

COVID-19 (Person friendly information about virus)

Staying up to date on the latest information about COVID-19 can be challenging. We're keeping our eyes out for information specifically related to COVID-19 for individuals with intellectual and developmental disabilities.

- [COVID-19 Information by and For People with Disabilities](#)
 - [To access in Spanish](#)
- [Social Distances Resources](#)
 - [Check out the Video](#)
 - [Check out a PowerPoint](#)
- [Tips for Staying Healthy](#)
- [Maryland Developmental Disabilities Council - COVID-19 Resources](#)
- [The Arc Maryland - Coronavirus-What-Is-It-and-What-Can-I-Do](#)
- [Administration for Community Living COVID-19 Update 3/26/2020](#)
- [Maryland Department of Health FAQ COVID-19 Mental Health, Stress and Anxiety](#)
- [\(COVID-19\) Frequently Asked Questions](#)
- [CDC Recommendations on How to Make A Mask](#)
- [CDC Recommendations on Visiting Parks and Recreational Facilities](#)
- [Guidance for Direct Service Providers, Caregivers, Parents, and People with Developmental and Behavioral Disorders](#)
- [People with Developmental and Behavioral Disorders](#)