



Dear Social Workers,

As the year draws to a close, we want to extend our deepest gratitude for the tireless dedication you show every single day. The work you do in our communities is essential, often challenging, and profoundly impactful.

This holiday season, please take a moment to recognize the incredible value of your commitment to helping others. Your compassion, expertise, and unwavering advocacy make a meaningful difference in the lives of countless individuals and families.

Wishing you and your loved ones a season filled with peace, joy, and well-deserved rest. Thank you for all that you do.

*The Maryland Board of Social Work Examiners*

## Application Tips!

The Licensing & Certification Unit has created this document to help applicants applying for the advanced LCSW-C license.

Click on this link for helpful tips before you start the process:

[BSWE Application Tips](#)

To access the online licensing portal and for all the forms needed, please visit the Licensing Webpage:

[BSWE Licensing Webpage](#)



Are you interested in serving on the Board? Please click on this link to the Governor's Appointment Office for more information:

## December 2025: Issue VIII

### Board Meetings!

The first meeting for 2026 is January 9th and will be in-person at 4201 Patterson Avenue, Conference Room 110.

Please click link for full schedule and more information.

[BSWE Board Meetings](#)

Reminder: The public is welcome to attend the Open Session. For information on public attendance, please refer to [COMAR 10.01.14.02](#)

## MD CLIENT RESOURCES CORNER

### Free Adult Vaccine Program

Governor Moore Launches Free Adult Vaccine Program to Expand Immunization Access for Uninsured and Underinsured Marylanders

Please click on this link for the Press Release:

[Governor Moore Press Release - Free Adult Vaccines](#)

### Vaccines for Children

The Maryland Department of Health also launched a Vaccines for Children Program. Please click here for more information.

[Vaccines for Children Program](#)

**Please make sure your email address and contact information are current!**

Don't miss updates on the Social Work Compact and more. Click here to notify us of any changes to your contact information: [BSWE Contact Change Form](#)



Approximately 5% of the U.S. population, which translates to about 16.5 million people, experience Seasonal Affective Disorder (SAD) each year:

**Seasonal affective disorder can be treated with:**

- Light therapy
- Psychotherapy (talk therapy)
- Medications
- Vitamin D supplements

**988**  
SUICIDE & CRISIS  
LIFELINE

If you or someone you know is in crisis, call or text the **988 Suicide & Crisis Lifeline** at 988 or chat at [988lifeline.org](https://988lifeline.org).

Maryland

The infographic features a blue background with a profile of a woman's face on the right. It lists four treatment options for Seasonal Affective Disorder (SAD). At the bottom, it promotes the 988 Suicide & Crisis Lifeline, providing contact information and the website 988lifeline.org. The Maryland state logo is in the bottom right corner.

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