# Maryland HealthChoice Section 1115 Waiver Demonstration

Application Package for Evidence-Based Home Visiting Services for High Risk Pregnant Women & Children up to Age 2 (HVS) Pilot Program - Round 2

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# **Table of Contents**

Overview	4
General Instructions	ε
PROJECT ABSTRACT	ε
PROJECT NARRATIVE	ε
Section 1: Community Health Pilot Lead Entity and Participating Entity Information; Readiness to Implement	
1.1 Lead Entity Description	e
1.2 Participating Entity Description	7
1.3 HVS Pilot Lead Entity, Participating Entities, and Contact Persons	8
1.4 Letters of Commitment and Support	8
1.5 Lead Entity Capability Statement	8
1.6 Key Personnel	8
1.7 Pilot Daily Operations, Communication Plan, and Work Plan	g
Section 2: General Information - Pilot Overview, Target Population, and Geographic Area	g
2.1 HVS Pilot Overview	g
2.2 Target Population(s) and Referral Process	<u>c</u>
2.3 Geographic Area	10
Section 3: Service Delivery and Care Coordination	10
3.1 Service Delivery and Care Coordination	11
Section 4: Data Sharing, Data Management Plan, and Data Reporting	11
4.1 Data Sharing and Management Plan	11
4.2 Data Reporting	12
Section 5: Monitoring and Evaluation Plan	12
5.1 Performance Measures	12
5.2 Demonstrating Quality Improvement	13
Section 6: Budget Plan and Financing Structure	13
6.1 Financing Structure	14
6.2 Non-Federal Share	15
6.3 Non-Duplication of Payments and Allowable Use of Federal Financial Participation	15
6.4 Funding Request	15
ADDITION ADDENDICES	10

APPENDIX A. APPLICATION REQUIREMENTS	20
APPENDIX B. SPECIAL TERMS AND CONDITIONS (STC) 29: Attachment D	21
APPENDIX C. APPLICATION SELECTION CRITERIA	27
APPENDIX D. WORK PLAN TEMPLATE	32
APPENDIX E. SAMPLE FUNDING FLOW DIAGRAMS	33
APPENDIX F. ATTESTATIONS AND CERTIFICATION	34
APPENDIX G. BUDGET TEMPLATE (Form 4542a)	36

#### Overview

Thank you for your interest in applying for federal matching funds available for the Medicaid Community Health Pilots through a service expansion initiative of the State of Maryland's Medicaid §1115 HealthChoice Waiver Program. The Maryland Department of Health (MDH) is facilitating federal matching funds for the Evidence-Based Home Visiting Services (HVS) for High Risk Pregnant Women and Children Up to Age Two (2) Years Pilot program.

The goal of the HVS Pilot Program is to expand evidence-based home visiting services that are intended to improve health outcomes for high risk pregnant women and infants who are Maryland Medicaid beneficiaries. This second round of statewide competition is open to all new qualified applicant organizations, as well as to those qualified organizations participating in the first round of the HVS Pilot initiative, that seek to expand their delivery of home visiting services.

The HVS Pilot application must be completed by a lead local government entity (Lead Entity) with the ability to fund fifty percent (50%) of Pilot costs with local dollars through an intergovernmental transfer (IGT) process. Refer to Appendix E for a sample funding flow diagram. Lead Entities will also be required to provide leadership and coordinate with key community partners to deliver the programs.

The HVS Pilot is effective from July 1, 2017 through December 31, 2021. For Round Two, Pilots will be implemented as of July 2018. Up to \$2.5 million in matching federal funds remain available annually, and when combined with the local non-federal share, HVS Pilot expenditures may total up to \$5.1 million annually. Applicants' funding assumptions will be derived from a "per home visit services rate" that shall be developed and proposed by the Lead Entity. Details of the program's parameters may be found in the Special Terms and Conditions (STC) 29 – Attachment D: Evidence-Based Home Visiting Services Pilot Protocol (STC 29: Attachment D) (Appendix B).

MDH shall review, approve, and make award payments for HVS Pilots in accordance with the requirements in the approved Waiver, using the Application Selection Criteria outlined in Appendix C. Pilot award payments shall support delivery of evidence-based home visiting services by licensed practitioners or certified home visitors to improve health outcomes and whole person care for high risk pregnant women and children up to two (2) years old. Payments are for services not otherwise covered or directly reimbursed by Maryland Medicaid.

The HVS Pilot program is aligned with two evidence-based models focused on the health of pregnant women:

- a. Healthy Families America (HFA): The HFA model targets parents facing issues such as single parenthood, low income, childhood history of abuse, substance use disorder (SUD), mental health issues, or domestic violence.
- b. Nurse Family Partnership (NFP): The NFP model is designed to reinforce maternal behaviors that encourage a positive parent-child relationship and maternal, child, and family accomplishments. The HealthChoice section 1115 demonstration NFP pilot program will adhere to the NFP national program standards and service will be suspended once the child reaches two (2) years old.

#### The HVS Pilot application timeline is below:

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1.	HVS Pilot Request for Application (RFA) Published by MDH; FAQs	January 22, 2018
	Released	
2.	HVS Pilot Application Process Webinar and Review of FAQs	February 2, 2018, 1:00-3:00pm
3.	Pilot Applications Due to MDH	March 26, 2018
4.	Meetings with Applicants for Clarification & Application	April 3-6, 2018
	Modification Discussions	
5.	HVS Pilot Awards Notifications (Expected Date, Pending Final CMS	April 27, 2018
	Approval)	
6.	HVS Pilots Begin Operations (Based Upon Approved Pilot	July 1, 2018
	Implementation Plans)	

#### **Eligibility for Funding**

MDH will accept applications for the HVS Pilots from Local Health Departments or other local government entities, such as a local management board, who meet Lead Entity requirements. Applicants must serve as the Lead Entity throughout the HVS Pilot and must be permitted to participate in the financing of the non-federal portion of Medical Assistance expenditures.

#### **Local Government Funding Requirements**

Each Lead Entity must provide the non-federal share of funds through an intergovernmental transfer (IGT). Refer to Appendix E for a sample funding flow diagram. Local funds that are eligible for federal match include local (city, county, town) tax revenues, certain private philanthropic grants, and non-profit funding not derived from federal government funds.

No State Medicaid funding match is available for the HVS Pilots. Lead Entities shall certify that the funds transferred qualify for federal financial participation pursuant to 42 C.F.R part 433 subpart B and are not derived from impermissible sources such as recycled Medicaid payments, federal money excluded from use as state match, impermissible taxes, and non-bona fide provider-related donations. The Centers for Medicare & Medicaid Services (CMS) reserve the right to review the sources of the non-federal share of the funding for the demonstration at any time. Sources of non-federal funding shall not include provider taxes or donations impermissible under section 1903(w), impermissible intergovernmental transfers from providers, or federal funds received from federal programs other than Medicaid (unless expressly authorized by federal statutes to be used for claiming purposes, and the federal Medicaid funding is credited to the other federal funding source). For more information about permissible sources, please see CMS Special Terms and Conditions 54: Sources of Non-Federal Share.

Pilot payments are not considered patient care revenue. The payments do not offset payment amounts otherwise payable by the local entity for beneficiaries, or supplant provider payments from the local entities.

The Lead Entities will make the intergovernmental transfer of funds to MDH in the amount specified. Upon receipt of the Lead Entity's intergovernmental transfer, MDH will draw down the federal funding and transfer back to the Lead Entity the combined non-federal funds and its corresponding federal match through a payment. The Lead Entity will be responsible for the subsequent disbursement of funds to contracted Participating Entities, as specified in STC 29: Attachment D (Appendix B).

#### **General Instructions**

In order to apply, the organization that will serve as the Lead Entity of the HVS Pilot Program must complete, sign and submit this application by the due date. Prior to completing this application, it is strongly suggested that applicants carefully review the documents that govern the Medicaid Program §1115 HealthChoice Waiver, available on the Maryland Department of Health (MDH) website, including:

- CMS Special Terms & Conditions : Attachment D: Evidence-Based Home Visiting Services Pilot Protocols
- Evidence-Based Home Visiting Model Criteria & Requirements
  - Healthy Families America, www.healthfamiliesamerica.org
  - Nurse Family Partnership, <a href="http://www.nursefamilypartnership.org">http://www.nursefamilypartnership.org</a>
- Compliance with sources of non-Federal Share <u>Sec. 1903 of the Social Security Act</u> and applicable regulations
- Maryland HVS Pilot Program: Frequently Asked Questions (FAQs)

Please complete the HVS Pilot application and return it toMDH.healthchoicerenewal@maryland.gov no later than 5 p.m. ET on March 26, 2018. Incomplete applications will not be considered. In order for this application to be considered complete for the purposes of submission, the application must be signed by an authorized representative of the Lead Entity, and all required components as summarized below must be included.

#### PROJECT ABSTRACT

Please provide a written general summary of the proposed Pilot initiative. The summary should be no longer than one page.

#### **PROJECT NARRATIVE**

Within Sections 1-6 below, make a written detailed statement about Lead and Participating Entities capabilities and proposed HVS Pilot scope. Please title and organize the project narrative according to the sections outlined in this RFA.

# Section 1: Community Health Pilot Lead Entity and Participating Entity Information; Readiness to Implement

The purpose of this section is to provide information about the roles, responsibilities, and requirements of the HVS Pilot Lead Entity and the other entities that will be participating in the HVS Pilot.

#### 1.1 Lead Entity Description

MDH will accept applications for the HVS Pilots from: Local Health Departments; Local Management Boards; a consortium of entities serving a county or region consisting of more than one county or city; or from a federally recognized tribe, or a tribal health program under a Public Law 93-638 contracted with the federal Indian Health Services. The HVS Pilot application shall designate a "Lead Entity" that will be the single point of contact for MDH. The Lead Entity is the governmental agency responsible for

facilitating the required match for federal funding.

The HVS Pilot Lead Entity will enter into an Interagency Agreement with MDH that specifies general requirements of the HVS Pilot, including matching funding capability and ability to disperse funds, a data sharing agreement, performance measures, and reporting requirements. The Lead Entity is responsible for leadership, coordination, oversight, and monitoring of the HVS Pilot.

Further responsibilities of the Lead Entity include: Submit the Letter of Intent and Application; serve as the organizing hub and contact point for the HVS Pilot; act as primary link to MDH; collaborate with and facilitate the financial arrangement and payments with designated Participating Entities.

The Lead Entity should provide an attestation of its ability to serve as the Lead Entity, and acknowledge the Lead Entity responsibilities.

#### 1.2 Participating Entity Description

In addition to the designation of a Lead Entity, the HVS Pilot application must identify the other entities that will participate in the HVS Pilot. These Participating Entities are the key community partners that will participate in the HVS Pilot's program delivery and may include: local entities providing home visiting services under current or future contract with the Lead Entity; Managed Care Organizations (MCOs); health services and specialty mental health agencies or departments; other public agencies or departments – such as county alcohol and substance use disorder programs, human services agencies, criminal justice/probation entities and housing authorities; or other entities that have significant experience serving the target population within the participating geographic area.

Responsibilities of the Participating Entity include: collaborate with the Lead Entity to design, implement and monitor the HVS Pilot; provide letters of commitment to the Lead Entity for inclusion in the application; deliver services (if applicable); contribute to data sharing/reporting, including signing required data sharing agreements complying with MDH policies and Pilot guidance set forth by CMS.

The Lead Entity must coordinate with the beneficiaries' Managed Care Organizations, whether or not MCOs are engaged as a Participating Entity.

HealthChoice is the name of Maryland's statewide mandatory managed care program. The HealthChoice Program provides healthcare to most Medicaid beneficiaries. Eligible Medicaid beneficiaries enroll in a Managed Care Organization (MCO) of their choice and select a primary care provider (PCP) to oversee their medical care. In the HealthChoice Program, MCOs are responsible for providing the full range of health care services. In addition to providing Medicaid-covered services to those enrolled in the MCO, an MCO has specific standards and responsibilities concerning special needs populations, and the provision of certain care including coordination of services for pregnant women and newborns. There are currently nine (9) MCOs participating in HealthChoice.

Indicate which Medicaid MCO(s) the Lead Entity will collaborate throughout the implementation of the HVS Pilot, and briefly describe the roles and responsibilities of the Lead Entity, each Participating

Entity, and the Medicaid MCO. To the extent feasible by the application deadline, append letters of support provided by one or more collaborating MCO's to the application for funding. Letters of support are recommended and expected, but not required.

#### 1.3 HVS Pilot Lead Entity, Participating Entities, and Contact Persons

Pilot applicants should complete the following table, and include this as part of their response to Section 1 in the Project Narrative.

LEAD AND PARTICIPATING ENTITY TABLE						
Name of HVS Lead or Address Main Contact Title Role In Pilot Entity Participating						

#### 1.4 Letters of Commitment and Support

A <u>Letter of Commitment</u> from each of the anticipated Participating Entities is required as part of application submission. Letters of Commitment should indicate the role the Participating Entities will serve in the Community Health Pilot and their capacity to perform proposed responsibilities.

<u>Letters of Support</u> from collaborating MCOs and/or other relevant stakeholders in the geographic area where the HVS Pilot will operate are optional.

NOTE: Letters of Commitment and Support are not included as part of the HVS application page limit requirements.

#### 1.5 Lead Entity Capability Statement

Describe and discuss the Lead Entity's experience with coordinating and collaborating with service providers, serving as a primary lead on multi-entity projects, overseeing and distributing program funds to other entities, ensuring deliverables are met, and reporting is accurate and timely. Specify any current or past activities related to the HVS Pilot in which the Lead Entity has been involved.

#### 1.6 Key Personnel

Identify key personnel who will lead or manage the HVS Pilot project, their proposed role, and enclose copies of their resume with this application. Include the staffing plan for the program including the FTE of home visitors, home visitor supervisors, and other essential staff. Include an organizational chart that reflects the operational and reporting structure of the Lead Entity.

NOTE: Resumes and organizational chart(s) are not included as part of the HVS application page limit requirements.)

#### 1.7 Pilot Daily Operations, Communication Plan, and Work Plan

Describe the daily operational management structure for the HVS Pilot, including who has decision-making authority. Identify a main point of contact to support and coordinate with Participating Entities.

Describe how communication among the Lead Entity and Participating Entities will promote care integration and minimize silos.

Submit a work plan for the initial HVS Pilot year. Lead Entities may use or adapt the sample Work Plan Template in Appendix D that indicates key project deliverables, timelines, and status. The Lead Entity should indicate in the Work Plan an anticipated enrollment timeline that accounts for variations in enrollment volume by quarter over the first year of implementation.

#### Section 2: General Information - Pilot Overview, Target Population, and Geographic Area

The purpose of this section is for applicants to provide a vision for the HVS Pilot, describe the need, as well as provide information on the target population(s) and geographic area(s) served.

#### 2.1 HVS Pilot Overview

Describe the overarching vision of how the HVS Pilot will: 1) build and strengthen existing efforts in the community and relationships; 2) provide opportunities for future local efforts beyond the term of this waiver; 3) demonstrate improvement in health outcomes and reduction in unnecessary and/or inappropriate health services utilization for the individual and/or family; and 4) explain how the HVS Pilot interventions and supports will be aligned with long-term community goals and objectives.

#### 2.2 Target Population(s) and Referral Process

HVS Pilots must identify high-risk Maryland Medicaid beneficiaries that reside in the geographic area they serve, and assess their need. The target population will be drawn from those eligible for either Healthy Families America (HFA) or Nurse Family Partnership (NFP) programs as outlined in STC 29: Attachment D (Appendix B).

HVS Pilot applicants may establish primary or secondary target groups as a way to prioritize their highest risk Medicaid population to engage in the HVS Pilot, for example:

Primary Risk Factors	Secondary Risk Factors
<ul> <li>Adolescent ≤ 15 years</li> </ul>	Disability
<ul> <li>Late Registration &gt; 20 weeks</li> </ul>	(mental/physical/developmental)
Abuse/Violence	Less than 12th grade education or no
	GED
<ul> <li>Alcohol/Drug Use (may target by</li> </ul>	Lack of social/emotional support
substance)	Housing/environmental concerns
<ul> <li>Less Than 1 year since last delivery</li> </ul>	<ul> <li>Smoking/tobacco use</li> </ul>
History of fetal/infant death	
Non-compliance	

Describe the methodology used to identify the HVS Pilot target population(s), including data analyses and a needs assessment of the target population(s). Applicants are strongly encouraged to utilize existing Community Health Needs Assessments (CHNAs) or other related documents to describe the health need.

Describe how target beneficiaries will be screened, prioritized, and referred to the proposed HVS Pilot program.

If the Lead Entity or Participating Entities are involved in existing evidence-based home visiting programs, describe the HVS program including total number of families served annually, number of trained home visitors and home visitor supervisors or other key staff, funding sources, and total annual operating budget.

State the estimated total number of Medicaid beneficiaries to be served through the proposed HVS Pilot. Affirm this is an expansion of an existing home visiting services program by specifying the increased number of families to be served and additional staff that must be hired, if any, to fulfill the HVS Pilot goals.

#### 2.3 Geographic Area

Describe the geographic area in which the HVS Pilot will operate, including a list of the ZIP codes, counties, and incorporated cities that the proposed HVS Pilot will cover.

# **Section 3: Service Delivery and Care Coordination**

The purpose of this section is for the applicant to provide information on the services that will be provided under the proposed HVS Pilot, the service delivery strategies that will be employed, and how care will be coordinated.

#### 3.1 Service Delivery and Care Coordination

Pilots shall offer services as outlined in either of the two approved evidence-based practices for the HVS Pilot program, and submit proof of accreditation for the proposed model.

For each target population, describe the specific care coordination strategies that will ensure an integrated continuum of care for the target population. Provide information on prior experience or other projects or programs that the applicant can leverage to support the HVS Pilot. Explain how the interventions will be successful in engaging and connecting individuals to medical, behavioral health, and social supports, improving health outcomes for the target population, decreasing avoidable emergency department and inpatient utilization, and decreasing avoidable utilization of other systems (e.g., jails, child protective services). If a certain intervention or other strategy will be limited to one, or some, target populations, please specify.

Discuss how the HVS Pilot will take current care coordination efforts into consideration and not duplicate those efforts.

Describe how the Lead and Participating Entities will coordinate with MCOs to address high risk medical conditions, and other Medicaid administrative services, such as Administrative Care Coordination Units (ACCUs).

Note: Proof of accreditation will not be counted towards the final application page count.

#### Section 4: Data Sharing, Data Management Plan, and Data Reporting

The purpose of this section is for applicants to provide information on the data sharing and management framework for the HVS Pilot.

# 4.1 Data Sharing and Management Plan

Identify the data oversight and management structure for the HVS Pilot. Describe how data collection, management, and sharing will occur between the Lead and Participating Entities.

Provide information on the tools and/or systems that will be utilized to support data sharing, the capabilities currently in place, and any new development that will be needed to support data sharing under the HVS Pilot. Include in the work plan a timeline and implementation plan for making certain that the necessary systems, tools, and data use agreements to support data sharing are in place. Indicate anticipated challenges and strategies the HVS Pilot will employ to manage data tools (see Appendix D: Work Plan Template).

To the extent any shared data contains Personal Health Information/Personal Information (PHI/PI), mental health or substance use disorder services information, the Lead Entity and its Participating Entities must comply with all applicable state and federal law. Final approval of this application will be subject to the Lead Entity's mandatory agreement to the forthcoming Interagency Agreement and Data Use Agreement, which will govern the exchange and utilization of the data involved in the HVS Pilot.

#### 4.2 Data Reporting

HVS Pilot Lead Entities are required to submit quarterly and annual reports to MDH. MDH will issue a reporting template with instructions at a later date. The purpose of the annual report is to demonstrate that the HVS Pilot is conducted in compliance with the requirements set forth in the STCs, RFA, any agreement between MDH and the Lead Entity, and guidance from MDH.

Data will be required at the Medicaid beneficiary level, including at minimum, the beneficiary's Medicaid number; if that is not available, the first and last name, date of birth, and social security number. Describe how HVS providers will use an electronic performance management system (for example, the ETO system or PIMS) and if it is currently in place, needs modification, or needs to be developed.

As a requirement of funding, Lead and Participating Entities are required to make available program and financial data to MDH in the form, manner, and timeframes requested in the final agreement. Moreover, pursuant to 42 CFR § 431.107(a)(b)(1)(2), providers must agree to create and maintain all records necessary to fully disclose the extent and eligibility for services provided by the provider to individuals in the Medicaid program, as well as any information relating to payments claimed by providers for furnishing HVS Pilot services.

#### **Section 5: Monitoring and Evaluation Plan**

The purpose of this section is for the applicant to provide information on the performance measures the HVS Pilot will use to track progress, and the methods used to monitor and improve the Lead and Participating Entities' performance. Final approval of this application will be subject to the Lead Entity's mandatory agreement to the forthcoming Interagency Agreement and Data Use Agreement, which will govern the exchange and utilization of the data involved in the HVS Pilot.

Lead Entities will agree to participate in the collection and monitoring of required performance measures for the HVS Pilot. Pilots will be required to report metrics in order to assess their success in achieving program goals and strategies. All Pilots must report metrics quarterly and annually unless otherwise specified.

#### **5.1 Performance Measures**

The HVS Pilot is an opportunity for communities to be able to clearly demonstrate if, in fact, evidence-based HVS with the support of Medicaid funding in Maryland is a sustainable model that improves health outcomes and reduces costs.

Currently 21 out of 24 Maryland county health departments (including Baltimore City) offer evidenced based HVS through the Federal Home Visiting Program (MIECHV) administered by HRSA. MIECHV has established multiple performance indicators of which MDH has adopted a subset for the purposes of the HVS Pilot evaluation. The decision to limit HVS Pilot measures to a subset is based on several factors. Primarily, the HVS Pilots are designed to demonstrate evidenced-based HVS value to the Medicaid program and to align with goals of the CMCS Maternal and Infant Health Initiative and CMS's Child Core

#### Set Measures.

The Lead Entity should provide an attestation of its agreement to collect and report on the following performance measures. MDH reserves the right to modify the performance measures that will be required from the Lead Entity. Details on the metrics are provided in Appendix E.

Performance Measures
All Cause Emergency Room Visits*
Inpatient Hospital Admission Rate*
Initiation and Engagement of Alcohol
and Other Drug Dependence
Treatment*
Maternal Depression Screening
Well Child Visits*
Postpartum Visits*
Low Birth Weight*
Behavioral Health Diagnosis*
Postpartum Contraception*
Dental Care Utilization Before Age
Two*
Lead Poisoning Screening*

<sup>\*</sup>Denotes a performance measure that MDH will evaluate using Maryland Medicaid claims data (MMIS) and participant information provided by the Home Visiting Services Pilot Program awardees.

# **5.2 Demonstrating Quality Improvement**

Explain the approach to quality improvement and change management that the Lead Entity plans to use. Explain how the HVS Pilot will identify needed adjustments, a process for carrying out the change, and a process for observing and learning from the implemented change(s). Select a tool such as Plan-Do-Study-Act, or an alternate quality improvement process.

Describe the Lead Entity's plan to conduct ongoing monitoring of Participating Entities engaged as service providers. Include a process to provide technical assistance, impose corrective action, and terminate the HVS Pilot if poor performance is identified and continues.

#### **Section 6: Budget Plan and Financing Structure**

The purpose of this section is to outline the components of the Lead Entity's budget, financing structure, and rate development responsibilities.

The HVS Pilot will align with the State of Maryland's fiscal year, beginning on July 1 and ending on June 30 of each year. For Round two funding, up to \$2.5 million in matching federal funds are available annually, and when combined with the local non-federal share, HVS Pilot expenditures may total up to \$5.1 million annually. Available funding in Pilot Year 2 is based on approval of the HVS Pilot application

submission and is subject to the Lead Entity's mandatory agreement to the forthcoming Interagency Agreement and Data Use Agreement, which will govern the exchange and utilization of the data involved in the HVS Pilot.

#### State Payment to Lead Entities

A Lead Entity must be a Local Health Department (LHD) or other local government entity, such as a local management board (see Section 1.1. for allowable Lead Entity types). Each Lead Entity must have the ability to provide the non-federal share of payment through an intergovernmental transfer (IGT) process. The Lead Entity shall process an IGT of funds to MDH in the amount specified. MDH will make payment of both the non-federal and federal share for home visiting services rendered by the Lead Entity. Refer to Appendix E for a sample funding flow diagram.

#### Lead Entity Payment to Participating Entities

If the Lead Entity chooses to contract with one or more entities to provide home visiting services, MDH expects each Lead Entity will follow its own local government procurement or grant sub-contracting protocol in accordance with the MDH Human Services Agreement Manual. Lead Entities shall have appropriate contracts and/or memoranda of understanding, data use agreements and business associate agreements in place that describe roles, services, charges, data sharing, record keeping, and reporting requirements with any and all Participating Entities.

#### Funding Request Details

Pilot payments are intended to support the HVS Pilots for:

- 1. Expansion of current evidence-based home visiting activities in a jurisdiction
- 2. Increased coordination and appropriate access to care for the highest risk beneficiaries

Funding assumptions will be derived based on a "per home visit service rate" that shall be developed and proposed by the Lead Entity.

Budgets should not include costs for services directly reimbursable with Medicaid or other federal funding resources. Federal financial assistance from the Medicaid program cannot be used to provide services to individuals not eligible for Medicaid services. All funds related to HVS Pilot programs must be maintained and reported as distinct and separate from any other sources of funding. All funding shall be for the direct service delivery of HFA and/or NFP evidence-based home visiting services to Medicaid beneficiaries.

#### **6.1 Financing Structure**

Describe the oversight and governance structure that will oversee the payment process between the Lead Entity and MDH, and between the Lead Entity and Participating Entities, if applicable. MDH will provide to each approved Lead Entity a template for documenting, reporting and invoicing HVS to MDH.

#### 6.2 Non-Federal Share

Using the "Sources of Non-Federal Share" sample table below, list the sources and amount of each <u>specific</u> local funding stream that is contributing to the non-federal share. ACIS Pilot applicants must also include non-federal share source descriptions as part of the Budget Narrative.

Sample Table: Sources of Non-Federal Share					
Local Funding Source (non-Federal Share)	Local Funding Amount	Approved/Confirmed with Authorized Representative	Federal Matching Funding Amount Request	Proposed Total Pilot Funds	
ABC County Tax Revenue	\$100	Yes: County Controller Jane Smith	\$100	\$200	
ABC County Core Funding	\$100	Yes: County Health Officer John Smith	\$100	\$200	
ABC County Other Permissible Source	\$100	Yes: Grant Officer Beau Smith	\$100	\$200	
Total Proposed Funds	\$300		\$300	\$600	

#### 6.3 Non-Duplication of Payments and Allowable Use of Federal Financial Participation

HVS Pilot applicants must complete and submit with each application the Attestation: Non-Duplication of Funds and Allowable Use of Federal Matching Funds (Appendix G).

#### **6.4 Funding Request**

The HVS Pilot is a demonstration project to test innovative and cost-effective programs and payment structures within Medicaid. To this end, MDH is looking for Lead Entities and their partners to develop a per unit rate for direct services based on their experience and knowledge of providing maternal and child health services. Thus, MDH has not defined specific parameters around the per visit rate methodology and looks to the Lead Entities to create a proposed rate and corresponding budget that is made up of the necessary components of the direct service costs of providing HVS. MDH will evaluate the proposed rate to determine if it seems reasonable.

# **HVS Rate Development**

The Lead Entity should develop its funding request based on a per home visit rate (per unit cost). As described in the following excerpt from STC 29: Attachment D (Appendix B), allowable components

that make up a home visiting services rate (per unit cost):

"...The unit cost that will be based on such things as, estimated salary costs, travel cost, reporting costs, and other reasonable and necessary expenditures divided by the number of expected number of visits. The expected number of visits will be based on the model, the number of beneficiaries to be served, and the number of home visitors. MDH will evaluate the reasonableness of the unit cost and total payment. MDH anticipates that the initial quarterly payments will be prospective, and thereafter retrospective based on the Lead Entity's actual HVS services rendered. In turn, MDH anticipates that the HVS provider will invoice the Lead Entity monthly or quarterly for home visits provided to a specific Medicaid beneficiary based on the Lead Entity and HVS provider's contractually agreed upon payment schedule. Lead Entities are expected to submit a budget proposal and narrative that reflects average expected evidence-based home visiting frequency and intensity, taking into account the potential for variations, that is, accommodating for those few cases that may require more intense visits."

MDH recognizes that developing a per home visit rate may be challenging given that many existing evidence-based Home Visiting programs are not currently structured using a per-visit unit cost. Following release of this RFA, additional individualized technical assistance will be offered to interested entities on home visiting rate development. HVS Pilot applicants should email mdh.healthchoicerenewal@maryland.gov no later than March 12, 2018 to request individualized technical assistance on rate development.

A discussion of cost and rate development methodologies for Evidence-based HVS programs may be found in the Mathematica Policy Research study "Cost of Early Childhood Home Visiting: An Analysis of Programs Implemented in the Supporting Evidence-Based Home Visiting to Prevent Child Maltreatment Initiative." Additional resources that may be useful for HVS rate development will be posted on the MDH website, and shared with interested entities as they become available.

#### **HVS** Budget Development

For Budget Year 1, the HVS Pilot application's budget narrative must include a proposed home visiting service rate with a break out of all reasonable and necessary expenditures associated with providing direct home visiting services. Specify the number of years that the Lead Entity expects the HVS Pilot to operate. Pilots may choose to participate for the entire remainder of the waiver period. For additional years of anticipated Pilot operation (i.e., Budget Years 2-4.5) provide the total projected dollar amount of expenditures per year.

MDH will pay the Lead Entity on a quarterly basis for home visiting services rendered (per unit cost). The Lead Entity may request a one-time prospective payment for projected expenditures in the first quarter. If a Lead Entity requests a prospective payment, it must justify the need for this payment in the budget narrative. In order to be considered for a prospective payment, the accompanying budget narrative must reflect the number of beneficiaries expected to enroll in the initial quarter of program implementation and the number of home visits to be completed in the first quarter. Subsequent retrospective payment will be adjusted depending on actual services provided in the first quarter.

The Lead Entity will supply IGTs solely for the payment of services authorized under the demonstration.

HVS Pilot applicants should complete the following table and include as part of the Budget Narrative:

Number of Target Beneficiaries Per Year (A)	Average Number of Visits Per Beneficiary Per Month (B)	Total Expected Number of Visits Per Month (A*B) = C	Total Expected Number of Visits Per Quarter (C*3)=D	Total Expected Number of Visits Per Year (D*4)=E	Total Budget Requested (E*Home visit Rate)
For example: 50	4	200	600	2400	\$240,000

In addition to the budget narrative, HVS Pilot applicants will need to complete the MDH Budget Package 4542 (Appendix G). Although the Lead Entity may calculate the proposed per visit rate as its basis for the total aggregate budget request outside of the MDH 4542, the use of MDH 4542 forms is necessary to qualify for the HVS Pilot award. The line item expenditures included in the MDH 4542 should align with the Budget Narrative and total budget request. Budgets should not include costs (e.g., payments) for services reimbursable with Medicaid or other federal funding resources.

#### Completion of MDH 4542 Budget Request Form

Direct personnel expenses in support of staff employed by the Lead Entity should be indicated on line items 0111(Salaries), 0121 (FICA), 0131 (Retirement), 0141 (Health Insurance), 0161 (Unemployment Insurance), 0162 (Workmen's Compensation), and 0171 (Overtime Earnings, if any). Direct personnel expenses in support of staff employed by or under contract with a Participating Entity should be indicated on line item 0881 (Purchase of Care).

The following line item costs are permissible if they are solely related to the delivery of ACIS: office supplies (0965), educational supplies (0919), advertising (0801), postage (0301), printing (0873), language translation (0816) expenses, dues and memberships (related to evidence-based program accreditation), in-state travel (0405) (i.e., reimbursement of local mileage), and cellular telephone purchase/use (0304).

Flat-rate indirect expenses (e.g. 10% flat indirect rate) and expenses such as rent (1334) and utilities (0604, 0613, 0615, 0701) are impermissible costs.

This is not an all-inclusive list of permissible and impermissible line items. Any specific questions regarding which costs are or are not permissible should be submitted to MDH prior to application submission.

Limitations of Medicaid Home Visiting Services (HVS) Funding:

While there is <u>no single dedicated funding source available for home visiting services</u>, selected federal funding streams can be paired with state and local funds to support a full package of services for

pregnant women, families, infants, and young children.

Some local entities applying for the HVS Pilot may require additional resources beyond what are permissible for Medicaid to fund to expand their home visiting services. Lead Entities may use Medicaid payments in tandem with additional funding sources available through other federal, state or privately funded programs, if included as part of a HVS Pilot application that is approved for funding.

Pairing of funds takes place when two or more sources of funds are spent for a single programmatic purpose in such a way that each source of funding can still be accounted for separately. Pairing is **not** combining two or more sources of funding in such a way that it would be difficult or impossible to tell which source was allocated for which program purpose. **Pairing of funds does not result in any changes to the award terms and conditions that accompany each source of funding.** 

Federal Medicaid matching HVS Pilot funds may only be used for costs associated with the provision of direct home visiting services (per unit cost). Lead Entities may also be allowed to use a portion of their allocated MIECHV funds to pay for training costs, necessary for either of the two evidence-based maternal and child health programs aligned with the HVS Pilot (HFA and NFP). Any MIECHV funds that the Lead Entity may request are not eligible to be used by the Lead Entity to meet the local funding Medicaid match requirement, and their purpose must be approved at the discretion of MDH Office of Community Health Services prior to this funding application. These separate funds may not be factored into the proposed rate (per unit cost) as part of this application. MIECHV reporting requirements for staff supported through training will be implemented.

#### **APPLICATION APPENDICES**

- A. Application Requirements
- B. Special Terms and Conditions (STC) 29 Attachment D: Evidence-Based Home Visiting Services Pilot Protocol, Approved: April 27, 2017
- C. Application Selection Criteria
- D. Work Plan Template
- E. Sample Funding Diagram
- F. Attestations and Certification
- G. Budget Template (MDH 4542)

#### **APPENDIX A. APPLICATION REQUIREMENTS**

A summary of required Application components for submission by Lead Entities includes:

- 1. Project Abstract (no longer than one page);
- 2. Project Narrative (maximum 15 pages, 12 pt. font, single spaced, one (1) inch margins);
- 3. Budget Narrative and Budget Form 4542 (no page limit);
- 4. Letters of Commitment from all proposed participating HVS Pilot entities;
- 5. Proof of Health Families America (HFA) or Nurse Family Partnership (NFP) accreditation;
- 6. (Optional) Letters of support from relevant stakeholders;
- 7. Resumes of Key Personnel;
- 8. A signed and dated copy of Appendix G: Attestations and Certifications

#### APPENDIX B. SPECIAL TERMS AND CONDITIONS (STC) 29: Attachment D

Per STC 29, the following protocol includes additional information about the evidence-based home visiting services (HVS) pilot program.

As described in STC 29, the pilot program provides evidence-based home visiting services by licensed practitioners or model trained home visitors to promote health outcomes, whole person care, and community-integration for high-risk pregnant women and children up to two (2) years old. The services are described in Table One: Description of Services below which are based on evidence-based program requirements. The provider qualifications are described in Table Two: Provider Requirements below which includes provider titles, licensure (if applicable), certification, (if applicable), education, training, and experience requirements. The HVS pilot program is aligned with two evidence-based models focused on the health of pregnant women and infants.

- a. Nurse Family Partnership (NFP): The NFP is designed to reinforce maternal behaviors that encourage positive parent child relationships and maternal, child, and family accomplishments. The HealthChoice section 1115 demonstration NFP pilot program will adhere to the NFP national program standards and service will be suspended once the child reaches two (2) years old.
- b. Healthy Families America (HFA). The HFA model targets parents facing issues such as single parenthood, low income, childhood history of abuse, substance use disorder (SUD), mental health issues, or domestic violence. The HealthChoice section 1115 demonstration HFA pilot program will adhere to the HFA national program standards and service will be suspended once the child reaches two (2) years old.

The services are described in Table One: Description of Services below.

**Table One: Description of Services** 

Service	Description of Service
Prenatal Home Visit	The HVS Pilot Project will provide home visit services to Medicaid eligible expectant mothers during their pregnancy. The prenatal home visit services will provide:
	<ul> <li>Monitoring for high blood pressure or other complications of pregnancy (NFP only);</li> <li>Diet and nutritional education;</li> <li>Stress management;</li> <li>Sexually Transmitted Diseases (STD) prevention education;</li> <li>Tobacco use screening and cessation education;</li> <li>Alcohol and other substance misuse screening and counseling;</li> <li>Depression screening; and</li> <li>Domestic and intimate partner violence screening, education and safety planning.</li> </ul>
Postpartum Home Visits	The HVS Pilot Project will provide home visit services to Medicaid eligible mothers during their sixty (60) day postpartum period.
	Diet and nutritional education;

	Stress management;
	STD prevention education;
	Tobacco use screening and cessation education;
	<ul> <li>Alcohol and other substance misuse screening and counseling;</li> </ul>
	Depression screening;
	<ul> <li>Domestic and intimate partner violence screening, education and safety planning;</li> </ul>
	Breastfeeding support and education (NFP may refer Medicaid beneficiaries)
	out to a lactation specialist, but the lactation consultant services are not covered as a home-visiting service);
	<ul> <li>Guidance and education with regard to well woman visits to obtain recommended preventive services;</li> </ul>
	<ul> <li>Medical assessment of the postpartum mother and infant (NFP only);</li> </ul>
	Maternal-infant safety assessment and education e.g. safe sleep education
	including Sudden Infant Death Syndrome (SIDS) prevention
	<ul> <li>Counseling regarding postpartum recovery, family planning, needs of a newborn;</li> </ul>
	Assistance for the family in establishing a primary source of care and a
	primary care provider (i.e. ensure that the mother/ infant has a postpartum/ newborn visit scheduled);
	Parenting skills and confidence building (HFA emphasis).
Infant Home Visits	The HVS Pilot Project will provide home visit services to newborn infants born to
	HVS Pilot Project beneficiaries until the child reaches two (2) years of age.
	<ul> <li>Breastfeeding support and education (NFP may refer Medicaid beneficiaries out to a lactation specialist, but the lactation consultant services are not covered as a home-visiting service); and</li> <li>Child developmental screening at major developmental milestones from birth to age two (2);</li> <li>Parenting skills and confidence building (the HFA program emphasizes these</li> </ul>
	skills).

Both HFA and NFP evidence-based practice models specify an array of services that may be provided to meet the needs of the family.

The HFA program model meets the criteria established by the U.S. Department of Health and Human Services (HHS) for an "evidence-based early childhood home visiting service delivery model." Goals include reducing child maltreatment, improving parent-child interactions and children's social-emotional well-being, and promoting children's school readiness. HFA program model components include 1) screenings and assessments to determine families at risk for child maltreatment or other adverse childhood experiences; 2) parent education and support services; and 3) routine screening for child development and maternal depression as well as screening for domestic violence and substance abuse. In the case of a positive screen, the individual is referred for appropriate treatment services. In such cases, care coordination may also occur if consent is provided by the parent. If consent is provided, home visitors may refer participants out to external resources and providers. The type of referral may vary depending upon the type of service required. With additional consent, home visitors will liaise with the provider to ensure coordination of care. In addition, many sites offer services such as parent support groups and father involvement programs.

Home visitors complete training modules specific to each program model that include such topics such as keeping babies healthy and safe, fostering infant and child development, and promoting mental health. Thus, HFA model services offered to mothers may include both teaching basic parenting skills, and training parents on how to manage a child's medical, behavioral, and/or developmental treatment needs.

The NFP program model also meets the criteria established by DHHS for an "evidence-based early childhood home visiting service delivery model." The program model is designed for first-time, low-income mothers and their children, and is designed to improve 1) prenatal health and outcomes; 2) child health and development; and 3) families' economic self-sufficiency and/or maternal life course development. NFP home visitors use input from parents, nursing experience, nursing practice, and a variety of model-specific resources coupled with the principles of motivational interviewing to promote low-income, first-time mothers' health during pregnancy, care of their child, and own personal growth and development. NFP program model, therefore, may also address both teaching basic parenting skills, as well as training parents on how to manage a child's medical, behavioral, and/or developmental treatment needs.

The provider qualifications for the services provided are described in Table Two: Provider Qualifications below.

**Table Two: Provider Qualifications** 

	Home Visitor Provider Qualifications					
Home Visitors	Education (typical)	Experience (typical)	Skills (preferred)	Training		
Healthy Families America Home Visitors – Must be hired by an HFA affiliated or accredited agency	Bachelor's Degree in Behavioral Sciences (Social Work, Psychology, Sociology, Mental Health, Nursing and Education) preferred; Associate's Degree in Human Services or related field. May have high school diploma or GED.	3-5 years' experience working in Human or Social Services; 1 year working with or providing services to children and families; Case management or service coordination experience preferred; Experience and willingness to work with a culturally diverse population. A Master's Degree in nursing, public health, social work or a relevant human services field may be substituted for one year of the required experience.	Oral and written communication skills; Ability to develop trusting relationships; Ability to maintain professional boundaries; Acceptance of individual differences; Knowledge of infant and child development; Openness to reflective practice.	Must meet HFA program training requirements, including: Core Training; Curriculum training; Wraparound training; customized advanced training; any additional program based continuing education training requirements.		

	1	1		
Nurse Family Partnership (NFP) Nurse Home Visitors —Hired by approved Nurse Family Partnership implementing agency	Registered nurse (RN) with Baccalaureate degree in nursing; may have additional degrees beyond BSN such as MSN or, other related/advanced practitioner designations e.g. nurse practitioner, nurse midwife; current licensure.	At least 5 years' experience in public health nursing, maternal and child health, behavioral health nursing, pediatrics, or other fields. May have American Heart Association HealthCare provider CPR (Cardiopulmonary Resuscitation) and valid AED (automated External Defibrillator) certification. A Master's Degree in nursing or public health may be substituted for one year of the required experience.	Technical skills: Providing care mgmt. and care coordination to high-risk populations; understanding and applying federal, state, local, and grant program regulations and policies in a public health environment; Leadership skills, interpersonal and relationship building; communication and quality improvement analysis skills	Comprehensive training and preparation as required by NFP model.
Nurse Home Visitor Supervisor – Hired by approved Nurse Family Partnership implementing agency	Registered nurse (RN) with Baccalaureate degree in nursing. Preferred that nurse supervisors have additional degrees beyond BSN such as MSN or, other related/advanced practitioner designations e.g. nurse practitioner, nurse midwife.	At least 5 years' experience in public health nursing, maternal and child health, behavioral health nursing, pediatrics, or other fields. May have American Heart Association HealthCare provider CPR (Cardiopulmonary Resuscitation) and valid AED (automated External Defibrillator) certification.  A Master's Degree in nursing or public health may be substituted for one year of the required	Nurses must receive reflective supervision weekly to meet requirements of the evidence based program. This nurse supervision is part of the direct services provided. Nurse supervisors may conduct home visits as required to support nurses and/or beneficiaries level of care needs. For example, if a child or caregiver is ill for a month, a Nurse Home Visitor Supervisor may visit the home to reassess the caregiver	Comprehensive training and preparation as required by NFP model.

	experience.	and child and offer an appropriate level of care.	
		or care.	

#### **Description of Payment Methodologies**

The Department of Health (MDH) will pay Lead Entities (LE) (local health departments/ county governments) for home visiting services provided at a home visit rate. The home visit rate shall not exceed the amount expended by the Lead Entity for furnishing the direct service of the provider. The home visit rate will be developed based on a target cost per visit, adjusted for factors specific to the lead agency, such as the particular evidence-based practice, along with variables such as salary costs, type of visit, intensity of visit, and duration of visit or contracted evidence-based practice provider unit costs. Payment will be withheld if Lead Entities do not report required data to MDH in a timely and complete manner as outlined and agreed upon in applicable data use agreements.

Both the HFA and NFP evidence-based home visiting programs tailor home visiting services and the number of visits to the needs of each family. Frequency of home visiting may vary from family to family, but must remain within the scope of the evidence-based programs. Below are the home visiting frequency and intensity protocols for HFA and NFP.

Healthy Families America: HFA sites offer at least one home visit per week for the first six (6) months after the child's birth. After the first six (6) months, visits might be less frequent. Visit frequency is based on families' needs and progresses over time. Typically, home visits last one hour. HFA sites begin to provide services prenatally or at birth and continue for this Pilot demonstration up to age two (2).

Nurse Family Partnership: NFP nurses conduct weekly home visits for the first month after enrollment and then every other week until the baby is born. Visits are weekly for the first six (6) weeks after the baby is born, and then every other week until the baby is twenty (20) months. The last four (4) visits are monthly until the child is two (2) years old. Home visits typically last 60 to 75 minutes. The visit schedule may be adjusted to meet client needs.

NFP recommends that programs begin conducting visits early in the second trimester (14–16 weeks gestation) and requires programs to begin visits by the end of the 28th week of pregnancy. Clients graduate from the program when the child turns two (2) years old.

Table Three: Healthy Families America (HFA) Agencies in Maryland with Accreditation Status

Jurisdiction	Agency	<b>Current Status</b>
Allegany	Health Department	Accredited
Baltimore County	Health Department	Accredited
Baltimore City	Family League	Accredited
Calvert County	Public Schools	Accredited
Charles County	Center for Children	Accredited
Dorchester	Health Department	Accredited
	Mental Health	
Frederick	Association	Accredited

Garrett	Health Department	Accredited
Harford	Health Department	Accredited
Howard	Howard General Hospital	Accredited
	Eastern Psych	
Lower Shore (Somerset)	Association	Accredited
Mid Shore	Health Department	Accredited
Montgomery	Family Services	Accredited
Prince George's	Dept. Family Services	2 Sites Accredited; 1 site Affiliated
Washington	Health Department	Accredited
Wicomico	Health Department	Accredited

#### **APPENDIX C. APPLICATION SELECTION CRITERIA**

The Maryland HealthChoice §1115 Waiver HVS Pilot application evaluation is a competitive process that will result in the selection of qualified HVS Pilots based on the program need, quality, and scope of their application. The Department of Health (MDH) will conduct the evaluation process in two phases: (1) Quality and Scope of Application, and (2) Funding Decision. HVS Pilot applications that do not meet the basic requirements of the Special Terms and Conditions (STC): Attachment D: Evidence-Based Home Visiting Services Pilot Protocol, and MDH application guidance will be disqualified.

#### Overview

Program Need, Quality, and Scope of Application. HVS Pilot applications will be assigned a numerical score of up to 100 points based on the jurisdiction's need for HVS Pilot services, and the quality and scope of the application. Applications must receive a pass score on all pass/fail criteria to be eligible to participate.

Funding Decision. The funding amount for each HVS Pilot will be determined based upon the reasonableness of the funding request, the amount requested, and the justification and/or methodology used to develop the service costs and resultant proposed unit rate.

There will be a review period after MDH receives applications that will allow MDH to ask clarifying questions to Pilot Applicants. Pilot Applicants' responses may influence their final score.

If the HVS Pilot Applicant (Lead Entity and/or Participating Entity) is currently out of compliance or delinquent on any MDH corrective action, the HVS Pilot Applicant is not eligible for funding.

#### <u>Applications Will Be Assigned a Numerical Score</u>

Scoring criteria will help MDH assess whether applications meet the pilot goals and requirements outlined in Maryland HealthChoice 1115 Waiver's STCs.

Each application will be assigned a numerical score based on a possible total of 100 points. Multiple MDH reviewers, representing both Medicaid and Public Health Administrations within MDH, will score applications and then assign a total average score.

Highest Possible Score by Application Section

Section 1: Community Health Pilot Lead Entity and Participating Entity Information; Readiness to Implement (up to **5 points**)

Section 2: General Information - Pilot Overview; Target Population; Geographic Area (up to 10 points)

Section 3: Strategies and Care Coordination (up to 25 points)

Section 4: Data Sharing, Data Management Plan, and Data Reporting (up to 15 points)

Section 5: Monitoring and Evaluation Plan (up to 15 points)

Section 6: Budget Plan and Financing Structure (up to 30 points)

Attestations and Certification - Pass/Fail

**Total Possible Points: 100** 

#### **Application Sections Will Be Scored Based on Specified Criteria**

Each application section will be scored based on the criteria specified below:

#### **General Considerations:**

- Application was received in the MDH.healthchoicerenewal@maryland.gov mailbox by March 26, 2018
- Application includes a project abstract summary no longer than one page

# **Project Narrative:**

Section 1: Community Health Pilot Lead Entity and Participating Entity Information; Readiness to Implement (up to 5 points)

# 1.1 Lead Entity Description

• Organization submitting the application meets Lead Entity requirements as outlined in STC 29, and all required information is provided

#### 1.2 Participating Entities Description

- Meets Participating Entity requirements as outlined in STC 29
- Information is complete
- Explanation of role in Pilot is clear and appropriate given the target population and selected strategies

#### 1.3 HVS Pilot Lead Entity, Participating Entities and Contact Persons

Organization fills out table with all relevant information

# 1.4 Letters of Commitment and Support

- Lead Entity attaches Letter of Commitment for all proposed Participating Entities
- Letters of Support are optional but help attest to Lead Entity capability or need

#### 1.5 Lead Entity Capability Statement

- Demonstrates organization's capabilities to serve as a Lead Entity on this Pilot initiative
- Explains organization's experience and expertise in coordinating and collaborating with service providers
- Demonstrates experience:
  - o serving as a primary lead on multi-agency/multi-entity projects
  - overseeing and distributing program funds to other entities
  - ensuring deliverables are met and reporting is accurate and timely
- Provides examples and explains role in current or past projects/programs/activities related to

the HVS Pilot for which the LE is applying (i.e., evidence-based home visiting)

#### 1.6 Key Personnel

- Identifies key personnel who will lead or manage the HVS Pilot project, their proposed role, and enclose copies of their resume(s) with the application
- Includes a clear Staffing Plan

#### 1.7 Pilot Daily Operations, Communication Plan, and Work Plan

- Clear and comprehensive plan for collaboration and communication between entities
- Clear plan to communicate state pilot requirements from the Lead Entity to Participating Entities
- Clear plan to communicate externally with stakeholders and other interested parties
- Structure and process planned for making decisions
- Includes detailed work plan (Appendix D)outlining implementation dates, tasks and key deliverables

# Section 2: General Information - Pilot Vision and Need, Target Population, and Geographic Area (up to 10 points)

#### 2.1 HVS Pilot Overview, Vision and Need

- Uses evidence to define community need for Pilot
- Pilot design is comprehensive, cohesive and well-designed to achieve goals
- Demonstrates how the HVS Pilot will address community and target population needs
- Articulates strategies to build sustainable processes and linkages that can support program
  operations across the delivery systems in the near term and beyond the term of the HVS Pilot
- Explains how anticipated program outcomes are achieved through Pilot interventions and supports

#### 2.2 Target Population(s) and Referral Process:

- Proposed target population meets criteria outlined in STC 29
- Identifies number of people proposed to be served through the HVS Pilot and the additional staff
- Describes plan for participant identification, prioritization and outreach
- Provides methodology used and rationale to define target population(s)
- Target population(s) is/are appropriate given participating entities and strategies
- Describes current HVS program in detail, if applicable
- Describes how proposed HVS pilot is an expansion of existing HVS, if applicable

#### 2.3 Geographic Area

 Describes geographic area in which the HVS Pilot will operate, including counties and zip codes

Section 3: Service Delivery and Care Coordination (up to 25 points)

#### 3.1 Service Delivery and Care Coordination

- Describes evidence-based HVS practice model to be implemented
- Affirms that services do not duplicate any other Medicaid covered service
- Provide proof of selected model accreditation
- Meets requirements as outlined in STC 29
- Justifies appropriateness of services and interventions for target population(s)
- Describes alignment with other concurrent initiatives being implemented in the region (e.g., does the applicant articulate a vision of how initiatives fit together)
- Describes extent of process and linkages planned or in place to implement intervention,
   demonstrating complete consideration of the necessary partnerships to support the HVS Pilot
- Demonstrates engagement and cooperation with MCOs and Participating Entities to make certain that safeguards are in place that reduce potential of overlap or gaps in providing services to participants

# Section 4: Data Sharing, Data Management Plan, and Data Reporting (up to 15 points)

# 4.1 Data Sharing and Management Plan

- Demonstrates ability to support data sharing between entities and identifies existing resources for data sharing and actions necessary to close existing gaps
- Clearly presents data sharing processes and expectations of data sharing partners (or the process to identify them)
- Presents a comprehensive plan and approach to data safeguards, oversight and protections
- Presents a comprehensive timeline and implementation plan for data sharing, data management and completion of data sharing agreements

#### 4.2 Data Reporting

 Provides a clear and comprehensive plan for ongoing data collection, reporting, and analysis of interventions

#### Section 5: Monitoring and Evaluation Plan (up to 15 points)

#### 5.1 Performance Measures

- Attests to agree to collect and/or report on the enclosed performance and process measures
- Meets performance requirements

#### 5.2 Demonstrating Quality Improvement

- Describes a clear and comprehensive plan for quality improvement
- Demonstrates resources and organizational capacity to conduct ongoing Participant Entity monitoring and make adjustments as needed

 Provides comprehensive plan for providing technical assistance, imposing corrective action, and terminating if poor performance is identified and continues with Participating Entities

#### Section 6: Budget Plan and Financing Structure (up to 30 points)

#### 6.1 Financing Structure

- Clearly demonstrates and affirms that total computable of Pilot funding will be used only
  for direct services cost to contracted providers, or in the case of the Lead Entity providing
  services that total computable is for direct services costs only
- Demonstrates a comprehensive approach to flow of funds, how reimbursement will take place, payment schedule and oversight and monitoring of payment

#### 6.2 Non-Federal Share

• List of the entities, sources, and total dollar amount that will make up the non-federal share from the Lead Entity to be used for payments under the HVS Pilot

# 6.3 Non-Duplication of Payment and Allowable Use of Federal Financial Participation

Attests to non-duplication of funds and allowable use of federal matching funds

#### 6.4 Funding Request

- Clearly demonstrates the cost factors and costs that contribute to the direct services rate developed for the HVS Pilot
- Clearly demonstrates how the total budget request is derived from proposed visits
- If requesting a prospective payment, clearly outlines the anticipated number of people to be served in the first quarter, total number of anticipated visits in the first quarter and justifies the need for a prospective payment
- Completely fills out and submits the funding equation table
- Completes the Budget Form 4542 with appropriate line items; the total should match the proposed budget total
- Thoroughly explains budget line items, rate methodology and HVS rate per visit, total budget request in the Budget Narrative
- MDH will determine the appropriateness of the funding request in the context of the
  reasonableness and soundness of the interventions to be provided, the clarity of the governance
  structure, presence of oversight mechanisms and internal controls to ensure payment and
  accountability related to Participating Entities, the needs of the target population, and the
  assurances that payments are not duplicative of payments for existing Medicaid services

# Section 7: Attestations and Certification-Pass/Fail

Pass = Applicant checks box and provides signature

<u>Fail</u> = Applicant does <u>not</u> check box and/or does <u>not</u> include a signature. Applicant may not participate in a pilot unless Section 7 receives a score of "Pass."

#### APPENDIX D. WORK PLAN TEMPLATE

# Home Visiting Services (HVS) Pilot Project Work Plan July 1, 2018 – June 30, 2019

2)
2

Quarter 1, 7/1/18 – 9/31/18
Quarter 2, 10/1/18 - 12/31/18
Quarter 3, 1/1/19 – 3/31/19
Quarter 4 (Final), 4/1/19 - 6/30/19

#### **Year 1 Project Goal**

[Lead Entity to enter]

<u>Year 1 Project Deliverables</u> – The deliverables below should be taken from appropriate sections of the HVS Pilot applications and should be written as SMART objectives or activities in your work plan. You can combine multiple deliverables in a single objective.

# Objective 1:

Activity #	Activity Description	Responsible Staff/Partners	Timeframe	Activity Status Update	Activity Status Summary
а					
b					
С					
d					

# Objective 2:

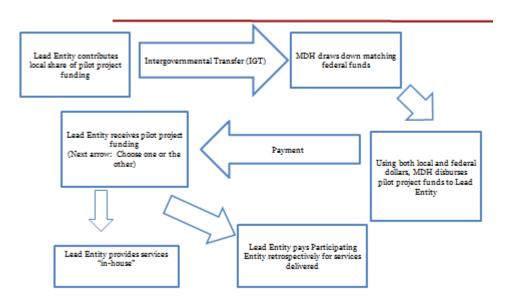
Activity #	Activity Description	Responsible Staff/Partners	Timeframe	Activity Status Update	Activity Status Summary
а					
b					
С					
d					

# **Objective 3:**

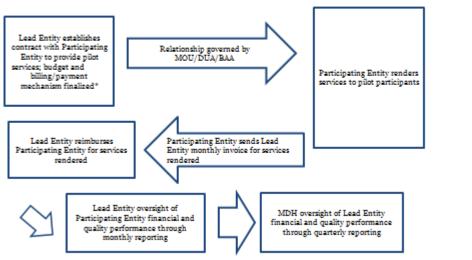
Activity #	Activity	Responsible	Timeframe	<b>Activity Status</b>	Activity Status
	Description	Staff/Partners		Update	Summary
а					
b					
С					
d					

#### APPENDIX E. SAMPLE FUNDING FLOW DIAGRAMS

# **Funding Flow for Federal Match**



# Lead Entity to Participating Entity Funding Flow



\*Load Entities to specify in contracts payment mechanism to be used (i.e. bundled payments, fee for service or per unit payments)

#### APPENDIX F. ATTESTATIONS AND CERTIFICATION

#### **6.1 Attestation**

I certify that, as the representative of the HVS Pilot Lead Entity, I agree to the following conditions:

- The HVS Pilot Lead Entity will help develop and participate in routine HVS Pilot Entity status update calls with MDH and other participants.
- The intergovernmental transfer (IGT) funds will qualify for federal financial participation per 42 CFR 433, subpart B, and will not be derived from impermissible sources, such as recycled Medicaid payments, federal money excluded from use as a state match, impermissible taxes, and non-bona fide provider-related donations. Sources of non-federal funding shall not include provider taxes or donations impermissible under section 1903(w), impermissible intergovernmental transfers from providers, or federal funds received from federal programs other than Medicaid (unless expressly authorized by federal statute to be used for claiming purposes, and the federal Medicaid funding is credited to the other federal funding source). For this purpose, federal funds do not include PRIME payments, patient care revenue received as payment for services rendered under programs such as the Designated State Health Programs, Medicare, or Medicaid.
- Within 30 days of the determination of the payment due, MDH will issue requests to the HVS
  Pilot for the necessary IGT amounts. The Lead Entity shall make IGT of funds to MDH as per the
  final agreement between the Lead Entity and MDH.
- Final approval of this application will be subject to the Lead Entity's mandatory agreement to the forthcoming Interagency Agreement and Data Use Agreement, which will govern the exchange and utilization of the data involved in the HVS Pilot.
- The Lead Entity will report and submit timely and complete data to MDH in a format specified by the state. Incomplete and/or non-timely data submissions may lead to a financial penalty after multiple occurrences and technical assistance is provided by the state.
- The Lead Entity shall submit quarterly and annual reports in a manner specified by MDH. The
  HVS Pilot payments shall be contingent on whether progress toward the HVS Pilot
  requirements approved in this application has been made.
- The Lead Entity will meet with evaluators to assess the HVS Pilot.
- Federal funding received shall be returned if the HVS Pilot, or a component of it as determined by the State, is not subsequently implemented.
- Payments for HVS Pilots will be contingent on certain deliverables or achievements, and will not be distributed, or may be recouped, if Pilots fail to demonstrate achievement or submission of deliverables.

- The Lead Entity will respond to general inquiries from the State pertaining to the HVS
  Pilot within one business day after acknowledging receipt, and provide requested
  information within five business days, unless an alternate timeline is approved or
  determined necessary by MDH. MDH will consider reasonable timelines that will be
  dependent on the type and severity of the information when making such requests.
- The Lead Entity understands that the state of Maryland must abide by all requirements outlined in the STCs and Post Approval Protocols. The State may suspend or terminate a Pilot if corrective action has been imposed and persistent poor performance continues. Should a HVS Pilot be terminated, the State shall provide notice to the HVS Pilot and request a close-out plan due to the State within 30 calendar days, unless significant harm to beneficiaries is occurring, in which case the state may request a close-out plan within 10 business days. All State requirements regarding Pilot termination can be found in the Post Approval Protocols.
- The Lead Entity understands that this is a demonstration HVS Pilot to determine the
  efficacy of Medicaid financing for evidence based maternal and child health home visiting
  services and that changes to reporting requirements may occur or be expanded as
  necessary to support a successful HVS Pilot program evaluation. MDH will try and minimize
  any changes and consult with HVS Pilot leadership in assessing any adjustments.

I hereby certify that all information provided in this application is true and accurate to the best of my knowledge, and that this application has been completed based on a good faith understanding of HVS Pilot program participation requirements as specified in the Medicaid §1115 Waiver STCs, Attachment D: Pilot Protocol and the MDH Frequently Asked Questions (FAQ) document.				
Signature of Pilot Lead Entity Representative:	Date:			

# **APPENDIX G. BUDGET TEMPLATE (Form 4542a)**

0409 Out-of-State Travel

The image below is a screenshot of the Budget Template (Form 4542a). To download an editable Excel version of Budget Template (Form 4542a), <u>please click on this link</u>.

