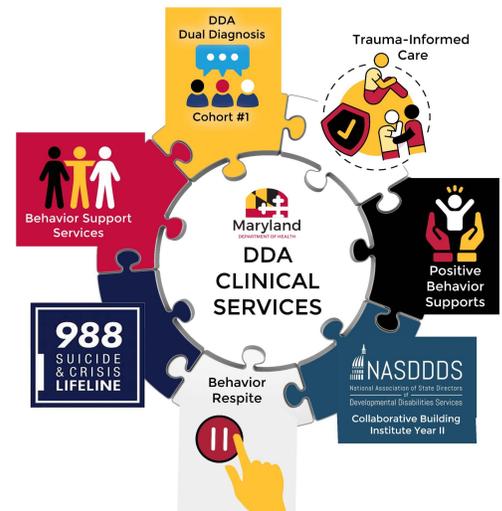


What are DDA's Behavioral Clinical Services?

- Behavior Support Services
- Trauma Informed Care
- Positive Behavior Supports
- Behavior Respite
- 988
- NASDDDS Collaborative Building Institute Year 2
- DDA Dual Diagnosis Cohort #1



Behavior Support Services (BSS)

- **Behavioral Assessment and Plan** are tools that help identify, manage, and replace challenging behaviors with more positive ones.
 - **Behavior Support Plans are:**
 - Person centered
 - Trauma informed
 - Use positive behavior supports (see below)
- **Behavioral Consultation** is an available service that allows a professional to oversee and monitor a person's Behavior Support Plan to make sure it is working for the person.
- **Brief Support Implementation Services or BSIS** is a service that can be provided to the individuals supporting a person (such as families, direct support professionals, and paid and unpaid caregivers) so they can best implement the person's Behavior Support Plan independently.



For more information about BSS services, please visit our page on the DDA website [BSS services page](#).

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Trauma Informed Care

Trauma-Informed Care uses knowledge about trauma to:

- Improve how behavioral services are delivered to people with Intellectual Developmental Disabilities
- Lower the risk of people experiencing trauma again
- Help people recover from trauma
- Support staff who may be affected by trauma in the workplace

Register for upcoming training by clicking the links below:

[Prerequisite Trauma-Informed Training](#)
[Trauma-Informed Care Train the Trainer Course](#)



Positive Behavior Supports (PBS) are a core part of our Behavior Support Services. They are based on a multi-tiered approach:

- **Tier 1:** All people in a setting working together to improve relationship skills with others.
- **Tier 2:** People who may struggle with learning these skills and may need more support from others who are there to support them.
- **Tier 3:** A person who needs more support and a specific plan to help them with their behaviors.

The Clinical and Behavioral Supports Team is working with the University of Minnesota to infuse these concepts into practice for our provider community.

All strategies are based on trauma informed care principles to help increase the social and emotional skills of a person with an intellectual and developmental disability.

Please refer to our webinars about PBS on the DDA website [BSS Services page](#)



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Behavioral Respite

Behavior Respite is short-term support that gives people a break if they are having difficulty because of behavioral, social, or emotional challenges.

Any eligible child or adult living in their own home, with their family, or receiving a residential service through DDA can access behavior respite.



Behavioral Respite
QR Code

All behavioral respite must be approved by DDA. All requests go through the Clinical Department. The clinical team works with the Regional Office during this process.

For more information about DDA's Behavior Respite Services:
[Behavioral Respite At a Glance](#)



Partnership with 988.

DDA is partnering with Maryland Mobile Crisis (988).

Anyone in Maryland can use this service. That includes people who get DDA services. ***For individuals living on the Eastern Shore of Maryland that are enrolled in DDA services and/or waiver services. If you require support for a behavioral crisis, please continue to contact Somerset Community Services at (443) 880-1147 to speak with their local BSS mobile response team.**

[At a Glance Mobile Crisis 5.15.23](#)



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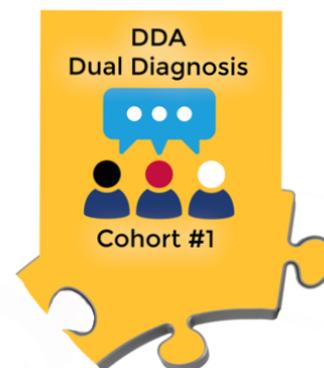
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DDA Dual Diagnosis Cohort #1

The Dual Diagnosis Cohort #1 is a group of DDA providers committed to supporting people with **dual diagnosis** (Mental health needs/Intellectual and Developmental Disabilities) in Maryland.

Cohort #1 will serve an important role in establishing the foundation for learning, capacity building, and policy that is uniquely “Maryland” to ensure best practices related to supporting people with dual diagnosis.

A key outcome of Cohort #1 will be to build a sustainable model of care that can be replicated. This cohort is not meant to function in a silo; rather the strength of the cohort comes from its collaborative relationships.



The DDA Dual Diagnosis Cohort # 1 is:

- A peer-to-peer collaborative learning space for cohort members
- Building knowledge, skill, and tool development to support people with dual diagnosis (mental health/IDD)
- Creating a system of care in Maryland rooted in trauma, equity, and positive behavior supports
- Expansion of cohort to ensure sustainable system of support

[At a Glance Dual Diagnosis Cohort #1](#)

NASDDDS Collaborative Building Institute Year 2

The state of Maryland is working with other state agencies (Department of Human Services, Maryland State Department of Education, etc) to develop a continuum of care in the state for children/adolescents and adults with intellectual and developmental disabilities to develop a united message for individuals that have contact with these agencies.



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