



# Maryland State Board of Dietetic Practice

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[health.maryland.gov/dietetic](http://health.maryland.gov/dietetic)

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## Current Maryland Licensees:

3,700 Licensed Dieti-  
tian-Nutritionists

## Board Members:

- \* Linda Paren, LDN — Admin-  
istrative Dietetic Practice -  
Board Chair
- \* Marla Caplon, LDN — Com-  
munity & Public Health Die-  
tetic Practice—Vice Chair
- \* Emily Cerda, CNS—Board  
Secretary
- \* Daphene Altema-Johnson,  
MPH, RD, LDN—Education
- \* (Vacant) - Consumer
- \* Susannah Edwards, LDN —  
Clinical Dietetic Practice—  
Secretary
- \* Nicole Steck Waitt —  
Consumer
- \* Caroline Tizard, LDN—  
Consultation & Private Prac-  
tice
- \* (Vacant) - CNS

## Board Staff:

Marie M. Savage—Director  
[Marie.Savage@maryland.gov](mailto:Marie.Savage@maryland.gov)

Lenelle Cooper- Administrative  
Officer  
[Lenelle.Cooper@maryland.gov](mailto:Lenelle.Cooper@maryland.gov)

Stacey Darin—Board Counsel, AAG

## 2025 Online License Renewals

Please check if the expiration date on your license is October 31, 2025. If so, you will be able to go to the Board's website at [health.maryland.gov/dietetic](http://health.maryland.gov/dietetic) starting **September 3, 2025** to renew your license.

**You may renew online between September 3, 2025 - October 31, 2025. Please note there is no late renewal period.**

The Board has transitioned to paperless licensure. **You will not receive a license in the mail. However, you will receive an email notification that your license has been renewed.** Online verifications are available at [health.maryland.gov/dietetic](http://health.maryland.gov/dietetic)

### Before you begin, you will need the following:

1. Your Maryland Board of Dietetic Practice License Number and Social Security Number.
2. Computer or laptop and a printer. You will print a copy of your application and invoice or receipt for your records.
3. Continuing education records.
4. Visa or MasterCard only (**no debit cards accepted**).

### To Renew Online:

1. Go to the Board's website at [health.maryland.gov/dietetic](http://health.maryland.gov/dietetic) and click **RENEW ONLINE**.
2. Read the instructions and click **LOGIN** to proceed to the Logon Screen.
3. Enter your Board of Dietetic Practice License Number – **D, DX, B, THEN THE NUMBER.**  
(i.e., **D Zero # # # #**).
4. **Enter the last 4 digits of your Social Security Number.**
5. Fill in the information as requested. (Note that some fields may already be completed) Please note that when you renew online, no paperwork is required. You will list a minimum of **30 CEUS** electronically by category between November 1, 2023 – October 31, 2025. The Board will conduct a random audit after the renewal period.
6. Prior to selecting a method of payment, you must certify that all information in the application is accurate.
7. Preview your application and then click, **Submit Application**. Please note that once submitted the application cannot be changed. **Print and maintain a copy of your application for your records.**

### Payment Methods:

1. Select Visa or MasterCard credit card payment. The 2024 renewal fee is \$250. **Only click once to confirm payment.** Applications will be processed within 1-2 business days.

### INACTIVE STATUS

If you are an active licensee and do not plan on renewing your license and do not plan on practicing in Maryland, you may consider inactive status. **You may only go inactive during your renewal.** The one time fee for inactive status is \$75. Inactive status allows an individual, who wishes to practice in Maryland again, to reactivate a license by demonstrating 15 CEU for each year the license has lapsed. The reactivation fee is \$150. You may go inactive via the online renewal application on the Board's website at [health.maryland.gov/dietetic](http://health.maryland.gov/dietetic) Select "Inactive" on the first page of the online renewal application and follow the prompts for inactive status. **PLEASE BE AWARE: Once you click inactive on the renewal application, you will not be able to go back and select active.**

## IMPLICIT BIAS AND STRUCTURAL RACISM CEU REQUIREMENT

During the 2025 Session of the Maryland General Assembly, House Bill 783—Health Occupations—Implicit Bias and Structural Racism passed. The legislation requires applicants for the renewal of a license or certificate issued by a health occupations board to attest to the completion of an approved implicit bias training and structural racism program the first time they renew their license or certificate after April 1, 2026. Previous legislation required completion of an Implicit Bias Continuing Education Unit (“CEU”).

### **Every Licensed Dietitian-Nutritionist must complete one course one time only.**

If your license expires on October 31, 2025 and this your first time renewing your license with the Board, you must complete an Implicit Bias CEU. Online renewals start on September 3, 2025.

Starting with the 2026 renewal cycle, all licensees must complete an implicit bias training and structural racism CEU.

The legislation only specified that one course be taken, so the course can be 1 CEU. The CEU may be included within the 30 CEU requirement under Category 2—Seminars. If the course is included within the 30 CEU requirement, then it must be completed within the required timeframe for renewal. If the Implicit Bias CEU is not part of the 30 CEU renewal requirement, then the CEU may be taken at any time before renewal. Licensees are **not** required to submit a certificate of completion. The online renewal will include an attestation that implicit bias and structural racism training were completed.

The course must be recognized by a Health Occupations Board or accredited by the Accreditation Council for Continuing Medical Education. To find a list of accredited education courses/programs, please search CME Passport, ACCME’s online search tool under “implicit bias” focused search. You may access the **Maryland Department of Health Office of Minority Health and Health Disparities** for more information and more added courses at [Pages—Implicit Bias Resources \(maryland.gov\)](#)

Please contact Marie.Savage@maryland.gov if you have any questions.

## 2025 Renewal Fee and Health Care Commission Fee

The 2025 renewal fee is \$250. The Health Care Commission fee is \$26 for 2025. The Board will again pay for the \$26 HCC fee for licensure renewals.

## NEW LICENSEES

Nicholas Kijurna, RD	Courtney Walker, RD
Bracha Brown, RD	Michael Ruhna, RD
Meghan Cowan, RD	Nancy Dannoun, RD
Elsa Chu, RD	Natalie Goldman, RD
Erika Jacobson, RD	Robin Hunsicker, RD
Alexandra Burns, RD	Bari Glassman, RD
Diana Mesa, RD	Sabrina Dumas, RD
Tarika Chhabra, RD	Kathryn Hare, RD
Dominick Luna, RD	Jacqueline Glew, RD
Kathy Wilson, RD	Megan Medeiros, RD
Josie Phifer, RD	Leah Haggard, CNS
Samantha Nielsen, RD	Kayla Mason, RD
Erin Sukowski, RD	Kelly Beaty, RD
Kelly Maggiore, RD	Victoria Hall, RD
Rachael Omdoll, RD	Jordan Bierman, RD
Nia Wine, RD	Rebecca Rabena, RD
Courtney Bates, RD	Vanessa Alardo, RD
Alyssa Skinnerm, RD	Shabee Bukhari, RD
Sarah Yuan, RD	Abigail Rickard, RD
Torree Knapp, RD	Tatiana Moore, RD
Prudence Ticknor, RD	Kajal Patel, RD
Sarah Stoothoff, RD	George Davis, RD
Sara Kouzel, RD	Phyllis Grant, RD
Olivia Wee, RD	Addison Montgomery, RD
Amy Lindsay, RD	Ezimamaka Onyema, RD
Adare Quinn, RD	Megan Lott-Barnes, RD
Gabrielle Shillen, RD	Miranda Silva, RD
Tiffany Garcia, CNS	Marcia Saint Victor, RD
Brigid Oneill, RD	Heather Leonard, RD
Morgan Yarborough, RD	Christine Ryan, RD
Amy Kahn, RD	Christina Hayden, CNS
Sam Purcell, RD	Valerie Hawkins, CNS
Katie Tidei, RD	Ryan Gorczycki, RD
Nakia Addison, RD	Kimberly King, CNS
Rebeca Mahoney, RD	Patricia Gruber, CNS
Sierra Girton, RD	Gauri Junnarkar, RD
Jessica Kelly, RD	Mia Bailey, RD
Julia Frascino, RD	Yana Sifford, CNS
Rebecca Donnenberg, RD	Jaclyn Alvarez, RD
Taylor Jones, RD	Carmen Ordenez, RD
Aditi Paranjape, RD	Jamie Plodzick, RD
Danielle Wolf, RD	Kimberly Panepinto, RD
Alice Miller, RD	Heather Fitzgerrell, RD
Shannon Whittingham, RD	Meghan Stanley, CNS
Rachel McGarry-Cernak, RD	Nisreen Shriam, RD

**CONGRATULATIONS  
AND THE BOARD WEL-  
COMES ALL NEW LICEN-  
SEES TO THE ROSTER!!!**



*Please submit any questions or  
comments for future newsletter  
articles to  
[Marie.Savage@maryland.gov](mailto:Marie.Savage@maryland.gov)*

Kelly Benny, RD	Randi Rubinsky, RD
Kendall Mackintosh, CNS	Faige Spearman, RD
Brandi Wynne, CNS	Kristin Grover, RD
Camille Horton, RD	Elizabeth Davis, CNS
Natalie Stine, RD	Allison Kolankiewicz, RD
Melissa Powell, RD	Hilda Wade, RD
Samantha Lazar, RD	Courtney Lundy, RD
Megan Hourican, RD	Thea James, RD
Ayala Bielory, RD	Julina Book, RD
Alicia Lusardi, RD	Angela Dye, RD
Kristin Schaefer, CNS	Cleopatra Hopkins, RD
Megan Lyons, CNS	Martha Betts, RD
Lindsey Hughes, RD	Alexandria Reyes-Smith, RD
Jennifer Baldwin, RD	Mariah Baugh, RD
Lauren Udall, RD	Meghan Pendleton, RD
Nicole Federica, RD	Julianna Bohigian, RD
Alissa Moynagh, RD	Parina Depani, RD
Rebecca Webb, RD	Olga Arnold, CNS
Maya Bach, RD	Jo-Ann Jolly, RD
Sydney Glock, RD	Brittany Placencia, RD
Rachel Johnson, CNS	Erika Weber, RD
Marissa Sharkey, RD	Jan Zimmerman, RD
Jennifer Shawgo, CNS	Dina Aburmishan, RD
Alisha Blanks, RD	Shadi Moayed, CNS
Christina Paspalas, RD	Leah Patrick, RD
Nadine Bradley, RD	Zoe Andrews, RD
Jacob Fralin, RD	Heidi Hunnicutt, RD
Kristen Espinosa, RD	Jane Reimer, RD
Meghan Dever, RD	Carmen Garcia, RD
Karen Thomas, CNS	Sally Hannigan, RD
Margan Poulos, RD	Kelly Csom, RD
Hannah Heflin, RD	Ashley Flotow, RD
Ayesha Mohammad, RD	Angela Vaughn, RD
Nicole Jones, CNS	Carina Toledo, CNS
Shani Jordan-Goldman, RD	Fadiya Perry, RD
Mary Chaskes, RD	Kinsi Green, RD
Dorothy Clarke, RD	Lauren Henrich, RD
Christina Zevenbergen, RD	Morgan O'Leary, RD
Karissa Gokarn, RD	Katherine Bonay, RD
Dorothy Malsack, RD	Peiyu Chen, RD
Justine Moss, RD	Melissa Meyers, RD
Sonia Parisi-Riley, RD	Emily Ortiz, RD
Patrick Traynor, RD	Kamila Veljkovic, CNS
Alyssa May, RD	Alyson Roux, CNS
Cathy Schmelter, RD	Amy Council, RD
Carla McMaster, RD	Raelynn Prokop, RD
Sherry Hamilton, RD	MaryEllen Conway, RD
Grace Emerson, RD	Sally Printz, RD
Kelsey Estray, RD	Lisa Winghart, RD
Mollie Seamons, RD	Afton Delvecchio, RD
Dana Horton, RD	Lauren Groover, RD
Lori Gooch, RD	Nicole Walden, CNS
Hana Chehade, RD	Courtney Furr, RD
Amanda Orfitelli, RD	Mary Kelly, RD
Nadia Ali, RD	Kailah Murphy, RD
Steffani Holmes, RD	Emily Kortz, RD
Summer Cooper, RD	Esther Adesina, RD
Amanda Taylor, RD	Elizabeth Uliana, RD
Julie Newton, RD	Rachael Blount, RD
Rebecca Lewish, RD	Julie Badowski, CNS
Amber Adkins, CNS	Stephanie Harrington, CNS
Jamie Felt, RD	Lisa Battle, RD
Heather Shasa, RD	Natalie De Maayer, RD
Liny Lee, RD	Theresa Jumento, RD
Erin Manley, RD	Brianna Ringley, RD
Varsha Krishnan, RD	Monika Singh, RD
Emma Anderskow, RD	Madison Robello, RD
Rachel Miller, RD	Rita Allen, RD
Marissa Fox, RD	Nicolette Alfonso, RD
Kristen Nyampong, RD	Suanne Sikkema, CNS
Natalie Heimbrock, RD	Nathaniel Winfrey, CNS
Darlene Regueiro, RD	Mindy Stewart, RD
Marilaine deGuia, CNS	Hanna Long, RD

## **ETCETERA & SUNDRY**

### **THANK YOU TO OUTGOING BOARD MEMBERS**

Thank you to our outgoing Board Members for their service to the Board.

Mahssan Afkhami served as a Consumer Member from August 17, 2021 to June 30, 2025. Kaitlin Costello, CNS, LDN served as a Nutritionist Member from July 1, 2021 to January 17, 2025. Linnet Nyce, RD, LDN served as the Consulting Dietetic Practice Member from July 1, 2020 to January 17, 2025. Lauren Weber, RD, LDN served as the Clinical Dietetic Practice Member from July 1, 2021 to June 30, 2025. Ms. Weber also served as Board Secretary from 2024-2025.

Thank you Mr. Afkhami, Ms. Costello, Ms. Nyce and Ms. Weber for your outstanding commitment and dedication to the Board.

### **BOARD WELCOMES NEW MEMBERS**

The Board welcomes our new members, Susannah Edwards, RD, LDN is the Clinical Dietetic Practice Member on the Board. Caroline Tizard, RD, LDN is the Consulting Dietetic Practice Member and Nicole Steck Waitt is a Consumer Member on the Board. The Board looks forward to working with our new members.

### **CHANGE OF ADDRESS**

Licensees are required by law to give the Board written notice of any change of address **within 30 days**. There is a \$50 late fee for failure to notify the Board within 30 days of a change of address. Please remember to notify the Board in writing of any changes of address including email addresses. This will ensure that licensees receive important notices and renewal information in a timely fashion from the Board.