



Developmental Disabilities Administration (DDA) Updates

Bernard Simons, DDA Deputy Secretary

October 30, 2020



Deputy Secretary's Agenda



- Opening Remarks
- Deputy Secretary Update
- COVID-19 Regional Update
- Karyn Harvey, PhD
- Questions

Deputy Secretary's Opening Remarks

- The DDA's highest priority is the health, safety, and wellbeing of people with intellectual and developmental disabilities, their families, staff, and providers
- The DDA is committed to transparency with all of our stakeholders to ensure we are all working with the same information to support our shared missions
- Thank you for your continued support in joining me during these webcast so that we can stay in-touch and be able to provide you with the most current information

Deputy Secretary's Update

This week we posted and shared with you new policies and resources on the DDA [PolicyStat](#) platform:

- Policy on [Organized Health Care Delivery System](#)
- Policy on [Residential Services: Use of Dedicated Supports During Meaningful Day Hours](#)
- For more information about how to use the PolicyStat platform and DDA's policies please review the following documents:
 - [At A Glance - DDA Policies](#) and [At A Glance – PolicyStat](#)

If you have questions about the policies or the PolicyStat platform, please contact Abigail Gadbois at abigail.gadbois1@maryland.gov



Deputy Secretary's Update

- The Center for Medicaid and CHIP Services (CMCS) has updated its Medicaid Telehealth Toolkit to include additional detail on telehealth modalities, tools to support states in analyzing and further developing telehealth benefits, and specific examples from several states
- Access the Toolkit at:
<https://www.medicaid.gov/medicaid/benefits/downloads/medicaid-chip-telehealth-toolkit.pdf>

Deputy Secretary's Update

- CMCS also released a data snapshot analyzing the dramatic increase in telehealth in Medicaid since the beginning of this year. The snapshot, derived from Transformed Medicaid Statistical Information System (T-MSIS) data, shows telehealth utilization increasing over 2600% between January and June 2020, with significant increases across all age groups. The increases were most pronounced for adults aged 19 – 64. The snapshot is available at:
- <https://www.medicaid.gov/resources-for-states/downloads/medicaid-chip-beneficiaries-COVID-19-snapshot-data-through-20200630.pdf>

Deputy Secretary's Update

- The DDA will be conducting a training on the Person-Centered Plan Development and Authorization Guidance on November 6th from 1:00 PM to 2:30 PM. This training is specific for Coordinators of Community Services (CCS), Provider Staff, and DDA staff involved with the PCP development, provider service acceptance, and approval process.
- To register click on the link below:
<https://register.gotowebinar.com/register/7431955744392131340>

LTSSMaryland Training for Providers

Register for a session via DDA's online training calendar ([Link](#))

- Training Sessions are for Agency Billing and Fiscal Staff

Personal Supports Training

- Ongoing through December
- Sessions are 9am-5pm

Supported Living Training

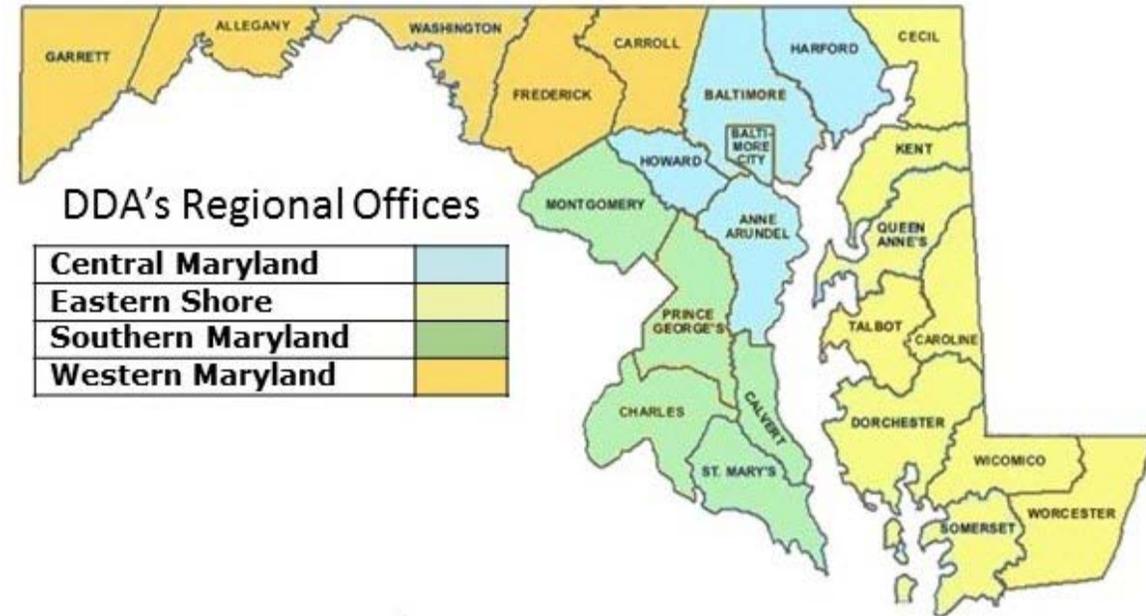
- Available sessions are Nov 17th and Nov 19th
- Sessions are 3.5hours

Provider Billing Staff should ensure you attend your registered session

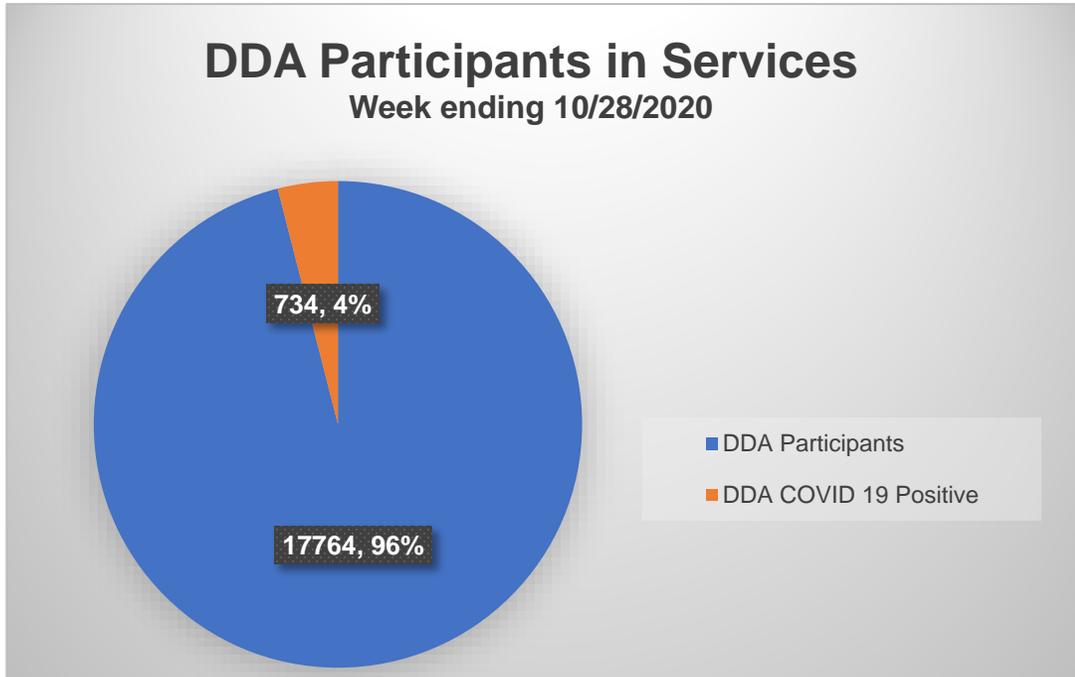
- Please reach the regional professional development team to cancel your registration. Provider staff who don't attend a session are preventing others from being able to get the needed training

COVID-19 Regional Updates

- **SMRO**- Onesta Duke
onestaduke@maryland.gov
- **ESRO**- Kim Gscheidle
kimberlygscheidle@maryland.gov
- **CMRO**- Nicholas Burton
nicholasburton@maryland.gov
- **WMRO**- Cathy Marshall
cathymarshall@maryland.gov

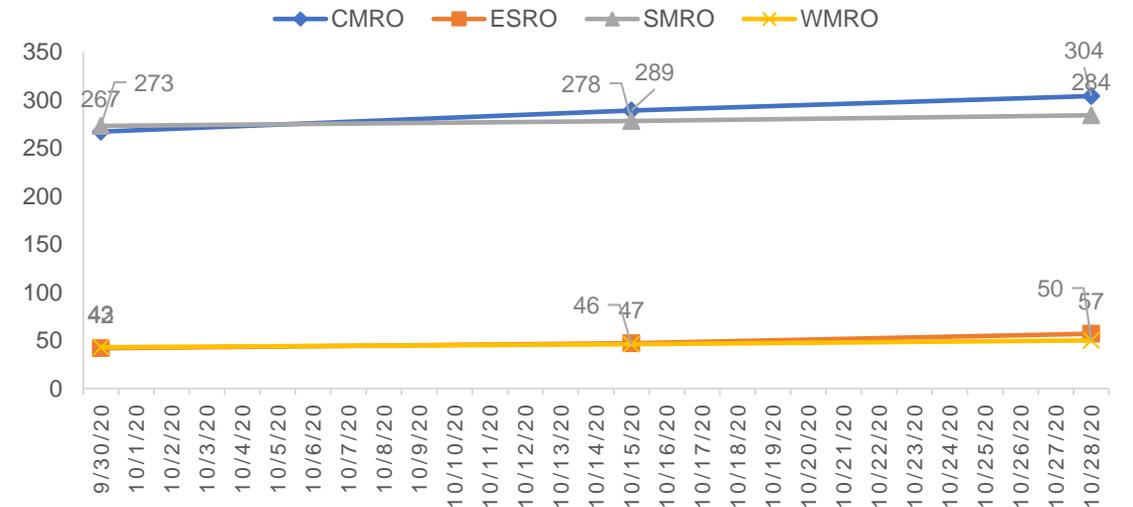


DDA Tracking



There are 17,764 people supported in services by the DDA of which 4% (734) have tested positive for COVID-19.

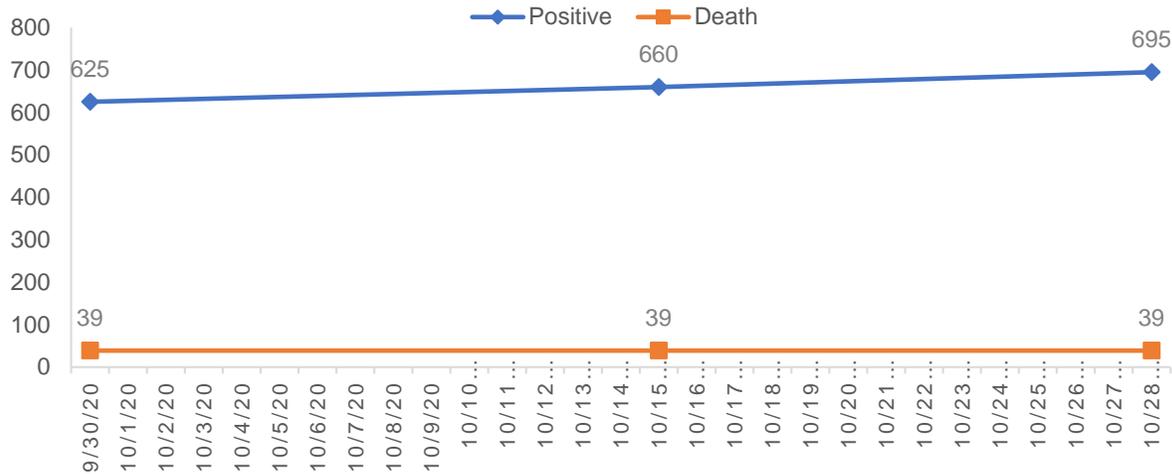
POSITIVE PARTICIPANTS BY REGION WEEK ENDING 10/28/2020



CMRO	304	Positive; Increase of	15
ESRO	57	Positive; Increase of	10
SMRO	284	Positive; Increase of	6
WMRO	50	Positive; Increase of	4

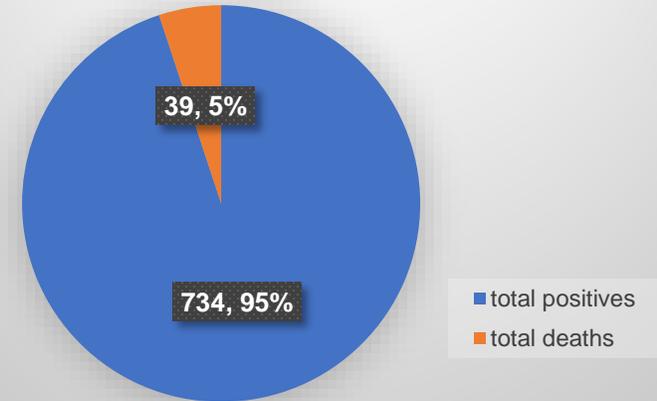
DDA Tracking

POSITIVE PARTICIPANTS STATEWIDE
WEEK ENDING 10/28/2020



There have been 695 participants reported as having tested positive for COVID-19 of which there have been 39 deaths.

DDA COVID-19
Positives and Deaths
Week ending 10/28/2020



The 39 deaths represents approximately 5% of all (734) participants that tested positive.

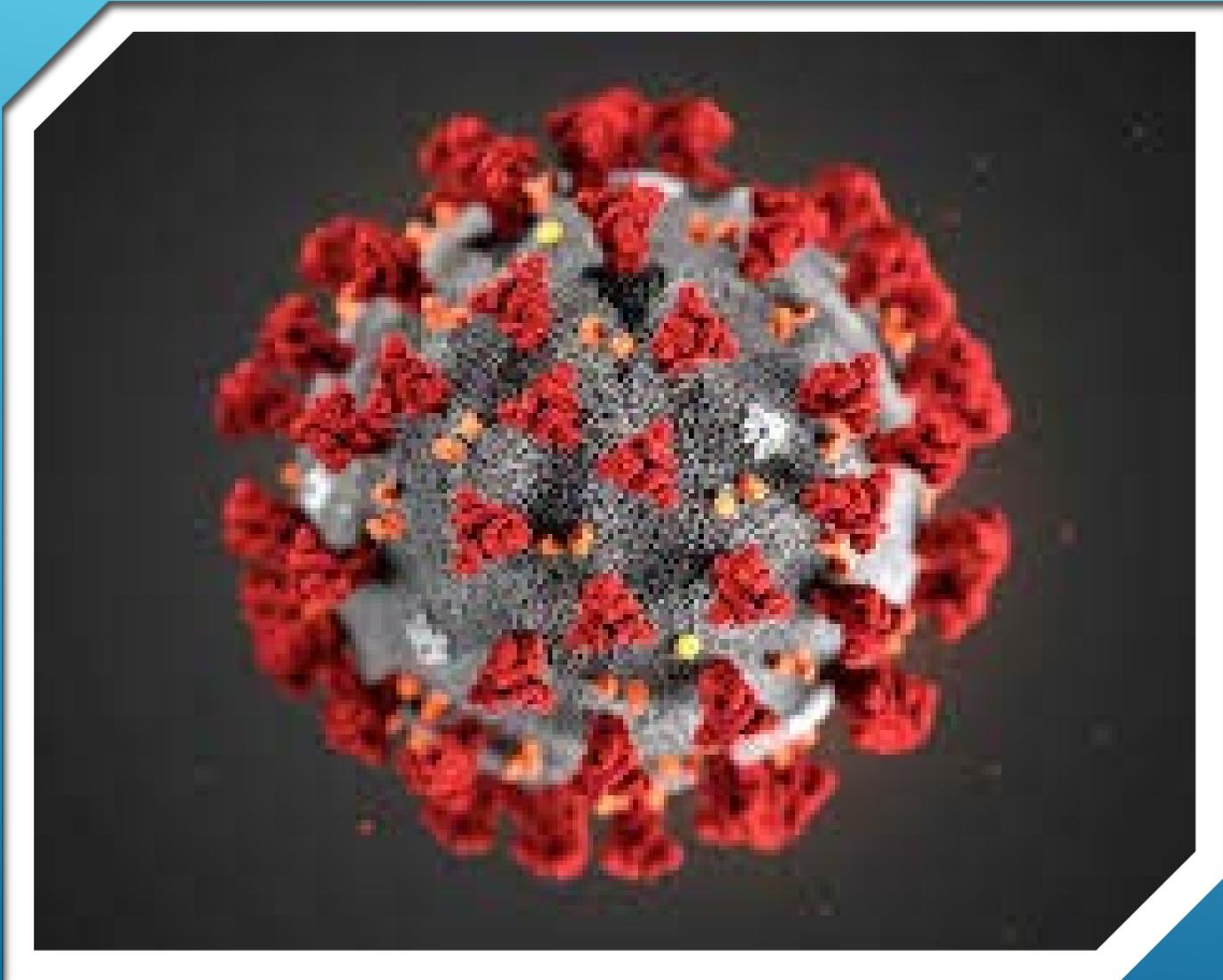
Dr. Karyn Harvey

Still Coping with COVID

COVID FATIGUE

Karyn Harvey





ENOUGH IS
ENOUGH!

IF 2020 WAS A CURSE WORD WE WOULD SAY:

WHAT THE 2020???!!!!!!!



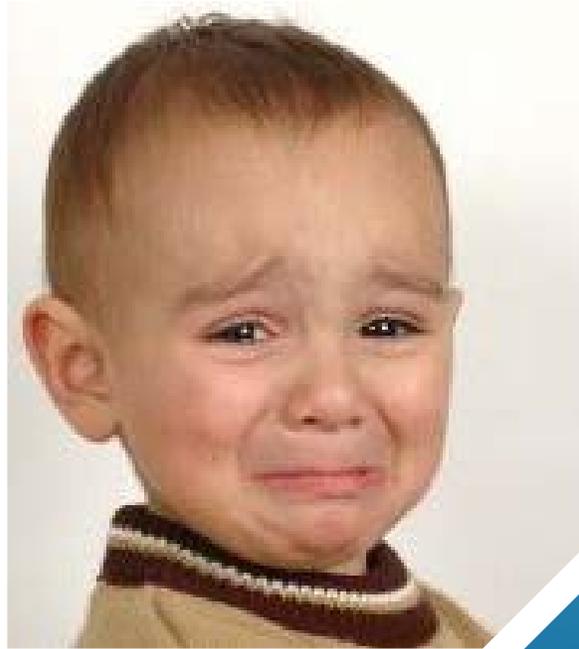


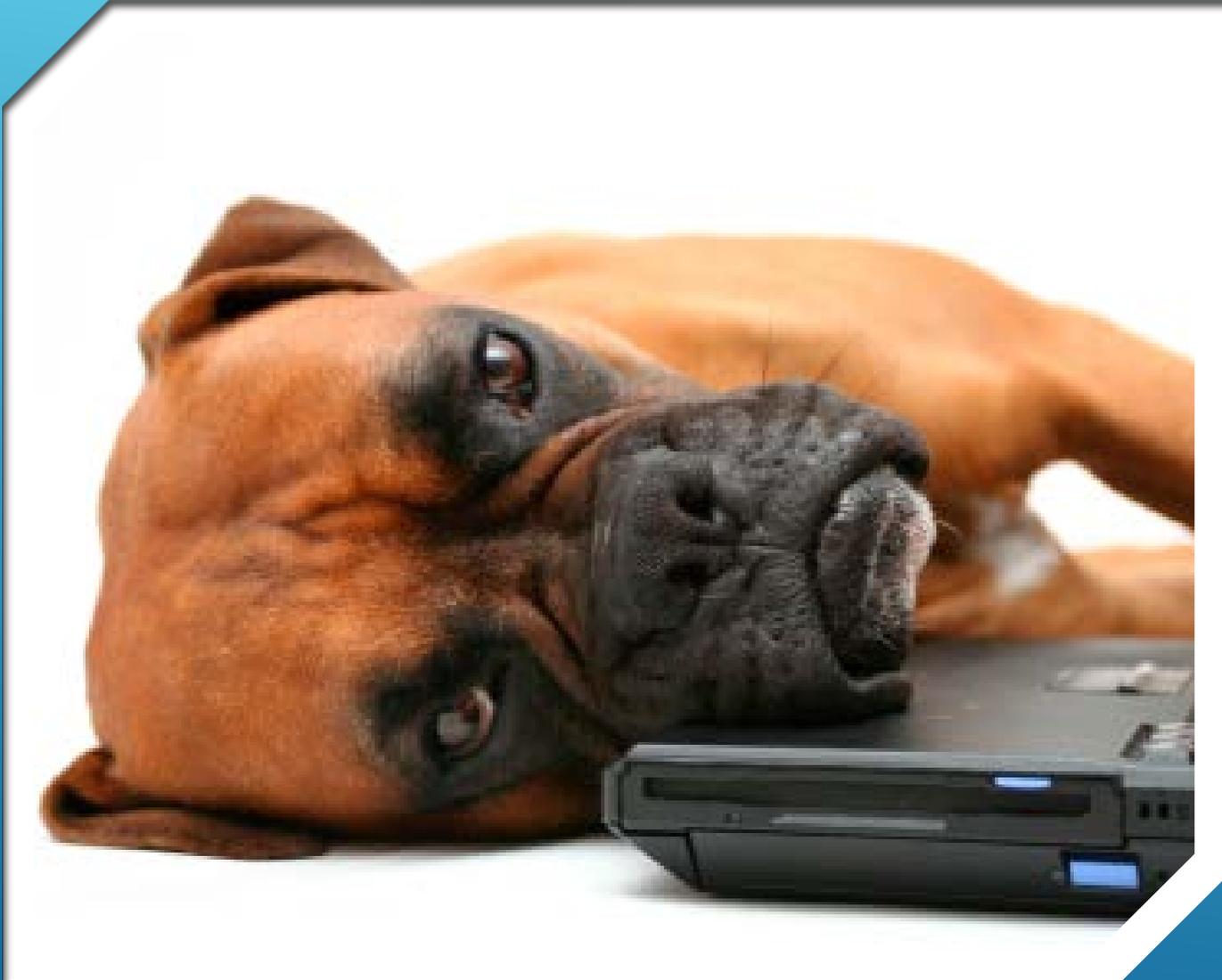
STRESS!

- ▶ IN WAYS WE NEVER EXPECTED!!

DEMANDS

▶ WE COULDN'T
HAVE PREDICTED





EXHAUSTION

Hopelessness

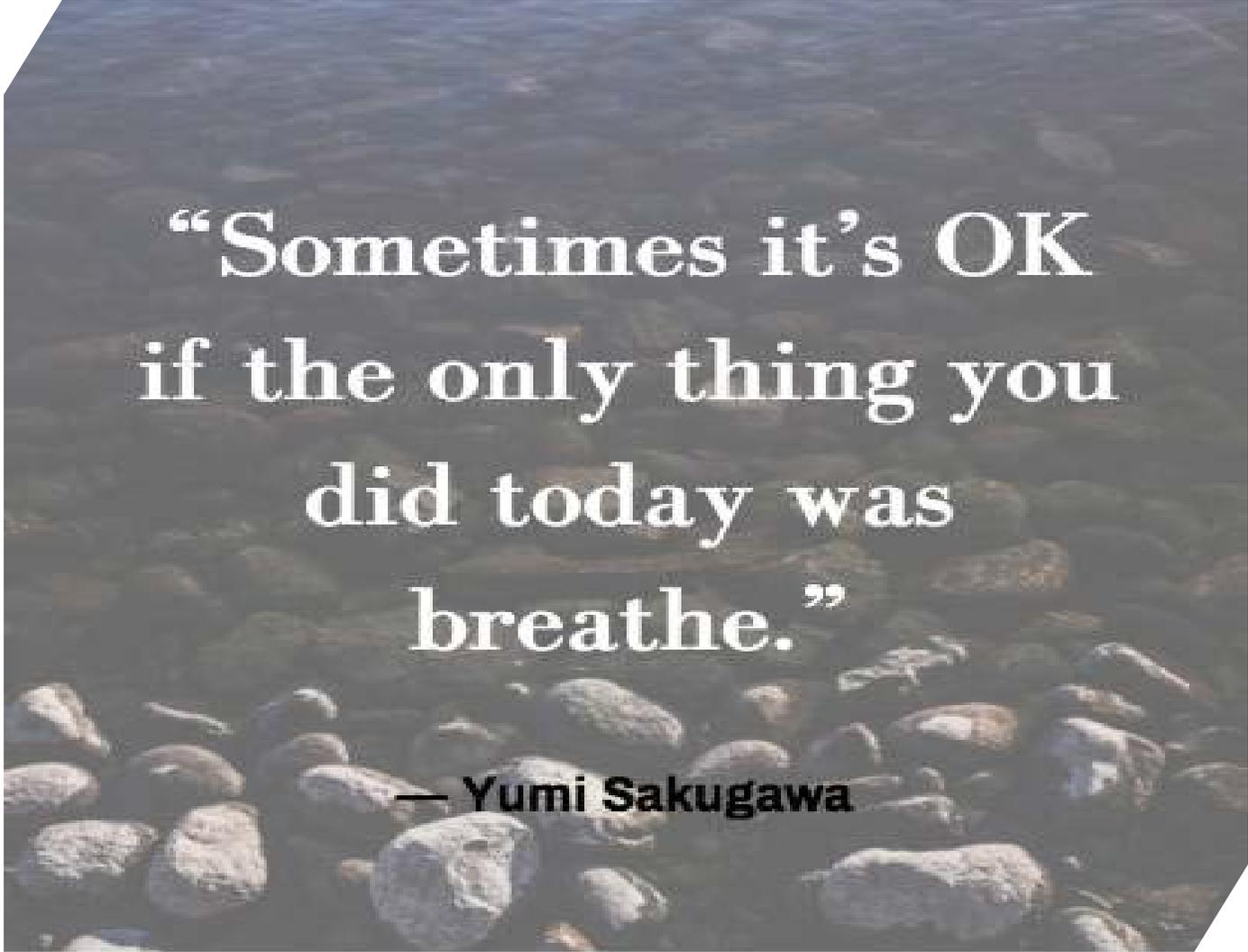


Fatigue



Lack of motivation

BURNOUT

A photograph of a rocky shoreline with water in the background, overlaid with a quote. The quote is in white serif font, centered on the image. The background shows a calm body of water meeting a rocky shore. The quote is: "Sometimes it's OK if the only thing you did today was breathe."

“Sometimes it’s OK
if the only thing you
did today was
breathe.”

— Yumi Sakugawa

Breathe in

4 Seconds →

4 Seconds

Hold



4 Seconds

Hold



← 4 Seconds

Breathe Out

SQUARE BREATHING



SOLUTIONS:

Vacations

Hobbies

Music

Movement

EMOTIONAL SELF-CARE

- Respecting Yourself and Your Efforts
- Treating yourself as you would a dear friend
- Exercising Boundaries
- List what you appreciate about yourself





**CHERISH YOURSELF
CHERISH YOUR LIFE**

<https://youtu.be/1QcKkYi73oc>

YOU ARE WORTH IT!!!

Questions

