# Developmental Disabilities Administration
## Waiver Renewals 2023

**Rhonda Workman, Director of Federal Programs**
**Nova Evans, Deputy Director of Federal Programs**

May 19, 2023

# Agenda

- DDA Medicaid Waivers Overview

- Service Updates

- Process, Tools and Guidance Updates

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*Waiver Renewals 2023*

# DDA Medicaid Waivers Overview

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# What are the DDA-Operated Medicaid Waivers?

The Developmental Disabilities Administration administers the following Medicaid Waiver Programs:

| Family Supports Waiver | Community Supports Waiver | Community Pathways Waiver |
|---|---|---|
| • Children birth to 21 years<br>• Various Support Services | • Adults -18 years and older<br>• Meaningful Day and Support Services | • Adults -18 years and older in need of residential services<br>• Meaningful Day, Support, and Residential Services |

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# Meaningful Day Services

| Meaningful Day Services | FSW | CSW | CPW |
|---|---|---|---|
| **Employment Services** (*Discovery, Job Development, Follow Along, Ongoing Job Supports, Co-Worker Employment Supports, and Customized Self-Employment*) | | X | X |
| **Supported Employment** *(Transitioning to the new Employment Services)* | | X | X |
| **Employment Discovery and Customization Services** *(Transitioning to the new Employment Services)* | | X | X |
| *Career Exploration (Facility, Small Group, and Large Group)* | | X | X |
| **Community Development Services** | | X | X |
| **Day Habilitation** | | X | X |
| **Medical Day Care** | | X | X |

FSW – Family Supports Waiver

CSW – Community Supports Waiver

CPW – Community Pathways Waiver

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# Support Services

| Support Services | FSW | CSW | CPW |
|---|---|---|---|
| Assisted Technology and Services | X | X | X |
| Behavioral Support Services | X | X | X |
| *Behavioral Assessment* | X | X | X |
| *Behavioral Plan* | X | X | X |
| *Behavioral Consultation* | X | X | X |
| *Brief Support Implementation Services* | X | X | X |
| Environmental Assessment | X | X | X |
| Environmental Modifications | X | X | X |
| Family and Peer Mentoring Supports | X | X | X |
| Family Caregiver Training and Empowerment Services | X | X | X |
| Individual and Family Directed Goods and Services *(Self-Direction Only)* | X | X | X |
| *Staff Recruitment and Advertisement (up to $500)* | X | X | X |
| Housing Support Services | X | X | X |

| Support Services | FSW | CSW | CPW |
|---|---|---|---|
| Live-In Caregiver Supports | | | X |
| Nursing Support Services (*i.e.,* nurse consultation, nurse health case management, and delegation services) | X | X | X |
| Participant Education, Training and Advocacy Supports | X | X | X |
| Personal Supports | X | X | X |
| Remote Support Services | | | X |
| Respite Care Services | X | X | X |
| *Daily Rate* | X | X | X |
| *15-minute/Hourly Rate* | X | X | X |
| *Camp* | X | X | X |
| Support Broker Services | X | X | X |
| Transition Services | | | X |
| Transportation | X | X | X |
| Vehicle Modifications | X | X | X |

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# Residential Services

| Residential Services | FSW | CSW | CP |
|---|---|---|---|
| **Community Living--Group Home** | | | X |
| *Service* | | | X |
| *Trial Experience* | | | X |
| *Retainer Fee* | | | X |
| **Community Living--Enhanced Supports** | | | LTSSMaryland Only |
| *Service* | | | |
| *Trial Experience* | | | |
| *Retainer Fee* | | | |
| **Shared Living** | | | X |
| **Supported Living** | | | X |

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*Waiver Renewals 2023*

# Service Updates

# Assistive Technology and Services

| Service Updates | • The threshold for requiring an Assistive Technology (AT) Assessment is increased from $1,000 to $2,500. |
|---|---|
| Service Limits | No change |
| Provider Qualifications | No change |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 131 - 138

# Behavioral Support Services

| Service Updates | <ul><li>Assessment includes communication skills and challenges.</li><li>Behavior Support Plan goals to be specific, measurable, attainable, relevant, time-based, and person-centered approach.</li><li>Consultation includes ongoing review in all appropriate environments.</li></ul> |
|---|---|
| Service Limits | No change |
| Provider Qualifications | <ul><li>Provider of behavioral assessment / consultation services must have training and experience in:<ul><li>Analysis of different styles of communication and communication challenges related to behavior.</li><li>Ethical considerations related to behavioral and psychological services.</li><li>Positive behavioral supports and trauma informed care.</li></ul></li></ul> |
| Who can provide | No change |

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# Community Development Services

| | |
|---|---|
| **Service Updates** | <ul><li>Dedicated 1:1 or 2:1 supports are now based on a person having:<ul><li>A Behavior Support Plan noting specific behavior need unless otherwise authorized by the DDA.</li><li>A Nursing Care Plan noting specific health and safety need unless otherwise authorized by the DDA.</li></ul></li><li>Self-Directed Services staff reimbursement updates.</li></ul> |
| Service Limits | No change |
| **Provider Qualifications** | <ul><li>Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development (GED) test.</li></ul> |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 79 - 85

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# Community Living - Enhanced Supports

| Service Updates | • Dedicated 1:1 or 2:1 supports are now based on a person having:<br>  ○ A Behavior Support Plan noting specific behavior need unless otherwise authorized by the DDA.<br>  ○ A Nursing Care Plan noting specific health and safety need unless otherwise authorized by the DDA. |
|---|---|
| Service Limits | No change |
| Provider Qualifications | No change |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 156 - 162

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# Community Living - Group Home

| Service Updates | • Dedicated 1:1 or 2:1 supports are now based on a person having:<br>○ A Behavior Support Plan noting specific behavior need unless otherwise authorized by the DDA.<br>○ A Nursing Care Plan noting specific health and safety need unless otherwise authorized by the DDA. |
|---|---|
| Service Limits | No change |
| **Provider Qualifications** | • Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development (GED) test. |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 79 - 85

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# Day Habilitation

| Service Updates | <ul><li>Dedicated 1:1 or 2:1 supports are now based on a person having:<ul><li>A Behavior Support Plan noting specific behavior need unless otherwise authorized by the DDA.</li><li>A Nursing Care Plan noting specific health and safety need unless otherwise authorized by the DDA.</li></ul></li></ul> |
|---|---|
| Service Limits | <ul><li>Service can be provided any day/time of the week.</li></ul> |
| Provider Qualifications | No change |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 85 - 94

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# Employment Discovery and Customization

| | |
|---|---|
| Service Updates | No change |
| **Service Limits** | • Services may not exceed a maximum 40 hours per week, including in combination with any of the following other Waiver program services in a single day: Supported Employment, Career Exploration, Community Development Services, and Day Habilitation services. |
| Provider Qualifications | No change |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 162 - 169

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# Employment Services

| Service Updates | ● Job development and ongoing job supports billing in 15-minutes increments. |
|---|---|
| Service Limits | ● The limit of 10-hour per day with Employment Services - Ongoing Job Supports is removed. |
| Provider Qualifications | ● DDA required credentials, license, and certifications required.<br>● Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development (GED) test. |
| Who can provide | ● A Relative, Legally Responsible Person, and Legal Guardians can provide this service.* |

*See approved waivers and DDA's policies for additional requirements.

Reference: Community Pathways Waiver - page 169 - 177

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# Environmental Modifications

| | |
|---|---|
| Service Changes | No change |
| **Service Limits** | • The maximum amount of Environmental Modifications is increased from $15,000 to $50,000 every three years. |
| Provider Qualifications | No change |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 182 - 186

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# Housing Support Services

| Service Changes | <ul><li>Expanded service to include<ul><li>Assistance with bill paying services (e.g., assistance with setting up and monitoring systems to pay rent, mortgage, utilities and other related housing expenses).</li></ul></li></ul> |
|---|---|
| Service Limits | No change |
| **Provider Qualifications** | <ul><li>Training related to creating personal budgets with people with developmental disabilities.</li></ul> |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 197 - 203

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# Individual and Family Directed Goods and Services (IFDGS)

| | |
|---|---|
| **Service Changes** | <ul><li>Updates based on Self-Directed Services Act of 2022.</li><li>Expanded scope of service to include:<ul><li>New items/activities covered under this service (See next slide).</li><li>Not covered under this service (See next slide).</li></ul></li><li>Clarify requirements and criteria for allowable goods/services/activities.</li><li>IFDGS are purchased from the participant-directed annual budget allocation and must be documented in the participant's record.</li></ul> |
| **Service Limits** | <ul><li>The $5,000 limit for IFDGS is removed. However, goods or services in excess of $5,000 require prior authorization by the DDA.</li></ul> |
| Provider Qualifications | No change |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 203 - 208

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# IFDGS: New Items and Activities

- Activities that promote fitness.

- Fees for programs and activities that promote socialization and independence.

- Small kitchen appliances that promote independent meal preparation.

- Laundry appliances to promote independence and self-care.

- Sensory items related to the person's disability.

- Certain safety equipment.

- Personal electronic devices to meet an assessed health, communication, or behavioral need.

- Day-to-day administrative supports.

- Internet services.

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# IFDGS:  Items and Activities Not Covered

- Services, goods or supports that have no benefit to the person.

- Travel adventures.

- Personal clothing and shoes, haircuts, nail services, and spa treatments.

- Exercise rooms, swimming pools, and hot tubs.

- Fines, debts, legal or advocacy fees.

- Contributions to ABLE Accounts and similar saving accounts.

- Country club membership or dues.

- Leased or purchased vehicles.

- Items purchased prior to their approved Person Centered Plan (PCP).

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# IFDGS: Criteria

- Relate to a need or goal in the PCP.

- Maintain or increase independence.

- Promote opportunities for community living, integration, and inclusion.

- Does not compromise the person's health and safety.

- Provided to or directly exclusive to the benefit of the person.

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# IFDGS:  Requirements

- Decrease the need for other Medicaid services; OR

- Promote inclusion in the community; OR

- Increase the person's safety in their home; AND

- The person does not have the funds to purchase the item or service, and it is not available through another source.

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# Live-In Caregiver Services

| Service Changes | No change |
|---|---|
| Service Limits | No change |
| Provider Qualifications | No change |
| Who can provide | ● Siblings may provide service. |

Reference: Community Pathways Waiver - page 92 - 94

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# Nursing Support Services

| | |
|---|---|
| **Service Changes** | • Self-Directed Services employee training, benefits, and reimbursements added. |
| **Service Limits** | • Consultation up to a 4 hour period within a 3 month period.<br>• Health Case Management up to a 4 hour period within a 3 month period.<br>• Delegation every 45 days or more frequently based on nurses judgement. |
| **Provider Qualifications** | • Nurses must attend all DDA provided nurse meetings.<br>(Note: If a training is a requirement, it will be noted on the training announcement.) |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 208 - 216

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# Participant Education, Training and Advocacy Supports

| | |
|---|---|
| Service Changes | No change |
| Service Limits | No change |
| Provider Qualifications | No change |
| **Who can provide** | ● A Relative, Legally Responsible Person, and Legal Guardians can provide this service.* |

*See approved waivers and DDA's policies for additional requirements

Reference: Community Pathways Waiver - page 217 - 221

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# Personal Supports

| Service Changes | <ul><li>Personal supports include overnight supports.</li><li>Enhanced rate, dedicated 2:1 supports, and overnight supports are now based on a person having:<ul><li>A Behavior Support Plan noting specific behavior need unless otherwise authorized by the DDA.</li><li>A Nursing Care Plan noting specific health and safety need unless otherwise authorized by the DDA.</li></ul></li></ul> |
|---|---|
| Service Limits | <ul><li>Personal Support services are limited to 82 hours per week under the traditional model unless otherwise authorized by the DDA.</li></ul> |
| Provider Qualifications | <ul><li>Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development (GED) test.</li></ul> |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 97 - 106

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# Remote Support Services

| Service Changes | • Service clarification:<br>  ○ Remote Support Services does not include electronic audio-visual conferencing software applications reliant on the participant to maintain the connection. |
|---|---|
| Service Limits | No change |
| Provider Qualifications | No change |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 222 - 227

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# Respite Care Services

| | |
|---|---|
| **Service Changes** | • Respite may be used as an emergency back-up plan for unpaid caregivers.<br>• Services are billed in 15-minutes increments, daily rate, and camp fees. |
| Service Limits | No change |
| **Provider Qualifications** | • Organized Health Care Delivery System Providers can now apply to provide this service. |
| **Who can provide** | • A Relative, Legally Responsible Person, and Legal Guardians can provide this service.* |

*See approved waivers and DDA's policies for additional requirements.

Reference: Community Pathways Waiver - page 106 - 118

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# Shared Living

| | |
|---|---|
| **Service Changes** | • "Level 2" - The person may participate in meaningful day services or have a job.<br>• "Level 3" - Various reasons a person may have this level of support and that not all conditions need to be present.<br>• Self-directed services budget authority option. |
| Service Limits | No change |
| **Provider Qualifications** | • Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development (GED) test. |
| **Who can provide** | • Siblings may provide service. |

Reference: Community Pathways Waiver - page 227 - 233

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# Support Broker Services

| Service Changes | <ul><li>Expanded role of Support Broker (See next slide).</li><li>Service is now required if a relative, legally responsible individual, representative payee, and guardian serve as paid staff.</li><li>Up to 30 additional hours, as needed, can be purchased within the person's total approved annual budget with unallocated funds.</li></ul> |
|---|---|
| Service Limits | <ul><li>Funding authorization is for:<ul><li>Initial orientation and assistance up to 15 hours.</li><li>Support Broker Services up to 4 hours per month.</li></ul></li></ul> |
| Provider Qualifications | <ul><li>Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development ( GED) test.</li></ul> |
| Who can provide | <ul><li>A Relative, Legally Responsible Person, and Legal Guardians can provide this service.*</li></ul> |

*See approved waivers and DDA's policies for additional requirements
Reference: Community Pathways Waiver - page 124 - 131

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# Support Broker Expanded Role

At the direction of the person, Support Broker Services may assist the person to:

- Defining goals, needs, and preferences.

- Making informed decisions in arranging, directing, and managing services, including personnel requirements and resources needed.

- Development of an emergency backup plan.

- Identifying, accessing, and managing supports, services and resources.

- Independent advocacy to assist in filing grievances and complaints.

- Understanding the responsibilities involved with self-direction.

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# Supported Employment

| | |
|---|---|
| Service Updates | No change |
| Service Limits | No change |
| **Provider Qualifications** | • Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development (GED) test. |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 118 - 124

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# Supported Living

| Service Updates | • Dedicated 1:1 or 2:1 supports are now based on a person having:<br>   ○ A Behavior Support Plan noting specific behavior need unless otherwise authorized by the DDA.<br>   ○ A Nursing Care Plan noting specific health and safety need unless otherwise authorized by the DDA. |
|---|---|
| Service Limits | No change |
| **Provider Qualifications** | • Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development (GED) test. |
| Who can provide | No change |

Reference: Community Pathways Waiver - page 233 - 238

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# Transportation Services

| Service Changes | No change |
|---|---|
| **Service Limits** | ● Transportation is limited to $7,500 per year per participant. |
| **Provider Qualifications** | ● Commercial providers like Uber and Lyft may provide this service and are not required to complete pre/inservice training.<br>● Removed requirement for staff to have a High School (HS) diploma or pass a General Educational Development (GED) test. |
| **Who can provide** | ● A Relative, Legally Responsible Person, and Legal Guardians can provide this service.* |

*See approved waivers and DDA's policies for additional requirements.

Reference: Community Pathways Waiver - page 242 - 246

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*Waiver Renewals 2023*

# Process, Tools and Guidance Updates

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# DDA's Guide to Services

## Table of Contents

Maryland
**DEPARTMENT OF HEALTH**

**Developmental Disabilities Administration**
**Guide to Services**
for People with Intellectual and
Developmental Disabilities and Families

**May 2023**

Click link here to access the new Guide to Services

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# DDA's Easy-to-Understand Guide to Services

**MARYLAND DEVELOPMENTAL DISABILITIES ADMINISTRATION**

**Easy-to-Understand Guide to Services**

**May 2023**

## Information About This Guide

### What is this guide about?

This guide has important information about the **Maryland Developmental Disabilities Administration.** The Maryland Developmental Disabilities Administration is also called the **DDA.**

This **Easy-to-Understand Guide to Services** was written to be understandable to everyone. It has the most important information you should know.

The DDA also has a longer guide called the **Guide to Services for People with Intellectual and Developmental Disabilities and Families.** That guide has more information. Click here if you want to read it.

### What information is in this guide?

This guide will help you understand:

## What is the DDA and how does it work?

### What is the DDA?

The DDA is a State agency. It pays for services and supports for **children and adults with intellectual and developmental disabilities** and their families in Maryland. People with intellectual and developmental disabilities are also called **people with IDD.**

DDA services and supports are provided in people's homes and in the community.

Click link here to access the new Easy-to-Understand Guide to Services

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38

# Person-Centered Plan (PCP) Development and Authorization Manual

**Maryland DEPARTMENT OF HEALTH**

**Developmental Disabilities Administration**
**Person-Centered Planning (PCP)**
**Manual**

## Table of Contents

Click link here to access the updated manual.

**Maryland DEPARTMENT OF HEALTH**

# Guidelines for Service Authorization and Provider Billing Documentation

Click link here to access the updated guidance

**GUIDELINES FOR SERVICE AUTHORIZATION and PROVIDER BILLING DOCUMENTATION**

*All text in red indicates added/revised language since the prior release date

**Effective: July 1, 2023**

# Meaningful Day Minimum Hours

- In-person PCP meetings are NOT required—text, email, video.
- If nothing else is being revised, there should be quick turnaround on approval.
- Less than 6 hours—Consistent vs. life happening.

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# Service Implementation Plans (SIP)

**Beginning July 1, 2023:**

- One SIP per agency for **ALL** goals.

- SIP is **NOT** required for SDS participants.

- Regions will only review that SIP is present and complete.

- IT platform flexibility, upon DDA approval.

- SIP form being updated with directions, examples, key, and table for all goals.

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# Detailed Service Authorization Tool (DSAT)

For all PCPs with an effective date of July 1, 2023:

| Providers who have transitioned to LTSS*Maryland* Billing | Provider Billing via PCIS2 |
|---|---|
| ● DSAT is no longer required | ● DSAT is required |

*Teams can choose to use the DSAT as a tool if it is helpful.*

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# Self-Directed Services Updates Webinar

May 22, 2023 from noon to 1:30 p.m.

**REGISTER HERE**

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# DDA Training Matrix—DSP and CCS

To be shared June 1, 2023

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# DDA Regional Office Contacts

- For any specific questions please contact:

  - Kimberly Gscheidle, Eastern Shore Regional Office

    - [Kimberly.Gscheidle@maryland.gov](mailto:Kimberly.Gscheidle@maryland.gov)

  - Bianca Renwick, Central Regional Office

    - [Bianca.Renwick@maryland.gov](mailto:Bianca.Renwick@maryland.gov)

  - Onesta Duke, Southern Regional Office

    - [Onesta.Duke@maryland.gov](mailto:Onesta.Duke@maryland.gov)

  - Cathy Marshall, Western Regional Office

    - [Cathy.Marshall@maryland.gov](mailto:Cathy.Marshall@maryland.gov)

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# DDA Headquarter Office Contacts

- For any specific questions please contact:

  - Rhonda Workman, Director or Federal Programs

    - rhonda.workman@maryland.gov

  - Nick Burton, Director of Programs

    - nicholas.burton@maryland.gov

  - Kristi Culbreth, Statewide Coordinator of Self-Directed Services

    - kristina.culbreth@maryland.gov

  - Nicolette Paparoidamis, Director of Coordinators of Community Service

    - nicolette.paparoidamis@maryland.gov

  - Leslie Stusiak, Director of Provider Relations
    - leslie.stusiak@maryland.gov

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# Questions