



STATE OF MARYLAND

**DHMH**

Maryland Department of Health and Mental Hygiene

---

*Board of Physical Therapy Examiners*

## **BOARD MEETING OPEN MINUTES**

**December 15, 2015**

The meeting was called to order at 1:03 p.m. by the Chair, Krystal Lighty.

There was a motion and a second to close the open session at 2:55 p.m. to engage in medical review committee deliberations regarding confidential information in applications for licensure, in accordance with State Government General Provisions Article, Section 3-305 (b) (7) and (13). Unless recused, all Board members and staff who were present for the open session were also in attendance for both the closed and administrative sessions.

### **Board Members Present:**

Delores Alexander, Consumer Member  
Stephen Baur, PT  
Meredith Levert, Consumer Member  
Krystal Lighty, PT  
Kimberly Rotondo, PTA  
Katharine Stout, PT  
Sumesh Thomas, PT

### **Absent Board Members:**

Rhea Cohn, PT

### **Also Present:**

Carlton Curry, Executive Director  
Joy Aaron, Deputy Director  
Brett Felter, AAG, Board Counsel  
John Bull, Compliance Manager/Investigator/Investigator  
Michelle Cutkelvin, Board Secretary

### **Guests:**

Kristen Neville, Legislative Specialist

Board Chair, Krystal Lighty, welcomed Board Members and visiting guest.	Welcome
The minutes of the meeting held on November 17, 2015 were approved.	Minutes
Carlton Curry, Executive Director, states that the last day to register for the PTA national exam is December 16, 2015. He states the staff has been working diligently on new applications for the upcoming exam.	Licensure Update
Carlton Curry states that the December 7, 2015 meeting with Secretary Mitchell was cancelled. Kristen Neville will check on the status of the clean-up bill with the Office of Governmental Affairs.	Legislative Update
Mr. Curry thanked the Dry Needling Committee. He states that a response has been drafted to the Board of Acupuncture. Mr. Curry reiterated that the Board of Acupuncture has been involved in the discussions about the proposed regulations. Mr. Curry hopes to meet with Secretary Mitchell to discuss the regulation. He states that the Joint Committee on Administrative, Executive & Legislative Review has a moratorium in place. Ms. Neville states that the Dry Needling regulation proposal was submitted before the deadline.	Dry Needling Update
Mr. Curry apprised the Board on the Fund Balance and increased budget allotment for an Administrative Specialist Position. He states that the Board has been approved to hire a full time employee with benefits. Mr. Curry states that recruitment can begin in July 2016. In addition, he states that he is waiting for the list of candidate names for the open investigator position. Krystal Lighty, Board Chair has asked to add this to the next Board Meeting agenda.	Fund Balance
Mr. Curry apprises the Board on the status of the Continuing Competence Model which includes electronic jurisprudence exam. Mr. Curry and Joy Aaron, Deputy Director have researched possible vendors. The Board voted to approve the start of the procurement process.	Electronic Jurisprudence Exam
Rob Grange requested feedback on the following: (1) Can Physical Therapy Aides perform transfers in the context of transporting patients without the direct supervision of the Physical Therapist or Physical Therapy Assistant assuming competence to do so? (2) Can athletic trainers (ATC) who serve in a hospital /clinic setting as ATCs not Physical Therapy Aides not be governed by the PT standards of practice? The Board response is: <ul style="list-style-type: none"><li>(1) Physical Therapy Aids cannot perform direct transfers without direct supervision. Physical Therapy Assistants must have direct supervision and transfers are different from transportation.</li><li>(2) Depending on who is giving supervision, if the ATC is under a physician, consult Board of Physicians, however if the ATC is under a Physical Therapist there must be direct supervision. See 14-5D -11 of the Health Occupations Article of Maryland.</li></ul>	Scope of Practice, Rob Grange

Denise Smith requests feedback on the following: In the event the Physical Therapy supervisor is out the office and the Work Hardening Coordinator works with the client that day, can the PT supervisor bill for services rendered for that day? In the event the PT supervisor is out the office but another licensed PT/PTA along with the coordinator are in the office but the PT nor the PTA work directly with the client, is it okay for them to bill for services for the date in question or can the PT supervisor still complete the documentation and billing for services rendered that day? The Boards response is Physical Therapists and Physical Therapist Assistants cannot bill for services they did not render. Contact the Workers Compensation Commission for billing questions.

Scope of Practice, Denise Smith

The Board voted to **approve** the following CEU course applications:

Continuing Education

*'Functional Dry Needling Level 2 Training'; 'Motivational Interviewing: Helping Patients Make Lifestyle Changes'; 'Specialty Controls, Programming and More: Q – Logic and Stealth Technology Advancements'; 'Shock States: Knowing the Similarities and Differences is Vital' and 'How Do You Mend a Broken Heart?'*

The Board voted to **deny** the following CEU course applications:

*'Introduction to Canine Rehabilitation Course'* because the course is not substantially related to the PT practice; *'Yoga Mindfulness in the Classroom: Tools to Improve Self– Regulation, Learning and Classroom Climate'* because the course is not substantially related to the PT practice; *'Oppositional, Uncooperative and Aggressive Behavior'* because the course is not substantially related to the PT practice; *'A Complementary and Integrative Practices Potpourri'* because the course is not substantially related to the PT practice; *'Body Fat Shapes Patients' Health'* because the course is not substantially related to the PT practice; *'Non- Medication Strategies for Children with ADHD, ODD & Anxiety: A Nutritional & Integrative Treatment Plan for Happy, Healthy & Focused Brain'* because the course is not substantially related to the PT practice; *'Managing Challenging Patient & Family Behaviors: 101 Strategies for Healthcare Professionals'* because the course is not substantially related to the PT practice; *'Mindfulness Based Interventions (Treating Depression, Anxiety & Trauma)'* because the course is not substantially related to the PT practice; and *'Hepatitis C: The Shadow Epidemic'* because the course is not substantially related to the PT practice.

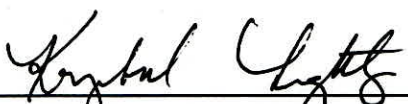
There was a motion and a second to close the open session at 2:55 p.m. to engage in **medical review committee deliberations regarding confidential information in** applications for licensure, in accordance with State Government Article, Section 10-508 (a) (7) and (13). Unless recused, all Board members and staff who were present for the open session were also in attendance for both the closed and administrative sessions.

The board meeting was adjourned at 4:00 p.m.

Respectfully submitted,

  
\_\_\_\_\_  
Carlton Curry, Executive Director

19 January 2016  
Date Approved

  
\_\_\_\_\_  
Krystal Lighty, PT, Chairperson