

## COMMUNITY HEALTHWORKER - INITIAL ASSESSMENT

**GENERAL ASSESSMENT****General****Assessment completed with**

Patient  Spouse/Sig  Child/Children  Caregiver  Friend  Guardian  Other: \_\_\_\_\_

**Patient would like caregiver to assist with plan of care**  Yes  No  Needs Follow Up

**Patient lives with**

Alone  Family Members  Friends  Legal Guardian  Paid Care Giver  Spouse/Sig Other  Homeless Shelter  
 Other: \_\_\_\_\_

**ADL Assessment****Level of independence**

Dependent with ADLs  Dependent with Functional transfers  Dependent with homemaking  
 Indep w/ ADLs & Func Transfers  Indep w/ homemaking & ambulation  Indep w/ homemaking, wheelchair  
 Indep w/ all ADLs  Needs assistance with ADLs  Needs assistance with homemaking  
 Needs assist w/ Func Transfers  Other: \_\_\_\_\_

**Receives help from**

Family  Friends  Home Health  Housekeeper  Neighbor  Caregiver  OP Therapy  NA  
 Other: \_\_\_\_\_

**Assistive devices**

None  AVAP  Cane  Chair Lift  Commode 3 in 1  Contact Lenses  Crutches  Elevated Toilet  
 Glasses  Hearing Aid  Hospital bed  Hoyer lift  Medication Pump  Prosthesis  Ramp  Rollator  
 Scooter, Moto...  Shower Chair  Walker  Wheelchair, Manual  Wheelchair, Motor

**Current method of transportation**

Self  Family/Friends  Medical Transport  Shore Transit  Taxi  Bus  Walks  Other: \_\_\_\_\_

**Medications****Who assists with medication management**

NA  Self  Family  Pharmacy  Friend  Neighbor  Caregiver  Home Health

**Medication management assessment**

Has all current meds  Taking meds as prescribed  Not taking meds as prescribed

**Medication management aides**

Pill Box  Delivery Service  Medication Calendar  Medication Reminders  Mobile App  Bubble Packs

**Barriers to medication success**

None  Complexity of Med Regimen  Financial Barriers  Side Effects  Too many medications  
 Other: \_\_\_\_\_

## COMMUNITY HEALTHWORKER - INITIAL ASSESSMENT

### Current Services

#### Community Services

- None  Aide  Adult Day Care  Adult Protective Services  Child Protective Services  Community Health Worker  
 Counseling  Gifted Program  Law Enforcement  Mental Health Services  Occupational Therapy  Physical Therapy  
 Respite Care  Speech Therapy  Social Worker  Special Education  TANF  Other: \_\_\_\_\_

#### Food/Nutrition Program Participation

- Food Bank  Food pantry  SNAP  Meals on Wheels  Moveable Feast  Tube Feeding  TPN  WIC  
 Other: \_\_\_\_\_

Does patient have home health services?  Yes  No

#### Home Health Service Provider

- None  Amedisys  Bayada  Beebe HH  Christiana Care  Coastal Home Care  Encompass  
 Home Call  Millennium Home  PHS Salisbury  PHC Ocean Pines  PHC  Other: \_\_\_\_\_

Has there been contact by the HH Agency?  Yes  No

Has Home Health visit been made?  Yes  No

Current Home Treatments? Yes No

- None  Apnea monitor  Blood Pressure  Blood glucose  CPAP/BIPAP  Dialysis  Dressing Changes  Insulin Pump  
 IV Therapy  Nebulizer  Oxygen  Respiratory Care  Scale  TPN  Trach  Other: \_\_\_\_\_

#### DME Provider

- Apple  American Home Patient  Apria  Bayview  FirstChoice  Lincare  Peninsula Home Care  
 Other: \_\_\_\_\_

#### Hospice

- Aveanna(DE)  Coastal Hospice (MD)  Compass (MD)  Compassionate Care  Delaware Hospice(DE)  
 Season's Hospice(DE)  Vitas(DE)

#### Other

##### Barriers to Care

- None  Bug Infestation  Cognitive Impairment  External stairs  Internal stairs  Health Literacy  Hearing Impairment  
 Language barrier  No Cooling  No Electric  No Heat  No Phone  No Running water  No Shower/tub first floor  
 Pets  Unable to use stairs  Upstairs bedroom  Visual impairment  Weapons  
 Other: \_\_\_\_\_

## COMMUNITY HEALTH WORKER - INITIAL ASSESSMENT

**PHQ-9**

Over the past two weeks, how often have you been bothered by any of the following problems?

Will the patient answer the depression risk questions?  Yes  No

**Little interest or pleasure in doing things**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**Feeling down, depressed, or hopeless**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**ASK THE FOLLOWING ONLY IF THE TOTALS FOR THE ABOVE EQUALS THREE (3) OR HIGHER:**

**Trouble falling asleep or staying asleep or sleeping too much?**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**Feeling Tired or having little energy?**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**Poor appetite or overeating?**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**Feeling bad about yourself?**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**Trouble concentrating on things, such as reading the newspaper or watching TV?**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**Moving or speaking so slowly that other people could have noticed? Or the opposite, being so fidgety or restless that you have been moving around a lot more than usual?**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**Thoughts that you would be better off dead or hurting yourself in some way?**

Not at all (0)  Several Days (1)  More than half the days (2)  Nearly every day (3)

**PAM ASSESSMENT**

Assessment Type:  Initial  Follow Up

Assessment Date: \_\_\_\_\_

Assessment Score: \_\_\_\_\_

PAM Score Level:  1  2  3  4



## COMMUNITY HEALTHWORKER - INITIAL ASSESSMENT

**SOCIAL DETERMINANTS OF HEALTH - I****Physical Activity**

On average, how many days per week do you engage in moderate to strenuous exercise (like a brisk walk)?

- 0 days  1 day  2 days  3 days  4 days  5 days  6 days  7 days  Patient Refused

On average, how many minutes do you engage in exercise at this level?

- 0 min  10 min  20 min  30 min  40 min  50 min  60 min  70 min  80 min  90 min  100 min  
 110 min  120 min  130 min  140 min  150+ min  Patient refused

**Financial Resources Strain**

How hard is it for you to pay for the very basics like food, housing, medical care and heating?

- Very Hard  Hard  Somewhat hard  Not very hard  Not hard at all  Patient Refused

Monthly Income: \_\_\_\_\_ (ENTER IN COMMENTS)

**(Children's HealthWatch) Housing Screener**

In the last 12 months, was there a time when you were not able to pay the mortgage or rent on time?

- Yes  No  Patient Refused

In the last 12 months, how many places have you lived? ENTER NUMBER: \_\_\_\_\_

In the last 12 months, was there a time when you did not have a steady place to sleep or slept in a shelter (including now)?

- Yes  No  Patient Refused

**Transportation Needs**

In the past 12 months, has lack of transportation kept you from medical appointments or from getting medications?

- Yes  No  Patient Refused

In the past 12 months, has lack of transportation kept you from meetings, work, or from getting things needed for daily living?

- Yes  No  Patient Refused

**Food Insecurity**

Within the past 12 months, you worried that your food would run out before you got the money to buy more

- Never true  Sometimes true  Often true  Patient Refused

Within the last 12 months, the food you bought just didn't last and you didn't have the money to get more

- Never true  Sometimes true  Often true  Patient Refused

**Stress**

Do you feel stress – tense, restless, nervous, or anxious, or unable to sleep at night because your mind is troubled all the time these days?

- Not at all  Only a little  To some extent  Rather much  Very much  Patient Refused

## COMMUNITY HEALTHWORKER - INITIAL ASSESSMENT

**SOCIAL DETERMINANTS OF HEALTH II – OPTIONAL****Social Connections**

In a typical week, how many times do you talk on the phone with family, friends, or neighbors?

Never  Once a week  Twice a week  Three times a week  More than three times a week  Patient refused

How often do you get together with friends or relatives

Never  Once a week  Twice a week  Three times a week  More than three times a week  Patient refused

How often do you attend church or religious services?

Never  1-4 times per year  More than 4 times per year  Patient refused

Do you belong to any clubs or organizations such as church groups, unions, fraternal or athletic groups or school groups?

Yes  No  Patient Reused

How often do you attend meetings of the clubs or organizations you belong to?

Never  1-4 times per year  More than 4 times per year  Patient refused

Are you married, widowed, divorced, separated, never married or living with a partner?

Married  Widowed  Divorced  Separated  Never married  Living with partner  Patient Refused

**Intimate Partner Violence**

Within the last year, have you been afraid of your partner or ex-partner?

Yes  No  Patient Reused

Within the last year, have you been humiliated or emotionally abused in other ways by your partner or ex-partner?

Yes  No  Patient Reused

Within the last year, have you been kicked, hit, slapped, or otherwise physically hurt by your partner or ex-partner?

Yes  No  Patient Reused

Within the last year, have you been raped or forced to have any kind of sexual activity with your partner or ex-partner?

Yes  No  Patient Reused

**Alcohol Use**

How often do you have a drink containing alcohol?

Never  Monthly or less  2-4 times a month  2-3 times a week  4 or more times a week  Patient Refused

How many drinks containing alcohol do you have on a typical day when you are drinking?

1-2  3-4  5-6  7-9  10 or more



## COMMUNITY HEALTHWORKER - INITIAL ASSESSMENT

**TOBACCO AND SUBSTANCE USE - SEXUAL ACTIVITY - OPTIONAL****Vaping**Vaping Status:  Current Every Day  Current Some Days  Former user  Never Assessed  Never Used User – Current status unknown  Unknown if ever used

Number of Vaping Cartridges Per Day: \_\_\_\_\_

Vaping Start Date: \_\_\_\_\_

Vaping Quit Date: \_\_\_\_\_

**Tobacco**Tobacco use:  Cigarettes  Pipe  Cigar

Start Date

Quit Date

Packs/Day:  0.25  0.5  1  1.5  2  3Years:  0.5  1  2  3  4  5  10  15Ready to Quit?  Yes  NoCounseling Given?  Yes  NoSmokeless Tobacco Use:  Snuff  Chew

Smokeless Tobacco Quit Date: \_\_\_\_\_

**Substance Use**Drugs Used (including prescription drugs NOT prescribed to patient):  Yes  Not Currently  Never  DeferTypes:  Amphetamines  Amyl nitrate  Anabolic steroids  Barbiturates  Benzodiazepines "Crack" cocaine  Cocaine  Codeine  Fentanyl  Flunitrazepam  GHB  Hashish  Heroin Hydrocodone  Hydromorphone  Ketamine  LSD  Marijuana  MDMA(ecstasy)  Mescaline Methamphetamine  Methaqualone  Methylphenidate  Morphine  Nitrous oxide  Opium Oxycodone  PCP  Psilocybin  Solvent inhalants  Other: \_\_\_\_\_

Number of Uses/week: \_\_\_\_\_

**Sexual Activity**Sexually Active:  Yes  Not Currently  Never  DeferBirth Control/Protection:  Abstinence  Coitus interruptus  Condom Male  Condom Female  Diaphragm Emergency Contraceptive  Implant  Injection  Inserts  IUD  OCP  Patch  Post-menopausal Rhythm  Spermicide  Sponge  Surgical  Male Sterilization  Ring  Other  NonePartners:  Male  Female

## EPIC Hospital Discharge ASSESSMENT TEMPLATE

**HOSPITAL DISCHARGE ASSESSMENT – For Recently Discharged Patients Only****Discharged From:**

TH Peninsula  TH Nanticoke  AGH  Beebe  Christiana  Johns Hopkins  McCreedy

Univ of MD

Other: \_\_\_\_\_

**Does the Patient have a PCP?**

Yes  No

**Does the patient have an appt with their PCP within 7 days of discharge?**

Yes  No  Greater than 7 days  NA

**Date of PCP Appt – Enter Date:** \_\_\_\_\_

**Names and dates of other post-discharge appointments:****Interventions Taken:**

Verified appt date, time, provider  Educated patient on importance of making appts  
 Advised patient to make appts  Urgent appt needed  Assisted patient with PCP selection  
 Provided number to obtain PCP  Other:

**Medications**

**Medication reviewed with patient/caregiver:**  Yes  No  Not Applicable

**Is the patient having any side effect they believe may be caused by their medication?**  Yes  No

**Does the patient have all medications ordered at discharge?**  Yes  No  Not Applicable

What is keeping the patient from filling prescriptions?

Pre-auth in progress  Prior auth issues  Financial  Transportation  Med Reconciliation

Issues



## EPIC Hospital Discharge ASSESSMENT TEMPLATE

**HOSPITAL DISCHARGE ASSESSMENT - For Recently Discharged Patients Only****Discharge Disposition**

Indicate any new services/referrals made on D/C from inpatient facility:

- No new services required  
  Pharmacy  
  Respiratory Therapy  
  Cardiac Rehab  
  DME  
  Home Health  
 Telehealth Monitoring  
  Social Work Consult  
  Hospice  
  Long Term Care  
  Other: \_\_\_\_\_

**Education**

Did the patient receive a copy of the discharge instructions?    Yes    No

Has the patient made all appointment from DC instructions?    Yes    No

**Interventions Taken:**

- Reviewed instructions with patient  
  Educated on My Chart  
  Referred to Health information Management

What is the patient's perception of their health status since discharge?

- Improving  
  Same  
  Worsening  
  Returned to baseline/stable  
  New symptoms unrelated to diagnosis

Is the patient/caregiver able to teach back signs and symptoms related to disease process for when to call PCP?

Yes    No

Is the patient/caregiver able to reach back signs and symptoms related to disease process for when to call 911?

Yes    No



## COMMUNITY HEALTHWORKER - COPD ASSESSMENT

**CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD) ASSESSMENT****Readmission**

Was the patient readmitted within the last 30 days for COPD?  Yes  No

**Symptom Assessment**

Do you have shortness of breath today?  Yes  No

Are you limited in your activities at home due to shortness of breath?  Yes  No

Do you currently have a cough?  Yes  No

If yes, is your cough productive?  Yes  No

Is a cough normal for you?  Yes  No

Do you currently have a fever or chills?  Yes  No

What things trigger your COPD? \_\_\_\_\_

**Medication/Treatments**

Does the patient have all respiratory meds at home?  Yes  No

Does the patient understand the proper techniques for each specific inhaler or device prescribed?  Yes  No

**Barriers to Medication Success:**

None  Complexity of Regimen  Financial Barriers  Side Effects  Too Many Meds

Other: \_\_\_\_\_

Does the patient wear oxygen?  Yes  No

Would the patient benefit from nicotine replacement?  Yes  No

Not needed

Yes, Refer to DE Quit

Yes, Refer to 1-800-Quit-Now

Has the patient had a PFT in the past year?  Yes  No

Does the patient see a pulmonologist?  Yes  No

**Preventative Care**

Have you had a flu vaccine this year?  Yes  No

Have you had a pneumonia vaccine?  Yes  No

**Education Provided**

COPD Stoplight tool  COPD Booklet  COPD Red Flags  Oxygen Use/Safety  Regular exercise

Importance of pneumonia vaccine  Proper use of inhaler/nebulizer  Medication Adherence

Triggers such as dust, smoking, etc  When to call the physician  Smoking cessation  Alcohol cessation

## COMMUNITY HEALTHWORKER - CONGESTIVE HEART FAILURE

**CONGESTIVE HEART FAILURE (CHF) ASSESSMENT****Symptom Assessment****Current Symptoms**

- None     Angina     Dyspnea on exertion     Fatigue     Leg edema     Orthostasis  
 Paroxysmal nocturnal dyspnea     Shortness of Breath     Weakness

Any swelling in the legs, feet, or ankles?     Yes     No

If yes, is the swelling normal for you?     Yes     No

Do you lose your breath while being active?     Yes     No

If yes, is losing your breath new?     Yes     No

Are you limited in your activities at home due to shortness of breath?     Yes     No

Are there activities you wish you could do more? \_\_\_\_\_

**Dietary/ Fluid Assessment**

Do you have a loss of appetite?     Yes     No

What type of foods do you eat? \_\_\_\_\_

Are you aware of foods that may be high in salt?     Yes     No

Are you aware of foods that contain potassium?     Yes     No

Do you have a functioning scale at home?     Yes     No

If yes, are you able to weigh yourself?     Yes     No

How often do you check your weight?     Never     Daily     Weekly     Other

**Provider Information**

Do you see a cardiologist?

If yes, have you seen the cardiologist in the past 6 months?     Yes     No

**Medication**

Were any new cardiac meds prescribed at discharge?     Yes     No

Does the patient understand the meds and how they help?     Yes     No

**Preventative Care**

Have you had a flu vaccine this year?     Yes     No

Have you had a pneumonia vaccine?     Yes     No

**Education Provided**

- CHF Stoptight tool     CHF Booklet     Daily weights     Monitoring weight gain     Regular exercise  
 Importance of pneumonia vaccine     Sodium and fluid restrictions     Reduce the use of sauces, soups  
 Use of fluid tracking apps/logs     When to call the physician     Smoking cessation     Alcohol cessation



COMMUNITY HEALTHWORKER - **DIABETES**

COMMUNITY HEALTH WORKER - **DIABETES****DIABETES ASSESSMENT****Diabetic Assessment****What symptoms does the patient have with hyperglycemia?**

- Denies Symptoms    Increased hunger/thirst    Increased urination    Blurry vision/vision changes  
 Chest pain    Fatigue/weakness    Foot paresthesia    Foot ulcerations    Weight Loss

**What factors are contributing to high blood sugar?**

- Illness    Infection    Emotional Stress    Not taking medications    Eating more than usual/bad choices  
 Being less active than usual    Other: \_\_\_\_\_

**What symptoms does patient have with hypoglycemia?**

- Denies symptoms    Shakes/tremors    Confusion    Dizziness/lightheadedness    Cold sweats  
 Headaches    Hunger    Mood changes    Nervousness/anxiety    Pallor    Seizures  
 Sleepiness    Difficulty speaking

**What factors are contributing to low blood sugar?**

- Skipping meals    Eating less than normal    Taking too much medication    More active than usual  
 Other: \_\_\_\_\_

**Does the patient check their blood sugars?**  Yes    No-Does not have machine/brokenIf Yes, how often does patient check their blood sugars?  1-2/day    3-4/day    1-2/week    3-4/week    OtherIf No:  Offered assistance in obtaining glucometer    Patient accepted assistance    Patient refused assistance Notify CCM RN    Notify PCP    Other: \_\_\_\_\_**Blood Glucose Trend:**

- No change    Decreasing    Increasing    Fluctuating

**Does the patient see an endocrinologist?**  Yes    No**Education****Has patient attended Diabetic Education classes?**  Yes    No**Has patient attended MNT classes?**  Yes    No**Education Provided:**

- Diabetes Stoplight tool    Diabetes Survival Skills Booklet    Checking Blood Sugar  
 Metformin-monitoring creatinine levels    Metformin-holding for 48 hours post dys/checking BUN/creatinine  
 Regular exercise    Importance of pneumonia/Flu vaccine    Avoiding/limiting sugar/simple carbs  
 No skipping meals/small frequent meals    S/S high blood sugar    S/S low blood sugar  
 Use of Medical ID bracelet    Keeping a blood sugar log    Proper storage and admin of insulin  
 Diabetic foot care    Annual diabetic eye exam    When to call the physician



**INITIAL ASSESSMENT NOTE:**

**Patient Name:** \_\_\_\_\_

**Date and Time Visit/Contact:** \_\_\_\_/\_\_\_\_/\_\_\_\_ : \_\_\_\_  AM  PM

**Overall Goals of Care:**

- Take Medications daily as prescribed
- Attend appointments as arranged
- Participate in mild-moderate exercise 3-5 times per week
- Stop smoking
- Decrease smoking
- Possess good understanding of existing chronic disease conditions
- Other: \_\_\_\_\_

**Patient Personal Goal(s):** \_\_\_\_\_

**Patient Confidence in Achieving Goal(s):**

- 1-Not Confident  2- Somewhat Confident  3-Mostly Confident  4-Confident
- 5-Very Confident

**Appointments:**  Reviewed and confirmed

- Confirmed patient has transportation to and from appointments
- Patient does not have transportation to and from appointments
- Patient has history of frequently missing appointments
- Patient currently plans to attend all appointments as arranged
- Encouraged attendance and emphasized its impact on patient's overall health and plan of care
- Patient has attended all appointments as scheduled
- Other: \_\_\_\_\_

**Referrals:**

A Place for Mom	ACT – Assertive Community Tx	APS – Adult Protective Services
Advance Care Planning	Adult Day Care	Adult Evaluation and Review Services
Alzheimer's Association	Behavioral health	Better Breathers Club – TPR
Cardiac Rehab	Cardiologist	CCS-Care Coordination Specialist
CHC – Dental	CHC – Transportation	CHW- Community Health Worker
Coastal Home Care	Community/Church Food bank	Community For Life
Compass/Choices	DART	Department of Social Services – DSS
Diabetes Education – TPR	Diabetes Education – Apple Drug	Emergency Funding- Joseph House
Emergency Fund–SBY Urban Min	Emergency Funding – Salvation Army	Emergency Funding-ShoreUp
Emergency Room	Endocrinologist	Food
Go-Getters, Inc	Homeless Shelter	Home Health
HOPE	Hospice	Housing
Insurance	Life Line	Local Health Department
Lyft	MAC-Chronic Disease Management	MAC-Diabetes Education
MAC – Falls	MAC-Financial Assistance	MAC-Gym
MAC- Medication Assistance	MAC – PEARLS	MAC-Stepping On
MAC – Tai Chi	MAP – Maryland Access Point	Maryland Food Bank
Medical Nutrition Therapy	Medical Transportation	Medical Financial Assistance
Mended Hearts	National Kidney Foundation	Nat. Kidney Foundation-EMERGENCY
Nephrologist	Palliative Care	PCP
Peninsula Heart Line	Pharmacy	Pill Packaging
TPR Financial Assistance	Pulmonary Rehab	Remote Patient Monitoring (RPM)
Renal Support Group – TPR	Shore Transit	Shore Transit – Curb to Curb
SilverStay	Social Work	TLC Dental

Confirmed that patient is engaged and plans to participate

OTHER: \_\_\_\_\_

Updated care sheet as indicated. Encouraged patient to place on refrigerator or in area of high visibility.

CHW and CCS contact information provided for non-emergent needs. Encouraged him/her to call should any concerns arise. For any health-related questions or concerns that occur after hours or on weekends, encouraged patient to call their provider. If unavailable, encouraged him/her to utilize Team Health 24-hour help line at 410-543-7762.



**FOLLOW UP/SUBSEQUENT NOTE:**

**Patient Name:** \_\_\_\_\_

**Date and Time Visit/Contact:** \_\_\_\_/\_\_\_\_/\_\_\_\_ : \_\_\_\_  AM  PM

**Patient Personal Goal(s):** \_\_\_\_\_

**Patient Confidence in Achieving Goal(s):**

- 1-Not Confident  2- Somewhat Confident  3-Mostly Confident  4-Confident  
 5-Very Confident

**Appointments:**  Reviewed and confirmed

- Confirmed patient has transportation to and from appointments  
 Patient does not have transportation to and from appointments  
 Patient has history of of frequently missing appointments  
 Patient currently plans to attend all appointments as arranged  
 Encouraged attendance and emphasized its impact on patient's overall health and plan of care  
 Patient has attended all appointments as scheduled  
 Other: \_\_\_\_\_

**Referrals:**

A Place for Mom	ACT – Assertive Community Tx	APS – Adult Protective Services
Advance Care Planning	Adult Day Care	Adult Evaluation and Review Services
Alzheimer’s Association	Behavioral health	Better Breathers Club – TPR
Cardiac Rehab	Cardiologist	CCS-Care Coordination Specialist
CHC – Dental	CHC – Transportation	CHW- Community Health Worker
Coastal Home Care	Community/Church Food bank	Community For Life
Compass/Choices	DART	Department of Social Services – DSS
Diabetes Education – TPR	Diabetes Education – Apple Drug	Emergency Funding- Joseph House
Emergency Fund–SBY Urban Min	Emergency Funds – Salvation Army	Emergency Funding-ShoreUp
Emergency Room	Endocrinologist	Food
Go-Getters, Inc	Homeless Shelter	Home Health
HOPE	Hospice	Housing
Insurance	Life Line	Local Health Department
Lyft	MAC-Chronic Disease Management	MAC-Diabetes Education
MAC – Falls	MAC-Financial Assistance	MAC-Gym
MAC- Medication Assistance	MAC – PEARLS	MAC-Stepping On
MAC – Tai Chi	MAP – Maryland Access Point	Maryland Food Bank
Medical Nutrition Therapy	Medical Transportation	Medical Financial Assistance
Mended Hearts	National Kidney Foundation	Nat. Kidney Foundation-EMERGENCY
Nephrologist	Palliative Care	PCP
Peninsula Heart Line	Pharmacy	Pill Packaging
TPR Financial Assistance	Pulmonary Rehab	Remote Patient Monitoring (RPM)
Renal Support Group – TPR	Shore Transit	Shore Transit – Curb to Curb
Silver Stay	Social Work	

**ASSESSMENT UPDATE NOTES:**

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*Instructed patient this will be last CHW visit. Informed that CCS will be completing follow up phone call in one to two weeks to ensure that goals are met and there have been no changes in patient condition.*

*CHW and CCS contact information provided for non-emergent needs. Encouraged him/her to call should any concerns arise. For any health-related questions or concerns that occur after hours or on weekends, encouraged patient to call their provider. If unavailable, encouraged him/her to utilize Team Health 24-hour help line at 410-543-7762.*

*Thanked patient for participating in the Community Health Worker Program.*



**FINAL/DISCHARGE NOTE:**

**Patient Name:** \_\_\_\_\_

**Date and Time Visit/Contact:** \_\_\_\_/\_\_\_\_/\_\_\_\_ : \_\_\_\_  AM  PM

**Overall Goals of Care:**  Goals Met  Goals Not Met

**Comments:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Patient Personal Goal(s):** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Need for ongoing CHW support:**  Yes  No

**Comments:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Red Flag Review Sheet reviewed with patient. Patient denies any concerning signs or symptoms at this time. Reinforced need to call MD or 911 should anything occur. Patient verbalized understanding.*

**Appointments:**  Reviewed and confirmed

- Confirmed patient has transportation to and from appointments
- Patient does not have transportation to and from appointments
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- Patient currently plans to attend all appointments as arranged
- Encouraged attendance and emphasized its impact on patient's overall health and plan of care
- Patient has attended all appointments as scheduled
- Other: \_\_\_\_\_

Confirmed that patient is engaged and plans to participate

OTHER: \_\_\_\_\_

**ASSESSMENT UPDATE NOTES:**

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*Updated care sheet as indicated. Encouraged patient to place on refrigerator or in area of high visibility.*

*CHW and CCS contact information provided for non-emergent needs. Encouraged him/her to call should any concerns arise. For any health-related questions or concerns that occur after hours or on weekends, encouraged patient to call their provider. If unavailable, encouraged him/her to utilize Team Health 24-hour help line at 410-543-7762.*