

Health Home Services

You are encouraged to participate in a Health Home, but you are not required to join.

Your Health Home will continue to support you in reaching your behavioral health goals.

A Health Home will also address your physical health and overall well-being by coordinating other supports and services.

Health Homes Can Help

- Scheduling appointments
- Referrals to specialists
- Quitting smoking
- Accessing benefits
- Weight maintenance
- Support service connection
- Diabetes control
- Transitional care needs

Comprehensive Transitional Care

You may need help if you receive treatment in a hospital or other inpatient facility.

Your Health Home provider will keep in contact with you and your other providers when you need to move to a different level of care.

Health Homes will make sure your needs are met, especially when your health care needs change.

Individual and Family Support

You will have support to help you manage your health.

Your Health Home provider will work with you and your caregivers to find pharmacy, counseling, and other services.

Health Homes work with you to help you live to your full potential in your community.

Community and Social Support Referral

You will have connections to a wide range of programs in your own community.

Your Health Home provider can help you find services to promote your health and well-being.

Health Homes can help you access public programs and local groups to help support you in the community.

Comprehensive Care Management

You and your provider will create your treatment plan.

Your Health Home provider will help you set goals, find support, and address challenges in your physical and behavioral health needs.

Health Homes offer you a personal approach to achieve your wellness goals.

Care Coordination

You will have one location coordinate most of your services and support.

Your Health Home provider will help get you the care you need.

Health Homes help you make appointments and connect you to your primary care and specialty providers.

Health Promotion

You know that staying healthy can be challenging.

Your Health Home provider will give you the knowledge and guidance to improve your overall wellness.

Health Homes offer information, training, and support specific to your unique needs to address your chronic health challenges.

What is a Health Home?

Your current Psychiatric Rehabilitation Program, Mobile Treatment, or Opioid Treatment Provider will act as your Health Home.

A Health Home is not a residential program or nursing home.

A Health Home helps you manage your care to improve your overall wellness.

A Health Home can support a family in getting services for a child.

A Health Home will connect you with providers and resources to help you achieve your wellness goals.

Health Homes use a whole-person approach to care.

Health Homes Enrollment

If you already receive mental health and/or substance abuse treatment, talk to your health care provider about enrolling in a Health Home.

If you do not currently receive mental health and/or substance abuse treatment, you may still be eligible to participate in a Health Home.

To learn more about mental health services, please call 1-800-888-1965 or visit <http://marylandbehavioralhealth.org>

To learn more about substance abuse treatment, please call at 410-402-8600 or visit <http://adaa.dhmh.maryland.gov/SitePages/ADAA-ResourceDirectory.aspx>

For information about substance abuse treatment in Baltimore City, please call 410-637-1900.

