

## SUBSTANCE USE / MENTAL HEALTH DISORDER

Do you or a Physical Therapy colleague who is struggling with substance use or with a mental health disorder? A few Maryland resources to know about\*

- [988 Suicide & Crisis Lifeline](#)
- [Overdose Response Program](#)
- [Maryland Behavioral Health Advisory Council](#)
- [Maryland TBI Advisory Board](#)
- [Maryland Suicide Prevention Program](#)
- [Optum](#)
- [Maryland Opioid Rapid Response \(MORR\)](#)
- [The Maryland Department of Health Behavioral Health Administration \(BHA\)](#)

*\*This list is not intended to be comprehensive or to be used as the only resource for substance use and mental health disorders. Consult your healthcare provider.*

***Call 911 in an emergency***

***Call 988 suicide & crisis lifeline***