

CARROLL COUNTY HEALTH DEPARTMENT  
FISCAL YEAR 2023

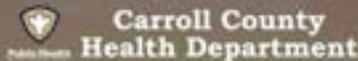
ANNUAL  
REPORT

Carroll County  
Health Department



**Public Health**  
Prevent. Promote. Protect.

*A safe and healthy community for all.*



290 SOUTH CENTER STREET,  
WESTMINSTER, MD 21157  
(410) 876-2152  
OR 1-800-966-3877  
[CCHD.MARYLAND.GOV](http://CCHD.MARYLAND.GOV)



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**CCHD wears blue for Child Abuse Prevention Month.**



## **About us**

The Carroll County Health Department offers a wide range of services for the entire county.

### **Vision**

*A safe and healthy community for all*

### **Mission**

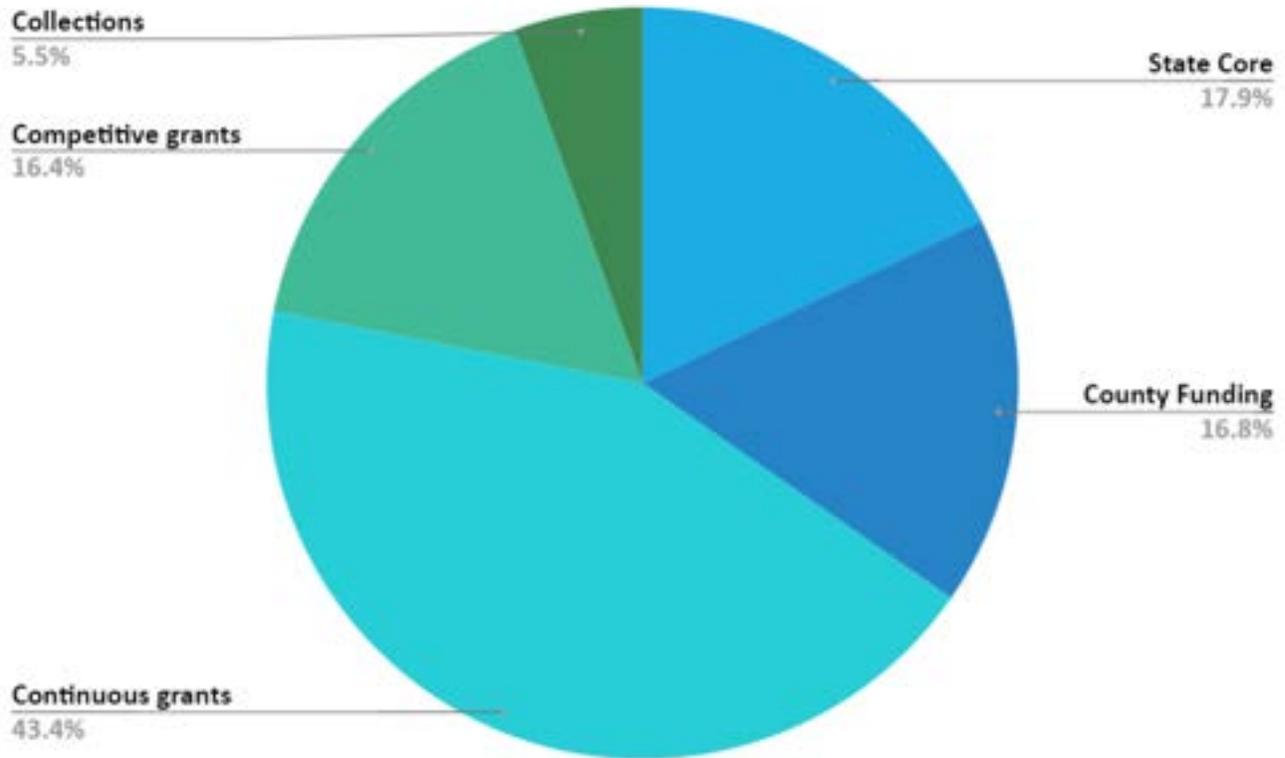
*The Carroll County Health Department is dedicated to promoting community health and wellness by educating and protecting the public through collaboration with community partners.*

### **Values**

- Excellence
- Integrity
- Professionalism
- Respect
- Responsiveness



# Fiscal Year 2023 Budget Breakdown



In FY23:

**The Carroll County Health Department had a total budget of \$23,320,769.**

- About 60% of the funds come from grants. About 16% of the grant funds are competitive and non-continuous.
- Collections, which are from paid services, account for 5.5% of the budget.
- The State of Maryland supplies 17.9% of our budget in core funding.
- Carroll County Government provides 16.8% of our funding.

# Bureau of Prevention, Wellness, and Recovery

Our Bureau of Prevention, Wellness, and Recovery provides a range of prevention initiatives to address community wellness issues such as substance abuse, overdoses, and suicide. We coordinate services and support for people with behavioral health needs, and support Behavioral Health providers.

## Community Impact

### Substance Abuse Prevention Services:

- 4,780 students received middle and high school health class presentations.
- Over 1,500 people were reached through drug and alcohol educational presentations.
- 70 people participated in Guiding Good Choices classes.
- 3,900 people attended outreach events and trainings focused on underage drinking.
- 2,700 middle school CCPS students were reached through Don't Believe the Lie, and 100 parents and community members were reached through the Threats in Plain Sight (T.I.P.S) program.
- 20 prescribers and medical staff were educated about opioid misuse.
- 350 First Responders were served through education and outreach events.
- The Good Samaritan Law awareness campaign continued all year.





# **Bureau of Prevention, Wellness, and Recovery**

## **Community Impact**

### **Mental Health Support Services:**

- The Mobile Crisis Team was dispatched 687 times, provided 139 face to face follow ups, and supported 282 cases that were safely managed at home.
- 71 people received crisis response services.
- 13 families with mental health concerns received support training.
- Specialized Services with Children's ESMART Initiative served 34 children from infants to age 8 with behavioral health challenges.
- 17 officers received Crisis Intervention Training to respond to incidents involving people with behavioral health issues or developmental disabilities. 197 CIT referrals were completed by trained officers.
- 2 new individuals enrolled in the Law Enforcement Assisted Diversion (LEAD) program, a diversion program for people with unmet behavioral health needs.
- 11 individuals and 2 families were helped with housing through the Continuum of Care grant.



**CCHD goes green for Children's Mental Health Matters! week.**

# Bureau of Prevention, Wellness, and Recovery

## Community Impact

### **Behavioral Health Services:**

- Peer recovery support services served 237 people.
- 36 people received peer coaching and mentoring through Drug Court.
- 10 community events were held by Recovery Support Services.
- Re-entry services at the Detention Center and in the community resulted in 161 re-entry assessments, 22 transition plans, and 99 warm handoffs.
- There were 2,988 encounters for people receiving coaching, linkages and recovery plans.
- There were 53 screenings with students referred for substance use.
- The Quick Response Team reached 34 people with services including naloxone leave behind and peer navigation and linked 10 people with services and/or treatment.

### **Naloxone Training and Outreach:**

- 2,011 doses of Naloxone were given out in trainings or as refills.
- 300 Naloxone trainings were conducted to high risk individuals via outreach services.





# **Bureau of Prevention, Wellness, and Recovery**

## **Highlights**

### **988 was introduced in July, 2022**



CCHD staff promoted the new 988 Lifeline and recruited community champions. Anyone in need of assistance with mental health or substance use needs can contact 988.

The Lifeline provides live crisis center phone services in English and Spanish and uses Language Line Solutions to provide services in over 150 additional languages. They offer a Veterans Crisis Line and LGBTQ+ support, as well as text 988 and chat services at [988Lifeline.org](https://988Lifeline.org)

### **Keep Talking Carroll**

The Keep Talking Carroll campaign was created by our Prevention staff to encourage everyone in Carroll County - especially parents and kids - to keep having conversations about mental health and alcohol and drugs, improving support and understanding.



### **Life-Saving Action**

Melanie Watson and Rebecca Rigney were providing harm reduction training in the community when they were alerted to a person overdosing in another room. They jumped into action to administer several doses of the life-saving opioid reversal medication, Narcan. They not only saved a life, but reminded everyone of the importance of becoming Narcan trained.

Melanie and Rebecca are pictured with Deputy Health Officer Dr. Robert Wack and Health Officer Sue Doyle.





# Bureau of Prevention, Wellness, and Recovery

## Highlights



*Thank You*  
to every agency and every individual who is helping us observe International Overdose Awareness Day!

Agencies from (top) left to right: Parole & Probation, Carroll County Health Dept., Goodwill/STEP, Carroll Community College, Carroll County DHS

*Thank You*  
for observing International Overdose Awareness Day with us!

Pictured from top left to right: CC State's Attorney's Office, Westminster Police Department & Carroll Community College



# FIRST RESPONDERS APPRECIATION LUNCH 2023



Carroll County Health Department

A night of light, hope and remembrance

Join us for a walk through luminary display to honor and remember those we have lost to suicide.

Friday, September 9  
7:30-9 pm  
Wakefield Valley Park  
1007 Ferby Farm Rd, Westminster  
Sponsored by:  
The Suicide Prevention Coalition of Carroll County

For more information: [Adrienne.sanders@maryland.gov](mailto:Adrienne.sanders@maryland.gov)  
[TheSuicidePreventionCoalition.org](http://TheSuicidePreventionCoalition.org)

**HEROIN SUICIDES KILLS**

7th Annual **WE SAY NOPE TO DOPE** WALK / Softball **TEAM**

October 1st, 2022

Westminster City Park  
111 Longwood Ave.  
Westminster, MD 21157

**Orlando Exchange**



# Bureau of Administration

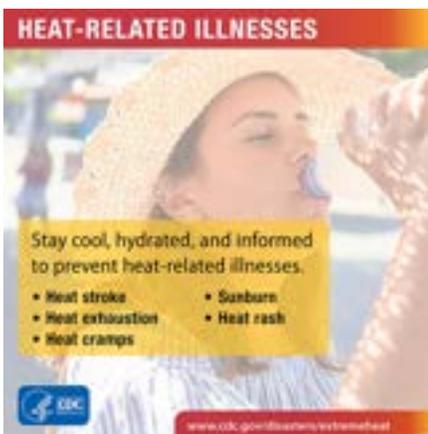
## Community Impact

Administration provides our birth and death certificate and Medical Assistance transportation programs. They administer our interpreter and clinical support services. Administration promotes grant opportunities for community partners, develops contracts and agreements, and hires and supports staff. Administration houses our operations, finance, IT, procurement, human resources, health planning, communications, and emergency preparedness teams. They keep CCHD running smoothly!



**Our procurement staff celebrated Purchasing Month 2023.**

- 5,235 birth certificates were issued.
- 7,209 death certificates were issued.
- 6,088 people were served with Medical Assistance transportation.
- 11,413 rides were provided for people with Medical Assistance Transportation.
- 1,522 hours of interpretation services were provided.



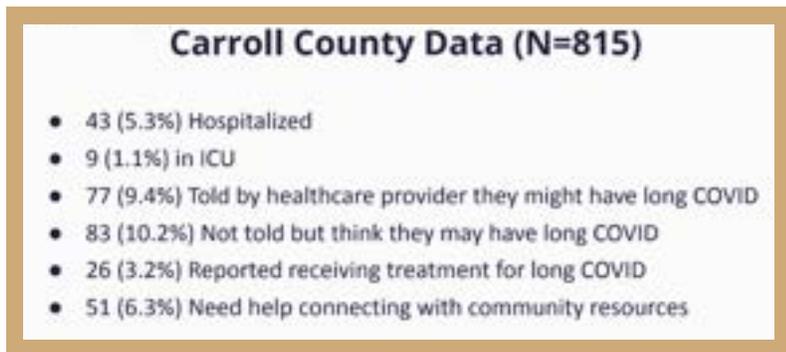


# Bureau of Administration

## Highlights

### Long COVID Study

Administration coordinated a team across CCHD to conduct a Long COVID study. Long COVID, also called post-COVID conditions, includes a wide range of ongoing respiratory, neurologic, cardiovascular, and other symptoms that can last weeks, months, or years after a COVID-19 infection. Over 800 residents who had COVID-19 responded to a survey about new symptoms after their infection. Our results mirrored national studies.



We collaborated with a team from St. Mary’s County to present our results at the National Association of City and County Health Officers conference in July, 2023. We continue to work with a group of community organizations to assess and promote resources and support for residents coping with Long COVID.

### County Planning

The Health Department prepares and presents reports to the Carroll County Board of Commissioners, who serve as the Board of Health. We work collaboratively with Carroll Hospital to provide staff and financial support to The Partnership for a Healthier Carroll County’s Community Health Needs Assessment, which began in FY23. We convene several regular meetings to help coordinate community health and wellness efforts.



# Bureau of Community Health Services

## Services

Community Health Services (CHS), formerly our Nursing Bureau, offers a range of health services to fill gaps in the community. Many services are no-cost or offer sliding scale fees and serve people who are uninsured or underinsured, though we can accept private insurance for some services. CHS monitors diseases in the community, and continued to provide COVID-19 vaccinations and other COVID services in FY23. CHS staff partner with other CCHD programs and community agencies to provide health and wellness programs and events throughout the county. We also offer education, evaluation, and support to help county residents access health insurance, health care, and other health services.

**GET YOUR BOOSTER**



**Next Clinic:**  
February 24th  
from 10 AM - 12 PM at  
the Carroll County  
Health Department

Register at:  
[cchd.maryland.gov/  
registration-links/](http://cchd.maryland.gov/registration-links/)

**Carroll County  
Health Department**

Learn about the benefits of  
*Mindful Eating*



**Everyone Welcome!**

February 8, 2023  
St. Paul's United Church of Christ  
Fellowship Hall  
5-30pm

**COLONOSCOPY:  
THE GOLD STANDARD**



The only screening that prevents and detects cancer.

The only test for those with risk factors such as personal history of polyps, cancer, or family history of cancer.

Reduces the incidence of cancer by 89%.

Carroll Prevention, Education, Screening and Treatment Program  
[cchd.maryland.gov](http://cchd.maryland.gov)  
410.876.4964



**GREAT AMERICAN SMOKEOUT 11-17-2022**

YOU DON'T HAVE TO STOP SMOKING IN ONE DAY

**START WITH DAY ONE**

Call 410 876-4443 or 410 876-4429 to get started  
No Cost. Nicotine Patches and Gum are available

Carroll County Health Department \* Cigarette Recession Fund Program

**FEBRUARY IS NATIONAL CHILDREN'S DENTAL HEALTH MONTH**



Carroll County Health Department  
Public Health

**National Lead Poisoning Prevention Week**

October 23-29, 2022



**Get the Facts**

**Get Your Child Tested**

**Get Your Home Tested**

EPA, CDC, and other partner logos.



# **Bureau of Community Health Services**

## **Community Impact**

### **Cancer Screening Programs**

- 207 underinsured or uninsured women received breast and/or cervical cancer screenings.
- 40 colonoscopies and appointment support were provided for underinsured and uninsured county residents.

### **Adult Evaluation and Review Services (AERS)**

- 408 individuals were evaluated and referred to appropriate services.

### **Communicable Disease**

- 115 outbreak investigations were completed.
- 9,027 reportable disease cases (including STIs and COVID-19) were reviewed.
- 64 people were treated for rabies exposure.
- 159 adults were vaccinated for the flu in partnership with Access Carroll.
- 78 adults received other vaccines (excluding rabies).
- 127 HIV tests were performed.
- 85 Hepatitis C tests were performed.

### **Cigarette Restitution Fund**

- 1,177 people were educated about tobacco use or vaping prevention through awareness campaigns.
- 172 people participated in smoking cessation programs.
- 44 tobacco awareness campaigns were offered.
- 16,977 students were educated about the dangers of electronic smoking devices.
- Tobacco Sales Enforcement Program:
  - 271 tobacco sales compliance checks were completed.
  - 131 vendor education visits were made.
  - 154 youth who were caught vaping at school attended tobacco education class.
  - 4,649 people were educated about tobacco and vaping.



# **Bureau of Community Health Services**

## **Community Impact**

### **Maternal/Child Health**

- 32 children with special healthcare needs were served.
- 280 children received 754 immunizations in our clinic.
- 2,326 immunizations were given in schools.
- 9,815 children were vision-tested in schools.
- 9,853 children were hearing-tested in schools.
- 49 Best Beginnings clients were served.

### **Maryland's Children's Health Insurance Program**

- Staff provided application assistance to provide insurance coverage for 2,746 children and 137 pregnant women.

### **Oral Health**

- 543 children's clinical visits were provided.
- 430 children were seen for dental care.
- 4 pregnant women received dental services.

### **Reproductive Health**

- 625 clients were served.
- 1,070 clinical visits were conducted.

### **Women, Infants, and Children (WIC)**

- 1,326 people on average per month received WIC benefits.
- 2,119 individuals received WIC benefits at sometime during the year.

### **ACCU**

- 417 clients received help to navigate and use their Medical Assistance/Health Choice insurance.

### **TOPS**

- 30 residents received free annual memberships as part of our new Taking Off Pounds Sensibly (TOPS) weight loss chapters.



# Bureau of Community Health Services

## Highlights

Community Health Services staff were excited to be back in the community this year, offering education and raising awareness of our services.



# Bureau of Community Health Services

## Highlights

### **Breast and Cervical Cancer Screening Program (BCCP)**

Breast cancer is the most common cancer in women. One in eight women will be diagnosed with breast cancer in their lifetime. Early detection can lead to better outcomes. BCCP helps residents who cannot afford screening tests for these cancers.

Eligibility criteria:

- Maryland resident
- 40–64 years old for breast cancer screening
- 21–64 years old for cervical cancer screening
- 65+, please call for more information
- Household income at or below 250% of federal poverty guidelines
- Uninsured or underinsured

Services offered:

- Clinical breast exam (CBE)
- Mammograms (screening and diagnostic)
- Follow up procedures
- Pap test
- HPV test
- Colposcopy and cervical biopsy
- Case management and linkage to treatment



### **Tuberculosis**

Tuberculosis (TB) is caused by bacteria that often attack the lungs, but can also attack other parts of the body like the kidney, spine, and brain. Though TB can be prevented and treated, it is still the deadliest infectious disease in the world.

Our Communicable Disease Program nurses provide education and treatment for people with active TB disease or a “latent” TB infection, when the person is not sick but carries the TB germs and could become sick later without treatment. Treatment protects the person with TB and helps to prevent the spread of TB to others.



## Bureau of Environmental Health

The Bureau of Environmental Health helps keep the public safe from injury and illness through a variety of programs and services. Many services are mandated by state laws designed to protect health. Food permits and inspections help ensure food for sale is safe to eat; septic permits help keep systems safe for homeowners and the environment. We work with the Maryland Department of the Environment and the Maryland Department of Agriculture to monitor environmental indicators such as air and water quality. Our rabies program assists residents with exposures to wild or stray animals to prevent this deadly disease.

Our Health Promotion programs prevent injuries through education and support, including car seat installation, safe sleep education, and bike safety.

### Community Impact



**Friends don't let friends... go out  
without their rabies vaccination!**

**Low-cost rabies vax for dogs, cats, ferrets  
Sunday, September 25, 2-4 pm, Ag Center**



#### **Rabies**

- 123 rabies samples were submitted for testing.
- 250 pets were vaccinated for rabies at low-cost clinics.
- Staff provided consultation and support for 534 rabies exposures.

#### **Permits and Licenses Issued**

- 4 exotic bird permits were issued.
- 329 septic system permits were issued (new construction and repair).
- 936 temporary food permits were issued.

#### **Safety Inspections**

- 983 food service facility inspections were completed.
- 141 temporary food service event inspections were completed.
- 105 pool inspections were completed.
- 39 sewage haul company inspections were completed.



# Bureau of Environmental Health

## Community Impact and Highlights

### Community Health Promotion

- 52 car seats were loaned.
- 91 car seats were installed.
- 10,200 people were reached with information about injury prevention at events.
- 12 participants enrolled in the National Diabetes Prevention Program.



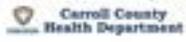
**CARROLL COUNTY PUBLIC LIBRARY  
TANEYTOWN BRANCH  
CAR SEAT CHECK EVENT**

Thursday, June 29th from 10:00 AM - 12:00 PM

Location: Carroll County Public Library, Taneytown  
10 Grand Drive  
Taneytown, MD 21787

APPOINTMENTS SUGGESTED. Call 410-876-4448 to schedule.

Questions? Call Safe Kids Carroll County at 410-876-4448



**Diabetes  
Prevention  
Lifestyle Change  
Program**




**Health Promotion staff managed many community events this year, sharing information about safety and health for children and adults.**



# Carroll County Health Department Annual Report Fiscal Year 2023



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