

# Know Your Rights!

## Maryland Physical Therapy Patient Fact Sheet

You have the right to...

### Direct Access 01



- No referral needed to start physical therapy.
- Check with your insurance; some plans require one for coverage.

### 02 Choice



- Choose your Physical Therapist and your Physical Therapist Assistant

### Consent 03



- Be fully informed about your care
- Ask questions and receive clear answers

### 04 Participate



- Understand and consent to your treatment plan
- Receive updates on your progress

### Respect 05



- Be treated with dignity and respect
- Receive care in a clean and safe environment

### 06 Privacy

- Understand your rights under HIPAA
- Request and review your medical record



**Maryland**  
DEPARTMENT OF HEALTH

**You have the right to file a complaint with:**

- The facility or organization where you received care
- The Maryland Board of Physical Therapy Examiners
- The Maryland Attorney General's Health Education and Advocacy Unit
- The U.S. Department of Health & Human Services (for HIPAA violations)

**Contact Information:**

**Maryland Board of Physical Therapy Examiners**

4201 Patterson Ave, Baltimore  
Maryland, 21215

**Phone:** 410-764-4718

**Email:** mdh.bphpte@maryland.gov

**Contact Information:**

**Maryland Attorney General  
Health Education &  
Advocacy Unit**

**Phone:** 410-528-1840

**Email:** heau@oag.state.md.us