

Outcome Measure Menu for CHRC Grantees

About This Document

The "recommended" measures are validated, standardized measures of child and caregiver symptoms and/or functioning that are suitable across numerous EBPs. This allows us to align measurement tools across the different programs. These measures have been vetted by our team and in consultation with EBP purveyors. The "optional" measures are those included in the intervention materials or other suggestions by the purveyors. You can use these measures, but they might need extra work for outcomes monitoring (e.g., pre-post administration and scoring). Outcome measures should be selected by grantees to match the purpose of each intervention or EBP, with consideration of measure length, ease of use by students and/or caregivers, and availability in languages preferred by those respondents.

- Evidence-based programs (EBPs) prioritized by the Consortium and offered by the National Center for School Mental Health, in partnership with intervention developers/trainers, may require specific outcome measures, as detailed in the Table below.
- Grantees implementing interventions not on the list of priority EBPs are encouraged to use the preapproved outcome measures listed below. Other measures not on this list may be used if approved by the CHRC and NCSMH.
- Additional student/family outcome measures can be added as desired by the grantee or provider based on students and families served.

What outcome measures are preapproved?

Global Symptom / Functioning Outcome Measures	Problem-Specific Outcome Measures
<ul style="list-style-type: none"> • Pediatric Symptom Checklist (PSC-17) (preferred) • Mood and Feelings Questionnaire (MFQ) • Global Appraisal of Individual Needs-Short Screener (GAIN-SS) • Strengths and Difficulties (SDQ) • Brief Problems Checklist (BPC) • Student Subjective Wellbeing Questionnaire (SSWQ) 	<ul style="list-style-type: none"> • Patient Health Questionnaire (PHQ-9): Mood / depression including Suicide Risk • Generalized Anxiety Disorder (GAD-7): Anxiety • Screen for Child Anxiety Related Disorders (SCARED): Anxiety • Revised Child Anxiety and Depression Scale (RCADS): Anxiety and Mood • Swanson, Nolan and Pelham Teacher and Parent Rating Scale (SNAP-IV): Attention / Concentration and Behavior • Vanderbilt ADHD Diagnostic Rating Scale: Attention / Concentration, Behavior, Anxiety, Mood, Social Skills

What if our EBPs or preferred measure(s) are not on the preapproved list?

Use of any measure not on the preapproved list should be approved by the Consortium before use. If you wish to use a measure not on this list, please include information about your outcome measure in your Metrics Plan and attach a copy as an appendix. CHRC and NCSMH staff will meet with grantees individually to approve outcomes measures and other program evaluation details.

Where can I find other outcome measures?

The School Mental Health Assessment and Performance Evaluation (SHAPE) System Screening and Assessment Library is available for school and community partners to locate free and low-cost measures. More information about the SHAPE Screening and Assessment Library can be found at <https://theshapesystem.com/assessmentlibrary/>. To access the Screening and Assessment Library and any other resources in The SHAPE System, create a free account as an individual or with a school or district team at www.theshapesystem.com **Measures on the SHAPE Screening and Assessment library are NOT automatically approved for CHRC grantees.** If you find a measure on SHAPE or elsewhere you would like to use, please request approval.

How do I report which outcome measure(s) we use?

Grantees will document their outcome measures in their Metrics Plan and M&D template.

What support is available?

For technical assistance please contact the following: Elizabeth.Connors@yale.edu; Jerica.Knox@som.umaryland.edu; SReaves@som.umaryland.edu; PRobinso@som.umaryland.edu

Priority Evidence-Based Programs	Recommended Individual Outcome Measures	Optional/Supplementary Individual Outcome Measures
Adolescent Community Reinforcement Approach (A-CRA)	Mental Health and Substance Use Measure: GAIN – Short Screener <i>5-year paper/pencil license costs \$150, electronic version available at cost.</i>	Mental Health and Substance Use Measure PROMIS In EPIC and possible other EHRs. Items can be modified beyond alcohol use only. CRAFFT/CAGE-AID Can be used if items are modified to a timeframe that can facilitate pre-post comparisons. Global Symptom/Functioning Measure PSC-17 may complement, not replace, GAIN-SS or other substance use measure
Botvin LifeSkills	Symptom-Specific Measure Botvin LifeSkills Pre/Post Evaluation	Global Resilience or Wellbeing Measure Children’s Hope Scale
Botvin LifeSkills Parent Program	Global Symptom/Functioning Measure Parental Stress Scale (PSS)	Botvin LifeSkills Parent Program Health Survey
Chicago Parent Program	Symptom-Specific Measure Parenting Questionnaire <i>Caregiver Measure, from CPP Evaluation Toolkit</i> Strength and Difficulties Questionnaire <i>Child Measure, from CPP Evaluation Toolkit</i> Parental Stress Scale (PSS) <i>Caregiver Measure</i>	
Circle of Security	Symptom-Specific Measure Parental Stress Scale (PSS)	

Priority Evidence-Based Programs	Recommended Individual Outcome Measures	Optional/Supplementary Individual Outcome Measures
Cognitive Behavioral Intervention for Trauma in Schools (CBITS) / Bounce Back	Trauma Exposure and PTSD Symptoms (select one): Child Trauma Screen UCLA PTSD Index: Trauma Exposure Checklist & Child PTSD Symptoms Scale Traumatic Events Screening Inventory for Children (TESI-C)	Global Symptom/Functioning Measure PSC-17 may complement but not replace trauma exposure and PTSD symptoms measure
Counseling on Access to Lethal Means (CALM)	<i>Outreach to NCSMH team to discuss options as needed</i>	
Family Check Up	FCU Parent Caregiver Questionnaire on Family and Self FCU Parent Caregiver Questionnaire on Child (11-17 Years) FCU Parent Caregiver Questionnaire on Child (6-10 Years) FCU Parent Caregiver Questionnaire on Child (2-5 Years) FCU Adolescent Self Questionnaire (11-17 Years)	Parental Stress Scale (PSS)
Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC)	Global Symptom/Functioning Measure: PSC-17	Any Approved Problem-Specific Measure(s) listed above
Safety Planning Intervention (Stanley and Brown)	Suicidal Ideation and Behavior Measure: Columbia – Suicide Severity Rating Scale (C-SSRS) may require training	Ask Suicide-Screening Scale (ASQ) Open-Source Suicidality Scale (SS)
SBIRT – Screening, Brief Intervention, and Referral to Treatment	Mental Health and Substance Use Measure: GAIN – Short Screener 5-year paper/pencil license costs \$150, electronic version available at cost.	Mental Health and Substance Use Measure PROMIS In EPIC and possible other EHRs. Items can be modified beyond alcohol use only. CRAFT/CAGE-AID Can be used if items are modified to a timeframe that can facilitate pre-post comparisons. Global Symptom/Functioning Measure PSC-17 may complement, not replace, GAIN-SS or other substance use measure
The Student Check-Up (Motivational Interviewing)	Global Symptom/Functioning Measure: Student Subjective Wellbeing Questionnaire Re-administer pre-assessment included in manual	PSC-17 EPOCH Measure of Adolescent Well-Being School Engagement Scale Morgan Jinks Academic Self-Efficacy School Records (Grades, Discipline Referrals, Attendance)
Therapeutic Mentoring	Global Symptom/Functioning Measure: PSC-17 and/or Student Subjective Wellbeing Questionnaire	Problem-Specific Measure: Youth Strength of Relationship Measure

Priority Evidence-Based Programs	Recommended Individual Outcome Measures	Optional/Supplementary Individual Outcome Measures
Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents (UP-C/UP-A)	Global Symptom/Functioning Measure: PSC-17 (Internalizing scale only)	Problem-Specific Measure(s): RCADS (anxiety and depression) PHQ-9 (depression only) GAD-7 (anxiety only)
Youth Aware of Mental Health (YAM)	Mental health literacy measure: Youth Mental Health Literacy Scale (YMHL) Suicidal ideation and behavior measure: Columbia – Suicide Severity Rating Scale (C-SSRS) may require training	Ask Suicide-Screening Scale (ASQ) Open source Suicidality Scale (SS) <i>Outreach to NCSMH team to discuss options as needed</i>