



**Maryland Crisis Hotlines  
Resource Guide**

<b>Jurisdiction</b>	<b>Hotline or Mobile Response Team</b>	<b>Contact Number</b>
Statewide	Emergency number <b>Statewide Maryland Helpline</b> National Suicide Prevention Hotlines Veterans Crisis Line National Domestic Violence Hotline	9-1-1 <b>988</b> 988 1-800-273-8255, press 1 1-800-799-7233 (SAFE)
Allegany	988 Helpline Mental Health Association of Frederick County Crisis Hotline UPMC Western MD Regional Medical Center Crisis Counselor Hotline	988 301-662-2255 240-964-1399
Anne Arundel	Anne Arundel County Crisis Response YWCA Sexual Assault Crisis Center YWCA Domestic Violence Hotline	988 410-768-5522 410-222-7273 410-222-6800
Baltimore City	988 Helpline—Baltimore Crisis Response, Grassroots, Affiliated Santé Group Baltimore Crisis Response, Inc—Mobile Response Team Affiliated Santé Group—Mobile Response Team BCARS—Youth Mobile Response Team	988 410-433-5175
Baltimore County	988 Helpline (Hotline & Mobile Response Teams) Baltimore County Crisis Response System (Hotline & Mobile Response Teams)	988 410-931-2214
Calvert	Calvert County Health Department Calvert Crisis Response	988 1-877-467-5628
Carroll	988 Helpline (Hotline & Mobile Response Teams) Affiliated Santé Group—Mobile Response Team	988 410-952-9552, 9:00am- 12:00am
Cecil	Life Crisis Center Hotline Eastern Shore Operations Center (ESOC) (Affiliated Santé Group) Cecil County Domestic Violence and Rape Hotline Cecil Addiction Treatment Coordination Hotline (CATCH)	988 410-749-HELP (-4357) 888-407-8018 410-996-0333 443-245-3257
Charles	988 Helpline	988
Frederick	988 Helpline Mental Health Association of Frederick County Crisis Hotline Heartly House 24-hour hotline (Domestic Violence)	988 301-662-2255 301-662-8800

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Garrett	988 Helpline Mental Health Association of Frederick County Crisis Hotline	988 301-662-2255
Harford	Harford Crisis Response (Hotline & Mobile Crisis Teams) available 24/7	1-800-NEXT STEP 410-874-0711
Howard	988 Helpline (Hotline & Mobile Response Teams) Grassroots Crisis Intervention – Mobile Response Team	988 410-531-6677 (24/7)
Mid-Shore (Caroline, Dorchester, Kent, Queen Anne’s and Talbot Cos.)	Eastern Shore Operations Center (ESOC) (Affiliated Santé Group) For All Seasons, Inc. (Rape Crisis Center) Life Crisis Center Hotline Mid-Shore Council on Family Violence	988 1-888-407-8018 1-800-310-7273 410-749-HELP (-4357) 1-800-927-HOPE (-4673)
Montgomery	988 Helpline Montgomery County Crisis Center Mobile Crisis Outreach (through Crisis Center)	988 240-777-4000 240-777-4000
Prince George’s	988 Lifeline (Community Crisis Services, Inc.) IMind Behavioral Health	988 301-864-7130 240-249- 0989
Saint Mary’s	988 Helpline	988
Somerset	988 Helpline Life Crisis Center Hotline Eastern Shore Operations Center (ESOC) (Affiliated Santé Group)	988 410-749-HELP (-4357) 1-888-407-8018
Washington	988 Helpline Sheppard Pratt Mobile Crisis Services	988 240-625-2246
Wicomico	988 Helpline Life Crisis Center Hotline Eastern Shore Operations Center (ESOC) (Affiliated Santé Group)	988 410-749-HELP (-4357) 1-888-407-8018
Worcester	988 Helpline Life Crisis Center Hotline Eastern Shore Operations Center (ESOC) (Affiliated Santé Group)	988 410-749-HELP (-4357) 1-888-407-8018

*Updated January 2023*