

Obesity Management Resources

Below are a sample of practice supports and patient resources. Use these to learn more about obesity management and assist you with having conversations with your patients. Additional guides, videos, and communication tools can be found on the [rethinkobesity.com webpage](http://rethinkobesity.com), as well as the [truthaboutweight.com webpage](http://truthaboutweight.com).

Practice Supports

- **Key resource:** Obesity Action Coalition (OAC): [webpage](#)
 - Includes information on OAC and a resource library
- **Key resource:** Novo Nordisk: Clinical Overview of American Association of Clinical Endocrinologists (AACE) and American College of Endocrinology (ACE) Guidelines ([brochure](#))
 - Includes AACE clinical guideline recommendations for the management of obesity
- **Key resource:** Novo Nordisk Obesity Educators
 - Team of Obesity Educators and Obesity Medical Experts to help providers and their office staff with unbranded obesity education and awareness.
 - For more info contact Shelly Oliver: SHEO@novonordisk.com
- George Washington University: STOP Obesity Alliance [webpage](#)
 - Includes research, guides, and other resources
- Novo Nordisk: Obesity is a Chronic Disease [webpage](#)
 - Includes study on obesity with data and a self-guided optional quiz
- Novo Nordisk: Billing and Coding [guide](#)
 - Includes ICD-10 codes and Z codes
- Novo Nordisk: GLP-1 and the Brain in Appetite Control [guide](#)
 - Includes information on the brain's role in appetite, how GLP-1 works on the brain, and links to continued education

Patient Resources

- Novo Nordisk: Make a Plan with your HCP [webpage](#)
 - Includes
- Novo Nordisk: Weight Management [Patient Preparation Form](#)
 - Includes questions around eating habits, stress management, lifestyle, and activity engagement
- Novo Nordisk: The “Tug-of-War” of Weight Management [guide](#)