Maryland Primary Care Program: Behavioral Health Integration

Recruiting Resources

Program Management Office

What do we mean by Behavioral Health?

- *Mental health* and *substance use disorders*
- Focus on most common and most harmful diagnoses in the primary care setting:
  - Mental health – in particular <u>depression</u> and <u>anxiety</u>
  - Substance use disorders – in particular <u>alcohol</u> and <u>opioids</u>

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Why Behavioral Health Integration?

- Often overlooked
- Frequently worsens co-morbid conditions
- Few existing programs in primary care
- Opioid Crisis- 4th leading cause of death in Maryland
- Frequent cause of avoidable ED and Hospital admission
- Emergency room visits in Maryland fell 8 percent from 2013 to 2016, but the number of patients with behavioral health problems jumped 18.5 percent. Such cases now make up roughly **a quarter of all** emergency visits in Maryland.
- Key feature in MDPCP and required to move to track 2

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Overview of Series

1. Overview
2. Build your team
3. Choose what's best for your practice
4. Establishing workflows for treatment and referral
5. **Recruiting Resources**
6. Registry and Data
7. Collaborative Care Model
8. SBIRT and MAT
9. Coding and Billing

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BHI Levels of Care

Screening (universal)

- Registry creation/maintenance
- Risk stratification

Treatment

- Counseling – Behavioralist
- Medication – Clinician
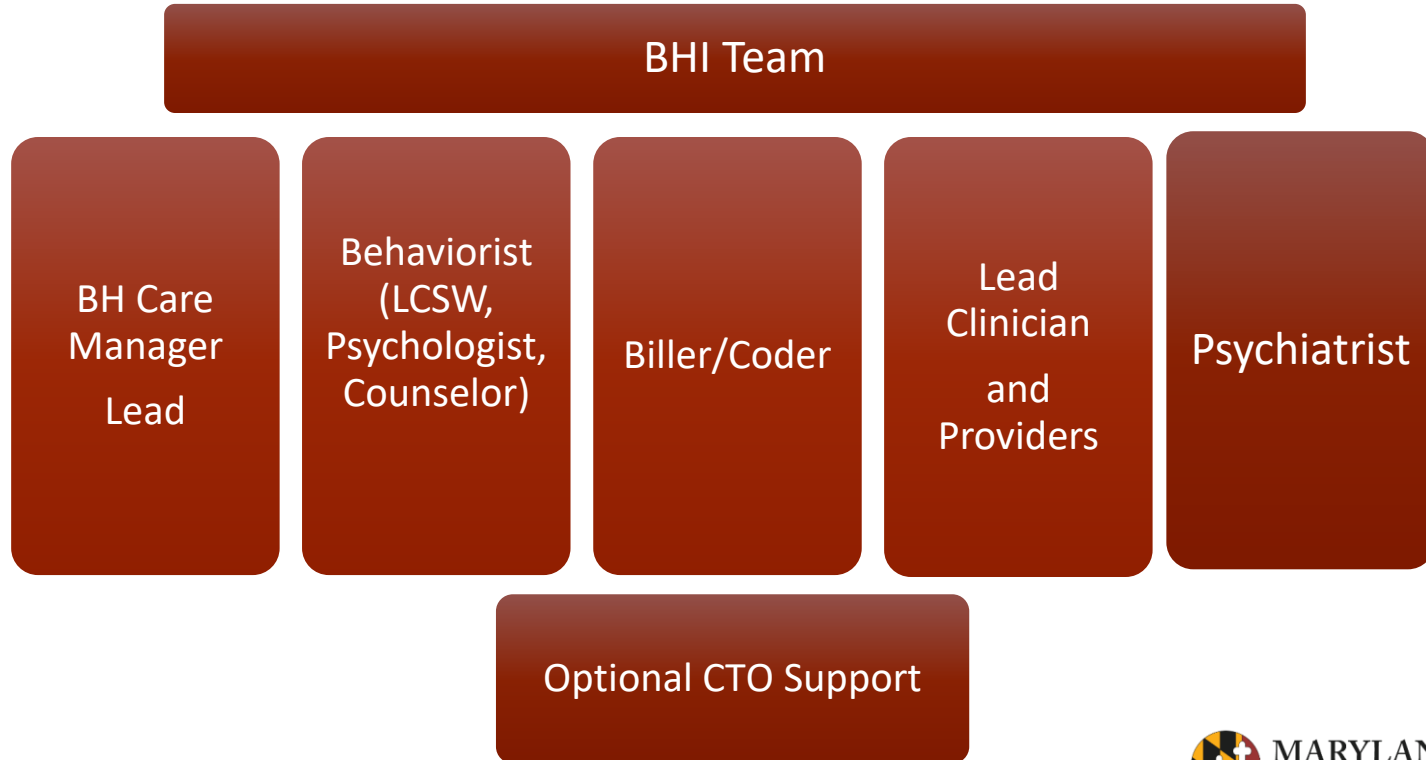- Coordination – Care Manager

Referral (as needed)

- Psychiatry
- Addiction Specialist

- Coding and billing
- Communication across providers
- Quality assurance

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BHI Overview

Identification Of Focus Area		Prioritization In workflow	
Screening Process and tool	Registry creation and maintenance	Communication Across providers	Behavioral Health Clinical Care Team
Risk stratification Based on scores			
Priorities for CQI initiatives			

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Build the Team

BHI Team

BH Care Manager Lead	Behaviorist (LCSW, Psychologist, Counselor)	Biller/Coder	Lead Clinician and Providers	Psychiatrist

Optional CTO Support

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Resource Requirements - Overview

- Onsite Team
  - BH Care Manager
  - Tech Support
  - BH Specialists

- Offsite Team
  - BH Specialists
  - Psychiatrists

- Implementation
  - Technical Assistants

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Onsite – Behavioral Health Care Manager

- Recruit and train from current staff

- Hire new staff

- Use CTO staffing model

- Use of CMFs allowed

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Technical Support

- EMR vendors
- CRISP outreach
  - 1-877-952-7477; support@crisphealth.org
- State Coaches
  - mdh.pcmodel@Maryland.gov
- CTO technical support
- Connect
  - CMMI Help Desk: 1-888-734-6433; MarylandModel@cms.hhs.gov
- Mosaic
  - Contact: 410-852-4263; moros@groupmosaic.com

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Behavioral Health Specialists

- Includes LCSWs, Psychologists, Addiction Counselors, Addiction Medicine Specialists
- Resource guide with all BH licensed providers
- Resource guide with vendors providing services
- County Mental Health authorities
- Listing of Addiction Medicine Specialists
- MACs Line
    - 1-855-337-MACS (6227)
- SAMHSA Treatment Locator
- Connect
- CTOs

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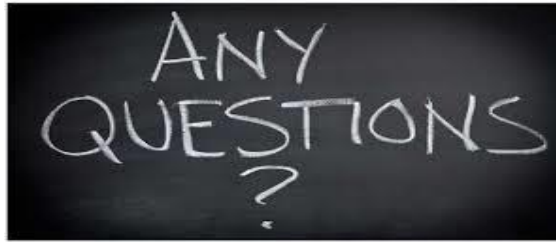# Collaborative Care Model - CoCM

- [Resource guide list of all Psychiatrists](#)

- [Resource guide vendors providing Collaborative Care](#)

- CTOs

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Implementation Support

- [Mosaic](#) - state contractor for SBIRT implementation

- [ATTC](#) - regional support for SBIRT and MAT training

- State Coaches

- [Connect](#)

    - CMMI Help Desk: 1-888-734-6433; MarylandModel@cms.hhs.gov

- CTOs

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Thank you!

Updates and More Information:

https://health.maryland.gov/MDPCP

Questions: email mdh.pcmodel@Maryland.gov

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