HELP WITH SUBSTANCE USE OR MENTAL HEALTH DISORDERS

Do you or a Physical Therapy colleague you know struggle with a substance use or mental health disorder? –The Maryland Board of Physical Therapy Examiners encourages you to seek help!

Several State of Maryland resources:

Maryland Department of Health Behavioral Health Administration (BHA)

- **BHA Resources:**
  - Community Prevention Services
  - Overdose Response Program
  - Prescription Drug Monitoring Program (PDMP)
  - Maryland Behavioral Health Advisory Council
  - Maryland TBI Advisory board
  - Maryland Suicide Prevention Program
  - Optum
  - Maryland Medication Assisted Treatment and Recovery Support (MD MATRS)
  - Maryland Opioid Rapid Response (MORR)

- Also view on BHA Website
  - BHA Divisions, General Information, Hot Topics, Need Services or Resources and Quick Links

- Contact your primary care provider