

Maryland Board of Professional Counselors and Therapists

4201 Patterson Avenue
Baltimore, MD 21215
410-764-4732 or 410-764-4740
health.maryland.gov/bopc

Pre-Application for Licensed Graduate Alcohol and Drug Counselor (LGADC) *(Revised February, 2020)*

*The pre-application is only for the purpose of determining whether or not certain courses or education programs may meet the education requirements for certification. The pre-application is not an approval for certification and it **CAN NOT** be used to formally apply for certification.*

Instructions

1. Put your name, mailing address, phone number, email address, degree and major on the form.
2. Fill out the Course Description Form. Include the course name and course number along with the college/university name, the date when the course(s) were taken, and grade(s) earned.
3. Include your transcripts and catalog course descriptions.
4. Include **\$50.00** Processing Fee (*Check or money order payable to the Maryland Board of Professional Counselors and Therapists*).
5. Mail the pre-application along with the required documents, and fee to the address above.
6. You will receive a response in writing within 60 to 90 days from the receipt pre-application of pre-application and fee.

COURSE DESCRIPTION FORM FOR LGADC

Name	Street Address/ P.O. Box	City	State	Zip Code
Email	Home Phone Number	Cell	Business Phone	

I AM REQUESTING A PRE-EVALUATION FOR LGADC
 I CURRENTLY HOLD Trainee Status CSC-AD/CAC-AD LG/LGPC LC/LGPAT LG/LGMFT
 Other _____ (LCSW-C, MD, APRN) N/A

Requirements: A Master's degree with 48 graduate credits and 39 credits from the topic areas listed below OR Master's degree in a program of study judged by the Board to be substantially equivalent, that has a counseling emphasis in terms of subject matter and extent of training required for licensure, from an accredited institution approved by the Board, with a minimum of 51 credits in counseling that includes the required alcohol and drug coursework for LGADC. All course work must be from a regionally accredited college or university.

Topic Area	Course Title and Number (Must appear on transcript) Continuing Education, trainings, workshops do not meet education requirements.	Credits Earned	College/Univ.	Date	Grade
Required Pharmacology (Medical Aspects of Chemical					
Required Abnormal Psychology					
Required Ethics that includes A&D Counseling Issues <small>(course description /syllabus must indicate alcohol/drug counseling)</small>					
Required Indiv. Counseling					
Required Group Counseling					
Required Addictions Treatment Delivery					
Required <i>Internship (6 credit) or verified work experience under Bd. Approved supervisor (1,000 hrs).</i>					
Required Personality Dev. <small>(Graduate level)</small>					
Required Diagnosis & psychopathology <small>(Graduate level)</small>					
Required Psychotherapy and treatment of mental and emotional disorders <small>(Graduate level)</small>					
Any 3 of the Following:					
Family Counseling					
Topics in A&D Dependency					

Theories of Counseling					
Human Development					
Treatment of Co-occurring disorders					

Marvland Board of Professional Counselors and Therapists
Course Descriptions for Alcohol and Drug Licensure

Each course must be at least 3 semester credit (5 quarter credit) with the exception of the 6 semester credit (10 quarter credit course requirement for the alcohol and drug internship/practicum/field placement.

Continuing Education/Trainings/Workshops certificates are NOT ACCEPTABLE for licensure.

- A. **Medical Aspects of Chemical Dependency:** (1) Brain structure and function as it relates to psychoactive drugs, and (2) Classes of psychoactive drugs, including their addiction potential, withdrawal syndromes, and associated medical problems. **Examples of courses in this area:** (1) Intro to Psychopharmacology (2) Pharmacological Aspects of Addiction.
- B. **Addictions Treatment Delivery covering:** (1) Screening (2) Intake (3) Orientation (4) Case Management (5) Crisis intervention (6) Education and prevention (7) Referral (8) Consultation (9) Reports and record keeping (10) Assessment and diagnosis based on standard criteria and (11) Treatment planning. **Examples of courses in this area:** (1) Substance Abuse Counseling (2) Addictions Counseling Theories and Approaches
- C. **Ethics (with a focus on Alcohol & Drug) covering:** (1) Self disclosure of recovering counselors (2) Ethics of being a two-hatter (3) Self-help fellowship participation (4) Avoiding dual relationships (5) Relapsing Counselor (6) Confidentiality Laws
- D. **Alcohol and Drug Counseling Internship/Practicum/Field Placement (6 credits)**
- E. **Individual Counseling covering:** (1) The formation of therapeutic relationships, and (2) Therapeutic communication skills. **Examples of courses in this area:** (1) Counseling Methods (2) Techniques of Counseling
- F. **Group Therapy covering:** (1) Therapeutic factors in groups (2) Stages of development, (3) Types of therapy groups. **Examples of courses in this area:** (1) Group Counseling (2) Group Therapy and Practice.
- G. **Family counseling covering:** (1) Family systems theory and dynamics (2) Family processes in addiction and (3) Family recovery Models. **Examples of courses in this area:** (1) Marriage and Family Counseling (or Therapy) (2) Family Systems and Intervention
- H. **Abnormal Psychology covering:** (1) Major categories of mental disorders, and (2) Theoretical models of mental disorders. **Examples of courses in this area:** (1) Abnormal Psychology (2) Psychopathology
- I. **Topics in substance related and addictive disorder:** (1) Various theories of addictive disorders (2) Models of treatment and (3) Other topics related to alcohol and drug dependency. **Examples of courses in this area:** (1) Alcoholism and Other Drug Dependency (2) Issues in Theories in Alcoholism and Other Drug Dependence
- J. **Theories of counseling covering** major theoretical schools and theorists. **Examples of courses in this area:** (1) Theories of Counseling (or Psychotherapy) (2) Introduction to Psychotherapy Theories
- K. **Human Growth and Development covering:** (1) Developmental stages and (2) Expected milestones. **Examples of courses in this area:** (1) Human Growth & Development (2) Personality Development
- L. **Treatment of Co-Occurring Disorders covering:** (1) Screening, assessment and treatment of people with co-occurring disorders (2) types of integrated treatment. **Examples of courses in this area** (1) Dual Diagnosis (2) Treatment of Substance Abuse and Mental Health Disorders

(M-O) MUST BE GRADUATE LEVEL)

- M. Personality Development:** Overview of human behavior through examining current and respected theories relative to the nature of personality. Including growth trends in physical, emotional, social, cognitive, and personality areas. Examples of courses: Theories of Personality, Human Growth and Development
- N. Diagnosis and Treatment of Mental & Emotional Disorders covering:** An overview and application of one or more treatment modes. **Examples of courses in this area are:** (1) Treatment Techniques (2) Behavioral Therapy (3) Cognitive Theory (4) Psychodynamic Theory (5) Advanced Techniques of Counseling.
- O. Psychopathology covering:** (1) Diagnosis based on the DSM and ICD criteria (2) Major categories of mental Disorders (3) An understanding of the impact of abnormal behavior not only to individuals, but to society as a whole (4) Diagnosis: **Examples of courses:** Advanced Abnormal Psychology, Psychopathology