



MD Community of Practice for Supporting Families Webinar Series

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**Webinar 1 - April 29, 2020**

*Connecting with Family Members  
During COVID-19*



Hosted by the Developmental Disabilities Administration

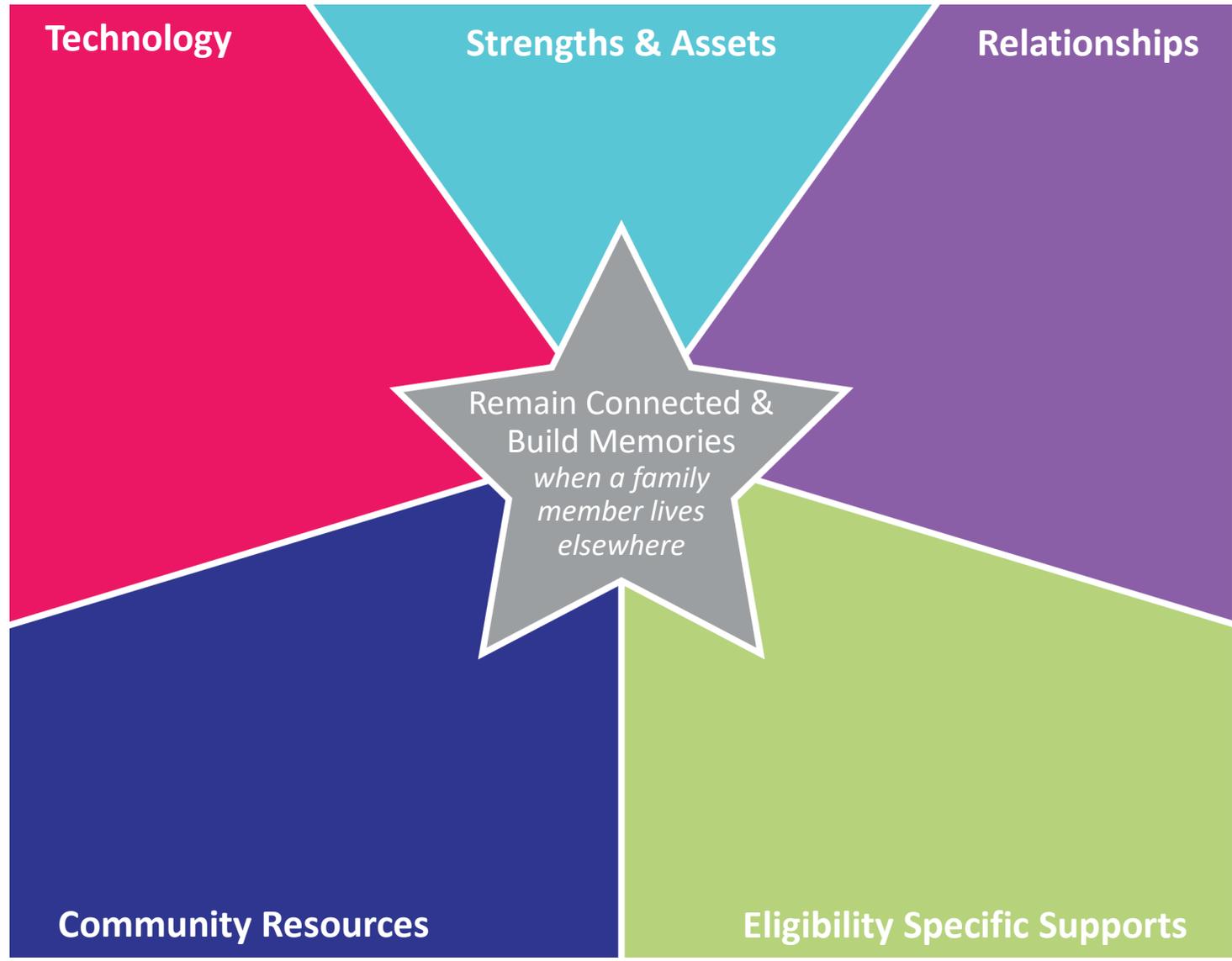
Facilitated by Mary Anne Kane-Breschi

*Director of Family Supports*



# CHARTING the LifeCourse

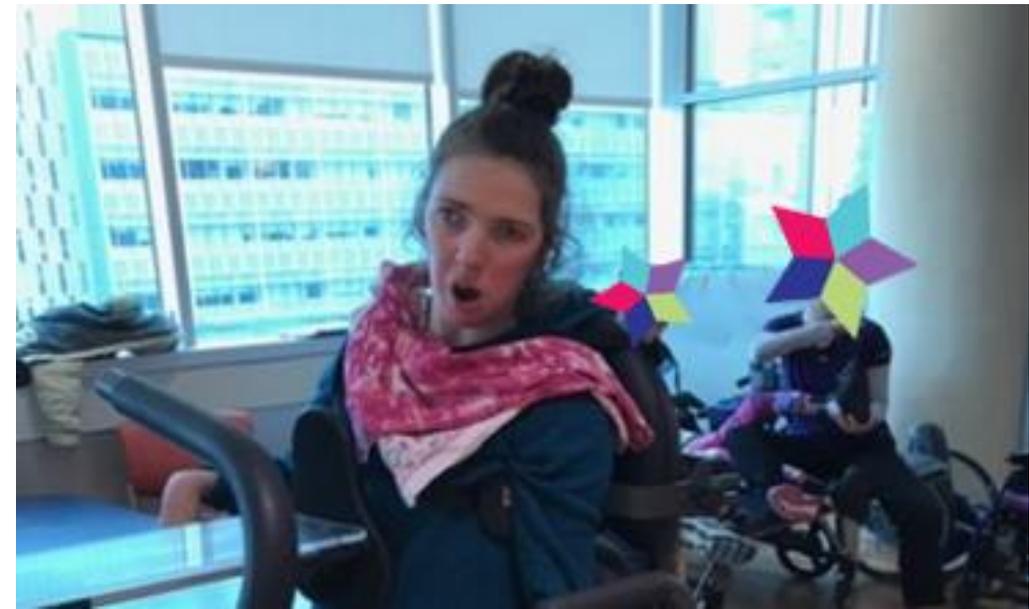






# Remaining Connected with my Daughter Maggie

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Have regularly scheduled phone calls, facetime



Schedule a virtual call with family, Utilize Direct Support Professionals (staff) to support family members with I/DD to participate in call, Schedule a virtual call with other friends

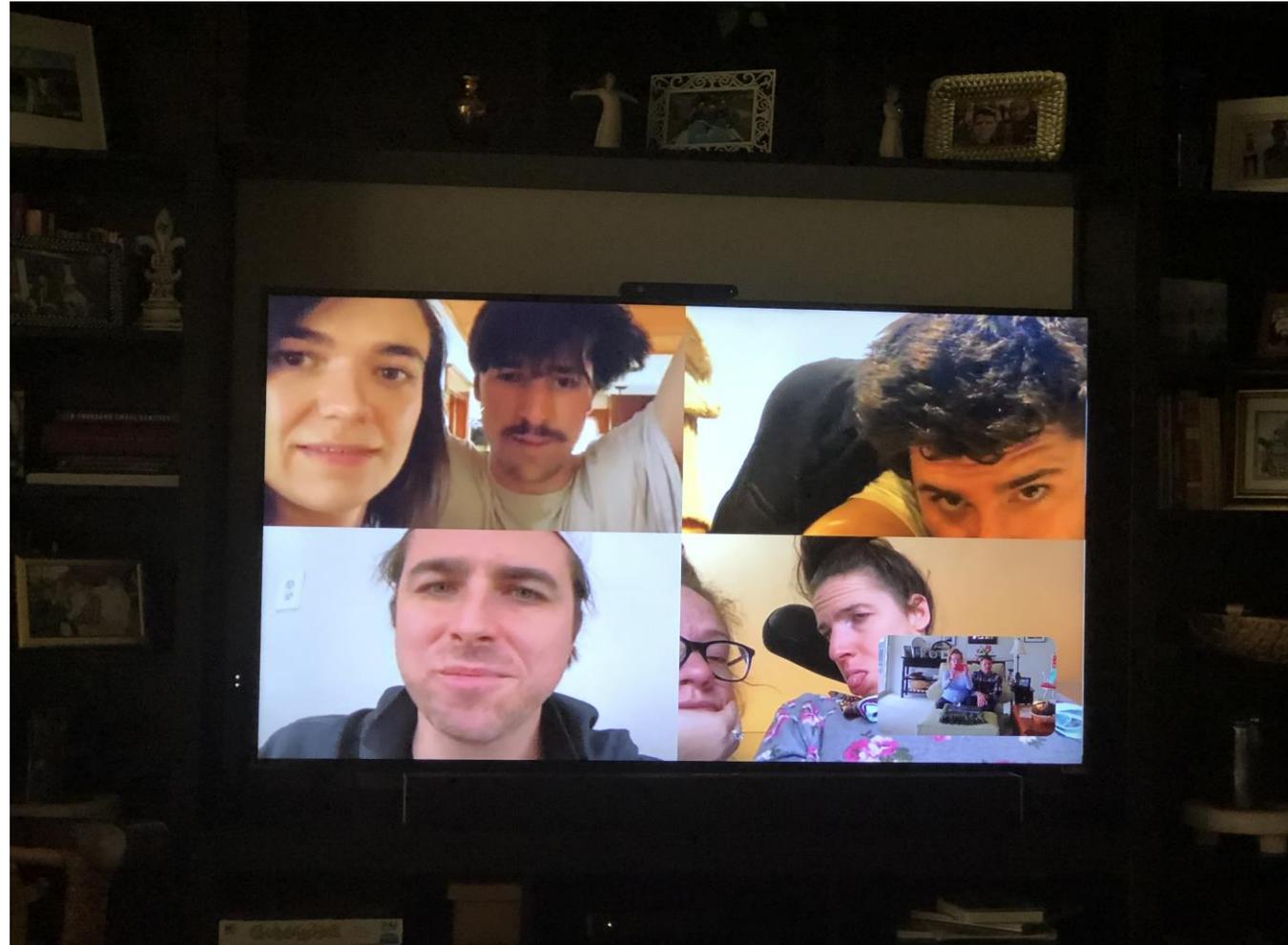


Schedule a virtual fun date with family member i.e listen to a book online together, play a game, participate in an online exercise class, take a virtual tour of a National Park or other places of interests together



Create opportunities to speak with family member's staff to for updates. Speak with providers about how you are feeling. Work with them. Develop strategies to remain connected to family member





**We Want to See Your Star!**

Email Your Star Along with Pictures to: [mary.kane-breschi@maryland.gov](mailto:mary.kane-breschi@maryland.gov)



# Additional Resources to Remain Connected

## Technology

### Connect Using

- ZOOM Call/Web Conferencing
- Google Hangouts
- Messenger
- Portal
- Facebook

### Internet Essentials

### Virtual Tours

- Google Earth
- Smithsonian
- National Aquarium

## Community Based

### Read - Free Audible Books On-Line

- Google Bookstore
- Operation ASL Storytime
- MD Public Libraries (check out online learning through local libraries)
- Online Library

### WBAL Listing of MD On-Line Worship Services

### Exercise On-Line

- Special Olympics School of Strength
- YMCA
- Adaptive Yoga
- Planet Fitness

### Free Craft Classes On-Line

## Eligibility Specific

- MD Developmental Disabilities Administration (DDA)
- DDA Regional Offices
- DDA Coordinators of Community Services (CCS)
- DDA Central Region Providers
- DDA Eastern Shore Providers
- DDA Southern Region Providers
- DDA Western Region Providers



Thank You for Joining Us!

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We Hope You Join Us on **May 13<sup>th</sup>**  
for Our Next Webinar:

*Lessening the Trauma of COVID-19*



**Hosted by: Dr. Karyn Harvey**

*Psychologist, Author, Trainer, Speaker*

Dr. Harvey has worked as a clinician in the field of intellectual disabilities for over 25 years. She has a master's degree in Clinical Psychology and a Ph.D. in Applied Developmental Psychology from the University of Maryland.