

Maryland Board of Professional Counselors and Therapists

4201 Patterson Avenue
Baltimore, MD 21215
410-764-4732 or 410-764-4740
health.maryland.gov/bopc

Pre-Application Credentials **LCADC (Licensed Clinical Alcohol and Drug Counselor)** **(Revised as of October 1, 2015)**

Please Note: *The pre-application review is only valid for the license requirements in place at the time of the education review. The pre-application review is only for the purpose of determining whether or not certain courses or education programs may meet the education requirements for licensure. The pre-application review is not a pre-approval for licensure and CANNOT be used to formally apply for licensure. If the requirements for licensure have changed then the requirements in effect at the time of the submission of the application must be met. Therefore, educational programs or courses determined to be acceptable under the pre-application will not be accepted as meeting the license requirements.*

Instructions

- 1. Put your name, mailing address, phone number, email address, degree and major on the form.**
- 2. Fill out the Course Description Form. Include the course name and course number along with the college/university name, the date of when the course(s) were taken and grade(s) earned**
- 3. Include your Transcripts and Catalog Course Descriptions of the courses if the titles of your courses are different from those listed.**
- 4. Include \$50.00 Processing Fee (Check or money order payable to the Maryland Board of Professional Counselors and Therapists).**
- 5. Return your information to the Board at the address above.**

PRE-APPLICATION FORM

Name	Street Address/ P.O. Box	City	State	Zip Code
Email	Home Phone Number	Cell	Business Phone	

I AM REQUESTING A PRE-EVALUATION FOR LCADC

I CURRENTLY HOLD LGADC Trainee Status CSC-AD/CAC-AD LG/LGPC LC/LGPAT
 LG/LGMFT
 Other (LCSW-C, MD, APRN) _____ N/A

COURSE DESCRIPTION FORM: LCADC

All course work listed below is required for alcohol and drug clinical licensure and must be from a regionally accredited college or university. Do not list continuing education/workshop or training hours.

Requirements: Master's degree 60 semester credit (90 quarter credit) in Health or Human Service Counseling field **OR** Master's Degree in a program of study judged by the Board to be substantially equivalent, that has a counseling emphasis in terms of subject matter and extent of training required for clinical licensure from a regionally accredited institution approved by the Board, **And** the required **39** credits of alcohol and drug coursework below that must include 3 credits in Ethics (*that includes alcohol and drug issues*) and 6 credits of an alcohol and drug internship/practicum/field placement, and the required graduate level coursework (12 credits) in Personality Development, Diagnosis and Treatment of Mental and Emotional Disorders, Psychopathology, and Psychotherapy. Each course must be 3-credits (or 5 quarter credits), with the exception of **6** credits required for the internship/practicum/field placement course. *A course applied to one core area cannot be used again to fulfill another core area.* If the titles of the courses on your transcript are different from those listed below, you **must** include the catalog course description or college syllabi. If you fail to include description(s), your application will be returned and you will have to pay another review fee.

<i>Required Courses 3 credits must be in each core area below. 6 credits required for internship/practicum/Field placement.</i>	<i>Please Write in Course number(s) & Course title(s) on this form. Courses must be on official transcript(s)</i>	<i>Credits Earned</i>	<i>College/University</i>	<i>Date</i>	<i>Grade</i>
Required Counseling Courses LCADC (Licensed Clinical Alcohol and Drug Counselor)					
<i>Ex: Pharmacology</i>	<i>ADC 102: Intro To Pharmacology</i>	<i>3</i>	<i>BCCC</i>	<i>Sept – Dec 2014</i>	<i>A</i>
(a) Medical Aspects of Chemical Dependency (Pharmacology)					
(b) Individual Counseling Techniques					
(c) Group Counseling					

(d) Abnormal Psychology					
(e) Addictions Treatment Delivery					
(f) Ethics that includes alcohol and drug counseling issues (<i>Must be 3 semester/5 quarter credits</i>)					
(g) Internship/Practicum/Field Placement (<i>Must have at least 6 credits or 10 quarter credits</i>).					
(h) Family Counseling					
(i) Topics in Substance related field and addictive disorder.					
(j) Theories of Counseling & Psychotherapy					
(k) Human Development					
(l) Treatment of Co-Occurring Disorders					
Required Graduate Level Counseling Courses LCADC (Licensed Clinical Alcohol and Drug Counselor)					
(m) Personality Development					
(n) Diagnosis and Treatment of Mental and Emotional Disorder					
(o) Psychopathology					
(p) Psychotherapy					

Maryland Board of Professional Counselors and Therapists
Course Descriptions for Alcohol and Drug Licensure

Each course must be at least 3 semester credit (5 quarter credit) with the exception of the 6 semester credit (10 quarter credit course requirement for the alcohol and drug internship/practicum/field placement.

Continuing Education/Trainings/Workshops certificates are NOT ACCEPTABLE for licensure.

- A. Medical Aspects of Chemical Dependency:** (1) Brain structure and function as it relates to psychoactive drugs, and (2) Classes of psychoactive drugs, including their addiction potential, withdrawal syndromes, and associated medical problems. **Examples of courses in this area:** (1) Intro to Psychopharmacology (2) Pharmacological Aspects of Addiction.
- B. Addictions Treatment Delivery covering:** (1) Screening (2) Intake (3) Orientation (4) Case Management (5) Crisis intervention (6) Education and prevention (7) Referral (8) Consultation (9) Reports and record keeping (10) Assessment and diagnosis based on standard criteria and (11) Treatment planning. **Examples of courses in this area:** (1) Substance Abuse Counseling (2) Addictions Counseling Theories and Approaches
- C. Ethics (with a focus on Alcohol & Drug) covering:** (1) Self disclosure of recovering counselors (2) Ethics of being a two-hatter (3) Self-help fellowship participation (4) Avoiding dual relationships (5) Relapsing Counselor (6) Confidentiality Laws
- D. Alcohol and Drug Counseling Internship/Practicum/Field Placement (6 credits)**
- E. Individual Counseling covering:** (1) The formation of therapeutic relationships, and (2) Therapeutic communication skills. **Examples of courses in this area:** (1) Counseling Methods (2) Techniques of Counseling
- F. Group Therapy covering:** (1) Therapeutic factors in groups (2) Stages of development, (3) Types of therapy groups. **Examples of courses in this area:** (1) Group Counseling (2) Group Therapy and Practice..
- G. Family counseling covering:** (1) Family systems theory and dynamics (2) Family processes in addiction and (3) Family recovery Models. **Examples of courses in this area:** (1) Marriage and Family Counseling (or Therapy) (2) Family Systems and Intervention
- H. Abnormal Psychology covering:** (1) Major categories of mental disorders, and (2) Theoretical models of mental disorders. **Examples of courses in this area:** (1) Abnormal Psychology (2) Psychopathology
- I. Topics in substance related and addictive disorder:** (1) Various theories of addictive disorders (2) Models of treatment and (3) Other topics related to alcohol and drug dependency. **Examples of courses in this area:** (1) Alcoholism and Other Drug Dependency (2) Issues in Theories in Alcoholism and Other Drug Dependence
- J. Theories of counseling covering** major theoretical schools and theorists. **Examples of courses in this area:** (1) Theories of Counseling (or Psychotherapy) (2) Introduction to Psychotherapy Theories
- K. Human Growth and Development covering:** (1) Developmental stages and (2) Expected milestones. **Examples of courses in this area:** (1) Human Growth & Development (2) Personality Development
- L. Treatment of Co-Occurring Disorders covering:** (1) Screening, assessment and treatment of people with co-occurring disorders (2) types of integrated treatment. **Examples of courses in this area** (1) Dual Diagnosis (2) Treatment of Substance Abuse and Mental Health Disorders

(M-P MUST BE GRADUATE LEVEL)

- M. Personality Development:** Overview of human behavior through examining current and respected theories relative to the nature of personality. Including growth trends in physical, emotional, social, cognitive, and personality areas. Examples of courses: Theories of Personality, Human Growth and Development
- N. Diagnosis and Treatment of Mental & Emotional Disorders covering:** An overview and application of one or more treatment modes. **Examples of courses in this area are:** (1) Treatment Techniques (2) Behavioral Therapy (3) Cognitive Theory (4) Psychodynamic Theory (5) Advanced Techniques of Counseling.
- O. Psychotherapy:** An overview of the treatment of psychological disorders or maladjustments by a professional technique as psychoanalysis, group therapy, or behavioral therapy.
- P. Psychopathology covering:** (1) Diagnosis based on the DSM and ICD criteria (2) Major categories of mental Disorders (3) An understanding of the impact of abnormal behavior not only to individuals, but to society as a whole (4) Diagnosis: **Examples of courses:** Advanced Abnormal Psychology, Psychopathology