



Respiratory Disease Fall 2024 - 2025 Vaccine Guide for PCPs

Last Updated 11/25/24

For the fall and winter (2024-2025) seasons, the CDC is recommending the updated COVID-19 vaccine, the seasonal influenza vaccine, and Respiratory Syncytial Virus (RSV) for some individuals to prevent adverse outcomes from these common respiratory viruses. More details on these recommendations including eligible populations and related links can be found below.

Quick Links:

[CDC Recommendations on COVID-19 Vaccines](#)

[CDC Recommendations on Vaccines for Seasonal Influenza](#)

[CDC Recommendations on RSV Immunizations](#)

CDC Recommendations for RSV

What are the vaccine options?	Who should get this vaccine?	When should patients get this vaccine?
RSV vaccine (Arexvy, mResvia)	Adults 60-74 that are at an increased risk of severe RSV and all adults that are 75+	Providers should offer or recommend RSV vaccination for older adults that did not obtain an RSV vaccine during the 2023-2024 respiratory virus season. At this time, this is not an annual vaccine.
RSV vaccine (Abrysvo)	Some pregnant individuals are also eligible, more details here .	Providers can also recommend Abrysvo for pregnant individuals during weeks 32-36 of their pregnancy.



CDC Recommendations for Influenza



In the 2024-2025 season, all flu vaccines are trivalent, safeguarding against three flu virus strains (2 influenza A and 1 influenza B strains).

Individuals aged 65 and older are preferentially advised to receive Fluzone High-Dose, Flublok recombinant, and Fluad adjuvanted vaccines, as studies suggest higher effectiveness in this group. However, any suitable flu vaccine is recommended if the preferred options are unavailable.

Quick Link:

[CDC Recommendations on Vaccines for Seasonal Influenza](#)
[CDC Update on Flu Vaccines for People with Egg Allergies](#)

What are the vaccine options?	Who should get this vaccine?	When should patients get this vaccine?
Fluzone High-Dose Trivalent vaccine	Approved only for people 65 years and older	Patients should get this vaccine as early in the Flu season as possible
Flublok Trivalent recombinant flu vaccine	People 18 years and older	Patients should get this vaccine as early in the Flu season as possible
Fluad Quadrivalent adjuvanted flu vaccine	Licensed only for people 65 years and older, or solid organ transplant recipients age 18-64	Patients should get this vaccine as early in the Flu season as possible



CDC Recommendations for COVID-19



Vaccine Recommendations for non-Immunocompromised Populations

On 10/23/24, the CDC updated its COVID-19 vaccine recommendations and now recommends that individuals 65+ and immunocompromised individuals should obtain a 2nd dose of the updated 2024-2025 COVID-19 vaccine, 6 months apart. Details can be found below.

The updated vaccines more closely target the JN.1 lineage of the Omicron variant, aiming to enhance protection against severe COVID-19.

Quick Links:

- [CDC Recommendations on Updated COVID-19 Vaccines](#)
- [CDC Recommendations on COVID-19 Vaccines for People Who Are Immunocompromised](#)

If you received:	Who should get an updated vaccine?	When should patients get an updated vaccine?	When are patients up to date?
Pfizer-BioNTech or Moderna Vaccine	6 months and older	<p>At least 2 months after the previous dose of any COVID-19 vaccine.</p> <p>*Individuals that are 65+ are encouraged to obtain a 2nd updated dose (Pfizer, Moderna, or Novavax) 6 months after receiving the initial updated vaccine.</p>	<p><u>For patients ages 65+:</u> 2 updated COVID-19 vaccine doses.</p> <p>For patients of other ages please consult <u>CDC recommendations</u>.</p>
Novavax	12 years and older	<p>At least 2 months after the previous dose of any COVID-19 vaccine.</p> <p>*Individuals that are 65+ are encouraged to obtain a 2nd updated dose (Pfizer, Moderna, or Novavax) 6 months after receiving the initial updated vaccine.</p>	<p><u>For patients ages 65+:</u> 2 updated COVID-19 vaccine doses.</p> <p>For patients of other ages please consult <u>CDC recommendations</u>.</p>

Frequently Asked Questions

Is it possible to get the COVID-19, RSV, and Flu vaccines at the same time?

- Yes, the CDC does allow for co-administration of these vaccines, which may be a helpful tactic for patients that may not be able to return for other vaccines.

Can patients with a COVID-19 infection obtain the COVID-19 vaccine?

- Individuals should wait until they are feeling better and have completed the isolation period to avoid exposing others. There is no specific recommended period of time between infection and vaccine, but patients may consider delaying their next COVID-19 vaccine dose by 3 months.

Is it possible to mix and match COVID-19 vaccines?

- At this time, individuals can obtain the updated Pfizer, Moderna, or Novavax COVID-19 vaccine, regardless of what was previously obtained (Pfizer, Moderna, Novavax, or J&J).

Do I still need to report administered vaccines to ImmuNet?

- Yes, in Maryland all administered vaccines must be reported to ImmuNet.

How can I use ImmuTrack (aka the CRISP Vaccine Tracker) to assist with outreaching to my patients that need vaccines?

- ImmuTrack is a CRISP tools that can help you with identifying your patients who are not up-to-date. Review the [MDPCP Vaccine Tracker Guide](#) for step-by-step instructions.

Link to CDC [COVID-19 Vaccine FAQs](#)

New Guidelines for COVID-19 Vaccine Ordering

Non-Vaccines For Children (VFC) COVID-19 vaccine supplies are no longer available for ordering in ImmuNet, but can be ordered on the commercial market. For information on VFC COVID-19 vaccines and the VFC, please reach out to **mdh.izinfo@maryland.gov**.

CDC FAQ for the COVID-19 Vaccine

To access the link, click [here](#)