



## ABLE to Save Month Tool Kit

### Sample Social Media Posts:

Did you know that August is ABLE to Save Month? Visit [Maryland ABLE](#) to learn how people with disabilities and their families can save for the future while protecting important benefits such as SSI and Medicaid. #MarylandABLE #ABLEtoSave

August is ABLE to Save month. Thanks to ABLE Savings Programs, many Americans with disabilities have more independence and financial stability than ever. Learn more [here](#) . #MarylandABLE #ABLEtoSave

August is ABLE to Save Month and ABLE programs across the country are celebrating more than 91,000 ABLE account holders nationwide. Check out this [video](#) to hear from a Maryland ABLE account holder who is proud to be saving for her dreams. #MarylandABLE #ABLEtoSave

ABLE Accounts make it possible for families to save for the future and pay for the added expenses of raising a child with a disability. Read this [article](#) to hear from a family that is planning and saving for the future without fear of jeopardizing their son's means tested benefits. #ABLEtoSave #MarylandABLE

There are over 91,000 ABLE accounts open nationwide. Are you one of them? Learn more about [Maryland ABLE](#) and how it can help you plan for your future. #ABLEtoSave

ABLE accounts foster person-centered independence, build self-reliance, encourage employment and improve quality of life. Learn more about how a [Maryland ABLE](#) can benefit you. #ABLEtoSave

August marks the nationally celebrated ABLE to Save Month. ABLE programs nationwide have changed the way people with disabilities and their families participate in the community, build financial wellness and plan for the future by empowering them to save and invest for the added expenses that come with having a disability without losing access to federal means-tested benefits. Learn more about how a [Maryland ABLE](#) can benefit you. #ABLEtoSave

### ABLE to Save Month: suggested text for website or newsletter article:

August is national ABLE to Save Month! We are celebrating the Maryland ABLE program, which makes it possible for Marylanders with disabilities to have greater independence and financial stability. A Maryland ABLE account can change the way people with disabilities and their

families participate in the community, build financial wellness, and plan for the future by empowering them to save and invest for the added expenses that come with having a disability. Learn more about how a [Maryland ABLE](#) account can help people with disabilities and their families pay for everyday needs, save and invest with a tax-advantaged account, and prepare for the future while keeping federal and state means-tested benefits such as SSI and Medicaid.