

MARYLAND DEPARTMENT OF HEALTH
Developmental Disabilities Administration
UPDATE ON NEW WAIVERS

Medicaid Advisory Committee

January 22, 2018



MARYLAND
Department of Health

Agenda

Status of New Waivers

- Family Supports Waiver
- Community Supports Waiver

DDA Waivers



Family Supports Waiver

- Children birth to 21 years
- Various Support Services
- Service Cap of \$12,000 annually






Community Supports Waiver





- Children and adults
- Meaningful Day and Support Services
- Service Cap of \$25,000 annually

Comprehensive Waiver

- Children and adults
- Meaningful Day, Support, and Residential Services

DDA Waivers Services

Support Services	FSW	CSW	CP
Assisted Technology and Services	X	X	X
Behavioral Support Services	X	X	X
<i>Behavioral Assessment</i>	X	X	X
<i>Behavioral Plan</i>	X	X	X
<i>Behavioral Consultation</i>	X	X	X
<i>Brief Support Implementation Services</i>	X	X	X
Environmental Assessment	X	X	X
Environmental Modifications	X	X	X
Family and Peer Mentoring Supports	X	X	X
Family Caregiver Training and Empowerment Services 	X	X	X
Individual and Family Directed Goods and Services <i>(Self-Direction Only)</i> 	X	X	X
<i>Goods and Services (up to \$5000)</i>	X	X	X
<i>Staff Recruitment and Advertisement (up to \$500)</i>	X	X	X
Housing Support Services 	X	X	X

Support Services	FSW	CSW	CP
Live-In Caregiver Supports			X
Nursing Consultation 		X	X
Nursing Case Management and Delegation Services 		X	X
Nursing Health Case Management 		X	X
Participant Education, Training and Advocacy Supports 	X	X	X
Personal Supports	X	X	X
Remote Electronic Monitoring			X
Respite Care Services	X	X	X
<i>Daily Rate</i>	X	X	X
<i>Hourly Rate (up to 8 hrs)</i>	X	X	X
<i>Camp</i>	X	X	X
Support Broker Services	X	X	X
Transition Services			X
Transportation	X	X	X
Vehicle Modifications	X	X	X

DDA Meaningful Day Services

Meaningful Day Services	FSW	CSW	CW
Supported Employment <i>(Transitioning to the new Employment Services in 2019)</i>		X	X
Employment Discovery and Customization Services <i>(Transitioning to the new Employment Services in 2019)</i>		X	X
Career Exploration <i>(Previously titled Transitional Employment Services)</i>		X	X
<i>Facility Based Employment</i>		X	X
<i>Small Group Employment</i>		X	X
<i>Large Group Employment</i>		X	X
Community Development Services		X	X
Day Habilitation		X	X
Medical Day Care		X	X

Family and Peer Mentoring

Overview

- Supports from experienced mentors (parent, or other family member to a peer, another parent or family caregiver) who share experiences.
- Mentors explain community services, programs, and strategies they have used to achieve goals including beyond those offered through the DDA's waivers

Key Requirements:

- Available to parent or family caregiver who is the primary unpaid support to the participant
- Include supports to siblings from others with shared experiences
- Include facilitation of parent or family member "*matches*" and *follow-up support* to assure the matched relationship meets peer expectations
- *Additional support needs are identified in the PCP*
- Mentors cannot mentor their own family members
- Prior to accessing DDA funding for this service, all other available and appropriate funding sources, must be explored, exhausted, and documented in the participant's file

Family Caregiver Training & Empowerment Services

NEW

Overview

- Education and support (based on the unpaid family/caregiver's unique needs) to preserve the family unit and increase confidence, stamina and empowerment
- Includes educational materials, training programs, workshops and conferences, that help the family caregiver to:
 - ✓ Understand the disability of the person supported;
 - ✓ Achieve greater competence and confidence in providing supports;
 - ✓ Develop and access community and other resources and supports;
 - ✓ Develop or enhance key parenting strategies;
 - ✓ Develop advocacy skills; and
 - ✓ Support the person in developing self-advocacy skills

Key Requirements:

- Offered only for a family caregiver who is providing unpaid support training, companionship, or supervision
- Does not include the cost of travel, meals, or overnight lodging as per federal requirement
- Prior to accessing DDA funding for this service, all other available and appropriate funding sources, must be explored, exhausted, and documented in the participant's file
- To the extent that any listed services are covered under the Medicaid State Plan, the services under the waiver would be limited to additional services not otherwise covered under the Medicaid State Plan, but consistent with waiver objectives of avoiding institutionalization

Housing Support Services

Overview

- Time-limited supports to help navigate housing opportunities; address or overcome barriers to housing; and secure and retain their own home including:
 - ✓ *Housing Information and Assistance* to obtain and retain independent housing;
 - ✓ *Housing Transition Services* to assessing housing needs and develop individualized housing support plan; and
 - ✓ *Housing Tenancy Sustaining Services* which assist the individual to maintain living in their rented or leased home

- Housing Information and Assistance including:
 - ✓ Assistance with searching for housing;
 - ✓ Housing application processes;
 - ✓ Assessing the living environment and requesting reasonable accommodations
 - ✓ Reviewing the lease and other documents, including property rules, prior to signing;
 - ✓ Developing, reviewing and revising a monthly budget, including a rent and utility payment plan;
 - ✓ Identifying and addressing housing challenges such as credit and rental history, criminal background, and behaviors; and
 - ✓ Assistance with resolving disputes

Nurse Consultation Services

Overview

- Provides recommendations to the participant, and his or her caregivers, for accessing health services to have needs met that are available in the community and other community resources
- In collaboration with person, develops care protocols for the person to use when they train their staff
- Nursing Consultation services includes:
 - ✓ Review information about the person's health
 - ✓ Performance of a comprehensive nursing assessment
 - ✓ Completion of the Medication Administration Screening Tool
 - ✓ Review of the Health Risk Screening Tool (HRST) at Level 3 or above
 - ✓ Review and development of communication systems for person to effectively share health information among various entities
 - ✓ Development of emergency protocols

Note: *Service does not include delegation of nursing tasks*

Nurse Health Case Management

Overview

- Licensed Registered Nurse (RN) services when direct support *staff are employed by a DDA provider agency* to perform health services other than medication and treatment administration
- Nursing Health Case Management services *as part of a collaborative process* includes:
 - ✓ Review the participant's health services and supports;
 - ✓ *Develop health care plans and protocols that direct DDA provider staff* in the provision of ADLs, emergency interventions, and other health monitoring
 - ✓ Comprehensive nursing assessment
 - ✓ Completion of the Medication Administration Screening Tool
 - ✓ Review of the Health Risk Screening Tool (HRST) at Level 3 or above
 - ✓ Monitors health data and reviews person's health services and supports from DDA provider agency staff

Nurse Case Management & Delegation Services

Overview

- Licensed Registered Nurse (RN) services including:
 - ✓ Health case management services, and
 - ✓ *Delegates nursing tasks* as appropriate and in accordance with applicable regulations
- Nursing Health Case Management services includes:
 - ✓ Develop health care plans and protocols that direct *paid staff* in the provision of medications, performance of medical and nursing treatments, ADLs, and emergency interventions
 - ✓ Performance of a comprehensive nursing assessment
 - ✓ Completion of the Medication Administration Screening Tool
 - ✓ Review of the Health Risk Screening Tool (HRST) at Level 3 or above
 - ✓ Monitors health data and reviews person's health services and supports from paid staff
- Delegation of Nursing Services includes:
 - ✓ Assessment of (a) need and abilities of participant; (b) direct care staff performance of delegated tasks; and (c) the environment
 - ✓ Delegation of tasks to unlicensed direct care staff that may be CMTs, CNAs, or other unlicensed assistive personnel in accordance with MD Board of Nursing regulations
 - ✓ Training, supervision, and remediation of unlicensed direct care staff
 - ✓ On-call service, to paid direct care staff that are performing delegated nursing tasks (24/7, 365 days per year)

Participant Education, Training & Advocacy

Supports

Overview

- Training programs, workshops and conferences which help the participant develop self-advocacy skills, exercise his or her civil rights, and acquire skills needed to exercise control and responsibility over other support services
- Covered expenses include:
 - ✓ Enrollment fees
 - ✓ Books and other educational materials, and
 - ✓ Transportation related to participation in training courses, conferences and other similar events

Key Requirements:

- Supports needed to participate in the training should be identified in the PCP
- Does not include tuition, air fare, meals, or overnight lodging
- Prior to accessing DDA funding for this service, all other available and appropriate funding sources, must be explored, exhausted, and documented in the participant's file
- To the extent that any listed services are covered under the Medicaid State Plan, the services under the waiver would be limited to additional services not otherwise covered under the Medicaid State Plan, but consistent with waiver objectives of avoiding institutionalization

Family Supports Waiver

Sept. 1, 2017

- Application submitted for 400 waiver slots

Nov. 21, 2017

- Approved by Centers for Medicare and Medicaid Services (CMS)

Eligibility

- Families with a child 21 years or younger with developmental disabilities on the DDA waiting list

Funding

- Annual limit of \$12,000

Community Supports Waiver

October 13, 2017

- Application for 400 slots submitted to CMS

December 7, 2017

- Application approved by CMS

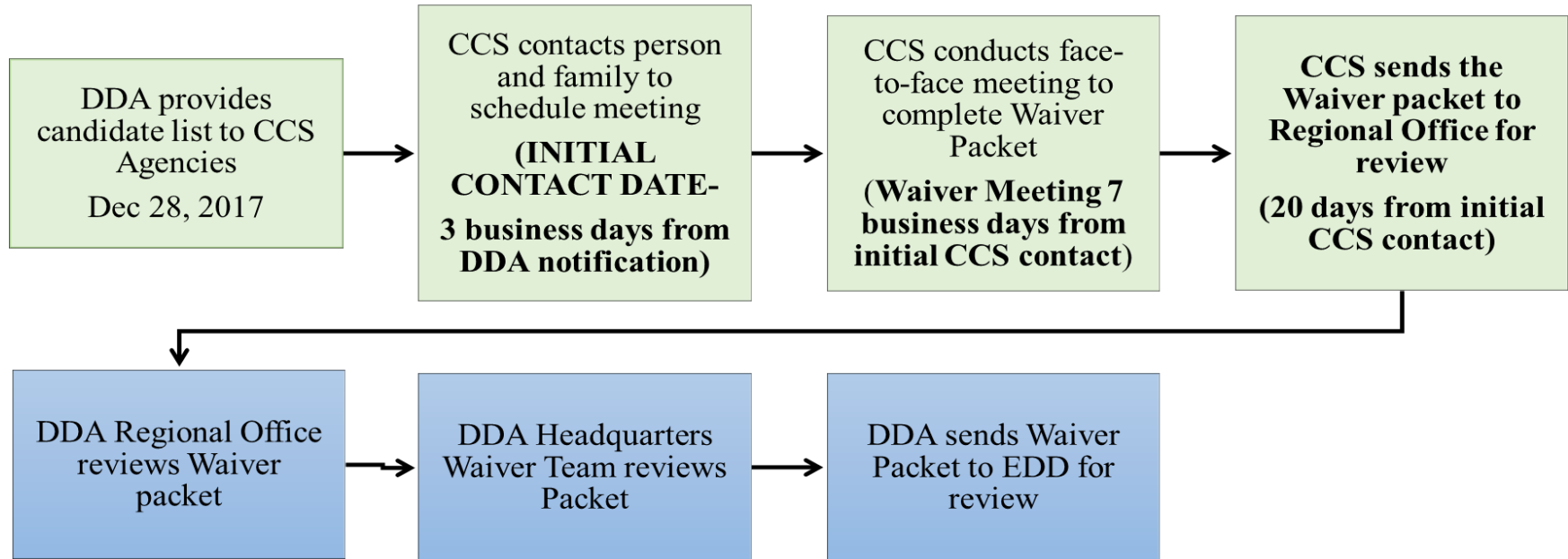
Eligibility

- Individuals of any age with developmental disabilities on the DDA waiting list

Funding

- Annual limit of \$25,000

Waiver Outreach and Process



Waiver Outreach Status

On December 28, 2017, the DDA started with the first 400 people on the DDA waiting list.

As of January 19, **314** people on the waiting list have been contacted

- 229 had an initial meeting to review available services and waiver application
- Coordinators of Community Services (CCS) continue to contact people currently on the waiting list

On January 25, 2018, the DDA will be moving forward with an additional 400 people on the DDA waiting list