



Respiratory Disease Fall 2023 - 2024 Vaccine Guide for PCPs

Last Updated 3/14/2024

As of 10/6/23, the CDC has updated its recommendations for COVID-19 vaccines in the U.S. to include mRNA and Novavax options. On 2/28/24, the CDC released updated recommendations for individuals that are 65+. This guide covers updated vaccine recommendations for COVID-19, Influenza, and Respiratory Syncytial Virus (RSV) for the fall and winter (2023-2024) seasons.

Quick Links:

[CDC Recommendations on COVID-19 Vaccines \(3/7/2024\)](#)

[CDC Recommendations on COVID-19 Vaccines for People Who Are Moderately to Severely Immunocompromised \(3/8/2024\)](#)

[CDC Recommendations on Vaccines for Seasonal Influenza \(8/23/2023\)](#)

[CDC Recommendations on RSV Immunizations \(3/1/2024\)](#)

CDC Recommendations for RSV

What are the vaccine options?	Who should get this vaccine?	When should patients get this vaccine?
<p>RSVPreF3 (Arexvy, GSK)</p> <p>RSVpreF (Abrysvo, Pfizer)</p> <p>A single dose</p>	<p>Adults 60 years of age and older</p> <p>Some pregnant individuals are also eligible, more details here.</p>	<p>Providers should offer RSV vaccination as early as vaccine supply becomes available during the fall respiratory virus season.</p>



CDC Recommendations for Influenza



In the 2023-2024 season, all flu vaccines are quadrivalent, safeguarding against four flu virus strains (2 influenza A and 2 influenza B strains).

Individuals aged 65 and older are preferentially advised to receive Fluzone High-Dose Quadrivalent, Flublok Quadrivalent recombinant, and Fluad Quadrivalent adjuvanted vaccines, as studies suggest higher effectiveness in this group. However, any suitable flu vaccine is recommended if the preferred options are unavailable.

Quick Link:
[CDC Recommendations on Vaccines for Seasonal Influenza \(8/23/2023\)](https://www.cdc.gov/media/releases/2023/s0823-flu-vaccine-recommendations.html)

What are the vaccine options?	Who should get this vaccine?	Is this vaccine egg-free?	When should patients get this vaccine?
Fluzone High-Dose Quadrivalent vaccine	Approved only for people 65 years and older	This vaccine is not egg-free	Patients should get this vaccine as early in the Flu season as possible
Flublok Quadrivalent recombinant flu vaccine	People 18 years and older.	This vaccine is egg-free	Patients should get this vaccine as early in the Flu season as possible
Fluad Quadrivalent adjuvanted flu vaccine	Licensed only for people 65 years and older.	This vaccine is not egg-free	Patients should get this vaccine as early in the Flu season as possible



CDC Recommendations for COVID-19

Vaccine Recommendations for non-Immunocompromised Populations

On 2/28/24, the CDC updated its COVID-19 vaccine recommendations and now recommends that individuals 65+ obtain a 2nd dose of the updated 2023-2024 COVID-19 vaccine. Details can be found below.

The updated mRNA and Novavax vaccines specifically target the XBB lineage of the Omicron variant, aiming to enhance protection against severe COVID-19.

As of 5/11/23, CDC no longer recommends bivalent boosters and the J&J/Janssen vaccine is no longer recommended or available in the U.S.

Quick Links:

[CDC Recommendations on Updated COVID-19 Vaccines \(3/7/2024\)](#)

[CDC Recommendations on COVID-19 Vaccines for People Who Are Immunocompromised \(3/8/2024\)](#)

If you received:	Who should get an updated vaccine?	When should patients get an updated vaccine?	When are patients up to date?
Pfizer-BioNTech or Moderna Vaccine	6 months and older	<p>At least 2 months after receiving the last dose of any COVID-19 vaccine.</p> <p>*Individuals that are 65+ are encouraged to obtain a 2nd updated dose (Pfizer, Moderna, or Novavax) 4 months after receiving the initial updated vaccine.</p>	<p>6 mo - 4 yrs: Need multiple doses to be up-to-date, including at least 1 dose of the updated COVID-19 vaccine</p> <p>5+: 1 updated COVID-19 vaccine dose</p> <p>65+: 2 updated COVID-19 vaccine doses</p>
Novavax	12 years and older	<p>At least 2 months after completing the primary series.</p> <p>*Individuals that are 65+ are encouraged to obtain a 2nd updated dose (Pfizer, Moderna, or Novavax) 4 months after receiving the initial updated vaccine.</p>	<p>12+: When they receive an updated mRNA (Moderna, Pfizer-BioNTech) vaccine or an updated Novavax vaccine</p> <p>65+: 2 updated COVID-19 vaccine doses</p>

Frequently Asked Questions

Is it possible to get the COVID-19, RSV, and Flu vaccines at the same time?

- Yes, the CDC does allow for co-administration of these vaccines, which may be a helpful tactic for patients that may not be able to return for other vaccines.

Can patients with a COVID-19 infection obtain the COVID-19 vaccine?

- Individuals should wait until they are feeling better and have completed the isolation period to avoid exposing others. There is no specific recommended period of time between infection and vaccine, but patients may consider delaying their next COVID-19 vaccine dose by 3 months.

Is it possible to mix and match COVID-19 vaccines?

- At this time, individuals can obtain the updated Pfizer, Moderna, or Novavax COVID-19 vaccine, regardless of what was previously obtained (Pfizer, Moderna, Novavax, or J&J.”

Do I still need to report administered vaccines to ImmuNet?

- Yes, in Maryland all administered vaccines must be reported to ImmuNet.

If I only have bivalent COVID-19 vaccines, can I provide those to patients?

- No, administration of a bivalent COVID-19 vaccines is now considered a vaccine administration error and must be reported to VAERS.

How can I use ImmuTrack (aka the CRISP Vaccine Tracker) to assist with outreaching to my patients that need vaccines?

- ImmuTrack is a CRISP tools that can help you with identifying your patients who are not up-to-date. Review the [MDPCP Vaccine Tracker Guide](#) for step-by-step instructions.

New Guidelines for COVID-19 Vaccine Ordering

Non-Vaccines For Children (VFC) COVID-19 vaccine supplies are no longer available for ordering in ImmuNet, but can be ordered on the commercial market. For information on VFC COVID-19 vaccines and the VFC, please reach out to mdh.izinfo@maryland.gov.

CDC FAQ for the COVID-19 Vaccine

To access the link, click [here](#)