Developmental Disabilities Administration (DDA) Updates

Bernard Simons, DDA Deputy Secretary

October 30, 2020
Deputy Secretary’s Agenda

• Opening Remarks
• Deputy Secretary Update
• COVID-19 Regional Update
• Karyn Harvey, PhD
• Questions
Deputy Secretary’s Opening Remarks

• The DDA’s highest priority is the health, safety, and wellbeing of people with intellectual and developmental disabilities, their families, staff, and providers

• The DDA is committed to transparency with all of our stakeholders to ensure we are all working with the same information to support our shared missions

• Thank you for your continued support in joining me during these webcast so that we can stay in-touch and be able to provide you with the most current information
Deputy Secretary’s Update

This week we posted and shared with you new polices and resources on the DDA PolicyStat platform:

• Policy on Organized Health Care Delivery System
• Policy on Residential Services: Use of Dedicated Supports During Meaningful Day Hours
• For more information about how to use the PolicyStat platform and DDA’s policies please review the following documents:
  • At A Glance - DDA Policies and At A Glance – PolicyStat

If you have questions about the policies or the PolicyStat platform, please contact Abigail Gadbois at abigail.gadbois1@maryland.gov
Deputy Secretary’s Update

• The Center for Medicaid and CHIP Services (CMCS) has updated its Medicaid Telehealth Toolkit to include additional detail on telehealth modalities, tools to support states in analyzing and further developing telehealth benefits, and specific examples from several states.

• CMCS also released a data snapshot analyzing the dramatic increase in telehealth in Medicaid since the beginning of this year. The snapshot, derived from Transformed Medicaid Statistical Information System (T-MSIS) data, shows telehealth utilization increasing over 2600% between January and June 2020, with significant increases across all age groups. The increases were most pronounced for adults aged 19 – 64. The snapshot is available at:

Deputy Secretary’s Update

• The DDA will be conducting a training on the Person-Centered Plan Development and Authorization Guidance on November 6th from 1:00 PM to 2:30 PM. This training is specific for Coordinators of Community Services (CCS), Provider Staff, and DDA staff involved with the PCP development, provider service acceptance, and approval process.

• To register click on the link below:
  https://register.gotowebinar.com/register/7431955744392131340
LTSS Maryland Training for Providers

Register for a session via DDA’s online training calendar (Link)
  • Training Sessions are for Agency Billing and Fiscal Staff

Personal Supports Training
  • Ongoing through December
  • Sessions are 9am-5pm

Supported Living Training
  • Available sessions are Nov 17th and Nov 19th
  • Sessions are 3.5 hours

Provider Billing Staff should ensure you attend your registered session
  • Please reach the regional professional development team to cancel your registration. Provider staff who don’t attend a session are preventing others from being able to get the needed training
COVID-19 Regional Updates

• **SMRO**- Onesta Duke
  onesta.duke@maryland.gov

• **ESRO**- Kim Gscheidle
  kimberly.gscheidle@maryland.gov

• **CMRO**- Nicholas Burton
  nicholas.burton@maryland.gov

• **WMRO**- Cathy Marshall
  cathy.marshall@maryland.gov
There are 17,764 people supported in services by the DDA of which 4% (734) have tested positive for COVID-19.

CMRO 304 Positive; Increase of 15
ESRO 57 Positive; Increase of 10
SMRO 284 Positive; Increase of 6
WMRO 50 Positive; Increase of 4
There have been 695 participants reported as having tested positive for COVID-19 of which there have been 39 deaths.

The 39 deaths represents approximately 5% of all (734) participants that tested positive.
Dr. Karyn Harvey

Still Coping with COVID
COVID FATIGUE

Karyn Harvey
ENOUGH IS ENOUGH!
IF 2020 WAS A CURSE WORD WE WOULD SAY:

WHAT THE 2020??? !!!!!!
STRESS!

⇒ IN WAYS WE NEVER EXPECTED!!
DEMANDS

WE COULDN’T HAVE PREDICTED
EXHAUSTION
BURNOUT

Hopelessness → Fatigue → Lack of motivation
“Sometimes it’s OK if the only thing you did today was breathe.”

— Yumi Sakugawa
SQUARE BREATHING

- Breathe in
- 4 Seconds
- Hold
- 4 Seconds
- Breathe Out
- 4 Seconds
- Hold
- 4 Seconds
SOLUTIONS:

Vacations
Hobbies
Music
Movement
EMOTIONAL SELF-CARE

• Respecting Yourself and Your Efforts
• Treating yourself as you would a dear friend
• Exercising Boundaries
• List what you appreciate about yourself
CHERISH YOURSELF
CHERISH YOUR LIFE
Questions