



## Screening, Brief Intervention, and Referral to Treatment (SBIRT)

### —Tier 2—

**Overview:** Screening, brief intervention, and referral to treatment for substance use disorders.

Modality	Intended Audience	Staffing Requirements	Additional Materials Needed
Brief, counseling session; Extended Treatment can be 4-6 sessions (up to 1 hr. each)	Ages 12 and up	Clinically oriented individuals; relevant to direct service providers	SBIRT handouts, school toolkit, student information and handouts relevant to youth and their families may need to be printed. Link to free materials provided after training.  <i>*The National Center for School Mental Health will provide training materials to all trainees.</i>

### Target Outcomes

- Increase screening and identification of the appropriate level of substance use treatment
- Encourage youth self-reported substance use and risk factors
- Identify those who are at moderate or high risk for psycho-social or health care problems related to their substance use choices
- Increase insight and awareness regarding substance use and motivation toward behavioral change
- Promote referral to treatment and access to specialty care to those who are in need

### Training Requirements and Important Considerations

**Type of Training:** One-day virtual training during regular business hours (5.5 hours)

**Continuing Education Units:** Participants can receive up to 5 credits

**Expectations for full participation and certificate of attendance:** To be considered trained, the expectation is that trainees complete the full training, demonstrate engagement (e.g., on-time, stay for the full session, camera on, participation in role-plays, practice activities). **If you miss key components of the training, you may not receive CEUs or a certificate of attendance and will need to reregister and complete the full training if spots are available.**

**Important Considerations:** While formal licensure is not required, each trainee needs to be clinically oriented. The SBIRT training is most relevant for direct service providers who do need to complete the 1-day, virtual training and ideally have a background in mental health or education to effectively collaborate and work with the youth and their families.

## Ongoing Engagement and Expectations

### POC/Supervisor Expectations:

- **Attend a Virtual Planning Meeting:** Meet with the National Center for School Mental Health and the Maryland Community Health Resource Commission to discuss metrics and deliverables including reach and target demographics, service offerings, and outcome expectations as well as the training and implementation plan for your organization.
- **Maintain regular communication** with coordinator(s) from the National Center for School Mental Health to ensure progress toward training and implementation goals including review of a monthly training email containing training and evaluation updates for your organization, and action items.
- **Provide administrative and supervisory support** to staff, including, but not limited to:
  - Share important dates (e.g. training dates, implementation support call dates), registration links, training evaluation completion reminders, and other important information with staff.
  - Ensure that providers in your organization attend the selected Evidenced Based Practices (EBPs) for which they are registered. If staff register for training and do not show up, there is not a guarantee they can train at a future date, which may impact implementation plans outlined in your grant application.
  - Please provide ongoing communication with your organization's providers about training attendance and expectations. Consider providing funding for staff time to attend training and implementation calls as appropriate.
  - Ensure staff complete all training, evaluation, and implementation tasks.

### Providers/Trainees Expectations:

- **Commit to attending the training once registered**
- **Complete the post-training evaluation survey** for each selected EBP immediately following the training
- **Attend each round of implementation support** meetings offered over the year for each EBP you are implementing and complete implementation surveys prior to each meeting
- **Implement intervention** components as specified in the training and tailored to local community as needed

\*For more information or questions pertaining to the priority EBP training logistics and expectations, please contact the National Center for School Mental Health at [BlueprintEBP@som.umaryland.edu](mailto:BlueprintEBP@som.umaryland.edu). For grant-related requirements or fiscal questions, please contact Megan Brown, the Consortium Director at [megan.brown@maryland.gov](mailto:megan.brown@maryland.gov). For evaluation or metrics and deliverables questions, please contact the National Center for School Mental Health at [BlueprintEval@som.umaryland.edu](mailto:BlueprintEval@som.umaryland.edu).