

Carroll County Health Department Alert 9.22.25

We have received information that indicates an increase in overdoses in our community. If you are a person who uses drugs or if you know someone who does, please use safely or encourage safer use.

These harm reduction tactics could include:

- "Slow & Low," use less and inject slowly
- Use fentanyl and/or xylazine test strips
 - [available at no cost at the Carroll County Health Department](#)
- Don't use alone, when with others take turns or call the *Never Use Alone help line* (877-696-1996)
- Have Naloxone
 - Learn how to get Naloxone at no cost here: [Carroll County Health Department](#)
- [Know the signs of an overdose](#)

If someone is experiencing a life threatening emergency, don't hesitate to call 911! Calling for help is not a crime. You are protected by the [Good Samaritan Law](#).

Help is available:

- Call or text 988 for 24/7 crisis assistance
- Call Carroll County Mobile Crisis, 410-952-9552 (7 days a week, 9am to 9pm)
- Carroll County Health Department can help you find additional options, 410-876-4449 (M-F, 8am-5pm)

Thank you,

The Harm Reduction Team

Bureau of Prevention, Wellness and Recovery

Carroll County Health Department