



# Developmental Disabilities Administration (DDA) Waiver Amendment 2025 Self-Directed Services New and Updated Forms

October 1, 2025





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#### Conduct

The free expression of diverse viewpoints is an essential value for our group. This freedom comes with the responsibility to engage respectfully, which involves treating one another with dignity and respect in good faith.

Uncivil behavior, disruptive conduct, abusive language, threats, or harassment will not be tolerated and may lead to being excused from the meeting.



#### Welcome



#### Agenda

- Updated Forms
  - Participant Agreement
  - Self-Directed Service Budget Sheet
  - Budget Modification Form
  - Family as Staff Form
- New Forms
  - Day-to-Day Administrative Supports Decision Tree
  - Self-Directed Services Orientation Checklist



#### **Updated Forms**

### **Participant Agreement**



#### What is the Participant Agreement?

The Participant Agreement documents your request for assistance in self-directing their services, and your team members' agreement to assist and support you with the specific work or tasks described in the Agreement.

#### The Participant Agreement:

- Is required for all people who self-direct their services,
- Begins and lasts for 12 months, or up to one calendar year, and
- May be ended or changed by you at any time.



### Walkthrough

- The Participant Agreement is required for all participants each Person-Centered Planning year.
- The Participant Agreement must be included when the Person-Centered Plan is submitted in LTSSMaryland.
- The Participant Agreement was updated for the changes on October 6, 2025. It should be used when next time you need to complete a Participant Agreement.



## Requirements of the Agreement (Page 3)

- Page 3 of the Participant Agreement explains the requirements of the agreement.
- The participant and all their Person-Centered
   Plan team members
   should be listed.

(6) The members of	f my PCP Team are the fo	llowing:
	Name	Role
Person #1:		
Person #2:		
Person #3:		
Person #4:		
Person #5:		
Person #6:		
Person #7:		
Person #8:		
Person #9:		
Person #10:		-



### Participant Choice [1 of 3]

You have three (3) options to choose from in the Participant Agreement:

**Option 1**: I choose myself as the primary person responsible for managing my employer authority and budget authority.

This option is available for anyone 18 years or older.



### Participant Choice [2 of 3]

**Option 2**: I choose to appoint a designated representative who will be responsible for managing my employer authority and budget authority.

- This option is required for anyone under the age of 18 years old. This is an update to the Participant Agreement.
- This option is available to anyone over the age of 18 years old.



#### Participant Choice [3 of 3]

**Option 3**: I choose to appoint people, who are part of my Person-Centered Plan team to assist me with specific tasks related to managing my employer and budget authority.

- This option is available to anyone over the age of 18 years old.
- Option 3 includes a list of tasks that you will assign to your team members.



#### **Appointment of Special Tasks (Option 3 Only)**

- If you choose Option 3, you can identify team members who will assist you to complete tasks related to your employer and budget authority.
- You are always the final decision maker.
- You can ask for help with some tasks and decide to complete others yourself.
- If you choose a team member, they will be considered the point of contact for you for that specific task.



# Financial Management and Counseling Services Authorization

- You or your designated representative may give approval for others to contact your Financial Management and Counseling Services provider.
- The approval is given in the Participant Agreement.
- This approval does not grant anyone the power to make decisions about your services or supports.
- The approval *does* allow for others to discuss issues and address questions with your Financial Management and Counseling Services provider.

#### Signatures

The Participant Agreement includes a section for required signatures.

- Signing the Participant Agreement acknowledges that the document has been reviewed and the signer agrees with its contents.
- All team members mentioned in the agreement must sign the agreement.



### **Example: Requirements of the Agreement**

(5) This partic	ipant agreement is for: Mel Jenkins	
(6) The memb	ers of my Person-Centered Planning Team	are the following:
	Name	Role
Person #1:	Elizabeth Jones	Coordinator of Community Sem
Person #2:	Lisa Jenkins	Sister
Person #3:	Jerry Smith	Support Broker
Person #4:	Terry Hunt	Personal Support Professional
Person #5:	Mason Leonard	Community Dev. Professional
Person #6:	Bev Cooley	Friend / Emergency Backup
Person #7:		



#### **Example: Option 3**

Option 3: I, the participant, choose to appoint the following individuals, who are part of my PCP team (including paid and unpaid team members) to <a href="mailto:assist me">assist me</a> with specific tasks related to my roles and responsibilities under self-direction. No individual listed below shall in any way be considered as my designated representative, and their assistance with these tasks will in no way restrict their ability to work for me as paid staff or a paid vendor under any waiver service category. Additionally, this option also allows me to hire other relatives as paid staff even if a relative is listed as my support for one or more of the following tasks. Individuals who will assist me under Option 3 with specific tasks are noted below.



# **Example: Financial Management and Counseling Services Authorization**

Financial Managem	ent and Counseli	ng Services
Authorization		
I authorize the below individual Services provider by phone		ncial Management and Counseling chout my presence.
Note: This sectio	n may be used regardless	of whether Option 1, 2, or 3 is selected.
	s issues and address ques vider.	cisions about the participant's services tions with the Financial Management
	Name	Relationship
Person #1:		
Jerry Smith	3	Support Broker
Person #2:		
Person #3:		



### **Example: Appointment of Special Tasks**

Team Member	Task
Name:	Choose how the budget is spent based on assessed need in the Person- Centered Plan ensuring applicable taxes and reasonable and customary rates are included
Name:	In conjunction with Financial Management and Counseling Services provider, monitor my budget to ensure I do not exceed my DDA approved budget
Name: Jerry Smith	Find, screen, and hire qualified employees, subject to verification of qualifications by the Financial Management and Counseling Services provider
Name:	Supervise and train employees
Name:	Schedule employees
Name:	Track the time and date my employee's work
Name:	Authorize overtime for employees while ensuring I am not exceeding my DDA approved budget
Name: Lisa Jenkins	Help review employee time sheets and invoices Note: Employees cannot sign or approve any time sheets
Name:	Address performance issues with my employees, vendors, and providers
Name:	Discipline or terminate employees, vendors, or providers
Name:	Understand and act upon written information related to my employees, vendors, and providers
Name:	Keep my workplace free from harassment
Name: Jerry Smith	Maintain applicable employee records



## **Example: Signatures**

Mol Jonkins	10/1/25
Participant Signature	Date
Legally Responsible Person (if applicable)	Date
egal Guardian (if applicable)	Date
Designated Representative (if applicable)	Date

Lisa Jenkins	10/1/25
Team Member #1 Signature	Date
Ber Cooley	10/1/25
Team Member #2 Signature	Date
Jerry Smith	10/1/25
Team Member #3 Signature	Date
Elizabeth Jones	10/1/25
Team Member #4 Signature	Date
Terry Hunt	10/1/25
Team Member #5 Signature	Date
Mason Leonard	10/1/25



#### What has Changed?

- The Participant Agreement now makes sure that if you are under 18, you must name a Designated Representative to help manage your services. (Option 2 on the form)
- You'll need to use the new form during your next plan year or immediately if something changes in your situation.



#### **Questions**





#### **Updated Forms**

#### **Self-Directed Services Budget Sheet**



# What is the Self-Directed Services Budget Sheet?

The Self-Directed Services Budget Sheet is a fillable Microsoft Excel spreadsheet that gathers information related to your Person-Centered Plan approved services. The Budget Sheet includes:

- The number of hours you will receive from each waiver service;
- The rates and wages you can pay employees, vendors, and providers (up to the Reasonable and Customary standard);
- Taxes and other employer costs; and
- Benefits you will provide employees.



#### **How is the Budget Sheet Created?**

Your Self-Directed Services Budget Sheet is created by you and the people on your chosen team. Your Coordinator of Community Services helps you fill out the Budget Sheet.

- The Budget Sheet is submitted to your Financial Management and Counseling Services provider for review.
- Your Financial Management and Counseling Services provider makes sure that your Budget Sheet matches what is approved in your plan and follows the DDA's Reasonable and Customary standards.

#### Walkthrough

- Your Self-Directed Budget Sheet must be submitted to your Financial Management and Counseling Services provider after your Person-Centered Plan is reviewed each year.
- The sections of the Budget Sheet that are in yellow may be used; white and blue boxes will automatically calculate.
- The Budget Sheet was updated for the changes on October 6,
   2025. It should be used when next time you need to complete a Budget Sheet.
- The screen will be shared to walkthrough the Budget Sheet.



#### **Budgeting for Vendors and DDA Providers**

When Vendors and DDA Providers are budgeted for in the Self-Directed Services Budget Sheet, taxes and employer costs are included in the rate.

The way the following services are budgeted for when using a Vendor or DDA provider is very similar. We will walk through two services as examples.

- Personal Support Services
- Shared Living
- Supported Living
- Respite Care Services
- Nursing Support Services

- Housing Support Services
- Day-to-Day Administrative Supports
- Employment Services
- Community Development Services
- Day Habilitation



#### **Budgeting for Employees**

When Employees are budgeted for in the Self-Directed Services Budget Sheet, you must include taxes and all employer costs.

Participants can hire an employee to provide the following services:

- Support Broker Services
- Personal Supports Services
- Respite Care Services
- Nursing Support Services
- Day-to-Day-Administrative Supports
- Community Development Services
- Employment Services (Ongoing Job Supports and Follow Along Supports)



#### **Budgeting for Other Waiver Services**

- Support Broker Services
- Live-in Caregiver
- Individual and Family Directed Goods and Services
- Assistive Technology
- Remote Support Services
- Environmental Assessments and Modifications
- Vehicle Modifications
- Transition Services
- Transportation Services



#### What has Changed?

- This form was updated to be easier to understand and use.
  - For example, Individual and Family Directed Goods and Services lines now help to make sure you stay within the \$5,000 limit.
- Use the new form next time you need to create or change your budget.



#### **Questions**





#### **Updated Forms**

# **Budget Modification Form**



### What is the Budget Modification Form?

- Budget modifications allow you to make changes to your
   Self-Directed Services budget sheet during the plan year.
- Budget modifications can be submitted to your Financial Management and Counseling Services provider when you need to change your budget.



# **Budget Modification Actions (1 of 2)**

Budget modifications can be used to complete the following actions:

- Increase or decrease staff wages or vendor/provider rates;
- Add, delete, increase, or decrease employee-related expenses associated with employee benefits;
- Change funding associated with taxes;
- Change the use of staff to a vendor or provider for the same type and unit of services;
- Change the use of a vendor or provider to hiring a staff person for the same type and unit of services;



# **Budget Modification Actions (2 of 2)**

- Increase of respite camp funding up to the Medicaid waiver program service limit, currently set at \$7,248 per plan year;
- Moving funding associated with Ongoing Job Supports,
   Community Development Services, Support Broker Services,
   Personal Supports and Personal Supports Enhanced, and Day
   Habilitation (up to the approved number of hours per week); or
- Changing Individual and Family Directed Goods and Services within applicable limits.



## Walkthrough

- Your Self-Directed Budget Sheet must be submitted to your Financial Management and Counseling Services provider after your Person-Centered Plan is reviewed each year.
- The sections of the Budget Sheet that are in yellow may be used. White and blue boxes will automatically calculate.
- The Budget Sheet was updated for the changes on October 6,
   2025. It should be used when next time you need to complete a Budget Sheet.



### **Participant Information**

In the first rows of the budget modification, you should include your personal information, such as your:

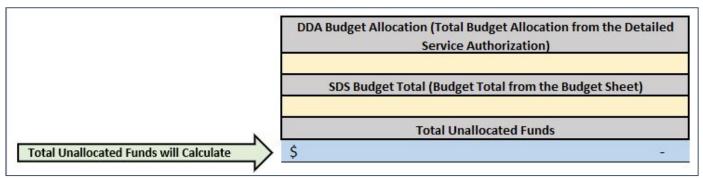
- Name
- Date you and your team are completing the modification,
- Annual Plan Date (the day your plan starts),
- Financial Management and Counseling Services provider,
- Region of Maryland.

	tion Budget Modification
Upo	lated October 6, 2025
Participant Name:	
Budget Modification Date:	
Annual Plan Date:	
Financial Management and Counseling	
Services Provider	
Region:	



### **Budget Allocation**

In the next rows, there are boxes to put in your budget information:



- DDA Budget Allocation (this comes from your Person-Centered Plan)
- SDS Budget Total (the amount you budgeted for when you completed the SDS Budget.

The boxes automatically calculate what your "Unallocated Funds" amount is.



# Section 1: Services Being Reduced or Taken from Unallocated Funds

Service(s) Being Re	educed or Taken from Unallocated Funds
Services	Amount
Total Reduced/Taken from Unallocated	\$ -
	T.

- In the "Services" column, list what services are being reduced. (If unallocated funds are being used, write "unallocated funds"
- In the "Amount" column, list how much is being taken away or reduced.
- The form calculates the total.



### **Section 1: Services Being Increased**

Se	Service(s) Being Increased		
Services	Amount		
Total Increased	\$ -		

- In the "Services" column, list what services are added or increased.
- In the "Amount" column, list how much is being added or increased.
- The form calculates the total.

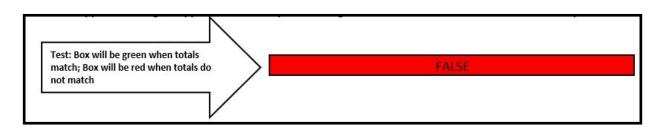


### **Section 1: Test Box**

The test box will be green when the totals match

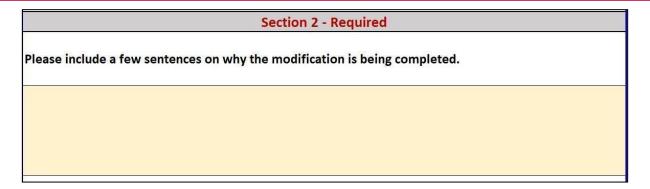


The test box will be red when the totals do not match.





### **Section 2**



- In Section 2, include a few sentences about why the modification is being completed.
- If Section 2 is not complete, the modification cannot be processed by the Financial Management and Counseling Services provider.



### **Section 3: Signatures**

S	ection 3 - Required	
Participant Approval: By signing below, certify that I approve the request being made.		
Self-Directed Services Participant / Legal Guardian / Designated Representative Signature:		
Coordinator of Community Service Attesta Guardian / Designated Respresentative ha	tion: By signing below, I attest that the Participant / Legal s approved the above request.	
Coordinator of Community Services Name:		
Coordinator of Community Services Signature:		
Date:		

- You or your designated representative must sign the budget modification.
- Your Coordinator of Community Services must attest and sign the modification.

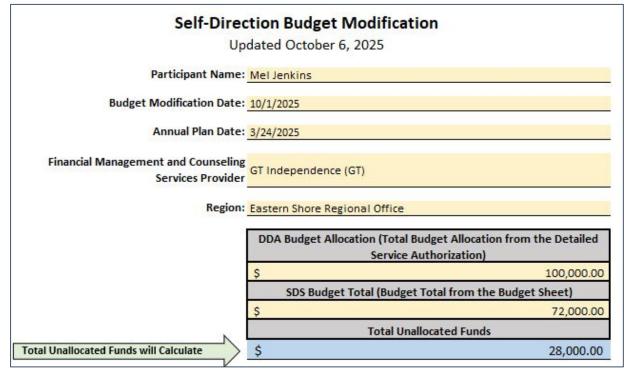


## **Example**

- Mel Jenkins currently receives 20 hours of Personal Supports per week from a DDA provider.
- Mel wants to hire an employee to provide those 20 hours of Personal Supports instead.
  - Mel wants to pay this employee \$28.00 per hour.
  - There are 30 weeks left in Mel's plan year.



# **Example: Participant Information**





## Example: Section 1 (1 of 2)

### Calculations for the budget modification:

- Hours: 20 per week
- Number of weeks left: 30 weeks
- Rate of pay: \$28.00 per hour
- 20 hours \* 30 weeks \* \$28.00 = \$16,800
- 14 % for taxes and other employer benefits



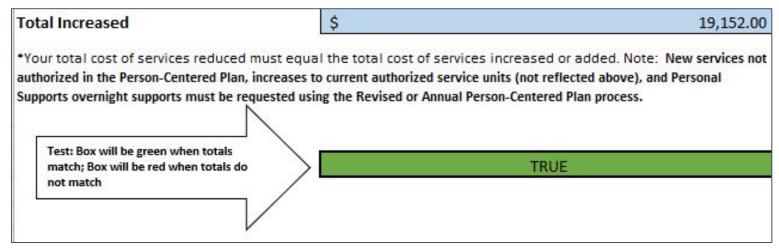
# Example: Section 1 (2 of 2)

Service(s) Being Re	educed or Taken from Unallocated Funds	
Services	Amount	
Personal Supports - DDA Provider	\$	16,800.00
Personal Supports - DDA Provider	s	2,352.00
Total Reduced/Taken from Unallocated	\$	19,152.00
Se	rvice(s) Being Increased	
Services	Amount	
Personal Supports - Employee	s	16,800.00
Personal Supports - Employee taxes	\$	2,352.00
Total Increased	\$	19,152.00



### **Example: Test Box for Totals**

The totals being increased and decreased must match. The test box is green, showing that the amounts match.





### **Example: Section 2**

Mel adds the reason for the modification. Mel notes that no employee benefits are required at this time.

# Section 2 - Required Please include a few sentences on why the modification is being completed. Mel wants to hire an employee to provide Personal Supports instead of the DDA provider Mel was using. Because the employee is part time, the employee will not be offered any benefits.



# **Example: Section 3**

Mel and their Coordinator of Community Services sign the budget modification form.





### What has Changed?

- This form was also updated to be clearer.
- It now shows that the Individual and Family Directed Goods and Services are limited to \$5,000 per year.
- You have to use the updated form next time you make a budget change.



### **Questions**





### **Updated Forms**

# **Family as Staff Form**



## What is the Family as Staff Form?

The **DDA Self-Directed Services Family as Staff Form** is used to inform your team, Coordinator of Community Services, Financial Management and Counseling Services provider, and the DDA if you are hiring a relative, legally responsible person, or legal guardian to provide an approved self-directed service.



### **Definitions: Relatives**

- The definition of "relative" has been updated in the Community Pathways Waiver.
- A relative is a natural or adoptive parent, step-parent, grandparent, step-grandparent, child, stepchild, sibling, step-sibling, aunt, uncle, niece, or nephew.



## **Definitions: Legally Responsible Person**

A legally responsible person is a person who, according to the rules in Maryland, has a legal duty to take care of someone else. This can be:

- A parent of someone who is under 18 year old (whether they are born to them or adopted);
- A person who is officially responsible for the well-being of another person as their legal guardian; or
- Someone else who is legally in charge of taking care of a minor, like a foster parent or a family member chosen by a court.



### **Definitions: Legal Guardian**

### A legal guardian is either:

- A natural or adoptive parent of a participant under the age of 18; or
- An individual who has been appointed by a court order as guardian of the person.



# Section 1: My Family as Staff Choice (1 of 2)

In the Family as Staff Form, you have three options to choose from:

- Option 1: I do not want to hire a relative, legally responsible person, or legal guardian.
- Option 2: I want to hire a relative, legally responsible person, or legal guardian to be my Support Broker.
- Option 3: I want to hire relative(s), legally responsible persons, or legal guardians to be my direct support staff.



### Section 1: My Family as Staff Choice (2 of 2)

### Section 1: My Family as Staff Choice Option #1 - I do not want to hire a relative, legally responsible person, or legal guardian. No - I do not want to hire a relative, legally responsible person, or legal guardian to be one of my staff. If "no" is selected, then please sign and submit this form to your Coordinator of Community Services as it is. You do not need to complete the rest of the form. Option #2 - I want to hire a relative, legally responsible person, or legal guardian to be my Support Broker. YES - I want to hire a relative, legally responsible person, or legal guardian to be my Support Broker • If "yes" is selected, then please complete the entire form and then submit to your Coordinator of Community Services. If your current direct support staff is a relative, legally responsible person, or legal guardian you must change your direct support before completing this form. Option #3: I want to hire relative(s), legally responsible persons, or legal guardians to be my Direct Support Staff. YES - I want to hire a relative, legally responsible person, or legal guardian to be my direct support staff. • If "yes" is selected, then please complete the entire form and then submit to your CCS. • If hiring a relative, legally responsible person, or legal guardian as a direct support staff, then you are unable to hire a relative, legally responsible person, or legal guardian as a Support Broker. When relatives work as staff, a neutral, third-party Support Broker is required.



### **Section 2: Family as Staff**

### If Options 2 or 3 are selected, you should list:

- The name of each relative, legally responsible person, or legal guardian;
- The relationship they have with yo
- The waiver service(s) they will provide;
- Their rate of pay; and
- The number of hours they will work (up to 40 hours).

### Section 2: Family as Staff

I will be paying the following relatives, legally responsible persons, or legal guardians (as a member(s) of my staff:

Name of Person	Relationship to Me	Job They Will Have	Rate of Pay	Hours Per Week



# **Section 2: Family as Staff**

### In Section 2, you should also:

- Describe why hiring the person(s) listed above is in the participant's best interest;
- Describe how having a relative, legally responsible person, or legal guardian as staff will help you to be more integrated in the community;
- Describe how having a relative, legally responsible person, or legal guardian as staff will increase your independence;
- Describe how having a relative, legally responsible person, or legal guardian as staff will expand your circle of support or natural supports; and
- Describe any special circumstances.



# Attestations (1 of 3)

To complete the Family as Staff Form, you must attest (or agree) that the following are true:

- This is my choice and is supported by my team.
- My team and I will review and discuss if the staff I have chosen are meeting my needs at least once a year or when needed.
- There is a lack of qualified staff to meet my needs.
- The staff listed will provide no more than 40 hours per week.



## Attestations (2 of 3)

- The staff listed have unique abilities to meet my needs such as knowledge of who I am, ability to communicate with me, availability, connect me to the community, special skills or training.
- The staff listed will help increase my independence and community participation, integration and belonging.



### Attestations (3 of 3)

- I have a Participant Agreement that identifies people, beyond family members, who will support me in making my own decision.
- The staff listed agree to implement my PCP and provide services as required by the federal and State rules, laws and regulations of this program.



### Signatures

- You and your authorized representative (if applicable) must sign the Family as Staff Form.
- A legal guardian may sign the form.
- Your Designated
   Representative must sign the form (if applicable).

By signing below, I, the participant and, if applic representative, hereby acknowledge that I have re that if I have any questions, I should contact my (	eceived and agree to this document. I am a
Participant Name	
Participant Signature	Date
Legal Guardian Name (if any)	Relationship to Participant
Legal Guardian Signature	Date
Designated Representative Name (if any)	Relationship to Participant
Designated Representative Signature	Date



### **Example**

- Mel Jenkins has hired their nephew, Jerry Smith, to be their Support Broker.
- Because Jerry is Mel's nephew, no other relative, legally responsible person, or legal guardian can work for Mel.



### **Example: Section 1**

- Mel Jenkins has hired their nephew, Jerry Smith, to be their Support Broker.
- Because Jerry is Mel's nephew, no other relative, legally responsible person, or legal guardian can work for Mel.

Option #2 - I want to hire a relative, legally responsible person, or legal guardian to be my Support Broker.



YES - I want to hire a relative, legally responsible person, or legal guardian to be my Support Broker

- If "yes" is selected, then please complete the entire form and then submit to your Coordinator of Community Services.
- If your current direct support staff is a relative, legally responsible person, or legal guardian you
  must change your direct support before completing this form.



## Example: Section 2 (1 of 3)

### Section 2: Family as Staff

I will be paying the following relatives, legally responsible persons, or legal guardians (as a member(s) of my staff:

Name of Person	Relationship to Me	Job They Will Have	Rate of Pay	Hours Per Week
Jerry Smith	Nephew	Support Broker	\$30.00	1-2



# Example: Section 2 (2 of 3)

Please describe why hiring the person(s) listed above is in your best interest?

Jerry has been a Support Broker for a long time. He has a lot of experience which will be good for me.

#### Please describe how:

Having a family member as your staff will help you to be more integrated in your community?

Jerry is familiar with my neighborhood and what will be available to me.

Having a family member as your staff will expand your circle of support or natural supports?

Because Jerry is a professional Suppor Broker who works for a lot of people, I know he will be able to connect me to more people who can help me.



### **Example: Signatures**

Mel Jenkins	
Participant Name	10/1/25
Participant Signature	Date
Legal Guardian Name (if any)	Relationship to Participant
Legal Guardian Signature	Date
Designated Representative Name (if any)	Relationship to Participant
Designated Representative Signature	Date



### What has Changed?

- Definition of relative has been updated.
- This form must be used when relatives, legally responsible persons, and legal guardians provide waiver services to you.
- You must use the updated form during your next plan year, or if something has changed.



### **Questions**





### **New Forms**

# **Day-to-Day Administrative Supports Decision Tree**



# What is the Day-to-Day Administrative Supports Decision Tree Form?

- If you are asking for Day-to-Day Administrative Supports in your Person-Centered Plan, the Decision Tree must be filled out and submitted with the Person-Centered Plan.
- If you are not asking for these supports, the Decision Tree does not need to be completed.



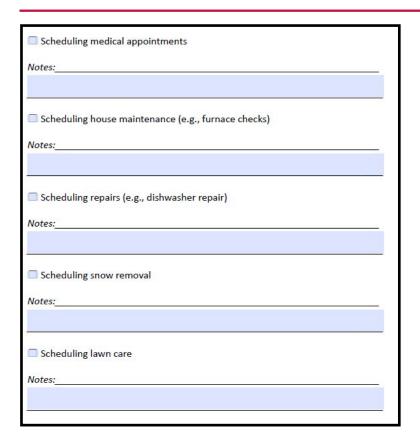
### **Team Members**

All team members who are present to complete the Decision Tree should be listed in the "Team Members in Attendance" Section.

Team Members in Attendance  For each line, enter the name of team members present with the participant during this assessment and their relationship to the participant (e.g., Parent, Support Broker, legal guardian).			
Name:		Relationship:	



### **Decision Tree Form: Task Identification**



### Section 1: Task Identification

- The team should check all tasks that apply to you. This includes tasks that you can complete independently and with support.
- If checked, provide specific details about the task as it relates to you in the "Notes" line by the task.



### **Decision Tree Form: Participant Assessment**

### Section 2: Participant Assessment

- For the tasks that apply to you, check whether you can complete those tasks independently, need support to complete the tasks, or cannot complete the tasks.
- In the "Task" column, type what tasks you need support with.

Task	The participant can complete the task independently.	The participant can complete the task with support.	The participant cannot complete the task.
[insert task here]	0	0	0
[insert task here]	0	0	0



### **Decision Tree Form: Available Supports**

Task	What support, training, or education is available for the participant to learn how to complete the task?	Which team members can support the participant to complete the task?	What waiver services (e.g. Personal Supports, Live-in Caregiver) does the participant receive that can support the participant to complete the task?
[insert task here]			
[insert task here]			

### Section 3: Available Supports

- For the tasks that you cannot complete independently, complete Section 3 to note what help or resources are available to you.
- In the "Task" column, type what tasks you need support with.



### **Decision Tree Form: Unmet Needs**

Task	Reason Support is Unavailable	Is Day-to-Day Administrative Supports Needed for this task?	If Day-to-Day Administrative Supports are needed, how many hours per month are needed to complete the task?
[insert task here]			
[insert task here]			

#### **Section 4: Unmet Needs**

- After completing Section

   3, list any tasks where you still need help that isn't available.
- In the "Task" column, type what tasks you need support with.



### **Decision Tree Form: Total Hours**

Total Hours being Requested	for
Day-to-Day Administrative Su	pports
(up to 10 hours per month):	

- In the "Total Hours being Requested for Day-to-Day Administrative Supports" box, type how many hours of Day-to-Day Administrative Supports hours are being requested.
  - Up to 10 hours per month in quarter-hour increments may be requested.
- The total number of hours being requested should be included in the Person-Centered Plan Detailed Service Authorization.



### **Decision Tree Form: Attestation and Signatures**

considered all res	cument, I attest (confirm) that I have met with my team and ources available to support me. I attest (confirm) that all
information share	d is true to the best of my knowledge.
Participant or (Au	thorized Representative) Name:
Signature:	
	cument, I attest (confirm)that this team considered all resources participant. I attest (confirm) that all information shared is true
to the best of my	Account of the second s
	mmunity Consises Names
Coordinator of Co	minumity services Name:

Section 5: Attestation and Signatures - You are your Coordinator of Community Services must review and sign the Decision Tree Form.



### **Example: Team Members in Attendance**

Team Membe	Feam Members in Attendance				
For each line,	For each line, enter the name of team members present with the participant				
during this as	sessment and their relationship	to the particip	ant (e.g., Parent,		
Support Broke	er, legal guardian).				
Name:	Elizabeth Jones	Relationship:	Coordinator of Community Service		
Name:	Lisa Jenkins	Relationship:	Sister		
Name:	Jerry Smith	Relationship:	Support Broker		
Name:	Bev Cooley	Relationship:	Friend / Emergency Backup		
Name:		Relationship:			



# **Example: Task Identification**

ection 1: Task Identification eck all tasks that apply to the participant. This includes tasks that the rticipant can complete independently and with support. If checked, provide	☐ Scheduling repairs (e.g., dishwasher repair)  Notes:
ecific details about the task as it relates to the participant.	
Scheduling medical appointments	■ Scheduling snow removal
tes:	Notes:
eed help with scheduling therapy appointments	Need support to call for snow removal from front porch
Scheduling house maintenance (e.g., furnace checks)  tes:	☐ Scheduling lawn care  Notes:



# **Example: Participant Assessment**

#### **Section 2: Participant Assessment**

For the tasks that apply to the participant, check whether the participant can complete those tasks independently, needs support to complete the tasks, or cannot complete the tasks.

Task	The participant can complete the task independently.	The participant can complete the task with support.	The participant cannot complete the task.
Scheduling therapy appointments	0	0	•
Scheduling snow removal from front porch	0	•	0



### **Example: Available Supports**

#### Section 3: Available Supports

For the tasks that the participant cannot complete independently, complete Section 3 to note what help or resources are available to the participant.

Task	What support, training, or education is available for the participant to learn how to complete the task?	Which team members can support the participant to complete the task?	What waiver services (e.g. Personal Supports, Live-in Caregiver) does the participant receive that can support the participant to complete the task?
Scheduling therapy appointments		Bev can schedule time with me on the weekends over Zoom to help me schedule my appointments	
Schedule snow removal	Need help to learn how	Bev, but may not be available during the work week	Personal Support employees may be able to help when working



## **Example: Unmet Needs**

#### **Section 4: Unmet Needs**

After completing Section 3, list any tasks where the participant still needs help that isn't available.

Task	Reason Support is Unavailable	Is Day-to-Day Administrative Supports Needed for this task?	If Day-to-Day Administrative Supports are needed, how many hours per month are needed to complete the task?
Scheduling snow removal	Employees and Bev may not be able available when it snows	Yes	Less than 1 hour in the winter months (.5 monthly)



# **Example: Number of Hours per Month**

**Total Hours being Requested for** 

**Day-to-Day Administrative Supports** 

(up to 10 hours per month):

.5

The total number of hours being requested should be included in the Person-Centered Plan Detailed Service Authorization.



### **Example: Attestations and Signatures**

#### Section 5: Attestations and Signatures

The participant and Coordinator of Community Services must review and sign this document. It should then be uploaded into the Documents section of the Person-Centered Plan. It will be reviewed by the DDA to confirm any assessed need for Day-to-Day Administrative Supports.

By signing this document, I attest (confirm) that I have met with my team and considered all resources available to support me. I attest (confirm) that all information shared is true to the best of my knowledge.

Participant or (Authorized Representative) Name: Mel Jenkins

Signature:

By signing this document, I attest (confirm)that this team considered all resources available for the participant. I attest (confirm) that all information shared is true to the best of my knowledge.

Coordinator of Community Services Name: Elizabeth Jones

Coordinator of Community Services Signature:



## **Decision Tree Form: Upload and Review**

If Day-to-Day Administrative Supports are being requested in a Person-Centered Plan that is being submitted on or after October 6, 2025, the Decision Tree Form.

- It must be completed and uploaded into the "Documents" section of the Person-Centered Plan.
- Documents should be uploaded using this format:
  - DecisionTree.LastNameFirstName.FormDate;
  - For example DecisionTree.BrownAnna.11-13-25.
- It will be reviewed by the DDA to confirm any assessed need for Day-to-Day Administrative Supports.

### **Day-to-Day Administrative Supports Updates Roll Out**

- If you are currently receiving Day-to-Day Administrative Supports, you can continue to do so in the way you are receiving them until your next plan year.
- The updates to Day-to-Day Administrative Supports will apply to you in your next Person-Centered Plan.
  - This is when you will work with your team to complete the Decision Tree.
  - This is when Day-to-Day Administrative Supports will be limited to up to 10 hours per month.



### **Questions**





### **New Forms**

# **Self-Directed Services Orientation Checklist**



### **Self-Directed Services Orientation**

- The Self-Directed Services Orientation is an opportunity for you and your team to learn about the rights and responsibilities of Self-Directed Services.
- The orientation helps you and your team be best prepared to begin Self-Directed Services.



# **Orientation Meeting**

- Your Coordinator of Community Services facilitates the orientation meeting.
- You be present and you invite any team members you would like to the orientation meeting.
- The orientation meeting may be virtual (online) or in-person.
- The orientation meeting should be scheduled quickly after you request it - within 10 business days.

### **Orientation Videos**

- The Self-Directed Services Orientation consists of the first three modules of the Self-Directed Services Training Series:
  - Module 1: Self-Direction Overview;
  - Module 2: The Self-Directed Services Team; and
  - Module 3: Person-Centered Planning.
- The orientation meeting should be scheduled for at least 2 hours to make sure there is enough time to view the videos and have breaks in between.

# **Orientation Meeting Schedule**

During the orientation meeting, your Coordinator of Community Services will:

- Play the video of each module;
- Review the Orientation Frequently Asked Questions Tool (provided by the DDA);
- Share the contact information for the DDA Self-Directed Services staff; and
- Complete the Self-Directed Services Orientation Checklist.



### What is the Orientation Checklist?

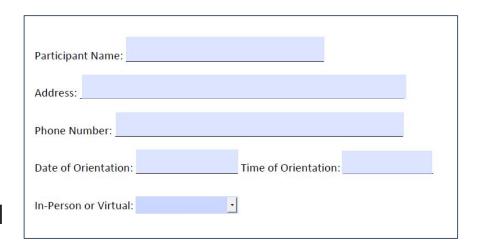
### The Orientation Checklist notes:

- All team members who are present at the orientation meeting;
- When the three videos were completed during the meeting;
- Confirmation that the Frequently Asked Questions were reviewed; and
- Confirmation that the regional office contact information was shared.

## **Participant Information**

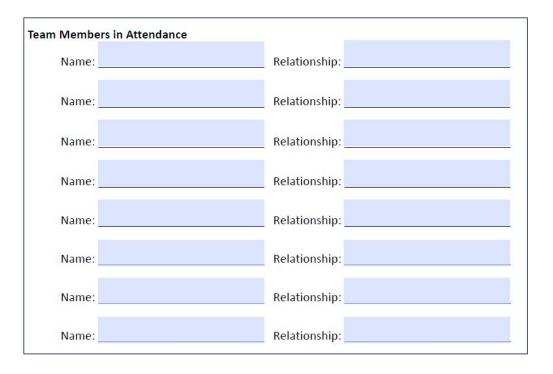
On the first page, you and your Coordinator of Community Services will note:

- Your Name,
- Your Address
- Your Phone Number,
- The Date of your Orientation,
- The Time of you Orientation, and
- Whether the orientation was virtual (online) or in-person.





### **Team Members in Attendance**



On the next page, list all team members who were present at your orientation.

Include the relationship you have with each team member.



### **Orientation Videos**

On page 3, check that each of the three videos have been watched and the time they were completed.

Orientation Videos	
Self-Directed Services Orientation consists of the first three modules of the Self-Directed Services Training Series. After each video is viewed, the Coordinator of Community Services should note the time the video finished.	
☐ Module 1: Self-Direction Overview - Time Completed:	
☐ Module 2: The Self-Directed Services Team - Time Completed:	
☐ Module 3: Person-Centered Planning - Time Completed:	



### **Frequently Asked Questions Tool**

- Your Coordinator of Community
   Services will confirm that they
   have reviewed the Frequently
   Asked Questions Tool with you
   and your team.
- They sign the Checklist here to confirm that this was reviewed.

#### Frequently Asked Questions Tool

After completing the videos, the Coordinator of Community Services will review the Frequently Asked Questions document with the participant and team.

As the Coordinator of Community Services, I attest that the Frequently Asked Questions Tool was shared with the participant and their team.

Coordinator of Community Services Name:	
	-
Coordinator of Community Services Signatu	ire:



# Regional Office Contact Information (1 of 3)

- After reviewing the videos and Frequently Asked Questions Tool, the Coordinator of Community Services will share the contact information for the Self-Directed Services Lead for the participant's region.
- The Coordinator of Community Services will sign again to confirm this has been shared.

Regional Office Self-Directed Ser	vices Contact Shared
Coordinator of Community the Self-Directed Services L	and Frequently Asked Questions Tool, the Services will share the contact information for ead for the participant's region. Contact n is available on the last page of this document.
	of Community Services, I attest that the appropriate of Lead contact information was shared with the deam.
Coordinator of Community	Services Name:
Coordinator of Community	Services Signature:



# Regional Office Contact Information (2 of 3)

### Central Maryland Regional Office

The Central Maryland Region includes Anne Arundel, Baltimore, Howard, and Harford Counties, and Baltimore City.

Self-Directed Services Lead: Ola Otuyelou

Email: olasubomi.otuyelu@maryland.gov

Phone: 443-928-7843

### Southern Maryland Regional Office

The Southern Maryland Region includes Calvert, Charles, Montgomery, Prince George's, and St. Mary's Counties.

Self-Directed Services Lead: Tia Henry

Email: tia.henry2@maryland.gov

Phone: 240-294-8378



# Regional Office Contact Information (3 of 3)

### Eastern Shore Regional Office

The Eastern Shore Region includes Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot, Wicomico, and Worcester Counties.

Self-Directed Services Lead: Jonna Krabill

Email: jonna.krabill@maryland.gov

Phone: 443-909-6363

### Western Maryland Regional Office

The Western Maryland Region includes Allegany, Carroll, Frederick, Garrett, and Washington Counties

Self-Directed Services Lead: Tina Swink

Email: tina.swink@maryland.gov

Phone: 443-473-2950



## **Uploading the Orientation Checklist**

- After the orientation meeting, the Coordinator of Community
   Services will upload the completed Self-Directed Services
   Orientation Checklist into LTSSMaryland in the "Client Attachments Self-Direction Documents" section for the participant.
  - OrientationChecklist.LastNameFirstName.FormDate;
  - For example: OrientationChecklist.BrownAnna.11-13-25.
- Note: Effective October 6, 2025, "FMCS Documents" will be renamed to "Self-Direction Documents".



# **Example: Participant Information**

Participant Name: Mel Jenkins	5
Address: 1234 South St. B	altimore, MD 21212
Phone Number: 555-555-555	5
Date of Orientation: 7/1/25	Time of Orientation: 10:00am
In-Person or Virtual: In-Person	



## **Example: Team Members in Attendance**

Team Members in Attendance					
Name:	Elizabeth Jones	Relationship:	Coordinator of Community Services		
Name:	Lisa Jenkins	Relationship:	Sister		
Name:	Bev Cooley	Relationship:	Friend / Emergency Backup		
Name:		Relationship:			



## **Example: Orientation Videos**

#### Orientation Videos

Self-Directed Services Orientation consists of the first three modules of the <u>Self-Directed Services Training Series</u>. After each video is viewed, the Coordinator of Community Services should note the time the video finished.

- Module 1: Self-Direction Overview Time Completed:
- Module 2: The Self-Directed Services Team Time Completed:

Module 3: Person-Centered Planning - Time Completed:

11:20 a.m.

12:04 p.m.



## **Example: Frequently Asked Questions Tool**

### Frequently Asked Questions Tool

After completing the videos, the Coordinator of Community Services will review the Frequently Asked Questions document with the participant and team.

As the Coordinator of Community Services, I attest that the Frequently Asked Questions Tool was shared with the participant and their team.

Coordinator of Community Services Name: Elizabeth Jones

Coordinator of Community Services Signature:



## **Example: Regional Office Information**

#### **Regional Office Self-Directed Services Contact Shared**

After reviewing the videos and Frequently Asked Questions Tool, the Coordinator of Community Services will share the contact information for the Self-Directed Services Lead for the participant's region. Contact information for each region is available on the last page of this document.

As the Coordinator of Community Services, I attest that the appropriate Self-Directed Services Lead contact information was shared with the participant and their team.

Coordinator of Community Services Name: Elizabeth Jones

Coordinator of Community Services Signature:



# Requirement for Participants New to Self-Direction

Required for anyone interested in self-directing, including:

- Those who are **new** to services and want to self-direct, and
- Those who are currently using Provider Managed Services and want to transition to Self-Directed Services.

The Self-Directed Services Orientation is **not required** if you have been self-directing your services **before October 6, 2025**.



# **Roll Out of the Self-Directed Services Orientation**

- If you choose self-direction between October 6 and December 31, 2025, you must complete the orientation by March 31, 2026.
- If you choose to self-direct with an Annual Plan Date of January 1, 2026 or later, you must complete the orientation before beginning Self-Directed Services.



## **Questions**





## Resources



## **Webinar Series - Save the Dates**

Date	Topic	Time
October 3, 2025	LTSS <i>Maryland</i> Updates	12 - 1:30 pm

Register once to be automatically enrolled for all webinars.



## Who do I contact with questions?

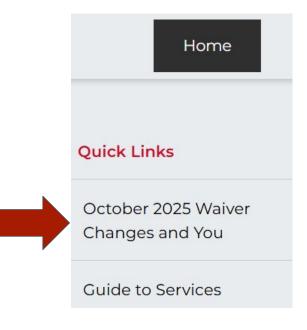
### You can reach out to:

- Your Coordinator of Community Services, or
- Your DDA <u>Regional Office</u>.



### **More Information**

- For updates and more details, visit the new "October 2025 Waiver Changes and You" webpage.
- You can also sign up for email updates from the DDA <u>through the DDA</u> <u>Connection newsletter.</u>
- Self-Directed Services Manual





## **Questions**



