



STATE OF MARYLAND
DHMH

Office of Health Services
Medical Care Programs

Maryland Department of Health and Mental Hygiene
201 W. Preston Street • Baltimore, Maryland 21201

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, Secretary

TO: Health Home Opioid Treatment Programs
FROM: Office of Health Services' Behavioral Health Unit
RE: Maryland Health Home Services for Opioid Treatment Providers

The purpose of this memorandum is to help Maryland Health Home Opioid Treatment Programs (OTP) avoid duplicative billing by highlighting the differences between Health Home services and those considered part of the bundled weekly rate for methadone maintenance.

Opioid Treatment Programs are responsible for providing services that are essential to addiction recovery and management, pursuant to COMAR 10.09.08.04. This may include individually billed services such as an initial assessment, as well as delivery of services included in the weekly package of methadone maintenance billed with the H0020 procedure code. This weekly rate includes the methadone medication and dispensing, lab tests related to drug testing, counseling, and a minimum of a weekly visit with a licensed or certified health professional.

As an OTP Health Home provider, a variety of other services may be delivered outside the weekly methadone maintenance service package which is attached with this transmittal. Health Home providers must meet all requirements set forth in COMAR 10.09.33 when delivering Health Home services.

However, services that directly target addiction management, relapse prevention, and referrals essential to recovery are included in the bundled weekly package of methadone maintenance and therefore may not be counted as Health Home services. This includes, but is not limited to, referrals to Narcotics Anonymous and depression screenings as part of the Comprehensive Substance Abuse Assessment.

If you have any questions about the information contained in this memorandum, please review the Health Homes website at <http://dhmh.maryland.gov/bhd/SitePages/Health%20Homes.aspx> or contact DHMH.HealthHomes@Maryland.gov.

Maryland Health Home Services

Maryland Health Homes may deliver the following services to their Health Home participants. Providers must report the date of service for each, and in some cases, a brief note using the eMedicaid Health Home system. Individuals must receive a minimum of two services per month in order for their Health Home provider to be reimbursed for the monthly rate.

Comprehensive Care Management

- Care Plan updated
- Care plan progress reviewed with patient
- Population Health Management activity

Care Coordination

- Participant records request from PCP
- Communication with other providers and supports
- Medical scheduling assistance
- Referral to medical specialist
- Immunization tracking
- Screening (cancer, STI, etc) tracking and referral

Health Promotion

- Health education regarding a chronic condition
- Sexuality education and family planning
- Self-management plan development
- Depression screening
- Medication review and education
- Other
- Promotion of lifestyle interventions
 - Substance use prevention*
 - Smoking prevention or cessation
 - Nutritional counseling
 - Physical activity counseling, planning
 - Other

Comprehensive Transitional Care

- Patient care plan developed/reviewed
- Transitional support
- Medication review with participant
- Medication reconciliation
- Home visit
- Participant scheduled for follow-up appointment

Individual and Family Support Services

- Health literacy
- Scheduling support
- Advocacy for participants and/or caregivers
- Medication adherence support
- Providing participant tool kits
- Other

Referral to Community and Social Support Services

- Medicaid eligibility
- Disability benefits
- Social services
- Narcotics/Alcoholics Anonymous*
- Housing
- Legal services
- Peer support
- Life skills
- Educational/vocational training
- Other

* If these services address the addiction for which the participant is receiving OTP services, they are covered under the bundled monthly rate for methadone treatment, and therefore should not be reported as Health Home services for OTP Health Home participants.