

## Board of Physical Therapy Examiners

# **BOARD MEETING OPEN MINUTES November 21, 2017**

The meeting was called to order at 1:00 p.m. by Board Chair, Krystal Lighty.

Call to Order

There was a motion and a second to close the open session at 2:56. to engage in medical review committee deliberations regarding confidential information in applications for licensure and discuss other privileged matters in accordance with General Provisions Article, Section 3-305 (b) (7) and (13). Unless recused, all Board members and staff who were present for the open session were also in attendance for both the closed and administrative sessions.

#### **Board Members Present:**

Stephen Baur, PT
Michelle Finnegan, PT
\*Karen Gordes, PT
Meredith Levert, Consumer Member
Krystal Lighty, PT
Donna Richmond, Consumer Member
Kimberly Rotondo, PTA
Sumesh Thomas, PT

#### **Also Present:**

Carlton Curry, Executive Director
Joy Aaron, Deputy Director
Brett Felter, AAG, Board Counsel
Deborah Jackson, Licensing Coordinator
Desiree DeVoe, Investigator
Patricia Miller, Board Secretary
Michelle Cutkelvin, Board Secretary

#### Also Absent:

John Bull, Compliance Manager/ Investigator

#### Guests:

Sharon Bloom Penny Heisler, Executive Director Board of Acupuncture Kim Lang, Director of Boards and Commissions Kevin Platt, PT APTA Maryland \*Excused due to Illness

Board Chair, Krystal Lighty welcomed Board Members and guests.

Welcome

The minutes of the meeting held on October 17, 2017 were approved.

Minutes

Carlton Curry, Executive Director, apprised the Board that Kristen Neville will be moving on to the American Occupational Association. He states that the Board does not have any legislation as yet. He states that Board Executives will be handling their respective bills.

Legislative Update

Deborah Jackson, Licensing Coordinator, gave the licensure report.

Licensure Update

Mr. Curry apprised the Board of a keynote address presented at the FSBPT Annual meeting by the Arbinger Institute. Mr. Curry purposed that Board Members and Staff read *Leadership and Self-Deception* in preparation for strategic planning. Sumesh Thomas and Donna Richmond thanked the Board for their attendance at the Annual Meeting. Mr. Thomas stated the meeting was informative and suggested that the Board gather data to identify trends. Ms. Richmond apprised the Board of minimum data sets. Kimberly Rotondo apprised the Board of the Exam Licensure and Disciplinary Database. Stephen Baur reported on medications and defining the role and responsibility of physical therapy. Krystal Lighty requested that the Board compile disciplinary trends for the strategic planning.

FSBPT Annual Meeting Reports

Mr. Curry states that the Maryland Board of Acupuncture informed the Board about a practice using Dry Needling. Mr. Curry states there is a need to educate the population on Dry Needling, which is directly related to muscular and skeletal. Electro – Acupuncture is not within the scope of Physical Therapy. Ms. Lighty states that *email blasts* that link directly to the Board's website should include frequently asked questions. Brett Felter, Board Counsel, states that practice of Dry Needling is regulated. He states that the Board is complaint-driven and that the Board received a letter of information. Ms. Lighty states the Board addresses physical therapists practicing beyond the scope in Closed Session. Ms. Lighty thanked Penny Heisler, Executive Director of the Maryland Board of Acupuncture, for bringing the matter to the Boards attention. Ms. Lighty states that the Board will look into educating Physical Therapist on many levels. Ms. Heisler states that the Board of Acupuncture is hoping that the PT Board would contact said therapist and educate. Mr. Curry states that the Board is not precluded from having a conversation with a practice.

Dry Needling

Amanda Adkins, PT requests clarification on the Maryland Physical Therapy Board's position on Telehealth Physical Therapy in Maryland. The Boards response is a Physical Therapist must be licensed where the patient is situated. The Physical Therapist should use sound professional judgment in the use of evaluation and treatment procedures, per COMAR 10-38.02A(2)(a).

Scope of Practice, Telehealth

Lauri Jacobson, PT requested guidance from the Board on the following: 1.) In reference to the Dry Needling Regulations for people who have taken the required 80

Scope of Practice, Dry Needling, Lauri Jacobson Open Session Minutes November 21, 2017

hours of education before June 19, 2018 (40 hours hands on and 40 hour didactic), will they meet the guidelines if the didactic portion was not a face to face session but rather through electronic means. There is currently no curriculum in the country that meets the Maryland regulations for dry needling. We understand that grandfathering is not going to be allowed, but will the 40 hours of didactic theory and application count for the June 19, 2018 deadline? 2.) In reference to PT Licensure Compact with chiropractors being able to practice physical therapy in the state of Maryland, will passing the compact in Maryland allow Chiropractors outside of the state to practice in MD, or is a Physical Therapy license required?

The Board's response to question 1.) The webinar must allow for simultaneous communication, the instructor needs to be present in real time. The Board's response to question 2.) No, Chiropractors with Physical Therapy privileges will not be a part of the PT Licensure Compact.

Emilio Galis, PT requests clarification on the following: 1.)Please explain the process for which prior course work in dry needling will be considered for inclusion in the 40 hours of required "classroom" instruction. 2.) How will prior experience in dry needling be considered when therapists are applying for registration to perform dry needling? 3.) Will a therapist who has practiced dry needling for 1+ years, has completed the required instruction hours of education, but has less than the required 2 years of work experience be permitted to practice dry needling? 4.) Will there be a grandfathering clause for those dry needlers that have been practicing this treatment technique? If so, what will be the required amount of experience? 5.) What, if any, consideration will be given to those therapists who have been practicing dry needling in excess of the required 40 hours of practical experience? 6.) How and who will determine which therapists have the 5 years of experience needed to train in Dry Needling?

Scope of Practice, Dry Needling, Emilio Galis, PT

The Board's response is as follows: 1.) Courses must be sponsored by FSBPT, APTA or APTA of Maryland. 2.) Yes, if the prior experience in dry needling was supervised and the supervisor meets the requirement, the hours will be considered applying for registration. 3.) No. 4.) No there are no grandfathering clauses. 5.) Same consideration. 6.) A notarized attestation from the supervisor is required.

Mr. Curry states that there is no update for strategic planning. He states that he will follow up with purchasing the Arbinger Institute's, *Leadership and Self-Deception*. Mr. Curry will develop a bid sheet for the Board's approval. Board Members are reminded to email Ms. Lighty and Mr. Curry with ideas for strategic planning.

Strategic Planning

Michelle Finnegan volunteered to serve as the Board's APTA liaison.

**APTA Liaison** 

The Board voted to **approve** the following CEU course application:

Continuing Education

'Advanced Neurologic Dry Needling for Pain Management and Human Performance', 'Hospital Lines, Tubes and Drains', and 'Foundations in Dry Needling for Orthopedic Rehab and Sports Performance'. The Board voted to **deny** the following CEU course application:

'Using Spaces Retrieval to Improve Recall in Persons with Memory Loss' because the course is not substantially related to the PT practice; and 'It's Just a Stage 1 Pressure Injury. Or is it? Skin Injury Prevention' because the course is not substantially related to the PT practice.

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The board meeting was adjourned at 4:03 pm.

Respectfully submitted,

Carlton Curry, Executive Director

2 19 201+ Date Approved

Date Approved

Krystal Lighty, PT, Chairperson

3. For each provision checked above, disclosure of the topic to be discussed and the public body's reason for discussing that topic in closed session.

Topic	Reason for closed-session discussion of topic
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### PRESIDING OFFICER'S WRITTEN STATEMENT FOR CLOSING A MEETING ("CLOSING STATEMENT") UNDER THE OPEN MEETINGS ACT (General Provisions Article § 3-305)

This fo	orm has two sides. Complete items 1 – 4:
1.	Recorded vote to close the meeting: Date: 1/2/; Time: 207; Location: 1201 Patients  Motion to close meeting made by: 5. Thomas Seconded by K. 2070x000  Members in favor: ; Opposed: ; Absent: K. Cookoes
2.	Statutory authority to close session (check all provisions that apply):
This	s meeting will be closed under General Provisions Art. § 3-305(b) only:
offic or n concept of that in the mark consequence of fir plans exam crimi important (14)_a negretary advectors	"To discuss the appointment, employment, assignment, promotion, discipline, demotion, pensation, removal, resignation, or performance evaluation of appointees, employees, or ials over whom this public body has jurisdiction; any other personnel matter that affects one more specific individuals"; (2) "To protect the privacy or reputation of individuals erning a matter not related to public business"; (3) "To consider the acquisition of real erty for a public purpose and matters directly related thereto"; (4) "To consider a matter concerns the proposal for a business or industrial organization to locate, expand, or remain see State"; (5) "To consider the investment of public funds"; (6) "To consider the setting of public securities"; (7) "To consult with counsel to obtain legal advice"; (8) "To ult with staff, consultants, or other individuals about pending or potential litigation"; (9) conduct collective bargaining negotiations or consider matters that relate to the stations"; (10) "To discuss public security, if the public body determines that public insistent would constitute a risk to the public or to public security, including: (i) the deployment are and police services and staff; and (ii) the development and implementation of emergency is security; (11) "To prepare, administer, or grade a scholastic, licensing, or qualifying mination"; (12) "To comply with a specific constitutional, statutory, or judicially used requirement that prevents public disclosures about a particular proceeding or matter"; "Before a contract is awarded or bids are opened, to discuss a matter directly related to gotiating strategy or the contents of a bid or proposal, if public discussion or disclosure would resely impact the ability of the public body to participate in the competitive bidding or osal process."

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