

Governor's Commission on Suicide Prevention Meeting November 17, 2021, 1:00pm-3:00pm

Commission Members Present

Robert Anderson Department of Juvenile Services

Donna Barnes National Organization for People of Color Against Suicide

Dana Burl Department of Veterans Affairs
Jada Carrington Representative of Young Adults

Johanna Dolan Substance Use Recovery Community

Christina Drushel-Williams Children and Youth Division, Governor's Office of Crime

Prevention, Youth, and Victim Services

The Honorable Adelaide Eckardt Member of the Maryland Senate
Monica Guerrero Vazquez Hispanic/Latino Community

Kevin Johnson Faith Community

Georgette Lavetsky Deputy Secretary Public Health

Cynthia Macri Asian American/Pacific Islander Community

Dustin Richardson American Indian Community
Kirsten Robb-McGrath Department of Disabilities
Susan Schwarten Survivor of a Suicide Attempt

Haley Taylor Maryland's Addictions Directors Counsel

Andrea Walker County Health Officers

Kristen Washington Representative of Active/Former Armed Forces Member

Holly Wilcox (Vice Chair) Academic Community

Timothy G.Vail Department of Public Safety and Correctional Services

Eileen Zeller Mental Health Association of Maryland

Workgroup Lead

Lanny Berman Suicide Fatality Workgroup

Maryland Department of Health (MDH) Staff

Alex Walker Behavioral Health Administration
Indu Radhakrishnan Behavioral Health Administration
Barry Page Behavioral Health Administration
Mary Viggiani Behavioral Health Administration



Kathy Rebbert- Franklin Behavioral Health Administration

Public Attendees

Tina Simmons TRIBE

Welcome and Introductions

Commission Co-Chair Wilcox welcomed all attendees to the Commission meeting. Commissioners introduced themselves via alphabetical order.

Approval of September 8, 2021 Minutes

The September 8th, 2021 meeting minutes were approved without revisions.

Recommendation for Chair of Governor's Commission Vote

Commissioner Wilcox gave the commission members an opportunity to nominate for the role of the Chair of the Governor's Commission. Commissioner Zeller self-nominated and presented her experience in suicide prevention. Every commissioner present supported this decision and moved to advance Commissioner Zeller as the candidate for Chair.

Postvention Presentation - TRIBE

Tina Simmons presented on postvention to the commission. TRIBE (Tri-County Behavioral Health Engagement Tidal Health Peninsula Regional, Atlantic General Hospital & Community Partners) seeks to establish a primary 23-hour crisis stabilization center located near Tidal Health Peninsula Regional. TRIBE was granted approval for a 5-year grant-funded behavioral health crisis program utilizing the Crisis Now model. The program award runs from CY2021 (Jan 1, 2021) – CY2025 (Dec 31, 2025).

The Crisis Now model has 3 main facets:

- Crisis Call Center & Air Traffic Control Services
- Community Based Crisis Teams
- Short-Term 23-Hour Crisis Stabilization Center

This evidence-based program was developed due to increased access to behavioral health services for patients in crisis outside of the emergency room and in an effort to promote interventions to assist in reducing unnecessary ED and hospital utilization.



This program establishes a safe, home-like environment designed to relieve immediate crisis symptoms by providing the following:

- Triage
- Observation
- Assessments
- Level of care intervention to deflect from unnecessary higher levels of care
- Linkage with peer support
- Brief crisis counseling
- Medication stabilization & management
- Care navigation & coordination of social determinant of health needs
- Linkage with follow-up care & services with community providers the same or next day
- Individuals followed for 5 days or until the follow-up appointment/warm-handoff to community provider is completed.

Suicide Fatality Review Board Legislation Discussion

The legislation was co-sponsored by Senator Eckardt and Delegate Castro. The three biggest barriers to having this legislation passed is the fiscal note, the legislation's low place on the priority list, and the increasing workload in the Medical Examiner's Office due to a large increase in suicide deaths. How can we make connections to convince committees that this is priority legislation? How can we piggyback off overdose legislation, considering the increased risk of death with overdoses? Commissioner Wilcox suggested using recent suicide death data. Dr. Berman and commission staff, Indu, mentioned that current suicide death data is not yet complete enough to support this legislation. Commissioner Lavetsky mentioned that the Maryland Violent Death Reporting System (MVDRS) does collect data about the circumstance of suicide and that the 2019 data file will be available soon. The MVDRS brings together data from the medical examiner files and law enforcement reports. Commissioner Lavetsky and her team could assist with collecting available narrative data.

Commissioner Drushel-Williams mentioned that the Overdose Fatality Review Board and the Maternal and Child Health Fatality Review Boards. The history of other fatality review boards highlights the value of establishing these review boards to help justify the need in the suicide prevention community. Commissioner Anderson suggested inviting legislation to other groups that are involved in looking at these issues to help bring perspective to the need and concerns in suicide prevention work.



To make the testimony as compelling as possible, the commissioners agreed the best next steps are to have case materials and use them to illustrate the chain of events that could be remedied and to give testimony of the benefits of having a Fatality Review Board. Volunteers can convene with Senator Eckardt for the Suicide Fatality Workgroup. Information will be sent through email to join the discussion.

Governor's Challenge Updates

The Governor's Challenge update will be given next meeting by Commissioner Burl.

BHA Update

Commission staff, Indu, announced the Office of Suicide Prevention's current updates. The office is still conducting the social media campaigns, Meet the Commission Staff. Youth Suicide Prevention initiatives are on underway and will be rolling out in the next two months including a toolkit and new messaging platform for youth.

Natalie Miller has transitioned from her role at the Office of Suicide Prevention.

The Office of Suicide Prevention is hosting the 2nd Annual Race and Mental Health Symposium on December 8th. The theme this year is "The Time is Always Now" and the keynote speaker is Dr. Theopia Jackson. Registration is now open.

Open Discussion

Commissioner Guerrero-Vasquez discussed ways to develop more effective outreach strategies for non-English speaking communities. She also expressed concerns with the lack of funding for programs that address suicide prevention in non-English speaking communities and in immigrant communities.

The Governor's Office of Crime Prevention Youth and Victim Services was appointed to serve as chair of a newly created commission, The Commission on Trauma Informed Care.

The meeting was adjourned at 2:53 pm.

The next Commission meeting will be held on January 19, 2021 from 1:00 pm to 3:00 pm.