

Maryland Community Health Resources Commission Grants Awarded – FY 2024 Call for Proposals

June 30, 2024

Chronic Disease

City of Frederick Department of Housing and Human Services (Frederick County; total award \$200,000): The program will address the disproportionate impact of chronic diseases including diabetes and high blood pressure on low-income Hispanic residents in Frederick County. The program provides medical supplies (glucose meters and BP cuffs), education, and case management services. The social determinants of health are addressed by deploying bilingual outreach workers and a mobile health unit to targeted communities.

Community Free Clinic, Inc. (Washington County; \$220,500): The program will provide transportation access to improve health outcomes for medically uninsured, low-income residents of Washington County. The program through its partnership with the Community Action Council will provide consistent and reliable transportation to medical appointments, health services, and social service providers.

Elaine Ellis Center of Health, Inc. (Prince George's County; \$335,000): The project will provide chronic disease management services to families and caregivers of children in partnering schools. This initiative leverages existing partnerships with (14) Prince George's County community schools and plans to expand to 7-10 more, offering chronic disease assessment, care coordination, health education, intensive chronic disease management, and referrals to address social determinants of health including housing, food, transportation and domestic violence.

Harbor Hospital, Inc. DBA MedStar Harbor Hospital, (Baltimore City, Baltimore County; \$250,000): The program will reduce health disparities through the operation of two Mobile Health Centers in south Baltimore City and the Franklin Square community of Baltimore County. Mobile health services will address primary care, cancer screenings, women's services and crisis intervention. A community health advocate will connect patients to supplemental support services to address housing, behavioral health, food access, job assistance and substance use treatment.

La Clinica del Pueblo, Inc. (Prince George's County, Montgomery County; \$500,000): The program will address disparities in chronic conditions such as diabetes, hypertension, and obesity among low-income, uninsured, and underinsured Latinx communities in Prince George's and Montgomery Counties. The program will expand capacity to serve an additional 1,500 patients at the La Clinica del Pueblo Hyattsville location.

Pride Center of Maryland (Baltimore City; \$480,000): The program will address chronic disease prevention and disease management among sexual and gender minorities in the Baltimore City Black/African American and Latinx communities. The program will target diabetes, hypertension, and heart disease education and management through on-site and community health screening, navigation to primary care services, and health education in partnership with community partners Total Health Care (THC), Druid Heights Community Development Corporation, and Black Men's Xchange (BMX).

Dental Services

Choptank Community Health System (Eastern Shore; \$732,000): This program will expand oral surgery services for uninsured and underinsured eastern shore residents through the hiring of an in-house Oral Maxillo-Facial surgeon and surgical assistants. The program will provide services at Choptank Community Health System and Chesapeake Health.

Healthcare Access Maryland (Baltimore City, Baltimore County, Anne Arundel Counties; \$400,000): This program will provide access to dental and primary care services for returning justice-involved citizens who plan to reside in Baltimore City, Baltimore County and Anne Arundel County. The program engages individuals 180 days prior to scheduled release and creates a care plan and connections to insurance, primary care and dental services.

Help and Outreach Point of Entry (H.O.P.E. Inc.) (Lower Eastern Shore; \$300,000): The program will address disparities in access to dental care for patients in the Wicomico, Worcester, and Somerset Counties who are at or below 100% of poverty and to assist those under 200% of poverty. The program will provide financial assistance to cover the cost of prosthetics and other services not covered under the Medicaid Dental Benefit. The program will also educate clients on insurance coverage and the importance of maintaining oral health.

Behavioral Health

Associated Catholic Charities Inc. (Baltimore County; \$365,000): The program will provide culturally and linguistically appropriate therapy services, through group and behavioral health therapy, community resource navigation services, and case management to support underserviced communities, particularly those undocumented immigrant populations in the Dundalk area of Baltimore City.

Black Girl Health Foundation, Inc. (Prince George's Counties; \$250,000): The program will address disparities in access to mental health care for stress, anxiety, depression, bipolar disorder, schizophrenia, and major depressive disorders among Black and African American women in Prince George's County. The program will provide outpatient mental health services, person-centered and trauma-informed behavioral health interventions, medication management, and a psychiatric rehabilitation program to address self-care, personal hygiene, nutrition planning, cooking skills. The program also provides transportation services.

Chinese Culture and Community Service Center, Inc. (Montgomery County; \$500,000): The program will address disparities in mental health services, awareness and stigma among the Asian-American community in the Capital Region. The program will expand staff to provide individual and group counseling. The program will also provide education activities and awareness campaigns to enhance awareness and change the perception of mental health in the Asian-American community.

Grassroots Crisis Intervention Center, Inc. (Central Maryland; \$430,000): The program will expand the Outpatient Mental Health Clinic behavioral health and substance use disorder services to serve clients in Howard County and surrounding counties. The program serves residents who have low or no income, those who are experiencing homelessness, and those who are uninsured and lack access to therapy and medication. The program provides open access to services.

Helping Up Mission, Inc. (Baltimore City; \$400,000): The program will expand services to Hispanic men, pregnant and post-partum mothers, and accompanying children in Baltimore City through the delivery integrated health and social services. The program addresses mental health and substance abuse counseling, insurance access, primary and specialty health care, oral health, vital documents access, public benefit connections, and transportation.

Hope Rising Resource Center (Carroll County; \$130,000): The program will address disparities in mental health services for low-income, uninsured/underinsured, and LGBTQIA+ residents in southern Carroll County, a mental health provider shortage area, through the expansion of provider and billing services. The program will provide low/no-cost mental health counseling, mental health education/experiential workshops and events, recovery support, individual health progress tracking, and coordination with community partners to provide solutions to other social determinant of health needs.

Lighthouse, Inc. (Baltimore County; \$270,000): The program will expand services for neurodivergent clients, LGBTQIA+ clients, and first-generation American clients living in southwestern Baltimore County and surrounding

areas; the majority of whom have low or very low incomes. The program will provide individual and family counseling and will also refer clients to emergency services for food, utilities, housing assistance and other essential services provided through community partners.

PIVOT (Baltimore City; \$413,000): The program will improve mental health and the social determinants of health for extremely low-income women upon release from incarceration and living in Baltimore City. The nine-week program will provide case management, and access to on-site specialized mental health services, referral and transportation to psychiatry, addiction maintenance medication, family support and women's health services, and linkages to health insurance. The program also provides employment readiness/placement, financial literacy, housing stability, transportation, food assistance, childcare and parenting support, and access to other basic needs.

Maternal & Child Health

Baltimore Medical System, Inc. (Baltimore City; \$205,000): The program will expand the CenteringPregnancy program at the BMS Yard 56 clinic in southeast Baltimore for women who live in this low-income area with high levels of social determinant of health needs. The program will provide care in 90-minute cohort appointments and address nutrition, stress, labor, and educate on the controlling factors that increase the risk for hypertension, diabetes and pre-eclampsia.

Prince George's Child Resource Center, Inc. (Prince George's County; 310,000): The program expands access to the "Family Connects Prince George's" program that provides 1-3 home visits within one month of discharge. These visits provide wellness checks for caregivers and babies and connect families to primary care, provides post-partum health access and education, and refers families to Healthy Families America ongoing home visiting program, if appropriate. The program also addresses systemic barriers related to cycles of poverty, chronic health conditions, mental health issues, language barriers and limited education.

University of Maryland Baltimore Washington Medical Center (BWMC) (Anne Arundel County; \$310,000): The program will improve birth outcomes by reducing racial disparities for non-Hispanic Black and Hispanic obstetrics UM BWMC patients in northern Anne Arundel County and southern Baltimore City. The program will reduce the likelihood of gestational diabetes (GDM), improve health literacy related to nutrition and physical activity, and address social determinants of health for women of reproductive age. The program will connect at-risk women to a registered dietitian for nutrition counseling and launch a pilot to use the RXFood app and provide a community health worker to address food insecurity through Moveable Feast.