



# Developmental Disabilities Administration (DDA) Updates

**Bernard Simons, DDA Deputy Secretary**

September 4, 2020



# Deputy Secretary's Agenda

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- Opening Remarks
- Deputy Secretary Update
- COVID-19 Regional Update
- Kenneth A Feder, PhD, Epidemic Intelligence Service Officer for the Centers for Disease Control and Prevention
- Karyn Harvey, PhD
- Questions

# Deputy Secretary's Opening Remarks

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- The DDA's highest priority is the health, safety, and wellbeing of people with intellectual and developmental disabilities, their families, staff, and providers
- The DDA is committed to transparency with all of our stakeholders to ensure we are all working with the same information to support our shared missions
- Thank you for your continued support in joining me during these webcast so that we can stay in-touch and be able to provide you with the most current information

# Deputy Secretary's Update

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- The U.S. Department of Health and Human Services (DHS) announced that it is extending the Medicaid and CHIP Relief Fund deadline to apply for Phase 2 General Distribution Funding to September 13, 2020
- You can find out more on this update along with information on the PRF at this link: <https://www.hhs.gov/coronavirus/cares-act-provider-relief-fund/for-providers/index.html>

# Deputy Secretary's Update

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- The Developmental Disabilities Administration (DDA) is delaying the full implementation of the LTSSMaryland and fee-for-service transition to provide more time to test and make adjustments to the system and to ensure fiscal payment strategies used within LTSSMaryland function properly. [See full memo here](#)
- The DDA will continue to work closely with our transition volunteer providers, Medicaid, and the LTSSMaryland vendor to address the challenges they have experienced
- We have removed specific transition dates from our Waiver Amendments to provide more time to implement and to be responsive to our stakeholder needs
- The DDA will not pursue legislation during the upcoming 2021 Legislative Session to mandate the transition from a prospective payment system to a fee-for-service model

# Deputy Secretary's Update

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## Appendix K

On Wednesday, September 2 , The Centers for Medicare and Medicaid Service (CMS) **approved** our revision to Appendix K

We have updated the information to the DDA website and the Appendix K guidance and At a Glance documents. See links below:

- [Retainer Payments - Revised September 2, 2020](#)
- [DDA Appendix K #1 - Retainer Payment Guidance - Revised September 2, 2020](#)

# Deputy Secretary's Update

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## Appendix K

### Retainer Days-

- CMS approved DDA's request to increase the number of retainer days from 18 to 30 days for residential and meaningful day services
- CMS also approved an increase in the number of retainer hours for Personal Support Services from 102 to 120 hours
- DDA will modify PCIS2 to reflect the change
- DDA will not process error updates that have been submitted to correct the retainer days for those instances when they exceeded 18 days given the increase to 30 days

# Deputy Secretary's Update

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## Retainer Days-

Service	Traditional Service Delivery
Career Exploration	Up to 30 days at 80% rate
Community Development Services	Up to 30 days at 80% rate
Community Living- Group Home	Up to 30 days at 100% rate
Day Habilitation	Up to 30 days at 80% rate
Employment Services	Up to 30 days at 80% rate
Personal Supports	Up to 120 hours at 100% rate, within authorized limit
Supported Employment	Up to 30 days at 80% rate
Supported Living	Up to 30 days at 100% rate

# Deputy Secretary's Update

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## Amendment #3

- The official public comments period is from September 1, 2020 through September 30, 2020
- Track change documents regarding the amendment proposals are available on each Waiver program's dedicated Amendment #3 2020 page listed on the next slide
- Public comments can be submitted to [wfb.dda@maryland.gov](mailto:wfb.dda@maryland.gov) or mailed to DDA Federal Programs at 201 West Preston Street, 4th Floor, Baltimore MD 21201 through September 30, 2020

# Deputy Secretary's Update

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## Amendment #3 Continued

[Family Supports Waiver Amendment #3 – 2020 dedicated page](#)

[Community Supports Waiver Amendment #3 – 2020 dedicated page](#)

[Community Pathways Waiver Amendment #3 – 2020 dedicated page](#)

# Deputy Secretary's Update

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## Next Steps

- Public comment period September 1<sup>st</sup> – 30<sup>th</sup> 2020
- Review input and update
- Medicaid final review and approval
- Submission to CMS on November 1<sup>st</sup>
- CMS review -November 1<sup>st</sup> - January
- Proposed effective date – January 1<sup>st</sup>

# Deputy Secretary's Update

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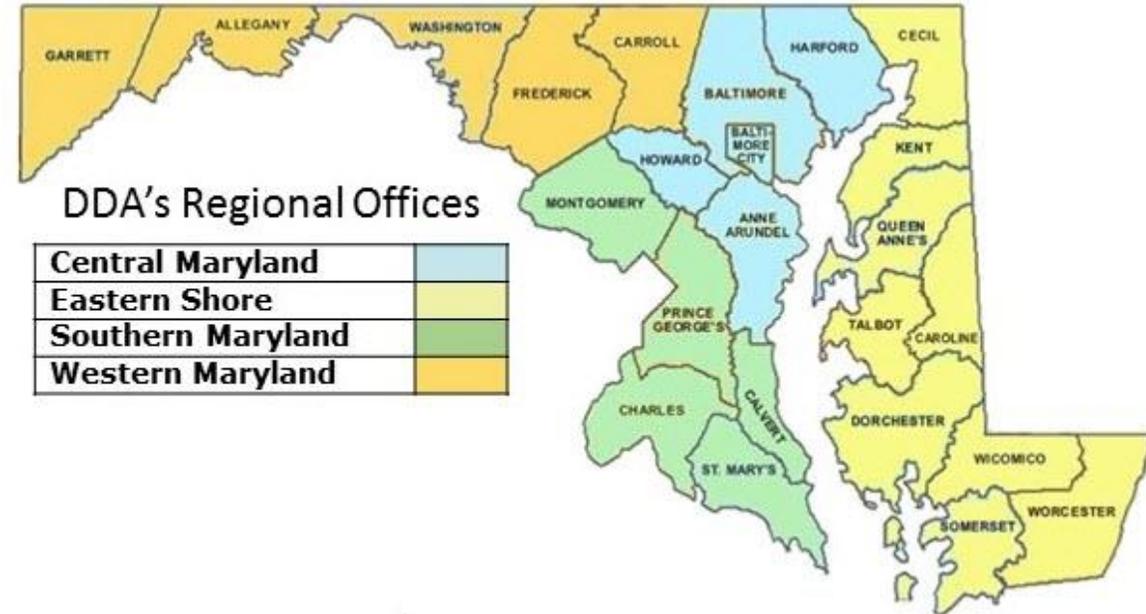
## Detail Service Authorization tool

- On September 11, 2020, the DDA will be conducting a webcast at 1pm to introduce and train all providers and Coordinator of Community Services (CCS) on the Detail Service Authorization tool (DSAT)
- The DSAT is meant to streamline the communication between the provider agency and the CCS. Through this process, we expect to see plans that require fewer revisions and clarification requests, and move more smoothly through the planning and approval phases

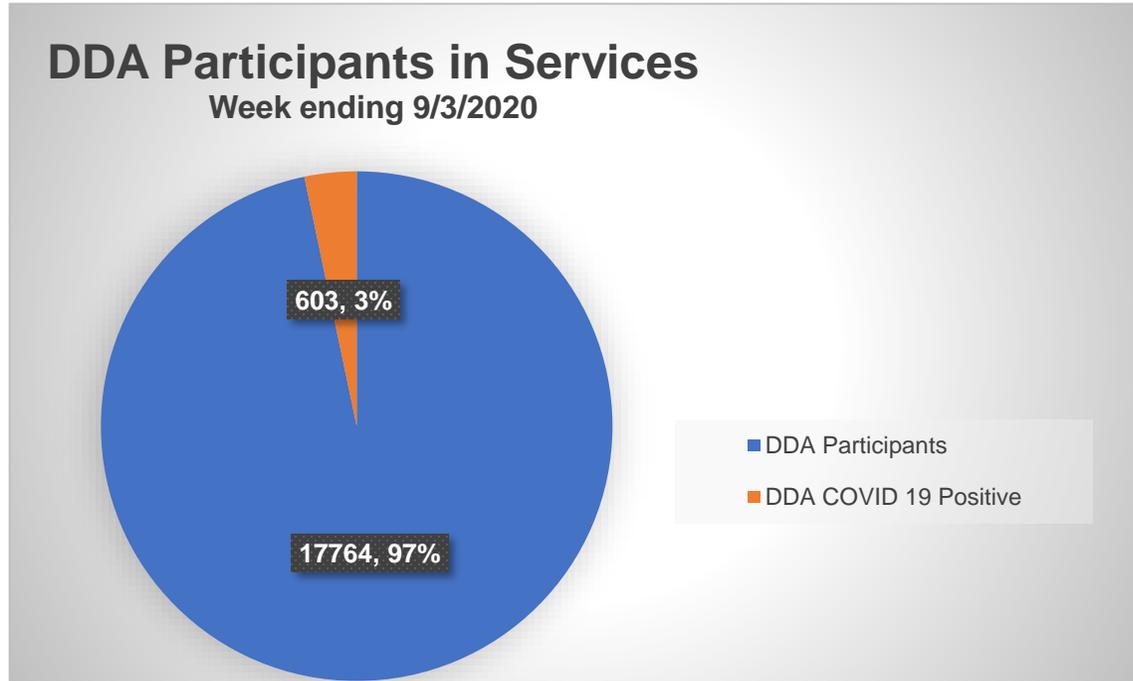
# COVID-19 Regional Updates

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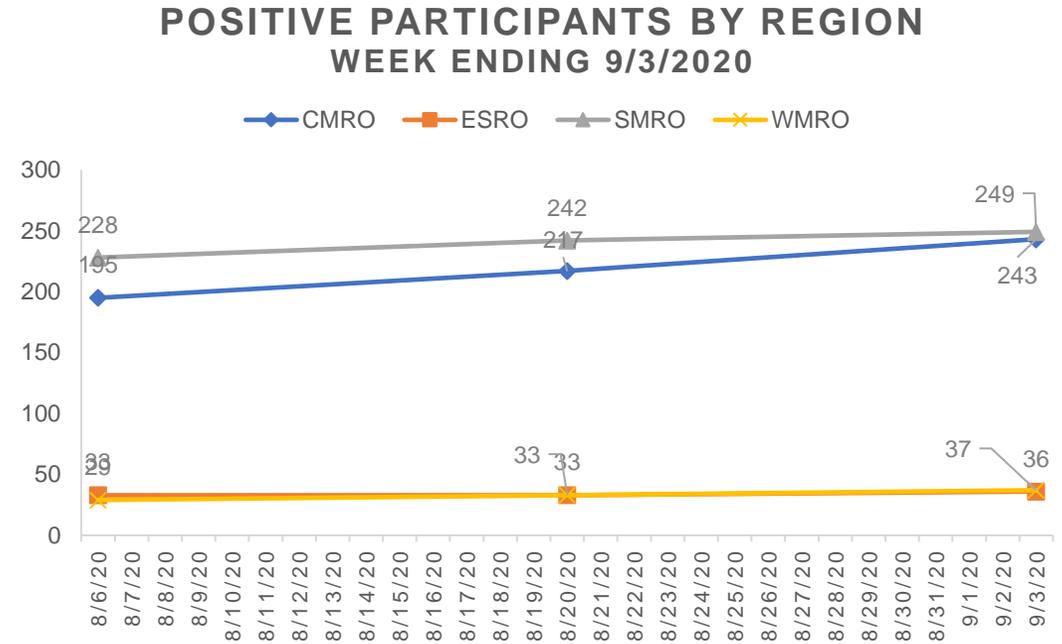
- **SMRO**- Onesta Duke  
[onestaduke@maryland.gov](mailto:onestaduke@maryland.gov)
- **ESRO**- Kim Gscheidle  
[kimberlygscheidle@maryland.gov](mailto:kimberlygscheidle@maryland.gov)
- **CMRO**- Nicholas Burton  
[nicholasburton@maryland.gov](mailto:nicholasburton@maryland.gov)
- **WMRO**- Cathy Marshall  
[cathymarshall@maryland.gov](mailto:cathymarshall@maryland.gov)



# DDA Tracking



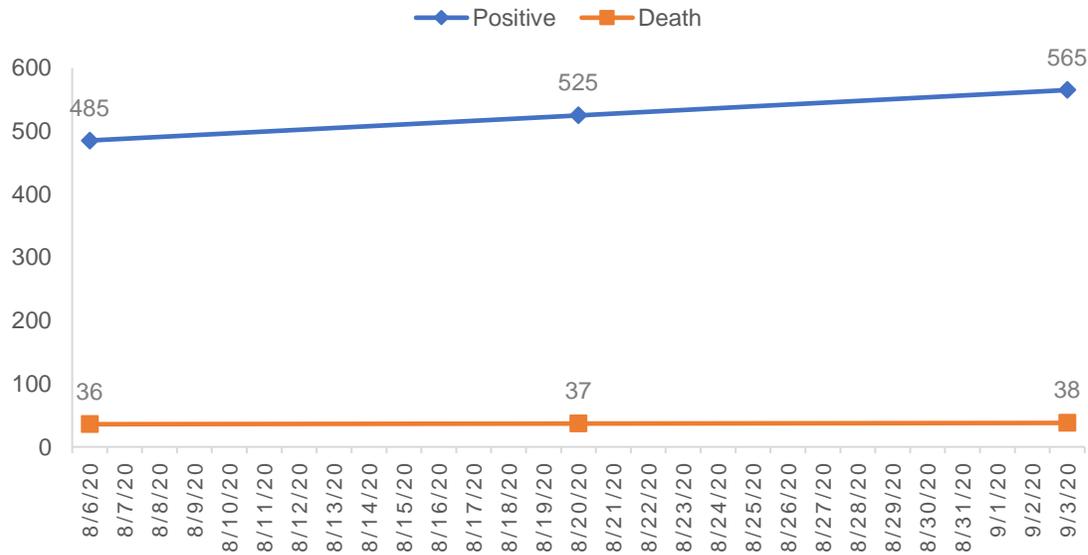
There are 17,764 people supported in services by the DDA of which 3% (603) have tested positive for COVID-19.



CMRO	243	Positive; Increase of	26
ESRO	36	Positive; Increase of	3
SMRO	249	Positive; Increase of	7
WMRO	37	Positive; Increase of	4

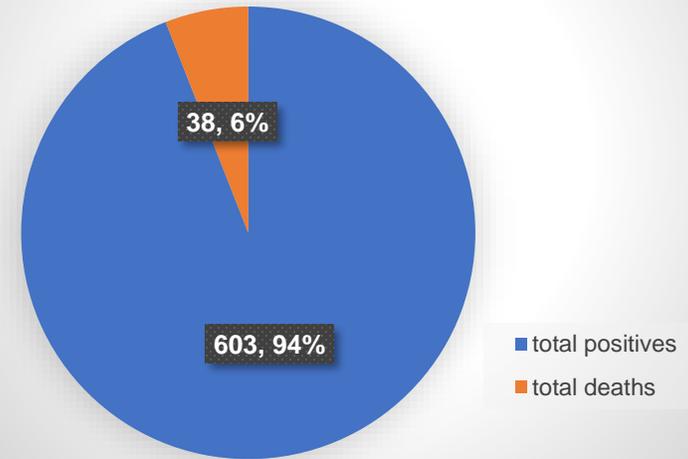
# DDA Tracking

POSITIVE PARTICIPANTS STATEWIDE  
WEEK ENDING 09/03/2020



There have been 565 participants reported as having tested positive for COVID-19 of which there have been 38 deaths.

DDA COVID-19  
Positives and Deaths  
Week ending 9/3/2020



The 38 deaths represents approximately 6% of all (603) participants that tested positive.



# **COVID-19 Outbreaks Guidance Update in Homes for People with Developmental Disabilities**

**Kenneth A Feder, PhD, Epidemic Intelligence Service Officer for the Center for Disease  
Control and Prevention**

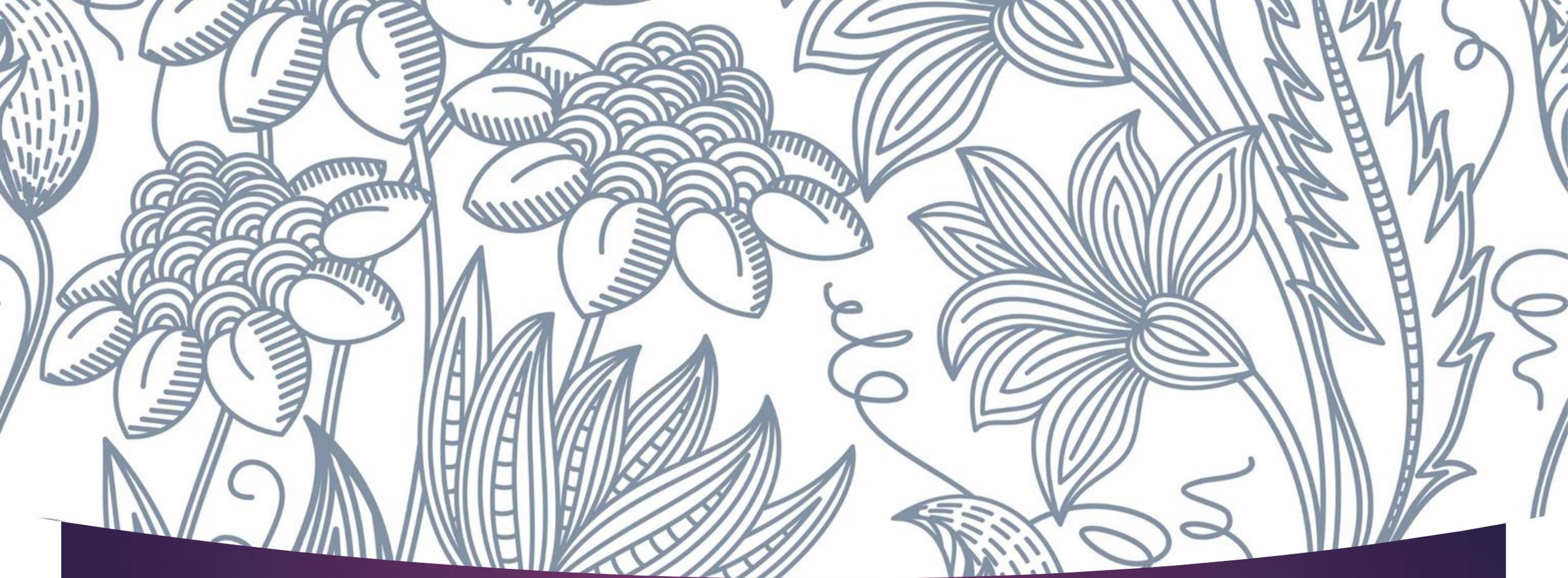
**Maryland Department of Health**

**Infectious Disease Epidemiology and Outbreak Response Bureau**

*Dr. Karyn Harvey*

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# Still Coping with COVID



# Still Coping with Covid

KARYN HARVEY PH.D.



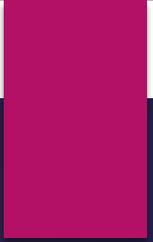
THANK YOU!!!



# REMEMBRANCE



Give yourself permission to feel -



Find a space for you

# Mayo Clinic – Recommendations

- 1. Give yourself permission to grieve –**
- 2. Write a letter to the deceased person**
- 3. Journal about positive memories**
- 4. Talk to someone**
- 5. Understand that those around you are affected as well**
- 6. Lend a supportive ear to others**
- 7. Prepare for reoccurring grief – birthdays, holidays, events**



# Murder Victims



# Protests for Human Rights



Post  
Traumatic  
Stress  
Disorder on a  
Continuum



## 2 Categories of PTSD –Terpou (2019)

- ▶ Main Category

- ▶ Hyperarousal

- ▶ Hypervigilance

- ▶ Startle- Easily Triggered

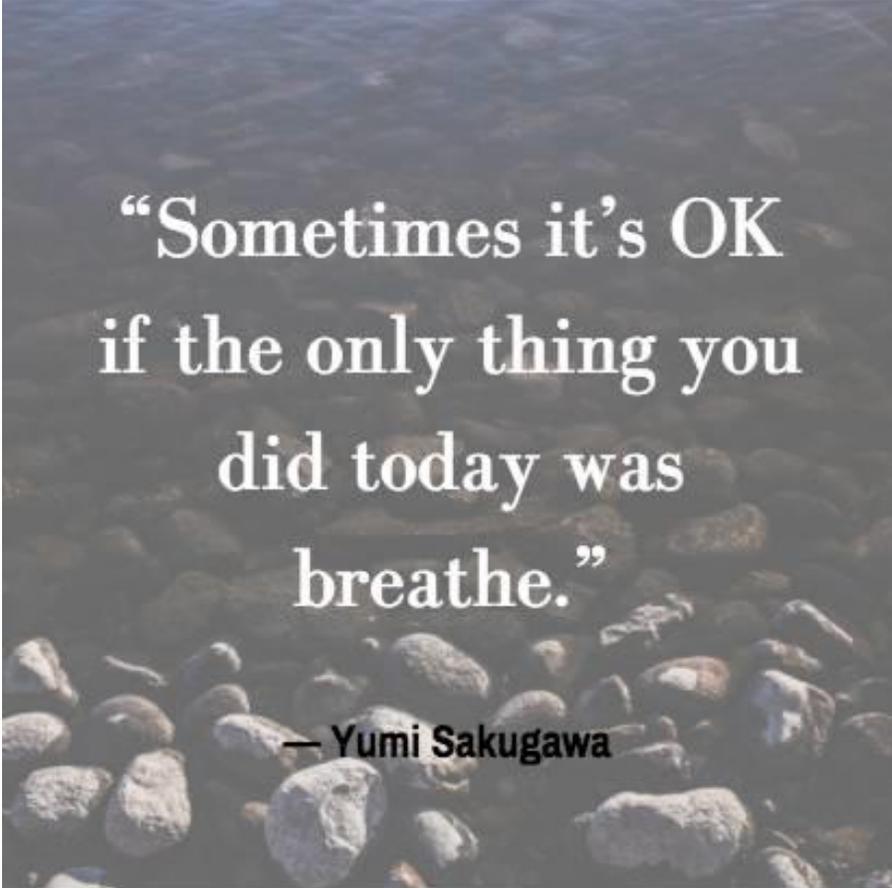
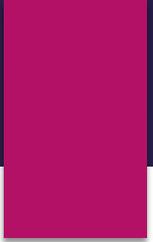
- ▶ Sub-Category

- ▶ Dissociation

- ▶ Not present

- ▶ Removal of self

- ▶ Emotional escape



“Sometimes it’s OK  
if the only thing you  
did today was  
breathe.”

— Yumi Sakugawa



# Trauma of loneliness

## Lieberman

- ▶ The brain is wired for 2 things :
- ▶ 1. To engage in physical world and meet physical needs.
- ▶ 2. To seek social interaction

## Eisenberger

- ▶ Social Exclusion causes physical pain



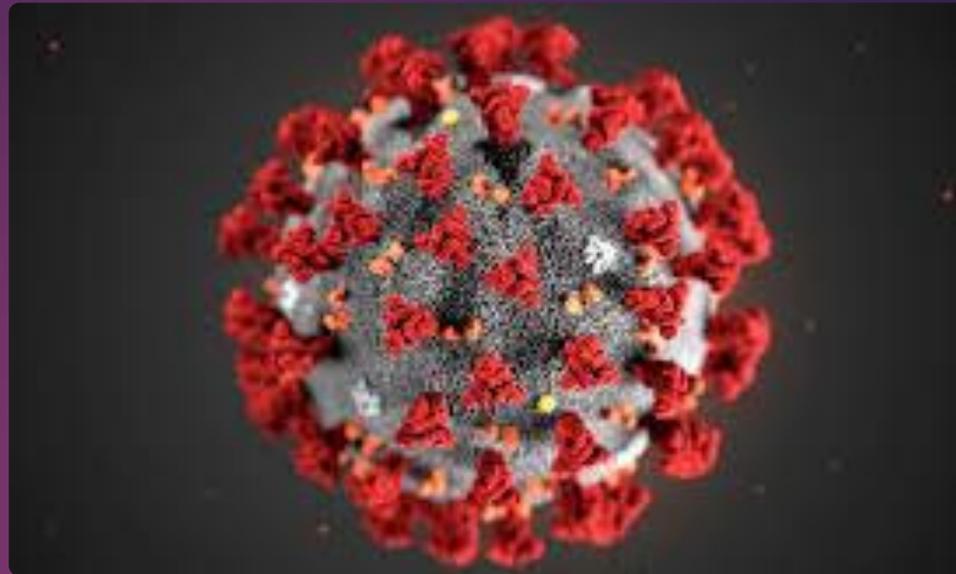
# Eleanor Roosevelt -

“YOU GAIN STRENGTH, COURAGE AND CONFIDENCE BY EVERY EXPERIENCE IN WHICH YOU REALLY STOP TO LOOK FEAR IN THE FACE. YOU ARE ABLE TO SAY TO YOURSELF ‘I LIVED THROUGH THIS HORROR. I CAN TAKE THE NEXT THING THAT COMES ALONG.’”



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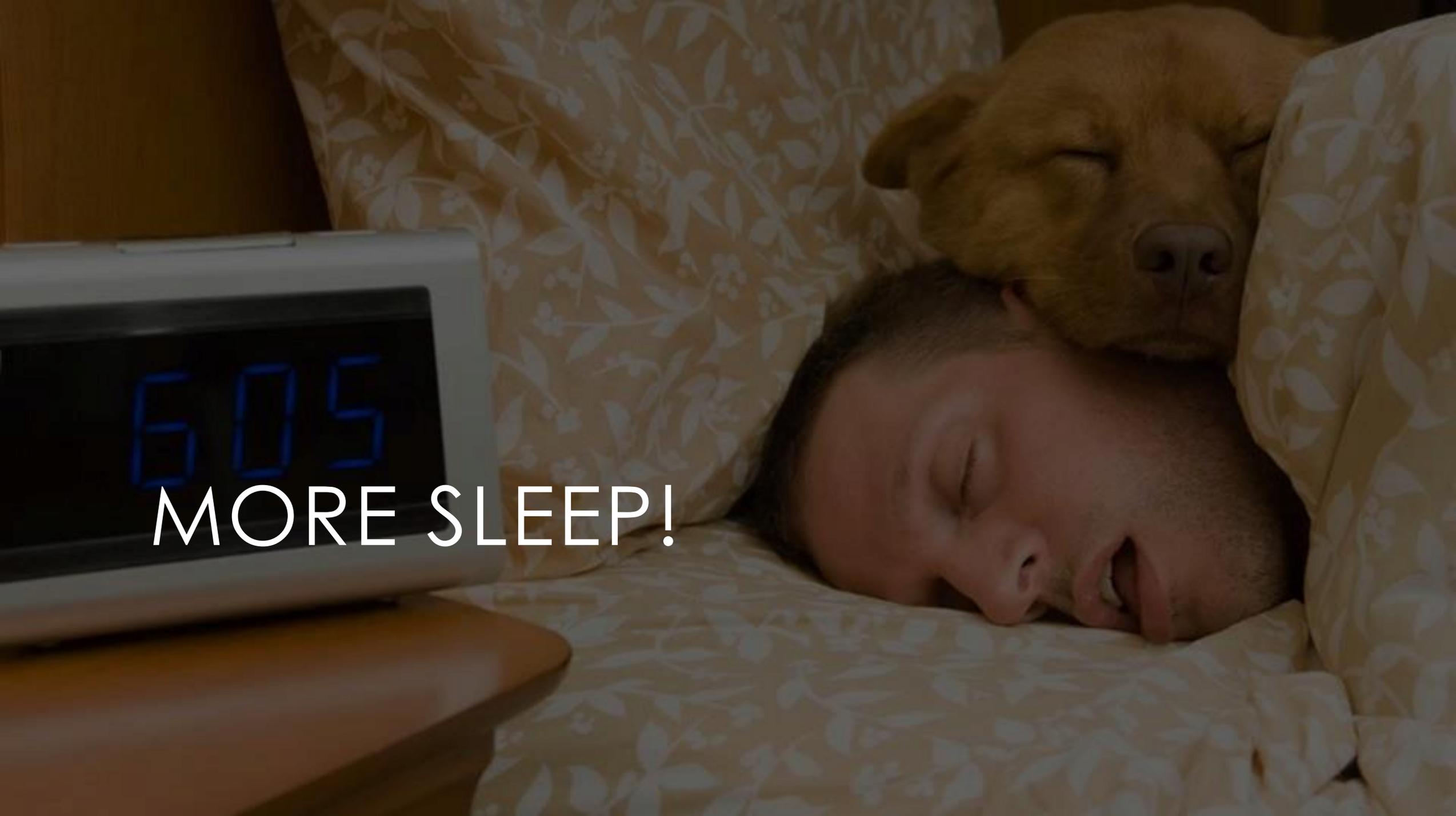
# CONGRATULATE YOURSELF!!!



Not Exactly Christmas



But there  
are gifts



MORE SLEEP!



# WEIRD DREAMS



# A Time to Reflect

# Resiliency



**1. OPTIMISM**



**2. ENGAGEMENT**



**3. CREATIVITY**

# Gratitude Studies – Emmons Lab

Robert Emmons Ph.D. studied Gratitude with Collaborators

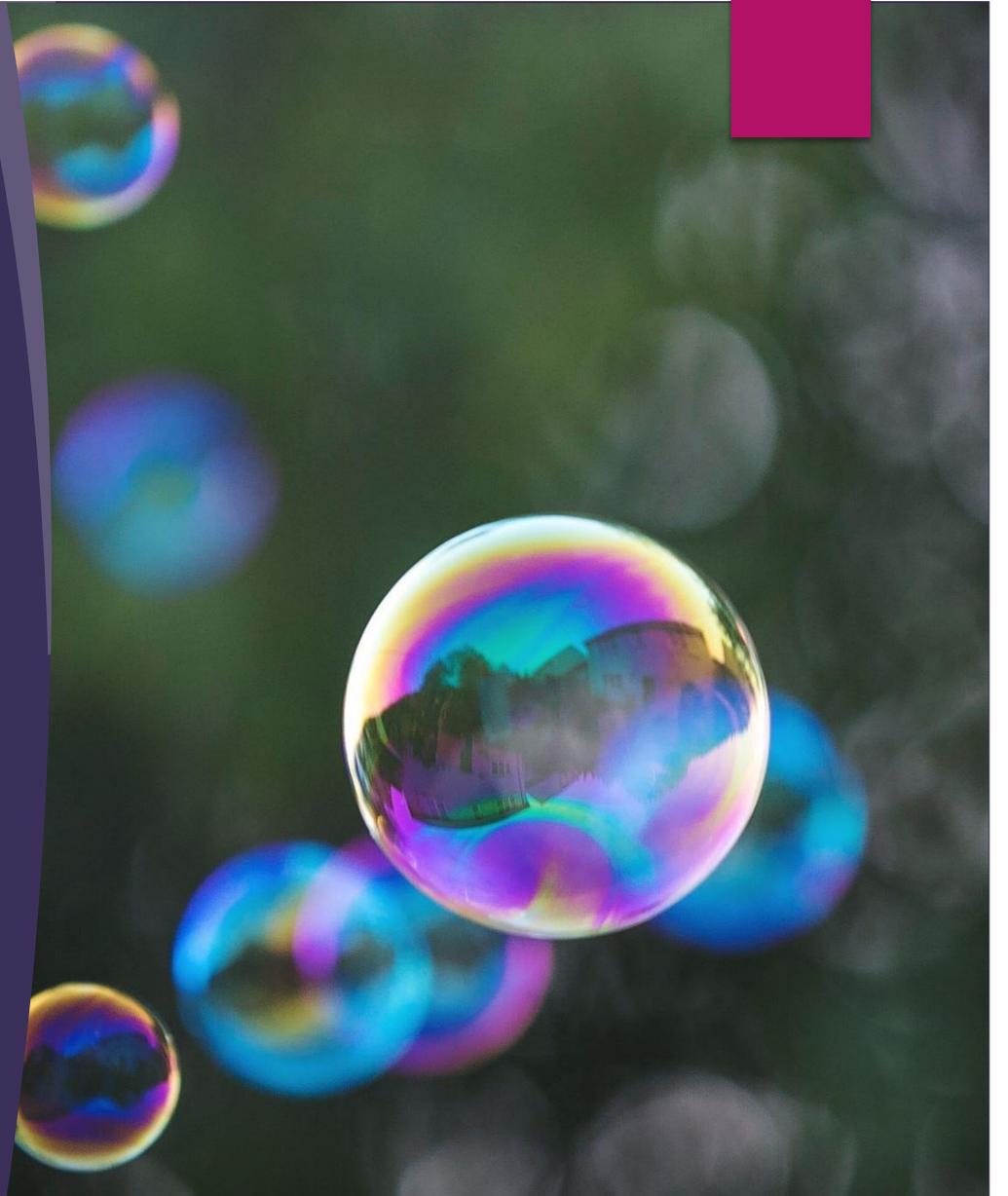
- Journal – daily gratitude journal produce higher levels or optimism – alertness- energy and enthusiasm.
- Others journaled events – less optimism
- Others journaled problems – high pessimism



CELEBRATIONS!

# Engagement -

- ▶ ACTIVITY
- ▶ PLAY
- ▶ INTERACTION
  
- ▶ **\*\*BEING HERE AND NOW\*\***



# PLAY

“Play can  
become a  
doorway to a  
new self”

Stuart Brown MD



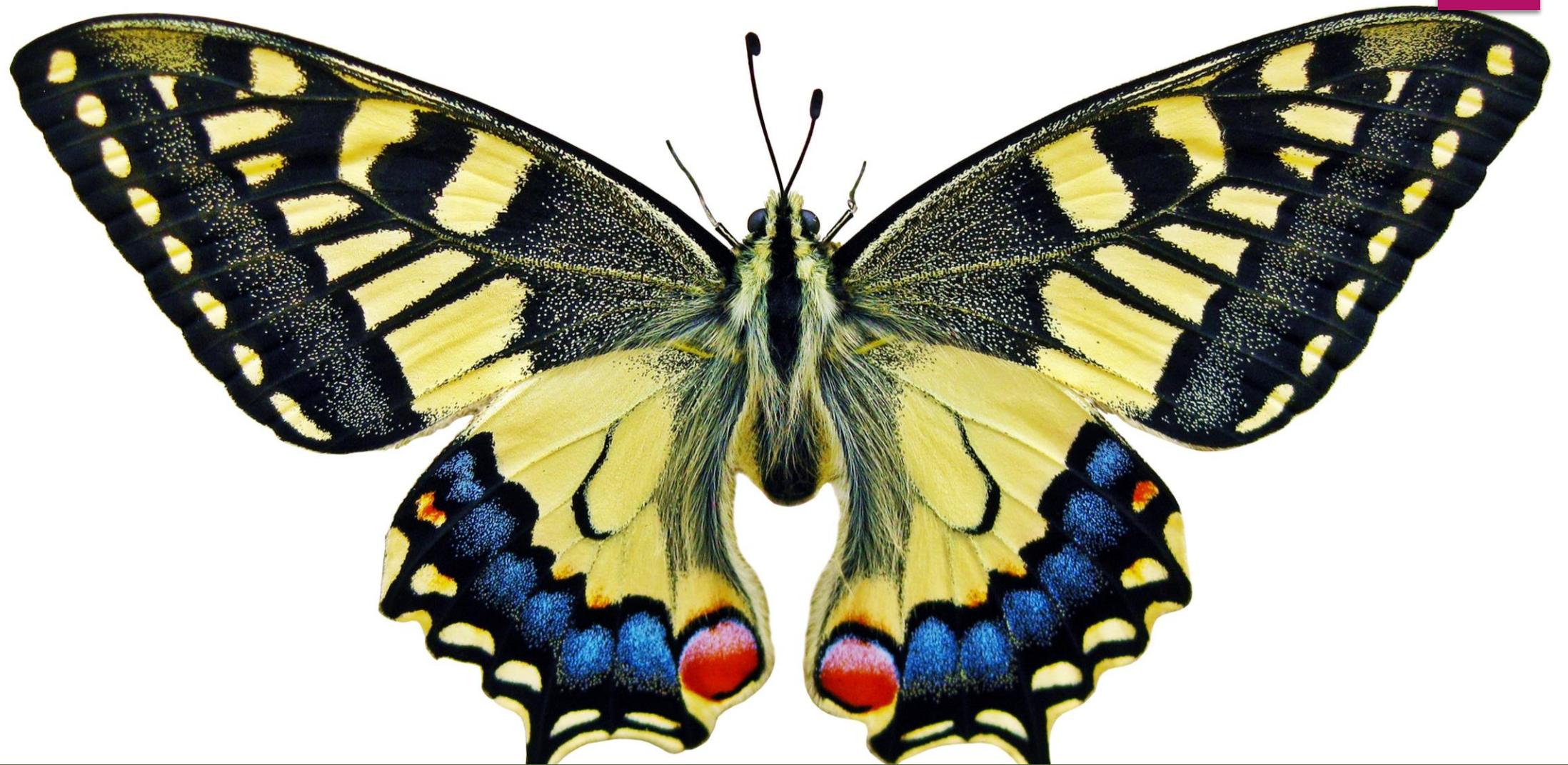
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CREATIVE LIVING—  
THERE ARE NEW AND  
DIFFERENT WAYS TO DO  
THINGS!

And  
Remember  
“This too shall  
pass!! “





## Daisaku Ikeda:

- ▶ **“Those living in an age of crisis must become the pioneers of a better age.”**



# Questions

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