

Primary Care Program

MDPCP Resources and Resource Directories

The State Program Management Office (PMO) has compiled several publicly available directories that can be used to help primary care providers identify external resources related to Behavioral Health, Social needs, and other services. These providers and services listed in these directories can be leveraged to help connect patients to the appropriate services. Please note that the State does not endorse any of these products.

Behavioral Health

- Substance Abuse and Mental Health Services Administration (SAMHSA)
 - o Online tool for locating Substance Abuse, Mental Health, Health Care Centers, and Bupenorephrine Physician locations
 - Website: https://findtreatment.samhsa.gov/locator
- 211 Maryland
 - 211 provides a variety of health & human services resources, including those related to mental health and substance misuse
 - o Phone: Dial 2-1-1 to be connected to resources
 - o Website: https://211md.org/
- Maryland Addiction Consultation Service (MACS)
 - MACS provides phone consultations, education, training, and support to primary care and specialty prescribers in addressing the needs of their patients with substance use disorders and chronic pain management.
 - o Phone: 1-855-337-MACS (6227)
 - Website: www.marylandMACS.org
- Maryland Behavioral Health Integration in Pediatric Primary Care (BHIPP)
 - BHIPP supports the efforts of primary care clinicians to assess and manage the mental health needs of their patients from infancy through the transition to young-adulthood through telephone consultations, screening tools, and conferences and events.
 - Phone: 855-MD-BHIPP (855-632-4477)
 - o Website: http://www.mdbhipp.org/

• Maryland Hospital Association: Maryland Behavioral Health Resources & Services Directory

- The Maryland Hospital Association has compiled a statewide Behavioral Health Resources & Services Directory to highlight some of the available resources in Maryland
- Website: https://www.mhaonline.org/transforming-health-care/healthy-hospitals-healthy-communities/behavioral-health/maryland-behavioral-health-resources-services-directory

• Maryland Crisis Hotline: Before It's Too Late

- o Phone: 2-1-1, Press 1
- Website: http://beforeitstoolate.maryland.gov/

• Beacon: Administrative Service Organization

- Beacon offers access to a broad network of behavioral health providers and facilities, encompassing all levels of specialty mental health and addiction services
- o Phone: 1-800-888-1965
- o http://maryland.beaconhealthoptions.com/

• Maryland Psychiatric Society

- o Online "Find a Psychiatrist" tool: https://searchpsych.org/AdvanceSearch.aspx
- o Telephone referral service: 410-625-0232
- o For questions, please email: mps@mdpsych.org

• Maryland's Commitment to Veterans (MCV)

- MCV provides a confidential forum for veterans and family members to discuss behavioral health challenges they are facing
- o Phone: 1-877-770-4801
- o https://veterans.health.maryland.gov/Pages/home.aspx

• Maryland Center of Excellence on Problem Gambling

- o BHA provides comprehensive assessments and treatment for individuals with problem gambling
- o Find a counselor: https://www.helpmygamblingproblem.org/
- o Phone: 1-800-GAMBLER (1-800-426-2537)
- Website: http://www.mdproblemgambling.com/

• Maryland Behavioral Health Provider/Practice List

- List of behavioral health practices and providers throughout the state. Please note that the State does not endorse any
 of these providers or practices
- o https://health.maryland.gov/mdpcp/Documents/Behavioral%20Health%20Practices%20List 4.30.pdf

Social Needs

• 211 Maryland

- 211 provides a variety of health & human services resources, including those related to healthcare, food, housing & homelessness, utility assistance, and seniors & people with disabilities
- Phone: Dial 2-1-1 to be connected to resources
- o Website: https://211md.org/

• Aunt Bertha

- Aunt Bertha is an online tool that lets patients and providers search for free or reduced cost services like medical care, food, job training, and more
- Website: https://www.auntbertha.com/

• Maryland Access Point

- Searchable directory for home health, personal care, transportation, housing, home repairs, adult day care providers and other services
- o Phone: 1-844-MAP-LINK (1-844-627-5465)
- o Website: https://md.getcare.com

Local County Resources

- Maryland Association of County Health Officers
 - Website: https://www.mdcounties.org/120/Health
- Area Agencies on Aging
 - Website: https://aging.maryland.gov/accesspoint/Pages/Area-Agencies-on-Aging.aspx
- Maryland Coalition of Families
 - Website: http://www.mdcoalition.org/get-help-now/crisis-hotline.html

Other

Patient Awareness

- Before It's Too Late: Opioid Awareness
 - Website: http://beforeitstoolate.maryland.gov/talktoyourdoctor/

Guide for Evaluating Resource Directories

https://medium.com/patchwiselabs/sdoh-buyers-guide-checklist-what-s-in-a-resource-directory-4a18ad42a5ao

County Resource Guides

| County | Resource Guide | Format | Types of resources |
|------------------------|--|---|---|
| Allegany County | https://www.cumberlandmd.gov/DocumentCenter/View/1807/Community-Resource-Guide-2017-1pdf | Print/Electronic PDF | BH, Social, Medical, Legal, mental health |
| Anne Arundel County | https://www.aacps.org/cms/lib/MD02215556/Centricity/Domain/183/crg.pdf | Print/ Electronic PDF | Critical Needs, Family Needs, Ongoing Needs, General Supports, and Health |
| Baltimore County | https://www.baltimorecountymd.gov/Agencies/aging/publications/resources. html | Webpage and Print/Electronic PDF | Government, Social, BH, Medical, Legal, |
| Baltimore City | http://somvweb.som.umaryland.edu/Fileshare/SchoolMentalHealth/Resource s/ResGuide/Directory%20of%20Baltimore%20City%20Community%20Resou rces%201.28.14.pdf | Print/Electronic PDF | Social, BH, Medical, Legal, Advocacy, mental health |
| Calvert County | 1) http://www.co.cal.md.us/index.aspx?nid=94 2) https://www.calverthealth.org/ pdf/reslist.pdf 3) http://calvert.md.networkofcare.org/mh/ | 1) Interactive Webpage 2)Print/Electronic PDF 3) Interactive Webpage/ Search engine | 1) Social and BH 2) Medical and BH, mental health 3) Social, BH, Medical, mental health |
| Caroline County | https://www.myfamilyneeds.info/ | Interactive Webpage/ Online search engine | Social, BH, Legal, Government, mental health |

| Carroll County | 1) http://www.healthycarroll.org/wp-content/uploads/2017/07/BHRS-Directory_2017-2018_web.pdf 2) https://community.carr.org/services/documents/fulldir.pdf https://community.carr.org/default.asp | 1) Print/Electronic PDF 2) Webpage/ online search engine | 1) BH, social, mental health Designed to address resources for mental health and substance abuse 2) BH, social, legal, other community services, etc. |
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| Cecil County | http://www.ccgov.org/government/community-services/community-services-resource-directory | Webpage | Social, BH, Medical, Legal, mental health, etc. |
| Charles County | https://www.marylandcommunityconnection.org/liss-county-resources/charles-county-resources/ | Online resource list (printable) | Social and Medical |
| Dorchester County | http://indorchester.org/ | Webpage/Online search engine | Social, BH, Legal, mental health, and other community- based resources |
| Frederick County | https://fcmha.org/get-involved/mental-health-professionals https://frederickcountymd.gov/6381/Resources-and-Links | 1) Webpage/Online search engine and Print/Electronic PDF 2) Webpage | 1) BH, mental health 2) Social |
| Garrett County | https://mygarrettcounty.com/garrett-county-resource-guide/ | Webpage/Online search engine | BH, social, medical, government |

| Harford County | http://www.harfordcountymd.gov/DocumentCenter/View/12038/Resource- Guideonline-version | Print/Online PDF | BH, social, legal, mental health |
|------------------------------|---|---|---|
| Howard County | https://www.howardcountymd.gov/Departments/Community-Resources-and-Services/Office-of-Community-Partnerships/MultiService-Center | Webpage In-person services offered at an office in Howard County | "Community Resources" - mostly social |
| Kent County | 1) http://www.kentcountylibrary.org/pdf/KentPocketResourceGuide FY15.pdf 2) https://www.kentcounty.com/residents | 1) Print/Electronic PDF 2) Webpage | 1) Social, BH, Medical, mental health 2) Social |
| Montgomery County | https://www.infomontgomery.org/ | Webpage/Online search engine | Social, BH, Medical, Legal, mental health |
| Prince George's County | 1) https://www.marylandcommunityconnection.org/liss-county-resources/prince-georges-county-resources/ 2) https://www.greenbeltmd.gov/home/showdocument?id=14903 | 1) Online list 2) Print/Electronic PDF | 1) Social 2) Social, BH, Medical, Legal, mental health |
| Queen Anne's County | http://chesapeakehelps.org/ | Webpage | Social and BH |
| St. Mary's County | 1) http://calvert.md.networkofcare.org/mh/ 2) https://www.marylandcommunityconnection.org/liss-county-resources/st-marys-county-resources/ | 1) Interactive Webpage/ Search engine 2) Online list | 1) Social, BH, Medical, mental health 2) Social |
| Somerset County | https://www.somersetcommunityservices.org/ | Website | Social support, mental health, behavioral |

| Talbot County | https://healthytalbot.org/ | Webpage/ Online search engine | Social, BH |
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| Washington County | https://washcohealth.org/wp-content/uploads/2018/06/Community-Resource-Directory.pdf | Print/online PDF help | BH, social, medical, legal, |
| Wicomico County | https://www.wicomicocounty.org/628/Resources | Website | Social support |
| Worcester County | https://www.worcesterhealth.org/resources | Webpage | Mental health, BH, social |