MARYLAND DEPARTMENT OF HEALTH

# COMMUNITY HEALTH RESOURCES COMMISSION

Mark Luckner, Executive Director Community Health Resources Commission

**Presented to:** 

Senate Health and Human Services Subcommittee February 14, 2019

### **BACKGROUND ON THE CHRC**

- The Community Health Resources Commission (CHRC) was created by the Maryland General Assembly in 2005 to expand access to health care in underserved communities and support projects that serve low-income Marylanders and vulnerable populations.
- Strategic priorities include the following objectives:
  - Increase access to primary and specialty care through grants and technical assistance to safety net providers
  - Promote projects that are innovative, sustainable, and replicable
  - Build capacity of safety net providers to serve more residents
  - Address social determinants of health and promote health equity





## **BACKGROUND ON THE CHRC**

- The CHRC is an independent agency operating within the Maryland Department of Health.
- Eleven Commissioners are appointed by the Governor.

Allan Anderson, M.D., CHRC Chairman

**Elizabeth Chung,** Vice-Chair, Executive Director, Asian American Center of Frederick

**Scott T. Gibson**, Vice President of Human Resources, Melwood Horticultural Training Center, Inc.

**J. Wayne Howard,** Former President and CEO, Choptank Community Health System, Inc.

**Celeste James,** Executive Director of Community Health and Benefit, Kaiser Permanente of the Mid-Atlantic States

**Surina Jordan, PhD**, Zima Health, LLC, President and Senior Health Advisor

**Barry Ronan,** President and CEO, Western Maryland Health System

**Erica I. Shelton, M.D.,** Assistant Professor, Johns Hopkins University School of Medicine, Department of Emergency Medicine

Carol Ivy Simmons, PhD

**Julie Wagner,** Vice President of Community Affairs, CareFirst BlueCross BlueShield

**Anthony C. Wisniewski, Esq.,** Chairman of the Board and Chief of External and Governmental Affairs, Livanta LLC





#### **IMPACT OF CHRC GRANTS**

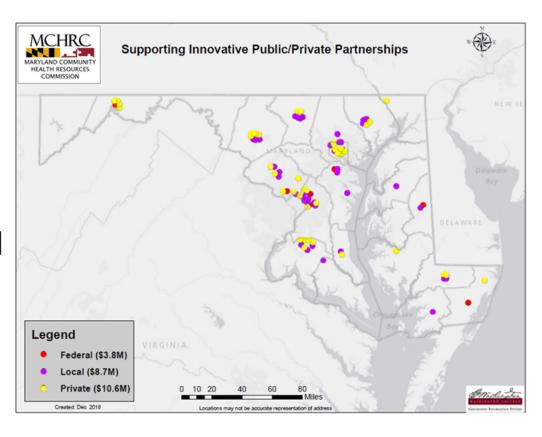
- 210 grants totaling \$64.1 million in all 24 jurisdictions
- Collectively served more than 468,000 Marylanders.
- Serve individuals with complex health and social service needs, and many are frequent utilizers of hospital and EMS systems.
- Fund community-based interventions, i.e., Federally Qualified Health Centers, local health departments, free clinics, and outpatient behavioral health providers.





#### **POST-GRANT SUSTAINABILITY**

- 78% of CHRC-funded programs have been sustained at least one year after grant funds have been expended.
- Grantees have leveraged
   \$23.3 million in
   additional resources
   (\$19.5 million in private and local funds).







## **TYPES OF PROJECTS**

Focus Area	Number of Projects	Individuals Served
Primary Care	65	304,756
Behavioral Health/Opioids	54	79,299
Dental	39	64,137
Women's Health	23	17,528
Obesity/Food Security	15	697
ED Diversion/Care Coordination and Safety-net Capacity Building*	23	16,327
School-Based Health Centers*	15	21,928

\*also listed in other categories



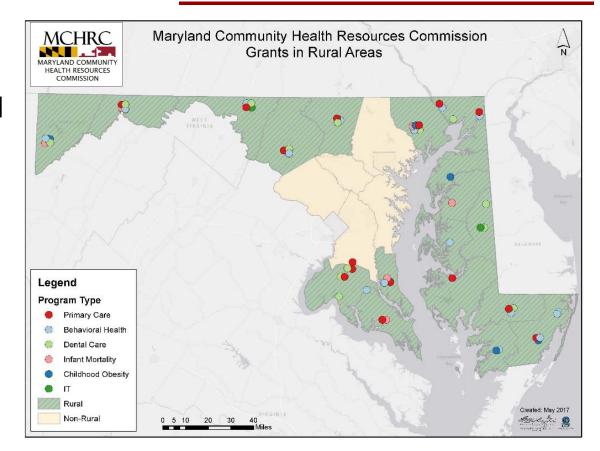


### CHRC AND RURAL HEALTH

- Awarded 107 grants
   totaling \$28 million to
   support programs in rural
   jurisdictions.
- Served more than 85,000 residents.
- Video "Maryland Rural Health Stories" (MRHA)

#### **Areas of Focus:**

- Primary/Preventative Care
- Dental Care
- Integrated Behavioral Health Services
- Food Security/Obesity Prevention



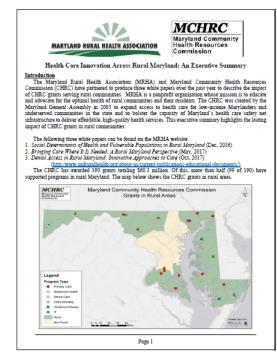




#### CHRC AND RURAL HEALTH

#### Lessons highlighted in MRHA-CHRC white papers:

- Care coordination is an effective intervention strategy for rural communities impacted by shortage of providers.
- Supporting transportation assistance or bringing health care to patients "where they are" can be effective tools to address barriers.
- Integrating dental care programs into the community is an effective strategy for managing chronic conditions.
- Promoting health literacy may be an effective tool in improving health outcomes.







## STEWARD OF PUBLIC FUNDS

- CHRC has a current portfolio of 50 open grants (under implementation) totaling \$11.4 million.
- CHRC is staffed by 3 PINS. Administrative overhead is 9%.
- Active post-award grant monitoring process
  - Programmatic progress reports
  - Fiscal expenditure reports
  - Grantee audits (programmatic and fiscal)
- CHRC prioritizes projects that yield quantifiable outcomes, i.e., clinical outcomes and cost savings





#### STEWARD OF PUBLIC FUNDS

- Grantees report twice a year as a condition of invoice payment.
- Process/outcome metrics are reported and progress towards overall goals or grant is monitored closely by CHRC staff.
- Grantees are held accountable for performance.

Cl	HRC Grantee Mo	nitoring Repo	rt MCHRC	
Grantee Name:	Behavioral Health	Behavioral Health System Baltimore		
Grantee Contact Information:	Crista Taylor 410-6	Crista Taylor 410-637-1900 email crista.taylor@bhsbaltimore.org MARYLAND COMMUNITY		
Grant #:	16-006			
Grant Period:	October 1, 2017 - Se	October 1, 2017 - September 30, 2020		
Total Award:	\$600,000	\$600,000		
Year One Grant Award:	\$175,000	\$175,000		
Amount Paid to Date:	\$98,814	\$98,814		
Focus Area:	Behavioral Health	Behavioral Health		
Date of this Report:				
Additional Funds Leveraged to Date*:				
Grantee Payout and Report Schedule				
Report Period	Due Date	Potential Fund Distribution (CHRC Support**)	Required Items	
N/A	May 1, 2016	\$0	Signed grant agreement and approved performance measures and updated line item	
Updates #1-#6 May 2016 - December 2017	Dag	150	Updates due August 2016, November 2016, April 2017, August 2017, September 2017, December 2017	
Update#7-	April 30, 2018	So So	<u>Update#7</u> - Items to discuss will be forwarded after first update in December is submitted	
Report Period One (Yr. 1) October 1, 2017 - March 31, 2018 -	May 31, 2018	\$48,901	Report #1 - narrative, M&D report, expenditures report and invoice	
Update #8	August 31, 2018	\$0	Update #8: Items to discuss will be forwarded after first update in July is submitted	
Report Period Two (Yr. 1) April 1, 2018 - September 30, 2018	October 31, 2018	\$49,913	Report #2 - narrative, M&D report, expenditures report and invoice	
Update #9	January 31, 2019	\$0	Update #9: Items to discuss will be forwarded after Report 2 in January is submitted	
Report Period Three (Yr. 2) October 1, 2018 - March 31, 2019	April 30, 2019	\$124,775	Report 3: narrative, M&D report, expenditures report and invoice	
Report Period Four (Yr. 2) April 1, 2019 - September 30, 2019	October 31, 2019	\$123,874	Report 4: narrative, M&D report, expenditures report and invoice	
Report Period Five (Yr. 3) October 1, 2019 - March 31, 2020	April 30, 2020	\$126,265	Report 5: narrative, M&D report, expenditures report and invoice	
Report Period Six (Yr. 3) April 1, 2020 - September 30, 2020	October 31, 2020	\$126,272	Report 6 (Final): narrative, M&D report, expenditures report and invoice	
		\$600,000		





#### **PUBLIC-PRIVATE PARTNERSHIPS**

Way Station implemented a behavioral health homes pilot initiative. CHRC grant for \$170,000 leveraged \$1 million from private sources and laid groundwork for Maryland Medicaid Behavioral Health Home Initiative. Currently there are 84 health homes in Maryland.



**Mobile Medical Car, Inc.**, received a grant to open a new practice in Aspen Hill (MUA). The grant laid the foundation for the organization to become an FQHC.



Health Partners, a non-profit primary care and dental provider in Charles County received a grant to expand dental services to a clinic in Nanjemoy, and the organization leveraged this grant to receive \$260,000 from private sources.







### IMPROVING HEALTH OUTCOMES

**Shepherd's Clinic**, Diabetes self-management program - 390 pre-diabetic and diabetic patients. **66% lost weight, and 70% had a reduced A1C**.



Charles County Health Department combined a \$400,000 grant with an additional \$150,000 from Charles Regional Medical Center to support a new MIH program. After implementation, **ED visits among participants dropped 61%.** 







### PROMOTING COST SAVINGS

Calvert County Health Department, "Project Phoenix," Substance use treatment/addressing social determinants of health. ED visits dropped more than 70% and Calvert Memorial continues to support the project after CHRC grant.



Catholic Charities' Esperanza Center, a free clinic in Baltimore, provided essential health services for more than 5,315 individuals and achieved cost savings/ avoided charges of \$2.3 million.







#### FY 2019 CALL FOR PROPOSALS



#### **Promoting Community Health Resources:**

Supporting innovative, replicable, and sustainable projects that serve vulnerable populations and promote health equity

FY 2019 Call for Proposals

October 17, 2018

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#### Areas of focus:

- Promoting Delivery of Essential Health Services (Primary Care, Dental and Women's Health)
- Addressing the heroin and opioid epidemic through behavioral health integration
- Promoting food security and addressing childhood and family obesity.
- 93 proposals requesting \$36 million (\$5.9 million is available)
- 26 Applicants invited to present on March 7, 2019 (next slide)
  - Award decisions will be made following presentations





# FY 2019 - 26 Invited Applicants

#### **ESSENTIAL HEALTH SERVICES**

- Harford Health Department
- Family Healthcare of Hagerstown
- Lower Shore Clinic
- Baltimore City Fire Department
- Health Partners, Inc.
- Medstar St Mary's Hospital
- Mosaic Community Services
- Chinese Culture and Community Service Center
- Chase Brexton Health Services
- Western Maryland AHEC
- Family Services (Thriving Germantown)

#### **BEHAVIORAL HEALTH/OPIOIDS**

- Baltimore County Public Schools
- Helping Up Mission
- Shepherd's Clinic
- Associated Catholic Charities
- Cecil Health Department
- Cornerstone Montgomery
- University of Maryland
   Upper Chesapeake Health
- Queen Anne's Health Department (MIH/EMS)

#### **OBESITY/FOOD SECURITY**

- Korean Community Service Center of Greater Washington
- Baltimore Medical System, Inc.
- Worcester Health Department
- Charles Health Department
- Washington Health Department
- Baltimore City Public Schools
- Somerset Health Department (with Wicomico)





#### CHRC GRANTS - LARGER CONTEXT

- Support overall population health goals of the state
  - Total Cost of Care- promote durable hospital-community partnerships
  - Maryland Primary Care Program- support care coordination and chronic disease management for underserved individuals
- Opioids Promote integration of behavioral health and somatic care services and innovative projects to expand access in SUD treatment (54 grants awarded; 251,142 served)
- Rural Health Offer creative solutions to address access barriers in rural communities, i.e., telemedicine and transportation assistance (107 grants awarded; 107,117 served)
- **Dental Care** Build community capacity and serve low-income adults and children (**39 grants awarded; 144,453 served**)



