



MDH Update

Maryland Consortium on Coordinated Community Supports Meeting

September 22, 2022



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Maryland School-Based Health Center Program Overview

1. Goals and Strategic Priorities
2. MD SBHC Program Status Update
3. Program Development
4. SBHC Initiatives

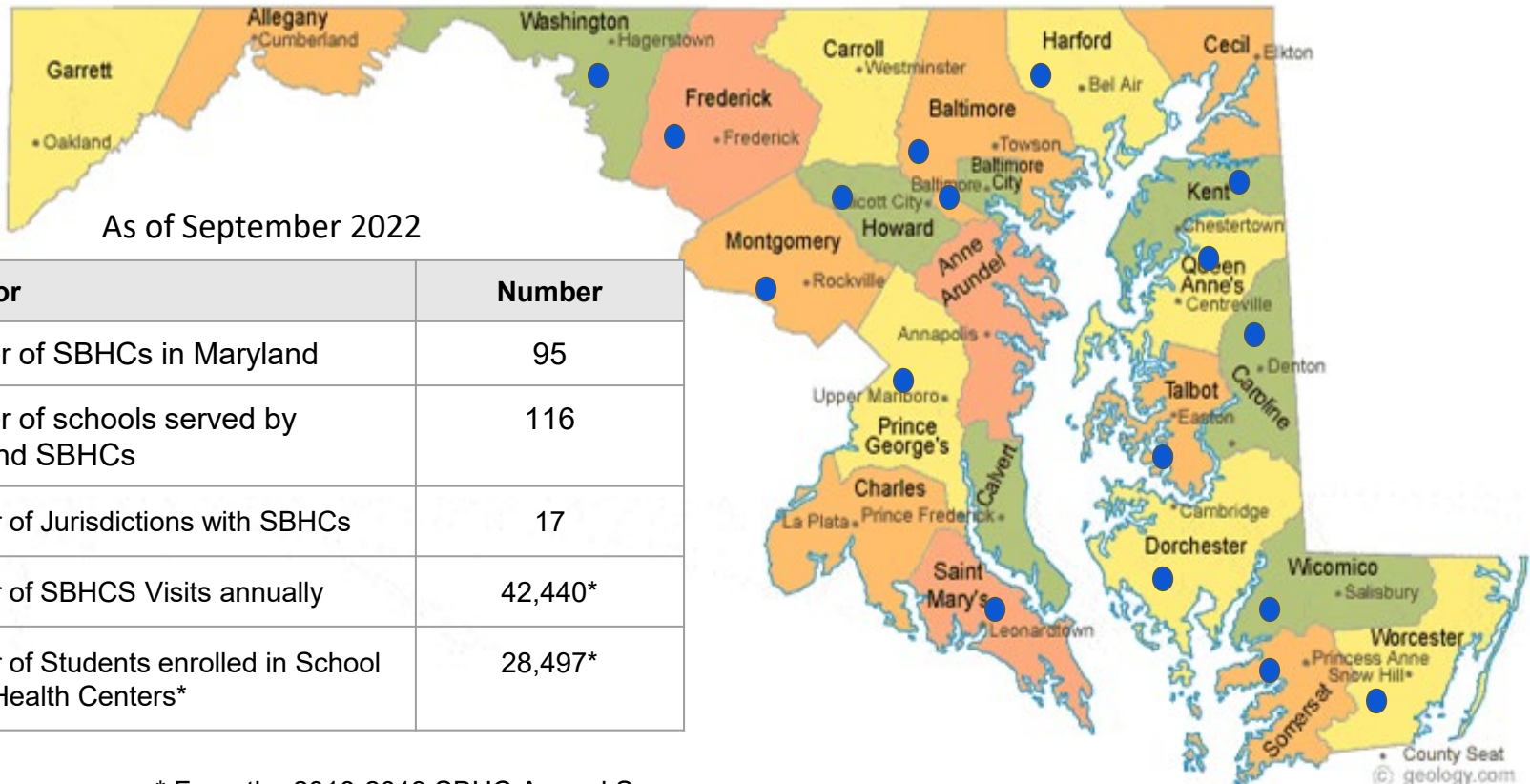
Any questions regarding the program, please contact:

md.sbhccprogram@maryland.gov

Goals of the Maryland SBHC Program

- Integrate with the larger system of healthcare, public health, and social services in Maryland to provide coordinated support for Maryland's children and adolescents
- Reduce the total cost of healthcare by reducing costs related to unnecessary emergency room visits and hospital stays
- Make quality primary care, preventive and mental health services accessible and available, particularly in communities of need, in Maryland
- Provide youth- and adolescent-friendly, trauma-informed care for all students
- Maximize educational success through improved health and well-being

State of the Maryland SBHC Program



Indicator	Number
Number of SBHCs in Maryland	95
Number of schools served by Maryland SBHCs	116
Number of Jurisdictions with SBHCs	17
Number of SBHCS Visits annually	42,440*
Number of Students enrolled in School Based Health Centers*	28,497*

* From the 2018-2019 SBHC Annual Survey

State of the Maryland SBHC Program (II)

- As a reminder, approvals for *new SBHCs* are paused during SFY 2023 to allow the Program to develop during its initial year in MDH
- Building the SBHC team (Recruiting and onboarding 3 members)
- Currently in process:
 - Regulations
 - Standards
 - Policies and Procedures
 - SBHC Toolkits

New Maryland SBHC Program Website



MARYLAND DEPARTMENT OF HEALTH
Maryland School-Based Health Center Program

FAMILY AND COMMUNITY HEALTH

- A-Z Index
- Our Accomplishments
- Our Vision
- Babies Born Healthy
- Child and Adolescent Health
- Child Fatality Review
- Child Maltreatment
- Family and Community Health
- Family Planning
- Fetal and Infant Mortality Review
- Home Visiting Program
- Intimate Partner Violence

The Maryland School-Based Health Center Program



- Information about the Maryland SBHC Program
- List of SBHC's by jurisdiction with contact information and hours
- Resources for SBHC Program Administrators

Current SBHC Initiatives

Grant Program

- Approved and executed infrastructure and operational grants of over \$7 million for State Fiscal Year (SFY) 2023

Needs Assessment

- Describe and evaluate existing SBHCs in Maryland
- Identify communities in Maryland with health & education disparities that may benefit from a SBHC's services
- Develop an equitable funding formula for grant funds

Current SBHC Initiatives cont.

- Partnering with Maryland Medicaid on:
 - streamlining processes (e.g., Provider Enrollment)
 - supporting SBHC Billing Practices
- Developing a robust foundation in SBHC Data
 - Annual Surveys



Mobile Response & Stabilization Services Brief Overview

September 22, 2022

Framing the Work

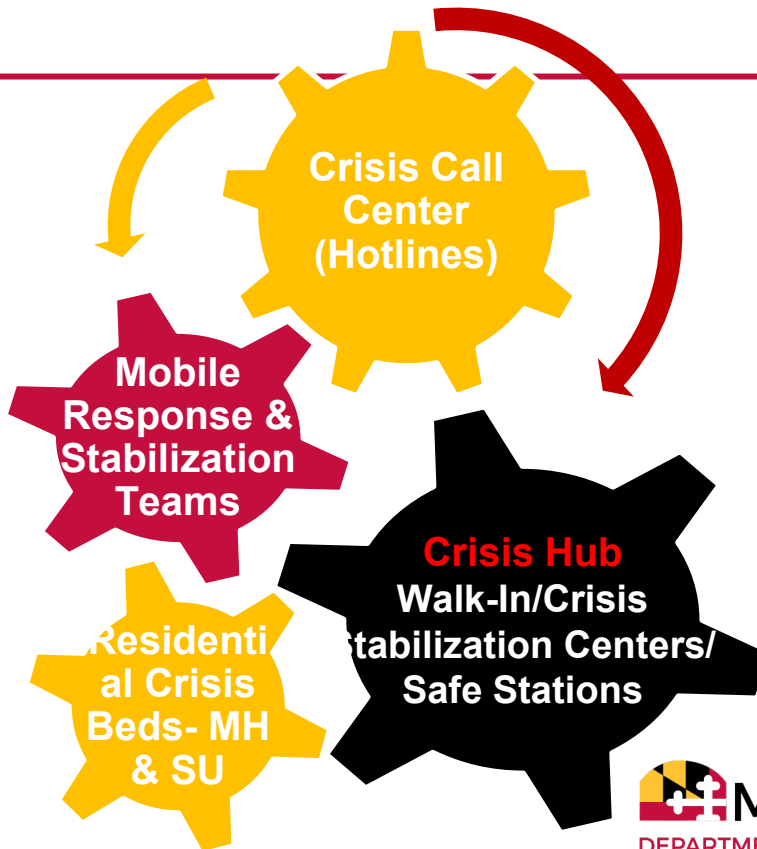
Maryland is committed to supporting children, youth, young adults, and families in being safe, healthy, and successful in their homes, schools, and communities. The state is designing and implementing a full continuum of crisis services for all families in support of this goal.

Maryland Behavioral Health Crisis System Continuum

Someone to Call
(Crisis Call Center)

Someone to Respond
(Mobile Response & Stabilization Teams)

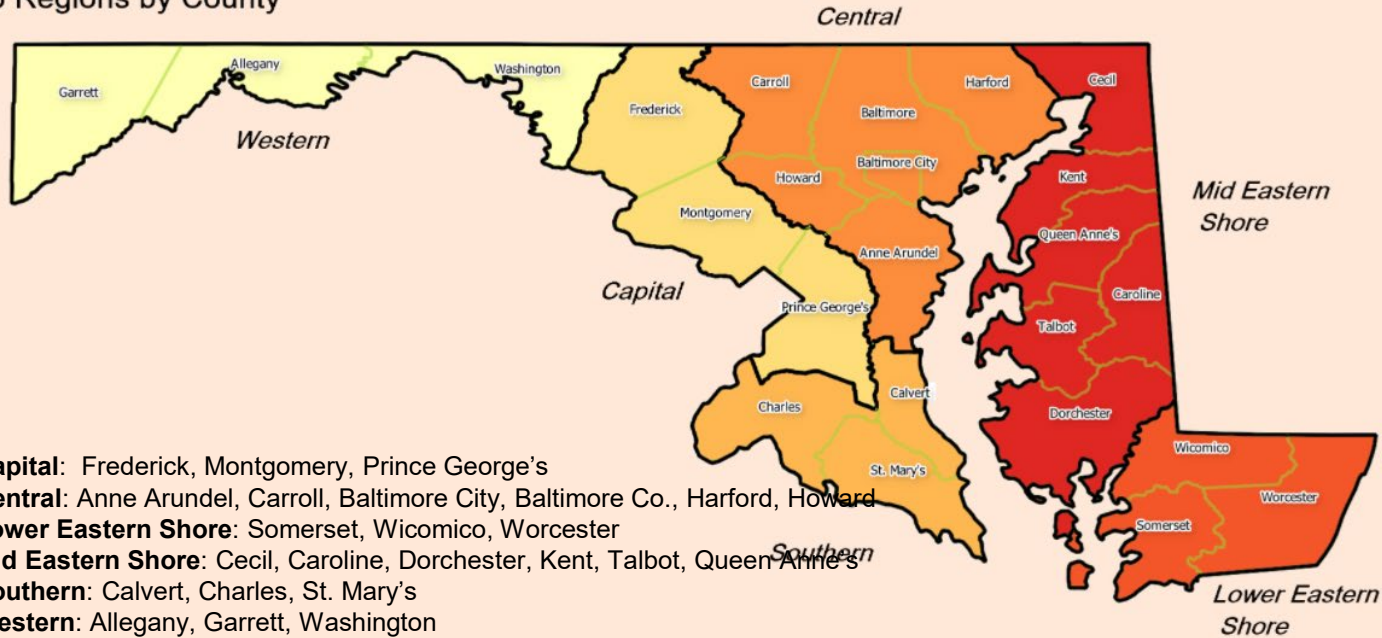
Somewhere to Go
(Crisis Hub ~ Safe Stations/Walk-In/Urgent Care, Stabilization and Residential Crisis Beds)



Based on SAMHSA, Crisis Now

Developing an Equitable Crisis System Across Maryland – 6 Region Approach

6 Regions by County



Capital: Frederick, Montgomery, Prince George's

Central: Anne Arundel, Carroll, Baltimore City, Baltimore Co., Harford, Howard

Lower Eastern Shore: Somerset, Wicomico, Worcester

Mid Eastern Shore: Cecil, Caroline, Dorchester, Kent, Talbot, Queen Anne's

Southern: Calvert, Charles, St. Mary's

Western: Allegany, Garrett, Washington

Based on 2021 MDH Facilities Master Plan, MDH Center for Chronic Disease Prevention and Control, and HSCRC Initiatives”
Resource Links:
<https://ibis.health.maryland.gov/GeoResource/MarylandRegions.html>

<https://health.maryland.gov/Pages/Master-Facilities-Plan.aspx>

Mobile Response & Stabilization Services (MRSS)

MRSS is a child, youth, and family-specific intervention model designed to meet the youth and caregiver's sense of urgency when children and youth begin to demonstrate behavioral changes associated with the early phase of a crisis. Children's crisis situations significantly impact and involve the caregiver because of the nature of their relationship.

MRSS Core Components

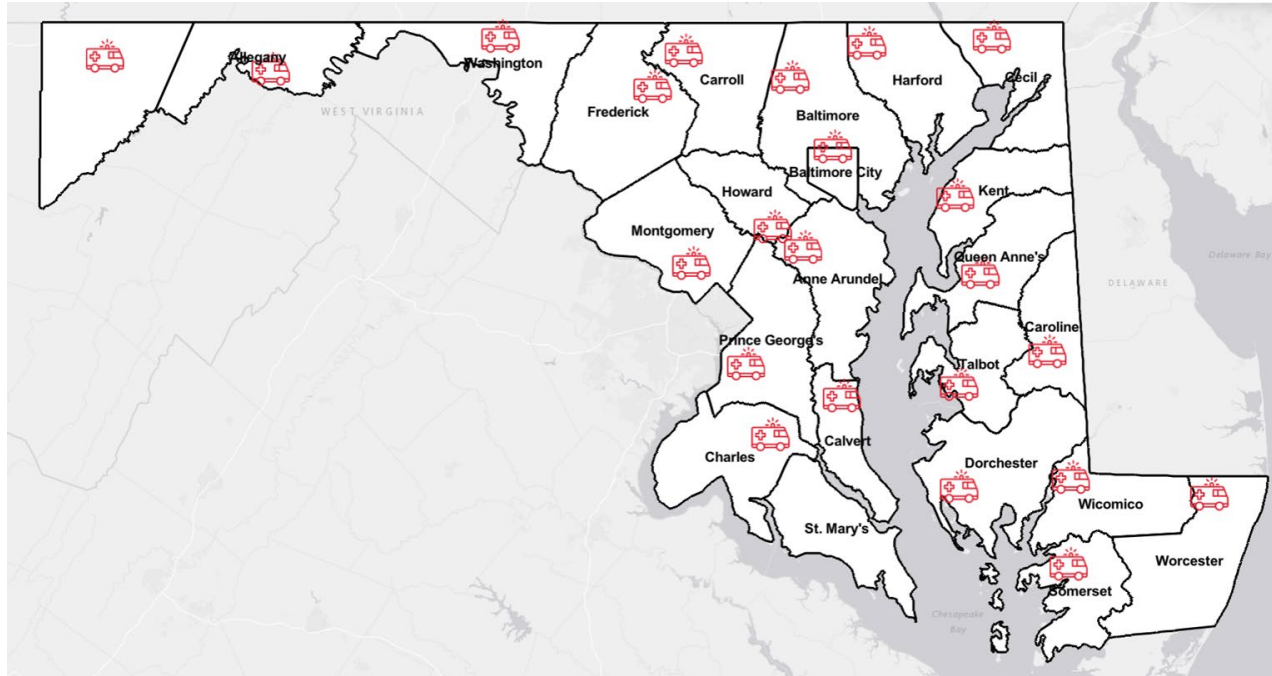
72 Hour Component

- Face to face within 1 hour
- Family defines the crisis
- Crisis de-escalation
- Assessment

Up to 8 Weeks of Stabilization

- Connection to community supports and services
- Reconnection with activities such as sporting activities, arts such as acting and painting, extra curricular activities within the school as examples
- In-home clinical support for the youth and family
- Connection to higher level of support if determined necessary

Mobile Response Teams



Currently located in
20 jurisdictions

Expanding to:
Garrett/Allegany
Charles/St. Mary's

Work Underway



Behavioral Health Standardization and Best Practices:

- Systematized definitions for crisis services, creating standards, developing regulations
- Integrating funding opportunities including ARPA Enhanced Federal Match Opportunity
- Expansion of Mobile Response Stabilization Services- Children, Adolescents & Young Adults – also expanding life span services where needed
- CAYAS MRSS bimonthly webinars to state for TA and QI
- Crisis System Data and Metrics: Call Centers, Mobile Response/Stabilization Teams, Crisis Stabilization Units
- Implementation of Federal Grant Funding
 - Care Traffic Control System- Mid-Shore Local Behavioral Health Authority (link mobile response team operations)