports: Behavioral support services
- Family Supports: Environmental assessment
- Family Supports: Environmental modification
- Family Supports: Family and peer mentoring supports
- Family Supports: Family caregiver training and empowerment
- Family Supports: Housing support services

- Family Supports: Individual and family directed goods and services
- Family Supports: Nurse case management and delegation
- Family Supports: Nurse consultation
- Family Supports: Participant education, training and advocacy
- Family Supports: Personal supports
- Family Supports: Respite care services
- Family Supports: Support broker services
- Family Supports: Transportation
- Family Supports: Vehicle modification
- HH: Registered Nurse
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- Medical Day Care waiver with associated services(16+ years of age):
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Remote Patient Monitoring

Standard 8

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaluation and Management-Outpatient

Substance Use Disorder

- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

Medical/Surgical

- Acupuncture
- Audiology Services (hearing loss assessment and treatment)

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Acute Care Services
- Special Psychiatric Hospital
- Residential Treatment Centers
- Nursing Facility: MH Services

Substance Use Disorder

- Inpatient Detoxification--hospital
- Inpatient Detoxification-IMD (Licensed Intermediate Care Facilities for Addictions in Maryland)
- Residential SUD Treatment--ASAM 3.1
- Residential SUD Treatment--ASAM 3.3
- Residential SUD Treatment--ASAM 3.5
- Residential SUD Treatment--ASAM 3.7
- Residential SUD Treatment--ASAM 3.7WM (Licensed ASAM 3.7D in Maryland)
- Inpatient ASAM 4.0
- Nursing Facility: SUD services

Medical/Surgical

- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management
- Respite Care (1915i)

Substance Use Disorder

- Does not apply

Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- HH: registered Nurse
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Nurse monitoring
- CPAS and CFC: Personal assistance services
- CFC: Personal emergency response system
- CFC: Transition services
- CFC: Consumer training
- CFC: home delivered meals
- CFC: assistive technology
- CFC: Accessibility adaptations
- CFC: environmental assessments
- ICS: Medical Day Care
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: behavioral consultation
- ICS: Assisted living
- ICS: senior Center Plus
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- Autism: family training
- Autism: Environmental accessibility adaption
- Brain Injury: Residential habilitation
- Brain Injury: Day habilitation

- Brain injury: Supported employment
- Brain injury: Individual support services
- Brain injury: medical Day Care
- HCBS: Medical Day Care
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Behavioral consultation
- HCBS: Assisted living
- HCBS: senior Center Plus
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)
- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (fillings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12)Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- Remote Patient Monitoring

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Electroconvulsive therapy (ECT)--outpatient
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Transcranial Magnetic Stimulation (TMS)
- Traumatic Brain Injury (TBI) Day Habilitation
- Evaluation and Management--Outpatient

Substance Use Disorder

- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

Medical/Surgical

- HH: Physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- PACE: Medical specialty services (podiatry, psychiatry, dentistry, optometry and audiology)
- PACE: Rehabilitation
- ICS: Nutritionist/Dietician
- ICS: Behavioral consultation
- 1915c: Physician participation in plan of care meeting
- HCBS: nutritionist/Dietician
- HCBS: behavioral consultation
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and

Standard 8

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptiom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonopin)
- clonazepam ODT (Klonopin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexamethylphenidate tablets (Focalin)

Substance Use Disorder

- acamprosate (Campral)

Medical/Surgical

- cinryze

- dexamethylphenidate XR (Focalin XR)
(generic only)
- dextroamphetamine capsules
(Dexedrine ER)
- dextroamphetamine solution
(Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote
sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin
inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol
IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR,
Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)

- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv
- Aristada ER
- clonidine (Catapres)
- Depo-Provera (multiple formulations)
- Eligard (multiple formulations) (leuprolide acetate)
- guanfacine (Tenex)
- leuprolide acetate
- liothyronine (Triostat)
- Lupron 3.75mg (leuprolide acetate)
- Lupron Depot (multiple formulations) (leuprolide acetate)

Standard 8

NQTL Type: Service Limitations

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

Substance Use Disorder

- Does not apply

Medical/Surgical

- Nursing Facility: Nursing services
- Nursing Facility: Dietary services
- Nursing Facility: Physician services
- Nursing Facility: Specialized rehabilitation
- Nursing Facility: Social work
- Nursing Facility: Activities
- Nursing Facility: Pharmaceutical services
- Nursing Facility: Behavioral health services
- Nursing Facility: Laboratory, radiology and other diagnostic testing
- Nursing Facility: Dental services
- Hospice: Short-term inpatient care

Standard 8

NQTL Type: Service Limitations

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Mobile treatment-Assertive community treatment (ACT)
- Mobile treatment-non-ACT
- Targeted Case Management

Substance Use Disorder

- Does not apply

Medical/Surgical

- Applied Behavior Analysis (autism services)--primarily in-home
- Durable Medical Equipment (DME)/Disposable Medical Supplies (DMS)
- Oxygen
- HH: Home Health Aide
- HH: physical therapy
- HH: Occupational therapy
- HH: Speech therapy
- Hospice: nursing services
- Hospice: Medical social services
- Hospice: Medical appliances and supplies
- Hospice: home health and aide services
- PACE: Day health care
- PACE: In-home care
- PACE: Nursing care
- PACE: Personal care
- PACE: Meals
- PACE: Recreation
- PACE: Social work
- PACE: Transportation
- CPAS and CFC: Personal assistance services
- CFC: Transition services
- CFC: home delivered meals
- ICS: case management
- ICS: Nutritionist/Dietician
- ICS: Family training
- ICS: Assisted living
- Autism: Family leave (retainer day)
- Autism: Residential habilitation (regular and intensive)
- Autism: Intensive individual support services
- Autism: Therapeutic integration (regular and intensive)
- Autism: adult life planning
- Autism: Respite care
- HCBS: case management
- HCBS: Nutritionist/Dietician
- HCBS: family training
- HCBS: Assisted living
- EPSDT: Nursing services (Registered Nurse, Licensed Practical Nurse, Certified Nursing Assistant-Certified Medication Technician)

- (2) Preventive services (semiannual cleanings, fluoride, etc.) - OP OR/ASC;
- (4) Diagnostic services (oral exams, x-rays, sealants, etc.) - OP OR/ASC;
- (6) Restorative services (filings, crowns, etc) - OP OR/ASC;
- (8) Endodontic services (root canals, etc.) - OP OR/ASC;
- (10) Periodontal services (scaling, full mouth debridement, etc.) - OP OR/ASC;
- (12) Prosthodontics (dentures, etc.) - OP OR/ASC;
- (14) Oral and Maxillofacial surgery services (extractions, etc.) - OP OR/ASC;
- (17) Anesthesia - OP OR/ASC.
- Home Health Services: occupational therapy
- Home Health Services: physical therapy
- Remote Patient Monitoring

Standard 8

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Family Psycho-Educational Therapy
- Family Therapy--outpatient
- Group therapy--outpatient
- Health Behavior Assessment
- Health Behavior Reassessment
- Individual therapy--outpatient
- Intensive outpatient (IOP)
- Mental health assessment
- Mental health reassessment
- Multiple family group therapy
- Partial hospitalization (PHP)
- Psychiatric Rehabilitation Services
- Psychological or neuropsychological testing and evaluation
- Therapeutic Behavioral Services
- Evaluation and Management-Outpatient

Substance Use Disorder

- Alcohol and/or drug assessment
- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- Intensive Outpatient (IOP)--ASAM 2.1
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Partial Hospitalization (PHP)--ASAM 2.5
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

Medical/Surgical

- (1) Preventive services (semiannual cleanings, fluoride, etc.) - Clinic;
- (3) Diagnostic services (oral exams, x-rays, sealants, etc.) - Clinic;
- (5) Restorative services (filings, crowns, etc) - Clinic;
- (7) Endodontic services (root canals, etc.) - Clinic;
- (9) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (11) Prosthodontics (dentures, etc.) - Clinic;
- (13) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic;
- (15) Orthodontic services - Clinic;
- (16) Anesthesia - Clinic; and
- (1) Preventive services (cleanings, fluoride, etc.) - Clinic;
- (2) Diagnostic services (oral exams, x-rays, etc.) - Clinic;
- (3) Restorative services (filings, crowns, etc) - Clinic;
- (4) Endodontic services (root canals, etc.) - Clinic;
- (5) Periodontal services (scaling, full mouth debridement, etc.) - Clinic;
- (6) Prosthodontics (adjustment of dentures, etc.) - Clinic;
- (7) Oral and Maxillofacial surgery services (extractions, etc.) - Clinic; and
- (8) Anesthesia - Clinic.

Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

- Does not apply

Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

- Does not apply

Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

- Does not apply

Standard 8

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Banzel
- Belsomra
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- duloxetine (Cymbalta)
- Epidiolex
- eszopiclone (Lunesta)
- Invega Trinza
- Nuplazid
- Rexulti
- Silenor
- Spravato
- Strattera
- Sympazan
- topiramate ER (Qudexy XR)
- Aristada ER
- clonidine (Catapres)
- Depo-Provera (multiple formulations)
- Eligard (multiple formulations) (leuprolide acetate)
- guanfacine (Tenex)
- leuprolide acetate
- liothyronine (Triostat)
- Lupron 3.75mg (leuprolide acetate)
- Lupron Depot (multiple formulations) (leuprolide acetate)

Substance Use Disorder

- acamprosate (Campral)
- buprenorphine
- buprenorphine/naloxone film

Medical/Surgical

- spinraza

Standard 8

NQTL Type: data collection

Classification: Inpatient

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

Standard 8

NQTL Type: data collection

Classification: Outpatient - Other

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Does not apply

Substance Use Disorder

- Does not apply

Medical/Surgical

Standard 8

NQTL Type: data collection

Classification: Outpatient - Office Based

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Biofeedback
- Family Therapy--outpatient
- Group therapy--outpatient
- Individual therapy--outpatient
- Multiple family group therapy
- Evaluation and Management-Outpatient

Substance Use Disorder

- Ambulatory detoxification
- Group therapy--outpatient
- Individual therapy--outpatient
- MAT Initial Induction: Alcohol/Drug Services; Medical/Somatic (Medical Intervention in Ambulatory Setting)
- MAT Initial Intake (Evaluation and Management, Including Rx)
- MAT Ongoing (Evaluation and Management, including Rx)
- Opioid Treatment Program (OTP) services - including med management
- Methadone Maintenance
- Ongoing services (Buprenorphine/Naloxone): Alcohol/Other Drug Abuse Services, Not Otherwise Specified

Medical/Surgical

Standard 8

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Select an NQTL type and then check off all benefits that are subject to that NQTL type within each classification.

Mental Health

- Abilify Maintena
- Abilify MyCite
- Adasuve
- Adhansia XR
- Adzenys XR ODT
- amphetamine ER suspension (Adzenys ER)
- amphetamine sulfate (Evekeo)
- Aplenzin
- Aptensio XR
- Aptiom
- aripiprazole (Abilify)
- aripiprazole ODT (Abilify Discmelt)
- Aristada
- Aristada Initio
- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- Banzel
- Belsomra
- Briviact (multiple formulations)
- bupropion XL (Forfivo XL)
- buspirone
- carbamazepine suspension (Tegretol) (generic only)
- carbamazepine XR (Tegretol XR)
- Celontin
- chloral hydrate
- chlordiazepoxide
- chlorpromazine (Thorazine)
- citalopram tablets, solution (Celexa)
- clobazam suspension (Onfi)
- clobazam tablets (Onfi)
- clomipramine
- clonazepam (Klonopin)
- clonazepam ODT (Klonopin ODT)
- clonidine ER tablets (Kapvay)
- clorazepate
- clozapine (Clorazil)
- clozapine ODT (Fazaclo)
- Clozaril
- Contempla
- Cotempla XR ODT
- Daytrana
- desvenlafaxine ER (Khedezla, Pristiq)
- desvenlafaxine fumarate ER
- dexamethylphenidate tablets (Focalin)

Substance Use Disorder

- ZUBSOLV
- SUBOXONE
- BUNAVAIL
- SUBUTEX
- SUBLOCADE
- VIVITROL
- Not Applicable
- acamprosate (Campral)
- buprenorphine
- buprenorphine/naloxone film
- buprenorphine/naloxone tablets
- Campral
- Lucemyra
- naltrexone
- Nicotrol® nasal spray, inhaler
- Sublocade
- Vivitrol
- chantix
- disulfiram (Antabuse)
- nicotine gum
- nicotine lozenge
- nicotine patches
- suboxone film

Medical/Surgical

- cinryze
- spinraza
- zolgensma
- MCO administered prescription drug

- dexamethylphenidate XR (Focalin XR)
(generic only)
- dextroamphetamine capsules
(Dexedrine ER)
- dextroamphetamine solution
(Procentra)
- dextroamphetamine tablets
- Diacomit capsules, powder pack
- diazepam
- diazepam rectal (Diastat, Acudial)
- divalproex (Depakote)
- divalproex ER (Depakote ER)
- divalproex sprinkles (Depakote
sprinkles)
- doxepin (Silenor)
- droperidol
- duloxetine (Cymbalta)
- Dyanavel XR
- Edluar
- Emsam
- Epidiolex
- Equetro
- escitalopram solution (Lexapro)
- estazolam (ProSom)
- eszopiclone (Lunesta)
- ethosuximide (Zarontin)
- Evekeo
- Evekeo ODT
- Fanapt
- felbamate (Felbatol)
- Fetzima
- fluoxetine capsules 60mg
- fluoxetine tablets (Sarafem)
- fluoxetine weekly (Prozac weekly)
- fluphenazine (Prolixin)
- fluphenazine decanoate inj (Prolixin
inj)
- flurazepam (Dalmane)
- fluvoxamine ER (Luvox CR)
- Fycompa
- gabapentin solution (Neurontin)
- guanfacine ER (Intuniv)
- haloperidol (Haldol)
- haloperidol decanoate inj (Haldol
IM)
- Hetlioz
- hydroxyzine (multiple formulations)
- Ingrezza
- Intuniv ER
- Invega Sustenna
- Invega Trinza
- Jornay PM
- Kapvay 0.1-0.2mg dose pack
- Kapvay ER 0.1mg
- Lamictal XR dose pack
- lamotrigine XR, ODT (Lamictal XR,
Lamictal ODT)
- Latuda
- levetiracetam ER (Keppra XR)
- lithium (multiple formulations)

- lorazepam (multiple formulations)
- loxapine capsules (Loxitane)
- Marplan
- meprobamate
- methamphetamine (Desoxyn)
- methylphenidate CD capsules (Metadate CD)
- methylphenidate chewable (Methylin chewable)
- methylphenidate CR tablets (except 72mg) (Concerta)
- methylphenidate CR tablets 72mg
- methylphenidate ER capsules (Ritalin LA)
- methylphenidate ER tablets (Ritalin SR)
- methylphenidate oral solution (Methylin)
- methylphenidate tablets (Ritalin)
- midazolam
- modafinil (Provigil)
- molindone
- Mydayis ER
- Nayzilam
- nefazodone (Serzone)
- Nuplazid
- olanzapine IM (Zyprexa IM)
- olanzapine ODT (Zyprexa Zydis)
- olanzapine tablets (Zyprexa)
- olanzapine/fluoxetine (Symbyax)
- oxazepam
- Oxtellar XR
- paliperidone (Invega)
- paroxetine 7.5mg capsules (Bridelle)
- paroxetine CR (Paxil CR)
- Paxil suspension
- Peganone
- perphenazine (Trilafon)
- perphenazine/amitriptyline (Triavil)
- Perseris
- Pexeva
- phenelzine (Nardil)
- pimozide (Orap)
- pregabalin capsules
- pregabalin solution
- quetiapine (Seroquel)
- quetiapine ER (Seroquel XR)
- Quillichew ER
- Quillivant XR
- ramelteon (Rozerem)
- Rexulti
- Risperdal Consta
- risperidone, risperidone ODT (Risperdal)
- Rozerem
- Sabril powder pack, tablets (Brand only)
- Saphris
- Secuado

- sertraline tablets, concentrated solution (Zoloft)
- Silenor
- Spravato
- Spritam
- Strattera
- Sunosi
- Sympazan
- temazepam 15mg, 30mg (Restoril)
- temazepam 7.5mg, 22.5mg
- thioridazine (Mellaril)
- thiothixene (Navane)
- tiagabine (Gabitril) (generic only)
- topiramate ER (Qudexy XR)
- trazodone (Desyrel)
- triazolam (Halcion)
- Trintellix
- Trokendi XR
- venlafexine ER tablets
- Versacloz
- vigabatrin (multiple formulations)
- Viibryd
- Vimpat
- Vraylar
- Wakix
- zaleplon (Sonata)
- Zenzedi
- ziprasidone (Geodon)
- ziprasidone IM (Geodon IM)
- zolpidem (Ambien)
- zolpidem ER (Ambien CR)
- zolpidem SL (Intermezzo)
- Zolpimist
- Zubsolv
- Zulresso
- Zyprexa Relprevv
- Aristada ER
- clonidine (Catapres)
- Depo-Provera (multiple formulations)
- Eligard (multiple formulations) (leuprolide acetate)
- guanfacine (Tenex)
- leuprolide acetate
- liothyronine (Triostat)
- Lupron 3.75mg (leuprolide acetate)
- Lupron Depot (multiple formulations) (leuprolide acetate)

Standard 9

Any parity flags found in Standard 9 are reported below. The number of flags per classification and category combination is shown.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- National accreditation standards

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.

Explain

Standard 9

NQTL Type: Outlier Management
Classification: Emergency Benefits
Factor: Not Applicable

Definitions

Mental Health: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder
Question Skipped

Medical/Surgical

Evidentiary Standards

Mental Health

Substance Use Disorder
Question Skipped

Medical/Surgical

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Variability in quality

Considered

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Variability in quality
- Service type

- Relative reimbursement rates

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Excessive utilization

Definitions

Mental Health: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Substance Use Disorder: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review

physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Other
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: High variability in cost per episode of care

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Service type

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Other

Factor: Relative reimbursement rates

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reimbursement rates that vary based on parameters such as place of service

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Variability in quality

Considered

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Explain

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Excessive utilization

Definitions

Mental Health: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Substance Use Disorder: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management

Classification: Inpatient

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Variability in quality

Considered

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Variability in quality

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Outlier Management

Classification: Outpatient - Office Based

Factor: Excessive utilization

Definitions

Mental Health: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Substance Use Disorder: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Explain

Medical/Surgical: NQTL does not apply for this classification

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- clinical indications or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: clinical indications or evidence

Definitions

Mental Health: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

Substance Use Disorder: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Office Based
Factor: Severity or chronicity of an illness

Definitions

- Mental Health:** Level of current symptoms and presence of symptoms over time.
- Substance Use Disorder:** Level of current symptoms and presence of symptoms over time.
- Medical/Surgical:**

Sources

- | | | |
|---|--|-------------------------|
| Mental Health <ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits | Substance Use Disorder <ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits | Medical/Surgical |
|---|--|-------------------------|

Evidentiary Standards

- | | | |
|--|---|-------------------------|
| Mental Health <ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. | Substance Use Disorder <ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines. | Medical/Surgical |
|--|---|-------------------------|

Explain

- Mental Health:**
- Substance Use Disorder:**

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.

Explain

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Pre-Certification of Requested Services - Core Process.pdf
- Concurrent Review (Telephonic and On-Site) and On-site Review Protocol Process-Core Process.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Service type

Considered

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.

Substance Use Disorder: Level of current symptoms and presence of symptoms over time.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Inpatient

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care
- clinical indications or evidence

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder
Question Skipped

Medical/Surgical

Evidentiary Standards

Mental Health

Substance Use Disorder
Question Skipped

Medical/Surgical

Explain

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health	Substance Use Disorder	Medical/Surgical
<ul style="list-style-type: none">Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits		

Evidentiary Standards

Mental Health	Substance Use Disorder	Medical/Surgical
<ul style="list-style-type: none">Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.		

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: clinical indications or evidence

Definitions

Mental Health: Professional standards and protocols - defined as comparative effectiveness studies and clinical trials

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Standard 9

NQTL Type: concurrent review
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.

Explain

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Lack of clinical efficiency of treatment or service
- Lack of adherence to quality standards
- Severity or chronicity of an illness
- Service type

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Factor: Severity or chronicity of an illness

Definitions

- Mental Health:** Level of current symptoms and presence of symptoms over time.
Substance Use Disorder: Level of current symptoms and presence of symptoms over time.
Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

- Mental Health:**
Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Factor: Lack of adherence to quality standards

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: provider deviations from the accepted protocols when providing treatment

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Current and projected demand for services
- Severity or chronicity of an illness
- Medicare/Medicaid program participation eligibility
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
 - High variability in cost per episode of care
 - Severity or chronicity of an illness
 - Medicare/Medicaid program participation eligibility
 - Service type
- Relative reimbursement rates

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.

Substance Use Disorder:

Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity
Classification: Outpatient - Other
Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Current and projected demand for services

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: consideration of prevalence of disease

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Medicare/Medicaid program participation eligibility

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: federal and state requirements for participation in the medicare/medicaid program, including those pertaining to medical, technical and financial eligibility

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: High variability in cost per episode of care

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Outpatient - Other

Factor: Relative reimbursement rates

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reimbursement rates that vary based on parameters such as place of service

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Considered

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- **Clinical Criteria for Utilization Management Decisions Core Process.pdf**

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- Service type

Considered

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder: Individuals with the same illness having different courses of improvement.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.

Substance Use Disorder: Level of current symptoms and presence of symptoms over time.

Medical/Surgical:

Sources

Mental Health

- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Inpatient

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization

Considered

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Provider discretion in determining diagnosis
- Lack of clinical efficiency of treatment or service
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Recognition of accreditation by certain accrediting bodies

Considered

- Excessive utilization
- Lack of adherence to quality standards
- Claim types with high percentage of fraud

Standard 9

NQTL Type: medical necessity
Classification: Prescription Drugs
Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification
Substance Use Disorder:
Medical/Surgical:

Sources

Mental Health
• Not Applicable

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health
• Not Applicable

Substance Use Disorder

Medical/Surgical

Explain

Mental Health: N/A
Medical/Surgical: NQTL does not apply for this classification

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Sources

Mental Health

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors

triggering the application of an
NQLT to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder
Question Skipped

Medical/Surgical
Question Skipped

Explain

Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Provider discretion in determining diagnosis

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: diagnosis according to acceptable gold standards and or clinical judgement using evidence based medicine

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Lack of adherence to quality standards

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: provider deviations from the accepted protocols when providing treatment

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Claim types with high percentage of fraud

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: claim types that due to the nature of the service are more likely to result in fraud waste and abuse

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: according FDA label recommendations, acceptable gold standards and or clinical judgement using evidence based medicine

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Severity or chronicity of an illness

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity

Classification: Prescription Drugs

Factor: Recognition of accreditation by certain accrediting bodies

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: in order to use evidentiary standards, including any published standards and treatment guidelines created by professional guild associations or other third party entities, publicly available or proprietary from consulting or other organizations

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service

Standard 9

NQTL Type: medical necessity
Classification: Emergency Benefits
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service

Standard 9

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Lack of clinical efficiency of treatment or service

Standard 9

NQTL Type: medical necessity

Classification: Emergency Benefits

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Substance Use Disorder: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

Question Skipped

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

Question Skipped

Evidentiary Standards

Mental Health

Question Skipped

Substance Use Disorder

- Not Applicable

Medical/Surgical

Question Skipped

Explain

Mental Health:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks
- internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation
- medication status on preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Site visit requirements
- Service type
- Safety risks
- internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation
- medication status on preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Provider discretion in determining diagnosis
- Lack of clinical efficiency of treatment or service
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Recognition of accreditation by certain accrediting bodies
- Safety risks

Considered

- Excessive utilization
- Recent medical cost escalation
- High variability in cost per episode of care
- Lack of adherence to quality standards
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Severity or chronicity of an illness
- Safety risks

Considered

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Substance Use Disorder: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Question Skipped

Explain

Mental Health:

Medical/Surgical:

-

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.

Substance Use Disorder: Level of current symptoms and presence of symptoms over time.

Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Question Skipped

Explain

Mental Health:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Site visit requirements

Definitions

Mental Health: PAs used to determine compliance with site visit requirements associated with the clinical criteria of certain drugs

Substance Use Disorder: PAs used to determine compliance with site visit requirements associated with the clinical criteria of certain drugs

Medical/Surgical:

Sources

Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Medical/Surgical:

Sources

Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium

Medical/Surgical

Explain

Mental Health:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Safety risks

Definitions

Mental Health: reviewed in order to prevent members from experiencing harm by using medications for non FDA approved indications and or indications not medically accepted and to reduce risk of adverse events

Substance Use Disorder: reviewed in order to prevent members from experiencing harm by using medications for non FDA approved indications and or indications not medically accepted and to reduce risk of adverse events

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications for non FDA approved indications and or indications not medically accepted and to reduce risk of adverse events

Sources

Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium

Medical/Surgical

Question Skipped

Explain

Mental Health:

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: fail first protocol

Definitions

Mental Health: fail first protocol

Substance Use Disorder: fail first protocol

Medical/Surgical:

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation

Definitions

Mental Health:

Substance Use Disorder: process review activities to review a participant's course and efficacy of treatment to determine the approval or renewal of a prior authorization for their drug

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Explain

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: medication status on preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Definitions

Mental Health:

Substance Use Disorder: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendations made by the P&T committee

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium

Explain

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Recent medical cost escalation

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: consideration of financial impact of therapy

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Provider discretion in determining diagnosis

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: diagnosis according to acceptable gold standards and or clinical judgement using evidence based medicine

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: High variability in cost per episode of care

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Lack of adherence to quality standards

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: provider deviations from the accepted protocols when providing treatment

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Claim types with high percentage of fraud

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: claim types that due to the nature of the service are more likely to result in fraud waste and abuse

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Current and projected demand for services

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: consideration of prevalence of disease

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Elasticity of demand

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: the change in demand, ostensibly referring to the demand for services, based on other factors

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: according FDA label recommendations, acceptable gold standards and or clinical judgement using evidence based medicine

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Factor: Recognition of accreditation by certain accrediting bodies

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: in order to use evidentiary standards, including any published standards and treatment guidelines created by professional guild associations or other third party entities, publicly available or proprietary from consulting or other organizations

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

Question Skipped

Evidentiary Standards

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

Question Skipped

Explain

Mental Health:

Substance Use Disorder:

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol
- limitations on prescribing a drug based on the age of the participant
- limitations on the daily, monthly or yearly quantity for which the drug can be prescribed to the participant
- an approval required from the department or its designee before a drug is dispensed
- clinical appropriateness/medical necessity

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Licensure, certification, accreditation and/or experience requirements for providers to join provider network
- Safety risks
- internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation
- medication status on preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- fiscal responsibility/cost effectiveness

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol
- limitations on prescribing a drug based on the age of the participant
- limitations on the daily, monthly or yearly quantity for which the drug can be prescribed to the participant
- an approval required from the department or its designee before a drug is dispensed
- clinical appropriateness/medical necessity

Considered

- internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation
- medication status on preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- fiscal responsibility/cost effectiveness

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol
- limitations on prescribing a drug based on the age of the participant
- limitations on the daily, monthly or yearly quantity for which the drug can be prescribed to the participant
- an approval required from the department or its designee before a drug is dispensed
- clinical appropriateness/medical necessity

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Licensure, certification, accreditation and/or experience requirements for providers to join provider network
- Safety risks
- internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation
- medication status on preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- fiscal responsibility/cost effectiveness

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- fail first protocol
- limitations on prescribing a drug based on the age of the participant
- limitations on the daily, monthly or yearly quantity for which the drug can be prescribed to the participant
- an approval required from the department or its designee before a drug is dispensed
- clinical appropriateness/medical necessity

Considered

- Lack of clinical efficiency of treatment or service
- Severity or chronicity of an illness
- Licensure, certification, accreditation and/or experience requirements for providers to join provider network
- Safety risks
- internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation
- medication status on preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee
- fiscal responsibility/cost effectiveness

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Provider discretion in determining diagnosis
- Lack of clinical efficiency of treatment or service
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Recognition of accreditation by certain accrediting bodies
- Safety risks

Considered

- Excessive utilization
- Recent medical cost escalation
- Lack of adherence to quality standards
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization

Considered

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Substance Use Disorder: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.

Substance Use Disorder: Level of current symptoms and presence of symptoms over time.

Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Licensure, certification, accreditation and/or experience requirements for providers to join provider network

Definitions

Mental Health: requirements pertaining to the licensing, certification, accreditation and/or experience of an entity or individual that aims to ensure that providers are capable of providing services authorized by the plan

Substance Use Disorder: requirements pertaining to the licensing, certification, accreditation and/or experience of an entity or individual that aims to ensure that providers are capable of providing services authorized by the plan

Medical/Surgical:

Sources

Mental Health

- State and Federal requirements
- National accreditation standards
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- State and Federal requirements
- National accreditation standards
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Safety risks

Definitions

Mental Health: reviewed in order to prevent members from experiencing harm by using medications for non FDA approved indications and or indications not medically accepted and to reduce risk of adverse events

Substance Use Disorder: reviewed in order to prevent members from experiencing harm by using medications for non FDA approved indications and or indications not medically accepted and to reduce risk of adverse events

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications for non FDA approved indications and or indications not medically accepted and to reduce risk of adverse events

Sources

Mental Health

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: fail first protocol

Definitions

Mental Health: fail first protocol

Substance Use Disorder: fail first protocol

Medical/Surgical:

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: internal auditing for treatment compliance via concurrent review of treatment plans and medical documentation

Definitions

Mental Health: process review activities to review a participant's course and efficacy of treatment to determine the approval or renewal of a prior authorization for their drug

Substance Use Disorder: process review activities to review a participant's course and efficacy of treatment to determine the approval or renewal of a prior authorization for their drug

Medical/Surgical:

Sources

Mental Health

- Internal claims analysis

Substance Use Disorder

- Internal claims analysis

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: medication status on preferred drug list (PDL) as determined by the preferred drug program via recommendations by the P&T committee

Definitions

Mental Health: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendations made by the P&T committee

Substance Use Disorder: a drug's classification within the PDL which is a list of the department's preferred and non-preferred drugs developed by the department's preferred drug program via recommendations made by the P&T committee

Medical/Surgical:

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: limitations on prescribing a drug based on the age of the participant

Definitions

Mental Health: limitations on prescribing drug based on the age of the participant

Substance Use Disorder: limitations on prescribing drug based on the age of the participant

Medical/Surgical:

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: limitations on the daily, monthly or yearly quantity for which the drug can be prescribed to the participant

Definitions

Mental Health: limitations on the daily, monthly or yearly quantity for which the drug can be prescribed to the patient

Substance Use Disorder: limitations on the daily, monthly or yearly quantity for which the drug can be prescribed to the patient

Medical/Surgical:

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: an approval required from the department or its designee before a drug is dispensed

Definitions

Mental Health: approval required from the department or its designee before a drug is dispense

Substance Use Disorder: approval required from the department or its designee before a drug is dispense

Medical/Surgical:

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: clinical appropriateness/medical necessity

Definitions

Mental Health: identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL and the treatment option's clinical criteria
Substance Use Disorder: identified measures in place to determine the most appropriate treatment option for participants based on the participant's medical status, the placement of the treatment option on the PDL and the treatment option's clinical criteria
Medical/Surgical:

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: fiscal responsibility/cost effectiveness

Definitions

Mental Health: examination of a drug's actual cost and rebateable status for the state with an emphasis on cost conservation and reduction of waste for the department while still maintaining the accessibility of care to participants

Substance Use Disorder: examination of a drug's actual cost and rebateable status for the state with an emphasis on cost conservation and reduction of waste for the department while still maintaining the accessibility of care to participants

Medical/Surgical:

Sources

Mental Health

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Internal claims analysis
- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.
- FDA prescribing information and official compendium
- process review(s) for auditing claims data to ensure compliance of participant's treatment and service plan in conjunction with their prior authorization

Medical/Surgical

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

- State regulatory standards for health plan network adequacy.

Explain

Medical/Surgical: carve out

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Recent medical cost escalation

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: consideration of financial impact of therapy

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Medicare physician fee schedules
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Provider discretion in determining diagnosis

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: diagnosis according to acceptable gold standards and or clinical judgement using evidence based medicine

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Lack of adherence to quality standards

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: provider deviations from the accepted protocols when providing treatment

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Medicare physician fee schedules
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Prescription Drugs
Factor: Claim types with high percentage of fraud

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: claim types that due to the nature of the service are more likely to result in fraud waste and abuse

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Current and projected demand for services

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: consideration of prevalence of disease

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Elasticity of demand

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: the change in demand, ostensibly referring to the demand for services, based on other factors

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Medicare physician fee schedules
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: according FDA label recommendations, acceptable gold standards and or clinical judgement using evidence based medicine

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Factor: Recognition of accreditation by certain accrediting bodies

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: in order to use evidentiary standards, including any published standards and treatment guidelines created by professional guild associations or other third party entities, publicly available or proprietary from consulting or other organizations

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Service type

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- High variability in cost per episode of care
- Current and projected demand for services
- Medicare/Medicaid program participation eligibility
- Service type
- Quality and performance measures (including customer feedback)

Considered

- Relative reimbursement rates

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Excessive utilization
- High variability in cost per episode of care
- Elasticity of demand
- Service type
- Quality and performance measures (including customer feedback)

Considered

- Relative reimbursement rates

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization
Classification: Outpatient - Other
Factor: High variability in cost per episode of care

Definitions

Mental Health:
Substance Use Disorder:
Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Current and projected demand for services

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: consideration of prevalence of disease

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Medicare/Medicaid program participation eligibility

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: federal and state requirements for participation in the medicare/medicaid program, including those pertaining to medical, technical and financial eligibility

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Quality and performance measures (including customer feedback)

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: measures intended to evaluate and improve the quality of services, including but not limited to: performance measures associated with waiver assurances, state regulations, national quality standards and pay for performance efforts.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Relative reimbursement rates

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reimbursement rates that vary based on parameters such as place of service

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Factor: Elasticity of demand

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: the change in demand, ostensibly referring to the demand for services, based on other factors

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Medical expert reviews

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Optum Benefits Mapping_MDH Revisions_7.17.20.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Severity or chronicity of an illness
- Least restrictive appropriate level of care

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Medicare/Medicaid program participation eligibility

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- Service type

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.

Substance Use Disorder: Level of current symptoms and presence of symptoms over time.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: Lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder: Lowest level of care the individual can be safely and effectively treated.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Medicare/Medicaid program participation eligibility

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: federal and state requirements for participation in the medicare/medicaid program, including those pertaining to medical, technical and financial eligibility

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements
- National accreditation standards
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.
- Internal claims data showing that medical cost for certain services increased 10 percent or more per year for two years.
- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

- Accreditation standards for quality assurance.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Factor: Service type

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements
- National accreditation standards
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.
- Internal claims data showing that medical cost for certain services increased 10 percent or more per year for two years.
- Accreditation standards for quality assurance.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- High levels of variation in length of stay
- Variability in quality
- Severity or chronicity of an illness
- Service type
- Least restrictive appropriate level of care

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.

Explain

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: High levels of variation in length of stay

Definitions

Mental Health: Individuals with the same illness having different courses of improvement.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Variability in quality

Definitions

Mental Health: is individual improving, or is there a need for a change in the treatment plan, monitoring appropriateness and efficacy of treatment.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Severity or chronicity of an illness

Definitions

Mental Health: Level of current symptoms and presence of symptoms over time.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Factor: Least restrictive appropriate level of care

Definitions

Mental Health: lowest level of care the individual can be safely and effectively treated.

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

Explain

Mental Health:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_9.10.20.pdf

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

- Recent medical cost escalation
- Provider discretion in determining diagnosis
- Lack of clinical efficiency of treatment or service
- High variability in cost per episode of care
- Provider discretion in determining type or length of treatment
- Severity or chronicity of an illness
- Recognition of accreditation by certain accrediting bodies
- Safety risks

Considered

- Excessive utilization
- Claim types with high percentage of fraud
- Current and projected demand for services
- Elasticity of demand

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder:

Medical/Surgical:

Sources

Mental Health

- Not Applicable

Substance Use Disorder

Medical/Surgical

Evidentiary Standards

Mental Health

- Not Applicable

Substance Use Disorder

Medical/Surgical

Explain

Mental Health: N/A

Medical/Surgical: NQTL does not apply for this classification

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies) The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under-and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies)

Sources

Mental Health

Substance Use Disorder

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Medicare physician fee schedules
- Evidentiary standards, including any published standards as well as internal plan or issuer standards,

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors

relied upon to define the factors triggering the application of an NQTL to benefits

triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder
Question Skipped

Medical/Surgical
Question Skipped

Explain

Substance Use Disorder:
Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Recent medical cost escalation

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: consideration of financial impact of therapy

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Provider discretion in determining diagnosis

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: diagnosis according to acceptable gold standards and or clinical judgement using evidence based medicine

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Lack of clinical efficiency of treatment or service

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications that have not proven to be clinically effective according to major scientific or medical peer reviewed journals

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: High variability in cost per episode of care

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Claim types with high percentage of fraud

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: claim types that due to the nature of the service are more likely to result in fraud waste and abuse

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Current and projected demand for services

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: consideration of prevalence of disease

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Elasticity of demand

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: the change in demand, ostensibly referring to the demand for services, based on other factors

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Provider discretion in determining type or length of treatment

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: according FDA label recommendations, acceptable gold standards and or clinical judgement using evidence based medicine

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Severity or chronicity of an illness

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Level of current symptoms and presence of symptoms over time.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Recognition of accreditation by certain accrediting bodies

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: in order to use evidentiary standards, including any published standards and treatment guidelines created by professional guild associations or other third party entities, publicly available or proprietary from consulting or other organizations

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Factor: Safety risks

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reviewed in order to prevent members from experiencing harm by using medications for non FDA approved indications and or indications not medically accepted and to reduce risk of adverse events

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- State and Federal requirements
- National accreditation standards
- Internal market and competitive analysis
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

Question Skipped

Explain

Medical/Surgical:

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Claim types with high percentage of fraud
- Service type

- Relative reimbursement rates

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

Medical/Surgical

- State and Federal requirements
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Factor: High variability in cost per episode of care

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Factor: Claim types with high percentage of fraud

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: claim types that due to the nature of the service are more likely to result in fraud waste and abuse

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Utilization is two standard deviations above average utilization per episode of care.

Explain

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Other

Factor: Relative reimbursement rates

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reimbursement rates that vary based on parameters such as place of service

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Geographic market
- Relative reimbursement rates

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Excessive utilization
- High variability in cost per episode of care
- Service type
- Relative reimbursement rates

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Factor: Service type

Definitions

Mental Health: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Substance Use Disorder: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Substance Use Disorder

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Substance Use Disorder

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Factor: Excessive utilization

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: utilization of a service or services beyond that which is deemed medically necessary. The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies). The Company facilitates the delivery of appropriate care and monitors the impact of its utilization management program to detect and correct potential under- and over-utilization based on Level of Care (LOC) and Service Types (Outpatient). This includes monitoring and comparing use of service aggregated data or non-identifiable utilization reports quarterly and include to review physician/member utilization of services. Reports are reviewed looking for patterns of over-utilization and/or under-utilization of services. Benchmark and comparative data sources include Milliman Care Guidelines (Acute Readmits), NCQA Quality Compass/HEDIS (ER Visits), Health Plan Analytics and Claims (Pain Management/Sleep Studies).

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.
- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Factor: High variability in cost per episode of care

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Not Applicable. Did not select in Q P1Q2 and Q3.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Factor: Geographic market

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: geographic segmentation based on factors such as cost and reimbursement

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Service Limitations
Classification: Outpatient - Office Based
Factor: Relative reimbursement rates

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: reimbursement rates that vary based on parameters such as place of service

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Internal claims analysis
- Medical expert reviews
- Evidentiary standards, including any published standards as well as internal plan or issuer standards, relied upon to define the factors triggering the application of an NQTL to benefits

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Compliance with professionally recognized treatment guidelines used to define clinically appropriate standards of care such as ASAM criteria or APA treatment guidelines.

Explain

Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Category: Medical/Surgical

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: Y

Please upload documentation demonstrating that the NQTL type is applied to 100% of benefits in this classification.

Supporting Documents

- LTSS_NQTL_All Programs_Benefits by Classification.xlsx

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Service type

Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Factor: Not Applicable

Definitions

Mental Health:

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical:

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- Not Applicable

Explain

Substance Use Disorder:

Standard 9

NQTL Type: Service Limitations

Classification: Inpatient

Factor: Service type

Definitions

Mental Health:

Substance Use Disorder:

Medical/Surgical: Services with various levels of intensity, including frequency and expected duration; a specific type of service, which may include details regarding the scope, amount, duration and/or frequency of that service All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness All inpatient admissions require preauthorization and/or ongoing authorization using approved clinical criteria to assess medical necessity and level of care appropriateness.

Sources

Mental Health

Substance Use Disorder

Medical/Surgical

- State and Federal requirements

Evidentiary Standards

Mental Health

Substance Use Disorder

Medical/Surgical

- A certain number/type of recognized medical literature and professional standards (including comparative effectiveness studies and clinical trials), and published research studies.

Explain

Standard 9

NQTL Type: data collection

Classification: Outpatient - Other

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Outpatient - Other

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection
Classification: Outpatient - Other
Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification
Substance Use Disorder: NQTL does not apply for this classification
Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health <i>Question Skipped</i>	Substance Use Disorder <i>Question Skipped</i>	Medical/Surgical
--	---	------------------

Evidentiary Standards

Mental Health <i>Question Skipped</i>	Substance Use Disorder <i>Question Skipped</i>	Medical/Surgical
--	---	------------------

Explain

Mental Health:
Substance Use Disorder:

Standard 9

NQTL Type: data collection

Classification: Inpatient

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Inpatient

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Not Applicable

Standard 9

NQTL Type: data collection

Classification: Inpatient

Factor: Not Applicable

Definitions

Mental Health: NQTL does not apply for this classification

Substance Use Disorder: NQTL does not apply for this classification

Medical/Surgical: NQTL does not apply for this classification

Sources

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

Evidentiary Standards

Mental Health

Question Skipped

Substance Use Disorder

Question Skipped

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Mental Health

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Evaluation of System Design

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Evaluation of System Design

Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Substance Use Disorder

P1Q1: Is this NQTL type applied to 100% of benefits in this classification? If yes, the Parity Manager™ will not require the maintenance of information about the factors considered in whether or not to apply this NQTL type to a particular benefit. Please note that the Parity Manager™ will require the maintenance of information about the factors considered in the design of how this NQTL type applies.

Answer: N

No Documents Attached

P1Q2: Identify all of the factors considered in the decision of whether or not to apply this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Evaluation of System Design

P1Q3: Identify all of the factors considered in the design of how this NQTL type to a particular benefit. Identify all the factors, including if different factors are used for different benefits within the same classification.

Relied Upon

Considered

- Evaluation of System Design

Standard 9

NQTL Type: data collection

Classification: Outpatient - Office Based

Factor: Evaluation of System Design

Definitions

Mental Health: Improvement over time individually and collectively

Substance Use Disorder: Improvement over time individually and collectively

Medical/Surgical: Improvement over time individually and collectively

Sources

Mental Health

- Maryland BHA program requirements

Substance Use Disorder

- Maryland BHA program requirements

Medical/Surgical

Evidentiary Standards

Mental Health

- Behavioral Health Administration standards for assessing clinical outcomes

Substance Use Disorder

- Behavioral Health Administration standards for assessing clinical outcomes

Medical/Surgical

Explain

Mental Health:

Substance Use Disorder:

Standard 10

Any parity flags found in Standard 10 are reported below. The number of flags per classification and limit type combination is shown.

Parity Flag			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Any classification/category/NQTL combination considered incomplete is reported in the table below.

Missing Information			
	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: Outlier Management

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD • Outlier Management Data 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD • Outlier Management Data 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Average length of stay authorized per episode of care • Utilization trends • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
Outpatient - Other	<ul style="list-style-type: none"> • Outlier Management Data 	<ul style="list-style-type: none"> • Outlier Management Data 	<ul style="list-style-type: none"> • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Utilization trends
Outpatient - Office Based	<ul style="list-style-type: none"> • Outlier Management Data 	<ul style="list-style-type: none"> • Outlier Management Data 	<ul style="list-style-type: none"> • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Utilization trends
Emergency Benefits	-	<ul style="list-style-type: none"> • NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> • Utilization trends
Prescription Drugs	-	-	-

Standard 10

NQTL: medical necessity

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Average length of stay authorized per episode of care • Utilization trends • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
Outpatient - Other	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria
Outpatient - Office Based	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Utilization trends
Emergency Benefits	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Mental Health**Substance Use Disorder****Medical/Surgical****Prescription Drugs**

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

- Length of time afforded for each review
- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Degree of discretion exercised by utilization review staff
- Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
- Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria
- Utilization trends
- The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.
- Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
- Complaint tracking (enrollees and providers)
- Addressing workforce shortage issues
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Standard 10

NQTL: Service Limitations

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> Utilization trends
Outpatient - Other	<ul style="list-style-type: none"> Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> Utilization trends
Outpatient - Office Based	<ul style="list-style-type: none"> Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> Number of days or visits authorized per review program review of the percentage of billing system edits that were functioning appropriately
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: concurrent review

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria
Outpatient - Other	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Utilization trends
Outpatient - Office Based	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Utilization trends
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: fail first requirements/step therapy

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification
Outpatient - Other	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification
Outpatient - Office Based	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification
Emergency Benefits	-	-	-

Mental Health**Substance Use Disorder****Medical/Surgical****Prescription Drugs**

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

- Length of time afforded for each review
- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Degree of discretion exercised by utilization review staff
- Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
- How the health plan verifies credentials of its staff conducting medical management/utilization review
- Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria
- Utilization trends
- The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.
- Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
- Complaint tracking (enrollees and providers)
- Addressing workforce shortage issues
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Standard 10

NQTL: prior authorization/pre authorization

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Frequency with which reviews are conducted • Degree of discretion exercised by utilization review staff • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Frequency that authorization requirements are waived • Average length of stay authorized per episode of care • Number of days or visits authorized per review • Utilization trends • Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
Outpatient - Other	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Utilization trends
Outpatient - Office Based	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers • Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria • Authorization Denial Rates for MH/SUD 	<ul style="list-style-type: none"> • Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
Emergency Benefits	-	-	-

Mental Health**Substance Use Disorder****Medical/Surgical****Prescription Drugs**

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

- Length of time afforded for each review
- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Degree of discretion exercised by utilization review staff
- Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
- How the health plan verifies credentials of its staff conducting medical management/utilization review
- Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria
- Utilization trends
- The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.
- Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
- Complaint tracking (enrollees and providers)
- Addressing workforce shortage issues
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Standard 10

NQTL: data collection

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	-
Outpatient - Other	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	-
Outpatient - Office Based	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	<ul style="list-style-type: none"> NQTL does not apply to any services in this classification 	-
Emergency Benefits	-	-	-
Prescription Drugs	-	-	-

Standard 10

NQTL: tiered drug formulary

P1Q1: Identify all of the Operations Measures the Organization regularly collects and analyzes for the purposes of ensuring that this NQTL is applied in compliance with MHPAEA.

	Mental Health	Substance Use Disorder	Medical/Surgical
Inpatient	-	-	-
Outpatient - Other	-	-	-
Outpatient - Office Based	-	-	-
Emergency Benefits	-	-	-

Mental Health**Substance Use Disorder****Medical/Surgical****Prescription Drugs**

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Utilization trends
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

- Length of time afforded for each review
- Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews
- Degree of discretion exercised by utilization review staff
- Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers
- How the health plan verifies credentials of its staff conducting medical management/utilization review
- Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria
- Utilization trends
- The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.
- Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.
- Complaint tracking (enrollees and providers)
- Addressing workforce shortage issues
- clinical criteria applied based on FDA labeling and requirements and official compendium
- internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Standard 10

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- QMC UM2019EvalPM.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Emergency Benefits
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: Outlier Management

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Average length of stay authorized per episode of care

Supporting Documents

- HCM Minutes3.2020.UMdoc.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- QMC Meeting Minutes_06032020UM.IRR.OU_v3-signed.pdf

Utilization trends

Supporting Documents

- HCM Minutes3.2020.UMdoc.pdf

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- HCM Minutes3.2020.UMTAT.pdf

Standard 10

NQTL Type: Outlier Management

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Standard 10

NQTL Type: Outlier Management

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Outlier Management Data

Supporting Documents

- Sample monthly FWA report - Standard Template - MD.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Utilization trends

Supporting Documents

- Over Under-Utilization of Services.pdf

Standard 10

NQTL Type: Outlier Management

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Utilization trends

Supporting Documents

- Over Under-Utilization of Services.pdf

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Standard 10

NQTL Type: Outlier Management
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Outlier Management Data

Supporting Documents

- 1.Sample monthly FWA report - Standard Template - MD.xlsx

Standard 10

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Standard 10

NQTL Type: medical necessity
Classification: Emergency Benefits
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity

Classification: Emergency Benefits

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: medical necessity

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- QMC Meeting Minutes_06032020UM.IRR.OU_v3-signed.pdf

Average length of stay authorized per episode of care

Supporting Documents

- HCM Minutes3.2020.UMTAT.pdf

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- HCM Minutes3.2020.UMdoc.pdf

Utilization trends

Supporting Documents

- HCM Minutes3.2020.UMdoc.pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Standard 10

NQTL Type: medical necessity

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Standard 10

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- Over Under-Utilization of Services.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Standard 10

NQTL Type: medical necessity

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity
Classification: Outpatient - Office Based
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Length of time afforded for each review

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Degree of discretion exercised by utilization review staff

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Complaint tracking (enrollees and providers)

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Addressing workforce shortage issues

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Utilization trends

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Standard 10

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PRP PA Audit Process Review 7 27 20 DB.docx

Standard 10

NQTL Type: medical necessity
Classification: Prescription Drugs
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PRP PA Audit Process Review 7 27 20 DB.docx

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Standard 10

NQTL Type: Service Limitations

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- 10.09.10.02 License Req.pdf
- 10.09.10.03 Cond of Participation.pdf
- 10.09.10.05 Limitations.pdf

Standard 10

NQTL Type: Service Limitations

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-SUD.docx

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- 10.09.10.02 License Req.pdf
- 10.09.10.03 Cond of Participation.pdf
- 1.10.09.10.02 License Req.pdf
- 10.09.36.03 Cond of Participation.pdf

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP -Other SUD v2.0.docx

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Number of days or visits authorized per review

Supporting Documents

- HHSURS PROCEDURE.docx

program review of the percentage of billing system edits that were functioning appropriately

Supporting Documents

- Financial accountability system edits excerpt from quarterly report Q3FY20.pdf

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: Service Limitations

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: concurrent review

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Standard 10

NQTL Type: concurrent review

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: concurrent review

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: concurrent review

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Utilization trends

Supporting Documents

- Over Under-Utilization of Services.pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: concurrent review
Classification: Outpatient - Other
Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Utilization trends

Supporting Documents

- Over Under-Utilization of Services.pdf

Standard 10

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: concurrent review

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-MH.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-SUD.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Other-MH.docx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- Maryland Medicaid_Parity Analysis Definitions_7.16.20.pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Addressing workforce shortage issues

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Complaint tracking (enrollees and providers)

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Degree of discretion exercised by utilization review staff

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

How the health plan verifies credentials of its staff conducting medical management/utilization review

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Length of time afforded for each review

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Utilization trends

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx
- PRP PA Audit Process Review 7 27 20 DB.docx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Standard 10

NQTL Type: fail first requirements/step therapy

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx
- PRP PA Audit Process Review 7 27 20 DB.docx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Average length of stay authorized per episode of care

Supporting Documents

- HCM Minutes3.2020.UMdoc.pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- QMC Meeting Minutes_06032020UM.IRR.OU_v3-signed.pdf

Utilization trends

Supporting Documents

- HCM Minutes3.2020.UMdoc.pdf

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- HCM Minutes3.2020.UMTAT.pdf

Frequency with which reviews are conducted

Supporting Documents

- HCM Minutes3.2020.UMdoc.pdf

Frequency that authorization requirements are waived

Supporting Documents

- QMC Meeting Minutes_06032020UM.IRR.OU_v3-signed.pdf

Degree of discretion exercised by utilization review staff

Supporting Documents

- HCM Minutes3.2020.UMdoc.pdf

Number of days or visits authorized per review

Supporting Documents

- QMC Meeting Minutes_06032020UM.IRR.OU_v3-signed.pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Utilization trends

Supporting Documents

- QMC Meeting Minutes_06032020UM.IRR.OU_v3-signed.pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020 - Sample.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Inter-Rater Reliability IRR Assessments.pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- MDH ASO RFP OPASS 20-18319 11.29.18 (7).pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Authorization Denial Rates for MH/SUD

Supporting Documents

- Auth Stats for June 2020.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

How the health plan verifies credentials of its staff conducting medical management/utilization review

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Length of time afforded for each review

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Complaint tracking (enrollees and providers)

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Degree of discretion exercised by utilization review staff

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Addressing workforce shortage issues

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Utilization trends

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf
- Tier 2 and NPD Clinical Criteria.pdf

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx
- PRP PA Audit Process Review 7 27 20 DB.docx

Standard 10

NQTL Type: prior authorization/pre authorization

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PA Review Process 7 27 20 DB.docx
- PRP PA Audit Process Review 7 27 20 DB.docx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Standard 10

NQTL Type: data collection

Classification: Inpatient

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-MH.docx

Standard 10

NQTL Type: data collection

Classification: Inpatient

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to Inpatient-SUD.docx

Standard 10

NQTL Type: data collection

Classification: Outpatient - Other

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Other-MH.docx

Standard 10

NQTL Type: data collection

Classification: Outpatient - Other

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- ATTACHMENT M Contract - ASO PBHS 20-18319 (1).pdf

Standard 10

NQTL Type: data collection

Classification: Outpatient - Office Based

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

NQTL does not apply to any services in this classification

Supporting Documents

- DO NOT APPLY NQTLs to OP-Office SUD.docx

Standard 10

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Medical/Surgical

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

Length of time afforded for each review

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

The expertise of the persons who make denial determinations and whether such decision-makers with respect to mental health, substance use disorder and medical/surgical benefits have comparable expertise.

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Internal audit findings related to coverage determination consistency with the plan's medical necessity criteria

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Inter-rater reliability surveys for medical/surgical, mental health and substance use disorder reviewers

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

How the health plan verifies credentials of its staff conducting medical management/utilization review

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Degree of discretion exercised by utilization review staff

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Complaint tracking (enrollees and providers)

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Average denial rates for medical necessity for mental health and substance use disorder benefits, and medical/surgical benefits.

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Addressing workforce shortage issues

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Utilization trends

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Standard 10_P1Q2 Responses.xlsx

Standard 10

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Mental Health

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PRP PA Audit Process Review 7 27 20 DB.docx

Standard 10

NQTL Type: tiered drug formulary

Classification: Prescription Drugs

Category: Substance Use Disorder

Upload data or other documents defining or illustrating the Operations Measures. For Accreditation Applicants, upload documents defining the Operations Measures and the most recent minutes from a compliance or operations meeting in which the listed Operations Measure was reviewed and discussed.

clinical criteria applied based on FDA labeling and requirements and official compendium

Supporting Documents

- Maryland_PDL_7.1.20.pdf

internal monitoring of prior authorizations to determine compliance of treatment/service plans for drug efficacy based on concurrent review of treatment plans, service usage and drug utilization

Supporting Documents

- PRP PA Audit Process Review 7 27 20 DB.docx

Type and level of documentation (e.g., chart notes, lab results, treatment plans, etc.) the health plan requires from providers during reviews

Supporting Documents

- Maryland_PDL_7.1.20.pdf

Utilization trends

Supporting Documents

- P & T SOP Revised 02.10.2020 FINAL.docx