

FAMILY SUPPORTS WAIVER

Service Type: Other

Service (Name): **FAMILY CAREGIVER TRAINING AND EMPOWERMENT SERVICES**

Service Definition:

- A. Family Caregiver Training and Empowerment services provide education and support to the family caregiver that preserves the family unit and increases confidence, stamina and empowerment. Education and training activities are based on the family/caregiver's unique needs and are specifically identified in the person-centered plan.
- B. Family Caregiver Training and Empowerment services support family with all of their complexity, strengths and unique abilities to achieve self –determination, interdependence, productivity, integration and inclusion in all facets of community life across the lifespan. They support caregivers as they support their family member with life experiences that point the trajectory toward a good quality of life across the lifespan. Family caregiver increased knowledge and empowerment supports integrated life domains that are important to a child's quality of life, including daily life, safety and security, community living, healthy lifestyle, social and spirituality, and citizenship and advocacy. Family caregivers are then also able to help to build on current support structures that focus on self-determination, community living, social capital and economic sufficiency to achieve individually defined life outcomes.
- C. This service includes educational materials, training programs, workshops and conferences, and transportation to and from training that help the family caregiver to:
1. Understand the disability of the person supported;
 2. Achieve greater competence and confidence in providing supports;
 3. Develop and access community and other resources and supports;
 4. Develop or enhance key parenting strategies;
 5. Develop advocacy skills; and
 6. Support the person in developing self-advocacy skills.

Service Requirements:

- A. Family Caregiver Training and Empowerment is offered only for a family caregiver who is providing unpaid support, training, companionship, or supervision for a person participating in the waiver who is living in the family home.
- B. To the extent that any listed services are covered under the State plan, the services under the waiver would be limited to additional services not otherwise covered under the State plan, but consistent with waiver objectives of avoiding institutionalization.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Service Delivery Method (check each that applies)

- Participant Directed as specified in Appendix E
- Provider Managed

Specify whether the service may be provided by (check all that applies):

- Legally Responsible Person
- Relative
- Legal Guardian

Provider Specifications: (Instructions list the following for each type of provider that can deliver the services):

Provider Category	Provider Type Title
Agency	DDA Approved Parent Support Agency

Provider Specifications for Services

Provider Category: Agency

Provider Type:

Provider Qualifications License (specify):

License (specify):

Certificate (specify):

Other Standard (specify):

DDA Approved Parent Support Agency with demonstrated experience delivering similar services

Verification of Provider Qualifications Entity

Entity Responsible for Verification:

- DDA for approval of Parent Support Agencies

Frequency of Verification:

- DDA: Annually