



COVID-19 Daily Update

Maryland Department of Health
Maryland Primary Care Program
Program Management Office

March 30, 2020

The Crisis

❖ “Our cruel and unrelenting Enemy leaves us no choice but a brave resistance, or the most abject submission; this is all we can expect - We have therefore to resolve to conquer or die:... to animate and encourage us to great and noble Actions - The Eyes of all our Countrymen are now upon us, and we shall have their blessings, and praises, if happily we are the instruments of saving them from the...”

George Washington, prior to the Battle of Long Island

26 August 1776

CME Accreditation

- ❖ This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MedChi, The Maryland State Medical Society, and The Maryland Department of Health. MedChi is accredited by the ACCME to provide continuing medical education for physicians.

CME Designation

- ❖ MedChi designates this live webinar educational activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Key Takeaways

- ❖ You remain on the front line against COVID-19 in Maryland
- ❖ This epidemic **most seriously affects the high-risk and elderly populations**, many of your patients
- ❖ You are uniquely positioned to identify these at-risk populations, provide important social distancing information to them, and serve their healthcare needs through telemedicine
- ❖ No one can do this better than you!

Agenda

- ❖ Today's key updates
- ❖ What's Important Now (WIN)
- ❖ General guidelines
- ❖ Announcements
- ❖ Resources
- ❖ Q & A

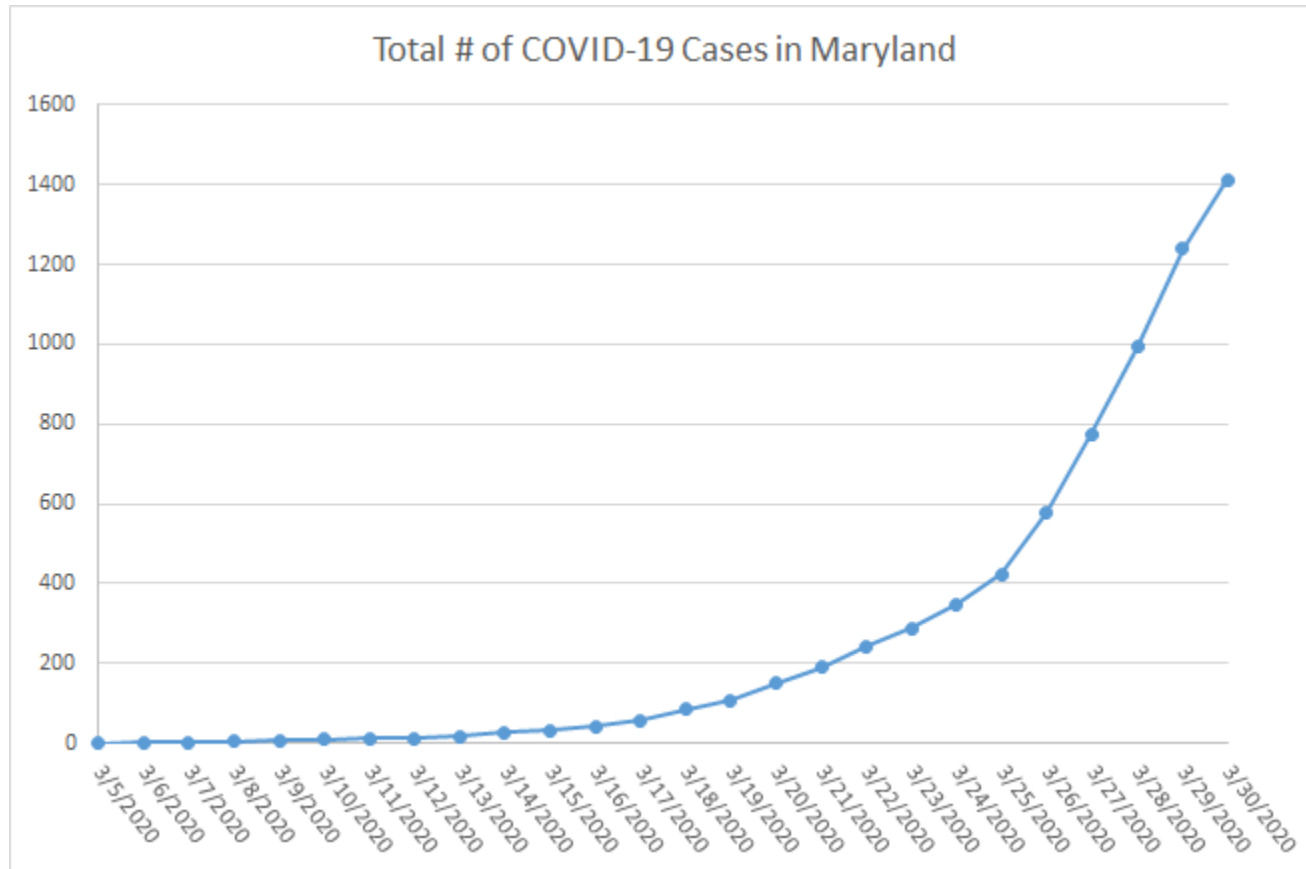
National Data - March 30th

- ❖ 140,904 cases nationwide; increased from 4226 since March 16th
- ❖ 2405 deaths
- ❖ [National numbers on COVID-19 infection and mortality](#)

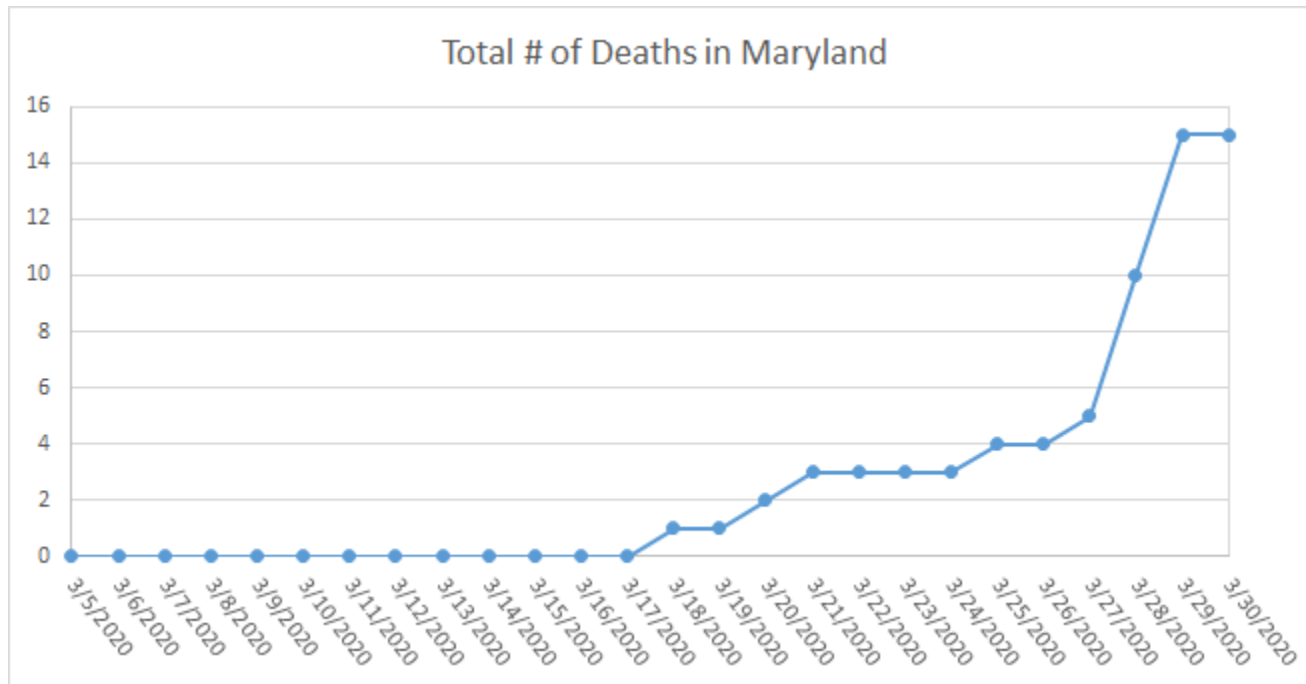
Today's Key Updates for Maryland

- ❖ COVID-19 continues to spread in Maryland, overwhelmingly through community transmission
- ❖ Statistics (as of early 3/30/20)
 - 7000+ tested; 2000-3000 processed in lab so far
 - **1413** confirmed cumulative cases of COVID-19 infection had been identified total across all regions of the State; 639 new cases since Friday the 17th and the biggest increase so far
 - 353 cumulative hospitalized
 - 15 deaths
 - More information at <https://coronavirus.maryland.gov/>

Total COVID-19 Cases in Maryland



Total COVID-19 Deaths in Maryland



Order on Elective Procedures and Appointments

- ❖ Shall perform only medical procedures that are critically necessary for the maintenance of health for a patient. **All elective and non-urgent medical procedures and appointments shall cease effective at 5 p.m., Tuesday, March 24, 2020 and shall not be performed for the duration of the catastrophic health emergency.**

MD Governor's Stay-at-Home Order Effective 8 PM March 30, 2020

- ❖ Maryland residents to leave homes only for essential jobs or essential reasons such as obtaining food or medicine, urgent medical care, or other necessary purposes
- ❖ Only essential businesses are allowed to remain open and those businesses must make every effort to scale down operations and limit interaction with customers; use telework as much as possible
- ❖ No Marylander should travel outside of the state unless travel is absolutely necessary

Stay-at-Home Order - continued

- ❖ Those who have traveled outside of the state should self-quarantine for 14 days
- ❖ Violators are subject to imprisonment, a fine <\$5000 or both
- ❖ Restaurants may continue selling food and drink on a carry-out basis, but curbside pickup from nonessential businesses is not permitted
- ❖ Campgrounds must close except for RV residents with no other viable place of residence

What's Important Now (WIN)

- ❖ Identify and contact high-risk patients
- ❖ Maximize non-face-to-face visits using telemedicine
- ❖ Maximize access to care
- ❖ Identify appropriate candidates for testing
- ❖ Clinical management of patients
- ❖ Stay current, stay safe

Identifying and Contacting High-Risk Patients

Identify:

- ❖ Use data from CRISP and EMR to identify
- ❖ Use data from Searchlight, CareFirst
- ❖ Use clinical intuition
- ❖ Use Pre-AH tool
 - Avoid unnecessary ED, Urgent Care and Hospital visits
 - ✓ Contagion
 - ✓ Overcrowding

Outreach:

- ❖ Call chronically ill, frail, elderly, DM, COPD, ESRD, immunocompromised, etc.
- ❖ Care Team intervenes as appropriate

Maximize use of non-face-to-face visits

- ❖ Patients must call ahead – determine need for visit; no ambulatory walk-in visits!
- ❖ Telemedicine
 - Free services
 - Expanded payer coverage - see [links](#) and postings
 - Includes telephonic consultations
 - Cannot completely exclude the need for office visits
 - Training and resources in these webinars

Messaging to High-Risk Patients

- ❖ Stay at home unless for urgent, necessary errands including food, medicine, and doctor visits
- ❖ Stay at least 6 feet away from everyone who do not live with you
- ❖ Ensure your caregiver is also maintaining distance from others and frequently handwashing
- ❖ Maintain at least a 2-week supply of food and medicine
- ❖ Walk alone or with a caregiver or housemate

Support for Patients at Home

- ❖ Meals on Wheels
- ❖ Visiting nurses and caregivers
- ❖ Support from family
- ❖ Phone calls and videochat to fight loneliness

Access to Care

- ❖ More important than ever that we stay in touch with our patients
- ❖ Office hours posted
- ❖ Home visits as needed
- ❖ Care teams maximally informed and engaged

MDoH COVID-19 Testing Guidelines

– March 26, 2020

❖ [Guidance from Md State Department of Health](#)

Monique Dewell, MD, MPH

Chief, Center for Infectious Disease Surveillance and
Outbreak Response

Testing Locations – what is known

- ❖ VEIP pilots
- ❖ MedStar Drive Thru and Urgent Care sites
- ❖ Frederick Health Tollhouse
 - 501 W. 7th Street, Frederick, MD 21701
- ❖ Doctors Community Hospital
- ❖ More information to come in future webinars

Clinical Response to Positive Test

- ❖ Clinical judgment and underlying conditions
- ❖ Referral to Emergency Department - if needed
- ❖ No need to contact Local Health Department
- ❖ Home Care and Monitoring
 - Close telemedicine follow-up depending on underlying condition
 - Second week of illness typical worsening
 - Ability to do home monitoring factors in

CDC Guidelines for Management

- ❖ Healthy people can be monitored, self-isolated at home
- ❖ People at higher risk should contact healthcare providers early, even if illness is mild
- ❖ Older adults and people with severe underlying chronic medical conditions are at higher risk, need closer contact
- ❖ Emergency Department and Hospitals only when needed - not for screening or low risk/minimal disease
- ❖ **Guidelines are important and powerful tools, but remember providers' clinical experience and judgment are key to care**

Personal Protective Equipment (PPE) Requests

- ❖ Routed through Local Emergency Managers and Local Health Departments
- ❖ Priority as previously stated - may change over time
- ❖ Remain in scarce supply
- ❖ Find PPE request forms and local contacts [here](#)

Announcements

- ❖ Today is National Doctors' Day
- ❖ Behavioral Health Webinar – April 1st, 5:00 P.M.
 - Guest speaker from the MDoH Behavioral Health Administration
 - Discussing healthcare provider and staff mental health amid COVID-19
- ❖ Opportunity to Volunteer- Maryland Responds Medical Reserve Corps (MRMRC)
 - <https://mdresponds.health.maryland.gov/>

Food Resources

❖ Nutrition: Inform patients that children can receive three free meals/day at sites listed on:

➤ [Maryland Summer Meals](#)

➤ [Montgomery County](#)

➤ [Prince Georges County](#)

➤ [Charles County](#)

➤ [Frederick County](#)

[Howard County](#)

[Anne Arundel County](#)

[St. Mary's County](#)

[Harford County](#)

[Calvert County](#)

❖ Free meals available from 42 rec centers in Baltimore

➤ Call 311 for locations and to schedule pickup time

State Emergency Funds for Small Business

- ❖ [Maryland Small Business COVID-19 Emergency Relief Loan Fund](#)
 - \$75 million loan fund (to be paid to for-profit business only)
 - Loans are up to \$50,000
 - No interest or principal payments due for the first 12 months
 - Thereafter converts to 36-month term loan of principal and interest payments, with interest rate of 2% per annum
- ❖ [Maryland Small Business COVID-19 Emergency Relief Grant Fund](#)
 - \$50 million grant program for businesses and non-profits
 - Grant amounts of up to \$10,000
 - Grant amounts not to exceed three months of demonstrated cash operating expenses for Q1 2020
- ❖ [Emergency Relief Fund FAQ](#)
- ❖ Questions or concerns
email fpaaworkflowcoordinator.commerce@maryland.gov.

State Emergency Funds for Small Business

- ❖ [COVID-19 Layoff Aversion Fund](#) (from Maryland Governor Larry Hogan and Maryland Dept. of Labor)
 - Designed to support businesses undergoing economic stresses due to the pandemic by minimizing the duration of unemployment resulting from layoffs
 - Award of up to \$50,000 per applicant
 - Will be quick deployable benefit and customizable to specific business needs
- ❖ [View the One-Pager](#)
- ❖ [COVID-19 Layoff Aversion Fund Policy](#)
- ❖ [COVID-19 Layoff Aversion Fund Application](#) (Excel)
- ❖ Submit your completed application to: LaborCOVID19.layoffaversion@maryland.gov.

Federal Emergency Funds for Small Business

- ❖ [Disaster Loan Assistance](#) (from Small Business Administration)
 - Low-interest financial disaster loans for working capital in small businesses suffering substantial economic injury due to COVID-19
 - [FAQs](#)
- ❖ [CARES Act](#) (pending federal legislation)
 - Sets up a \$350 billion loan program for small businesses
 - Small businesses can apply for low-interest loans that cover up to 2.5 months of expenses
 - Maximum loan amount is \$10 million
 - Loans can cover payroll, rent, utilities, or existing debt obligations
 - Interest rates cannot exceed 4%
 - If employer continues to pay workers through June, the amount of the loans that went toward eligible costs would be forgiven
 - Loans will be available through the [Small Business Administration](#) and Treasury-approved banks, credit unions, and some nonbank lenders

Staying Current - Sources

- ❖ [CDC](#)
- ❖ [MDH COVID-19 information page](#)
- ❖ [MDPCP COVID-19 webpage](#)
- ❖ Local Health Departments
- ❖ [CONNECT](#)
- ❖ Clinician Letters

Resources and References

- ❖ Maryland Department of Health Coronavirus Website (<https://coronavirus.maryland.gov>)
- ❖ CDC Coronavirus Website (<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>)
- ❖ CDC Interim Guidance for Homes and Communities (<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-prevent-spread.html>)
- ❖ CDC Interim Guidance for Businesses (<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-business-response.html>)
- ❖ CDC Interim Guidance for Childcare and Schools (<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/guidance-for-schools.html>)
- ❖ CDC Travel Website (<https://wwwnc.cdc.gov/travel/>)

Resources for Specific Groups

- ❖ Community- and Faith-Based Organizations
(<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-community-faith-organizations.html>)
- ❖ Mass Gatherings and Large Community Events
(<https://www.cdc.gov/coronavirus/2019-ncov/community/mass-gatherings-ready-for-covid-19.html>)
- ❖ Non-Pharmaceutical Interventions for Specific Groups
(<https://www.cdc.gov/nonpharmaceutical-interventions/index.html>)

CME Disclosures and Evaluation

- ❖ Presenters and Planners: Howard Haft, MD, has reported no relevant financial relationships to disclose.
- ❖ MedChi CME Reviewers: The reviewers from the MedChi Committee On Scientific Activities (COSA) for this activity have reported no relevant financial relationships to disclose.
- ❖ Please complete an evaluation at: [COVID-19 Update Evaluation](#)

Questions and Answers

Please type into the Questions box on the right side of your screen.