**ATTACHMENT F - Grantee Required Performance Measure Monthly Table**

Complete this attachment for the focus areas of your application. The monthly number estimate in columns 2-13 should add up to your annual totals in Attachment E to demonstrate the anticipated pacing of your program’s progress. All performance measures illustrated in Attachment E should be represented in Attachment F.

*Additional performance measures (items for which an annual target can be predicted) or reportable results (items where annual targets are less predictable due to variable community need) that are specific to your program design should be added to this list.*

Submit this Appendix with the Project Narrative/Technical Proposal (Volume 1).

Cardiovascular Disease:

| PM for CVD | FY 2026 Proposed Monthly Estimate | | | | | | | | | | | |
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|  | **Jul 25** | **Aug 25** | **Sep 25** | **Oct 25** | **Nov 25** | **Dec 25** | **Jan 26** | **Feb 26** | **Mar 26** | **Apr 26** | **May 26** | **Jun 26** |
| # Of encounters (individuals touched) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of engagements (individuals with whom information was exchanged) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals enrolled in CVD program |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who experienced health improvement |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who maintained improvement for 60 days |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who maintained improvement for 90 days |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who maintained improvement for 180 days |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals linked to healthcare professional |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed exit survey |  |  |  |  |  |  |  |  |  |  |  |  |

Mental Health:

| PM for Mental Health | FY 2026 Proposed Monthly Estimate | | | | | | | | | | | |
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|  | **Jul 25** | **Aug 25** | **Sep 25** | **Oct 25** | **Nov 25** | **Dec 25** | **Jan 26** | **Feb 26** | **Mar 26** | **Apr 26** | **May 26** | **Jun 26** |
| # Of encounters (individuals touched) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals that expressed interest in mental health services/resources |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals linked/referred to mental health services |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of unduplicated (newly enrolled) individuals enrolled in the mental health services |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed 60 days in services |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed 90 days in services |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed 180 days in services |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who expressed improvement of mental health concerns at treatment end |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed exit survey |  |  |  |  |  |  |  |  |  |  |  |  |

Cancer:

| PM for Cancer | FY 2026 Proposed Monthly Estimate | | | | | | | | | | | |
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|  | **Jul 25** | **Aug 25** | **Sep 25** | **Oct 25** | **Nov 25** | **Dec 25** | **Jan 26** | **Feb 26** | **Mar 26** | **Apr 26** | **May 26** | **Jun 26** |
| # Of encounters (individuals touched) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of engagements (individuals with whom information or services were exchanged) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals linked to Health Care Professional or FQHC for screening |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of unduplicated (newly enrolled) individuals in the program |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed 60 days of programming |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed 90 days of programming |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed 120 days of programming |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who exhibited greater knowledge |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed exit survey |  |  |  |  |  |  |  |  |  |  |  |  |

Obesity/Diabetes:

| PM for Obesity/Diabetes | FY 2026 Proposed Monthly Estimate | | | | | | | | | | | |
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|  | **Jul 25** | **Aug 25** | **Sep 25** | **Oct 25** | **Nov 25** | **Dec 25** | **Jan 26** | **Feb 26** | **Mar 26** | **Apr 26** | **May 26** | **Jun 26** |
| # Of encounters (individuals touched) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of engagements (Individuals with whom information was exchanged) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals enrolled in weight loss or diabetes program |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who experienced decrease in BMI (if applicable) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who maintained weight loss for 60 days |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who maintained weight loss for 90 days |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who maintained weight loss for 180 days |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals linked to healthcare professional |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed exit survey |  |  |  |  |  |  |  |  |  |  |  |  |

Pregnancy and Birth Outcomes:

| PM for Pregnancy/Birth Outcomes | FY 2026 Proposed Monthly Estimate | | | | | | | | | | | |
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|  | **Jul 25** | **Aug 25** | **Sep 25** | **Oct 25** | **Nov 25** | **Dec 25** | **Jan 26** | **Feb 26** | **Mar 26** | **Apr 26** | **May 26** | **Jun 26** |
| # Of encounters (individuals touched) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of engagements (individuals with whom information or services were exchanged) |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals linked to Health Care Professional or FQHC |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of unduplicated (newly enrolled) individuals in the Program |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed programming within 90 days |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who successfully completed training |  |  |  |  |  |  |  |  |  |  |  |  |
| # Of individuals who completed exit survey |  |  |  |  |  |  |  |  |  |  |  |  |

Template:

| PM for | FY 2026 Proposed Monthly Estimate | | | | | | | | | | | |
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|  | **Jul 25** | **Aug 25** | **Sep 25** | **Oct 25** | **Nov 25** | **Dec 25** | **Jan 26** | **Feb 26** | **Mar 26** | **Apr 26** | **May 26** | **Jun 26** |
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