

# Medical Day Care

## Service Definition

A. Medical Day Care (MDC) services provides medically supervised, health-related services in an ambulatory facility setting, as defined in Code of Maryland Regulations 10.09.07.

B. Medical Day Care includes the following services:

1. Health care services;
2. Nursing services;
3. Physical therapy services;
4. Occupational therapy services;
5. Assistance with activities of daily living such as walking, eating, toileting, grooming, and supervision of personal hygiene;
6. Nutrition services;
7. Social work services;
8. Activity Programs; and
9. Transportation services.

### SERVICE REQUIREMENTS:

- A. A participant must attend the Medical Day Care a minimum of 4 hours per day for the service to be reimbursed.
- B. Medical Day Care services cannot be billed during the same period of time that the individual is receiving **other meaningful** day or employment Waiver services.

## Medical Day Care

C. Services and activities take place in non-institutional, community-based settings.

D. Nutritional services do not constitute a full nutritional regimen.

E. This Waiver service is only provided to individuals age 16 and over.

~~F. Medical Day Care services are not available to participants at the same time a participant is receiving Employment Services, Career Exploration, Community Development Services, Day Habilitation, or Respite Care Services.~~

F. Medical Day Care services may not be provided at the same time as the direct provision of ~~Behavioral Support Services~~, Career Exploration, Community Development Services, Community Living—Enhanced Supports, Community Living-Group Homes, Day Habilitation, ~~Employment Discovery and Customization~~, Employment Services, Nursing Support Services, Personal Supports, Respite Care Services, Shared Living, ~~Supported Employment~~, Supported Living, or Transportation services.

G. Prior to accessing DDA funding for this service, all other available and appropriate funding sources **which may include, as applicable, private insurance, including those** services offered by Maryland Medicaid State Plan, Maryland State Department of Education (MSDE), Division of Rehabilitation Services (DORS), ~~and~~ Department of Human Services (DHS), ~~and or~~ any other federal or State government funding program, must be explored and exhausted to the extent applicable.

1. These efforts must be documented in the participant's file.

2. If these services are deemed by the participant's person-centered planning team to be inappropriate to meet the specific needs of the participant, the exploration efforts and reasons that these services do not meet the participant's needs shall be documented in the participant's **filePCP**.

3. The DDA has authority to determine if further efforts must be made, and documented, prior to authorization of funding for the service under the **Medicaid w**Waiver program.

H. To the extent that any listed services are covered under the State plan, the services under the waiver would be limited to additional services not otherwise covered under the State plan, but consistent with waiver objectives of **receiving community based services and** avoiding institutionalization.

## Medical Day Care

I. Anyone paid to provide a Medicaid waiver service, including participant's employees, are considered a Medicaid Provider, subject to all laws and regulations associated with a Medicaid Provider.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Service Delivery Method (check each that applies):

(Don't Check) Participant-directed as specified in Appendix E

X Provider managed

(Don't Check) Remote/via Telehealth

Specify whether the service may be provided by (check each that applies):

**NONE CHECKED**

Legally Responsible Person

Relative

Legal Guardian

Provider Category(s)

(check one or both):

(Don't Check) Individual. List types:

X Agency. List the types of agencies:

Medical Day Care Providers

Provider Type:

## Medical Day Care

Medical Day Care Providers
License (specify)
Licensed Medical Day Care Providers as per Code of Maryland Regulations 10.12.04
Certificate (specify)
Other Standard (specify)
All <b>new</b> providers must meet and comply with the federal community settings regulations and requirements prior to enrollment.
Verification of Provider Qualifications
Provider Type:
Medical Day Care Providers
Entity Responsible for Verification:
Maryland Department of Health
Frequency of Verification
Every 2 years and in response to complaints.