

# DHMH POLICY

<http://www.dhmh.state.md.us/policies/inpolm.htm>

OPERATIONS-OFFICE OF REGULATION & POLICY COORDINATION–DHMH POLICY 02.10.03

Effective Date – May 15, 2003

## DHMH POLICY ON POLICIES

### **I. EXECUTIVE SUMMARY**

The purpose of this policy is to set forth a process for policy / procedure development, to define what is meant by the term "policy", to establish a format for policies and procedures, and to distinguish the differences between a guideline, protocol, or standard and a policy.

DHMH policies are tools used to guide employees in the performance of their work, enabling them to achieve a desired set of outcomes. DHMH procedures are instructions on what to do, and how to do it, in order to achieve those outcomes. Policies are also tools of management, used to guide operations in accordance with the policy statements. Both policies and procedures must undergo a formal development and review process, and require the Secretary's approval. DHMH policies and procedures have the benefits of being applicable Department-wide to all DHMH employees; of being recognized as the official Departmental position on an issue as approved by the Secretary; and of being easy to understand, concise, user-friendly, and written in plain-English.

### **II. BACKGROUND**

Before 1980, written policy development within the Department was limited to mostly administrative concerns. After 1980, Policy DHMH 2070 -The Development of Management Policy was adopted to help set clear objectives, delegate authority to make decisions consistent with those objectives, and to hold managers accountable for timely results. That policy concentrated on development of paper documents with little consideration of computer technology, and when evaluated in 1998, was determined to be no longer necessary.

Recent concern about management of and distinction between internal guidelines, protocols, and standards and the Departmental policies and procedures, however, has prompted a need for the reinstatement and updating of this subject. In contrast to the earlier policy's focus on paper documents, this policy is being developed to meet the needs of organizations utilizing electronic communication systems.

**Department of Health & Mental Hygiene**

**Office of Regulation and Policy Coordination**

Policy Administrator

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### III. POLICY STATEMENTS

#### A. DEFINITIONS

1. **"Guidelines, protocols, and standards"** are documents that are plans of action and/or decision making to be used internally by a component of DHHM. These documents may not apply to all DHHM employees, but those employees who are under the authority of the supervisor who authorized the documents, or those who are using the services provided by that unit, e.g., guidelines for completing an application, lab test protocols, accounting standards.
2. **"Policy"** means a plan of action and/or decision-making to be used by DHHM employees and management when encountering certain issues or conditions that are of such significance that a desired outcome has been prescribed. A policy may be developed without developing an accompanying procedure.
3. **"Procedure"** means a step-by-step process of interactions between designated individuals (actors) for the purposes of carrying out a DHHM policy. Procedures are developed when a policy requires clarification or instructions for compliance.
4. **"Responsible Unit"** means the component within DHHM that has the lead for facilitating and/or monitoring the actions outlined in a specific policy or procedure.
5. **"Non-substantive changes"** are policy/procedure edits which are not intended to change the meaning of the policy but are necessary for correctness, accuracy, organization, consistency, and usefulness including changing the software application (MS-Word, Adobe PDF, HTML), the format (margins, indents, bullets, etc), fonts(Arial, caps, bold), punctuation, spelling, paragraph and outline numbering, pagination, hypertext links, and reference citations.

#### B. GENERAL POLICY STATEMENTS

##### 1. POLICIES AND PROCEDURES – GENERAL

- a. The Secretary is responsible for the operation of the Department. DHHM policies and procedures are established under the authority of the Secretary to promote the orderly and efficient administration of the Department. [http://mlis.state.md.us/cgi-win/web\\_statutes.exe?ghg&2-102](http://mlis.state.md.us/cgi-win/web_statutes.exe?ghg&2-102). DHHM policies and procedures are tools for employees and supervisors to use to obtain the Department's desired results.
- b. Unlike laws and regulations, DHHM policies and procedures do not require legislative review. Unlike guidelines, protocols or standards, DHHM policies and procedures require the signature of approval of the Secretary, and may be applicable to any or all DHHM programs, employees, agents, grantees, contractors, etc. In recognition of the need for flexibility and accommodation of extenuating circumstances, individuals or DHHM components may request a waiver from a policy or procedure.

- c. DHMH policies and procedures are to be user-friendly, written in plain English, and contain only minimum essential technical, medical, legal or scientific terminology. Older policies are to be screened and revised to comply with this requirement. Whenever legal, scientific or technical terminology is required, a plain-English paraphrase will also be provided.
- d. The Program Director of the DHMH unit primarily responsible for the subject of the policy is also responsible for developing the draft policy/ procedure document and for submitting it to the Policy Administrator in both paper and electronic format.

## **2. POLICIES AND PROCEDURES – DEVELOPMENT**

- a. Is the subject of the proposed policy one that affects programs or employees of more than one Administration? Does the policy issue require the authority and approval of the Secretary in order to be effective? Is a formal policy necessary to assure compliance or protect the liability of the Department? When a Program Director has determined that a new policy is needed, he/she will first prepare and submit a Proposal of Policy Development (POPD) to the applicable Deputy Secretary or the Chief of Staff for approval.
- b. After the Proposal of Policy Development has been approved, a preliminary draft copy of the proposed policy / procedure will be submitted by the initiating unit to the Policy Administrator who will assign a policy number, enter the policy into the index database and the policy status listing, and review the preliminary draft document.
- c. After initial review, the Policy Administrator will recommend changes on a mark-up copy of the draft policy/procedure, returning it to the initiating unit for review. The responsible unit representative and the Policy Administrator will work collaboratively to facilitate and expedite policy development. Once agreement has been reached on the content and format of the policy/procedure, the Policy Administrator will place the draft document in a policy review folder with the support documentation to begin the review and approval process.
- d. The responsible unit will provide the necessary policy research including all relevant hypertext links and reference citations, especially the relevant Annotated Code and COMAR links.
- e. In developing a DHMH policy, consideration should be given to comparable policies in other Maryland agencies, other states, or other government units. A search of the Maryland Annotated Code, COMAR, and other internet resources would typically be accomplished during the development stage.
- f. Because the law and regulations governing the Department are continually undergoing modification, there is a need to maintain our policies with the latest references, hypertext links, and management decisions. Whenever possible, the policy should link to sites containing information that changes periodically, such as due dates, rates, fees,

names and phone numbers, thus reducing the need to update the policy.

**g. Federal, State and Local Authority**

- i. Because a significant portion of DHMH activity includes management and operation of Federal programs, the Department and its employees are required to comply with Federal guidelines. Except where State, local or DHMH guidelines are stricter, more inclusive, or specifically override Federal guidelines, employees are expected to defer to and comply with State or Federal program requirements.
- ii. DHMH policies are not required if the Department's position is in agreement with a State or Federal policy, but policies may be developed to supplement, augment, or implement State or Federal guidelines when significant issues need to be addressed. If conflicts are noted, they are to be brought to the attention of the responsible unit and the Policy Administrator.

**EXCEPTIONS:** All directives are subject to ongoing revision, so if and when conflicts or discrepancies are noted, consideration will generally be weighted in favor of the one that is most current or to the higher level of authority. In either case, however, exceptions to the general rule may be called for by the responsible Program Director.

**h. Legal Review**

- i. Since there is a need to assure that the rights of the citizens of Maryland are safeguarded; that the Department and its employees are protected; and, that inadvertent conflicts with the law, COMAR, or other directives are avoided, all DHMH policies and procedures are to be developed in consultation with staff of the Office of the Attorney General.
- ii. After a draft policy has been developed, a copy will be submitted to the OAG for review for legal sufficiency, usually before review and comments by affected Program Directors, unless the attorney requests otherwise. Generally, the staff attorney that is assigned responsibility for the unit developing the policy will also be responsible for signing off on the policy.
- iii. During the review process by affected program directors and deputy secretaries, if legal questions are raised, the questions and/or the policy will be referred back to the reviewing attorney for resolution before proceeding to the next review authority. The reviewing attorney will be provided update versions of the policy and may suggest changes throughout the review process.

**3. POLICY FORMATTING**

- a. Policies are to be formatted to optimize the electronic/online versions while also providing convenience and organization to printed versions. Since converting word-processor documents to a web-compatible format currently may result in some distortion, care must be

taken to assure the integrity of both views of the policy, so that the content is consistent, if not the exact appearance. It is also possible that online appearance of a document may vary from one computer to the next, depending on the setup and the software, therefore, formatting standards are intended for the MS-WORD 2000 version as follows:

- i. Use 8 ½” x 11” paper, portrait view, with .5’ margins on top/ bottom, and 1” on left /right margins.
- ii. The first page will include a standard policy header and footer, the latter of which may later be omitted in some electronic versions.
- iii. On subsequent pages, the format for policies will include a standard header and a footer on each page. These may be omitted In electronic versions.

1) **Header Sample:**

<b>DHMH POLICY</b> (Number) <b>SHORT TITLE</b> <b>Cross-Reference:</b> Deputy Secretariat – Program (Underline) _____
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2) **Footer: Sample:**

Underline) _____ <b>Supersedes DHMH ...</b> <b>DHMH</b> (policy number) version date) <span style="float: right;">Page ____ of ____.</span>
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b. **Style Standards:**

- i. Fonts – The standard font will be Arial 11-point-regular, with variations used by the Policy Administrator for emphasis and convenience, as needed.
- ii. Style standards do not apply to addenda and attachments.

c. All policies **must** contain the following sections:

- i. **Executive Summary** – Usually written last, this is a concise but general synopsis of the contents of the background and policy statement sections. All significant issues addressed in the policy are to be mentioned here, but also need to be addressed in detail in the Policy Statements section. [Text Format].
- ii. **Background** –This is the history of the policy, to include mention of the DHMH policy being superseded, if applicable. Federal law and the Maryland Annotated Code, COMAR, Executive Orders and other applicable State agency directives are to be acknowledged. When updating a policy, the Background section should also state what is different in this policy version from earlier versions. [Text Format]

- iii. **Policy Statements** - An organized, hierarchic listing of definitions, roles and responsibilities, principles, instructions, processes, considerations, standards, or other components of a plan to deal with the issue. [Outline Format] [Progression: I, A, 1, a, i, 1), a), i), (1), (a)]
- iv. **References** - A bulleted, alphabetical listing of laws, COMAR, publications, and information resources from which the policy is derived, or that are cited in the policy, with brief descriptions. Hypertext links to online references are to be included whenever available.
- v. **(Optional) Addenda, Exhibits, Appendix, etc.**
  - 1) Essential supplementary data, forms, tables, listings, spreadsheets, letters and other documents which support the policy statements and which are placed at the end to maintain the continuity of the policy statements.
  - 2) Other directives, laws, regulations, glossaries, dictionaries, etc. are not to be included in text as part of the policy, but may be incorporated by reference, and electronically connected by hypertext links.
- d. Policies must be kept brief and user-friendly, but may be incorporated into comprehensive DHMH manuals or handbooks, such as new employees handbooks. Care must be taken by the responsible unit to assure that the policies so incorporated are kept up to date.
- e. Program Directors may issue guidelines or protocols that link to DHMH policies for user convenience, but are not to post any separate copies of DHMH policies on web sites. This requirement is necessary to ensure that obsolete copies of policies are not left online, and are not confused with the official versions.
- f. **Content and Vocabulary**
  - i. DHMH policies are intended to be user-friendly, and therefore, need to be easily understood and usable by all affected DHMH employees.
    - 1) To the extent possible, DHMH policies are to be written in plain English, with minimal legal, medical, scientific, technical, or foreign expressions .
    - 2) Whenever legal, scientific or technical terminology is essential, a plain-English paraphrase will be provided.
    - 3) Both vocabulary and word meanings are to be consistent with other DHMH policies, unless a special definition is needed and a new meaning is emphasized.

4) Common acronyms (such as DHMH) may be used for brevity purposes, if first printed in full, and if not used repeatedly with other acronyms.

ii. Policy titles, especially, are to be succinct and descriptive, clearly indicating the explicit subject and scope of the policy at a glance, without elaborate and detailed delineation or qualification. When long titles cannot be avoided, a short title (30-40 characters) will be provided for listing and quick-reference purposes. Older policy titles must conform to this requirement when updated.

iii. In determining the level of detail of a policy or procedure, consideration must be given to which employees will be the end-users, their expected level of expertise with the subject matter, and what they will need to know to carry out the policy. Detailed, technical, or complicated instructions may better be conveyed through non-policy directives such as protocols, manuals, etc.

iv. Procedures, rather than policies, are to be used to provide detailed interaction.

v. Terms that have special meanings are to be defined in Section III-A DEFINITIONS, but only include essential terms.

vi. Definitions will be arranged in alphabetical order.

**4. PROCEDURES FORMATTING**

a. Procedures are to be formatted to optimize the use of electronic/online version while also providing convenience and organization to the printed versions. Since converting word-processor documents to a web-compatible format currently may result in some distortion or loss of formatting, care must be taken to assure the integrity of both views of the procedure, so that the content is consistent, if not the exact same appearance. It is also possible that online appearance of a document may vary from one computer to the next, depending on the setup of the software, therefore, these formatting standards apply to the MS-WORD application and printouts, as follows:

i. Use 8 ½” x 11” paper, portrait view, with .5’ margins on top/bottom, and 1” on left /right margins.

ii. On subsequent pages, the format for procedures will include a standard header and a footer on each page. These may be omitted in electronic versions.

1) **Header Sample:**

<b>DHMH PROCEDURE</b> (Number) <b>SHORT TITLE</b>
<b>Cross-Reference:</b> Deputy Secretariat – Program (Underline) _____

2) **Footer Sample:**

Underline) \_\_\_\_\_  
**Supersedes DHMH**  
**DHMH** (procedure number) version date) **Page** \_\_\_ **of** \_\_\_.

b. **Style Standards:** The standard font used will be Arial 11-point regular, with variations for convenience and emphasis at the discretion of the Policy Administrator.

c. **Required Sections**

i. All procedures will contain the following two sections formatted in two columns, like a script:

1) First Column, **ACTOR** , person responsible for the action to be taken.

2) Second Column, **ACTION STEPS**, The act to be performed by the responsible person/administration. (Text)

ii. Each step is in chronological sequence.

iii. A new sequential item number is listed whenever a different actor performs the next action required.

**5. POLICIES AND PROCEDURES - NUMBERING PROTOCOL**

a. New policy numbers consist of three sets of two digit numbers separated by periods, as follows:

i. The first set of numbers indicates the Deputy Secretariat:  
01-Executive Office  
02-Operations  
03-Public Health, and  
04-Medical Care Programs

ii. The second pair of digits refers to the Office, Program, or Administration. This results in similar subjects being grouped together.

iii. The third set of numbers is a sequential identifier, to differentiate policies within an administration.

b. Procedures have an additional period, letter "P", and a sequential procedure number following the relevant policy number (xx.xx.xx.P1, etc.)

**6. POLICIES AND PROCEDURES- PROCESSING**

a. **Review and Approval Process**

i. When a determination is made that a policy or procedure



needs to be developed for the Department, the responsible unit shall submit a Proposal of Policy Development (POPD) through the appropriate Deputy Secretary or the Chief of Staff for approval.

ii. Once approval of the POPD is received, the Policy / Procedure Review Authorities will be selected, to consist of the initiating unit's Program Director, the Directors of other affected Administrations/ Programs, the Deputy Secretaries and Chief of Staff, and the DMMH-Office of the Attorney General. Policies / procedures which affect facilities or Local Health Departments will include the relevant Administration and, at the request of the Deputy Secretary for Public Health, select facility directors or Health Officers. Other experts, specialists, or authorities may also be included in the final review process at the request of the Policy Administrator, the initiating unit, the or other review authority, but their approval is not necessarily required.

iii. The Policy Review and Approval Form (green), a "mark up" copy of the most current draft, and the signature copy of the policy will be included in the right pocket of the folder. The left pocket will include all significant interim revisions of the policy, with markups, review comments and responses, references, attachments, etc. A copy of the policy on diskette will also be included.

b. **Modified or Expedited Review and Approval Processes**

i. **E-Mail Review**-To minimize review time at the Program Director level, copies of the latest draft will be e-mailed to Directors of all programs affected by the policy with a request for comments and suggestions to be submitted generally within a week, with absence of response/comments indicating approval. The Policy Administrator and program representative(s) will work collaboratively to address issues and modify the draft where needed. The comments will be compiled and presented to the reviewing attorney and the Deputy Secretaries as part of the review package.

ii. **Committee Review**- For policies dealing with issues under the purview of DMMH committees comprised of management of affected programs such as the Health Information Coordinating Committee (HICC), the draft policy may be distributed to committee members for their review and comments. The issues and comments of reviewers are to be addressed initiating unit which will modify the draft as needed and resubmit the revision to the committee for their vote of approval. Comments will be compiled for the reviewing attorney and Deputy Secretaries' review.

iii. **Routine Update Review**- For policies that are being revised but don't include major differences from the current policy, review/approval requirements shall be limited to the responsible program director, attorney, and Deputy Secretary before being submitted to the Secretary for signing.

iv. **Representative Review-** With the approval of the Deputy Secretary for Public Health Services, instead of all program directors, facilities, or Local Health Officers reviewing a policy, select representatives may be chosen to identify and comment on the relevant issues.

v. **Concurrent Review-** In instances where review is expected to take significant time and where the supplemental information in the review packet is important for decision making, a number of duplicate review packets may be prepared and circulated for comments. All reviewers' comments and signatures are to be consolidated into one final review packet for the Secretary's signature.

c. **Review Comments and the Revision Process**

i. The initiating unit representative and the Policy Administrator will work collaboratively in refining the draft policy /procedure to reach a consensus on the edits and changes.

ii. The Policy Administrator will forward substantive comments and issues raised by reviewing authorities to the initiating unit and/or the reviewing attorney who shall respond to the comments in writing or e-mail, and a copy of the responses will be included in the policy review folder.

iii. If substantive changes are made to the policy after partial approval, an information copy of the resulting version will be e-mailed to the review authorities that have already signed off to give them an opportunity to comment on the changes.

iv. The Review and Approval Routing Sheet will accompany the revised policy / procedure for the Secretary's signature.

v. To facilitate processing, the Policy Administrator may make non-substantive, grammatical, or organizational changes to the policy, as needed, at any stage of policy development.

e. **Tracking System**

The Policy Administrator, in order to monitor the location and status of each policy folder particularly during the review process, will use an internal tracking system that indicates location and past-due responses.

f. **Current Policy List**

i. A list of current DMMH policies will be found on the DMMH website Policy Page.

ii. A cross-reference list of old policy numbers to new policy numbers will be maintained by the Policy Administrator.

## 7. POLICIES AND PROCEDURES-IMPLEMENTATION

### a. Distribution

#### i. Electronic

##### 1) Conversion to HTML / PDF

a) After the Secretary has signed the original policy / procedure, the final version will be modified to include the phrase “/s/ Signature on File”.

b) The policy/procedure will be converted to HTML or Adobe PDF, proofread, then placed on the DMMH Policy Page.

2) The DMMH Web Team will assure that the appearance of the online version approximates the original document as closely as possible, including page breaks, so as to allow referencing by page number and paragraph, etc.

3) Once the policy has been placed on the policy web page, an e-mail notification will be sent to all applicable DMMH program directors, health officers, facility directors, board administrators, etc. with a hypertext link to the online policy and an attached copy of the final policy. Directors/ health officers will distribute the policies to their staff, as appropriate.

##### 4) Shared Drive Copy

An MS-Word version of all new or updated policies and procedures will be placed in the “New Policies” folder on the DMMH network Shared “S” Drive. Documents will be password protected to prevent unauthorized changes.

#### ii. Paper (Hard) Copies

1) A paper copy of the final policy shall be distributed by the Policy Administrator to the following units:

- a) The DMMH Web Team;
- b) The initiating unit;
- c) Units lacking access to the internet.

2) One hardcopy DMMH Policy Manual will be maintained by the Policy Administrator.

b. The original policy packet with Review/Authorization sign off sheet, and documentation will be kept as a permanent record by the Policy Administrator, including the official, signed copy of the policy.

c. The working subject file for policies and procedures in-progress

will be purged of duplicate and unneeded information upon completion of the review process. This supplemental information (non-record material) will be maintained alphabetically, by subject, for convenience.

## **8. POLICIES & PROCEDURES-COMPLIANCE AND ENFORCEMENT**

### **a. DMMH Employees' Responsibility**

i. The DMMH policies and procedures are guidance documents for DMMH employees to enable them to accomplish desired outcomes in the course of the performance of their duties.

ii. All DMMH employees are responsible for maintaining awareness and familiarity with the policies and procedures that affect their job performance, and to comply with them.

### **b. Supervisors' Responsibility**

i. DMMH Policies are also guidance for supervisors, providing authority for management and designating responsibility. Supervisors are responsible for making their employees aware of applicable policies and procedures.

ii. Supervisor's evaluation of employee performance (PEP) should include the application of and compliance with DMMH policies and procedures.

### **c. Inspector General / Internal Auditor's Roles**

i. The Office of the Inspector General's responsibilities include monitoring DMMH units' compliance with policies and procedures, as well as related State and Federal laws and regulations.

ii. As one criterion of the audit process, the DMMH Auditors will monitor adherence to policies and procedures by those DMMH units being audited and note discrepancies that are to be corrected in their audit reports.

### **d. Waivers and Variances**

i. DMMH policies and procedures are intended to cover general situations, and management recognizes that exceptional conditions may arise which require variances or waivers for individuals or units.

ii. A variance is permission to bypass or modify certain parameters or standards, and a waiver exempts individuals or units from the requirements of the policy.

iii. A request for a policy waiver or variance is to be submitted

in writing or e-mail to the Policy Administrator citing the justification for the action and how the waiver / variance would be in the best interest of DHMH.

iv. Requests for waiver or variance with merit will be forwarded through the relevant program director and Deputy Secretary to the Secretary for consideration.

**9. GUIDELINES, PROTOCOLS, AND STANDARDS**

a. Guidelines, protocols, and standards are tools for employees to use to carry out a specific aspect of a program's function. Some common examples of non-policy guidelines are testing protocols, directions for completing forms, and admissions processing procedures.

b. These directives are established internally by the supervisor of the affected program. The Secretary's approval is not required on these documents since they are applicable only to the operation of specific program.

c. Guidelines, protocols, and standards may be in any format approved by the initiating program, and may include other State or Federal directives applicable to that function.

d. If the guideline, protocol, or standard extends to units or functions outside the responsible unit, placing requirements on other programs and their employees then a policy is required, including the approval of the Secretary, and the document is be developed as stipulated in this policy.

**IV. REFERENCE**

Health General Article, Maryland Annotated Code, § 2-102 (b) (2)  
[http://mlis.state.md.us/cgi-win/web\\_statutes.exe?ghg&2-102](http://mlis.state.md.us/cgi-win/web_statutes.exe?ghg&2-102)

**V. ADDENDUM**

- [Proposal of Policy Development \(POPD\)](http://www.dhmh.state.md.us/forms/download/pd/POPD-Form4621.pdf)  
<http://www.dhmh.state.md.us/forms/download/pd/POPD-Form4621.pdf>

**Approved:**

/s/ Signature on File

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**Nelson J. Sabatini, Secretary, DHMH**

May 15, 2003

Effective Date