

state of Maryland Community Health Resources Commission

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CHRC GRANTS SUPPORTING SCHOOL-BASED HEALTH CENTERS AND SCHOOL HEALTH PROGRAMS

The Commission has awarded 25 grants totaling over \$5.8 million to support School-Based Health Centers (SBHCs) and school health programs in 14 jurisdictions. These grants have supported programs in rural, urban, and suburban communities. These programs have collectively served more than 15,000 children, and contributed to the sustainability of SBHCs across the state.

St. Mary's County Health Department (2021, \$650,000) This two-year program will support the opening of two new SBHC sites. These will be the first SBHCs in St. Mary's County, and will provide primary care and mental health services. Besides serving students and teachers of the school, the SBHCs are intended to be utilized for community testing, COVID-19 vaccinations, and telehealth services for the broader community. The grantee anticipates serving 1400 patients.

Primary Care Coalition (2021, \$160,000) This two-year program will introduce food security screenings at three "point of entry" sites and provide referrals to an existing program that serves children from newly arrived immigrant families. The additional "points of entry" for children and households will include school mental health providers and a food distribution program operating from a school site. The program will target 2000 households.

Chesapeake Health Care (2020, \$300,000) This two-year grant will be used to support the opening of a new a new school-based wellness center (SBWC) for students and staff at Washington High School. Many students who attend Washington High School live in distressed neighborhoods and are at greater risk for negative health outcomes including poor physical and mental health, delinquency, and high-risk sexual behavior. The grantee aims to provide services to 270 unduplicated patients.

John Hopkins University/Rales Health Center (2020, \$300,000) This two-year grant will be used to expand the existing SBHC program at KIPP Academy in West Baltimore. This program, which aligns with the State's Diabetes Action Plan, seeks to increase access to healthy food for children living in Healthy Food Priority areas, facilitate early clinical identification of 50 children who are overweight and obese, and engage these students in weight management clinical care.

University of Maryland National Center for School Based Mental Health (2020 Emergency, \$38,658) This emergency grant supported the transition to telehealth for comprehensive behavioral health services to low-income, underserved children in the Prince George's County school system. Prior to closures related to the COVID-19 pandemic, 242 students received behavioral health services through a collaboration between Prince George's County Public Schools, the Maryland State Department of Education, and the National Center for School Based Mental Health. Funding helped providers transition to online services and helped students gain internet connectivity for these services.

Prince George's Community College (2020 Emergency, \$50,000) This emergency grant helped Prince George's Community College, a HBCU located in Bowie, implement a remote monitoring program for 82 at-risk students. The SBHC, which served approximately 2000 students in 2019, was closed due to the COVID-19 pandemic. Under the program, students were given a glucometer, blood pressure machine,

and/or weight scale, which transmitted automatically to a monitoring physician. Students had daily checkins and were educated about healthy nutrition and lifestyle choices.

Baltimore County Public Schools (2019, \$275,000) This three-year grant expands access to screening and Substance Use Disorder (SUD) treatment services in schools throughout Baltimore County through a systematic prevention, early detection, and referral program. Certified Addiction Counselors will provide services at participating schools, including all high schools, at least one day per week. The project also will establish community partnerships between each high school and alternative programs in BCPS. After one year of implementation, 927 students have received SBIRT screenings.

Baltimore Medical System, Inc. (2019, \$200,000) This two-year grant supports enhanced childhood obesity and nutrition intervention in the Collington Square Elementary/Middle School SBHC through counseling, health monitoring, and nutrition education. It also supports an all-school physical activity and nutrition program at the school, which will engage parents and guardians in additional to students. The grantee reports 394 program participants.

Institute for Public Health Innovation (2017, \$80,000) This two-year grant supported the implementation of local school wellness councils in four Title I Elementary Schools in Montgomery County (in Long Branch/Takoma Park, Gaithersburg, and Germantown). Grant funds enabled the four schools to participate in Healthy Montgomery's Transforming Community Initiatives, a national initiative funded by the Trinity Health System. The grantee reported recruiting 141 members for local school wellness councils.

Wicomico County Health Department (2016, \$425,000) This three-year grant supported the opening of a SBWC in Salisbury. In addition to students, the SBHC serves adult staff members of the two schools and provides a new access point for both primary and behavioral health services. With enrollment reaching 385 students, the grantee reported 1,539 visits for somatic and behavioral health over the duration of this grant.

Calvert County Health Department (2015, \$482,091) This three-year grant supported "Project Phoenix," a program to integrate and enhance substance use disorder and mental health treatment in Calvert County. Funding supported the hiring of a psychiatrist and case manager, as well as upgrades to the electronic health record system to facilitate care coordination. As part of this project, school-based behavioral health services were expanded to all schools in the county. With additional financial support from the Kresge Foundation, the school-based behavioral health program resulted in more than 6,000 patient encounters per year.

Charles County Health Department (2014, \$260,000) This three-year grant supported a dental program to screen and provide sealants, fluoride, and other treatments to children in the Charles County public school system, as well as expand service hours and integrate blood pressure management services at the County dental clinic. The grantee reported serving 3,187 children through 3,616 in-school dental encounters.

Bel Alton Community Development Center (2012, \$250,000) This two-year grant enabled Bel Alton to provide comprehensive dental screenings and oral health education to children in Charles, St. Mary's, and Calvert Counties. Over the duration of the grant, Bel Alton provided dental screenings to 452 children and provided 3,325 families with dental care information.

Walnut Street Community Health Center (2012, \$98,000) This three-year grant supported the expansion of Healthy Smiles in Motion, a mobile dental van program serving children in targeted schools throughout Washington County. Over the duration of this grant, Healthy Smiles in Motion served 1,455 children over 3,573 visits.

Washington County Health Department (2009, \$216,000) This two-year grant supported the expansion of mental health services at the health department's three SBHCs. Funding enabled the expansion of patient access to a licensed social worker. The grant also helped to support the evaluation and implementation of a software system to improve student/patient tracking and improve billing and collections. The grantee reported serving 183 students through 1,069 visits over the duration of the grant.

Montgomery County Department of Health and Human Services (2009, \$224,100) This two-year grant supported the expansion of health care and preventative dental services at selected county SBHCs. The grantee reported nearly 900 students were served through 1,420 primary care visits and more than 1,700 fluoride varnish applications over the duration of the grant.

Harford County Health Department (2009, \$145,749) This two-year grant supported an SBHC program at four elementary schools in the county. The grant supported expansion of primary care and mental health services at the SBHCs for students and their families. Grant funds were utilized for administrative costs and to support Community Health Service Evenings, which provided free health screenings, physicals, and assisted linking individuals and families to a medical home. The grantee reported that 1,474 patients received care through the program.

Frederick County Health Department (2009, \$464,785) This three-year grant supported the opening of the Hillcrest Elementary SBHC. Funds supported primary care services, links for students and families to medical homes, oral health screenings, and dental fluoride varnishes. In 2011, the Frederick County Health Department transferred this grant to the Frederick Community Action Agency (FCAA), which expanded the program to three additional schools in the jurisdiction and linked students and families in need of care to FCAA's clinic. The program enrolled 1,102 children and had 1,368 visits over the duration of the grant.

Dorchester County Health Department (2009, \$220,000) This two-year grant supported the operations of an SBHC in Dorchester County. Grant funds were utilized to furnish and equip a new wellness suite, support staff salaries, and improve billing. The grantee reported providing somatic health services to 656 children and mental health services to 212 over the duration of the grant.

Coppin State University Nursing School (2009, \$201,963) This two-year grant supported the expansion of an SBHC program to serve members of the community in Baltimore City. Funding was utilized to upgrade equipment, install health information technology to improve the health center's clinical records, and assist in billing and reimbursement from third party payers. The grantee reported enrollment of 421 students and family members, as well as 191 community members at the conclusion of the grant period.

Baltimore County Health Department (2009, \$55,450) This one-year grant supported the Health Department's efforts to enhance the information technology capacities in the health department's SBWCs and to open a school-based wellness center in Dundalk. Grant funds were utilized to upgrade computer systems and other equipment to enable the SBHC to keep more complete and accurate patient records to support billing and other purposes. Funding also supported renovations, equipment, and materials for the Dundalk Wellness Center, which currently serves Dundalk Elementary, Middle and High School students.

Baltimore City Health Department (2009, \$80,000) This one-year grant supported the Health Department's efforts to develop and implement a technical assistance and training project to support SBHC billing of public and private payers for health care services. Grant funds were utilized to provide training materials and technical assistance.

Prince George's County Health Department (2008, \$299,164) This three-year grant supported the expansion of existing dental care resources in Prince George's County for low-income children and their families to expand oral disease prevention and health promotion. Grant funds were utilized to staff a dentist, a dental hygienist, a dental assistant, and a case manager, as well as support the school-based dental sealant program and the Early Childhood Caries Program at the Cheverly Health Center. The grantee reported serving 2,480 children through 4,336 visits over the duration of the grant.

Family Health Centers of Baltimore (2008, \$300,000) This three-year grant supported a pediatric dental program that provided screenings and oral health education in area schools and Head Start locations, and linked students to a dental home at FHCB. Under this grant, FHCB expanded the dental clinic to include more day and evening hours and add a part-time pediatric dentist to allow FHCB to serve more children. During the grant period, 511 children received dental care over the course of 846 visits. 210 children received sealants and 52 received fluoride varnish treatments.

Carroll County Health Department (2008, \$29,030) This two-year grant supported two pediatric dental projects. The first project expanded access to pediatric dental care by extending clinic hours. The second project piloted an off-site fluoride varnish program for children enrolled in County schools and Head Start. The grantee reported 437 patient visits and 281 fluoride varnish treatments to 120 children over the course of this grant.