

Menus of Evidence-Based Programs

(Category I)

The Consortium will **prioritize** funding for the following school mental health practices for which free statewide training and implementation support will be offered by the National Center for School Mental Health, in partnership with intervention developers/trainers:

** Grant applicants that commit to receive training in and implement Category I practices will receive priority consideration.*

Interventions 1-15 are intended for delivery by school mental health clinicians (may be employed by district/school or school-based community partner).

A Note on Cultural Responsiveness:

The far-right column includes publicly available information on national EBP repositories and/or the intervention website about characteristics of youth and caregivers involved in intervention studies (e.g., race/ethnicity, geography, gender) and/or resources to support cultural relevance. There is significant variability in the number of studies conducted across interventions and the extent to which data were disaggregated for specific population groups.

It is important when selecting interventions for your community to consider fit with the unique strengths, needs, and cultural/linguistic considerations of students and families in your school community.

EBP – Programs/Trainings		Focus/Short Description	Target Audience	Tier/Modality	Description/Services	Training Time Commitment and Modality	Cultural Responsiveness
1	Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and	Addresses emotional disorders, including anxiety, depression, and	7 and up	3 - individual	A type of cognitive/behavioral therapy (CBT)	Level I: One-day remote workshop Level II: Remote consultation on a course of	UP-C/UP-A is included in the CA Clearinghouse for Child Welfare with evidence to support use with following demographic groups: Hispanic/Latino, Non-Hispanic White, African American, Asian American, and Pacific Islander populations

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	Adolescents (UP-C/UP-A)	traumatic stress			treatment over a 12–16-week period ToT: One-on-one feedback based on audio recordings of UP sessions		
2	Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC)	Modules address anxiety, depression, disruptive behaviors, and traumatic stress	6 and up	3 - individual	Cognitive/behavioral therapy (CBT) for anxiety including post-traumatic stress, depression, and behavioral parent training for disruptive behaviors.	5-Day MATCH Direct Services Workshop 2-Day MATCH Supervision and Consultation Workshop	MATCH-ADTC is included in the CA Clearinghouse for Child Welfare and NIJ Crime Solutions with evidence to support use in multiple diverse populations. Note from Developer: MATCH-ADTC has been primarily tested and found to be effective in youths aged 5-15 in urban and suburban settings. Caregiver handouts are available in Spanish and the entire MATCH protocol has been translated into German and French. MATCH-ADTC is based on the MAP system (Managing and Adapting Practice) which is inherently responsive to diverse clinical and cultural factors.
3	Safety Planning Intervention (Stanley and Brown)	Suicide prevention	6 and up	3 - individual	Helping at-risk adolescents develop a list of coping strategies and sources of support		Information not available in national repositories searched.
4	Counseling on Access to Lethal Means (CALM)	Suicide prevention	All ages	3 - individual	Counseling on reducing access to means of self-harm	Group Workshop: ~3 hours, virtual T4T: ~10 hours over 2 days, virtual	Information not available in national repositories searched. Note from Developer: The trainings are focused on culturally adapting to different types of gun owners

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							<p>(those who are more run-of-the-mill, those who are more political and have a stronger identity as a gun owners, those who own primarily for self-defense, youth).</p> <p>The most recent version CALM-AAP is on the American Academy of Pediatrics website and includes a section geared to working with young people (young Black boys and young men in particular) who live in neighborhoods with high homicide rates and whose access to firearms might be their own or one shared among their friends.</p> <p>For more information on resources to support safe suicide care for specific populations, please review: [redacted] lations Zero Suicide (edc.org)</p>
5	Adolescent Community Reinforcement Approach (A-CRA)	Substance Use Disorder	12 and up	3 - individual	Cognitive/behavioral treatment to reinforce substance-free lifestyles	Virtual or in-person, one-day training OR shortened one-day training (Intro to A-CRA)	<p>A-CRA is included in the CA Clearinghouse for Child Welfare and NIJ Crime Solutions with evidence to support use with Black, American Indians/Alaska Native, Asian/Pacific Islander, Hispanic, White populations and in rural, suburban, and urban areas.</p> <p>For more information on A-CRA's research with diverse populations, please review: Cultural and Gender Relevance Lighthouse Institute EBTx A-CRA Chestnut Health Systems</p>

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							Cultural Responsiveness Committee Bibliography (chestnut.org)
6	The Student Check-Up (Motivational Interviewing)	Therapy/counseling to elicit behavior change	12 and up	2/3 – individual	<p>Semi-structured school-based motivational interview designed to help adolescents adopt academic enabling behaviors (e.g., participation in class)</p> <p>School-Based Motivational Interviewing (S-BMI) is a specific type of MI used in the school setting to adopt academic enabling behaviors (e.g., participation in class), decrease risky behaviors, and engage in health-promoting behaviors.</p>	Choice of half-day, full-day, or two-day group workshops	<p>Information not available in national repositories searched.</p> <p>Note from Developer: The majority of Student Check-Up RCTs were conducted in a small urban setting with graduate students implementing the intervention with over 50% of the middle school student population identifying as Black.</p>
7	Therapeutic Mentoring	Mentoring/Modeling; Coping Strategies	Mentors who work directly with youth	2 - individual	Develops competencies of mentors in the areas of mental health theory, research, and practice to ensure youth have access to high quality, strengths-based,	12, weekly 90-minute virtual sessions	<p>Information not available in national repositories searched.</p> <p>For more information on Therapeutic Mentoring research, please review: Publications – The Center for Evidence-based Mentoring (cebmentoring.org)</p>

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					culturally responsive, and effective mentors		
8	SBIRT – Screening, Brief Intervention, and Referral to Treatment	Substance Use Disorder early intervention	9 and up	2 – individual	Screening, brief intervention, and referral to treatment for substance use disorders	-SBIRT in Schools is a self-paced online 4.5 hr. training -SBIRT with Adolescents is a 5.5 hr., in person or virtual training -Kognito SBI is a self-paced, simulated 1.5 hr. training	School-Based Brief Interventions for Substance Use Among Youth is included in NIJ Crime Solutions with evidence to support use with Black and White students
9	Cognitive Behavioral Intervention for Trauma in Schools (CBITS) / Bounce Back	Early intervention for students experiencing post-traumatic stress reactions	6th-12th grade (CBITS) K-5 th grade (Bounce Back)	2 – small group plus individual trauma narrative	Games and activities that teach skills for healing from traumatic events, as well as cognitive/behavioral therapy to address trauma symptoms	CBITS: ~Four, 3-hour virtual trainings Bounce Back: ~Three, 3-hour virtual trainings	CBITS is included in the CA Clearinghouse for Child Welfare , Blueprints for Healthy Youth Development , and NIJ Crime Solutions with evidence to support use with the following demographic groups: African American, Hispanic/Latino, and White youth in urban environments Bounce Back is included in the CA Clearinghouse for Child Welfare , Blueprints for Healthy Youth Development , and NIJ Crime Solutions with evidence to support use with the following demographic groups: African American, Hispanic/Latino, and White youth in urban environments
10	Botvin LifeSkills	Prevention program focused on substance use,	3 rd grade and up	1 - universal	Prevention programs to help adolescents develop confidence and skills to	Virtual, one-day workshop	Botvin LifeSkills is included in the CA Clearinghouse for Child Welfare , Blueprints for Healthy Youth Development , and NIJ Crime Solutions

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		<p>coping skills, social skills, etc. (Social-Emotional Learning)</p>			successfully handle challenging situations		<p>with evidence to support use with the following demographic groups: African American, White, Hispanic/Latino, Asian, and Native American youth</p> <p>Blueprints for Healthy Youth Development indicates that LST is generalizable to a variety of ethnic groups, and has been proven effective with White, middle-class, suburban and rural youth, as well as economically-disadvantaged urban minority (African American and Hispanic/Latino) youth.</p> <p>For more information on Botvin’s research base, please review: Evaluation Studies - Botvin LifeSkills TrainingBotvin LifeSkills Training</p>
11	Youth Aware of Mental Health (YAM)	Suicide Prevention, Mental Health Literacy	9 th -12 th grade	1 - universal	A 5-session interactive school-based program for students to learn about and discuss mental health to enhance peer support and reduce depression and suicidal behavior.	5-day instructor course, in-person	<p>Information not available in national repositories searched.</p> <p>For more information on YAM’s youth driven program in diverse communities, please review: Youth Aware of Mental health (y-a-m.org)</p>
12	Circle of Security	Strengthening attachment between caregivers/educators and children, behavior	Parents/caregivers and educators of children ages 0-5	1/2 - group	A manualized, video-based program divided into eight chapters during which trained facilitators reflect with caregivers about how to	~25-35 hours, including self-directed learning and 5 required online live sessions; suggested to use half of work	Circle of Security is included in The California Evidence-based Clearinghouse for Child Welfare with evidence to support use in the following demographic groups: predominately female caregivers, African American female caregivers, children ages ~1-7, caregivers and their preschool

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		problem reduction			promote secure attachment	schedule over 2-week period	<p>children affected by prenatal alcohol exposure (PAE) and fetal alcohol spectrum disorder (FASD).</p> <p>For more information on Circle of Security’s approach to cultural responsiveness, please review: Is COSP Culturally Responsive – Circle of Security International</p>
13	Strengthening Families Program	Family bonding; parenting	High-risk and general population families	Family Support and Education	The Strengthening Families Program (SFP) is an evidence-based family skills training program for high-risk and general population families. Parents and youth attend weekly SFP skills classes together, learning parenting skills and youth life and refusal skills. They have separate class training for parents and youth in the first hour, followed by a joint family practice session in the second hour.	16 hours of virtual live training + 7 hours of pre-training prep	<p>Strengthening Families Program is included in The California Evidence-based Clearinghouse for Child Welfare, Blueprints for Healthy Youth Development, and NIJ Crime Solutions with evidence to support use for male and female children with African American caregivers</p> <p>For more information on Strengthening Families Program’s research with diverse populations, please review: Research - Strengthening Families Program</p>
14	Family Check Up	Parenting and family management	Families with children ages 2	Family Support and Education	The Family Check-Up is a brief, strengths-based intervention effective for reducing	E-Learning course: 11-13 hours of self-paced learning and evaluation	<p>Family Check Up is included in The California Evidence-based Clearinghouse for Child Welfare, Blueprints for Healthy Youth Development, and NIJ Crime Solutions, with evidence to support use</p>

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			through 17		children’s problem behaviors by improving parenting and family management practices. An initial interview and a comprehensive assessment are used to gather information about the unique needs and strengths of the family. Providers use motivational interviewing to help parents identify areas of strength and areas of improvement.	<p>Provider training: 15-18 hours</p> <p>Certification of Supervisor-Trainers: ~50-60 hours</p> <p>Provider Training modality: self-paced e-learning, interactive webinar training and follow-up consultation</p> <p>Supervisor-Trainer: individualized consultation, observation, and evaluation; review and provide feedback on video sessions</p>	with the following demographic groups: African American, Caucasian, Hispanic/Latino, Asian, & Biracial families; male and female children, and female caregivers.
15	Chicago Parenting Program	Positive parenting, behavior problem reduction	Ages 2-8	Family Support and Education	12-session evidence-based parenting program created for parents of young children (2-8 years old) to strengthen parenting and reduce behavior problems in young children	~3 hour, 4-day virtual training	<p>Chicago Parenting Program is included in CA Evidence-Based Clearinghouse and NIJ Crime Solutions with evidence to support use with the following demographic groups: African American, Hispanic, and White families; some studies included male caregivers</p> <p>For more information on research with diverse populations, please review:</p>

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						Our Research (chicagoparentprogram.org)

In addition to the school mental health practices above, hubs in partnership with school districts will be offered the opportunity to apply for training and supported implementation in:

EBP – Programs/Trainings	Focus/Short Description	Target Audience	Tier/Modality	Description/Services	Training Time Commitment and Modality	Cultural Responsiveness	
16	Mental Health Essentials for Teachers and Students	Mental Health Literacy for educators and students	K-12	1 - universal	Educator training to enhance mental health literacy of educators and students	Part I (mental health literacy for teachers): ~4-6 hours, virtual training Part II (student curriculum delivery training): 4-hour, virtual training (in addition to Part I)	Mental Health Essentials is a U.S. adaptation of the Canadian-developed intervention, The Guide. The Guide has been implemented throughout Canada, the U.S., and several other countries with diverse student populations. Evaluation information is available on The Guide website .
17	Good Behavior Game	Positive Behaviors/ Classroom Environments	K-5	1 - universal	A behavioral classroom management strategy to help students develop teamwork and self-regulation skills.	Teacher implementation training: 2-day training for teachers Coach training: 2-day training for coaches ToT Model: 3-day training option (AIR-led model) OR 5-day training option (Coach-led model)	Good Behavior Game is included in CA Evidence-Based Clearinghouse , IES's What Works Clearinghouse , Blueprints for Healthy Youth Development , and NIJ Crime Solutions with evidence to support use with the following demographic groups: Black and White families, males, females, those with free/reduced lunch, & English Language Learners

EBP – Programs/Trainings		Focus/Short Description	Target Audience	Tier/Modality	Description/Services	Training Time Commitment and Modality	Cultural Responsiveness
18	Pyramid Model/Positive Solutions for Families (PSF)	Positive Behaviors/ Classroom Environments	PreK-K	Tiers 1-3	Schoolwide model to promote the social, emotional, and behavioral outcomes of young children birth to five, reducing the use of inappropriate discipline practices, promoting family engagement, using data for decision-making, integrating early childhood and infant mental health consultation and fostering inclusion.		Information not available in national repositories searched. For more information on resources to support cultural responsiveness, please review: Early Childhood Program-Wide PBS Benchmarks of Quality (EC-BOQ) CULTURAL RESPONSIVENESS COMPANION 2021 (challengingbehavior.org) and visit the resource library .

Interventions 16-18 are intended for delivery by classroom educators. School districts may be supported by CCSP hubs to implement these programs.

In addition to school mental health practices, applicants may request to participate in a learning collaborative on measurement-based care:

EBP – Learning Collaboratives	Short description	Targeted Audience for Delivery	Tier	Description/Services
Measurement-Based Care	Addresses a range of problems including anxiety, depression, and trauma	all	3 - individual	Use of frequent assessments to evaluate effectiveness of therapy and adjust as needed

(Category II)

The Consortium will also consider funding school mental health practices not on the above list, but that are:

- supported by evidence of impact on target social, emotional, behavioral, and/or academic outcomes (based on research evidence, as recognized in national registries and the scientific literature, and/or supported by practice-based evidence of success in local or similar schools or communities)
- equitable and fit the unique strengths, needs, and cultural/linguistic considerations of students and families in your community
- have adequate resource capacity for implementation (e.g., staffing capacity; training requirements, qualifications, and staff time; ongoing coaching)
- monitored for fidelity

** Applicants could receive funding to implement Category II interventions but would need to arrange their own training and implementation support.*

Examples of practices that may be funded within Category II include, but are not limited to:

EBP – programs/trainings		Focus/Short description	Target Audience for Delivery	Tier/Modality	Description/Services
1	Attachment Based Family Therapy (ABFT)	Helps a parent and child build an emotionally secure relationship	Youth between 12-18 and parents	2/3	Attachment-Based Family Therapy (ABFT) is the only manualized, empirically supported family therapy model specifically designed to target family and individual processes associated with adolescent suicide and depression. ABFT emerges from interpersonal theories that suggest adolescent depression and suicide can be precipitated, exacerbated or buffered against by the quality of interpersonal relationships in families. It is a trust-based, emotion-focused psychotherapy model that aims to repair interpersonal ruptures and rebuild an emotionally protective, secure-based parent–child relationship.

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EBP – programs/trainings	Focus/Short description	Target Audience for Delivery	Tier/Modality	Description/Services	
				ABFT consists of five therapeutic tasks that are addressed and completed as the course of therapy progresses.	
2	Acceptance and Commitment Therapy (ACT)	Psychological flexibility	Ages 6-18	2/3	Uses acceptance and mindfulness strategies, together with commitment and behavior change strategies, to increase psychological flexibility
3	Brief Intervention for School Clinicians (BRISC)	Addresses emotional and behavioral stressors	HS students	2/3	Responsive to the typical presenting problems of high-school students, as well as their approach to help-seeking and their patterns of service participation
4	Check and Connect	Student engagement and persistence in school	k-12	2/3	The " Check " component refers to the process where mentors systematically monitor student performance variables (e.g., absences, tardies, behavioral referrals, grades), while the " Connect " component refers to mentors providing personalized, timely interventions to help students solve problems, build skills, and enhance competence
5	Check In Check Out	Addresses common classroom behavior challenges	K-12	2/3	A student receiving CICO meets with adults throughout the school day to reinforce and track behavioral goals.
6	Dialectical Behavior Therapy (DBT) for Schools	Emotional Problem Solving	Grades 6-12	2/3	Helps adolescents manage difficult emotional situations, cope with stress, and make better decisions
7	Interpersonal Psychotherapy for Adolescents (IPT-A)	Depression / Suicidal ideation and behavior	Ages 12-18	2/3	outpatient treatment for teens who are suffering from mild to moderate symptoms of a depressive disorder, including major depressive disorder, dysthymia, adjustment disorder with depressed mood, and depressive disorder not otherwise specified
8	IPT-A - Ultra-Short Crisis Intervention (IPT-A- SCI)	Suicidal ideation and behavior	Adolescents	2/3	To address the critical need in crisis intervention for children and adolescents at suicidal risk, based on Interpersonal Psychotherapy (IPT), the ultra-brief acute crisis

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				intervention is comprised of five weekly sessions, followed by monthly follow-up caring email contacts to the patients and their parents, over a period of three months.
9	Support for Students Exposed to Trauma (SSET)	Trauma	Children in late elementary school through early high school (ages 10-16)	<p>A series of ten lessons whose structured approach aims to reduce distress resulting from exposure to trauma.</p> <p>SSET is designed to help schools and school systems that do not have access to school-based clinicians. Designed with and for teachers and nonclinical school counselors, this program targets students in fifth grade and above. SSET uses a lesson-plan format instead of a clinical manual.</p>
10	Trauma-Focused CBT (TF-CBT)	Trauma	Children and adolescents	structured, short-term treatment model that effectively improves a range of trauma-related outcomes in 8-25 sessions with the child/adolescent and caregiver
11	Executive Functioning interventions (see Brain Futures report)	Executive functioning	Various age groups, interventions available for Pre-K-12	<p>See pgs. 44-66 here</p> <p>Universal, group, and individual interventions that target executive functioning (I.e., planning, meeting goals, following directions, etc.)</p>
12	Incredible Years	SEL	Infant, toddler, school-age children	Incredible Years is a series of interlocking, evidence-based programs for parents, children, and teachers. The goal is to prevent and treat young children's behavior problems and promote their social, emotional, and academic competence.
13	MindUP	Mindfulness; SEL; Brain Literacy	Offered in three age-related levels, Pre-K-2, Grades 3-5, and Grades 6-8	MindUP is a classroom program that provides a curriculum at the intersection of neuroscience, positive psychology, mindful awareness, and SEL. The aim of MindUP is to help students focus their attention, improve

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				self-regulation skills, build resilience to stress, and develop a positive mindset in school and in life
14	Positive Action	Positive youth development; Behavior supports	PreK-12	Positive Action is a 7-unit curriculum that works through the Thoughts-Actions-Feelings (TAF) Circle to emphasize actions that promote a healthy and positive TAF cycle.
15	Second Step	SEL	PreK –12 Staff	Second Step programs help students build social-emotional skills—like nurturing positive relationships, managing emotions, and setting goals
16	Signs of Suicide	Suicide prevention	Students in grades 6-12	SOS teaches students how to identify signs of depression and suicide in themselves and their peers, while providing materials that support school professionals, parents, and communities in recognizing at-risk students and taking appropriate action.
17	Source of Strength	Suicide prevention	K-12 (separate programs for elementary and secondary)	<p>Sources of Strength is a radically strength-based, upstream suicide prevention program with shown effectiveness in both preventative upstream and intervention outcomes.</p> <p>Sources of Strength has both an elementary and secondary model. Sources Secondary trains groups of Peer Leaders supported by Adult Advisors to run ongoing public health messaging campaigns to increase wellness and decrease risk in their schools. Sources Elementary is implemented as a universal classroom based Social Emotional Learning curriculum. The model incorporates the Sources of Strength protective factor framework, more robust language on mental health, and a prevention lens that many elementary SEL models lack.</p>

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EBP – programs/trainings		Focus/Short description	Target Audience for Delivery	Tier/Modality	Description/Services
18	Teen Mental Health First Aid (T-MHFA)	Mental health literacy	Teens in grades 10-12, or ages 15-18,	1	Teaches students how to identify, understand and respond to signs of mental health and substance use challenges among their friends and peers.
19	Tools of the Mind	Social-emotional; Self-regulatory skills Teacher professional development	PreK and K staff	1	Tools of the Mind is a research-based early childhood model combining teacher professional development with a comprehensive innovative curriculum that helps young children to develop the cognitive, social-emotional, self-regulatory, and foundational academic skills they need to succeed in school and beyond.
20	Conscious Discipline	Trauma-informed SEL	Teachers; Admin; MH Professionals; Parents	1	Conscious Discipline creates a compassionate culture and facilitates an intentional shift in adult understanding of behavior via the Conscious Discipline Brain State Model. It provides specific brain-friendly, research-backed strategies for responding to each child's individual needs with wisdom.
21	Classroom Check Up	Classroom management	Teachers	1	Contains web-based tools and training in the form of intervention modules to support both teachers and coaches. Each module incorporates elements such as videos, assessment instruments, strategy tools, and action planning tools to facilitate effective and efficient implementation of evidence-based classroom management practices
22	Adolescent Depression Awareness Program (ADAP)	Depression	Adolescents	1	Includes 3 classes focused on interactive activities, video sessions, and discussions
23	Restorative Practices	Problem solving and conflict resolution	K-12	1	A classroom and school-based strategies to proactively build healthy relationships and a sense of community to prevent and address conflict and wrongdoing
24	Classroom WISE	Mental health literacy	K-12	School Staff Training	Classroom WISE is a free self-guided online course focused on educator mental health

EBP – programs/trainings	Focus/Short description	Target Audience for Delivery	Tier/Modality	Description/Services
				literacy, informed by and co-developed with educators and school mental health professional across the United States
25	Youth Mental Health First Aid (Y-MHFA)	Mental health literacy	Adults who regularly interact with young people	<p>School Staff Training</p> <p>Youth Mental Health First Aid, an 8-hour course, is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis.</p> <p>The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.</p>
26	Facilitating Attuned Interactions (FAN)	Provider-parent relationship	Mental health, School Nurse/Health Suite, Educators and Teacher Assistants and Administration, Special Education teams	Family Support and Engagement FAN's aims to strengthen the provider-parent relationship, resulting in parents who are attuned to their children and ready to try new ways of relating to them.
27	Teacher WISE	Educator well-being	Teachers and school staff at all levels	School Staff Training Helps educators assess their own well-being and personalize their learning with specific strategies that enhance their well-being
28	Be Strong Families Parent Cafes	Family relationships	Families and caregivers	Family Support and Education Cafés are structured, small group conversations to facilitate transformation and healing within families, build community, develop peer-to-peer relationships, and

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EBP – programs/trainings		Focus/Short description	Target Audience for Delivery	Tier/Modality	Description/Services
					engage parents as partners in the programs that serve them.
29	Family Bereavement Program	Family Bereavement	Youth who are 8 to 18 years old who have lost a parent/caregiver and the surviving parent/caregiver	Family Support and Education	A community-based or clinical program, is designed to enhance parenting skills, teach helpful coping methods, foster constructive communication, and create and sustain healthy parent-child relationships following the recent death of a parent or caregiver through group sessions.
30	Parent CRAFT - Community Reinforcement and Family Training	Substance Use	Families of teens or young adults	Family Support and Education	Community Reinforcement and Family Training, or CRAFT, is an approach to help parents and other caregivers change their child’s substance use by staying involved in a positive, ongoing way.
31	Strengthening Family Coping Resources (SFCR)	Trauma; PTSD	Families living in traumatic contexts	Family Support and Education	SFCR is a manualized, trauma-focused, skill-building intervention. It is designed for families living in traumatic contexts with the goal of reducing the symptoms of posttraumatic stress disorder and other trauma-related disorders in children and adult caregivers. SFCR provides accepted, empirically supported trauma treatment within a family format.
32	PEP - Educating Parents, Enriching Families	Family Relationships	Families with children from 5-18	Family Support and Education	Gives families the knowledge to understand the underlying causes of their children’s behavior, and the practical skills and tools they need to address problems right away