



Primary Behavioral Health/Early Intervention (PBH/EI)

Maryland Department of Health- Behavioral Health Administration

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Primary Behavioral Health/ Early Intervention

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Healthy Transitions

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PBH/EI Division: What We Do

- Within the Public Behavioral Health System (PBHS), PBH/EI is responsible for developing, implementing & monitoring a system of care for young people and their families ranging from ages 0-25.
- Ensure the system is designed to meet the needs of individuals within this age range with mental health conditions, substance-related disorders, and/or co-occurring disorders.
- Evaluates and monitors the network of services that BHA funds for this age group; has the responsibility for statewide planning, development, administration and monitoring of provider performance to assure the highest possible level of quality in the delivery of services.

PBH/EI Division: What We Do *(cont.'d)*

- Encompasses the following Offices:
 - Early Childhood Services
 - School-Aged Programming
 - Transition- Aged Youth (TAY) & Young Adult Services
 - Early Intervention

Early Childhood Services, D'Lisa Worthy

Focuses on the period of prenatal to age 8 in most cases. Programing provides technical assistance, content expertise, development of systems and collaboration with community based and state agencies to educate them on Evidence-Based Practices

- Early Headstart/ Headstart
- Early Childhood Mental Health Services
- Preschool Prevention Project
- Early Intervention Mental Health Screening
- Therapeutic Nurseries
- Children's Mental Health Community Education
- Early Childhood Workforce Development & Coordination

School-Aged Programming, Caroline Jones

Supports children through state and federal funded initiatives in a variety of modalities

- 1915i
- TCM (Targeted Case Management) & TCM+
- Respite Services
- Residential Services
- In-home Intervention services
- School-based Programs: School-Based Consultation, Afterschool Program- Therapeutic After School, School-based mental health

Transition-Aged Youth (TAY) & Young Adult Services, Natalee Solomon

Provide an array of mental health and supportive services for youth ages 16-25 who meet the diagnostic criteria of Seriously Emotionally Disturbed (SED) and Severely Mentally Ill (SMI)

- Maryland Early Intervention Program (MEIP)
- Targeted Case Management (TCM)
- Healthy Transitions
- Independent Living Program
- Supported Education & Employment
- First Episode Psychosis (FEP)
- Residential Rehabilitation Program (RRP)
- Substance Use Supportive Services such as Clubhouses, Peer Support & Young Adult Recovery Housing (YARH)

Early Intervention

Enhancement of current services available for the treatment of opioid use disorder by including early intervention services, consultation services, the use of mobile vans and telemedicine, public awareness activities addressing stigma and the benefits of medication for opioid use disorder.

- Screening, Brief Intervention and Referral to Treatment (SBIRT)
- Buprenorphine Initiatives
- Maryland Addiction Consultation Service (MACS)
- Hub & Spoke Programs

Improvement & Expansion Initiatives

1915(i) services - A component of Medicaid plans that provides home and community-based behavioral health services that support youth in their communities vs a more restrictive environment

Efforts currently underway to improve 1915(i) in MD:

- Contract with consulting company, Health Management Associates (HMA)
- Requests for written public comments for renewal of 1915i
- Open sessions with consumer-based organizations and the public to solicit feedback
- Exploration of 1915(i) plans implemented in other states

Areas of Improvement with the 1915(i)

- Improve access to serve more youth and families by making adjustments to eligibility requirements
- Create a more person-centered approach to planning and delivery of services
- Increase the number of care coordination organizations in areas with limited providers

Future Initiatives

- Youth ACT
 - expansion of services across the state
 - ensuring there is a smooth transition from youth to adult care
- Substance Use residential treatment for adolescents

Contact Us

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