

Take the FIRST STEP....

Join thousands of people across  
the country celebrating  
**National Recovery Month**  
by joining the

*Cecil County* 5K-Twelve Step  
**Recovery Walk**

IN FRONT OF

Cecil County Circuit Court, 129 East Main Street Elkton, Maryland

**Saturday, September 27, 2014**  
**10 a.m. to 2:00 p.m.**

### WHY JOIN THE WALK?

To celebrate people in recovery, laud the contributions of treatment and recovery support service providers, and promote the message that recovery in all forms is possible. The **5k Twelve Step Recovery Walk** spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover.

### WHO MAY WALK?

Anyone who wishes to show support of the recovery community and what they are achieving!

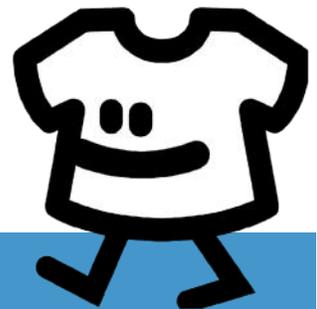
You do not have to be in recovery yourself! Walkers will include those recovering from addiction; ambassadors for recovery; family members; friends; allies; providers; and many others.

### Can I Form a Team?

Absolutely! Companies, organizations, and families are encouraged to organize teams of walkers made up of employees, organization members, relatives, and friends to take part in the walk. You don't need to pre-register and there is no fee.

### Who can I call for information?

For more details, contact the **Cecil County Drug and Alcohol Abuse Council** at 410-996-5106.



**JOIN THE VOICES FOR RECOVERY**

**SPEAK UP**

**reach out**

**2014**

**SPEAK UP**

**reach out**

**National Recovery Month**  
Prevention Works • Treatment is Effective • People Recover  
**SEPTEMBER 2014**

**25 YEARS**