CALVERT COUNTY FOOD ASSISTANCE RESOURCES

Updated June 2025

Below is a list of local food assistance resources including:

- Food Drops and Pantries (pg. 1)
- Soup Kitchens (pg. 6)
- Supplemental Programs (pg. 7)



FOOD DROPS & PANTRIES

Bayside Baptist Community Food Pantry

Phone: 410-257-0712
Email: info@baysidebaptist.com
Website: www.baysidebaptist.com/community-food-pantry
Location: 3009 Chesapeake Beach Road, Chesapeake Beach, MD 20732
Hours: Saturdays from 9:30 AM – 11:00 AM

Calvert Churches Community Food Pantry

Phone: 410-414-7474
Email: cccfp_4us@comcast.net
Website: www.cccfp.org
Location: 100 Jibsail Drive Suite 101, Prince Frederick, MD 20678
Hours: Monday through Wednesday 9:00 AM – 12:00 PM
Closed all State & Federal holidays, and follows Calvert County public school schedule for weather-related closings. If unsure, call to confirm.
Eligibiity: The Calvert Churches Community Food Pantry (CCCFP) is open to Calvert County residents located north of Broomes Island Road.

Chesapeake Cares Food Pantry

Phone: 410-257-3444
Email: foodpantry@chesapeakechurch.org
Website: chesapeakechurch.org/food-pantry
Point of Contact: Debbie Webber <dweber@chesapeakechurch.org>
Location: 6021 Solomons Island Road, Huntingtown, MD 20639
Hours: Tuesdays from 5:30 PM – 7:30 PM
Thursdays from 9:30 AM – 12:00 PM
Contact the Chesapeake Church for more information.

First Lutheran Church

Phone: 410-257-3030

Email: flc@firstlutheranchurch.org

Website: www.firstlutheranchurch.org/home

Point of Contact: Stephanie Sainsbury

Location: 6300 Southern Maryland Blvd., Huntingtown, MD 20639

Hours: Monday through Thursday from 9:00 AM – 2:00 PM

Notes: Offers food bags during regular hours on a first-come, first-serve basis. Gift cards are available once a month—please ask if any are currently being distributed. Each patron may receive one gift card per month.

Ladies of Charity Food Pantry (St. Anthony's Catholic Church)

Phone: 410-286-7086

Email: loccalvert@gmail.com

Website: https://ladiesofcharitycalvertcounty.org/pantry-2/

Point of Contact: Barbara Glover, Pantry Manager

Location: 8823 Dayton Ave., North Beach, MD 20714

Hours: Tuesday from 4:30 PM – 6:30 PM
Saturday from 10:00 AM – 12:00 PM

Additionally, an on-site "mini market" is available for clients living in the North Beach senior apartments once a month.

Notes: Please bring ID.
Thanksgiving, Christmas and Easter meal groceries are also offered.

Mount Olive United Methodist Church

Phone: 410-535-5756

Email: officeadmin@mtoliveumchurch.com

Website: mtoliveumchurch.com

Location: 10 Fairground Road, Prince Frederick, MD 20678

Hours: The second and fourth Wednesdays of each month from 1:30 PM – 3:30 PM.

Contact Mount Olive United Methodist Church for more information.

New Life Calvert Food Pantry

Phone: 240-259-7145

Email: calvert@mynlc.org

Website: https://www.mynlc.org/

Location: 3170 German Chapel Rd,Prince Frederick, MD 20678

Hours: Mondays from 4:00 PM – 6:00 PM

Note: Phone calls may not go though during pantry hours, but there are volunteers and signs on site.

New Life La Plata Food Pantry

Phone: 301-609-8423

Email: info@newlife.live

Website: www.newlife.live

Location: 9690 Shepherds Creek Place, La Plata, MD 20646

Hours: Mondays from 4:00 PM – 6:00 PM

Notes: First come, first serve.

Pantry on the Go

Phone: 410-495-7500

Email: cbtc1@comcast.net

Website: www.churchbythechesapeake.org

Location: 3255 Broomes Island Road, Port Republic, MD 20676

Hours: Third Friday of each month starting at 1:00 PM

Notes: Food pantry located at Church by the Chesapeake.

SMILE Ecumenical Ministry Food Pantry

Phone: 410-326-0009

Email: smileministries@gmail.com

Website: smileinc.org/food-pantry

Location: 10290 H G Trueman Road, Lusby, MD 20657

Hours: Monday from 9:00 AM – 10:00 AM
Wednesday from 10:00 AM – 2:00 PM
Thursday from 10:00 AM – 12:00 PM
Friday from 10:00 AM – 12:00 PM
Saturday from 9:00 AM – 12:00 PM

Eligibility Requirements:

- To obtain food, you must be a registered SMILE client and present a SMILE ID card.
- To obtain a SMILE card, you must register at the SMILE Thrift Store during its normal hours of operation:
  - Wednesdays, Thursdays, and Fridays: 10:00 AM – 2:00 PM
  - Saturdays: 9:00 AM – 12:00 PM
- You may register for yourself and/or for a family member. When you arrive at the Thrift Store, please tell the receptionist at the front desk that you want to register for services.
- If you live within SMILE zip codes (Broomes Island Road and south in Calvert County), Bring proof of residency to get a card for all benefits. If you live outside SMILE zip codes, you'll get a card for food only; bring another ID for check-in.
- Contact SMILE for more information.

Solomons Mission Center Food Pantry

Phone: 410-326-3278

Email: solomonsmissioncenter@gmail.com

Website: https://www.solomonsmissioncenter.org/

Point of Contact: Kelly Ward, Executive Director

Location: 14454 Solomons Island Rd S, Solomons, MD 20688

Hours: Walk-in hours are Tuesday, Wednesday, and Thursday from 10:00 AM - 1:00 PM, or by appointment.

Southern Maryland Tri-County Community Action Committee - Food Service Program

Phone: 301-274-4474

Email: info@smtccac.org

Website: www.smtccac.org/emergency-food-assistance-program

Description: The Emergency Food Assistance Program (TEFAP) is a U.S. Department of Agriculture food supplemental program administered through the Maryland Food Bank (MFB), under contract with the Maryland Department of Human Resources (DHR), and implemented by the agency for Charles, Calvert and St. Mary's counties. Contact the Southern Maryland Tri-County Community Action Committee for more information.

St. John Vianney Inter-Faith Food Pantry

Phone: 410-535-0223 (This is the parish office – Anne will get your message to the right point of contact.)

Email: Office@SJVChurch.net (This is the main inbox – Anne will get it to Rocky & Larry.)

Website: www.sjvchurch.net

Points of Contact: Larry & Rocky <foodpantry@sjvchurch.net>

Location: 105 Vianney Lane, Prince Frederick, MD 20678

Hours: Every Wednesday from 3:00 PM - 6:00 PM
The second Saturday of the month from 10:00 AM - 12:00 PM

Notes: Dates/times are applicable for May through October 2025.

The Calvert County Public Transportation Bus is scheduled to stop at the food pantry during open hours.

SOUP KITCHENS

More Tasty Blessings Community Kitchen

Phone: 410-326-3278

Email: solomonsmissioncenter@gmail.com

Website: www.solomonsmissioncenter.org

Point of Contact: Kelly Ward, Executive Director

Description: There are monthly community suppers at More Tasty Blessings, on the third Thursday of every month at 6:00 PM ET.

Location: 14454 Solomons Island Road S, Solomons, MD 20688

Eligibility Criteria: Suppers are free and first come, first serve.

Notes: Carryout dinners are allowed after 6:45 PM after all sit-down guests have been served.

SUPPLEMENTAL PROGRAMS

Calvert County Government - Economic Development

Phone: 410-535-4583

Email: info@choosecalvert.com

Website: www.calvertag.com

Description: CalvertAg, part of Calvert County's Department of Economic Development, works with nonprofit organizations to provide nutrition assistance programs (SNAP, Senior FMNP, WIC, MMM) to customers buying food at some Calvert County farmers markets and farms.

Contact the Calvert County Government's Department of Economic Development for more information.

Calvert Meals on Wheels - Calvert County Office on Aging

Phone: 410-535-8678

Website: ww.calvertcountymd.gov/389/Meals-on-Wheels.org/

Point of Contact: Ask for Sheila Gallagher

Description: A volunteer, non-profit organization that provides one home-delivered meal, up to five days a week (Mon - Fri). Calvert Meals on Wheels (CMOW) drivers deliver about 80 meals each weekday. Any homebound citizen over the age of 60 is eligible regardless of income status.

Eligibility Criteria: The beneficiary must be unable to drive and unable to prepare a meal, even if they have groceries. The beneficiary must be home to receive food delivery (will not be left outside).

Notes: There is a waiting list for this service, which is longer in some regions of the county than others.

CalvertHealth Farmers Market

Phone: 410-535-1600 (Rose answers the phone for the department and calls get routed through her)

Website: https://www.healthycalvert.org/tiles/index/display?id=230888121984471297

Point of Contact: Caroline Trossbach
E: caroline.trossbach@calvertcountymd.gov
P: 410-535-2600, ext. 2488

Description: A statewide program, Maryland Market Money, that provides a dollar-for-dollar Match, that matches up to $20 each day (the match amount fluctuates based on budget). The market has fresh produce from local farms, USA processed and inspected meats, flowers, baked goods and more!

The beneficiary finds the Information Tent at the market and shows their benefits (SNAP, WIC, SunBucks, FMPN, EBT/P-EBT) and shares how much they want off their program card-- the beneficiary can get that amount matched up to $20 per market day. Program dollars are represented by green tokens and match dollars are represented by blue tokens. The customer gives the tokens to applicable vendors. Note that different programs have different restrictions on what items a beneficiary can spend dollars (e.g. no alcohol, no pet treats, no prepared foods, some programs are fruits/vegs only, etc.). Eligible products for each program and match can be found here.

Location (Day): CalvertHealth Farmers Market (Tuesday afternoons)
North Beach Market (Saturday mornings)
Visit this web page for active farmer's market days

Eligibility Criteria: Free, for anyone who has the program

Notes:

- Point patients to this Harvest Guide which shows when certain fruits and vegetables are at their freshest at the Farmer's Market.
- Reach out to Kara LeClair, the SNAP-Ed Coordinator for Calvert County <kleclai1@umd.edu> for additional resources, such as recipes in English and Spanish.
- Reach out to Erin Farley, Community Wellness Manager for CalvertHealth <erin.farley@calverthealthmed.org> to connect with other health resources.
- For locations throughout Maryland for Maryland Market Money, please visit this web page.