



Board of Nursing

Wes Moore, Governor · Aruna Miller, Lt. Governor · Meena Seshamani, M.D., Ph.D., Secretary

Maryland Board of Nursing

Nursing Assistant Training Program/Acute Care Nursing Assistant Training Program Maryland Skills List

Students of an acute care nursing assistant training program and nursing assistant training program are required to demonstrate the skills listed below when taking the Board-approved nursing assistant competency evaluation. See 42 CFR 483.154(b)(2) *Demonstration of skills*. Training programs are responsible for ensuring that students are found competent in performing all skills in the laboratory facility before performing in a clinical facility. The Code of Maryland Regulations (COMAR), specifically, *COMAR 10.39.02.06D(1)(2)*, states in relevant part:

.06 Curriculum.

D. Laboratory Instruction and Clinical Learning Experience.

- (1) Each training program shall provide laboratory instruction in and require students to demonstrate clinical competence in performing skills consistent with the subjects under §B of this regulation.*
- (2) A training program shall ensure that students may not perform any services during their clinical learning experience for which they have not trained and been found proficient by the course instructor.*

When submitting either of the following documents, training programs are required to include a copy of their skills verification checklist used to evaluate student performance. This checklist must include a step-by-step process for all skills covered in the training program's curriculum, including those required for CNA-I certification.

- Acute Care Nursing Assistant Training Program Application for Approval
- Nursing Assistant Training Program Application for Approval

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Interpreter Services are available upon request.

Maryland Skills List

Testable Skills	
1.	Assists client to ambulate using a gait (transfer) belt
2.	Assists client with the use of bedpan
3.	Applies knee-high elastic stockings
4.	Counts and records radial pulse
5.	Counts & records respirations
6.	Denture care (cleans an upper or lower denture)
7.	Donning and Doffing a gown and gloves
8.	Dresses client with an affected (weak) side
9.	Gives modified bed bath (face and one arm, hand and underarm)
10.	Feeds client who cannot feed self
11.	Hand hygiene
12.	Measures & records manual blood pressure
13.	Measures & records urinary output
14.	Measures & records weight of an ambulatory client
15.	Performs passive range of motion for one shoulder
16.	Performs passive range of motion for either one knee and one ankle or hip and knee
17.	Positions client in bed on their side
18.	Provides foot care (one foot)
19.	Provide mouth care (brushing a client's teeth)
20.	Provides perineal care for female
21.	Transfers client from bed to wheelchair using a gait (transfer) belt