Greater Lexington Park
Health Enterprise Zone (HEZ) Project

MedStar St. Mary’s Hospital
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Vision

Establish accessible, integrated, culturally competent healthcare in the HEZ supported by clinical care coordination, prevention services, community outreach and education

Core Disease States

Diabetes, Asthma, Hypertension, Congestive Heart Failure, Chronic Obstructive Pulmonary Disease, Behavioral/Mental Health Diseases
HEZ Demographics

• Population of approximately 34K in 3 zip codes (20653, 20634, 20667)

• Clients being assisted
  – 31% identify as Hispanic
  – 46% identify as Black or African American

Approximately 7% identify as Hispanic
Greater Lexington Park Health Enterprise Zone

- **Lexington Park:**
  - Life Expectancy: 77.6 (lower than 79.1 years eligible)
  - Medicaid Enrollment: 200.93 (higher than 109.1 per 1000 eligible)
  - WIC participation: 38.77 (higher than 18.0 per 1000 eligible)

- **Great Mills:**
  - Average % low birth rate: 7.4 (higher than 6.4 per 1000 births eligible)
  - Medicaid enrollment: 128.84
  - WIC participation: 20.49

**Needed to meet either life expectancy or low birth weight and Medicaid enrollment or WIC participation thresholds.**
Major Program Components

- **Hospital encounter**
  - Inpatient (readmission risk factors triggers Care Coordinator)
  - Emergency Room (follow up by Community Health Worker)

- **Care Coordinator**
  - Home visits, care plans, phone support, medication reconciliation
  - Working with other care coordination programs and primary care

- **Community health worker**
  - Removing Barriers (Their training is offered to whole community)
  - Transportation (shuttle and medical specialty routes)

- **Outpatient Care**
  - Primary and specialist appointments, Dental
  - PT, Dialysis, Cardiac Pulmonary Rehab etc

- **Self management programs**
  - Walk with Ease, CDSMP, NDPP, diabetes self management program, support groups, Walden Sierra programs
Success in Year 3

- Readmission rate of RN Care Coordinated patients - 7.03%
  - State data has the whole zone Readmissions rate dropping from 13% to 8% (36.9% drop)
  - Emergency Room Visits are down
  - PQI Composite scores are below state averages

- # of new clients served by CHWs – 271
- # of client encounters with CHWs – 4421

- Shuttle ridership – 7497
- Medical Specialty rides – 440

- # of patients served by Walden for behavioral Health – 656
- # of unduplicated Psychiatric patients seen by Walden – 87
- # Dental patients seen – 42
- # Primary Care patients seen - 2105
Year 4 Focus

- Sustainability
- Care Coordination/CHW program
- Transportation
- Dental
- Behavioral Health
- Health Center/Primary Care/Psychiatry
- Provider recruitment
Lessons Learned

• Don’t be afraid to change from the original plan
• Take risks
• Data – blessing and a curse
• Be patient – don’t stop trying
• Listen to the community
• Staffing
• Vehicles
Readmissions

HSCRC Unadjusted IP Readmit Rates
(Jan-July 2016)

January 2016: 12.1%
February 2016: 8.6%
March 2016: 9.5%
April 2016: 9.1%
May 2016: 8.6%
June 2016: 11.1%
July 2016: 9.5%
Health Center Building under Construction - FINALLY
QUESTIONS?

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