



STATE OF MARYLAND

Community Health Resources Commission

45 Calvert Street, Room 336 • Annapolis, Maryland 21401

Larry Hogan, Governor – Boyd Rutherford, Lt. Governor

Elizabeth Chung, Chair – Mark Luckner, Executive Director

March 28, 2019 (Revised)

FY 2019 CHRC Call for Proposals, Grant awards issued by Maryland Community Health Resources

Promoting delivery of essential health services: primary/preventative care, dental, and women's health services:

Harford County Health Department (Harford County; total award \$275,000). This project, Meaningful Environment to Gather and Nurture (MEGAN) Place, provides a supportive, non-judgmental, and restorative place to improve perinatal health outcomes and build family resiliency skills. The project serves at-risk pregnant and postpartum women and their families, with a specific emphasis on women with substance use disorders. The project employs evidence-based practices from existing programs, including Harford's current Healthy Families program and Helping Families Recover program.

Family Healthcare of Hagerstown, formerly Walnut Street Health Center (Washington County; total award \$225,000). This project provides health care and care management services for complex patients who are chronically ill and/or discharged from the hospital. The project employs two LPNs to provide telephone and face-to-face support for individuals before their first provider visit to address barriers of care to the applicant upon referral, to perform lengthy medication reconciliations, and to obtain medical histories. The project aims to decrease patient no-show rates, thereby generating additional patient fee-for-service revenue.

Lower Shore Clinic (Mid-Shore; total award \$150,000). This project expands the Lower Shore Clinic's existing Assertive Community Team (ACT) into Caroline, Dorchester, and Talbot Counties. Clients served by ACT teams are individuals with serious and persistent mental illness and often have complex comorbid medical health conditions and are utilizers of high-cost services. The ACT team, once fully staffed, consists of a Psychiatric Nurse Practitioner, a Registered Nurse, a Substance Use Counselor, and a Vocational Counselor. The ACT team will provide behavioral health services for individuals with substance use treatment needs, assist clients in developing preventative health care skills and relationships with primary care providers, and address social determinants of health.

Baltimore City Fire Department (Baltimore City; total award \$600,000). This project expands the City's existing EMS/Mobile Integrated Health program by adding a new data analytics platform and Artificial Intelligence to identify and address low acuity calls so that the City EMS can be freed up to respond to more serious calls. The data analytics will also inform home visits performed by the community paramedicine team. The project also involves an interactive, two-way patient communication system to monitor patients for self-reported unmet needs and other risks for readmission and/or calls to 911, thereby activating patients most at-risk for extended home visiting services.

Health Partners (Charles; total award \$260,000). This project implements a new care management program at Health Partners to increase patient participation in disease management, increase

preventative screenings, and reduce avoidable hospital ED visits. The applicant has provided services to underserved residents in Charles County for more than 25 years, and this project expands access to new services for its vulnerable, isolated residents. The applicant is supported by several local partners including Charles County Commissioners and the University of Maryland Charles Regional Medical Center, which will provide the project with patient referrals.

MedStar St. Mary's Hospital (St. Mary's; total award \$150,000). This project supports the opening of a new dental practice, East Run Dental Services, in Lexington Park, which will prioritize serving Medicare and uninsured/underinsured individuals living in the southern corridor of St. Mary's County. The dental clinic is located in the existing East Run Medical Center, which currently provides primary and behavioral health services. CHRC funds support the hiring of a new dentist and the costs of dental supplies, while the hospital is committed to contributing costs to fund the salaries of a dental hygienist, a dental assistant, and front desk staff.

Mosaic Community Services (Multiple; total award \$325,000). This project expands access to dental services for the organization's highly vulnerable patients with mental illness and/or substance use disorders, many of whom have chronic diseases including diabetes and hypertension, have poor diets, and have delayed seeking dental care. The project will provide dental services from private providers who would serve Mosaic clients in the Psychiatric Rehabilitation Program and Health Home Program at six sites in Baltimore City, Baltimore, Harford, and Carroll Counties.

Chinese Culture and Community Service Center (Montgomery County; total award \$150,000). This project supports a new pain management initiative that is designed to reduce reliance on opioids for chronic pain. Services include acupuncture and psychosocial support group sessions based on the Stanford Model of Chronic Disease Self-Management Programs. The project also works individually with patients to assess their medical and mental condition and develop a care plan to address depression, anxiety, and other psychosocial issues while simultaneously working toward the tapering of medication.

Chase Brexton (Baltimore City; total award \$300,000). This project supports a Chase Brexton and Johns Hopkins Hospital community-hospital partnership to refer individuals seeking oral health care services at the hospital ED to dental care provided at Chase Brexton. The goals of the project are to provide a permanent dental home for patients at Chase and reduce avoidable dental-related ED visits. Under the project, Chase and Hopkins will develop a formalized referral process with the Hopkins ED for patients with urgent oral health needs. The project involves providing patient transportation; financial assistance for medications; enrollment for health insurance options; health education; care coordination and outreach for missed appointments; and referrals for medical and psychosocial support services.

Western Maryland AHEC (Allegany; total award \$100,000). This project expands an existing successful dental program for low-income adults in western Maryland using a community health worker model in Allegany, Garrett, and Washington Counties. The project targets individuals who are in recovery from opioids and other addictions and have delayed accessing dental services. A Community Health Worker works with project participants to overcome the social determinants of health that stand in the way of accessing care. Participants are also screened for somatic health and social support needs.

Family Services (Montgomery; total award \$300,000). This project supports an existing multigenerational initiative utilizing a multisectoral approach to address health and social inequities focused on the families in and around the James Daley Elementary School. The Thriving Germantown Initiative utilizes a collective impact model and multiple intervention strategies to provide services to a highly diverse, low-income community in Germantown. The Initiative was previously supported with a \$250,000 two-year grant from the CHRC which ended June 30, 2019 and leveraged \$1.2 million in

additional private investment. Two and one-half years into program implementation, the program has served 325 children and their families to-date. The Initiative is planned to be four-year pilot program and is in the middle of year three.

Addressing the heroin and opioid epidemic through behavioral health integration

Baltimore County Public Schools (Baltimore County; total award \$275,000). This project expands access to screening and substance use treatment services in schools throughout Baltimore County School System (BCPS). The project is developing and implementing a systematic prevention, early detection, and referral program to prevent substance use. CHRC grant funds are used to support a contract with the Center for School Mental Health at University of Maryland School of Medicine and subgrants to substance use treatment agencies selected via RFP to provide Certified Addiction Counselors at participating schools for at least one day per week. The program is designed to be implemented in all high schools. Other school support services staff (e.g., school counselors and social workers) are being trained on the use of the CRAFFT 2 screening tool and the Brief Negotiated Interview. The project also establishes community partnerships between each high school and alternative programs in BCPS.

Helping Up Mission (Baltimore City; total award \$385,000). This project provides an array of residential, support, vocational, and health care services for vulnerable women who are low-income, experiencing homelessness, and have substance use disorder. This project involves two new programs: (1) a 14-bed Joint Commission accredited transitional recovery housing program operated in partnership with Johns Hopkins Hospital Broadway Center for Addictions; and (2) a 16-bed long-term Spiritual Recovery Program that focuses on integrated modalities of care, focusing on hope, health, housing, and a sense of purpose and community. Both programs are modeled after a similar successful program in serving adult males.

Shepherd's Clinic (Baltimore City; total award \$260,000). This project expands clinical service offerings in Shepherd's Clinic existing behavioral health program by integrating a primary care opioid treatment program, expanding services to include Medication-Assisted Therapy (MAT) for opioid use disorders, and offering routine and special diagnostic procedures and toxicology tests, psychiatric/psychological assessments and treatment. The current Behavioral Health Program provides psychotherapy, psychiatry services, case management resources, and psychoeducation sessions.

Associated Catholic Charities (Multiple, total award \$510,000). This project enhances and expands Catholic Charities' substance use treatment program to provide Integrated Dual Disorder Treatment (IDDT). IDDT certification enables the organization to support policy, procedure, and system of care changes, as well as build capacity and increase staff training. The ability to provide expanded, integrated substance use treatment will enhance the service offerings for as many as 1,500 clients of Catholic Charities programs and the Villa Maria Community Resources Clinics per year. Associated Catholic Charities operates 12 clinics in Baltimore City and seven jurisdictions in rural, urban, and suburban settings.

Cecil County Health Department (Cecil County; total award \$600,000). This project provides services to low-income pretrial detainees involved with the Office of the Public Defender on misdemeanor or nonviolent felony charges who have a substance use disorder and lack access to appropriate treatment services in the community. The project screens detainees, connects and serves them with treatment, support with a peer recovery specialist, and referral to other services as needed.

Cornerstone Montgomery (Montgomery; total award \$325,000). This project expands access to somatic and preventative care services to an estimated 565 senior citizens who are living in poverty, are

medically frail, and experience comorbid health and behavioral health disorders. The grantee is collaborating with Nexus Montgomery, a consortium of six hospitals in Montgomery County, to review data quarterly and identify individuals in need of services. The hospitals are working with the applicant to collect and track hospital utilization data.

University of Maryland Upper Chesapeake Health (Harford; total award \$325,000). This project supports a new 24-hour Walk-in/Urgent Care Center and an Assertive Care Treatment Program in Harford County. The new Walk-in/Urgent Care Center is providing 24-hour access to behavioral, mental, and addiction services. The Center provides an array of services, including a 24-hour crisis hotline; outpatient mental health; SUD treatment and MAT services; residential crisis beds; a mobile crisis team; and, an ACT team for individuals with serious mental illness, including referrals to community providers.

Queen Anne's County Department of Health (Queen Anne's; total award \$275,000). This project promotes screening and access to behavioral health services for clients in the existing Mobile Integrated Health (MIH) program in Queen Anne's County. Individuals can access a Peer Recovery Specialist who would perform an in-person follow-up visit. The project also provides telehealth services which provide Screening, Brief Intervention and Referral to Treatment (SBIRT) for disadvantaged populations in Queen Anne's County.

Lighthouse, Inc., Youth & Family Services (Baltimore; total award \$59,000). This project award supports the TOGETHER Project which provides counseling and continuing care services to children and adults affected by the opioid crisis. The project seeks to keep families intact and encourage individual self-efficacy and resilience. In addition to specialized group therapy, participants receive wraparound social services through the partnership with Catonsville Emergency Assistance to supply links and resources to clients facing eviction, foreclosure, utility cut-offs, and food insecurity. The project will increase knowledge about addiction among the affected family members and awareness of the Opioid Crisis in the general public.

Anne Arundel Medical Center (Anne Arundel; total award \$322,000). This project supports *Wellness Connections*, a collaborative, integrated care program for individuals seen at AAMC with untreated/undertreated mental health needs and substance use disorders in partnership with Arundel Lodge. The project will serve individuals with co-occurring disorders who are best served through integrated treatment which allows practitioners to address mental and substance use disorders at the same time, often lowering costs and creating better outcomes. Vulnerable patients with both medical and mental health needs will see greater continuity of care at AAMC and the community as they will be receiving tailored services with the right level care.

Promoting food security and addressing childhood and family obesity

Baltimore Medical System, Inc. (Baltimore City; total award \$200,000). This project is providing enhanced childhood obesity and nutrition intervention in the Collington Square Elementary/Middle School School-based Health Center. The project offers counseling, health monitoring, and nutrition education as well as promoting physical activity and nutrition lessons during resource periods and engages parents and guardians. The project also implements the "CATCH Kids" program which provides motivation interviewing and obesity management training for BMS staff.

Worcester County Health Department (Worcester County; total award \$225,000). This project addresses obesity prevalence among youth and adults in Worcester County through several intervention strategies that include online education learning modules; coaching and wearable technology; community gardening projects; linkages with local food pantries; and virtual and in-person cooking

demonstrations and grocery store tours. Program referrals are issued from the Health Department and Chesapeake Health Care. The overall goals of the project are to: promote healthier lifestyle choices (exercise and nutrition) among the target population; promote weight loss and weight management; and improve food security.

Washington County Health Department (Washington County; total award \$135,000). This project supports the use of a mobile farmer's market to get locally grown fresh fruits and vegetables into the city of Hagerstown where there is no supermarket. The project targets vulnerable populations by engaging vendors to sell their produce at Title I schools and low-income housing sites, and at the Commission on Aging, congregate meal sites, and the Senior Center. The mobile farmer's market accepts food stamps/EBT, WIC vouchers, and cash. In addition, the project provides nutritional education delivered by Meritus Medical Center, the Health Department, and a local dietician.

Somerset County Health Department (Somerset and Wicomico Counties; total award \$300,000). This project supports implementation of the Sustainable Change and Lifestyle Enhancement (SCALE) for Families project, a comprehensive weight loss and health improvement plan for low-income and uninsured adults, modeled after an evidenced-based program in West Virginia. The project targets women of childbearing age in Somerset and Wicomico Counties with reported BMI over 30, children under 18 at risk for obesity, and minority populations.

Korean Community Services Center (Montgomery and Howard; total award \$180,000). The project award supports the development of Project SHINE (Staying Healthy with Improved Nutrition and Exercise). The grantee is delivering new services (nutrition education and exercise program) to low-income and limited English Asian Americans. The program addresses health disparities by developing multi-sectoral partnerships to bring nutrition education and physical exercise programs to this population in settings that are more easily accessible such as Korean and Chinese language schools and churches, and through the MobileMed program.